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# Club Woman

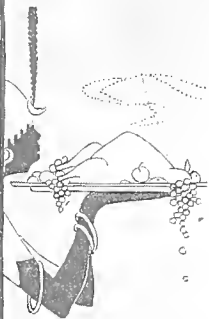
November 1916

CIVIC NUMBER



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# THE CLUBWOMAN

VOL. IX.

NO. 1

General and State Federation news published in the Clubwoman is official. Communications intended for either department must reach the District Chairmen by the first day of each month in order to insure publication in the next issue of the magazine.

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## EDITORIAL NOTES

### STATE CHAIRMAN ATTAINS HONORS

Mrs. Annie Little Barry, State Parliamentarian, has received the appointment as instructor of parliamentary usage in the University Extension Division of the University of California.

This department is open to any group of persons, men, women, boys or girls, desirous of receiving instruction on this subject. Full information concerning classes, fees, etc., may be obtained by addressing the secretary of the extension department, Miss Nadine Crump, University of California, Berkeley.

The December number of the Clubwoman will contain a full report of the Southern District convention, which was held in Redlands from the 14 to 17 of November.

From the State Normal School of San Jose comes a complete and well arranged "Syllabus of Civic Problems."

Mrs. Robert F. Garner, State Chairman of Civics, wishes to call the attention of her district chairman to it. While this syllabus is intended for student-teachers, nevertheless, clubwomen will find it a great help in studying the many civic problems that confronts them.

Prof. Clara H. Smith, the author, who is Supervisor of Civics and History in the State Normal School of San Jose, is to be congratulated.

"I expect to fight for the women and children of the West," said Miss Jeanette Rankin, the newly-elected Republican Congresswoman from Montana. Miss Rankin has the distinction of being the first woman ever elected to the United States Congress. Miss Rankin is a college graduate, and attended the same college as her brothers.

## State President's Letter

The past month has been full of interesting events and a large territory has been covered. On October sixteenth Reciprocity Day was held in Oroville, the home of our Vice-President, Mrs. A. F. Jones. Mrs. Jones had arranged a program, which conveyed the federation message to representatives from twelve different clubs of Oroville and vicinity. Mrs. Fisher R. Clarke and Mrs. Walter Longbotham shared with me the hospitality of Mrs. Jones' home, and the presence of Mrs. Bradford Woodbridge and many other prominent women of the northern district added much to the pleasure of the occasion.

### Nevada State Convention

On October twenty-fifth Mrs. Cowles and I met in Goldfield and attended the ninth annual convention of the Nevada Federation of Women's Clubs. It was a most interesting occasion. The women of the "Sagebrush State" were meeting for the first time since they won the right to vote, and this convention was to them the most important event of their federation experience. "How California women legislate" was a topic of paramount interest, and it was an inspiration to them to have as a guest the president of the General Federation of Women's Clubs.

Nevada's hospitality is as great as its skies are blue.

A trip through a great mill, where the ore is processed so that the native gold may be extracted, was one of the interesting features.

The Nevada federation has fourteen active departments, among which is a student loan department, which aims to help the deserving boys and girls of the state complete their education.

A happy day of rest with our past-president, Mrs. James W. Orr, in her pretty Santa Barbara bungalow, came between my Nevada trip and my visit to Pasadena, where arrangements were made for

### The Sixteenth Annual Convention of the C. F. W. C.

This convention will be held at Pasadena May 1-5, 1917. The members of the Executive Board of the Pasadena Shakespeare Club will act as a local board. Mrs. C. E. Ashcraft, president, serving as chairman.

The sessions will be held in the Palm Room of the beautiful Hotel Maryland, where numerous conference and committee rooms will be at the disposal of the delegates. The rates (American plan) are \$3.00, \$3.50 and \$4.00 per person, two in a room without bath, but with running water; \$4.00, \$4.50 and \$5.00 per person, two in a room with bath. Single rooms without bath, \$4.00 and \$4.50, and single rooms with bath, \$5.00 and \$6.00. If a number of delegates wish

rooms without meals (European plan), arrangements will be made to take care of them in the Hotel Green, rates \$1.00 per day without bath, \$1.50 per day with bath.

We are glad to be able to send out this early information, so that many will plan ahead for the next state meeting, which we hope to make the best in our federation history.

### Other Reciprocity Days

Large audiences have greeted federation officers at the reciprocity meetings of the Pasadena Shakespeare Club, Tropico Thursday Afternoon Club, entertaining clubs of San Fernando Valley, Long Beach Woman's City Club. It has been my pleasure also to address the Friday Morning Club of Los Angeles, Ebell Club of Los Angeles, College Women's Club of Long Beach, Van Nuys Woman's Club, Riverside Woman's Club.

Among the delightful social events of the month were the luncheon given by the Executive Board of the Pasadena Shakespeare Club at Hotel Maryland, luncheons given by Mrs. W. C. Kimberly, president of the Tropico Thursday Afternoon Club, and Mrs. D. W. Stanley, treasurer of Van Nuys Woman's Club, in their attractive homes; luncheons given by Mrs. P. S. MacNee, president Long Beach College Woman's Club, and by the Long Beach City Club at Hotel Virginia, and a lovely reception given by the Riverside Woman's Club.

It has been my good fortune to be able to make my headquarters at the home of Mrs. Frank A. Gibson, our most able Chairman of Social and Industrial Conditions Department, also to spend a few days and an occasional night with the President of the Southern District, Mrs. C. C. Arnold, the President of the Los Angeles District, Mrs. Lloyd W. Harmon, and the President of the Pasadena Shakespeare Club, Mrs. C. E. Ashcraft.

Also, while in Riverside, I enjoyed a short visit with our Past-President, Mrs. L. F. Darling, whose head has been bowed in sorrow because of the loss of her husband, who passed out of this life during the past month.

Two board meetings have been held during the month, one in San Francisco, October twenty-first, the other in Los Angeles, November third.

### County Conventions

It was a matter of regret to me to be unable to attend the county conventions held in San Bernardino, Riverside and San Diego Counties, the splendid reports of which show how strong these county federations have become. San Diego reports an attendance of four hundred clubwomen.

(Continued on Page 15)

## GENERAL FEDERATION

### PRESIDENT'S LETTER

The past six weeks have been spent in visiting five State Federations—Colorado, Minnesota, Nebraska, Utah and Nevada, and attending the fall board meeting, held at the Chicago Beach Hotel, Chicago, September 21-23. There were thirty-seven officers and directors present and much routine business was transacted. The spirit of the meeting was excellent and at adjournment all felt that the board had become a unified working body, the members no longer being strangers to each other.

"The General Federation of Women's Clubs Magazine," published at 409 Pearl Street, New York City, was redesignated as the official organ of the General Federation of Women's Clubs.

The dates for the Council meeting in New Orleans have been set for April 10-11-12, 1917. On Monday, April 9th, there will be held conferences of Chairmen of Departments, of State Presidents, and of General Federation State Secretaries.

The Fourteenth Biennial will be held in Hot Springs, Arkansas, the first week in May, 1918. Mrs. William Pedrick, Jr., of Baltimore, Md., is Chairman of the Program Committee, and Mrs. Joseph Frauenthal of Conway, Ark., and Mrs. E. G. Denniston of San Francisco, Cal., are members of the Biennial Committee of the Board to make arrangements with local people for the handling of the great convention.

In response to an invitation from the Detroit Federation of Women's Clubs the eleven Chairmen of Departments of the General Federation will hold a conference in Detroit this fall for the purpose of outlining the work of each Department and preventing overlapping of effort. We are looking for valuable results from this gathering.

The new directory is on the press now and will be ready for distribution very shortly. Its issue was necessarily delayed until after all committee appointments had been settled. The Report of the Thirteenth Biennial Convention, held in New York City last May, has been published and may be obtained upon application to Mrs. Mary I. Wood, Superintendent of the Bureau of Information, Portsmouth, N. H.

The need of greater unification and co-ordination of the various departments of General and State Federation work becomes more and more apparent. It is essential that all State Chairmen of Departments should be in close and active communication with the Chairmen of like Departments in the General Federation in order that this end may be attained.

In addition to the work already being done in connection with the United States Department of Labor, we are cooperating with the Commissioner of Immigration under that Department, in aiding women and girls to secure employment.

In all the State Federations visited it was a great pleasure to find their departments

working harmoniously with the various state educational institutions. Addresses were presented by their professors upon Art, Household Economics, Americanization and Literature. Moving pictures were shown of attractive and little frequented portions of states for the purpose of stimulating interest and spreading knowledge of the great diversity of scenery and possibilities of each state, in fact, a move to "See your own state first."

With cordial greetings to fellow-workers in my own loved State,

Sincerely,

IONE V. H. COWLES.

### TO CHICAGO AND RETURN IN ELEVEN DAYS

Mrs. E. G. Denniston, Director from California to General Federation

On September 17th the California director of the General Federation started upon a trip, the object of which was to attend a meeting of the Board of the General Federation, called for Thursday morning September 20th, at 9:30, at the Chicago Beach Hotel, Chicago.

Formerly the Board consisted of fifteen members, seven officers and eight directors, but since the adoption of the amendment at the New York Biennial, the size of the Board has been increased to fifty-four, consisting of seven officers and forty-seven directors, one from each state. The attendance at this, the first meeting of the new Board, was most gratifying, as there were the seven officers and thirty-three directors.

I wish I could graphically picture to you the band of earnest women as they gathered to consider the interests of the General Federation. We were seated in a semi-circle, three rows deep, facing the officers. Upon each table the name of the director who should sit behind that table for the three days of the meeting. The wisdom of this plan for the seating was apparent in the ease with which each member became acquainted with the others. California was in the front row, with Arkansas on her right and Delaware on her left.

Necessary meetings of the finance, business and executive committees has been held the day previous, and the Board meeting was called to order at 9:30 on Thursday morning by our beloved President, Mrs. Josiah Evans Cowles, who, in her own gracious manner, gave a few words of greeting, which were followed by the roll-call. We were then ready for business.

Reports of officers and committees were presented, and President's report was heard with much interest. We realized that, while the honor of such a position is great, the responsibilities are also very great. The position requires a woman whose tact and



judgment are well nigh infallible, and whose power of selection of those things pertinent to the Federation interests is well developed; for she must be able to discriminate between the subjects pertaining to the Federation and those, while right in themselves, are foreign to the work of the Federation.

Mrs. Cowles has been the recipient of many courtesies since June last, but she disclaimed any credit to herself for these and spoke of them as showing the high regard entertained everywhere for the Federation, and that for which it stands. The power and strength of the organization are universally recognized, and its endorsement eagerly sought.

Three meetings of the Board were held each day, and Mrs. Cowles wisely allowed full discussion of subjects, for we were not only getting acquainted, at this first meeting, but we were learning of the thorough business methods of the Board, of the faithful conservation of the funds, and of how much personal vitality was gladly given to the work by the officers. Many spoke to California's director, paying high tribute to the grasp of detail shown by our President, and of her executive ability, ever coupled with courtesy.

There was much planning for the work of this biennial period; the appointment of committees, the making up of the budget of expenses, which required most careful consideration, and other routine.

Then came consideration regarding the Council meeting of 1917 and the Biennial of 1918. The Council will be held at New Orleans early in April of next year, and the tentative program abounds in good things. The plan is to make this a real council and not a small biennial. The plans provide for some play-time recreation. We trust that there may be a number who may attend from California, and receive the inspiration which comes from attendance at such a gathering.

Invitations for the 1918 Biennial had been presented at New York from Missouri, naming Kansas City as the hostess city, and from Arkansas, naming Hot Springs. After careful consideration, the vote was taken and Arkansas Hot Springs was the place chosen, and the time will be early in May, 1918. Every comfort and convenience for such a meeting were promised, with ample hotel accommodation and all necessary halls and committee rooms. The California director with Mrs. Joseph Franenthal and Mrs. Harry L. Keefe were appointed a committee to act with the local committee.

The History of the General Federation can now be secured at the low price of fifty cents and cost of carriage. This book is intensely interesting, and should be in every club library and in city and county libraries, as well as in the hands of clubwomen, for reference. The writer will gladly forward orders for the history.

The value of the Bureau of Information was brought out at the meeting. It is from the Bureau that information of all kinds relating to the Federation may be obtained; where files of club officers are kept; and to which all changes of officers should be reported. Mrs. Mary I. Wood is manager of the Bureau, and her address is Portsmouth, New Hampshire.

The question may be asked, "Was it worth while to travel such a distance to attend a Board meeting of the General Federation?" It was worth while to the individual member to get this intimate knowledge of the personnel of the Board and of the high purpose of the Federation as represented by the Board. It was worth while to be able to bring back to California clubwomen and all California women the impression made by the one for whom we all gladly worked and of whom all may rightfully be proud. The executive ability shown by Mrs. Cowles during the entire meeting, her grasp of detail, her patience and tact, together with her Christian courtesy proved the truth of the prophecy of California when we presented the name of Mrs. Cowles as candidate for the presidency of the General Federation, that were she elected, the interests of the Federation would be safeguarded in all respects.

And again, it was worth while to travel four thousand miles to gather material for this message, if by it the women of California may be brought into closer and more vital touch with the General Federation and to a realization that each is an integral part of the Federation.

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## THE FEDERAL INHERITANCE TAX AND THE WOMEN OF CALIFORNIA

By JOHN S. CHAMBERS, State Controller

It is my very earnest hope that the California Federation of Women's Clubs will align itself as resolutely against that portion of the new Federal revenue bill which imposes a tax upon inheritances as it has against that unfair provision of the inheritance tax law of this State which discriminates against the wife in favor of the husband by taxing her half of the community property and exempting his.

Not that the new Federal law thus discriminates—rather, it offends in another sense by failing to discriminate as between mothers, children and close kin on the one hand and distant relatives and strangers in blood on the other—but because it imposes an additional and a heavy burden upon women, to say nothing of the further fact—which should appeal to men and women alike—that the law is wrong in principle and an invasion of the rights of the States.

### California's Tax on Widows

For the so-called settlement year of the inheritance tax department of the Controller's office, running from May 1, 1915, to April 30, 1916—the period in which the County Treasurers settle with the Controller for all State money in their possession—the total value of property willed to 247 wives in this State was \$29,747,927; the exemptions, under the \$24,000 provision of the law, amounted to \$5,763,607, and the inheritance tax upon the net, or \$23,978,320, was \$925,011.

I will add here that this tax was almost one-third of the total sum collected from this particular source of State revenue.

### Federal Tax Heavy Burden on Women

A few days ago I received a copy of the new Federal revenue law and after carefully reading that portion of it which imposes a tax upon inheritances, I had clerks separate the California estates which passed under my charge last year into the classifications as adopted by Congress and then apply the rates of the national law to these segregations, in order that I might ascertain the amount of the tax—the total sum of money—which the Government at Washington would have taken from us—would have taken out of California—had this particular revenue law been in effect at that time.

The total Federal inheritance tax upon California estates for the period would have amounted to \$2,175,825!

Of this large sum the wives of California would have paid one-third, or nearly so, or between \$700,000 and \$750,000.

And this, let it not be forgotten, plus the \$925,011 paid by them last year to the State of California.

The total easily would have been over \$1,600,000!

### Burden Will Grow Heavier

The inheritance tax collections in this State have steadily and rapidly increased during the past four years. The annual average for the three years ending with 1912-13 was \$1,500,000, and for the year 1915-16 nearly \$3,500,000. It is not to be assumed that this rate of increase will continue. It is extraordinary enough as it stands. But it is certain there will be no decrease worth considering, with the probabilities favoring a persistent, if not a large, advance year by year.

So, should the inheritance tax provision of the Federal revenue law be retained and the California statute remain as it is, the women of this State not only would have to carry a very heavy financial burden, but also one, in all probability, that would grow heavier each year.

### Appeal to the Federation

And this is why I appeal to the California Federation of Women's Clubs to actively oppose this new national enactment as it has, and is, the community feature of the inheritance tax law of its own State. I appeal to it not only to oppose this unjust measure within the sphere of its own peculiar activities—California—but also to call upon like Federations in other States, especially those States where women have the ballot, to join with it to the end that Congress may be prevailed upon to rescind this particular portion of its new revenue law which is so objectionable.

I believe the California Legislature of 1917 will amend the community property provision of the inheritance tax law of this State so that husband and wife will occupy an equal footing in this regard. It will not do, however, to assume this. It will be necessary to work—and perhaps fight—to secure this act of justice. But if secured, it will mean a saving to the widows of California of from \$300,000 to \$500,000 a year—more and more as time goes by, bringing with it an increase in the population and the wealth of the State.

And so with this prospect of relief in sight—just as the heavy financial load seemed about to be materially lightened, it is particularly unjust and peculiarly exasperating that the Federal Government should step in and place upon the shoulders of the women of California a burden heavier, even, than the one against which they have been struggling.

### Widows and Minors Not Favored

It may be of interest to know and worth while to file away for future reference, the Federal inheritance tax rates as contained in the new revenue law of Congress.

But, first, a word: I referred a while ago to the lack of discrimination as one of the sins of this statute. Let me explain. I know of no other inheritance tax law that does not favor widows and minor children

s against even close blood relatives, to say nothing of distant relatives and strangers in blood, not only in the matter of exemptions, but also in the matter of rates.

For instance, under the California law as it stands, widows and minor children are exempt from the inheritance tax up to \$24,000, husbands and adult children up to \$10,000, the rate on estates, for example, running from \$25,000 to \$50,000, being two per cent. But the exemption to a brother or a sister is only \$2,000, with the rate six per cent; to an uncle or aunt, \$1,000, with a rate of eight per cent; and to all others, \$0, with a rate of ten per cent—on the same segregation of from \$25,000 to \$50,000. But all heirs look alike to Congress. Widows and minor children have no greater exemption than have strangers to whom property is willed, nor are they favored by rates. This lack of discrimination, under the Federal law, in my judgment, is as wrong in its way as is the discrimination, under the California law, against women in favor of the husband in the matter of community property.

#### The Federal Rates

Under the new revenue act of Congress there is a straight exemption of \$50,000 to

all. That is to say, if one's estate does not exceed that sum, no inheritance tax is payable to the Federal Government. Setting aside that exemption, the rates are as follows: \$50,000 to \$100,000 (really meaning a total estate under this classification of \$150,000, since the first \$50,000 is not taxable), one per cent; \$100,000 to \$150,000, two per cent; \$150,000 to \$250,000, three per cent; \$250,000 to \$450,000, four per cent; \$450,000 to \$1,000,000, five per cent; \$1,000,000 to \$2,000,000, six per cent; \$2,000,000 to \$3,000,000, seven per cent; \$3,000,000 to \$4,000,000, eight per cent; \$4,000,000 to \$5,000,000, nine per cent; all over \$5,000,000, ten per cent.

I have taken up too much space already, I fear, but I cannot refrain from saying, in conclusion, that even if this law did not throw an additional and a very heavy burden upon women, it is unjust to the States to which the inheritance tax logically belongs, and which have developed it with remarkable success. In comparison with the sources of revenue open to the Federal Government, those open to the States are few. Yet Washington steps in and seeks to absorb a source of State revenue which, in California at least, ranks in productiveness next to general property and corporation earnings and franchises.

## NIGHT SCHOOLS FOR FOREIGNERS IN LOS ANGELES

A little card bearing these words:

"Can your mother and father speak English?

Take this card home; it will tell them where to go to learn English,"

English."

with a list of seventeen public schools, is reaching the homes in the foreign quarters of Los Angeles.

The Board of Education is offering this opportunity and through the initiative of Dr. Shiels, the City Superintendent, there is a general community effort to stimulate attendance.

In co-operation with the Board of Education, the State Commission of Immigration and Housing has put its branch manager, Miss Ethel Richardson, in charge of publicity, and given over the branch office as a meeting place for the necessities of the campaign.

Three great organizations of women, the C. F. W. C., the D. A. R. and the P. T. A. have joined hands and thus made a strong executive committee.

#### CONTRIBUTIONS

The City Teachers Club has contributed 500 posters in foreign languages.

The D. A. R. has printed pay envelope checks to be distributed by employees.

The Los Angeles Principals' Club has printed bills to be posted by the Varney company.

The State Commission of Immigration and Housing has printed foreign handbills which are being distributed by housing and

health inspectors, by playground teachers, by charity visitors and by volunteers from women's organizations.

Foreign newspapers carry the word, and leaders in foreign communities are addressing their countrymen in order to impress upon them the value of our language.

The Metropolitan Insurance Company is sending out the invitation through its fifty agents.

St. Vincent de Paul, the Jewish Council of Women, foreign priests and consuls, the Y. W. C. A. settlements, social and religious, are giving their interest and influence to help along this fine community movement.

Employers will send out notices in their pay envelopes, and the labor unions will recommend attendance at the opening classes.

In preparation for whatever shall develop in attendance there is a special effort being made to offer superior teaching. Dr. Shiels gave a preliminary talk to the present evening school teachers at a called meeting. The following notice will show the earnest co-operation of the school system:

State Normal School, Los Angeles, Cal.

#### Extension Department

Beginning Saturday morning, November 11, at 10:30, a class in "The Problems of Night School Teaching" will be given, to run thirteen weeks at the Los Angeles State Normal School, under the direction of Miss Ruby Baughman.

Applicants for membership in this class are asked to communicate with A. A. Macurda, Dean of the Extension Department.

## DEPARTMENT OF CIVICS

MRS. ROBERT F. GARNER, State Chairman

Your Chairman suggests that it be made more of an honor to come into citizenship in our own United States by setting aside one day in the year as a public holiday, with public patriotic exercises in honor of our young men and young women who have reached the age of twenty-one during the year; that cartoons in newspapers ridiculing the president of our land, and other great men of our nation, be condemned and that we deplore the practice of some newspapers in using their columns to belittle and abuse our public men.

The only idea our children can form of the presidents, in looking through some of our papers—is either of some big, ugly teeth, a pork barrel of a man, or a pair of eyeglasses and a big, ugly chin. We are trying to Americanize the foreigner and, sometimes I think we neglect our own American-born, to make good patriotic citizens is the aim of all our work. Let us use our influence to stop this thing.

R. F. G.

### EDUCATION THE GREATEST FACTOR IN CIVICS

To my mind, the most important thing for us to do now, in our Civic Department work, is to find the best way to awaken interest and enthuse the **whole** of each community, in civic betterment work.

Education is a great factor. By having the study of civics incorporated in the graded and high school courses in every county of the State, we would be doing a far-reaching work, which might be increased by having books on the subject placed in all school libraries, and by having in each school a trained instructor to guide the pupils in putting into practice what they learn by study. Moreover, a good assortment of such books should be kept in every free library.

That which children are interested and trained in will interest their parents also. Domestic science, as taught in our schools, has been the means of revolutionizing many homes, and the study of civics would have a similar effect upon our towns and cities. It would be one means of bringing about the desired end—that of having people begin to think of civic work, which they must do before they will perform civic work.

Another means is the illustrated lecture, by a well-informed city architect. The University of California is now prepared, in its Extension Division, to send out lecturers. The work in this department is known as city planning; and in places where these lectures have been given, there is a noticeable growth in civic pride and interest.

To quote from one of the Chairmen of the Civic Department of the General Federation: "If this department could secure uni-

versal interest in city planning, an impetus would be given to civic betterment that would ultimately lay the corner-stone for municipal art."

Civics embraces all that pertains to the needs of a moral and intelligent people—cleanliness, utility and beauty in all phases of community life. So everything that will raise the standard of moral, physical and intellectual growth is in the realm of civics.

To simplify this vast subject will be to think of it as municipal home-making. The community is the unit home enlarged. Therefore, to apply the modern principles of home-making should be the simplest way to bring it to the comprehension of all members of a community and call forth their willing cooperation.

MRS. E. R. CLEVELAND,

Northern District Chairman of Civics.

### CIVICS AND THE MOVIES

As civics has much to do with the public conscience, and the public conscience is effected, elevated or debased, in a measure by environment, then our department should concern itself with all that is food for the mind as well as those things that pertain to bodily comfort and wellbeing.

The Motion-picture, or Photo-play, has become such a common source of amusement and entertainment, its power for good or evil can hardly be over-estimated. I cannot help but wonder how many parents ever investigate, or even consider the kind of mental food and stimulus their children are to receive, as they leave home so gaily with their dime or nickel, to spend an hour or two at the movie. If each child were given a book to take home containing the full story of the play they had just seen, would not most of the mothers be shocked on reading what their children had seen portrayed on the screen in such realism as to produce the most lasting impressions on their plastic young minds? Crime \* \* "seen too oft, Familiar with its face, First we pity, then endure, then embrace."

MRS. FRANK WARREN MOORE,

Southern District Chairman.

### THE PICTURE PALACE AND THE CHILD

With the advent of the picture theater there has come into the life of the masses an inestimable force, either for their education and clean amusement or their mental degradation and moral corruption.

It is the desire of civic workers to turn this great force into the former channel by

gaining for this purpose the cooperation of scenario writers, producers, exhibitors and patrons.

In the Los Angeles District a strong effort is being made to start children's matinees that will met these requirements. The pictures shown include historical stories, true in color, travelogues, myths and legends of all countries, adventure, animal stories, wholesome fairy stories and a proper amount of clean comedy. Many a story—just story—is very good, because of its inspiring tone.

Those matinees, that have been started, have been attended some by considerable, some by small success, but in all cases, the women promoting the movement have become convinced that proper appreciation on the part of mothers of the importance of good pictures is what must be worked for, more than any change in producers and exhibitors.

MRS. W. A. GALENTINE,  
Los Angeles District Chairman.

#### CIVIC WORK IN THE SAN JOAQUIN DISTRICT

The work of betterment of country and city home life has been entered upon with an earnest enthusiasm among the club membership of this great valley whose farming and fruit-growing interests call for a large floating or changeable population of workers during the picking and packing season.

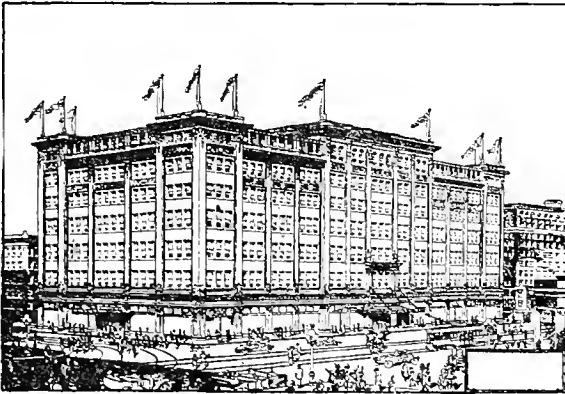
Many different phases of work have been undertaken in different communities. The long, hot, dry summers in the valley cause the dry grass and weeds to become a problem. A general movement to eliminate these conditions is noticeable as the membership of our federation are unceasing in their efforts to enlist the aid and cooperation of city authorities toward securing a plentiful supply of cheap water and the passage and enforcement of an ordinance requiring that vacant and residence lots be kept clean all the year.

Modesto women have had lectures on landscape gardening, general clean-up day and have enlisted cooperation of citizens in beautifying of the city.

Merced has planted street trees, beautified the cemetery grounds, and awakened public interest generally.

Fresno has taken added interest in its already fine system of recreation parks and playgrounds. A free clinic and a visiting nurse have done very good work, and the clubs now are planning a free Dental Clinic. Tree planting along the highways is also among their work. The West, Dos Palos clubs have established electric street lights and otherwise awakened an interest in civic improvement.

Clovis women, in the eastern part of the valley, arranged a great social get-together day for the city and country, similar to the  
(Continued on Page 15)



## J. W. Robinson Co.

### DRY GOODS

*Trefousse Gloves*

SEVENTH and  
GRAND AVE.

*Munsing Underwear*

*Gossard Corset*

LOS ANGELES  
CALIFORNIA



## WOMEN'S LEGISLATIVE COUNCIL OF CALIFORNIA

MRS. HERBERT A. CABLE, President

### WOMEN ON JURIES

Among the many bugaboos held up to frighten us away from the suffrage were the poll-tax and jury duty. The people destroyed the first; it remains for women themselves to prove the innocuousness of the second. **There is no greater civic service before them at the present time**, nor any greater opportunity for self-development and the cultivation of broad sympathy.

Wherever women have served, the unanimous testimony is that they have proven excellent jurors, that they have found the work interesting and are ready and even anxious to serve again.

To those who are strong for historic precedent let it be known that women served as judges and as jurors in Babylon, 2000 B. C. It is true that "Babylon is fallen; is fallen, that great city," and doubtless the opponents of women in civic life would point to that fact as a solemn warning to California.

However, matrons served as jurors in the folk-courts of the early Germanic tribes—and Germany is not yet fallen.

The English law provides for calling a jury of matrons to determine the physical condition of a woman condemned to death or of a woman claiming a deceased husband's estate for an expected posthumous heir.

Women serve on juries in Norway and Sweden.

In the United States women serve on juries in Idaho, Kansas, Nevada, Washington, Wyoming and in some counties in California.

Sections 190-5 of the California Code of Civil Procedure define juries, in each case—grand, trial, and inquest—as "a body of men;" but section 17 declares that, in this Code, "words used in the masculine gender include the feminine and neuter;" also section 198 in giving the qualifications for jury service makes no distinction of sex.

Although the Attorney-General of California and a majority of legal authorities hold that women are not eligible for jury service without further legislative enactment, others believe that a literal interpretation of section 17 gives them the right to serve, and several juries, composed wholly or in part of women, have been summoned.

In Alameda county they have served on inquest juries, in Eureka and in San Diego, on trial juries. The first California jury, composed entirely of women, and the first

woman jury ever sitting in a felony case in the United States, served in San Diego. Judge Lewis presided. In Modoc and in San Mateo women have served on both grand and trial juries.

Judge George Buck of San Mateo began in 1912 to summon women for jury service because he thought it right that women should serve as well as men in order to protect all women before the law. He says: "They make as intelligent jurors as men, or rather better, as they pay more strict attention and preserve better order."

"The objections to women on juries are that there are many disagreeable cases dealing with sex relations, of which respectable women should not hear or know. This is nonsense. If such things exist, respectable women should hear of them, judge of the guilt or innocence of the parties, and then go out into the world to better conditions and prevent like cases. **It is high time that women took a hand in this aspect of society.** There is always strong objection to women as jurors on the part of evil-doers and all who aid and abet them."

The objections to jury duty felt by some women, particularly busy housewives, whose families require their whole time and attention, will be met by an amendment to the Code section on excuses from service, allowing women to be excused, as is done in Kansas and in Washington, on affidavit without coming into court.

Owing to the fact that the classes exempt from jury service comprise a large proportion of the best and most intelligent men of the community, and that the pressure of modern business life causes many otherwise excellent citizens to shirk their civic duties wherever possible, this most vitally important of all civic service has been left too often to the most unintelligent and unscrupulous.

Women are needed on the jury bench to raise the level of intelligence and honesty; to bring to its service their greater conscientiousness, their surer intuitions, their deeper human sympathy; and finally to aid and protect the unfortunates of their own sex and to show them real justice.

The Constitution of the United States guarantees to every citizen trial by an **impartial jury**. Where a woman or girl is on trial is a jury of men ever an impartial one?

MARTHA A. IJAMS,  
Member Legislative Committee, California  
Civic League.

# PRACTICAL SUGGESTIONS FOR DEPARTMENT WORK

## CARD INDEX SYSTEM

The following suggestion comes from a Northern District club woman, and is an efficient method of handling Department Day programs. Other clubs might well adopt it.

"I wish to tell you about a Card Index system that I have used this year in my own club. I was appointed chairman of federation programs, and not being well acquainted with all of the members, I was at a loss to know upon whom to call for the different topics.

As I was left alone to decide the year's work, I made several copies of the lists of departments in the federation and asked each member to check off the subjects in which she was most interested. I then had a card for each department on which I transferred the name of those interested in each subject. As the day arrived for Literature, Home Economics, Country Life, etc., I wrote to the District Chairman of that Department for suggestions for the day's program; when I received them I referred to my Card Index and found the names of those most interested in the subject and assigned work accordingly.

Each one of the club's Department Days has been a success."

## SOCIAL INSURANCE

Dr. Lela Beebe, State Chairman of Legislation, brought the consideration of the subjects, Social Insurance and the Division of the State Into Health Districts, before the October meeting of the State Executive Board. She asked that the club women be requested to inform themselves on these two measures, as they were to come before the next legislature. Dr. Beebe's request was favorably received.

Each president is asked to have these measures discussed in her club. Write to Dr. Lela Beebe, Woodland, for instructions. Literature on Social Insurance may be had by writing to Paul Herriett, Social Insurance Commission, Sacramento, Cal. The division of the state into Health Districts was explained by J. L. Pomeroy, M. D., in the November, 1915, Clubwoman. It is an efficient and economic system of looking after health conditions.

## PLAIN PAPER BEST

The publisher of The Clubwoman asks the club women to please write their communications to the magazine on plain paper. Typist size preferred. This will save much time and trouble in the making up of the magazine. We thank you.

# A Gift from California

Send a box of "Famous Banner Brand Oranges" packed expressly for the holidays in the Mission Packing House---Riverside

Souvenir Box	-	\$1.00
Half Box	- - -	3.75
Full Box	- - -	5.75

These prices include all express charges. We guarantee---prompt delivery --- quality of fruit---Satisfaction. We operate six packing houses in California as well as the Famous Mission Packing Houses at Riverside.

SEND A BOX HOME

Mail orders today accompanied by Check or Money Order to

## Sutherland Fruit Company

RIVERSIDE, CALIFORNIA

W. F. Mc Shane  
President

T. G. Kennedy  
Vice President

D. J. Varnes  
Secretary

### INSTRUCTION FROM EXECUTIVE BOARD

"No chairman shall send out literature of any other organization under the California Federation of Women's Clubs' auspices, unless given specific permission by the State Executive Board to do so." This is the sense of the Board as expressed at its last meeting.

U. S. Employment Service,  
Women and Girls' Division,  
Room 108 Custom House,  
San Francisco.  
Phone Sutter 3278.

The United States Department of Labor recognizes that valuable aid can be given them by women in their home and club life. With this assistance the United States Employment Service may be placed on such a foundation, Commission General Caminetti says, that the solution of the "unemployed problem" will be solved in five years. With this end in view he begs for the co-operation of women in this grand scheme,—their cooperation is the only thing that is needed to make this service a success. The suggested **working together** means, interesting one's grocer, baker and banker, by urging them, should they need help in their different departments, to make use of the service of the United States Employment Bureau.

It is a part of the scheme, the elimination of the private employment agency, which keeps a continual list of floaters, which keeps floating, because every time the applicant gets a new job the agency gets a fee.

The Federal Labor Bureau exacts no fee. A careful record is made showing the individual history of each applicant, and great care is taken that the opportunities and the employers shall be investigated and the fact that satisfactory conditions exist shall be established before any help is supplied.

The difficulty of finding proper avenues for the distribution and employment of labor is felt by all, and it is only through active cooperation with the Federal Government that the field can be covered with dispatch, economy and efficiency.

Mrs. Estelle Barfield is in charge of the local Government Women's and Girls' Employment Bureau.

MRS. JEAN SINCLAIR,  
Chairman Advisory Board, Department of Labor.

### ACTIVITIES OF THE DOWN AND OUT CLUB

(This report, which should have been in the October Clubwoman was delayed in the mail and did not reach the Editor in time.)

The first regular meeting of the Southern section of the Down and Out Club was held at Los Angeles, Tuesday, October 3rd, at Christopher's, following a breakfast.

There were eighteen members present.

The meeting was called to order by Mrs. W. C. Mushet, Vice-President, who, in a

few remarks, stated that the object of the conference was to recommend a change of name and to discuss ideas expressed in the President's communication, read by the Secretary, Mrs. A. W. Bradbury.

Mrs. Charles N. Flint was called upon for suggestions regarding a name, more appropriate for a body of capable women who, though past officers in the federation, are still active and interested in club life in their respective cities. One name, "Senior Council," seemed to meet the approval of many present.

Mrs. Flint was followed by others who, on account of their pioneer service in the federation, could suggest many helpful measures. Mrs. Hartwell spoke on "Resolutions," Mrs. Waters on "A Place in Convention," and Mrs. Russell on "Definite Work."

Could every California club woman have looked in upon this body of earnest, capable women, each would agree that the name "Down and Out" was most inappropriate.

These meetings will be held on the second Tuesday of every month, the next to be at Redlands during the Convention of the Southern District, Mrs. Elizabeth T. Arnold having extended an invitation to the members for their presence and council during the sessions, November 14 to 17.

AMY N. BRADBURY,  
Secretary Pro Tem.

### CHILD WELFARE WORK IN RIVERSIDE

Definite and practical child-welfare work was commenced by the federated clubs of Riverside just one year ago, but the results which have been obtained in this short time are most gratifying and encouraging.

In connection with the city rest room, established by the Woman's Club and the Wednesday Morning Club in rooms generously donated by the Keystone Drug Company, a free weekly clinic or examination of babies, from one to five years, is held. The physicians and dentists of the city give their services for this clinic, and also for the free weekly lectures on such subjects as "Measles," "Administration of Medicine to Children," "The Expectant Mother," "Infant Feeding," "Needs of Babies," "Pure Milk," "Care of Children's Teeth," "Tonsils and Adenoids," "Rupture in Children," and "Skin Eruptions." This course and a "First Aid to the Injured" course were given during the past spring and summer and similar lectures are planned for this fall. The mothers of Riverside prove their interest and gratitude by their attendance and questions. Helpful literature and bulletins are also available at the rest room.

A capable matron is always in charge and mothers may leave their babies in one of the snow-white cribs for the small sum of five cents an hour, knowing that they will re-

ceive the best of care. A branch of this nursery cared for babies at the recent county fair and many mothers enjoyed an hour of freedom while the club women rocked the babies.

An effort for the introduction of moving picture films suited to children was begun by the Civic Department of the Woman's Club last spring, and later, representatives from the various clubs of Riverside cooperating in the movement, the mothers of the city were glad to see a series of pictures especially suited to the kiddies announced by the local theater.

The first meeting of the Civic Department of the Woman's Club—which at present covers both Civic and Child Welfare Work—had "The Citizen in the Cradle" and "Robbing the Cradle or Child Labor," as subjects for the two addresses of the afternoon. Realizing that upon the health and development of the child, depends the character of the future citizens of California the club women of Riverside are devoting their greatest efforts to child-welfare work. (MRS. G. G.) VERA HEATHMAN COLE.

My enthusiasm made me reckless, but though I regret that I worked in entire disregard of all laws of health, I do not regret a single hour of exhaustion, discouragement or despair. All my pains were just so many birth pangs, leaving behind them a little more knowledge of human nature, a little wider vision, a little clearer insight, a little deeper sympathy.

(Continued from Page 11)

May Day of European countries. Thousands enjoyed a dinner in the park, games and entertainment, without a single intoxicated person or an arrest made.

Bakersfield is abating the mosquito nuisance. Another movement is the forming of classes to teach foreign women knowledge of the English language, and American methods of cooking and housekeeping.

The women all over the district seem particularly interested in civic questions, in bettering their own communities, and in living reciprocity.

MRS. H. E. ARMSTRONG,  
Chairman Civics, S. J. V. District.

(Continued from Page 5)

We are receiving requests for more practical suggestions from our chairmen. Please remember that The Clubwoman is our medium of communication and send any helpful message or suggestion to our press chairmen.

My itinerary for the rest of November is:

November 13th—Ebell, of Long Beach.

November 14th-17th—Redlands convention.

November 18th—Owensmouth (home of Mrs. L. C. Kimball, Jr.).

November 20th—Afternoon, Ventura; evening, Nordhoff.

November 22nd—Woman's Club of Santa Barbara.

November 23rd—The Woman's Thursday Club of Fair Oaks.

November 25th—Tulare Woman's Club.

(MRS. E. D.) HELEN M. KNIGHT.

# Seven Trains Daily



—See the Apache Trail of Arizona

## Los Angeles to San Francisco Coast Line and Valley Line

The Shore Line Limited (No. 77) leaves Los Angeles at eight o'clock every morning—one hundred miles along the ocean shore.

There is also the OWL and the LARK by night.

Scenery and Service—and  
Safety First, always.

# Southern Pacific

## Motion Pictures and Education

By CLARA M. GREENING

The place of the child in the world of motion pictures involves a question that, during recent years, has assumed gigantic proportions, and is now loudly clamoring at the door for solution. And it is one that can neither be ignored nor carelessly cast aside, nor on the other hand, is it easy of solution, for great economic questions are involved, as well as the welfare of the child. But this much is certain—it must have an answer, for the motion pictures are here and here to stay. The present chemical state of affairs in nowise presages the downfall of their popularity as the entertainment of the people, but is, rather, the natural readjustment attendant upon the marvelous growth of this infant industry, and the growing demand for better films, better projection, better housing.

And so far as the adult is concerned, this demand is being amply and adequately met. But not so the child, although the movement characterized (with capitals) as Better Films for Children, has assumed nationwide proportions. During the past few years educators, parent-teacher associations, women's clubs and kindred organizations have made various attempts to solve this question and, to date, the nearest satisfactory solution is the children's matinees now being conducted in various parts of the country.

Statistics declare that an average of five million children attend the motion picture theaters daily. What are they seeing? Almost exclusively pictures which appeal to the strong emotions of men and women, dealing with phases of life beyond the comprehension of the child, over-stimulating his imagination, filling his mind with thoughts and ideas which should not touch him for many, many years. And children absorb these things much more readily than do adults. In one neighborhood where "The Red Circle" (I believe that was the title) was appearing serially, the children formed a "Red Circle" club, and marked their hands with a circle in red ink; and on the days when this picture was on exhibition, almost every child in the vicinity wore this mark. Other instances of like nature, too numerous to mention may be cited, and there seems to be little doubt that sex crime and other evil can be traced to the influence of pictures. Nor need these be evil or immoral pictures in the accepted sense of the word, but rather those which give the juvenile mind the wrong sense of life and its activities, a wrong impulse, a wrong trend, because they were made for the adult audience.

And it is natural and right that the majority of pictures to be shown in theaters

should deal with phases of life beyond the child. But it is also natural and right that some provision should be made for the child, that parents and teachers, and others interested in child welfare should undertake to see that this is done, and that it should not be "put up" entirely to the exhibitor and the producer. It is necessary that a "market" be created for the class of pictures desired and that a plan for their exhibition be developed. Hence the special matinees for children.

In the organization and maintenance of such matinees there are three prime factors requisite namely, the co-operation of the manager of the right kind of a theater, the lasting support and co-operation of the community at large, and a wisdom and knowledge in the selection of the program that will make it so bright and entertaining that the children will unreservedly claim it for their very own.

The first two factors named are closely related, and will be taken up in detail at a later time, for it is of the last of these, the selection of the program, that I wish especially to speak, for it is one of general interest and is far-reaching in its influence. There have been many films made especially for children and many others that are well adapted for children, but they are scattered and often difficult to find, and only very recently has any attempt been made by the exchanges to list them separately. The rental asked for new film is usually prohibitive for these children's matinees, and only those pictures which have had their run and are generally relegated to the "shelf" are usually available. In arranging a program many things must be taken into consideration, but first and foremost, it must be essentially entertaining. I have no sympathy with a certain tendency to make these matinees too educational. The children are "educated" five days in the week, and their picture show should be primarily recreation; and if I may paraphrase Victor Hugo's dear old Bishop, who said "Sometimes the useful is more beautiful than the beautiful," I would say: "Sometimes the entertaining is more educational than the educational;" for whatever stimulates the imagination, elevates the thought, presents a new viewpoint, or creates wholesome mirth, is educational in the broadest sense of the word. Also it is well to remember that we cannot wean the child too readily away from the class of pictures he has been seeing in the regular houses, and some concessions must be made here if lasting good is to be gained, and the taste of the coming generation developed for better things than have been popular in the past.



And after all, this is the greatest point to be gained, although the welfare of the individual child is of vital interest. For it is logical that the producer, with one eye on the market, is going to respond instantly to the trend of the times and make the pictures that the public wants. And there never was a time when the attention of the producer could be so readily gained with a minimum of well-directed effort. Most of the large producing corporations have companies of clever children whom they desire to feature, and they are eagerly alive to the demands of the public. Just at this time, in Los Angeles and its immediate vicinity, there are numerous such companies and several others now forming, who desire to produce plays that will be especially adapted to children, and still strong enough to have a legitimate run on regular programs, while at least one company desires only to produce "children's plays, for children, by children."

It is a well known fact that pictures made from child-themes have not generally been financially successful, and have been relegated to the "shelf" long before their time. But if, by conscientious, concerted effort, through the medium of special matinees for children, a demand for such pictures, and for all clean, sweet pictures, can be created and a "market" developed and maintained, there is no question at all that they will be made. Said one producer:

"You think that there is a demand for

clean, sweet pictures, such as are fit for children. But we have found that people want excitement in some form, in any form. If we can see that you are right, we will certainly make them. It is my greatest desire to produce this line of film."

Another producer witnessed a production of one of his pictures from which crime and drunkenness had been expurgated for a child audience, and was so delighted with the response that he declared his intention to change his class of production. An exhibitor found that after conducting a children's matinee for a few months, he was obliged to raise the class of his regular program.

This movement is by no means in the experimental stage, and although it has been slow to develop in Southern California, it is now well established, with such matinees in all of the largest cities, with three now running in Los Angeles. Throughout the East the work is well advanced, and everywhere the fruits of many months of study and effort on the part of women's organizations is being seen. But here, at the very heart of the motion picture industry, is where most good can be done through the influence exerted upon producers, if we will only take hold at the first available point, and work with a will for further accomplishment. And we should at all times remember that it is essentially "up to" the public to secure what we want in the way of motion pictures.



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## STATE FEDERATION SUBSCRIPTION CONTEST

The second month of the Federation subscription contest to *The Clubwoman* opened with the districts at work in earnest and some results already in sight that promise them very substantial financial returns. Mrs. Clarence Van Graham, press chairman for the Los Angeles District is one of the most active of all the executives and she is planning a surprise party for the rest of the Federation with her next month's score.

In some of the districts the plan of multiple subscriptions is being used to good advantage. As there have been some inquiries as to the legitimacy of this it may be described briefly. In many cases where the individual subscription rate of \$1 yearly is felt to be beyond their purses, two, three, four or even more ladies have joined together in paying for one subscription, to be sent to one of their number and subsequently passed on to the others. There is absolutely no objection to this—in fact, the plan is an excellent one. Of course the net result of one such grouping is to be counted as but one subscription. Where this plan is resorted to the editor of *The Clubwoman* requests that all the names and addresses of the ladies participating in each group be sent her as well as that of the one to whom the magazine is to be actually mailed.

The experience of the past has indicated that it is not in the least difficult to get subscriptions for *The Clubwoman* among women whose work makes its monthly mes-

sages an essential to them. The addition of the Department of Club Suggestions is declared by more than one busy club member to be in itself more than worth the subscription price. It should be borne in mind that the contents of *The Clubwoman* are not cursory essays on club subjects which might as well be written by one person as another—they are the direct messages from the brightest minds in the Federation to those who have named them as leaders of their own endeavors. They are directions for work issued by department heads, field orders from brigade commanders. To fail to get them and to heed them would be as foolish as to pay for a doctor's advice and then not take it.

What is there "in it" for the winning district? There is no way of knowing, of course, how many subscriptions will be secured before March 15, 1917, the date the contest closes. But if, out of 33,000 club women in the Federation, 5000 new names should be added by all the districts together, that district which got the most subscriptions would receive \$450 in cash. The second district would receive \$300, the third \$200, the fourth \$150, the fifth \$100 and the sixth \$50.

When it is considered that the efficiency of a district's work will be increased not less than 100 per cent by a general reading of *The Clubwoman*, the value of endeavor to enlist support for the official organ becomes doubly apparent.

SUBSCRIPTION BLANK

## THE CLUBWOMAN

OFFICIAL ORGAN OF THE

California Federation of Women's Cubs



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Friday, November Tenth

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Friday, November Seventeenth

Song Recital  
Charles Henri de la Plate

Friday, November Twenty-fourth

The World's Great Drama  
Richard Ordynski

Thursday, November Second, 10:30

Music Conference  
Chorus  
Mrs. Charles G. Stivers, Director

Tuesday, November Seventh, 12 M

Book Committee Luncheon  
Local Poets

Tuesday, November Fourteenth, 2:30

Public Affairs Committee  
Discussion of Recreation Survey

Tuesday, November Twenty-first, 2:30

Drama Committee,  
Moving Picture Matinees for Children

Tuesday, November Twenty-eighth, 2:30

Art Conference  
The Colonial Period—Puritan Preju-  
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## Music and Art



### Mrs. Walter Longbotham, State Chairman Four Northern Districts

Our department is a very busy one this season as the clubs seem to have a growing interest in music. Already I have filled some very interesting engagements, and have many more to fill. I think the most worthy of all our work in this department is the community music. It is going to be a very great benefit to the people and is now well established. By this means they hear the very best music, rendered by good artists, and enjoy the unison singing.

I am interested in the movement toward a school of opera in the state of California and hope every club woman will join with our department and urge it as a state institution. By having such a school much of our musical talent could be developed, our rising generation of musicians could take advantage of such a school and as a result be well trained in the beautiful state of their birth. I believe that by hearty co-operation such an institution can be made possible and opera in the West will be ours to boast of. So let us join hands with those earnest workers who have started this movement and help to make it possible.

### Rose V. S. Berry, State Chairman of Art

In the recent death of William Merritt Chase the American public has lost one of the best known, and one of the foremost artists of the day. Chase has always been a leader and an indefatigable worker. He has stood for the best, and the highest in the realm of art.

Chase came back to America a young and ambitious artist foremost in the van with the young group of those who had accompanied Duvane to Munich in 1873 for hard and earnest study. These were the lively radicals who lifted up their voices, and attuned their work to the slogan, "Art for art's sake." Not only did they cry it; they lived it, practiced it, taught it and finally established it.

Chase has probably influenced more people, taught more people, and reached more people than any other one painter in America. He has had four ways of coming before the public—painting, teaching, writing and lecturing—all of which he did exceedingly well. He has been so popular as a teacher that he has carried large numbers of students with him from one great European art center to another. Only two years ago he had charge of a very large Summer School at Carmel-by-the-Sea. He has been

a teacher at the Pennsylvania Academy of fine arts, at the Students' Art League in New York and at the National Academy of Design in New York, and has long been recognized as one of America's great teachers.

Last year he was one of the judges of the most notable juries which was ever called together. Fifty-two of America's famous sculptors, painters, and etchers having served the Department of Fine Arts in awarding its medals, at the Panama-Pacific Exposition.

Chase was also one of twelve artists honored by one room exhibitions, and the Chase room was one of the most popular of these displays. Many of the paintings had a personal touch that makes them particularly interesting just now. There are two portraits of his wife, portraits of five of his children—a charming one of little Helen, which won every one last year, and has lost no favor this season. Three of the smaller children have been looking with happy faces down upon the spectator for the past five months, while his married daughter—Mrs. Sullivan—together with her husband, looks with matronly dignity out over the sea visitors held by her father's skill.

With the laying down of his life he leaves a vacancy which no one can fill; for it was all his own. He was gifted with a peculiar and a subtle charm, one which the American public will miss from the future exhibitions, since his brushes are laid aside and his busy hands are at rest.

### OF INTEREST TO CLUBWOMEN

Clubwomen of Southern California will be interested in knowing of a novel educational experiment now under way in Los Angeles. Cumnook School of Expression, which has recently moved into a new school home at 200 South Vermont avenue, has inaugurated a new department of what might be termed "extension work," offering the resources of the school to clubwomen, teachers, authors and others who are interested in the type of work offered at the school. Special courses in a variety of subjects are given for these "outsiders" by the members of the faculty, who are experts in their various fields, and these courses are open to anyone who is interested, without regard to previous scholastic training. They are given, moreover, at special convenient hours, in the late afternoons and on Saturday. Among the subjects already announced, and which are open to

the general public in this way, are Story-Telling, Short Story Writing, Literary Interpretation, Art Appreciation, Music Appreciation and Appreciation of Literature, Aesthetic Dancing (both women's and chil-

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## The Melting-Pot

By Jessica Lee Briggs, San Francisco, Cal.

The air in and out of clubdom has been saturated during the past few months with politics, and it has been plainly evidenced that woman is not new in the work, plainly shown that she has been in the business, even though a silent (?) partner, since she built the first crude huts amongst the underbrush of the world and brewed medicaments for her offspring.

When the Queen of Sheba heard of the fame of Solomon she went to him to "prove him with hard questions" and the feminine part of man has been designated by an interrogation point forever after.

Was it because of the disobedience of the beautiful Vashti, as related in the Book of Esther, which disobedience caused it to be written in the laws of the Medes and the Persians that she should come no more before the king and that her royal estate should be given to another, that woman has been so long kept out of her kingdom? Is Queen Vashti again to make a feast for herself and her women of the royal house and refuse to recognize the king in having but one commandment, that of the Women's Party?

I heard a woman state senator the other day. I was tremendously interested to see and hear a woman who had obtained the right to wear a senatorial toga from the vote of the people of her state, a state which is large in every meaning of the word.

It was not a question of partisan politics with me, the desire to see and to hear this woman senator. It was not that she was wholly partisan in her own viewpoint. This was to be expected. The eye must be single if the body is to be full of light, and this woman's body was full of light, the hallowed light of the race-mother.

I was very glad that I had taken the time and had made the effort, in these busy days, to see and hear this woman senator. She was worth seeing and hearing. She was blithe with humor, she sparkled with wit, she was filled with pathos, yet she never for a moment resorted to anything which suggested melodrama. She had felt too deeply the meaning of her life's story to express even so much as a touch of the superficial.

All the hue and cry of politics unsexing woman was refuted as she stood upon the platform, plain, strong and firm, true to convictions as she had thought them out, true to her own divine nature. Between her and the old-time gossip, the querulous invalid, the doting mother, the whist devotee, the matinee habitue, or the dansant enthus-

iast, there is a wonder bridge which she has built through her own labor and spanned with her own intellect.

I shall never again be fearful lest woman should become a strange or an undesirable creature, for I shall always hold to the assurance that came to me as I heard this one splendid woman, and as I have heard other fine women speak throughout the heated campaign which has just passed into history, the assurance that: The year is but at the spring, the day but at the morn, and God's righteousness in over all and in all.

The present generation has much for which to be grateful in the knowledge that the silver-tongued orator is fast becoming an extinct type of the genus homo; the race may fully rejoice when the "typical politician" disappears.

We hear a great deal nowadays about an affair or a person being high-browed.

"Don't make the program or the article too high-browed," says one.

"It's too high-browed for me," says another, many indeed, from among the multitude which thronged to hear Tagore.

What does high-brow mean? Isn't it true that this coined adjective may change in its meaning as many another word has changed? Isn't it entirely possible that a thought might be written as high-browed today and be in the vernacular tomorrow?

Why should a principle be spoken of disparagingly as high-browed, when it may contain a key to the fine art of living? Who doesn't want to make living a fine art, particularly if that art saves from worry and fret, if it brings harmony out of the commonplace, if it inspires respect, instead of disdain, love instead of hate, if it brings a smile in the place of a frown?

The high-browed thought which is being given out in all sorts of ways and manner at the present time is no doubt very much needed to counteract the influence of the quixotic rioting of color in art, music and amusements.

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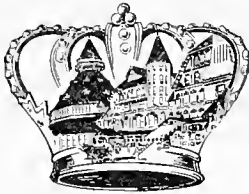
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## FEDERATION HOTEL EXCHANGE

The following list of hotels has been designated as official headquarters for their respective cities. By employing these hotels as stopping places, clubwomen will contribute to the success of this plan for enabling fellow club workers to quickly and easily locate them.



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## SAN FRANCISCO DISTRICT

MRS. W. C. MORROW, Chairman

Mrs. Frank Fredericks, president of the San Francisco District, recently made a motor tour of the northern counties of her district. Leaving San Francisco, her first objective point was Eureka. The rains had laid the dust, and the roads were in excellent condition. The scenery of this wonderful country is beautiful beyond compare. The primeval forest, with its wonderful trees, ferns, foliage and the varying color of the leaves, make it a pathway of enchantment.

At Eureka there are a number of clubs. These are already in the Federation, but Mrs. Fredericks found the nucleus of another club which she was anxious to gather into the fold. This small club has been having casual meetings under the guidance of Mrs. Lillian McNulty, the gifted wife of the attorney for the Fort Bragg Lumber Co. There is splendid material in this little group of women and Mrs. Fredericks is sure that they will make their meetings more definite and unite with the Federation. Humboldt County has more clubs than any other county in this district except San Francisco. At Eureka the women are planning a new club house, and the men of that town have pledged \$3,000. In almost every town in Humboldt County the women have the cordial support of the men. The Monday Club at Eureka is to have many conveniences and new features. There will be a Convention Hall. In October a County Federation was held, and there were twenty-eight clubs represented. Two new ones were formed at this Convention which Mrs. Fredericks had the pleasure of attending. She spoke for Federation at every club which she attended, and as she is a forceful and convincing speaker, she made many converts.

From Eureka Mrs. Fredericks went on to Crescent City by motor. This little gem of a town is uniquely situated in a cradle of bays. It can be reached by boat only once a week. Travel is almost entirely by land. A big sandbar impeded travel by water. A project is on foot to dredge the bay and make it navigable all the time. For this purpose the women work as actively as the men. Crescent City is a live place.

Mrs. Fredericks says that the flowers and ferns amazed her with their luxuriance. Gigantic and tall sweet peas were at their loveliest and vied with the gorgeous dahlias for supremacy, while the ferns and other greenery were incomparable. At Crescent City Mrs. Fredericks saw Mrs. Munsey with a small club of about thirty members, and soon impressed them with the advantages of Federation.

Scotia has a club of about thirty members, and Snake River Valley, while a small place, has a little club which promises to federate. All through Humboldt County Mrs. Fredericks found the women a unit for conservation of the beautiful forests. There are great trees there that are over thirty

feet in diameter, and many others into which it would be a crying shame and disgrace to put an axe. Their slogan is, "Woodman, spare the trees." Much of this wondrous timber land is owned by Eastern capital.

Mrs. Fredericks visited a number of small towns: Arcata, which has just finished a new club house; Ferndale, which has a flourishing club; Carlotta, Samoa, Fortuna and several towns so small as to be almost villages, but in all of them she found the women alert and vibrant with life. Trinidad has a club. Fort Bragg has a fine one. In every case where Mrs. Fredericks found clubs not federated she explained the advantages of Federation and gained many adherents.

Laurel Hall has had several fine programs during the past month. "Life as a Fine Art," was the theme of Miss Selma Cruickshank at one of the meetings. She met with many adherents to her tenets and spoke convincingly and with discernment.

The Pacific Coast Women's Press Association had an entertaining and instructive program on the second Monday of October. "A Night in Hawaii," was the subject of the lecture and beautiful stereopticon views of that sunland of the Pacific were given. The pictures were a decided relief from the surfeit of motion pictures.

Annie Laurie (Mrs. Bonfils) addressed the members of the Papyrus Club on the subject, "Is It Worth While?" and Mrs. Florence Richmond traced the history of women's club in this state.

Prof. Stratton of the University of California, Miss Anita Whitnew and Mrs. Julia Stanclift Sanborn, were the speakers at a Peace Meeting at the California Club. Mrs. Sanborn led the discussion.

Lillian Quinn Stark gave Browning's "Saul" at the Philomath Club, recently. She essayed the part of "David," and her portrayal was not only dramatic but exquisitely tender. Mrs. Stark had made a study of Browning, and "Saul" is one of his most beautiful themes.

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Mrs. Percy King, former president of the San Francisco District, and Mrs. Olive M. Borette, of the Brown Valley Club of Napa, paid a visit to San Francisco and Oakland early in October. They were guests at the Corona Club, afterward going to a political meeting given by women for women at the St. Francis.

A number of San Francisco clubwomen were invited to the Nevada State Federation. Mrs. Edward Dexter Knight, who used to live in Nevada, was asked to speak on "Women in Relation to Legislation."

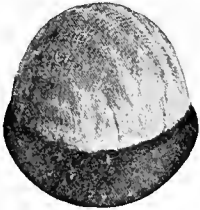
On the 4th of November Mrs. Fredericks went to Ukiah to speak on Federation, and from there on to Willits. On the 7th she was at Fort Bragg and from there went to Mendocino City. She then traveled to Upper Lake and endeavored to induce a club there that has seceded from the Federation to return. She visited the Women's Protective Club at Upper Lake. It has fifty-four members. On the 15th inst. she went to Dixon, thence to Vacaville and the 23rd to the Woman's Club at Sausalito. This schedule seems to be a strenuous one but no one who knows Mrs. Fredericks' tremendous energy will doubt her ability to perform any task she may set for herself.

PROGRAM SUGGESTIONS

The following Federation Art program, given at the San Diego County Convention of Women's Clubs, last month, would make a delightful entertainment for Federation Day:

Living pictures of Masterpieces in Art and Sculpture, produced by Mrs. B. C. Sutton, Chairman of Drama, presented by Mrs. Wm. E. Ritter, President La Jolla Woman's Club

- 1. Art—"The Print Collector".....Daumier
- 2. Legislation—"Portia"..... Millais
- 3. Home Economics—"The Cottage Home".....I. V. Gibson
- 4. Music—"Angel of Music".....Fra Angelica
- 5. Travel—"Atlas".....Ancient Sculpture
- 6. Arts and Crafts—"A Lace Maker".....Van der Meer
- 7. Press and Library Information—"Minerva"..... Vedder
- 8. Country Life }—"Going to Work".....Millet
- Good Roads }
- 9. Birds and Wild Life—"The Dead Bird"..... Grueze
- 10. Forestry—"Apollo and Daphne".....Ancient Sculpture
- 11. Water—"Water"..... Burne-Jones
- 12. Literature—"The Reader".....Maes
- 13. Drama—"Talia".....Ancient Sculpture
- 14. Public Health and Child Welfare—"The Doctor".....Fildes
- 15. Social and Industrial—"Breaking Home Ties".....
- 16. Philanthropy—"Charity".....Thayer



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## ALAMEDA DISTRICT

MRS. A. W. KEITLE, Chairman

The club season was ushered in in a most interesting manner in Stockton, this fall.

Friday, October 6th, the Philomathean Club entertained at luncheon at Hotel Stockton their guests of honor, Mrs. Edward Dexter Knight, president of the California Federation of Woman's clubs, Mrs. A. T. Jones, vice-president, Miss Jessica Lee Briggs, associate editor of the "Clubwoman," Mrs. Robert Watt, president of The Twentieth Century Club of Oakland and a few other prominent clubwomen.

After luncheon the ladies adjourned to the Philomathean Clubhouse and listened to able addresses by the visiting ladies. Beautiful musical number by Mrs. T. Prewett Williams of Modesto, pianist, and Mrs. Stroebe, vocalist of Manila, added to the afternoon's pleasure. Mrs. Margaret Davis, "mother" of the club, was present and spoke very highly of the founders of the club and their work in 1893.

On Saturday, October 7th, the Lodi Woman's Club entertained Mrs. Knight, Mrs. Jones, Miss Briggs and Mrs. F. R. Clarke, Alameda District president at luncheon at Hotel Lodi, after which they held their first meeting of the club year in the Davis hall. The state and district officers again entertained the ladies of the Lodi section with interesting addresses. The solo by Mrs. Addine Buckman, the reading of Miss Jennie Jahant and the chorus of the Lodi High School girls were pleasant features of the meeting. This club added twenty-seven new members to its list this first meeting. Surely the visiting ladies wielded the right influence.

The Aldine Club of Stockton, Monday, October 8th, entertained the honor guests at the Philomathean Clubhouse. The pageant, "The Call of California," written by the club president, Mrs. D. J. Mathews, was presented.

The countries to be studied this year are California, Greece, Italy, Japan and Alaska. These countries were represented in typical costumes by Mrs. G. T. Osborne, as Greece; Japan by Mrs. W. E. French; Italy by Mrs.

M. B. White, and Alaska by Mrs. C. D. Bass. At the conclusion of the pageant Mrs. Knight addressed the ladies, telling in a most inspiring way of the biennial held in New York. Miss Briggs made an earnest appeal for the "Clubwoman" and was followed by Mrs. Watt of Oakland, who emphasized Miss Briggs' statements and impressed upon the club ladies their duty to the Federation paper. Beautiful piano numbers were rendered during the afternoon by Miss Alberta Whale, who was also accompanist for the pageant and Italian and Greek dances that followed. Solos were graciously given by Mrs. Kagan, wife of the evangelist.

Mrs. F. R. Clarke, president of the Alameda District, held the district Board meeting in the Oakland club rooms on Saturday, October 14th.

On Monday, the 16th she attended the Reciprocity Day at Oroville. The state president, Mrs. Edward Dexter Knight, and the president of the Northern District, Mrs. Bradford Woodbridge, were present.

Mrs. S. T. Langworthy, district vice-president, represented Mrs. Clarke at the Reciprocity Day held in Richmond, Monday the 16th.

Mrs. Clarke attended the state Board meeting held in the California Club house in San Francisco on Saturday, October 21st.

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## LOS ANGELES DISTRICT

MRS. CLARENCE VAN GRAHAM, Chairman

That our government is showing a wise humanitarianism in its work for the unemployed was plainly set forth in an address made before the California Badger Club by Mrs. D. C. McCan on Wednesday, October 4th. Mr. A. Caminetti, Commissioner of Immigration, will be in touch with the new Municipal Industrial Commission to be appointed by the mayor. The separation of the Municipal Bureau from the Charities Commission was a great step forward, as employment should never come under the head of charity. A proper system of employment is anything but charity. It is a legitimate and dignified business, and people appealing to such a commission are in no way connecting themselves with charity.

This commission will cooperate with the city and state departments and will keep quite an exhaustive filing list, that, at short notice, connection may be made between employment wanted and employees wanted.

Mr. Frank Doty told the Current Events section of this club how the efforts of the Civil Service Board make for stable government. He said a stable government was the most necessary thing for any country, that, indeed it was what so many countries were fighting for. The great reason for Mexico's state of famine and disruption was the lack of a stable government. He spoke of the Badger Club Flag, and what it stands for or should stand for in the way of justice to all individuals and stability of government.

Miss Lloyd Galpin's remarks and the story she read to substantiate them, turned the great fact that is so often lost sight of, that there is no one who cannot be of use in the world, no matter how handicapped he may be. Even the mentally deficient child found that there was something she could do, and put to shame the would-be shirkers.

Visitors from every section of the valley enjoyed the first of a series of San Fernando Valley Club Reciprocity Days, at which the Burbank Woman's Club was the hostess. Mrs. Doan, the President, presided, and Mayor Blanchard gave the address of welcome. Our popular District President, Mrs. Lloyd W. Harmon, was among the honored guests. Another Reciprocity Day was held at Tropico, November 2nd, and the third will be held at Owensmouth, Saturday, November 18th, at which the State President, Mrs. Edward Dexter Knight, will be the guest of honor at a luncheon to be given by Mrs. L. C. Kimball, District Chairman of Federation Emblem. In the afternoon Mrs. Kimball will entertain with a large reception for Mrs. Knight, to which more than one hundred and fifty women have been invited.

Indirect education of husbands by teaching them politics, is the plan of the Echo Park Mothers' Club for the ensuing year, as arranged by the President, Dr. L. B. Phelps. Every member of this club is expected to see that her husband, as well as

herself, thoroughly understands the political problems which will be studied at the club this winter. The first Saturday evening of every month is set apart as a family social night.

The Woman's City Club of Long Beach opened its season very auspiciously on the 6th of October, at the Hotel Virginia, with the new President, Mrs. J. M. Tanner, in the chair, and several hundred members in attendance. Postmaster Desmond congratulated the club upon its increased membership.

The President sounded the club slogan when, in her greeting, she said:

"The large membership of this club makes it a powerful factor in that it constitutes a new democracy of womanhood, whose ideals, standards and dreams are to be found in the little word 'Service.' Behind the strength of numbers and unity, lies a responsibility. The club should make good the trust reposed in it by radiating into the community an influence that is helpful. If we can brighten some life, put our shoulder under another's burden, make our city and country a cleaner, finer place in which to live, then, and not till then, are we able to justify our existence.

"I can think of no better slogan for this year than the two words: 'Cooperation—service.' If women stand firmly for the right, ready to enforce their convictions with the power of the ballot they become a contributing factor in the upbuilding of an enduring commonwealth."

The Fortnightly Club of Ventura has started their season with three programs of great interest, as follows: The History of the Organ and Piano; Current Events, embracing papers on Child Labor,—Owens' Bill, New Islands Under the Flag, California Highway Work, Labor and Industry, The Mexican Question, and a delightful afternoon on Mural Decoration in America. Although a small club of twenty-six members, under the able leadership of Mrs. Don Bowker, these women are doing good work.

## MESSENGER?

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## NORTHERN DISTRICT

MRS. J. H. STINEMAN, Chairman

Art exhibit seen at the Woman's Building during the State Fair in September, by Miss Mary C. Patten, chairman of art, Northern District. Early in the Spring a few of the active club women of the Northern District resolved to raise the standard of art at the State Fair and to have an exhibition worthy of the new "Woman's Building." In order to do this they asked the co-operation of the California Federation of Women's Clubs and much of the success of the undertaking is due to their prompt response.

The local board, under the direction of Miss Mary Caverly Patten, chairman of art, Northern District, took for its slogan: "Nothing counts but a good picture," and that it never lost sight of its high standard was plainly shown by the fact that on the gallery walls were works by two members of the international jury of awards, Panama-Pacific Exposition, two by members of the advisory board of the Palace of Fine Arts, two silver medalists, seven bronze medalists and a number who received honorable mention.

Governor Johnson became interested and brought from San Francisco the "gem of his collection"—a canvas by Arthur Mathews.

That the club women had succeeded far beyond their expectations was evinced by the universal expression of happy surprise when they first viewed this collection.

Monday, September 11th, an art conference was held in the gallery and was at-

tended by delegates representing about twenty widely-scattered art organizations. A paper on the California Society of Etchers was read by Mrs. George Burnell, president of the Tuesday Club, Sacramento. Miss Patten then gave a talk on "Prints and Their Making." Mrs. A. H. Martin of Roseville, loaned six old copper-plate engravings which gave distinction to this section. Two were by Gregoir Huret (born 1600), an academician of the French school, and four belong to the well known "Election Series" by William Hogarete, born in England in 1697.

On the arrival of the State chairman of art, Mrs. Rose V. Berry, the Northern District president, Mrs. Bradford Woodbridge, who was presiding, placed the meeting in her hands. Mrs. Berry, after giving an interesting address on "California and Its Art," introduced Mr. J. Nilsen Lanroik, director of the San Francisco Art Association, who spoke on "Art As an Expression of the Age." Nine medals were awarded by popular vote and were almost equally scattered among the three art sections—Los Angeles, Carmel, Del Monte and San Francisco. This popular vote may mean very little to the painters, who have received long lists of honors, but it means much to the people who studied the collections long and conscientiously before casting their votes. This was observed to be true in almost every instance and many came two or three times before voting.

### A. GREEN & SON, TAILORS

A. Greene & Son, exclusive ladies' tailors, have been established in Los Angeles during the past ten years, coming to this city after the great fire. Mr. A. Greene, the senior member had also had large experience in the fashion centers of the East, prior to coming to the Pacific Coast.

In the production of high-grade ladies-made-to-measure suits at moderate prices, A. Greene & Son have been pioneers and leaders, winning an enviable position in business and a large and devoted clientele.

The new shop and salesrooms at 745 South Broadway are unsurpassed in the city for room, decorations, furnishings, light and air. Specializing as they do in high-grade tailoring of ladies' made-to-measure suits, Messrs. A. Greene & Son enjoy a most enviable prestige. This is to be a season of

ladies' suits and the above firm is unsurpassed in its facilities, artistry and in its leadership of moderate prices.

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## SOUTHERN DISTRICT

MRS. WARREN CURRIER, Chairman

### SAN BERNARDINO COUNTY FEDERATION

Of great interest was the mid-year convention of the San Bernardino County Federation, held at the Woman's Club House, San Bernardino, October twentieth. Mrs. D. W. Willets President of the organization, presided, while Mrs. J. Edwin Batchelor, Recording Secretary, presented her work with a cleverness unusual to this task. Mrs. Charles C. Arnold, the District President, was an especially welcome speaker, her topics covering cooperation of county, district and state federation, humane education in the schools, and the silk worm industry.

The trend of the convention was toward charitable institutions and exceedingly fine addresses were given by Miss E. L. N. Taite, Director of the State Bureau of Tuberculosis, and Stuart Queen, Secretary of the State Board of Charities. After luncheon the delegates paid a visit to several county institutions, which was followed, on their return to the club house, with a round table discussion, "How we may co-operate to improve conditions at our county institutions."

### LA JOLLA WOMAN'S CLUB

Among recent programs of note at the La Jolla Woman's Club was an inspiring address by Mrs. Seward Simons, President of the Friday Morning Club of Los Angeles, on politics. The press speaks in terms of highest praise, both of the magnetism of the speaker and the fine intellectual presentation of her subject. Mrs. Simons said most truly, "Politics is not a black art; it is simply the machinery for getting work done."

Another meeting of note at this same club was that of Presidents' Day, at which seven past presidents and the incumbent, Mrs. William Ritter, spoke most entertainingly of their several administrations. Miss Ellen Scripps, Honorary President of the club and donor of the magnificent clubhouse, gave a splendid address, "Message to My Fellow Club Workers," filled with the ideals of citizenship.

### EL CENTRO CLUB HAS BIRTHDAY

The Woman's Ten Thousand Club of El Centro celebrated its eighth anniversary with a mammoth birthday party, November second. The club members were requested to come in costumes appropriate to a juvenile party, and Miss Ten Thousand Club received them standing in line with the past presidents. The gift basket was found to contain \$150, not a few of the donations being from the men of El Centro, who have taken a just pride in the growth and efficiency of the organization. A large birthday cake was cut and served with other refreshments from a table gaily decorated with yellow chrysanthemums and acacias.

Children's games were played. The address of the afternoon was made by Mrs. Violette Campbell, and the presentation of the birthday gift by Mrs. A. H. Griswold, the President.

### HIGHLAND CLUB

The Woman's Club of Highlands had an unusual address on the "Belgian Congo," by Mr. Will S. Brown, who has recently returned from that place. This progressive club has launched a bird house contest and is promoting a municipal playground.

### REDLANDS CONTEMPORARY CLUB

The Art section of the Redlands Contemporary Club had in charge on October 'sixteenth, at the home of Mrs. Henry Fisher, a program, in which Mrs. Hunley gave a delightful talk on the thirty fine paintings which are hung in the Fisher gallery. Beside an illuminating little sketch of each painting, Mrs. Hunley gave her hearers some finer, broader, artistic concepts which will be helpful in the appreciation of all artistic works.

### TORRENS LAND TITLES

As noted in the pamphlet issued by the Torrens Title Registry Company, Torrens Titles are coming in demand and 1917 promises to user in a new chapter in Title business in California.

Mr. Earl Newmire, Secretary and Manager of the Torrens Title Registry Company, is one of the foremost authorities on the system, and his consistent efforts have done more to familiarize the people of this State with the actual workings of a law than all other ways combined.

Mr. Czenny Anderson, sales manager of the above company, is fast acquiring a trained force of representatives who will be bonded and can be entrusted with any matter concerning Torrens Titles.

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The club women of this state helped pass the Torrens law.

Become acquainted with its practical use by writing for our Booklet, "The Torrens Title System in California." (It's Free)

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Los Angeles

The largest and Most Complete  
Torrens Plant in the State

# HOME DEPARTMENT

By NEAL P. OLSEN  
Secretary Retail Grocers' Association

## PROTECTING THE PUBLIC

The advertisements of foods and foodstuffs which appear in this and coming issues of *The Clubwoman* are from firms which have in every respect conformed to the rigid requirements laid down by the Department of Health, C. F. W. C., as a part of its present campaign for the protection of the public through the elimination of impure foods and food materials. In every case, before a food advertisement is accepted for the official magazine of the Federation, the plant or establishment is thoroughly inspected by a special committee named for the purpose by the Department of Health and composed of qualified experts on the subject. The appearance of such an advertisement in *The Clubwoman* is consequently prima facie evidence of purity, reliability and patronage worth.

Home Products Week, just passed, carried a message to the housewives of California of greater import than many of our matrons will perhaps absorb.

Home Products Week, with its fascinating and instructive exhibits, revealed throughout its miles of special display windows the growing importance of factories that have had their birth in Los Angeles and vicinity.

Of special interest to women were those exhibits displaying an array of food products whose future lies almost completely within their power to make or break.

It has been estimated that more than 95 per cent of all foodstuffs are purchased by women.

Conceding that, women will come to an appreciation of the part they must play in nurturing our infant industries and maintaining those longer established.

Our women, through their clubs and various organizations, hold the fate of our food products in the hollow of their hands. Without their support, these plants must fail.

Denied the avenues of organized capital so accessible in our older financial centers in the East, a large number of our local manufactories are compelled to start under the handicap of a low-ebb treasury.

The sympathetic support of our women folk should be meted out to these factories in direct ratio to the natural hardships encountered by them.

For many years there existed in Los Angeles a belief that only those goods made in the East were of highest quality. A tendency, more human than wise, to seek far for commodities rather than buy those nearest, existed in Los Angeles for many years. Unless this or that came from New York or London or Chicago, it was considered inferior and below standard.

I wish I might impress every woman in California with the indubitable fact that no purer foods nor more tasty edibles are made under the heavens than right here.

The organization which I represent has

in the main been loyal to those manufacturers who have cast their fortunes among us; and many of our members—the retail grocers—have stood up and fought for the rights of the Californians as against attacks by organized eastern interests.

It has been our endeavor to instill in the minds of our members the unwisdom of "pushing" other than local brands of goods, quality and price being equal.

Not infrequently our members have been accused of attempts at substitution, when in reality they were merely preaching the gospel of righteousness and justice towards



## The Utmost in Biscuits

Usually found under the well known  
"Swastika Seal of Bakery Perfection."

Note the mark and insist upon it  
from your grocer.

PACIFIC COAST BISCUIT CO.



our home plants—the men who meet the payrolls, who help to reduce our taxes, who are helping to increase the material wealth and happiness of every man, woman and child in this city.

The time is ripe for a forceful movement to be inaugurated by our women looking to a more generous support of our home products.

I would suggest that the women of this town include in their propaganda, both individually and collectively, a determination to more solidly support the home manufacturer.

Quality and price equal and often surpass that of staler goods imported from the East, and your grocer stands ready to aid you in selecting such products as will surely meet your most critical demands.

Any man or woman, educated either at a "book" school, or in the school of experience, to the point where he or she can conduct a grocery successfully—or continue to draw a good salary in a successful grocery owned by someone else—knows that it is fatal to the grocer to try to substitute another article when the customer asks for an article that is persistently advertised in the local and national publications. Every up-to-date salesman is well aware that the general public which asks specifically for a specified trade-marked article will fail to return with orders to any grocer after he had tried to make them take something "just as good."

There is no question but that the grocer or the clerk who tactfully induces a customer to want to buy a soap, or a sack of flour, or a box of crackers made in California, instead of buying a corresponding article made in the East (and on which a big shipping cost and handling cost and middleman's profit have been added) is doing a service both to himself and his community.

The gainer by such tact on the part of the grocer is not alone the grocer's cash receipts for that particular date. Because every time a grocer induces a customer to see the advantage to the customer in buying an article with a "Made-in-California" label,



# Kellogg's Ant Paste

will make Ants disappear  
from any house within  
twenty-four hours

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## WESTERN STAR

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For Laundry or Bath

## CALLA LILY BORAX

White Coconut Oil  
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## COCOA NAPTHA

Yellow  
For The Laundry

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Softens the Water

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For the Autoist  
Sufficient Assortment for any Family

**LOS ANGELES SOAP COMPANY**

Makes A Delicious <b>SANDWICH</b>	Ask your Grocer About	A Vegetable Production 100 %
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Stimulates The Epicureans <b>APPETITE</b>	Pure California Olive Oil	White Cross & Blue Seal <b>OLIVES</b>
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that grocer is, simultaneously, inducing one more customer to acquire the habit of spending the customer's money for an article that will keep the money in continued circulation in California, instead of it going East to be spent by its payroll signers among the grocers of the East.

Every dollar a California grocer induces a customer to spend for California-made goods means just so much more money going from a California factory to California working people. And every dollar spent by California working people with the grocers of California makes every one of the California grocers (and other California business people) better off financially. Why? Does it not stand to reason that the greater the quantity of any article made in California being sold in California the greater will be the reduction in cost of each item of that California article? And the greater the reduction in the price of that article the greater will be the profit of each grocer handling it. It may indeed be true that simply because a few California grocers are making money is no reason why all of the grocers of the state must be making money; but it does follow, however, that if most of the grocers of the state are prosperous then there is no good reason why all of them should not be prosperous—if all of them attend to business and as they should.

Every dollar spent in any California community for articles made in that community, or in another California community, means more wages, more salaries, more money in the treasury of the community or state, more groceries sold to employees and to the employees' bosses, more clothing, more money spent for rents, more money spent for building homes, more comforts of life for the community; and, generally, more happiness for that community. And every grocer, anywhere in California, is a vital part of the community in which he lives, and if his community prospers, so will the grocer. Therefore, any grocer or grocery clerk (or other shopkeeper in California, who thinks it is too much trouble to him to awaken the interest of his customers in California-made goods is simply permitting his mental laziness to stand in the way of his own greater prosperity.

**DISCONTINUANCES**—If a subscriber wishes her magazine discontinued at the expiration of her subscription, notice to that effect should be sent. Otherwise it is assumed that a continuance of the subscription is desired.

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Buy a Package From Your Grocer  
Today



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## Reduced Autumn Fares

—Now is the time to visit the famous mountain—low round trip fares every day in October including Sundays—from Los Angeles only \$1.50—from Pasadena \$1.25—return limit seven days—

—Perfect Fall weather above the fogs of the Valley—bright, crisp days, cool nights, invigorating air—

—Spend a delightful week at YE ALPINE TAVERN AND COTTAGES—board and room from \$3 per day or \$15 per week up—Housekeeping Cottages \$8 per week, two persons; \$2 each additional person—Camp supplies at City prices—single meals, breakfast 50 cents, lunch or dinner 75 cents—

—Reservations at P. E. Information Bureau—write for folder today—Five trains daily from 6th and Main—get tickets from agents—

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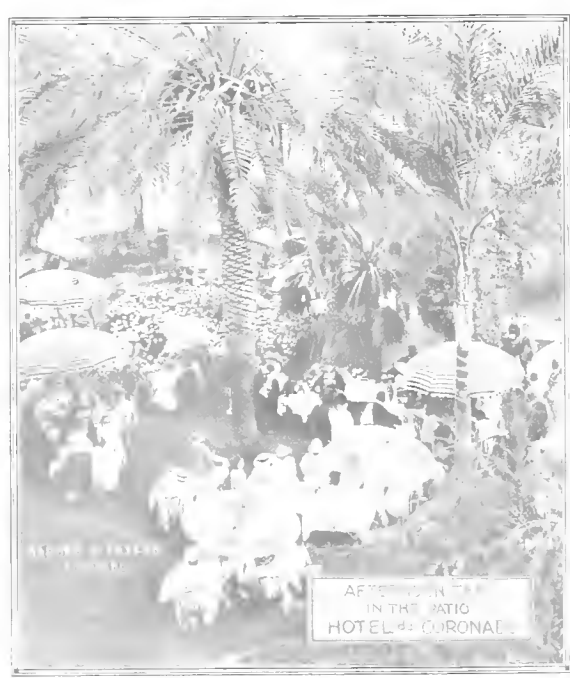
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Mrs. J. L. Gillis,  
State Library,  
Sacramento, Cal.

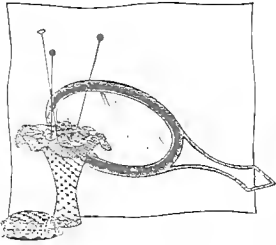
# *The* Club Woman

December 1916

## Merry Christmas



**Official Organ of the California  
Federation of Women's Clubs**  
- Composed of Over 30,000 Members -



# Holiday Inspirations In the New GIFT SHOP (Second Floor)

—If you're looking for something different—something unusual, something out of the ordinary in the way of gifts, then your thoughts should instantly turn to the Gift Shop that is such an important addition to the Art Section, Second Floor.

—It would take reams of copy and volumes of space to go into detail, but this one thing is certain, here are original things gathered from so many sources that you'll just revel in the assortment.

## —FIRST THERE IS THE ROYCROFT SHOP

—created by the late Elbert Hubbard, and which by the way, is the only place in Los Angeles where the products of the Roycroft Shops of East Aurora are shown.

—Hand-craft things in art leather and copper.  
—Rare editions de luxe. Things useful, all of them—for it is an unwritten law in the East Aurora shops to avoid the frivolities.

## Then from Florence, Italy,

### —Hand Carved Marble

—Copies of the most famous masterpieces in ancient and modern statuary. As exhibited in the Roumanelli Bros. collection at the San Francisco Fair.

"The Discus Thrower." "The Family Group." Venus de Milo and others.

## And from Switzerland,

### —Hand Carved Wood

—Our own importation—products of the peasantry of that country. "Soul Expressions" as it were, in wood in the natural color. And yet expressed in things practical. Such as nut crackers, trays, cigar case, etc.

## The Rust Craft and the Day Craft Novelties

—A thousand and one things inexpensive and attractively boxed, every single article for a well defined purpose.

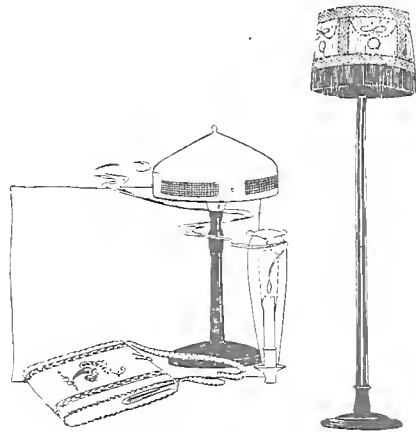
—Then there are French novelties—Mirrors, powder boxes, trays, hand painted china, and cretonne covered novelties.

## Chinese Art

—Expressed in sewing baskets, fruit baskets, trays, sweetmeat boxes, envelope cases, pillows, tassels, bracelets and best of all.

## Bouloir, Table and Floor Lamps

—It is certain that if you are the least doubtful as to what to give, you are sure to find the answer in this Gift Shop, Second Floor.



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*The Broadway Department Store*  
BROADWAY, FOURTH AND HILL.

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the greatest convenience of modern ingenuity that has yet been devised for business and home use. Simple, accurate and instantaneous—always ready for use. Have it installed now.



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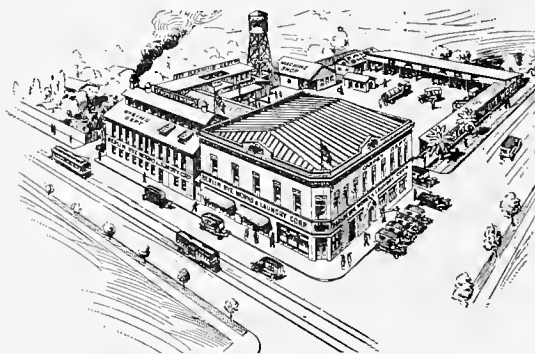
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# The Clubwoman

Official Organ of the California Federation of Women's Clubs

Composed of over 30,000 Members

PUBLISHED MONTHLY

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MISS JESSICA LEE BRIGGS, Associate Chairman and Northern Federation Editor, 1942A Hyde St., San Francisco

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## BRIQUETS

# THE CLUBWOMAN

VOL. IX.

NO. 2

General and State Federation news published in the Clubwoman is official. Communications intended for either department must reach the District Chairmen by the first day of each month in order to insure publication in the next issue of the magazine.

## Merry Christmas

*Dear Friend of the California Federation  
of Women's Clubs;*

*This is the season of joy,*

*Let us strive to make others glad.*

*Plenty is ours,*

*Let us share with the unfortunate.*

*Peace is ours,*

*Let us give thanks.*

*Faith is ours,*

*Let us express it in prayer,*

*Peace on earth, good will*

*Toward men for-ever-more.*

—Helen M. Knight

“Oh hush the noise, ye men of strife,  
And hear the Angels sing!”

## EDITORIAL

The Editors of The Clubwoman wish its many friends a Merry Christmas and a Glad New Year. And suggest that a subscription to The Clubwoman would make an ideal present to a club friend.

No man ever had a merrier Christmas than poor old Scrooge after his dream. But how many merry Christmases he had lost! They are slipping away from all of us.

The readers and admirers of “Elizabeth and Her German Garden” will be interested to learn that its author, Lady Russell of Haslemore, England, is living in Montecito, California. She is accompanied by her daughter and expects to remain until June. Lady Russell is better known to Americans by her literary name, Countess von Arnim.

“I have lived all my life among rural

people but I doubt very much if there is such a thing as a Rural Community.” This was the statement of one of the delegates to the Southern District Convention recently held in Redlands. She was speaking of the isolation of the farm woman.

We all have something to be thankful for according to a statement by Edward Hyatt, State Superintendent of Public Instruction recently published in the Sacramento Bee—Shakespeare said: “Serve every man according to his desert and who should go unchanged?” Millions of people in this Nation today are wiser, more skillful, more industrious, more unselfish, more faithful, more moral, than either you or I. Yet Providence has for many years cast our lives in happier and easier paths than theirs. Isn't there room to be thankful when we get so much more than we deserve?

## CALIFORNIA LEGISLATIVE COUNCIL

MRS. HERBERT A. CABLE, President

The Women's Legislative Council of California is on the eve of going to another State Legislature to request action on three measures of great importance to the women of the State, important not to the women only but to society as a whole, for women are earnestly seeking to effect legislation that will be free from the indictment of "class legislation" and that will answer to the new demand "satisfaction of human wants," not women's wants only.

Ever since the women of California have had the opportunity to actively influence legislation in this State, every measure endorsed has come under this general classification; and at this the third session of the legislature at which we have maintained headquarters since our enfranchisement, we will present three measures of wide interest and importance.

We feel that the Council is well prepared, at this time, to ask for legislation on the three subjects proposed, for our special committees have been studying and working faithfully and energetically to be able to present these measures intelligently and forcefully, and to do so with an enlightened public opinion back of the bills that will adequately support us in our request of the 1917 legislature.

In the study of property laws in California we have found much injustice and unfairness to women, and we feel that we are being most conservative when we ask only for changes in the existing community property laws that will grant to women in fact and not in theory only a joint control of community property during life and the right to testamentary disposition of one half that property at death; for the removal of the unjust and unfair inheritance tax on the wife's share of the community property which makes her an heir to the community property instead of a joint owner of that property. And this we think should be done without lowering the present inheritance tax exemption of \$24,000 on separate property which exemption is quite low enough for the woman who must face the future alone with the entire burden of the family and its maintenance upon her.

The need for additional custodial care of the feeble-minded of the State, both for their protection and for the protection of society, is so entirely evident to all thinking people who know conditions as they exist in our schools, our juvenile courts, our State institutions, and even on our street corners, that there is no argument necessary for legislation of this sort.

Mr. C. J. Nellis of the State School at Whittier as chairman of the special committee appointed by the 1915 legislature to recommend necessary enactment on this subject

has done such excellent work and has his report in such complete and convincing form that it will be necessary only to endorse and help to secure such legislation as he will recommend.

The work done at the last session of the legislature on the "women on juries" measure will bear fruit this coming session we feel sure and any objection that may have been entertained at that time will disappear before the very modest request of this year's bill making "eligibility" the only requirement, and leaving it to the request of the plaintiff or the defendant and to the discretion of the court when and how many women shall serve on any jury.

And now we come to the members of the Legislative Council and to the club women of the State with our request that you aid us in every way during the coming session of the legislature to effect these recommended measures. Give us your heartiest co-operation and support—speak to your representatives in the legislature and let them know that while only a few women will be in Sacramento working for these laws that back of them is a concerted and informed opinion of thousands of other women all vitally interested and alert to the need and the demand of the time.

At the last executive board meeting of the Council it was voted to admit affiliated memberships in the organization. Heretofore we have been limited to active memberships and to organizations only. Now we may welcome individuals and such organizations as are interested in our work but not in a position to become active members. For the very nominal sum of \$5.00 per year any one interested in this fundamental and vital work of legislation may affiliate with us and help and encourage us in our work, receiving the benefit of our literature, the courtesy of headquarters at Sacramento, attendance at all meetings of the Council and information concerning the measures endorsed by us.

The Council is working whole-heartedly in the interest of the women of the State and to strengthen and develop the whole social structure of our glorious California where so much has already been done and so much remains to perfect.

When we can secure intelligent and concerted action along these lines we can look forward with certainty to the realization of Sir Lewis Morris' vision—

"There shall come from out this noise of stress and groaning  
A broader and a juster brotherhood;  
A deep equality of aim, postponing  
All selfish seeking to the general good.  
There shall come a time when each shall  
to another  
Be as Christ would have him, brother unto  
brother."

## SOUTHERN DISTRICT CONVENTION

Extracts from Address of Mrs. Charles C. Arnold, President of Southern District

Regarding our District merely as one of the six, that make up our State Federation, we do not realize our importance. When we remember that we have a larger membership than many of the State Federations have, we get a true view of our work and of the innumerable demands it makes on time and strength. Besides presiding over the District, the president also is, ex-officio, a member of the State Board and a representative on the Women's Legislative Council.

Our Child Welfare department should be a magnet to draw young mothers by its special service to them. Encourage Junior Sections similar to the one that has entertained us delightfully, here. Mrs. Kimberly has done good service in getting the youth of the city in such close and cordial relations with the Contemporary Club. If we bring up our girls, in touch with the clubs, we will not need to worry about the future of Federation. They will be trained in giving as well as getting.

Many women, engaged in business and professional pursuits, are not able to take an active part in club work. We must find a way to adapt our plans to them. We need them and they need us. It may help to have some of our meetings at times when they can attend, as Saturday afternoons, evenings or on Sunday afternoons, when some program and topic can be presented which will not be out of place, at that time. The Chicago Women's Club maintains "The Open Door" on Sunday

afternoons. At least once a year, we should have an evening meeting for our husbands, when a good supper might be served.

Interest your clubs in our Indians. They are a backward race, surrounded by a highly aggressive people, who are constantly encroaching. If the Indians were in the lonely Pacific Islands or in the heart of Africa, we would have them on our minds and hearts, but unfortunately for them, they are only our next door neighbors. They need our sympathy and interest.

The departments of Legislation and Political Science should be more popular with our clubs, if we do not want to add to the already large number of ignorant voters. Whether we approve it or not, we have the duty of casting our ballots, to decide our national policies. It is a high and sacred privilege, won for us by the sacrifice and struggle of thousands of men and women, through long centuries. What can we think of the person who holds this privilege so lightly, as to neglect to vote. If we can not render such a trifling service to our country, we do not deserve its protection.

Choose good secretaries, insist on clear and definite instructions from your District Chairman and if you do not get what you need from them, apply to the State and General Federation Chairmen for advice. Every club should subscribe for "The Clubwoman" for its president. It will repay the club in her increased efficiency.

## SOUTHERN DISTRICT CONVENTION REPORT

The Southern District held its fifteenth annual convention in Redlands, November 14 to 17 inclusive. The welcome was warm and sincere and the hospitality unbounded. As one delegate expressed it, "Our every want was anticipated." Under the able generalship of Mrs. Charles Ide, president of the Contemporary club the local Committees had everything in readiness for the opening of the convention. Each member knew her job and stayed by it from beginning to the end. There were no "Slackers." The program was excellent throughout. Never in the history of the Southern District has the convention entertained so many distinguished club women and speakers. The great event of the convention however was the presence of Mrs. Josiah Evans Cowles.

### OPENING OF THE CONVENTION TUESDAY AFTERNOON

Preceding the more formal opening of the Convention in the evening, an Open Forum was held with a free-for-all expression of opinions on the subject, "Service Through Organization." Mrs. A. E. Strong of Riverside discussed the educational influence and the incentive to better work

to the individual woman as one of the factors. Mrs. W. A. Taltavall of Redlands, one of the Advisory Staff of The Clubwoman spoke of the Spiritual influence upon women saying that it engendered higher ideals, broader creeds, and a desire for helpfulness. Mrs. T. B. Rose of Riverside mentioned the Social side. The busy woman needs recreation. Mrs. C. C. Arnold gave friendship as the greatest service to woman. In discussing the benefit to the community many instances, of nuisances abated and different phases of welfare work started, were mentioned. The feature most emphasized in the benefit to the county was the contact through organized work of the isolated community and the isolated woman. Mrs. Lloyd W. Harmon, president of the Los Angeles District in her response to "The Benefits of Organization to the District" placed special importance on the individual, as the pivotal point of all organization work. Just so far as the individual effort is made so is the district benefitted. In discussing the service rendered the State through organization, Mrs. E. D. Knight, State President, emphasized the necessity for a better knowl-

edge of legislative measures by all women. Mrs. J. E. Cowles, General Federation president spoke to the topic "Benefits to the Nation." She said that in many instances the General Federation was working with the National Government and was a recognized force.

At the close of the Open Forum two conference, one of the State, District, and County chairmen, and the other of Club presidents, were held. At these conferences questions of vital importance in the business management of the Federation in State and Club were discussed.

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#### **MRS. JOSIAH EVANS COWLES GUEST OF HONOR**

Tuesday evening marked the formal opening of the Convention in the Contemporary Club House. Addresses of welcome were given by Mrs. Charles E. Ide, president of the hostess club and Mrs. J. J. Suess, chairman of hospitality. Both speakers in the true Federation spirit made all the visiting club women feel the sincerity of the welcome. Mrs. C. C. Arnold president of the District, in her response paid Redlands and its efficient club women a very graceful tribute.

The Address of the evening was given by Mrs. Cowles, the honored guest of the convention. Mrs. Cowles told of the formation of the General Federation, of the work it is doing now, and what it is reaching out to do in the future. She made a plea for the woman who is isolated and in need of cultural advantages and urged the more fortunate to share theirs with her.

An informal reception followed the program when new friendships were formed and old ones renewed.

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#### **MRS. EDWARD D. KNIGHT GUEST OF HONOR**

On Wednesday evening at the Casa Loma Hotel Mrs. Edward D. Knight, President C. F. W. C., addressed the club women and guests taking for her subject, "The Open Door to Club Activities." Mrs. Knight said that conservatism was giving way to progress and that the open door gives a security which the closed door never could. That in working out the many problems which women are called upon to solve, tolerance, faith, patience, sympathy, and love must be taken through the open door. We must bring vision, co-operation, and prayer.

At the close of Mrs. Knight's address a Presidents Council was held at which each president spoke in response to one of the following questions: What has your club done during the past year to summon youth to service? to improve rural life? to Americanize the immigrant? to observe "Baby Week?" and what does representation at State Conventions mean to your club?



**MRS. C. C. ARNOLD**

#### **ADDRESSES OF THE CONVENTION**

The program committee was fortunate in its choice of speakers. Dr. Albert Shields, Superintendent Public Schools of Los Angeles struck a responsive chord when in his address on Art and Business, he made a plea for greater democracy in art and less imitation. Mr. George Maxwell is too well known to need an introduction to club women. He addressed the convention on Preparedness and Legislation, taking as his text the destructive work of the uncontrolled storm waters of last winter. Our Friends the Birds had a good champion in Mrs. Granville Ross Pike, of Washington, who told some plain truths in a very pleasing manner. The Cost of Government was explained by Mr. Herbert Clark of San Francisco, Director of the California Tax Payers Association. Dr. Maude Wilde of Los Angeles advocated in her address on Public Health and Child Welfare, the rural nurse, the teaching of social hygiene, and the baby clinic, with classes for mothers. Mrs. Herbert A. Cable, president of The Woman's Legislative Council discussed the three bills that the Council will present to the next Legislature. Mrs. A. S. C. Forbes of the California History and Land-

mark Club told of the efforts being made to mark by a suitable monument the place where the treaty of peace between Gen. Fremont and Pio Pico was signed. Mrs. Robert J. Burdette, who spoke on the Endowment, made a forceful appeal for the raising of the dues in order to carry on the work of the Federation, supplementing thereby the effort and sacrifice so many of the workers were making. The "Gary School" system was explained by Mr. E. M. Neally of Santa Ana who had his information first hand. The contribution of Home Economics to Education was given by Miss L. E. Weer of the Los Angeles State Normal School. It is hoped that this address and the one on The Citizen in the Cradle by Mrs. George Cole of Riverside, may be published in some future issue of The Clubwoman. A Farm School for Southern California made the delegates sit up and take notice. Mrs. Gertrude Spiers Rader stated clearly the needs for such a school and told the steps that had been taken to secure it.

Rev. Horace Porter of Riverside made a plea for the women to interest themselves in the California Indians, who by condemnation suits are in great danger of having their homes taken from them. Especially is this true of the Soboba Indians for whom Helen Hunt Jackson wrote Ramona. The address on The Present Status of Library Extension was not as dry as its name would indicate; Mr. F. J. Daniels, Riverside Librarian plentifully sprinkled his facts with the saving grace of wit. Miss Cora Richardson who spoke on The Problems of the Immigrant is an authority on this subject. She brought a fund of useful knowledge to the club women who are working to Americanize the foreigner. Other speakers were Mrs. B. C. Sutton of the Drama League and C. L. Curtiss, Pure Food and Housewives' League.

#### GREETINGS FROM PAST OFFICERS AND STATE CHAIRMEN.

Greetings in behalf of the past State presidents were given by Mrs. R. J. Waters, member of the Board of Education, Los Angeles. Mrs. W. C. Mushet, former vice-president of the State brought greetings from the "Down and Outs." Telegrams were read from Mrs. Ella Westland Beaubrier of Alberta, Canada and Mrs. A. F. Jones of Oroville. Mrs. Robert F. Garner in speaking of her department, Civics, urged the teaching of citizenship to our own boys and girls and advocated a "First Voters' Day." Mrs. Carrie Stone Freeman State Chairman of Music was most happy in the presentation of her department. Indeed, Mrs. Freeman and Mrs. Padgham were an indispensable part of the convention and helped to make it the success that it was. A vision of delightful summer days spent in the Forest Reserve came in the greetings of Mrs. Foster Elliot, State Chairman of Conservation, and Mrs. Harriet W. Myers, of the General Federation,

spoke on the value of birds to forests and all life. Mrs. F. D. Schoneman described the symbolism of the Federation Emblem and urged every club woman to own and wear one.

#### RESUME OF DEPARTMENT REPORTS ART

According to the report of the Art chairman, Mrs. George Cheney, Art is not the strong suit of the Southern District club as only eight report Art Sections or special Art programs. However it is early in the year and other clubs may be induced to follow the suggestions of the State Chairman Mrs. Rose V. S. Berry and take up the study of American Art and Artists. Mrs. Cheney referred to another suggestion coming from the president of the District, Mrs. C. C. Arnold, that of arranging for loans of pictures to be hung upon clubhouse walls and changes at convenient intervals. She called attention to the exhibit of American artists in the Fine Arts Building at the San Diego Exposition Grounds and urged a joint conference of all clubs in the Southern Part of the State.

#### CHILD WELFARE

Riverside and Imperial counties have the honor of not only doing Child Welfare work but in reporting it to their District Chairman, thus giving others the benefit of their experiences. Mrs. R. B. Vaile said in her report that she was willing to assume that in the other three counties the club women had been so busy doing Child Welfare work that they did not have time to tell about it. Mrs. Vaile expressed the special aims of her department in the following request: To co-operate with other organizations particularly with the Parent-Teachers' Associations; to hold another Baby Week campaign this year; and to see that only clean pictures are presented to the children in the Moving Picture places.

Children are God's greatest gift to the world,  
Hallowed and blessed by His own sacred hand,  
Infinite power unto woman He gave,  
Life—that is woman's to call or command.  
Dare for these children the limit of daring,  
Work that their bodies be preserved and strong,  
Educate them for service worth-while,  
Love them and teach them the value of song.  
Fight, that their rights shall stand unsailed—  
Answer to God for the child that is lost—  
Refuse not this challenge—guard and protect  
Each child in your midst at any cost!

—Vera Heathman Cole.  
Riverside Woman's Club.





## Her Gift *from* Her Store

THERE is no justification for anyone being puzzled about what to give a woman for Christmas. Every woman loves dainty, pretty things for her personal adornment. And such gifts are not only appropriate and sure of appreciation, but they are inexpensive.

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### CIVICS

Civics leads all other departments in interest. Every club in the district with the exception of the purely literary club is doing some form of Civic Work according to the report of the Chairman, Mrs. Frank Warren Moore. Among the many activities along civic lines are Clean-up Days; Rest-rooms for Women; raising money to secure recreation parks; the improvement of unsightly places along the highway approaches to the city; the holding of flower shows; and the inspection of county and city institutions. Just now the club women are joining forces with other organizations in preparation for the municipal Christmas tree or some entertainment for the children and folks less fortunate than themselves.

### CIVIL SERVICE REFORM

Mrs. J. M. Westerfield, Chairman of Civil Service Reform, defines it as the "Merit System," wherein merit and not pull is the basis of appointment to public offices. The work this year as outlined by the State Chairman will be educational, and she asks that the women become familiar with the State Civil Service law; that each club give one program on some phase of the subject and if possible one on Prison Reform; that one open meeting be held at which the subject be presented by some prominent speaker; and that club women see that schools and public libraries be supplied with Civil Service Literature.

### CONSERVATION

Under the re-organization of Departments the preservation of natural resources are divided into three groups—Birds and Wild Life, Forests, and Waters. Much interest has been awakened in the study of bird life by Mrs. Harriet Williams Myers, author and lecturer on Birds. The chairman of Conservation, Mrs. J. W. Newell announced that two Bird lectures are at the disposal of all clubs—one with colored pictures, and the other with stereopticon slides. She reported that official destroyers of the English Sparrows have been appointed in Riverside, Redlands, and in San Diego. In regard to Waters Mrs. Newell called attention to the Newlands River Regulation Bill that will be introduced in the next Congress. It should have the endorsement of every club woman. The destructive floods of last winter have opened the eyes of the people to the great need of flood control. Club women are asked to study these conditions for the very life of our Southland depends on the conservation of its waters. Only seventeen clubs out of fifty-eight were reported as doing any work in Forestry, by Mrs. C. W. Darling, Chairman of Forests. Mrs. Darling hit upon the happy idea of asking the club women to give talks on Forestry to the schools and this has met with a ready response. She also reported that

several clubs have had lectures on Conservation of the Forests by Francis Cottle of Riverside, and Ernest G. Dudley, government forester at the San Diego Exposition.

### COUNTRY LIFE

Mrs. Henry E. DeNyse reported great activity in the Country Life department.

Four subjects have been featured—School Manse, Rural Credits and Marketing Commission, and Farm Bureau. Mrs. DeNyse has fully prepared herself on these subjects and has spoken before twenty clubs in the Southern District and five County Federations. In speaking of the Department of Agriculture Mrs. DeNyse said that the Department recommends that all clubs study the work of the State Agricultural College with reference to all their plans for extension work in home economics, and seek to find ways in which to aid constructively in developing a proper system of extension work. One that will meet the actual conditions of farm homes in our State.

### EDUCATION

In a most comprehensive report by the Chairman of Education Mrs. George W. Beattie, she states that again the departments of Industrial and Social Conditions, and Education have joined forces and are continuing the work of Americanizing the immigrants. In order to make it possible to maintain night schools in rural districts the present unsatisfactory school law will have to be amended. To this end a questionnaire has been sent out to each club president by the State Chairmen of the two departments. All clubs of the district that have not filled out and returned the questionnaire are urged to do so at once. It is hoped also that clubs will feature the work of Americanizing foreigners and eliminating illiteracy in California in their programs during the year, and thus keep the great task of making America a homogeneous nation.

### POLITICAL SCIENCE

Mrs. K. D. Harger in her report recommended that the clubs study the local government,—the city or village in which we live, and learn how different officers are elected or appointed and what are their respective duties. That the subject be approached for the purpose of information and not with a spirit of criticism. In the county study the workings of the county organization, find out how the money for the support of the county government is raised and how it is spent.

### FEDERATION EXTENSION

Mrs. Clarence White reported that since her appointment in May, three clubs have joined the District—the Yucaipa Woman's Club, the Saturday Afternoon Club of Mecca, and the Varde Study Club. An effort is being made to organize a club in Victorville and one in Nuevo.

### HOME ECONOMICS

The chairman of this department, Mrs. Jean H. Grubb, reports nineteen sections doing special work in Home Economics. It has been demonstrated that the humdrum life of the kitchen can be made interesting and even a delightful recreation. Some sections deal with the simple cookery experiences while others delve into food values and the causes of the high cost of living. The chairman commends that feature in the work of most of the Home Economics sections that of combining charity with their efforts towards better home-making.

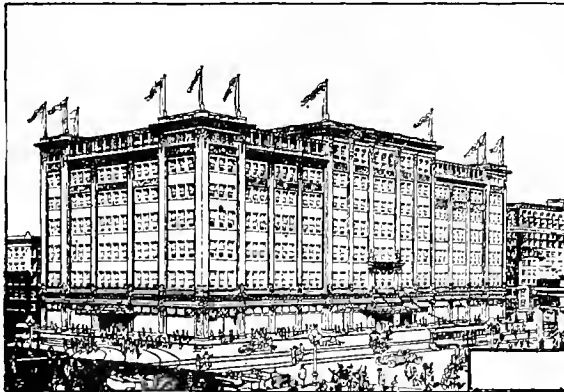
### SOCIAL SERVICE

In order to broaden the scope of the department of Philanthropy the name was changed to that of Social Service, and placed as a sub-committee under Industrial and Social Conditions. While the spirit of giving is to be commended it is the aim of this committee to do constructive work. Mrs. Homer Lash, Chairman of the Social Service Committee found thirty-one clubs doing some charity work. She reported at length the splendidly organized work of the College Woman's Club of San Diego. This club two years

ago started a social settlement Neighborhood House in the poorest section of San Diego, where congestion, bad housing and a large foreign population existed. It has become the center for all Social Service work in that city and is doing an untold amount of good not alone to the unfortunate but to the women themselves in that it is teaching them the true meaning of charity.

### LEGISLATION

When women were given the ballot the department of Legislation at once came into importance. Mrs. A. J. Lawton, who leads this department, reports that she by virtue of being a member of the Women's Legislative Council, has been able to keep the clubs in the Southern District in touch with the legislative bills that the women are to present to the next Legislature. She has spoken before clubs and two of the County Federations of the District on the important amendments that were voted upon at the November election and on legislative measures both State and Federal in which women were particularly concerned. Mrs. Lawton emphasized the importance of co-operation among the clubs and the need of concentrated action in legislative measures that are vital to the interests of women and children. She asked each president to take an active part in educating her club members in these important bills.



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## MUSIC

"It is the song you sing and the smile you wear,  
That makes the Sunshine Everywhere."

The appointment of a chairman of Music in each of the counties by the County Federation president was reported by Mrs. Alba J. Padgham as the most important thing accomplished in her department. And Mrs. Padgham asked that the courtesy of the clubs be extended to these chairmen in order to make the chain complete between the individual club, the District and the State.

## PRESS

Mrs. Warren Currier, in her message to the convention said that it is rather difficult to estimate results, since the effectiveness of the Press Department can only be known by getting in touch with the readers of "The Clubwoman." The department of Press is the advertising end of the club work, and The Clubwoman is the trade journal of our profession.

Personally, the reports of the achievements of the different clubs which are sent to me, and which in turn I prepare and send to The Clubwoman have been a great source of inspiration and education to me; and I cannot help feeling that if our official magazine is read in the same thoroughness with which a business man reads his trade journal it cannot be other than a great benefit to its subscribers.

## PUBLIC HEALTH

Mrs. J. F. Seymour, claimed for the Public Health Department first place in the Federation, and she earnestly sought the co-operation of the individual as well as the club in helping to make this year a notable one in regard to health work. On October 1st, 1916 the new milk law went into effect. Perhaps no health law has ever been enacted of such vital importance to all as this one, for it insures the babies good milk, and is a long step in the right way towards the prevention of tuberculosis. It is imperative that this law be enforced, and for this purpose a bill is now being prepared to present to the next legislature dividing the State into six Health Districts each having trained officials to supervise all laws of sanitation. Club women should work for this bill.

## MUSIC OF THE CONVENTION

At the formal opening of the convention Tuesday evening, the University of Redlands Concert Octette sang with splendid spirit and compelling rhythm "Blue Danube Waltzes." The audience was swept along with billowy waves of sound, retracing with delightful intimacy each familiar and loved phrase of that old favorite.

The business sessions were opened with unison singing, the State Chairman of Music, Mrs. Carrie Stone Freeman, Soprano, Mrs. Alba J. Padgham, Southern District Chairman of Music, pianist, a Cor-

netist, leading the convention. America, O Beautiful My Country, My Old Kentucky Home, America the Beautiful, and many others were sung with most hearty enjoyment.

In harmony with the Conservation group, Forests, Waters, Birds and Wild Life, Mrs. Carrie Stone Freeman whistled by request some of the meadow lark calls which she has heard from the birds at her home in Los Angeles.

Two charming musical programs were given. One was an organ recital given on November 15th by Mrs. Edith R. Smith, organist, and Mrs. Horace Slater, contralto. It came as a restful calm after a busy day of convention work.

Another musical treat was the concert given by the Spinet Club complimentary to the Contemporary Club for the Southern District Convention.

The numbers given by the Philip Goodwin String Quartette were rendered with good expression and gave pleasure to all who heard them. They were assisted by Madame Lord Wood at the piano. She also played a selection from Rigoletto arranged by Liszt. Her perfect technique and beautiful pianissimo effects were greatly appreciated by all music lovers.

The vocal artist was Miss Georgianna Strauss, who is a singer of rare ability, and possesses a sympathetic voice of wonderful range. The bird songs were especially enjoyed.

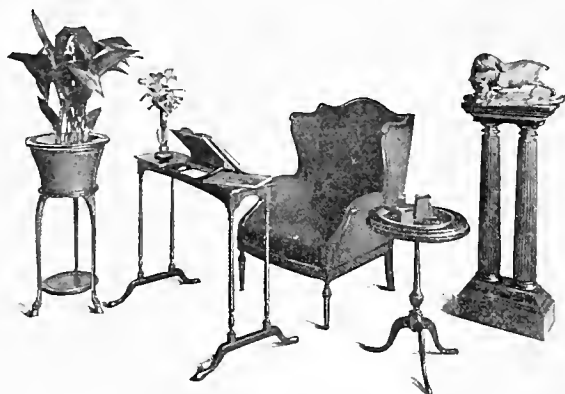
## CONVENTION PLAY-TIMES

The banquet with its aftermath of wit and wisdom was a pleasant interlude in the routine of the convention. The ship was taken as the symbol of the Federation. The following is a list of the toasts:

Toastmistress, Mrs. Arthur Strong; The State Fleet, Mrs. E. D. Knight; The Southern District Ship, Mrs. C. C. Arnold; The Mates, Mrs. George Butler; The Pilots, Mrs. M. A. Bausch; The Stokers, Mrs. F. J. Mueller; The Chart, Mrs. R. J. Waters; The Anchor, Mrs. George Cole; The Lighthouse, Miss Arlena Chapin; The Cargo, Mrs. Sarah Johnson; The Port, Mrs. H. E. Denyse; Sister Ships, Mrs. W. C. Mushet; Logbook, Mrs. A. J. Lawton.

The place cards were dainty marine views and the nut-baskets paper ships. Both were the work of Mrs. George Cheney, Art Chairman. In this same line must be mentioned the conference luncheon given by the different churches during the convention. For each Department and Chairman, were reserved special seats, so that those interested in the same line would be able to meet. Most artistic posters made by the Redlands High School students designated the various Department tables.

Mrs. Frary Allen of Redlands entertained at luncheon for Mrs. Josiah Evans Cowles, Mrs. George Hancock of Salt Lake City, and the officers of the State, District and local convention committees.



*The articles shown in the accompanying illustration are particularly gifty and typical of the many other suggestions offered.*

## The California Furniture Company Presents a Wonderful Gathering of Unusual Suggestions for Christmas Gift Seekers

But few stores anywhere in this country show such truly interesting and comprehensive selections in really worthy gift suggestions as you will find here. The commonplace has no part in the "California's" showing, and yet you will find very useful gifts here that you will be proud to give, priced even as low as a dollar or two.

The "California" extends to the Club Women and their friends a very special invitation to come and see this wonderful array of distinctive gifts.

MARTHA WASHINGTON WORK TABLES of solid mahogany, from the celebrated Cowan shops—\$17.50.

Other WORK TABLES—\$10.00, upward.

DINNER WAGONS of Solid Mahogany and Early English Oak. About 25 different styles shown—\$12.50, upward.

Beautiful FERN STANDS—\$12.00, \$15.00, \$17.50, \$20.00, up.

COLONIAL GATE-LEG TABLES—\$16.50, \$27.50.

ANTIQUE GOLD TABLE LAMPS—\$10.00 to \$37.50.

ELECTRIC DESK LAMPS—\$2.50, \$3.50 and up.

MAHOGANY CANDLESTICKS—\$1.50 and upward.

MUFFIN STANDS—\$6.50, upward.

New Mahogany Framed MIRROR PLATEAUS—\$3.75.

GOLD TOILET HAND MIRRORS—\$4.00.

DOWN-FILLED SILK LIBERTY PILLOWS—\$12.00, up.

The above suggestions give only a hint of the hundreds of gift things you will see here. We suggest early selection.

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BROADWAY NEAR SEVENTH 644-646

The Down and Outs luncheon and meeting was one of the events of the convention. Members of the State honor club had been invited by the president, Mrs. C. C. Arnold to take part in the work of the convention. Mrs. W. C. Mushet, vice-president of the club presided. The secretary was instructed to send a letter to Mrs. L. E. Darling of Riverside expressing the sympathy of her co-workers in her bereavement.

Through the courtesy of the Contemporary Club, delegates and visitors were taken for an auto ride to Smiley Heights and over the famous Serpentine Drive. The Hollow Hill dairy, owned by Mr. G. W. Wilder of New York was visited by several of the delegates. This dairy is a model in best methods of handling milk and in sanitation. The Day Nursery, the pet charity of the Contemporary Club, was also visited under the guidance of Mrs. Halsey W. Allen and best methods of handling babies were observed. Pure milk and babies, somehow seem to belong together.

The Organ Recital and the delightful chats over the tea-cups at the close of the afternoon sessions will be remembered by the visiting club women as the play-time session of the Redlands convention.

A number of delegates to the convention were D. A. R. members. To those delegates, on the last day of the convention, Mrs. Frary Allen gave a luncheon.

#### EXHIBITS AT THE CONVENTION

The Arts and Crafts exhibit under the management of Mrs. George Cheney of San Diego, District Chairman of Art, was most attractive and represented much hard work. Beautiful and artistic specimens of hand hammered brass and copper, burnt leather, and many other articles of craftsmanship were on exhibition.

To Mrs. Katherine J. Hunley and Mrs. Marie Kendall, artists of Redlands the convention was indebted for a loan of their pictures which were hung in the Hotel Lobby of the convention headquarters.

The exhibits of California Flora with botanical classifications by Mrs. George Robinson; the display of silk worms and cocoons, arranged by Mrs. Flora M. Pyle; and the Indian Laces exhibited by Mrs. John W. Davis of Redlands, who spoke on Lace Making at one of the afternoon sessions, attracted a great deal of attention, and in educational value were well worth a trip to the Redlands Convention.

#### THE BUSINESS OF THE CONVENTION

The Business of the sessions, owing to the preparedness and efficiency of the officers of the Districts and the various Committees was conducted in a most business-

like manner. Mrs. Sarah M. Johnson the parliamentarian did not have to untangle even one parliamentary tangle because there was none. Even the State Parliamentarian, Mrs. Annie Little Barry, would have given her approbation.

The Reports of the District officers showed the affairs of the District in good working order. The Credential Committee report showed 130 voting members in the convention.

An interesting report of the State Convention at Del Monte was given by Mrs. A. H. Griswold of El Centro, while Mrs. R. F. Garner told the story of the New York Biennial.

Mrs. B. F. Hopkins of Colton The Clubwoman Contest Manager for the Southern District, explained the terms of the contest. Mrs. A. J. Lawton, Mrs. C. C. Arnold, and Mrs. E. D. Knight spoke of the value of The Clubwoman to the clubs of the State and urged those present to take the magazine and in every way possible aid the contest that will mean so much for the work of the Federation throughout the State.

Among the more important resolutions adopted by the convention was one warmly commending the movement, which originated with the Parent-Teacher Associations, for the establishment of a school farm of the Davis type in connection with the State Citrus Experiment Station at Riverside. Another resolution condemned in vigorous terms the efforts which are being made to deprive the Indians in certain localities in California of their land or water rights. Another resolution that was enthusiastically passed voiced the appreciation of the club women of the District for the services which Miss Ellen B. Scripps has rendered to the interest of Science and Education and especially for her recent act of public spirit in preserving for public use the land near La Jolla on which the famous Torrey Pines are located. Resolutions of sympathy were adopted and ordered sent to Mrs. Mary E. Darling of Riverside, Past District and State President, who has recently suffered the loss of her husband.

The following officers were elected: President, Mrs. C. C. Arnold; Vice-Presidents, Mrs. F. J. Mueller, Mrs. W. W. Apple, Mrs. J. W. Newell, Mrs. J. J. Sness, Mrs. George Butler; Recording Secretary, Mrs. Arthur E. Strong; Corresponding Secretary, Mrs. M. A. Bausch; Treasurer, Mrs. Genevieve Carpenter; Auditor, Mrs. J. A. Garren; Member State Nomination Committee, Mrs. H. E. DeNyse; Member State Credential Committee, Mrs. E. D. Mueller.

Riverside County, through the courtesy of the County Federation President, Mrs. T. C. Jameson, extended the invitation for the next District Convention.

## TO THE WOMEN VOTERS OF CALIFORNIA

(Lines Suggested by an Article in "The Los Angeles Tribune," Entitled "Unjust Laws," by Henry James)

Our women are brainy and willing to work—

Not one of them all would encourage a shirk.

Some meet at their club rooms, and talk by the hour

Of rights of the city—the party in power;  
Of highways, and byways and immigrant laws,

And even of roosters, and cats and their claws.

But—sad to confess—they're lamentably slow

In grasping this fact: They are "in statu quo"—

The state of a child—of a menial, yea, worse,  
As far as the law goes in touching their purse.

The good wife may labor from morning till night,

May bear and rear offspring in ways declared right,

Do washing and scrubbing for others, besides,

To eke out the living her husband provides;

But if he's dishonest, or slack at his job,  
A tippler, a gambler, or simply a snob,  
Her earnings are his, to spend as he will,  
Though she may be hungry and worried and ill!

The same with the children, until they're of age—

A father, by law, may demand every wage.

Some kind-hearted husbands and fathers,  
'tis true,

Have deeded joint holdings, with little ado,  
To wives whom they love; and their children have found

No wish to defraud them, however they're bound.

Such deeds are like promises—kept while it's clear

The parties who made them are able to steer

Their own craft. Should trouble befall, then the wife

May look—but in vain—for the law to aid strife

For her rights! The property's his!—Don't you know?—

Without her consent, he may deed it, or no!

'Tis almost as bad as that terrible vote,  
Which once on a time bore a stigma of note:

Allowing the fathers might will as they would,

Their babies unborn, though the mothers withstood.

(Continued on Page 25)

# A Gift from California

Send a box of "Famous Banner Brand Oranges" packed expressly for the holidays in the Mission Packing House—Riverside

Souvenir Box - \$1.00

Half Box - - - 3.75

Full Box - - - 5.75

These prices include all express charges. We guarantee—prompt delivery—quality of fruit—Satisfaction. We operate six packing houses in California as well as the Famous Mission Packing Houses at Riverside.

SEND A BOX HOME

Mail orders today accompanied by Check or Money Order to

## Sutherland Fruit Company

RIVERSIDE, CALIFORNIA

W. F. Mc Shane  
President

T. G. Kennedy  
Vice President

D. J. Varnes  
Secretary

## Music

### REPORT OF STATE CHAIRMAN OF MUSIC, TWO SOUTHERN DISTRICTS

(Mrs. E. W.) Carrie Stone Freeman

Since writing my last letter to The Clubwoman I have had the great pleasure of attending and speaking at four county conventions and one district convention, as follows:

October 20—San Bernardino County, at San Bernardino.

October 21—Orange County, at Garden Grove.

October 23—Riverside County, at Riverside in Fairmount Park.

October 26 and 27—San Diego County, at Coronado Hotel.

November 14 to 17—Southern District convention at Redlands, where everything was done to make everybody comfortable, happy, and contented. These conventions and many reciprocity day programs have been a wonderful inspiration as well as a great help in getting better acquainted with the individual members of the clubs. Personal contact means much more than can readily be estimated by even the most sanguine.

Louise Carola Davis (Mrs. Eugene E. Davis) must be accredited with one of the most unique programs offered the Pacific

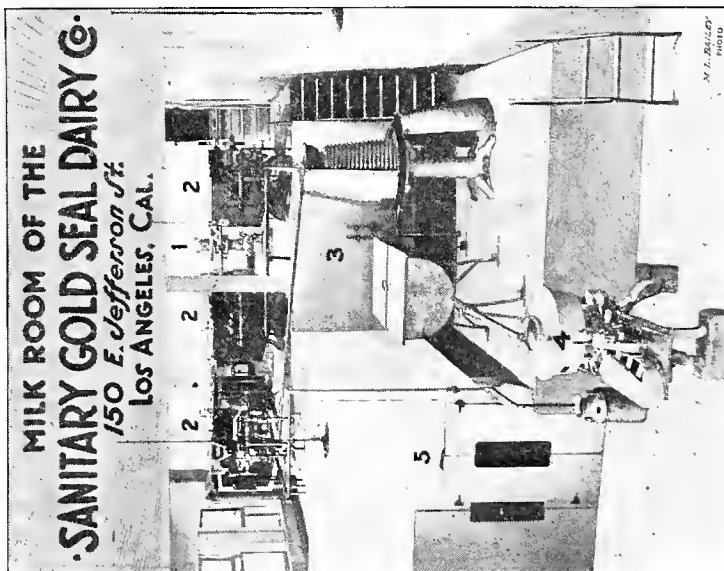
Coast public this season.

Her appearances are always greeted with pleasure. This season she is presenting a charming entertainment of Wild Song Bird melodies chosen from the writings of the masters. Mrs. Davis has spared no efforts in her research to secure the most authentic musical compositions and interpretative work relating to the many birds she presents, with a concise annotation of their habits, location and other various interests. She brings to her audience the artistic culture of a beautiful coloratura soprano with which to meet the difficult requirements of the composers from whose works she has chosen her recital.

Mrs. Davis has appeared before various clubs in Los Angeles and vicinity, also two engagements in San Diego. After the holiday season she will be heard northward and we bespeak for our friends many a delightful evening.

### ATELIER PROGRAM

On Saturday afternoon, November 25, was given the first afternoon program of the year of The Atelier, 339 Blanchard Hall. The numbers were exclusively American and included violin selections from contemporary composers such as Burleigh, Edwards, Parke, Chadwick, etc.



MILK ROOM OF THE  
**SANITARY GOLD SEAL DAIRY CO.**  
 150 E. Jefferson St.  
 LOS ANGELES, CAL.

- 1 CLARIFIER . . . . IN CLARIFYING MILK WE SAFEGUARD THE HEALTH OF OUR PATRONS.
- 2 HEATER & RETARDERS . . . MILK HEATED TO 140 DEGREES & RETARDED 30 minutes DESTROYS BACTERIAL LIFE.
- 3 MILK & CREAM COOLER . . . THIS COOLS THE MILK NEARLY TO THE FREEZING POINT.
- 4 AUTOMATIC BOTTLE FILLER & CAPPER . . . HUMAN HANDS DO NOT TOUCH MILK OR CAPS.
- 5 STERILIZING OVENS . . . ALL BOTTLES ARE STEAMED 30 MINUTES WITH LIVE STEAM.

N. L. BULLLEY PHOTO



### REPORT OF CHAIRMAN OF MUSIC OF THE SOUTHERN DISTRICT (Mrs. Alba J. Padgham)

The year's program of the music section of the Santa Ana Ebell Club consists of the study of present day composers and singers. Delightful programs are given monthly,—and for the December meeting the section will go to the Orange County hospital and give a program.

November 25 there was a fine musical program given at the regular meeting of the Santa Ana Ebell Club.

Miss Frieda Peycke charmed her hearers, and Mrs. James S. Rice gave two vocal solos, accompanied by her son, Jas. Willis Rice, with the violin, and Mrs. Alba J. Padgham at the piano.

The music section of the Anaheim Ebell Club was entertained on November 18 at the Fullerton high school, and a good program was given. The District Chairman was invited and gave a talk on the Los Angeles Symphony and urged everyone to go whenever possible. Light refreshments were served and everyone enjoyed a social time.

On December 2 Mrs. Padgham and Mrs. Margaret Gehrett of Santa Ana gave a musical program at the regular meeting of the Ebell Club. They will give a program at Tustin on December 8 and will assist on a program at Orange on the 18th of December.

Most of the Club now have some musical numbers on the programs.

## ATELIER BLANCHARD HALL

FISKE

BERTHA  
*Reader*

KATHARINE  
*Violinist*

### PROGRAMS

## *The Eleanor Miller School*

OF EXPRESSION AND MUSIC

Pasadena, California  
Complete Courses in

Expression, Dramatic Art, Physical Culture  
and Literature

DEPARTMENT OF MUSIC

Voice, Violin, Piano, Harp, Organ

Competent instructors in all departments  
For information address

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## A Splendid Gift and a Wise Investment



The purchase of a Starr Phonograph as a gift for the family will make your Christmas appropriation a wise and permanently gratifying investment for the home.

Its Sounding Board Horn and Throat of Silver Grain Spruce, an exclusive feature in the Starr is based on the same principles of tone building applied in pianos and violins and gives to the Starr a beauty, richness and clarity of tone unequaled in any other reproducing instrument.

It plays all makes of disc records.

Write at once for catalogue or, if possible, call and hear this truly wonderful instrument.

## The Starr Piano Company

Factory Salesrooms

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Los Angeles

# HOME DEPARTMENT

## PROTECTING THE PUBLIC

The advertisements of foods and foodstuffs which appear in this and coming issues of The Clubwoman are from firms which have in every respect conformed to the rigid requirements laid down by the Department of Health, C. F. W. C., as a part of its present campaign for the protection of the public through the elimination of impure foods and food materials. In every case, before a food advertisement is accepted for the official magazine of the Federation, the plant or establishment is thoroughly inspected by a special committee named for the purpose by the Department of Health and composed of qualified experts on the subject. The appearance of such an advertisement in The Clubwoman is consequently prima facie evidence of purity, reliability and patronage worth.

At the head of the department's committee of inspection is Dr. Lulu H. Peters, M.D., Chairman of the Department of Health for the Los Angeles District, member of the clinical staff of the Los Angeles County Hospital, and of the University of California's Los Angeles Postgraduate School, special examiner Los Angeles State Normal School and instructor of Infant Feeding at the County Hospital. The work of the committee has now been extended to include the inspection of laundries and other establishments whose work affects the public health.

## HOME INDUSTRIES AND THE COST OF LIVING

The present era of high prices is by far the most serious problem which today confronts the poor, the persons of average means and even the well-to-do of California. There is no one of such plethoric purse indeed, who is not vitally affected by the soaring cost of mere living and the potential means to alleviate the condition constitute a subject to which the best thought and most direct endeavor of every citizen may be well devoted. By reason of their exceptional facilities for the molding of public opinion by precept and example it is a golden opportunity for the federated club women of California to actually accomplish a great service alike to the humblest and the highest of the State.

A careful study of the conditions to be met has convinced the Federation editors of The Clubwoman—as it will convince anyone devoting a little thought to the mat-

ter—that the most direct and feasible solution of the problem of living cost, with its correlated question of low wages and unemployment, lies in the patronage of California industries.

Home products, quality for quality, are obviously less expensive to produce and market than those which must be shipped at high freight and insurance rates from the manufacturing centers of the East. Further, if home products are consistently sought by the purchaser, it means a doubled and even quadrupled demand for them—a demand which will be automatically supplied by the manufacture of two, three and four times as much of the product. This increase of production means an exactly commensurate increase in the number of persons employed. More persons employed means a better labor market and fewer idle persons. It means a greater amount of money kept in lively home cir-



## BESGRADE FLOUR

is the ONLY flour in Southern California that is packed in sanitary, PAPER-LINED, dirt-proof sack. It is 100 per cent "clean and good." Thousands of housewives have found it to be the BEST AT ANY PRICE for bread, biscuits and pastries. Bake your own bread with "BESGRADE" and save 40 per cent of your bread bill.

GREAT WESTERN MILLS

10794

Main 2243

culution. It means better wages by the inevitable law of supply and demand. All these things spell easier money, more prosperity, lower prices and less poverty.

The Home Industry League of California is urging its 25,000 active and "auxiliary" membership to unite in the present holiday trading season to "Make-it-a-Home-Industry-Christmas." Besides the factory owners of the State, which constitute the active membership of the league, it has many thousands of housewives who are pledged to give the preference every time, in any of their purchases, to articles made or grown in California,—provided the price is not greater than the similar article which is imported from the East or from foreign lands. Fifteen million dollars will be spent by the people of California for Christmas gifts this year. If all this money is spent with the merchants of the State, and if each purchaser insists on "looking for the label" to see that the article is "Made in California," the coming winter will see few or no unemployed people on the streets, with the further assurance that there will be few burglaries by men thrown out of work by California factories.

To help housewives and others in their selection of Christmas gifts from among articles made in California the following list of suggestions is being sent out by the



## The Utmost in Biscuits

Usually found under the well known "Swastika Seal of Bakery Perfection."

Note the mark and insist upon it from your grocer.

PACIFIC COAST BISCUIT CO.

## Arden Dairy Certified

Robbins' Ranches, El Monte, Cal.

### Certified Milk and Cream

The only certified dairy in Los Angeles County.

Deliveries in Los Angeles, Pasadena, Hollywood, Long Beach, Ocean Park, Venice, Santa Monica, Hermosa Beach and Redondo Beach.

Specify "Certified" for your infant.

It's worth while! Ask your doctor.

General offices 1963 Santee St., Los Angeles, Cal. Home Phone 24485.

Sunset South 2242

Uptown Agency: Red Rose Butter Shop  
211 W. 4th St., Los Angeles

*Interesting Booklet on Request*



# Kellogg's Ant Paste

will make Ants disappear  
from any house within  
twenty-four hours

## 25c

For Sale at all Druggists

League: Aprons, art novelties, art souvenir post cards, automobiles, auto tires, auto supplies, awnings, breakfast foods, brooms, brushes (clothes, floor, wall), biscuits, beverages, blankets, Burl redwood, candy,

### WHITE KING

White  
For the Laundry

### WESTERN STAR

White Floating  
For Laundry or Bath

### CALLA LILY BORAX

White Coconut Oil  
For Bath and Shampoo

### COCOA NAPTHA

Yellow  
For The Laundry

### MERMAID WASHING POWDER

Softens the Water

### ANVIL PUMICE

Toilet  
For the Autoist  
Sufficient Assortment for any Family

**LOS ANGELES SOAP COMPANY**

candied fruits, canned goods, catsup, crackers, cereals, coffee, condensed milk, comforters, draperies, extracts, electric washers, electric lamps, electric flashlights, electric fixtures, electric auto supplies, flour, fruits (canned, preserved), furniture, furs, grape juice, ginger ale, gas fixtures, gloves, hams, honey, home furnishings, hand-wrought metal art fixtures, hats, heaters, house dresses, jams and jellies, jewelry, jewelry boxes, knitted goods, kitchen utensils, macaroni, maps, mineral waters, middy blouses, motor trucks, neckties (men), neckwear (women), olives, olive oil, outing goods, optical goods, pianos, pickles, preserves, paper towels (crinklet), raisins, root beer, ranges, sardines, salad oil, soups (canned), spaghetti, spices, stoves, sweaters, shirts, shoes, suit cases, soap, table waters, teas, towels, ties, tents, trunks, traveling bags, washing machines, waists.

December 1, 1916.

To the Editor of the Clubwoman,

Brack Shops, Los Angeles, Cal.

Dear Madam:

We wish to thank the California Federation of Women's Clubs, Los Angeles District, that through the Chairman of Public Health, Dr. Lulu H. Peters, we were able to secure the publication of the milk ratings in the daily papers.

This is an accomplishment of great importance because it will undoubtedly do more to raise our standard of milk purity than any other factor; and we wish you to know that we fully appreciate it, as we were unable at the last scoring to get publicity.

Respectfully,

L. M. POWERS, M.D.,

Health Commissioner.

The list of dairies and their scores follow:

#### CERTIFIED CLASS

	Score
Arden Dairy	93.85

#### SPECIAL CLASS

L. A. Creamery Special	94.59
B. & F.	94.4
Elliot-Brant Ranch	94.35

#### PASTEURIZED CLASS

Crescent Family	94.73
Crescent Wholesale	92.6
Imperial Dairy Co.	92.1
Sanitary Gold Seal	91.88
New Sanitary	90.15
L. A. Creamery—Family	89.81
L. A. Creamery, Pasadena Branch—Family	88.0
Hansen	89.5
Alpha Western	88.7
California	88.5
L. A. Creamery, Pasadena Branch—Family	88.0
Asahi	81.4
Burr Creamery	78.0

Makes  
A Delicious  
SANDWICH

Ask your  
Grocer  
About

A Vegetable  
Production  
100 %



Stimulates  
The Epicureans  
APPETITE

Pure  
California  
Olive Oil

White Cross  
& Blue Seal  
OLIVES



**RALPHS GROCERY CO.**  
**SELLS FOR LESS**

(Highest Quality Goods)



# L. A. Health Department

Announces the result of another four  
months' investigation of all city dairies

## CRESCENT PASTEURIZED MILK

### Wins First Place a Second Time

In the first scoring of all Los Angeles dairies, made last July Crescent milk was awarded both first and second places.

In the scoring just completed by the Health Department Crescent Milk again won both first and second places with the remarkably high score of 94.72 on family milk (pasteurized in the bottle) and 92.60 on wholesale milk.

EVERY DAIRY IN THE CITY WAS SCORED IN THIS CONTEST

### What Did Your Dairy Score?

*Call Up the Health Department and find Out*

Science today recognizes pasteurized milk as the only safe milk. In many cities only pasteurized milk is permitted to be sold.

Crescent Milk won both 1st and 2d places in City Health Board scoring, July, '16.

Crescent Cream won first place in State scoring contest, Sept., '16.

Crescent Milk won second highest in State scoring contest, Sept., '16.

Crescent Milk won second highest in U. S. National scoring contest, Oct., '16.

Crescent Milk won both 1st and 2d place in City Health Board scoring, Nov., '16.

If you are not receiving this, the best milk produced in Southern California, telephone today and our wagon will call

## CRESCENT CREAMERY CO.

This plant also supplies the milk sold by	
Laguna Dairy, Lillian Belle Dairy, Keller's Dairy and Steinberg's Dairy.	
L. A. Creamery—Grocery.....	75.36
Mutual.....	74.09
RAV CLASS	
Hobart Ranch, Boyle Heights.....	96.9
Melrose, Hollywood.....	95.4
Belvedere, Boyle Heights.....	95.2
Weaver, Highland Park.....	94.6
Eldredge, Manchester Avenue.....	94.3
Williams, El Monte Road.....	94.2
Durning, San Fernando Road.....	94.2
Pico Heights, Pico Boulevard.....	94.2
Liberty, Elza Street.....	94.1
Vervoor, South Main Street.....	94.1
Holland, Highland Park.....	94.0
H. Davis, South Park Avenue.....	93.9
Howard, South Alameda Street.....	93.8
Sherman, at Sherman.....	93.7
Hollywood Palms, Hollywood.....	93.7
Mt. Washington, Highland Park.....	93.6
Eastside, Schutzen Park.....	93.6
Magnolia, Hollywood.....	93.5
Venice, Hermon.....	93.4
Maine, Boyle Heights.....	93.4
C. E. Smith, Boyle Heights.....	93.3
Paquette, East Hollywood.....	93.3
Jap Home, Boyle Heights.....	93.3
Fruchtman, Boyle Heights.....	93.2
Baertschegeer, El Monte.....	93.0
Owl, Slauson Avenue.....	92.8
New Home Jersey, W. Wahington Street.....	92.8
Foremost, Hyde Park.....	92.5
Green Meadow, South San Pedro Street.....	92.4
Porter, East Hollywood.....	92.4
Moore, Highland Park.....	92.3
Ivanhoe Dairy, Ivanhoe.....	92.2
New Venice, South Central Avenue.....	92.1
Angeleno, Ivanhoe.....	92.0
Sunnyside, West Ninetieth Street.....	91.9
Duncan, Highland Park.....	91.7
Owens, West Pico Street.....	91.7
Alexandria, Elysian Park.....	91.65
Purity, West Washington Street.....	91.4
Empire, South Park Avenue.....	91.4
O. K., Boyle Heights.....	91.4
Piedmont, Tropico.....	91.2
Murray, Newmark.....	90.9
Lone Star, Boyle Heights.....	90.6
New Mission, Mission Road.....	90.5
Drago, East Los Angeles.....	90.5
Maple Leaf, Hyde Park.....	90.5
Crystal, South Hoover Street.....	90.5
Rose Hill, Mission Road.....	90.3
Great Western, Boyle Heights.....	90.1
East Hollywood Foothill.....	90.0
Golden Jolly, Palms.....	89.9
Belle Mead, Hyde Park.....	89.9
Hamilton's Jersey, Sherman.....	89.5
Baltic, Boyle Heights.....	89.5
Yamato, Boyle Heights.....	89.5
Archey, Highland Park.....	89.5
Sunset, Hyde Park.....	89.45
Edelweiss, West Adams.....	89.4
Newton Ranch, Bairdstown.....	89.2
Excelsior, East Hollywood.....	89.1
Eastlake, North Soto Street.....	89.0
Kravchik, West Twenty-fifth Street.....	89.0
Rose, Hollywood.....	89.0
Bertiz, El Monte Boulevard.....	88.9
Carrett, Highland Park.....	88.9
Swiss, South Central Avenue.....	88.4
Angelo, Elysian Park.....	88.3
T. F. Moore, Hollywood.....	88.0
E. Brown, Highland Park.....	88.0
Peters, Highland Park.....	88.0
McCargar, Watts.....	88.0
New Los Angeles, South Soto Street.....	86.5
Hoosier, South Main Street.....	86.5
Hilltop, Boyle Heights.....	86.5
Champagne, East Hollywood.....	86.3
Private, South Figueroa Street.....	85.8
Wilshire, Burbank.....	85.7
Jersey Farm, Cienega.....	85.3
Mizera, Watts.....	85.1
Mt. View, Boyle Heights.....	84.9
Spring Valley, West Washington.....	84.8
New Home, Bairdstown.....	84.5
Angelus, Boyle Heights.....	84.45
Moneta Jersey, Hyde Park.....	84.0
Eureka, San Fernando Road.....	84.0
Jose, Nadeau Avenue.....	83.9
Osborne, West Ninetieth Street.....	83.7
Southwestern, Pico Boulevard.....	83.25
Little Lake, West Third Street.....	83.0
Golden West, West Ninetieth Street.....	82.6
Arlington Heights, West Washington Street.....	82.5
Gold Medal, Manchester Avenue.....	81.2
Simons, Gardena.....	81.2
Focht Bros., Vernon.....	80.5
Sterling, Bishop Street.....	80.4
Rosslyn, Newmark.....	80.2
Standard, Manchester Avenue.....	80.0
Wade, Boyle Heights.....	78.7
Lily, Maie Avenue.....	76.7
Meadow Gold, Boyle Heights.....	76.7
Holland Jersey, Sherman.....	76.4
Asti, El Monte Road.....	75.4
Melcola, South Soto Street.....	75.2
Lockard, East Slauson Avenue.....	72.5
Lawrence Jersey, West Slauson Avenue.....	72.0

*Myer Siegel & Co.*

Garments for  
Women, Misses  
and Children

*"Fleischmann's yeast is splendid yeast. Bake with Fleischmann's yeast".*

The remaining large sized Federation Emblems were placed on sale at the Southern District Convention by the State Chairman Mrs. F. D. Schoneman at cost price—one dollar. The idea is to get back the money expended for them several years ago. The large emblems are no longer made but many still prefer them. Mrs. F. D. Schoneman's address is Box 64 R. F. D. No. 2, San Bernardino.

**DEPARTMENT OF THE INTERIOR—  
UNITED STATES RECLAMATION  
SERVICE**

Washington, D. C., December 4, 1915.  
The Editor.

Club Woman,  
Los Angeles, Cal.

Dear Sir:

I am sending you herewith a recent issue of the Reclamation Record, a monthly magazine, published by this office for the benefit of farmers under the Government irrigation projects. You will note that a section of this magazine is given to the project women and their interests. On the thirty Government irrigation projects there are now more than two hundred women's clubs, most of these affiliated with the State or National federations. I would be glad if you would place this publication on your exchange list as I feel that your magazine would be of great assistance to us in our work.

Very truly yours,  
Chief Clerk. H. P. SEIDEMANN,



**THE WAY TO THE EAST**

**Excellent Service  
TO  
Eastern Points**

Is afforded by two Limited Daily trains from Los Angeles via the popular Salt Lake Route.

**The Pacific Limited at 9:00 a.m.** Arrives at Chicago third day at 9:15 a.m., via Union Pacific and C. M. & St. P. Rys.

**Los Angeles Limited at 1:25 p.m.** Arrives at Chicago third day at 11:30 a.m., via Union Pacific and C. & N. W. Rys. The patronage of club women will be appreciated.

Full particulars at all ticket offices. Los Angeles office, 501 So. Spring Street. Phone Main 8908 or Home 10031.

# Penny Wise Pound Foolish

The care and methods that are necessary to properly launder any article without unduly shortening its life—cost money.

It is more costly to employ cheap laundry service than to pay the price for the Best.

## QUALITY LAUNDRY

RUN BY A WOMAN

will not resort to cheapening methods. Your most delicate garments are laundered here as carefully as you would launder them yourself.

Inspected and approved by the Investigation Committee of the Women's Federated Clubs of California.

Wouldn't you like to have your work done by such a laundry?

Phone 24660

Sunset 6378

(2)

# THE FRIDAY MORNING CLUB

ORGANIZED APRIL, 1891

940 SOUTH FIGUEROA STREET

THE PROGRAM FRIDAY MORNINGS AT TEN-THIRTY

## Friday, December First

The Morgan Collection of Tapestries. A complete survey with lantern slides.  
Dr. R. Meyer-Riefstahl

## Friday, December Eighth

Colombine, a fairy fantasy—Reginald Arkell.

A Christmas Masque—Margaret Mer-  
ington. Presented by the Drama Stu-  
dents of Lincoln High School. Music  
by the Girls' and Boys' Glee Clubs of  
Lincoln High School.

Members Only

## Friday, December Fifteenth

The Political Philosophy of Shakespeare  
and His Connection with The Found-  
ers of American Liberty.

Charles Miles Gayley

## Friday, December Twenty-second

Christmas Pantomime and Music.

Friday Morning Club Chorus

Members Only

NOTE—Members are requested to be in  
their seats promptly at 10:30.

## Committee Meetings

Thursdays (every Thursday), 10:30

Music Conference.

Chorus, Mrs. Chas. G. Stivers, Director

Tuesday, December Fifth, 12 M.

Book Committee Luncheon.

Three War Novels:

Mr. Britling Sees It Through—H. G.  
Wells.

The Night Cometh—Paul Bourget.

The Dark Forest—Hugh Walpole.

## Tuesday, December Twelfth, 2:30

Public Affairs Committee—Open Meet-  
ing.

Our Relation to Los Angeles Commerce  
and Industry.

Program in charge of the Committee on  
Industrial Relations, Miss lanthe  
Densmore, Chairman.

## TO WOMEN VOTERS OF CALIFORNIA

(Continued from Page 15)

The ballot for women brought change, and  
it may

Prove equally strong in our State, today.

If women but will, they may quickly  
achieve

Great things in all lines, the oppressed to  
relieve.

Till Woman has freedom, Man, too, is a  
slave.

Humanity urges: "Renounce ye 'The  
Cave!'"

Finis.

(MRS. D.) ANNA E. SATTERLEE.

## Gifts—

*From a little shop in our big store  
that will delight all lovers of luxury*

The articles  
are stamped  
with this  
Quality Mark  
of an industry  
that has be-  
come an Art.



*Mullen & Bluett*  
BROADWAY at SIXTH



## LOS ANGELES DISTRICT

### MRS. CLARENCE VAN GRAHAM, Chairman

Mrs. Lloyd W. Harmon, president of the Los Angeles District, has moved to Los Angeles, where she is now located at 137 W. 46th street. Her phone number is 28470.

Mrs. Clarence Van Graham, Press Chairman, urges that the clubwomen in her district give subscriptions to *The Clubwoman* as Christmas gifts, and thereby help out in the contest.

The November board meeting, held the second Thursday, showed great activity among the District Chairmen along their different lines of endeavor. Dr. Maude Wilde, Child Welfare, reported a recent successful baby week, held at Downey; Mrs. W. A. Gallentine, Civics, announced fifteen theaters holding children's matinees; Mrs. A. S. C. Forbes, Landmarks Preservation, is planning to restore the old Cahuenga Chapel where John C. Fremont signed the peace treaty, by turning it into a Woman's Country Club; Mrs. J. T. Anderson, Music, has given concerts at the children's hospital, county jail, juvenile hall and county hospital, and Dr. Lulu Peters, Public Health, is making a campaign to uphold the new State Dairy Law.

At a recent open meeting of the Los Angeles Browning Club, at which its invited guests were Mills College Alumnae, the College Women's Club, Vassar College Club, the Federation of College Women's Clubs and the A. C. A., Dr. Aurelia Henry Reinhardt, president of Mills College, gave a masterly address on "Browning and the Modern Spirit." Miss Ethel Moore, national vice-president of the A. C. A., also spoke, and Mrs. Carrie Stone Freeman, State Chairman of Music, sang a new Browning song, "How I Do Love Thee," which was brought from England recently by Mrs. Milton K. Young, president of the Browning Club.

Since our last publication, the Cosmos Club has held its annual bazaar, at the Ebell clubhouse, attaining great success, not only financially, but by the beauty and artistic decoration and arrangement of the bazaar itself, which was under the general supervision of Mrs. H. L. Musser. This club, presided over by its popular president, Mrs. C. S. De Lano, is one of the busiest and most valuable of the Los Angeles bodies, and its study sections are largely attended. Its departments are Parliamentary Law, three modern language classes—French, German and Spanish, Shakespeare, and a Rambler's section.

The Sierra Madre Woman's Club held their annual chrysanthemum fete and art exhibit in the Woman's clubhouse the last week in October as in former years, and despite the cold weather which prevailed earlier in the season the showing of fall flowers was highly creditable as to quality, though not as abundant as in some years. The showing of the work of local artists proved to be a very attractive feature and one of which Sierra Madre may well be proud. There were nineteen exhibitors. That so many persons could produce work worth showing is a cause for congratulation to the Sierra Madre Woman's Club.

Mrs. Lavinia Graham, past president of the Woman's Press Club, and a well known newspaper woman, is home again in Los Angeles after many months spent in New York, where she was called by the illness and subsequent death of her mother. Mrs. Graham was recently given a welcome home banquet at the Alexandria by a few of her friends. "It is like coming from a dense wood into the sunlight," said Mrs. Graham in response to the speeches of welcome.

Mrs. D. G. Stephens, well known club woman of Southern California, celebrated her seventy-eighth birthday recently at her home in Santa Monica and received congratulations from many club women over the State with whom she has worked for years.

Mrs. Stephens is president emeritus of the Santa Monica Bay Woman's Club. She is still active in all civic and welfare movements, being president of the board of managers of the State School for Girls at Ventura. She has been a member of the Santa Monica school board.

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## ALAMEDA DISTRICT

MRS. A. W. KEITLE, Chairman

On one side of the cover of the tiny folder sent out by the Oakland New Century Club, organized October 1896, is the following quotation, "We help others to help 'themselves," on the other side of the cover is another quotation, "There is no surer way of building for those who come after us than to do the best we can here and now."

In the inside of the folder it tells of the sewing school, the cooking school and of work accomplished. There is a plea to the housewife and mother for old frocks and shoes, little shoes, coats and other things in wearing apparel.

This club was established and founded by Mrs. (Elizabeth D.) Robert Watt, and has been largely maintained through her efforts and ample assistance. It is in a large meaning a sort of Settlement House for the families in the part of Oakland where it was established with the sole aim to be of benefit to the community which is made up of a large number of the foreign born of Oakland's inhabitants.

Each piece of wearing apparel is put in perfect order, the shoes are blackened and have new laces, some are sold as low as two pair for five cents.

The earnest desire of Mrs. Watt, the president, and of her board of directors, is to strengthen character instead of weakening it, and they realize fully that the poor must be self-respecting and must learn the value of money if they are to make good citizens. They must, in a word, "Be helped to help themselves."

This, one of the most useful, interesting and worthy clubs in the State Federation, gave a birthday luncheon on Friday, December 1, the sixteenth birthday anniversary.

The affair was presided over by the presi-

dent, Mrs. Robert Watt; greetings were given from the General Federation by Mrs. E. G. Denniston, from the State by Mrs. Edward Dexter Knight, and from the District by Mrs. Fisher R. Clarke. Other representative club women who have greetings were Mrs. Wm. E. Colby, President of the State Down and Out Club; Mrs. L. F. Cockroft, State Chairman of Home Economics; Mrs. Beckwith, President of the Ebell Club of Oakland; Mrs. A. O. Gott, Adelphian Club of Alameda, and Mrs. L. Ormsby, President of the Oakland Club of Oakland.

The Alameda District will hold its annual convention at Oakland, February 15 to 17 inclusive, with the Oakland Club as hostess. Plans for the meeting are well under way and everything points to a record-breaking convention. The president of the District, Mrs. Fisher Clarke, is chairman of the morning programs, planning them with reference to the various reports, business matters and round tables. The afternoon and evening programs are in the hands of the local committee, of which Mrs. Lucien Langworthy is chairman. Each of the large clubs will be responsible for a day.

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## SAN JOAQUIN DISTRICT

MRS. J. E. F. EDWARDS, Chairman

Mrs. J. E. F. Edwards, Chairman, Fresno  
All through the San Joaquin District come reports of activities in all the divers departments of club work. The season is unusually advanced along the various lines adopted by different clubs.

The District Board meeting for November was marked by a large attendance, especially from outlying towns, all enthusiastic in their undertakings and with splendid reports for the short term in progress.

Mrs. A. B. Armstrong, president, gave interesting accounts of her visits in the district to many clubs, speaking generally on the theme, "Co-operation." She reported requests for speakers to address the more distant clubs. The work of the Federation chairman and secretary has been so successful that of the sixty-four clubs of the San Joaquin District only three are not as yet affiliated with the State, but expect to be.

The Home Economics section of the Welcome Club of the West Side Oil Fields, Coalinga, celebrated their opening with a demonstration of domestic science. At the home of Mrs. S. H. Hain, Mrs. Mary Voorhies Davenport gave instruction in canning fruit, vegetables and meat, and also in the art of preserving and the making of jellies. The section is continuing the course undertaken last year and is realizing the advantages possible to towns without a school course in domestic science, in the help afforded by such experts as those engaged in the work under the direction of Mrs. Lillian Clark, of the Agricultural Department of the University of California.

A most delightful afternoon was enjoyed by the Clovis Women's Club in the library rooms. The club is studying American cities, and on this occasion, St. Louis was the theme, its early history, romance and literature. Readings from Mark Twain and Eugene Field were interspersed by Mesdames J. W. Weyant, F. K. Sayre and P. H. Benson. At the conclusion of the program, the hostesses for the day, Mrs. F. K. Sayre and Mrs. Howison, served refreshments. A social hour was enjoyed.

A pleasing detour from the regular study session of the Fresno Wednesday Club was the social afternoon on the 25th, when the Program Committee entertained the club at the home of Mrs. F. E. Cook. Mrs. L. R. Willson, chairman of the committee and district chairman of literature, contributed readings of two I-act dramas, by Mary Aldis, delightful bits of comedy that proved irresistible. A clever little drama enacted by two charming children, little Mabel Mappes and Billie Sparrow, with a minuet interlude, was a pretty feature of the program. Beautiful blooms from the famous Cook gardens lent their beauty to the dec-

orations and a Thanksgiving menu was served at the conclusion of the entertainment. The Wednesday is the "Mother Club" of the San Joaquin Valley and will shortly celebrate its twenty-eighth anniversary. Several of the charter members are still enrolled in the active membership list.

### TULARE WOMAN'S CLUB

One of the big events of the Tulare Woman's Club this year was the Reciprocity Day luncheon and program at the clubhouse on Saturday afternoon, November 26. The club had two honored guests, Mrs. Edward D. Knight, president of C. F. W. C., who delivered an address during the program, and Mrs. A. B. Armstrong, president of the San Joaquin Valley District.

The States of the Union and our territorial possessions served as the motif of the luncheon tables.

The attractive programs were the work of the High School. The luncheon was served by the High School under the guidance of the Directors of the Domestic Science and Art Departments.

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## NORTHERN DISTRICT

MRS. J. H. STINEMAN, Chairman

### NORTHERN

The Northern District Executive Board at their October meeting decided to meet all expenses of the district without drawing upon the State treasury, this however will not include the expense of State chairmen who belong in the Northern District.

The president, Mrs. Woodbridge, will not call a meeting of the board during December but will start the new year by appointing her committees for the convention to be held in Marysville March 14, 15, 16 and 17, 1917. On account of illness Mrs. Woodbridge has been obliged to cancel all engagements until after the new year.

Mrs. O. H. Kearns, chairman of Political Science, has offered as a prize one year's subscription to the "Clubwoman," to be awarded at the end of the season to the club having had the best program on "Political Science."

Reciprocity meetings have been numerous and unusually successful the past couple of months.

The traveling art exhibit has two new pictures added by the Executive Board, viz: a colored engraving by Lopez and a lithograph by Isabelle Percey. The exhibit is popular among the northern clubs and is always in demand.

The Monticola Club in Susanville held an enthusiastic reciprocity meeting November 16, which was attended by Mrs. Bradford Woodbridge and Mrs. A. E. Brown of Roseville, Mrs. G. W. McCoy and Mrs. B. F. Walton of Sacramento. The Westward Study Club and Lakeside Literary Club sent representatives.

The Monticola Club was organized in 1912 and federated the same year. Monticola indicates their location. "To dwell in the mountains," it is also the name of a beautiful mountain pine growing in that part of California. This club has accomplished an unusual amount of civic work,

including the establishment of a county library. These women are now co-operating with the school superintendent in an effort to improve the school grounds of Lassen County and are also interested in the erecting of a new monument to the memory of Peter Lassen to replace the one now crumbling to ruins.

Members of the club are active in the board of health, and in the juvenile court. It was instrumental in establishing a kindergarten now in its second year, and printed 1000 copies of the "Monticola Club Cook Book."

The Sheridan Woman's Club held a reciprocity meeting on Thursday afternoon, November 2.

Mrs. Bradford Woodbridge, president of the Northern District, gave an outline of the work to be accomplished in the district for the year.

Mrs. B. F. Wallace, commissioner of rural schools of the Northern District, spoke on consolidation of our district schools and encouraged graded schools.

Mrs. Walter Longbotham, chairman of music, talked on music and presented the club with song books.

Mrs. George Purnell, president of the Tuesday Club of Sacramento, made some very pleasing remarks.

### ANOTHER CLUB HOME

By Mrs. E. R. Cleveland

The members of the Woman's Club of Live Oak, Sutter County, are happy over the prospects of having a clubhouse of their own.

The club was organized in May, 1912, with a charter membership of 44; the object being to form a recognized center for social and mental culture and to encourage all movements for the betterment of the community.

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## SAN FRANCISCO DISTRICT

MRS. W. C. MORROW, Chairman

The San Francisco District of the Federation held an interesting meeting at the Plaza Hotel, November 17th. It was an all-day session with luncheon as an interlude for social greetings. Mrs. Frank Fredericks presided during the day, and in the morning she gave a resume of her trip through Humboldt, Lake and Napa counties. She imbued those who heard her with some of her enthusiasm by her spirited relation of her efforts to enthuse the women of those counties in the cause of Federation. During her trip her magnetism and persistent advocacy for the cause won her many converts. She gave a tea and invited the women to meet her and then made a plea for them to unite with the Federation. Several of the larger clubs acquiesced in joining and she has strong hope that the others will follow their example.

Reports from the various heads of departments of the District were begun by Mrs. Louis Hertz, who spoke of her work in the interest of the civic clubs. One of her points was the desire to have the public school concentrate on a school center and to endeavor to raise the standards of recreation.

Mrs. Alexander McBean of Mountain View made an earnest plea for the conservation of water, not only in the project of saving Clear Lake in all its beauty and purity, but in the economy of the householder in that precious and life-giving fluid.

Mrs. George Merrill of Redwood City made a similar petition for the conservation of forests, and a concrete effort to keep our beautiful forests from being entirely destroyed.

Mrs. W. B. Irish besought her hearers to retain the soft liquid pronunciation of our Spanish names of our cities and towns. She spoke of our splendid heritage and implored that we not lose the picturesque value of this our rich inheritance. She beg-

ged that all who heard her would deprecate the emasculation of our city named for its Patron Saint, St. Francis of Assisi, to the vulgar and offensive use of the odious word "Frisco." Incidentally, Mrs. Irish who is from San Jose gave the Garden City its correct pronunciation.

Mrs. Edward Wales gave a brief report of her work on Employment and Mrs. P. Hamilton of the Tamalpais Center spoke on Social Service. Mrs. F. Losh told of her efforts as Chairman of Social Conditions and Employment, and Mrs. Donald Palmer's talk about what she had done as Chairman of Education and the need of overcoming the illiteracy in parents were listened to with attention. Mrs. North-Whitcomb gave one of her spicy speeches concerning Landmarks and pleaded for more consideration of our valuable heirlooms and traditions.

Mrs. Wheeler told of the work of the Civic Center Club of Salinas in its efforts to have Community Singing. Mrs. Wheeler is spreading the gospel of song wherever she goes.

Dr. Mariana Bertola gave concrete facts concerning her work on Child Welfare and Public Health. She deplored the fact that used text-books were passed on to children and cited numerous instances where tonsillitis, diphtheria and kindred ills had been caused by their use. Dr. Bertola is an enthusiast in her work and is always listened to with attention.

The afternoon was devoted to various matters, and the day's work closed with a forceful address by Dr. Rubinow, who spoke on the necessity of Industrial Insurance. He gave several examples, quoting the prosperous and flourishing condition of Leipsic. He took that illustration because that city is about the size of San Francisco and Oakland. He cited the advantages of the system and left his audience convinced, that rich and poor benefitted alike under its careful and conscientious regime.

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The San Francisco Colony of New England Women was organized in May, 1905; its first regular meeting being held Nov. 27th of that year, in the California Club House. The object of this club is to promote social and intellectual intercourse among its members, and to assist women who were born and reared in New England or who were descendants of that land. Any woman of good moral standing over 18 may belong to this organization provided she or her parents or who represent through three or four generations of New England ancestry.

The regular meetings are held on the second Friday of every month, except during the summer vacation. Splendid programmes are given each month, the subjects most popular being early times of the New England period. The purpose of the Colony has laid a foundation for a fraternity that time cannot weaken. It has the power to wield great influence and to create

interest in the history of its forefathers. Mrs. H. C. Bunker is the capable and gracious President.

Mills Club had an afternoon recently, with Dr. Aurelia Rheinhardt as the feature of the afternoon. Dr. Rheinhardt has won the hearts of all and no gathering is complete without her.

Mrs. E. H. Kemp gave an interesting lecture at the To Kalon Club on "The Painted Desert." It was illustrated by stereoptican views.

Mrs. George Unnewehr of Dixon spent a few days in San Francisco recently. She is the efficient Recording Secretary of the District.

The San Francisco Association of Pioneer Women held its usual meeting in the Log Cabin in Golden Gate Park, and elected new officers. Mrs. Helen M. White being President, and Mrs. Hermina M. Pollock Recording Secretary and Mrs. Mabel H. Dexter, Financial Secretary.

A talk on Esperanto with illustrated slides was the feature of the Pacific Coast Women's Press Association.

## Christmas Suggestions

The perennial problem of what to give is again confronting the busy club woman, whose duties frequently encroach so far upon the leisure of a less active woman as to leave her comparatively little time for Christmas shopping. To such a one a store which specializes in the solving of such problems—particularly a store which realizes the Home Industry ideal of the good club woman—is not less than a boon.

The California Furniture Company, located at 644-46 South Broadway, Los Angeles, has made an expert study of holiday giving with the double aim of beauty and utility in mind and the results this year are perhaps better than they have ever been before. The great display is grouped and classified with the idea of enabling a busy but discriminating buyer to make exactly the selection which best suits her purposes and her pocketbook with the least possible expenditure of time and effort.

For example, an unusual collection of Oriental rugs is shown, each possessing the hardly-definable but highly-essential quality of individuality and each fully guaranteed by the company.

Something new in Christmas gifts this year are dinner chimes—a charming novel-

ty which is coming into general use in smart homes. Those handled by the California are by Deagan, the originator of the dinner chime, and range from a few dollars up to sixty in price, according to elaborateness.

A gift that is always acceptable to a householder or a club woman who entertains at all is a "dinner wagon"—dainty affairs for wheeling tea things about and serving it from. These are made in solid mahogany and early English in some twenty-five different styles.

Another charming piece of furniture is the Colonial gate-leg table, 36x48 inches open. This is also in solid mahogany and is an exceptionally desirable Christmas gift.

In mahogany are also the Martha Washington worktable, telephone stands and stools, magazine stand and book rack, dictionary stand, fern-holders and other pretty bits.

The gift section, as it is called, of the big house is a separate department of the store, where hundreds of the choicest things in stock are gathered for the convenience of the shopper—and at prices that run from a dollar to many, according to need and desire.

## SOUTHERN DISTRICT

MRS. WARREN CURRIER, Chairman

The clubs of Orange County have started the club year with energy and determination to make this the best year of their club life. They have planned ambitiously and well, and thus far their plans are maturing in a manner to justify their hopes.

Through the efforts of Mrs. Flora F. M. Pyle a night school for foreigners has been started at Westminster, and the work to eliminate illiteracy in that section is being carried on with success.

On November 25 the Santa Ana Ebell observed Founders' Day having as guests the first president, Mrs. W. S. Bartlett and other charter members. Miss Peycke gave one of her inimitable programs and a social cup of tea followed, served by the past presidents of the club.

The Huntington Beach Women's Club moved into a new club house, which in itself tells of a club that is alive.

The County Federation meeting held in Garden Grove in October, with the Tuesday Afternoon Club as hostess, was a delightful and instructive meeting, and helped materially to develop the "Federation spirit."

Members of the San Diego Club and guests, recently witnessed two plays presented by the drama department under the direction of Mrs. C. Lowenstein, its chairman. The first was a farce comedy by John Kendricks Bang, entitled "The Real Thing" and is a travesty on the servant problem; the latter a one-act play by Zona Gale, "The Neighbors."

At the annual Christmas party to be given by the Contemporary Club of Redlands on December 29, one of the features of the evening will be a play, "Everychild," by Gertrude Fulton Tucker, under the direction of Mrs. Lillian Goldsmith Burkhardt and produced by the Junior League section of the club.

December 12 was Philanthropy Day at the Corona Improvement Club. Each member and guest brought gifts for the community Christmas tree, plans for which are well under way. On December 26 a Christmas party will be given for the children of club members. But instead of receiving presents from Santa Claus, who will greet them at the door, each child will give him a gift for some less fortunate child. On the evening of December 29 a holiday party will be given for club members and husbands. This is always the climax of the club year's social calendar.

At the La Jolla Woman's club house are being shown some sixty "underwater," the work of Mr. Zahr Pritchard, who lectured

on Tuesday before the club. Most of the pictures were painted among the coral reefs of the South Sea islands. The artist put on a diving helmet and descended fifty feet beneath the surface to make studies.

Committee Chairmen for the County Federation were appointed at a meeting of the executive committee held in Corona, November 6, as follows: Art, Mrs. Grigsby, Beaumont; Conservation, Mrs. W. H. Ellis, Riverside; Social Service, Mrs. W. M. Fewel, Banning; Home Economics, Mrs. Hall, Glenavon; Education, Miss Alice Williams, Corona; History and Landmarks, Mrs. J. E. Herbert, Riverside; Employment and Industry, Miss A. M. Boulton, Beaumont; Legislation, Mrs. Ferrell, Hemet; Literature, Mrs. T. L. Rush, Elsinore.

Prof. Loye Holmes Miller, head of the science department of the Los Angeles State Normal school addressed the Saturday Afternoon Club of Banning at the opening meeting of the club year, his subject being "California Birds." At a meeting held November 25 the club had the pleasure of hearing another "bird expert," when Mrs. Granville Ross Pike of North Yakima, Wash., was a special guest and speaker. A meeting with Col. Harris Weinstock, state market director, is planned for December, when the general public will be invited.

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ularities and deficiencies. It gave the physician, nurse and field matron an excellent chance for some very good advice to these mothers in a way they will remember as long as they live.

### GOOD MANNERS BULLETIN

The bulletin on the teaching of good manners in the public schools by Dr. Margaret S. McNaught is meeting with the heartiest endorsement from both county and city superintendents of schools throughout California.

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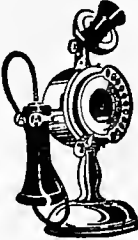
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MISS JESSICA LEE BRIGGS, Associate Chairman and Northern Federation Editor, 1942A Hyde St., San Francisco

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# THE CLUBWOMAN

VOL. IX.

NO. 3

General and State Federation news published in the Clubwoman is official. Communications intended for either department must reach the District Chairmen by the first day of each month in order to insure publication in the next issue of the magazine.



## "Homo Sum"

I am a woman first—not just a face;  
A stockinged leg, a bust, a wisp of hair,  
Formed for the propagation of the race,  
The better half in Nature's needed pair;  
Not a mere picture prettily designed  
To grace the cover of a magazine,  
Nor yet a vampire preying on mankind,  
Nor yet a goddess poised sublime, serene,  
Upon a pedestal of man's invention,  
Built rigid with too evident intention.

I am a woman—not an abstract thought,  
A sentiment, an impulse or a whim;  
A martial strain to which our sires have  
fought,  
A holy calm to hold a vesper hymn;  
Not just a six-ounce difference in weight,  
Dead matter scaled, between his brain  
and mine;  
Nor the six inches less when measured  
straight

From earth to heaven with a surveyor's  
line;  
The final verdict that the Judge announces  
Will not be ruled by inches or by ounces.

I am a woman—How it must perplex  
Those of pre-glacial training to behold  
The female insect from her pit of sex  
Climb through the dust, the debris and  
the mold  
Of locust-eaten centuries! How strange  
That she, once held too frail or too  
remote  
For grave affairs of government, should  
change  
To something human that desires to vote;  
And stranger still, to make the matter  
worse,  
Proves her new power a blessing, not a  
curse.

—ALMA WHITAKER.



I know not what the future hath  
Of marvel or surprise,  
Assured alone that life and death  
His mercy underlies.

—Whittier.

### WHAT TO LOOK FOR IN COMING ISSUES OF THE CLUBWOMAN

February—Legislation, Education, Industrial and Social Conditions.

March—Report of the Alameda District Convention, Conservation and Country Life.

April—Report of Los Angeles District Convention. Report of the Northern District Convention. Library Extension. Federation Extension.

May—Report of the San Francisco District Convention. Report of the San Joaquin Valley District Convention. Public Health and Household Economics.

June—State Convention.

July—Mid-Summer Number, edited by

Advisory Staff of The Clubwoman.

August—Press Number. Big Surprise.

The Clubwoman wishes its readers a Happy New Year, and its Editors pledge to the Clubwomen of California their best efforts to make their magazine better this year than last.

Our slogan is still "Every number better than the last and every clubwoman a subscriber." Clubwoman, will you not make our vision for the future of The Clubwoman come true? We thank you.

Our wish for you is not that your work shall be less but that you may measure up to your opportunities and that as your daily task is so shall your strength be.

## PRESIDENT'S MESSAGE

A Happy New Year, my dear co-workers. The last holly wreath has been laid aside, the Christmas tree ornaments have been packed away to remain under cover for another twelve months and the peels from the last Merry Christmas jinks have died away with the old year. Touching messages of appreciation from far and near testify to the joy and cheer which clubwomen have distributed to the old and the young, the unfortunate and the needy. Vacation days are over and the serious work of the next few months claims our thoughts.

A careful study of the measures to come before the law makers of our state at the coming session of the legislature is urged by officers and Legislative Department. Speakers will be furnished (upon request) by the State and District Chairmen of Legislation. The three measure which have been endorsed by the Women's Legislative Council of California should be understood by all. Representatives of the various organizations holding membership in the Council will confer with some of the legislators in San Francisco on February 13th.

The Executive Board of the Federation, through recommendation of Dr. Beebe, State Chairman of Legislation; Dr. Ritter, State Chairman of Health, and Dr. L. B. Deal, State Chairman of Child Welfare, has endorsed a bill providing for a division of the State into supervised health districts. Other measures presented will be discussed at a special Board meeting called for said purpose on January 6th.

### Meeting and Social Days

Since my last letter was penned, the Federation message has been conveyed to the Ebell Club of Long Beach, the Ventura County Clubs, the Federated Clubs of Ojai Valley, the Santa Barbara Woman's Club, Woman's Thursday Club of Fair Oaks, and the Woman's Club of Tulare. The spirit of these meetings was gratifying and it is a pleasure to note that our national emblem is being displayed in most of our clubrooms. A pretty feature of the Fair Oaks meeting was the presentation of our national flag by the past presidents to the Thursday Club, and at Tulare flag place cards, the original work of the high school students, and huge tulle sails typifying Uncle Sam's possessions, marked the decorative scheme. One of the beautiful social events of November was a luncheon and reception given by Mrs. L. C. Kimball Jr., at her lovely home in Owensmouth, and on December 13th, your President was guest of honor with Dr. Reinhardt and Miss Jessica Briggs at a beautiful reception given by Mrs. Frances Erikson at the Wiltshire Hotel, San Francisco.

### New Clubhouse

At Santa Paula I found the members of the Ebell rejoicing over the generosity of one of their members, Mrs. C. H. McKevitt,

whose gift to them is to be a clubhouse. This will be erected on Main Street and the building will be a story and a half high, in the old English style of architecture, covering a floor space of fifty by seventy-five feet, and containing an auditorium with a seating capacity of three hundred, which can be enlarged by opening adjoining rooms. Other features will be a room devoted entirely to the service of the philanthropy section with which Mrs. McKevitt has long been identified, committee rooms with built in furniture, a large stage with two dressing rooms, and a pioneer room, besides kitchen, dining room, and cloak rooms. Furnace heat will insure comfort and a large stone fire place will add to the "hominess" of the dining room. The grounds surrounding the house will be spacious and beautiful and these fortunate clubwomen are assured that they will be laid out and cared for without cost to the club. All honor to Mrs. C. H. McKevitt, who helped organize the first study club in Santa Paula and who was a prominent member of the California delegation in New York last June. Her lavish gift is a loving memorial to her deceased husband as well as an expression of her faith in the woman movement.

### Southern District Convention

I was an honored guest at the Redlands Convention the story of which has been told in full on other pages. The President of the Southern District presided with dignity and poise and showed marked ability as a leader; the members of the local board proved to their guests that Redlands' hospitality is unexcelled, and the large audiences and excellent programs told their own story of progress.

### January Board Meeting

A board meeting of unusual interest will be held in Fresno on January 20th, following a reciprocity meeting on the 19th at which Mrs. Josiah Evans Cowles will be the guest of honor. Many members from all parts of the state are planning to be in attendance. A general invitation to attend the afternoon session is extended.

Very cordially,

(Mrs. E. D.) HELEN M. KNIGHT.

### OUR PRISON EXCHANGES

Some of the very best magazines on The Clubwoman's list of exchanges are those printed in the different penal institutions over the country. These prison periodicals show a workmanship that might put to shame many printers not so handicapped, while the literary contents is worthy of high praise.

## CHRISTMAS DAYS AND OTHER DAYS OF OTHER TIMES

Given in reminiscence by Mrs. Austin Sperry and Mrs. Robert Watt of San Francisco.

It happened so:

The idea came in a letter from Dr. Clarke a few days before the magazine went to press for December. There were to be interviews. The representative of our State Official Organ was graciously received, and we print the result of two very cordial cosy visits.

Take the combined message of these two splendid types of women—practically, logically, or psychologically—as it may please the reader, the message is very much worth while.

"Thanksgiving Day was the great day in Maine, where I was born," explained Mrs. Sperry, "but always shall I hear my mother sing her Christmas song, 'The Twelve Days of Christmas.' My mother had a fine voice, she was head singer in the church choir. It would not have been Christmas without hearing her sing the song, and after I grew up and married (I married in Stockton in 1861, Mr. Sperry was a pioneer of '49) and my children came, I always sang the song to them. Now, as I grow older, it comes to me more clearly than ever how my mother sang it."

"May I have a copy?" I inquired.

"Yes, here is one. I found it all nicely written out only just the other day when I was going over some papers. You know," she continued, as I took the copy from her hand, she having hummed the old-time roundelay, "my father was a Maine ship-builder, and I had ten brothers."

"Yes," I responded.

"Mother's voice was soprano, she sang it always to us when we were children, and afterward too. We always had a tree and I had a Christmas tree always for my children. But of pioneer Christmas days? They weren't luxurious or elaborate as they are today, but they weren't so different. It would be difficult to give out anything sufficiently pointed to be of general interest.

"Won't you stay and have lunch?" she kindly asked, and I accepted so that I might copy the song which is here given as a quaint sweet thought of Christmas Days gone by:

### The Christmas Song

The first day of Christmas my true love sent to me,  
Partridge on a pear tree, partridge on a pear tree.  
The second day of Christmas my true love sent to me  
Two little turtle doves, partridge on a pear tree.  
The third day of Christmas my true love sent to me  
Three French hens, two turtle doves, partridge on a pear tree.  
The fourth day of Christmas my true love sent to me  
Four colly birds, three French hens, two turtle doves,  
partridge on a pear tree.  
The fifth day of Christmas my true love sent to me  
Five gold rings, four colly birds, three French hens,  
two turtle doves, partridge on a pear tree.

The sixth day of Christmas my true love sent to me  
Six geese flying, five gold rings, four colly birds,  
three French hens, two turtle doves, partridge on  
a pear tree.

The seventh day of Christmas my true love sent to me  
Seven swans swimming, six geese flying, five gold  
rings, four colly birds, three French hens, two  
turtle doves, partridge on a pear tree.

The eighth day of Christmas my true love sent to me  
Eight maids dancing, seven swans swimming, six  
geese flying, five gold rings, four colly birds, three  
French hens, two turtle doves, partridge on a pear  
tree.

The ninth day of Christmas my true love sent to me  
Nine men fiddling, eight maids dancing, seven swans  
swimming, six geese flying, five gold rings, four  
colly birds, three French hens, two turtle doves,  
partridge on a pear tree.

The tenth day of Christmas my true love sent to me  
Ten ducks roasting, nine men fiddling, eight maids  
dancing, seven swans swimming, six geese flying,  
five gold rings, four colly birds, three French hens,  
two turtle doves, partridge on a pear tree.

The eleventh day of Christmas my true love sent to  
me  
Eleven hounds barking, etc.

The twelfth day of Christmas my true love sent to me  
Twelve men hunting, etc.

I thought it might be of interest. "Will it be?" she asked.

"It will breathe of the Christmas of other days," I replied.

But Mrs. Sperry is a woman who has been extremely active in mind, body and estate, concerned with questions and issues appertaining to the advancement of her own sex. She has long been one of the foremost suffrage leaders in California.

"When I enjoy so much being out and about in the campaign work, it was hard for me to be confined here at home on account of my broken hip," she lamented. "I have been laid up for sixteen months. The accident happened at the Exposition. I can do nothing now but sit here and knit, knit, knit."

"Knitting has played a great part in the history of the world," I ventured to suggest.

"Yes, knitting has a part in life. I've knit sponges for the soldiers. I've knit for the Red Cross. This is a fancy wash rag for a present. These blocks are for bed spreads, if I ever get them finished. I've knit several already. These are squares—these octagons."

They were wonderfully designed—octagon, five-pointed star center, spirals and circles.

"It's very interesting. Life itself is but a knitting, knitting, knitting at squares and octagons. One must become quite expert in order to bring out the pattern of spirals and stars clearly," I said.

Politics were fairly launched, and we spoke no more of Christmas, but talked concerning the achievement of the franchise in California. Mrs. Sperry is of the "Women's Party."

"We have waited so long, so long for recognition. The Susan B. Anthony Amendment has been put aside so many years," she explained, and spoke interest-



ingly of her first meeting with Miss Anthony and Mrs. Stanton in Yosemite in the year 1872, where she had gone for a visit.

"Miss Anthony gave a lecture during her trip through California the same year in 'Old Platt's Hall,' San Francisco, at which meeting Mrs. Stanton presided," continued Mrs. Sperry, "and from that time on we became fast friends, the friendship never waning."

It was a privilege to be a guest for the day of Mrs. Robert Watt, of Presidio Terrace, and to have had an interview. It is not possible to give the personal color, certainly not possible to give the reader the magnetic personal quality.

This woman's life has been more sheltered and her nature not such as is needed in pioneering work in a radical cause, but is more to be expressed in spirit and in sheltering.

Mrs. Watt was born in Philadelphia, her family having always made the very most of Christmas. Christmas trees, Christmas turkey, Christmas everything that was lovely and merry. The stockings were always hung the night before. Christmas eve was always full to overflowing with expectancy.

The family came to California when Mrs. Watt was but fourteen. They arrived at a place known as "Red Dog." They were able to secure only a cabin of two rooms—this for six in the family. The children were disposed of in bunks placed one above the other. In November the rains came and the pine trees began to sigh and moan. Everything was melancholy, everywhere was lonely.

"Christmas came," said Mrs. Watt. "Not even a chicken was to be secured, although they scoured the country for miles around. Christmas morning arrived, with no preceding expectancy of the night before. There could be nothing for anyone this Christmas morning! It was an impossible hope, but oh, the surprise! There, on the end of a long stick hung a clean flour sack filled!

"Six pairs of ears and eyes were opened wide with expectancy. Pinned to the sack was a bit of paper on which was written:

"To wish Mr. Laton and family a

Merry Christmas  
From Redding Bros."

"Bacon and boiled potatoes, boiled potatoes and bacon had been the fare. But now—a chicken! Never did a chicken taste so deliciously good!"

Later the family moved to Grass Valley. Miss Elizabeth Laton married at the age of eighteen. She and her husband lived first in Sacramento, then in San Rafael, afterwards establishing a home in San Francisco. A half-sister who had also married lived across the bay, and Christmas dinners alternated from home to home.

"Dinner and presents," said Mrs. Watt,

"why do you know nothing could stop us? Not even the worst of weather! If we arrived at the home of the other drenched with the rains, and in such a condition that you couldn't possibly tell the baby from a bundle, or a bundle from the baby, arrive we must! And each child must bear a present! Each parent, too, must have a present! Finally the families grew so large that the mothers took things into their own hands. 'It's all nonsense,' we declared, 'this buying and buying.'"

"And so the mothers, thereafter, bought Johnnie's present for Susie, Susie's present for Johnnie. Then, when Christmas came, Johnnie would go to Susie and say, 'Thanks very much for the nice present you gave me, but what did you give me that for?' In return Susie would ask to see the present which she had given him and vice versa.

"Very soon the mothers realized that this sort of buying took something away from the giving.

"Of later years we have found that to seek some one out who is worthy, some one who needs a cook stove, or a pair of warm blankets or shoes, or a basket containing a Christmas dinner is more satisfying," continued Mrs. Watt, whom all club women in and about the bay know and love not only for herself but for the noble work which she has instituted and which she mothers in the Oakland New Century Club, as its president and benefactor, "And found then that Christmas may come at the mid-year, there need not be any definite time set for the date. This," she concluded, "is the real spirit of the Christ and of Christmas."

J. L. B.

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## CALIFORNIA LEGISLATIVE COUNCIL

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**A State-wide Organization of 75,000 Members Whose Aim Is Community Service by Means of Legislation**  
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Auditor—Mrs. Robert J. Burdette, 891 Orange Grove Boulevard, Pasadena.

According to its by-laws, the Council can endorse three measures only at any one session of the State Legislature. The three bills to be introduced at the 1917 Legislature are: (1) Bill providing for changes in the Community Property Law; (2) Bill providing for an institution in Southern California for fee-ble-minded, and (3) Bill making women eligible for jury service. Committees have been appointed by the president to frame each measure.

### COMMUNITY PROPERTY

#### Synopsis of Proposed Changes in Community Property Laws

The present laws defining and relating to Community Property have been unchanged for many years. There has been a growing feeling that so-called community property was such in name only, and attempts have been made from time to time to modify the laws, in order to place a wife more nearly on an equality with her husband. At the 1915 session of the legislature there were about nineteen different measures introduced relating to community property but none was enacted into law.

This year it is hoped to enlarge the definition of community property to cover all property brought into the State of California which has been accumulated since marriage by the earnings of either husband or wife of both.

To provide that Community Real and Personal Property be held during the life of husband and wife subject to joint control, that is, the wife's signature shall be necessary for the transfer of Community Real Property.

To exempt all the community property received by either husband or wife upon the death of either spouse, from the payment of the Inheritance tax.

To allow the wife the same right a husband now has—to dispose by will of one-half of the community property; in case no such testamentary disposition is made, one-half of the community property to go, upon death of the spouse first dying, to the sur-

vivor, the other half to the children of decedent.

In the absence of children or testamentary disposition the entire community property to go to the surviving husband or wife; subject to community debts.

To arrange that there may be a division of community property when it can be established that there are grounds for a divorce but a divorce is not desired.

#### Committee Framing the Bill

Mrs. Seward Simons, chairman, Los Angeles; Mrs. L. H. Montgomery, Oakland; Mrs. Sara J. Dorr, San Jose; Mrs. S. B. Irvine, Riverside; Mrs. W. E. Colby, Berkeley; Mrs. H. J. Slater, Santa Monica; Mrs. Henry De Nyse, Riverside; Miss Marguerite Ogden, Oakland; Miss M. A. Ijams, Mrs. Frank Deering, San Francisco; Dr. Jessie A. Russell, Glendale.

### BILL PROVIDING FOR INSTITUTION FOR FEEBLE-MINDED

The Council endorsed the "1915 Legislature Bill for the Care of the Feeble-minded" which carries an appropriation of \$350,000, and establishes an institution in the southern part of the state for the care and training of the Feeble-minded under the control of a Board of Trustee of three members appointed by the Governor and serving for four years at a nominal compensation, and whose first duty shall be to purchase a site of not less than eight hundred acres and to erect the necessary buildings thereon.

The institution is to admit any feeble-minded person, resident of the state for one year, committed to it by the courts on petition of parent, guardian, or of any peace officer, but subject to the approval of the Board of Trustees, and at the expense of the state either wholly or in part as it may be necessary; but each county shall reimburse the state for any deficit up to \$15 for each person committed from that county. Other persons, eligible for admission, may be entered without judicial commitment under such terms as the Board of Trustees may prescribe; and arrangements are made for the transfer to and from other institutions as may serve the best interests of the inmates.

The Act makes possible the sterilization of an inmate after a careful investigation of all the circumstances of the cast.

#### Committee

Mrs. V. C. Hicks, Chairman, Berkeley; Miss Anita Whitney, Oakland; Dr. Kate Brousseau, Mills College; Dr. Adelaide Brown, San Francisco; Mrs. E. K. Foster, Los Angeles; Mrs. M. M. Webster, Sacramento; Miss Orfa Jean Shontz, Los Angeles; Dr. Louise Harvey Clarke, Riverside; Mrs. Hester Griffith, Los Angeles.

(Continued on Page 16)

## BOOKS THIS MID-WINTER SEASON

Never were books by Americans for Americans more varied in interest, in subject and in form. There is an embarrassment of riches.

Is it a story you are looking for? Kate Douglas Wiggin's "Christmas Card" vies with her other Xmas story about the birds which we know by heart, and you will love the Christmas cheer that brightens at last the lives of David and Dick, Letty and the babies. "The Shining Adventurer" by Dana Burnet is a story of good cheer and kindness, most fitting for Yuletide reading. "The Angel Unawares" is a story of Belgium refugees, enacted in the idealistic surroundings of orange trees and palms growing on the Riviera. And another charming book for the season is Ruth Sawyer's "This Way to Christmas."

If you are looking for collections of short stories, most original, most unique is Fannie Hurst's volume, "Every Soul Hath Its Song." In writing such moving stories of homely people, Fannie Hurst is making for a better democracy. I must not forget a book of jolly stories, "Lovers' Knots," by Elizabeth Jordan. It will be a pleasant holiday task to untie every one of them.

Speaking of short stories I must tell you what a satisfactory life has finally been written for the most popular of recent short story writers, O. Henry. Professor Alonzo Smith of the University of Virginia has earned the gratitude of Henry devotees by this kindly, exhaustive story of an unusual life.

If you love dogs as well as stories, and agree with Byron that "the more I know of people, the better I like my dog," you should read "Gulliver the Great," by Walter A. Dyer.

If you want laughter with your story, try Alice Duer Miller's "Come Out of the Kitchen."

But, perhaps, your taste turns just to novels, "really truly" novels. As for novels; dear me, there are so many I don't know where to begin. If you like adventure, there is Rex Beach's "Rainbow End," a stirring story of the struggle for Cuban independence. If you like conduct and character, there is Margaret Deland's "Rising Tide." It should be read, not only for its story, which she knows so well how to tell, but for the thoughtful consideration of problems affecting American womanhood. If you want to know more of pioneer America, there is W. D. Howell's "Leatherwood God." Corra Harris needs no mention of mine to recommend the heroine, once the "Wife," now the "Circuit Rider's Widow." Lovers of Kathleen Norris know already "The Heart of Rachel," and Booth Tarkington allows Penrod to appear in public again; this time with Sam. If you want to laugh, travel "Somewhere in Red Gap" with Harry Leon Wilson.

The year 1916 has been enriched for American students of American literature by the publication of autobiographies by two famous compatriots in letters. "Years of My Youth," by William Dean Howells, reveals not only the youthful life of our veteran American novelist and his progress from journeyman printer to editor and writer of fiction, but throws light on Ohio in the forties and fifties, and the days of the Civil War. "The Letters of Richard Watson Gilder" are rich in reminiscences, artistic as well as literary. We see this fine American in all phases of his versatile career, helping to found the Society of American Artists, with Shirlaw, Saint Gaudens, Eaton and the rest. Encouraging civil service reform, advocating all efforts toward good government, Gilder's studio saw members of the acting profession, Jefferson and Modjeska, particularly, as well as statesmen, artists, authors and thinkers. These two rich volumes should be read widely and eagerly, for they are full of American spirit at its best and American accomplishment at its finest.

Mention of autobiographies and of the stage reminds me of the fascinating volume of "My Remembrances" by E. H. Sothorn. This delightful book brings to us the people of the stage and the dramas of the last half century. Its whimsical jests and rare literary style enhance the natural attractions of the subject and the characters involved.

Plenty of books about theatric art are new from the press. Brander Matthews has made a most readable volume, discussing all forms of dramatic presentation in "A Book About the Theatre." His "Shakespeare as a Playwright" is indispensable to all lovers of Shakespeare in his capacity of actor and maker of plays.

A book of less scholarly sort, but of theatric and widely human interest is "Charles Frohman, Manager and Man." This volume is a narrative of the great stage manager's poverty-stricken childhood in Ohio, his early adventures as a minstrel agent, his first efforts with legitimate dramas, his experiences on Broadway and men in England. In short, you will find here, interspersed with anecdote, the entire story of the modern stage, as well as the life of the self-effacing man whose artistic achievements were vast, and whose untimely death in the sinking of the Lusitania was a national misfortune. "The Life of Heinrich Conried" opens up other delightful avenues of theatric and operatic history, especially the work of Irving Place Theatre under the brilliant German actor and manager, and his five years as manager of the Metropolitan Opera Company.

Montrose Moses knows the people, the opera, the plays of which he writes, and so will the reader when he is through with this illuminating volume.

If you love the stage, particularly the American stage, you will find John Rankin Towse, one dramatic critic in New York, a friendly Evening Post narrator of the plays on our boards in his "Sixty Years of the Theatre." You will meet again with pleasure Jefferson, Irving, Terry, Mansfield, Marlowe, Sothorn, Fiske, the Kendalls, Tree and all the rest.

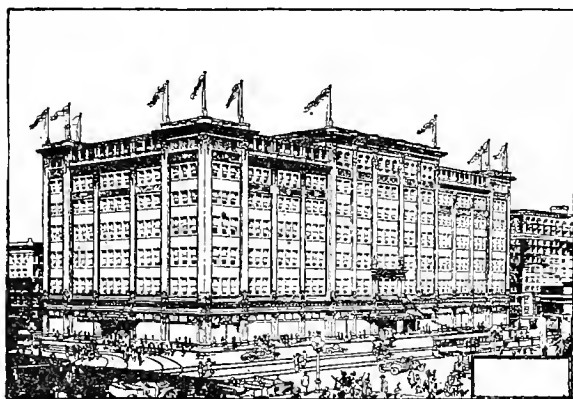
American writers have just achieved some fine volumes. Perhaps you will choose Ernest Peixotto's "Hispanic Southwest" because of its romantic pictures of New Orleans, San Antonio, and more truly southwestern spots. Katherine Fullerton Gerould's intimate style gives freshness and power to her fine volume on "Hawaii." Lovers of Charles Dickens and lovers of the late lamented artist-author, F. Hopkinson Smith, will equally rejoice in the American's book, "In Dickens' London." Then there is a beautiful book of great timeliness by George Wharton Edwards on "The Vanished Towers and Chimes of Flanders," which is the province of Belgium most mutilated in the great war. Louvain, Malines, Ypres, Donai, they will never again greet the eye with the upspringing beauty of their medieval towers.

All the muses must today have flocked to America, so many volumes of poetry are coming from American presses. From North of Boston comes Robert Frost's new volume, "Mountain Interval." James Oppenheim's "War and Laughter" plays vigorous music through a melodic gamut, and holds unflinching attention until the last chord is struck. Josephine Peabody's "Harvest Moon" is dedicated to the women of Europe and reflects the war in a new way, expressing as it does the hope of a dynamic peace.

Alan Seeger's "Poems" are straight from the trenches. One cannot read without tears, the music of the verse of this brave young American and "His Tryst With Death," written a few hours before he was killed.

In poetry and in prose, in novels of battle, and histories of policies, governments, religions, race characteristics, and civilizations present trend, we find the thought of the present war and its relation to life in every least phase.

May our reading in the holidays make us think more clearly, laugh more honestly, act more wisely. Then it will be our right without hypocrisy to wish one another a real Merry Christmas and Happy New Year.



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LOS ANGELES  
CALIFORNIA

## A VISIT TO THE SCHOOLS OF CALIFORNIA PRISONS

By Edward Hyatt, State Superintendent of Public Instruction

In the suggestions for work in civil service reform Miss Marguerite Ogden, chairman of that department, asked that the clubs give at least one program to Prison Reform. The following story of a visit to the schools of the state prisons, as told by Superintendent Hyatt, would furnish an excellent theme for such a program.—Editor.

### Letter Box School in a Prison

The forbidding gray walls of San Quentin, rising from the tidal marshes of Marin County, might not be expected to harbor anything of educational interest. Yet here I found the most original and forward looking, most encouraging reformatory education of all.

Warden Johnson is the impelling power in it all. He is a man of vision, of dreams, of executive ability and driving power besides. Strange that the frail, slender, white faced manager of a "gents' furnishing store" in a great city should have developed into the chief penologist of a great state at the call of opportunity! There is some difference between offering purple neckties to gilded youths over the counter and bossing two thousand desperate criminals of every clime and color and in being responsible for them day and night. Johnston's career illustrates the saying that in America there is always the right man ready to spring up for any emergency.

When the gloomy walls opened and let me in, the captain of the guard conducted me to one of the buildings of the great quadrangle that he called the chapel. Inside was a huge, bare room. One end was filled with the stacks of a large library of well worn books. The floor was covered with long desks. Blackboards and charts hung from the pillars. An occasional table stood in the corner among the desks. Six convict teachers were at work, with Mr. Purdue, a convict principal, in charge. Over him in general charge of the educational activity, is the chaplain of the prison, who was not there that day. There are, therefore, no outside, professional teachers on the work at all.

This large room has all eight grades running simultaneously. It is for the younger prisoners, those under twenty-four years of age. The largest class was the first grade. About one hundred and sixty men are in this school.

In another of the big buildings was a night school, where the older men who choose may get the elementary things of education after their day's work, as the younger ones do in the day school, after a

shorter day's work. Some eighty prisoners attend the night school.

Now comes the big thing, the thing that is new, the thing that Warden Johnston really regards as his significant and original undertaking. He calls it the Letter Box System. The day school teachers prepare lessons in leaflet form, in all the branches of the upper grammar and lower high school grades. These are turned out in quantity, beautifully printed, by the prison printing press. All prisoners who will are given these lessons regularly and encouraged to work them out in their cells, after the day's work is done. Twice a week teachers take up the papers from the letter boxes, grade them and give necessary explanation and encouragement; eight hundred and fifty men are enrolled in this work. Of course, no one can take it unless he is at least past the fourth grade—but the day and evening schools carry them up to that point. In fact, these may be considered as feeders for the big Letter Box School.

For those who are farther along there is an organization of the university correspondence school. The librarian gets the desired lessons from Berkeley, issues them to the men who call for them, takes up the answers and papers as prepared by the men in their cells, delivers the gradings and suggestions with the corrected papers and keeps a card index record of the whole proceeding. I looked this over with much interest. The variety and extent of it was remarkable. A very great many of the prisoners had taken courses in the Spanish language—not the Spanish or Mexican prisoners at all, but the Americans of the higher class, who had taken it up to add to their general equipment, believing it was important to the future. I was surprised to see that a large number had taken a course in flower culture. Other courses were as wide as the world—salesmanship, banking, gardening, dietetics, mathematics, bookkeeping, zoology, engineering and what not. No less than two hundred and fifty prisoners were taking work in this university school, sending in their papers and receiving back the corrections and the suggestions of the university professors, those who have the various subjects in charge.

Thus, you have a hasty view of an educational effort that is making this very day in a California institution that is old enough to have gray hairs—in 1851 it was in existence, and had thirty-five prisoners. The effort is worth our intelligent attention, and it certainly deserves our encouragement so far as we are able to give it in the future.

### The School at Folsom Prison

Last week I went with Mr. Jacobs to

spend a day in a new kind of a school, the Prison School at the Folsom Penitentiary, commanded always by the rifles and machine guns of a dozen guards in watch towers and walls all around. Jacobs is the principal. But he only goes there once a week, on Saturdays. The rest of the time he is head of the department of mathematics in the Berkeley High Schools. Friday nights he goes to bed on the newspaper train which pulls out at three o'clock in the morning for Sacramento. He gets there just in time to catch the auto stage for Folsom, twenty miles away. At five o'clock in the evening he reverses the route, returning to Berkeley.

There are twelve hundred men in the prison, all kinds and colors and races of men, sent there for all kinds of offenses, but chiefly for crimes against property. Stealing, burglary, robbery, absconding, forgery, larceny, house breaking, embezzlement seemed to be about three-fourths of the cases. This army of men is well fed. They have splendid appetites. But they have nothing to do. Society will not allow them to produce anything to be used outside, for that competes against free labor. They do some gardening and some farming on the prison farm, but that can't keep twelve hundred husky men busy! Therefore they loaf, they kill time, they lounge around, under the guns of the guards. It is a pitiful thing to see them doing nothing, growing more inefficient, learning to be listless and worthless. They will return to society less capable of maintaining themselves than when they left it. They should be employed, they should do something, they should labor, even if it be only to throw a pile of bricks over the fence and then throw it back again.

With all these men Mr. Jacobs is hail fellow well met. They call him "Professor," and wherever he goes they have a cheery greeting for him.

A short while ago he had a queer adventure. While going about one night in the scholarly streets of Berkeley, he was suddenly held up by highwaymen. His captors came close, revolvers in hand, to rob the schoolmaster of his wealth. When they saw who it was holding up his hands "Why, hello, Professor," they said; and after some pleasant conversation, they wished him a kindly good night and passed on, never touching the thirty cents in his pockets. It was some of his friends from the prison who had been paroled or discharged!

Twenty-one years ago Jacobs landed in America from Russia, raw, green, scared, penniless and unable to speak a syllable of English!

Recently he married a lady of Berkeley, cultured, scholarly and beautiful, with all kinds of university degrees, a native daughter and the daughter of native daughter of California.

Truly is America the land of opportunity! The prison school is held in the chapel, a

great, bare hall, with a few tables and a great number of benches on the floor and a few blackboards on the wall. A little cage in the corner is filled with the books and supplies.

Mr. Jacobs is the principal and he is the only teacher from outside the prison. The others are chosen by him from the convicts. I never saw more bright-faced, enthusiastic teachers. They were eager, absorbed in their work. And, like other teachers everywhere, they had troubles of their own. Not all the convicts believed in schooling and elements were always at hand to disparage, hinder, discourage and ridicule their work.

Classes were conducted in mathematics, Spanish, Italian, typewriting, stenography, English. About half the total number of prisoners were in the school. Of course their work was voluntary. The state furnished free textbooks, but they were in many cases unfitted for the purpose. Other books, supplies, papers, magazines, etc., were donated and gotten together with the greatest difficulty.

Mr. Jacobs has a habit this year of taking with him outside people to "talk to his boys." This time it was Dr. Richard G. Boone, of the University of California. I watched the big audience as Dr. Boone talked. It responded to him, grasped his subtlest points, took in his humor, just the same as any other body of people would do. It compared very favorably, so far as looks and spirit went, with a big teachers' institute or association. Afterward, the men crowded around the lecturer to ask about this, comment upon that, exactly as the teachers do upon similar occasions with the same speaker upon a like topic. There is so much of bad in the best of us and so much of good in the worst of us that it doesn't become any of us to be too sure of his ground in judging some of us.

#### ALDINE CLUB

A very enjoyable Greek day was held by the Aldine Club, November 27, at the Philomathean clubhouse. Living pictures were main feature of the afternoon, four impressive numbers being given, posed by the club members. They were as follows: "Family Group," "A Reading From Homer," "The Three Fates," "A Sacrificial Group." Mrs. Victor Burnham, the capable chairman of the day, explained each picture in a most charming way. Mrs. M. M. Burnett told of the "Sacrificial Customs of the Greeks," Mrs. Nestrath spoke of the "Olympic Games" and Mrs. William Snow explained "What We Have Taken From the Greeks."

Vocal solos were charmingly given by Miss Marjorie Heffernan, accompanied by Miss Alberta Whale.

Greek refreshments of honey cakes, dates, figs and fruit punch concluded the delightful afternoon.

# The Melting-Pot

By Jessica Lee Briggs, San Francisco, Cal.

Merry Christmas and a Happy New Year.  
Mes souhaits pour un Joyeux Noel et une  
Hereuse Annee!

Frolichen Weinachten und herzlichen  
Gluckwunsch zum Neuem Jahre!

The message is sweet and brings good  
cheer spoken in any tongue.

It makes the old gray weary earth swing-  
ing in the firmament between Venus and  
Mars look up and smile and be glad. It  
brings for a brief space of time the spirit of  
"On earth peace good will toward men,"  
at hand. It is the world-salutation for the  
month—the world in and out of the  
trenches, the trenches of peace and the  
trenches of war. It melts for the moment  
the intolerance which has caused world-  
old agonies. It relieves for the moment  
the pains of travail in the birth of the New  
Year.

From out the dead of night the mother  
watches. Her child nestles at her bosom.  
Fair and round is his dear body. This is  
the child of her heart. Shall it be bathed  
in the crimson glow, or shall the amber  
light of Divine Love surround and protect  
it?

"All seasons are thine, O prunes!" so a  
great poet once wrote, but that was before  
the "High-Cost-of-Living" was edited. This  
new theme has ingenuously switched the  
seasons for prunes according to the purse  
that buys. You cannot make a purse out  
of a sow's ear, neither can you make money  
out of marbles.

There was never any need to sing a song  
about beans or to write a lofty sentiment  
on bacon (the breakfast brand) because  
everybody always knew that these two com-  
modities were to be had at small cost and  
in all seasons.

Behold then the consternation!

Housewives and suffering public!

Those who indulge in Boston-baked  
beans for their Sunday breakfast dish and  
those who indulge in a strip of broiled  
bacon!

The price of beans per pound is 15 cents!

The price of bacon per pound is 40 cents.

Thus has the subject of the high-cost-of-  
living become paramount and has taken  
precedence of all other subjects since the  
advent and departure of the world-famed  
litterateur and teacher, Rabindranath  
Tagore.

At a matinee the other day the following  
conversation occurred entracte in the row  
behind:

"Do you use cold-storage eggs?"

"I do some."

"Do you find 'em satisfactory?"

"For some things."

"I use e'm for baking."

"You can't boil 'em."

"No—"

"And the yolk separates if you fry 'em."

"But you can bake with 'em."

"Have you noticed that they are very apt  
to run in pullet eggs on you with the  
regular hen eggs now and again?"

"No—do they?"

"Yes indeed! You have to watch 'em.  
Pullet eggs are much smaller."

"Yes—"

The orchestra had played a selection  
from the opera "Il Pagliacci." The first  
violin had a solo part. The selection fin-  
ished amidst applause, and an encore was  
granted. As the violinist drew his bow  
tenderly across the strings of the beauti-  
ful "Traumerie" the conversation continued  
on eggs and edibles and as the last sweet  
note was drawn out tremulously by the  
player, one of the two voices in the row  
behind said with much intensity:

"Have you noticed lately that the French  
bread is all crust?"

If we could but measure the kindness of  
the world we should find this measure held  
down, pressed together, and running over.

The measure would contain smiles and  
laughter and tears, warm hand clasps and  
good will shown, good deeds performed  
and soft answers that turneth away wrath.  
It would contain the generosity of the  
great opulent world-soul.

I gave my brother alms and saw him in  
every beggar along the street.

One day I woke to know that man is  
made in the image and likeness of his  
Maker.

I give my brother alms no more, but now  
I see him as a Prince of the House of  
David, bearing in his arms the rich trophies  
of earth and sea and sky, singing psalms  
of praise and thanksgiving.

For some years back Santa Claus entered  
into partnership with the Women's Clubs.  
This is a very timely and excellent partner-  
ship, for these clubs have a splendid idea  
as to the size and kind of chimney which  
may be built so as to induce the jolly old  
fellow to risk the contents of his pack, and  
incidentally his life, in climbing down. There  
shall be no more small rickety chimnies!  
The new housing law has in it a clause pro-

viding that all chimnies shall henceforth be made large and enticing, viz: There shall be no excuse hereafter for the ancient bearer of joys and toys to go by even the most humble cottage.

The information has also been whispered around that the jolly old fellow is becoming more and more fearful of the consequences which a seeming neglect on his part might bring on his head and that he is fast arranging an equipment to be in charge of the new firm sufficient to meet the greatest need and that in the near future there shall not be one child who shall miss hearing the merry tinkling of the bells or the light hoof-falls of his swift reindeers.

What a happy Christmas time when there shall be no little girl left without the joys of mothering her dolly, and no little boy deprived of the incomparable satisfaction of beating a drum or separating some mechanical device into its component parts.

If we do not recognize our ideals within ourselves, our ideals will not recognize us even though we meet them face to face and implore recognition on bended knee.

#### POSSIBILITIES OF A TWO-DOLLAR INVESTMENT

Mrs. A. J. Lawton, General Federation State Secretary

Since it is an established New Year's custom to put away old and outworn fads and fancies; to take an inventory of stock; to make plans and resolutions for better and more effective work, is it not an opportune time for the federation officers and chairmen to honor this time-old custom by becoming active workers in some one of the many departments for service? It might be that the entire club membership would catch the spirit of their leaders and join in advancing the interests of the Federation.

There is one department—The Press—wherein every clubwoman may have a part. She can aid the work materially by giving support to the two official magazines—The Clubwoman, our state organ, and General Federation Magazine, the national organ. The subscription price to each is only one dollar a year.

The value to club members would be twofold. A generous support would enable the publishers to enlarge the scope of the magazines and the department work and the club reports would certainly tend to increase interest in club affairs.

Both magazines have made splendid offers for the coming year and will be glad to furnish information on request.

The Federation secretaries can make this a field for effective club work. Let us join hands in making a record for the C. F. W. C. in the Press Department for this year.

#### WHAT CLUBWOMEN ARE DOING IN OTHER STATES

Maine women are active in history and landmarks. They issued, this Christmas season, two thousand volumes of a

book written by clubwomen and handsomely illustrated. It has the taking title, "The Trail of the Maine Pioneer." It is a companion book to the handsome "Maine in History and Romance," issued last Christmas season, and entirely sold out in twenty-one days. The book was a series of prize stories written by clubwomen on historical matters pertaining to Maine, and a most creditable book. The second book is even better than the first, the stories being distinctly higher in literary merit. The proceeds of these two will clear up all the debt of the Federation for the general endowment fund and leave a handsome balance.

#### KENTUCKY

The Kentucky clubwomen have devised a new way of raising money to aid in the "war on illiteracy" in their state. They issued a beautifully engraved card, bearing a Christmas wish and a suggestion of the new worlds which the power to read and to write open to those who have dwelt in darkening illiteracy.

The lines on the card are by Mrs. Cora Stewart Wilson, who started the campaign against illiteracy in Kentucky and is now in California.

#### WASHINGTON

The public health department of the Washington Federation of Women's Clubs is working for a permanent health exhibit this year. It is asking each club to contribute the price of one panel, which will cost approximately \$5. The exhibit will be the property of the State Federation of Women's Clubs. It also advocates all time health officers, medical examination of school children and a state examination of mid-wives as to their efficiency.

#### MINNESOTA

The Woman's Club of Minneapolis, in accord with Mrs. Pennybacker's suggestion that the Federation try to interest young women in club work, has added a junior auxiliary, limited to fifty members. It is hoped to train these young women in public service work.

#### ANNUAL LUNCHEON

Mrs. Fisher R. Clarke, Alameda District President, was present at the regular annual luncheon of the Berkeley Twentieth Century Club in December. Mrs. Watt presented Mrs. Clarke as "toast-mistress" of the occasion, one of the many positions she fills so admirably. Many of the club presidents of Berkeley and Alameda were present and also the state officers.

The numerous friends of Mrs. Clarke will be pleased to hear she is rapidly recovering from a severe illness, which threatened pneumonia.



# THE FRIDAY MORNING CLUB

ORGANIZED APRIL, 1891

940 SOUTH FIGUEROA STREET

## THE PROGRAM

### Friday Mornings at Ten-thirty

Friday, January Fifth

The Winter Feast, Charles Rann Kennedy: Its Philosophy and Lesson for Today.

Augustus F. Knudsen

Friday, January Twelfth

Woman's Chief Public Interest.

Mary McDowell

Members Only

Friday, January Nineteenth

A Little Girl at Play.

One-Act Opera by Frank Patterson

Charles Henry de la Plate

J. A. Stockman

Edith Norton

Members Only

Friday, January Twenty-sixth

City Affairs.

Hon. Frederick T. Woodman

### Committee Meetings

Thursdays (every Thursday) 10:30

Music Conference

Chorus, Mrs. Charles G. Stivers,

Director

Tuesday, January Second, 12 M.

Book Committee Luncheon

Emil Verhaeren

Maurice Maeterlinck

Tuesday, January Ninth, 2:30

Public Affairs Committee

Public Health

Program arranged by

Dr. Julia Youngman Johnson

Tuesday, January Sixteenth, 2:30

Drama Committee

The Spiritual Note in American

Drama as shown in the Plays of

Charles Rann Kennedy.

Augustus F. Knudsen

Tuesday, January Twenty-third, 2:30

Art Conference

The Great American Painter, William

Merritt Chase.

C. P. Townsley

Esther Hunt

Carolyn Wood

## A Gift from California

Send a box of "Famous Banner Brand Oranges" packed expressly for the holidays in the Mission Packing House—Riverside

Souvenir Box - \$1.00

Half Box - - - 3.75

Full Box - - - 5.75

These prices include all express charges. We guarantee—prompt delivery—quality of fruit—Satisfaction. We operate six packing houses in California as well as the Famous Mission Packing Houses at Riverside.

SEND A BOX HOME

Mail orders today accompanied by Check or Money Order to

## Sutherland Fruit Company

RIVERSIDE, CALIFORNIA

W. F. Mc Shane  
President

T. G. Kennedy  
Vice President

D. J. Varnes  
Secretary

(Continued from Page 8)  
**BILL MAKING WOMEN ELIGIBLE  
 FOR JURY SERVICE**

**Synopsis of Proposed Changes in Laws  
 Governing Juries**

As women have gradually taken their places side by side with men in education, in industry, in the professions, so women should take their part as citizens in jury service.

The California law now defines a jury as a "body of men." In the few cases where women have served on juries both parties have stipulated that the legality of the sex of the jury would not be questioned. Judges hesitate to incur for counties the expense of summoning and using jurors whose legal disqualification may invalidate proceedings. Therefore it is proposed to amend the code definitions of the various kinds of juries, grand, trial and inquest, to provide that they shall consist of a "body of persons chosen from the citizens," etc., and to provide that when the venire is named by judges or supervisors it shall include the names of both men and women.

In order to meet the exigencies of the women whose home duties require their exclusive attention it is proposed to add to the excuse now available to a juror of the sickness of a member of his family, the "proper care" of such family and it is proposed further that such excuse may, in the discretion of the court, be made by affidavit without a personal appearance in court.

**Committee**

Miss Marguerite Ogden, chairman, Oakland; Miss M. A. Ijams, Berkeley; Mrs. H. N. Herrick, Berkeley; Mrs. Kemper B. Campbell, Los Angeles; Mrs. A. J. Lawton, Santa Ana; Dr. Lela Beebe, Woodland; Miss Gertrude Kellogg, Los Angeles; Mrs. J. N. Anderson, Santa Ana; Mrs. Clara Bryant Haywood, Pasadena.

Virginia C. Gildersleeve, Ph.D., dean of Barnard College, expresses the belief that the present low birth rate, accompanied by its more than corresponding low death rate, is preferable to the old practice under which both these rates were much higher.

Dr. James M. Taylor, president emeritus of Vassar College, says: "Our real world is largely our own creation—not so much an aggregate of external conditions as an attitude of mind." He therefore decries the tendency to harp on the evils of our time.



## *A Corset Service That Is Really Helpful*

When you contemplate the purchase of a corset, no matter how little nor how much you plan to pay for it, you will find the assistance and advice of Vogue Company's professional corsetieres wonderfully helpful. Vogue Corset Service goes farther back than the mere commercial transaction of selling you a corset and accepting your money. It involves the selection of the particular model best adapted to beautify your figure, and the expert fitting of that corset to give you genuine comfort at all times.

*"Vogue," "Bien Jolie," "Gossard"  
 and other good corsets  
 Gossard Corsets Reduced a Third*

**VOGUE COMPANY**  
 Correct Apparel for Women & Misses  
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## CHILDREN IN MOTION PICTURES

In pursuing the question of better films for children, one comes inevitably to that other vital question, the welfare of the child employed in the production of motion pictures, and this is a matter well worthy of our careful consideration. Children essentially love to see children on the screen, and to make successful pictures for children, it is necessary to have juvenile actors and actresses for their production. This, however, is by no means the principal factor in the case, as the growing popularity of children in pictures of all classes is a recognized fact, and producers declare that they must have children for their work, in increasing numbers.

The appearance of a child on the screen invariably instills new life and enthusiasm into even the most jaded audience, while a mere babe never fails to elicit murmurs of appreciation. No one realizes this more fully than do the producers, and where children are employed at the studios they are recognized as most valuable assets, and are treated accordingly.

At the Griffith studios, where the Famous Fine Arts children are to be found, at the Universal and Fox studios where children are regularly employed, special schools are maintained for them, with a teacher approved by the Los Angeles city board of education, in charge. Here all children from six to sixteen are required to attend four hours each day, and, be it said to the credit of these schools, many young girls above the required age, come in for special instruction during their leisure time, and the little tots seldom miss the kindergarten hours.

At all these studios the mothers of the children, or acceptable chaperones, are always required to accompany them, either while at work in the studios, or on "location."

At the New York studios, where children are not regularly employed, but only engaged for special pictures, there is no special school, but a teacher is engaged when required. Here, also, the directors prefer not to have the children accompanied by their mothers, claiming that they obtain better results in their work when the children are alone. The company provides competent chaperones for all juveniles, and the mid-day meal is supplied free of cost, that there may be no question as to their proper nourishment and physical care.

It is seldom that children are required to work at night, their hours usually being short, according to the producers, and their work mostly in the open air. Producers unite in declaring that to obtain best results it is necessary to select a director who is fond of children, understanding and sympathizing with their activities, and who will win their love and confidence. Then

the work must be kept as much like play as possible; that is, it must be a delight to the child, and so presented that it is as much a joy as "playing house" under the trees in mother's back yard.

It is also necessary in the pictures, as elsewhere, that to obtain satisfactory results, children must be healthy, happy, natural, and free from fear or embarrassment. To secure such conditions all first class studios give special care not only to the health of their children, but to the atmosphere, mental and moral, which surrounds them. It is against rules to tease or molest them, and every effort is made to shield them from evidence of evil.

At the Balboa studio, where baby Marie Osborne, better known as Little Mary Sunshine, is the only child regularly employed, the following notice, posted on the bulletin board speaks for itself:

### TO ALL CONCERNED (Effective Upon Publication)

Rules to be Observed in Regard to Little Mary Sunshine

While on the stage the child is not to be touched by anyone excepting her director, her attendant or those assisting the director or participating in the scenes in which she appears.

She is not to be teased at any time.

She is not to be shouted at nor addressed in slang.

She is not to be given sweet meats nor presents of any description while at work on the stage or on location. All presents must be sent to her dressing room or left at the general offices of the studio.

She is not to be coddled nor handled unnecessarily, the idea of the management being "hands off." You must adore her from afar.

Threatening or addressing the baby star in loud or unseemly language, or using objectionable language in her presence, shall be cause for instant dismissal.

Every person connected with this studio should feel a moral obligation in looking after the moral and physical welfare of Little Mary Sunshine and the Balboa management insists upon surrounding her with unexceptionable conditions.

This order is signed by H. M. Hortsheimer, president of Balboa Company, and is said to be rigidly enforced. Baby Marie lives near the studio, and her scenes are so arranged as not to overtax her strength, and her hours of rest and recreation are never infringed upon, and every moment that she is not required at the studio is spent at home.

Producers, managers and directors alike recognize the importance of the problems involved by the presence of children in the pictures, and far from minimizing them, they are doing their best to meet them intelligently and effectively, as are parents, educators and child welfare workers endeavor-

(Continued on Page 27)

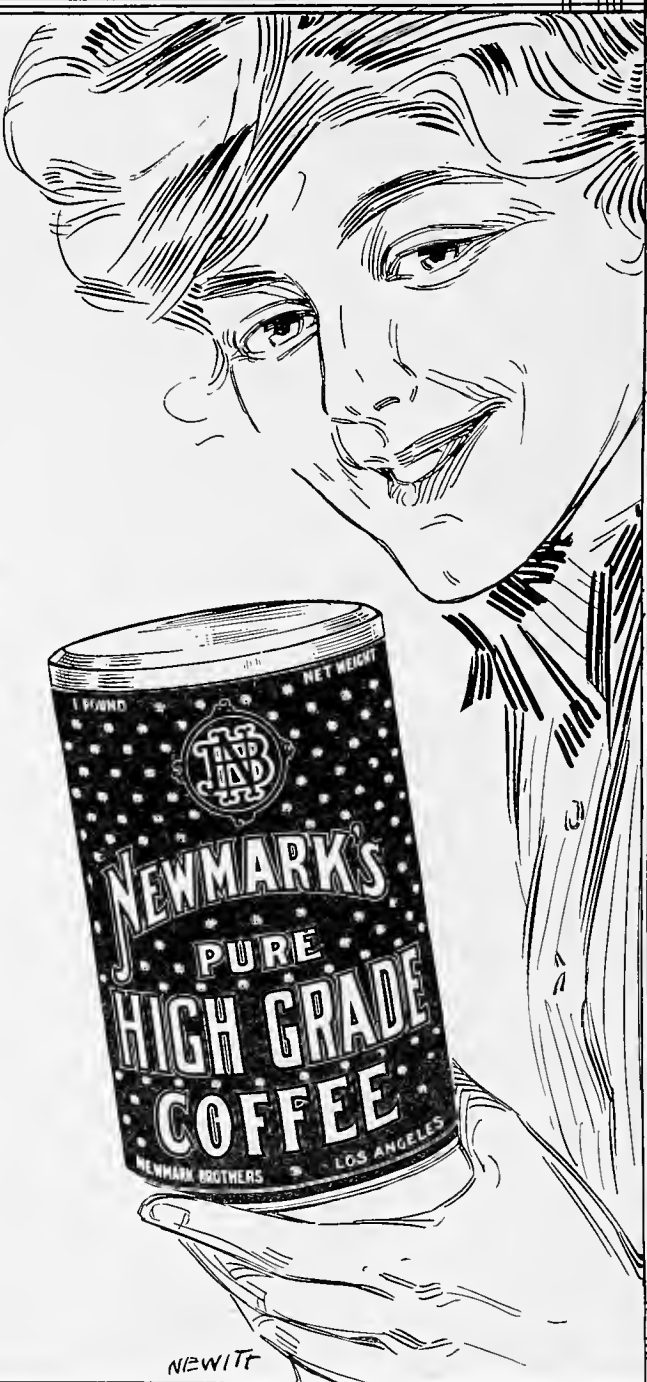
You buy coffee for its flavor. You drink it for the enjoyment you derive from it. You would not knowingly buy anything but the best.

"Just good" coffee is not good enough. The best costs no more than the "just good"---and you can always identify "the best" by the name on the can---

## Newmark's Pure High Grade Coffee

Roasted and packed fresh daily in Los Angeles. A blend of the world's highest grade coffees---preserving all their natural delicious flavor.

Ask your grocer for the best---*he knows.*



## SOUTHERN DISTRICT

MRS. WARREN CURRIER, Chairman

On Friday evening, December 29, was held the annual Christmas party given by the Contemporary Club of Redlands.

The special feature of this year's event was the miracle play "Every Child," written by Gertrude Fulton Yooker of Seattle, and produced by the Junior League of the Club under the direction of Lillian Burkhardt Goldsmith.

Every child, the title role, was portrayed by Master James Bush of Los Angeles whose work in the pageant of the Nativity and Shakespeare's "Mid-summer Night's Dream" is known.

Miss Edith Hollister took the part of Reality, and Ideality was played by Anita Kerr; Santa Claus by Mr. W. McIntosh. The other parts were all by members of the Junior League and after the play was finished all enjoyed the dancing and refreshments.

One attractive feature of the evening was the presentation of a very handsome basket of red carnations by the members of the League to Mrs. J. A. Kimberly who has not only made the Junior League possible but who did much to make the play very artistic.

This annual Christmas affair is decidedly a family party for the fathers, mothers and children. All are included and it is an occasion well worth the efforts of the members of the Contemporary Club.

### CONVENTION ECHOES

The writer of this column was one of those unfortunates who could not attend the convention, but it has been her privilege to talk with some who were among those present. It seems that each Southern District Convention is the last word in resourceful entertainment and presentation of the subjects of greatest inspiration and moment to clubwomen. The messages of our highest club officials are always long remembered, for these women have not only the ear but also the heart of their audience, and we hear much of Mrs. Knight, Mrs. Cowles and Mrs. Arnold. The bird talks and bird calls seem to have captivated everyone, while praise of the banquet with its unique marine detail of decoration and toast seems to be never ending. We most heartily congratulate our sisters at Redlands, they have added another laurel to the hospitality record of the Southern District.

### SAN BERNARDINO

Woman in public life came into her own recently when the grand jury and the state board of control reports were filed showing

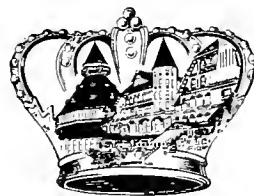
that the single office of the county in which a woman is the head, received the only sweeping praise. This was the office of Mrs. Grace Stanley, county superintendent of schools. Accounting methods in several offices in charge of men were criticised.

Mrs. Stanley is a prominent member of the Redlands Contemporary Club.

### SAN DIEGO

Rose Hartwick Thorpe, author of "Curfew Must Not Ring Tonight," was honored recently by a reception at the Southern California Counties building on the exposition grounds. Mrs. Thorpe makes her home in San Diego. The poem that made her famous was written when the author was but a slip of a girl, sixteen-year-old.

The women of San Diego, perhaps more than the men, are sorry to see the exposition close. It has been a source of education and social enjoyment to them. Mrs. Uriel Sebree presided over the last meeting of the Woman's Board on the last Tuesday of the year. Quoth the Raven, "Nevermore."



## *Hotel Del Coronado*

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Polo, Golf, Tennis, Motoring, Fishing  
Boating and Bathing

Open Air School on Beach

Write for booklet

JOHN J. HERNAN

Manager

## LOS ANGELES DISTRICT

MRS. CLARENCE VAN GRAHAM, Chairman

The monthly meeting of our District Board was held December 14th, the President, Mrs. Lloyd W. Harmon, presiding; the program being an executive session in the morning and a Presidents' Council in the afternoon. The Board of Elections was announced as follows: Judge, Mrs. H. E. Bartlett, President Glendale Tuesday Afternoon Club; Inspector, Mrs. S. T. Exley, President Averill Club; Tellers, Mrs. M. H. Pehr, Friday Morning Club, Miss Adelaide Ramsey, Santa Monica Bay Woman's Club. A committee on Revision of the By-Laws of the District was appointed by the President as follows: Mrs. Harry J. Slater, Mrs. Emma Livingston Reed and Mrs. P. S. McNutt. Mrs. Emma Livingston Reed, Vice President, presented the following resolutions, which were unanimously passed:

"Resolved by the Executive Board of the Los Angeles District of the C. F. W. C. and the Council of Presidents, in session, December 14, 1916, that in the change of residence of the Past Vice President of Los Angeles District, Mrs. D. M. Cate, to San Joaquin District, the members of the Board

and the Presidents feel a deep personal loss, and are conscious of the loss to the federated work of the Los Angeles District;

"Resolver further, that we take this occasion to express our appreciation of the loyal and capable services given by Mrs. Cate while a member of this Board;

"And that a copy of these resolutions be sent to Mrs. Cate, to the Corresponding Secretary of the San Joaquin District and to the Press."

The Santa Monica Bay Woman's Club will entertain the next District Convention, March 27-30, 1917.

Mrs. Inez Townsend Tribit, illustrator, received the endorsement of the District in her campaign for "Cleaner Comics" in the newspapers.

Mrs. W. H. Anderson closed her report on Political Science with this clever poem written by herself:

**The Death of the Old Era—The Eve of the New!**

'Tis not the weak old year, the withered man

All bent and hoary with his short life-span,  
Who dies tonight.

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But full of great, past deeds and new  
 desires,  
 'Tis that old giant Era, who expires  
     In pride and might,  
 While wailing agony of million souls,  
 O'er countless battle fields, a requiem rolls,  
     To Heaven's height.  
 And thundering cannon peal and clarion  
     note.  
 Intone o'er nations' half-mast flags afloat,  
     Funereal rite.  
 The Angel, in the Book of Doom, the  
     praise,  
 The blame, the wrong, the triumph of his  
     days,  
     Shall then indite.  
 Sublime demise! the privilege to be  
 Partakers in such august obsequy,  
     Shall grief requite.  
 But greater far than this majestic death,  
 Shall be the new Humanity's first breath,  
     Its dawning light.  
 And greater far, to feel with it reborn  
 The strength and inspiration of its morn,  
     Its long delight.  
 The glorious birth of the diviner plan  
 Of justice, through humanity to man,  
     Love's rule of Right.

The great increase in membership in the Los Angeles Travel Club is attributed to the excellent programs that have been given this year. The Travel and Music Days have been exceptionally fine. The members of the club are rejoicing over the honor that has been conferred upon one of their members, Mrs. I. W. Gleason, who has just accepted the office of National Superintendent of Parliamentary Law with the Woman's Christian Temperance Union.

The Woman's City Club of Long Beach waived their regular afternoon meeting at the Hotel Virginia on December 2nd, to hold an evening meeting in the auditorium in honor of the newly naturalized citizens of that city, who through the untiring efforts of the club's energetic President, Mrs. J. M. Tanner, had each received a personal invitation to be present. The stage of the auditorium was decorated in scarlet geraniums, calla lilies and American flags.

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(19)

## ALAMEDA DISTRICT

MRS. A. W. KEITLE, Chairman

The Alameda District will hold its annual convention at Oakland, February 15 to 17 inclusive, with the Oakland Club as hostess.

At a recent meeting of the California Civic League, Mrs. Dane Coolidge reviewed the work of California women since they have had the ballot, under the heading of "What the Women of California Have Done With the Ballot."

Among other things which Dr. Coolidge said in her terse and logical way was that the greatest single contribution of women to better citizenship is probably the non-partisan forum for the discussion of public questions and the hearing of candidates for political office. Preceding every election, there are definite centers provided by the women to which all candidates for office are invited. No more amusing or instructive gathering can be imagined than these assemblies of women sitting in judgment while relays of prospective office-holders pass across the stage, explaining each in turn and regardless of his party affiliation, why they should vote for him.

The legislative luncheon which is under arrangement by the Child's Welfare League of Alameda County is definitely named for Wednesday, February 14, preceding the annual convention of the Alameda District, California Federation of Women's Club by a day. This date has been chosen deliberately with a hope that many of the delegates to the convention will hurry their coming to Oakland to be in attendance at the brilliant function. It is planned that the governor—mayhap the lieutenant governor—the senators, assemblymen from this section, the county and city officials and many, many women will come together in the council about the luncheon board to openly discuss the viewpoint of each.

The California Federation of School Women's Clubs held an all-day session in Stockton, Saturday, November 25. The subjects and speeches of the morning were: "Parent Teacher Clubs," by Mrs. D. O. Castle, president of the South Sa Joaquin Federation of Parent Teachers Clubs, and by Mrs. Edith Dow Moulton. Miss Agnes E. Howe, of the San Jose Normal School, spoke on the service of the California Teachers' Association to the teachers. Miss Miss Louisa Bray, secretary of the Kate Kennedy Club of San Francisco; Miss Margaret Strachan, president of the Sacramento Teachers' Club, and Mrs. Edna Orr James of the Fresno State Normal School, spoke on teachers' pensions. At the luncheon hour Mrs. Eugenia C. S. Colby, chairman of Child Welfare, Alameda district, C. F. W. C., spoke on "The Schools as Social Centers, or the Conservation of Leisure." In the afternoon the program continued with an address, "Social Service—How Much Shall Be Imposed Upon the Schools?" by Dr. Aurelia Henry Reinhardt, president of Mills College, followed by E. Morris Cox, president of the California Council of Education, whose subject was "Proposed Legislation with Especial Reference to the Pension Law." Beautiful vocal solos were rendered by Mrs. Maurice Nunan and Miss Ruth Felt, accompanied by Miss May Dunne.

The demand of the women of Alameda County that there should be a woman named as deputy district attorney to fill the next vacancy, is not such a startling matter as it is being given credit. San Francisco has a woman's court—new, to be sure, but a success. Los Angeles has made rapid strides, placing its women in all manner of important positions in its judicial government. Our southern sister city has a woman judge, a municipal court for women, a woman public defender, and a woman deputy district attorney.

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## SAN JOAQUIN DISTRICT

MRS. J. E. F. EDWARDS, Chairman

The meeting of the District Board of December 4th in Fresno, was marked by an unusually large attendance, due in part to the invitations extended to all past presidents. Of special interest was the announcement that Fresno would be hostess to the next district convention, April 11, 12 and 13. Regular business consumed the morning hours. Among the many interesting reports from the district was the review given by Mrs. A. B. Armstrong, district president, of her visits to various clubs. All showed continued and increasing enthusiasm in work undertaken. Especially encouraging were the results of the reciprocity days, in which Tulare and Exeter had done notable work. Several Civic clubs, doing excellent service, were reported as probable additions to the federated clubs. Among new topics for consideration, social insurance was introduced by Mrs. McLean of Exeter; a plea for simplicity in dress and menus was made by Mrs. Hain of Coalinga; Mrs. W. A. Fitzgerald, president of the Parlor Lecture Club of Fresno, talked on the dental clinic for which her club is working and which is now assured, since its support of the sale of red cross stamps has been generously and generally entered on by Fresnoans.

Plates for twenty-eight were laid in the banquet hall, and a most enjoyable interval with the social spirit animating the feast was had. A short postprandial session followed, during which numbers of the "Clubwoman" were distributed and its claim to recognition and liberal support were set forth by the very excellent number presented.

One important club interest for the incoming year will be the State Board meeting to be held on the morning of the 19th at Fresno, on which occasion Mrs. Josiah Evans Cowles, general federation president, will be the guest of honor. She will be accompanied by Mrs. Robert Burdette and

other prominent clubwomen of the Southland, and will be joined by northern members headed by the state president, Mrs. E. D. Knight.

In the afternoon of the same day, the San Joaquin District will give a reception, complimenting its distinguished guests.

The Delano Women's Club augmented by guests, recently enjoyed a most profitable afternoon with Miss Lillian D. Clark of the University of California, who talked on conservation of farm products.

A most delightful and highly successful social function was given by the Tuesday Club of Lindsay at the Arboretum. The rooms were beautiful in holiday decorations. Games were played in the clubroom and one hundred and twenty-five of the younger set enjoyed the dancing provided in the auditorium, and the stirring music. This pleasant event is to be incorporated into the regular program and made an annual festivity.

The Woman's Club of Tulare gave its annual bazaar and ball on the afternoon and evening of December 9, for the benefit of its social service work. The club has affiliated with local societies and all are co-operating with the municipal welfare commission. All needy cases are reported to the chairman of the social service department who investigates and records the works done in each case, thus eliminating all confusion, neglect or repetition.

On Wednesday, December 13, Mrs. California Matheny, president of the Clovis Woman's Club entertained officers and committees of the club at her home in Enterprise Colony. The various chairmen submitted plans for new work to be undertaken. This club has been featuring civic work and proved itself one of the banner clubs in the splendid work accomplished.

The Parlor Lecture Club of Fresno had a most interesting meeting recently, when Dr. Aurelia Rheinhart, president of Mills College, and state chairman of literature of the California Federation of Clubs, lectured on "Americanism and American Literature Today."

The possibility of a joint club house for the several women's clubs of Merced, which has long been the hope of the local clubs, was discussed on Thursday at the first meeting of the 1916-1917 year of the Merced Women's Improvement Club. No definite plan was formulated, but much enthusiasm was expressed.

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**HOTEL HERALD**  
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*Located three blocks from Market Street  
 on direct car-lines from depots.*

The air of refinement pervading the Herald—the quiet, intelligent service—the cheerful well-planned rooms, coupled with the reasonableness of the rates, will so charm you on your first visit that your departure will be reluctant and your return certain.

<p>FIFTY ROOMS WITH DETACHED BATH AND SHOWER</p> <p style="text-align: center;"><b>\$1.00</b> PER PERSON</p>	<p>SUNLIT ROOMS ALL OUTSIDE</p> <p style="text-align: center;"><b>\$1.50</b> PER PERSON</p>	<p>HUNDRED ROOMS WITH PRIVATE BATH AND SHOWER</p> <p style="text-align: center;"><b>\$1.50</b> PER PERSON</p>
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Under management of Leo Lebenbaum

## SAN FRANCISCO DISTRICT

MRS. W. C. MORROW, Chairman

The holiday atmosphere has invaded the club world just as it has everything else, and Christmas Jinks have taken the place of the more substantial things. One dominant note, however, has been the spirit of friendliness and helpfulness that nearly all of the clubs have evinced. The Christmas trees were laden with gifts for the unfortunate ones, and every one has vied with each other in doing for those who have less than they. In all of the jinks there has been the holiday spirit and a reversal to childhood days. The days that are good to remember, for it is well to become as a little child occasionally and have an open mind, and let the complexities and subtleties go for the time being. Never before has there been the great and crying need for love and thought for others, and with the whole world tossed about in conflict it is well to forget self and do one's little to help.

The busy little bee, Mrs. Fredericks, President of the San Francisco District, has been actively at work notwithstanding the pressure of other duties. She called a joint meeting of the Alameda and San Francisco districts early in December. All of the club presidents within an hour and a half's ride from San Francisco gathered in this conference. It was decided to give a large reception to Mrs. Josiah Evans Cowles on the 18th of January, 1917, at the Palace Hotel from 3 to 5 o'clock. It is the desire to give Mrs. Cowles the opportunity to meet all the members of these clubs, and in like manner give an opportunity for the honor to be given to the President. All federated clubwomen of the districts are invited to attend. All the club presidents will act as a Hospitality Committee. In the receiving line will be Mrs. Josiah Evans Cowles, General Federation President; Mrs. Edward Dexter Knight, State President; Mrs. Edward Gere Denniston, State National Delegate; Mrs. Frank Fredericks, San Francisco District President; and Mrs. Fisher Clark, President of the Alameda District.

The Twentieth Century Club of Berkeley had a Christmas Festival with unique features, and the Mills Club, with its able president, Mrs. John Perine, had charge of

the gala day. The California Club, with Miss Margaret Curry, its head, gave a Christmas entertainment, and the Laurel Hall Club had festivities, and To Kalon had its usual fine entertainments during the holiday season.

Mrs. Fredericks visited the various clubs in San Francisco in December. Her itinerary for January is a busy one. San Jose, Saratoga, where Mrs. Fredericks has a lovely home in that beautiful spot Dixon, Vacaville and a Board Meeting in Fresno.

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## JAPANESE WOMAN STUDIES DENTISTRY

A Japanese girl, Miss Sawaji Misawa, was the first applicant to enroll in the University Extension evening classes in English, started by the University of California in San Francisco. To be a dentist some day is her ambition, and her object in taking these evening courses in English was to perfect her command of English in preparation for a career in dentistry. She will be one of the pioneers of her sex and her race.

Rare courage and ambition were necessary to launch this daughter of the Samurai on a scientific career. With much difficulty she prevailed upon her parents to overcome the prejudices of their caste and to let her go out into the world for professional training. She began by a three-year training course in the Japanese Red Cross hospital in Yokohama, meanwhile acquainting herself with English by living in the home of the consular secretary.

During her studies in the hospital she met many Americans and became imbued with the idea of winning a university training in the United States. In her work as a trained nurse she soon found opportunity to come to America with an army officer's wife. Last spring she completed a four-year course in the Girls' High School in San Francisco.



Miss Misawa



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—the Phonograph that is different.

—It's Sounding Board Throat and Horn of Silver Grain Spruce, an exclusive feature in the Starr, is based on the same principle of tone-building applied in the best Pianos and Violins and gives to the Starr a beauty, richness and clarity of tone unequalled in any other reproducing instrument.

The Starr Phonograph plays correctly all makes of disc records including our own comprehensive Library of Starr Records.

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## RECEPTION GIVEN TO MISS KAWAI

Representative From Japan to the New York Biennial Entertained by the Club Women of San Francisco

One of the most significant and interesting affairs held in San Francisco recently was the reception to Miss Michi Kawai, given under the auspices of the Yu Ai Kai, a society of American friends of Japanese women. The society was organized June 7th, 1915, by the Pacific Coast Field Committee of the National Board of the Y. W. C. A.

This reception was held in the Red Room, St. Francis Hotel.

Four years ago Baroness Okuma, wife of the Prime Minister of Japan and a member of the Woman's Club of Tokyo, sent a beautiful flag to the General Federation of Women's Clubs at the biennial held in San Francisco, and this year Miss Kawai, representing the Y. W. C. A. of Japan as its national secretary, attended the New York Biennial. On account of this interest and appreciation shown by the Japanese women, the General Federation and the State Federation joined in honoring this young representative from the Orient. Miss Kawai is not a stranger to our country, as she is a graduate of Bryn Mawr College.

California's representative on the General Federation Board, Mrs. E. G. Denniston, was to have had the honor of presenting the flag, which was carried to Baroness Okuma by Miss Kawai, but owing to the sudden demise of Mr. Denniston, our State President very kindly and willingly performed this office in the name of the General Federation and in the name of her, to whom the sympathy of the club women of the state is extended.

The courtesy and ability with which Mrs. Knight made the presentation, may best be shown by quoting from the State President's speech. She said, in part:

"In 1910, at the Biennial Convention held in Cincinnati, Mrs. Philip N. Moore, then president of the General Federation of Women's Clubs, announced that the name of Countess Ayako Okuma of Japan had been added to the honorary membership list of that organization. At that time the Countess sent a charming photograph and expressions of esteem. In 1912, at our own San Francisco Biennial, the Countess presented a beautiful Japanese flag to the General Federation. Again in 1914, Countess Okuma sent to Chicago her greetings and assurances of deep interest in the work of the American women. She graciously stated that the women of her loved country looked to America for inspiration and help in the solution of their problems for women, and expressed the desire that a closer intercourse might be established between the women of Japan and the women of America,

and a greater knowledge of each other gained, to the end that the two nations might be drawn closer together in the future. The General Federation has been pleased to return greetings, and these delightful courtesies have awakened a greater interest among the women of the Far East and the women of the Far West.

"Miss Kawai, we have read of and kept in close touch with your noble work; we honor you as one of the world's great women, and we welcome you as a beloved guest. Not only as club women, but as representatives of American womanhood, we are proud to do you homage because of the golden links which you have wrought, the links which are strong enough to unite the Orient and the Occident. We ask you to carry our message of faith and good-will to the women of your native land.

"The representatives of our General Federation bid me say to the Countess Okuma through you that we would give her of our best, so we send the emblem of our country, our Star-Spangled Banner, symbol of purity, courage, and truth. May it wave to you the true friendship which the women of America feel for the women of Japan. It is an encouraging sign that, in these days of anxiety, when the brotherhood of man seems to be almost lost sight of amidst the struggle of the nations, the sisterhood of woman is being strengthened throughout the world, for 'tis women who suffer the keenest pangs because of the ravages of war, and it is the mother-heart of woman which would wipe out all bloodstains and wave the flags of all nations over countries forever at peace. Honored guest, with this gift, on behalf of the General Federation of Women's Clubs, I extend to you the hand of fellowship, with the hope that, though 'East is East and West is West,' the twain shall continue to meet on grounds of mutual understanding, and draw closer and closer together for the general good of womankind."

In reply to Mrs. Knight, Miss Kawai expressed the desire that all of her countrymen and countrywomen, rich and poor, progressive and conservative, might have had the privilege of attending the wonderful gathering and of hearing the messages from the different organizations.

She spoke of the timidity of the Japanese women, of them being young in experience and of their willingness to follow in the footsteps of the American women.

She mentioned the fact that all European or white nations look alike to the Japanese, and that all of the languages are fully as unintelligible to the Oriental as is their language to us.

She gave stress to the power of the belief in one God to understand and unify, and said that in her own small experience she had been accepted into very wealthy families, into poor families, into factory, office and student life, and had always felt exactly like one of them.

She felt that the reason of this was in the fact that she had endeavored to think beautiful what they thought beautiful, and she had tried to think ugly what they thought ugly, and emphasized the point that there was only one truth in the world, for truth is always truth. "Good is always good; bad always bad."

J. L. B.

#### ART ACTIVITIES

For several years the Ladies' Museum Association of Sacramento has been working quietly to accumulate a fund to buy a painting and named a committee at its last meeting to select one that would be suitable to place in the E. B. Crocker Art Gallery. The object is to present it to the gallery just as soon as there is a suitable place to hang it.

Fortune favored in Wilhelm Ritschel's being on the coast six miles below Point Lobos, where several of the committee visited him in his studio and made the selection from several of his latest canvasses, so the painting was purchased right from his easel without previous exhibition.

The Board of Directors voted unanimously to buy the painting.

Negotiations for the purchase were made by Miss Josephine Blanch, a former pupil of the School of Design, once held in the art gallery, and who is now curator of the Del Monte Gallery.

The subject of the canvas, which measures 50 by 60, is "Monterey Coast," and Ritschel has caught the spirit of the hour, which is his greatest desire always in his work. A light fog hangs over the ocean. Through its mists are seen great rugged rocks and waves with a rough sea beyond. The coloring is the wonderful blues and

greens of the Pacific when the fog is about to lift. It is the lyric school and thoroughly realistic, yet big and broad in technique.

Wilhelm Ritschel was born in 1864 in Nuremburg, Bavaria. He studied at the Royal Academy of Munich under Kaulbach and Raupp.

In 1914 he was elected a member of the National Academy of Design, at which he exhibited regularly. — From "Sacramento Bee."

(Continued from Page 17)

ing to meet their own problems involving the child. One producer told me that on more than one occasion he had been obliged to let a clever child go because of undesirable conduct, and a well-known director says that he always takes into consideration the character of the children when he selects his cast, because he cannot have unmanageable children around, as their influence on other little minds is bad.

Said one of the foremost producers of the country: "We must have children in our pictures. It stands to reason that we would take the best care of them, mentally, morally and physically, even if we took into consideration only the financial aspects of the matter. But our directors are most of them family men, and to them children are more than actors—they are children in the best sense of the word, and no man is successful in handling children before the camera unless he loves and understands them."

I have spoken especially of certain studios, because they are well known, and it was these that were especially consulted as to just what they are doing for their children. But all first class studios are giving their juvenile actors every protection, and the school board and the labor commission are supervising their work along this line, although there are few, if any, of the companies which employ children regularly, which do not give the children many more conveniences, comforts and opportunities than are required by law.

CLARA M. GREENING.

*"Fleischmann's yeast is splendid yeast. Bake with Fleischmann's yeast".*

# HOME DEPARTMENT

## PROTECTING THE PUBLIC

The advertisements of foods and foodstuffs which appear in this and coming issues of The Clubwoman are from firms which haven in every respect conformed to the rigid requirements laid down by the Department of Health, C. F. W. C., as a part of its present campaign for the protection of the public through the elimination of impure foods and food materials. In every case, before a food advertisement is accepted for the official magazine of the Federation, the plant or establishment is thoroughly inspected by a special committee named for the purpose by the Department of Health and composed of qualified experts on the subject. The appearance of such an advertisement in The Clubwoman is consequently prima facie evidence of purity, reliability and patronage worth.

At the head of the departemnt's committee of inspection is Dr. Lulu H. Peters, M.D., Chairman of the Department of Health for the Los Angeles District, member of the clinical staff of the Los Angeles County Hospital, and of the University of California's Los Angeles Postgraduate School, special examiner Los Angeles State Normal School and instructor of Infant Feeding at the County Hospital. The work of the committee has now been extended to include the inspection of laundries andr other establishments whose work affects the public health.

The following letter is self-explanatory:

### THE HOME INDUSTRY LEAGUE OF CALIFORNIA

Keenly Appreciates the Value of the  
Excellent Services Rendered Its  
"Buy-at-Home" Campaign  
Rendered by the Editors of

### THE CLUBWOMAN

during the year 1916; and, assuring them of The League's thanks and hearty co-operation during the coming year in educating the people of California in spending their money within their own State, County, Town or other Community, as far as practicable, wishes for The Editors a richly deserved Merry Christmas.

CHARLES R. THORBURN,  
Executive Secretary.

How federated clubwomen stand to their guns in support of a chosen propaganda has seldom been better exemplified than by the Wednesday Morning Club, of Los Angeles, one of the largest and most influential of the membership of the C. F. W. C.

From the beginning of the campaign for California-made products the Wednesday Morning Club has taken a leading part in it, through active dissemination of its propaganda and through the even more effective means of causing its members to eschew all but home-made goods. Came presently to Mrs. M. E. Johnson, president of the club, a representative of one of the biggest food products houses in the East, with an alluring proposition. His firm, he said, being desirous of exploiting its wares before the influential ladies of the Wednesday Morning Club, had the honor of inviting the entire membership of the club to a most elaborately appointed luncheon, to be prepared by two special chefs, with all expenses paid by the company and no obligations on the women whatever except



## BESGRADE FLOUR

is the ONLY flour in Southern California that is packed in sanitary, PAPER-LINED, dirt-proof sack. It is 100 per cent "clean and good." Thousands of housewives have found it to be the BEST AT ANY PRICE for bread, biscuits and pastries. Bake your own bread with "BESGRADE" and save 40 per cent of your bread bill.

GREAT WESTERN MILLS

10794

Main 2243

to eat the good things provided and approve of them if they deserved it.

It was a tempting bait, for a brilliant luncheon is a feather in the cap of any club.

Said Mrs. Johnson to the food man:

"These products which you desire to serve our members for their approval—are they California goods?"

Said the food man to Mrs. Johnson:

"No madam, they are Eastern goods."

Said Mrs. Johnson to the food man, regretfully, maybe, but firmly:

"Then I am very sorry, but the Wednesday Morning Club is pledged collectively and individually to the use of California products. We appreciate the honor of your invitation but we cannot lend the moral support of our presence at a function whose purpose is to advance the interests of outside goods over those of our own state."

Now wasn't that pretty fine?

High on The Clubwoman's honor roll of firms assisting in the Home Products campaign is the U. S. Baking Company of Los Angeles, one of the important ones of the South. Since the campaign started the manager of the company, Mr. Seward C. Moses, has agreed to discontinue a former part ratio of Eastern flour and use all California flour.

Mr. Frank Hester, of Bishop & Co., one of the biggest baking and confectionery firms of the Pacific Coast, informs The Clubwoman that the company is now using 100 per cent California flour and sugar.

Mr. Frank E. Zeiler, manager of the Pacific Coast Biscuit Company, states that his concern buys every ounce of its sugar and shortening in California. It also uses California-made paper cartons and employs only California printing. As much as possible of its flour is the product of California mills.

#### NECESSITY FOR PURE MILK

By Geo. H. Hart, V. M. D., M. D., City Veterinarian and Chief of Dairy Division

Office of Department of Health  
City of Los Angeles

In the entire realm of foodstuffs which man takes into his body for nourishment, milk stands at the head of the list for the ease with which it may become contaminated. The fact that it furnishes a perfect nutrient media for the growth of many disease producing organisms renders a slight infection in a short time a very severe one, because the few organisms multiply into countless numbers. Moreover it is often consumed in the raw state, and thus during course of preparation nothing is done to render inert these harmful agents, as occurs, for instance, in the cooking of meats. In addition, it constitutes the main article of diet for the human race during infancy and invalidism when the resistive powers of the body are low. For example, it has not been uncommon for infants to be taken down with summer complaint or other gastro-intestinal disturbance from in-



## The Utmost in Biscuits

Usually found under the well known  
"Swastika Seal of Bakery Perfection."

Note the mark and insist upon it  
from your grocer.

PACIFIC COAST BISCUIT CO.

## Arden Dairy Certified

Robbins' Ranches, El Monte, Cal.

### Certified Milk and Cream

The only certified dairy in Los Angeles County.

Deliveries in Los Angeles, Pasadena, Hollywood, Long Beach, Ocean Park, Venice, Santa Monica, Hermosa Beach and Redondo Beach.

Specify "Certified" for your infant.

It's worth while! Ask your doctor.

General offices 1963 Santee St., Los Angeles, Cal. Home Phone 24485.

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Uptown Agency: Red Rose Butter Shop  
211 W. 4th St., Los Angeles

Interesting Booklet on Request

gesting milk which healthy adults consumed with impunity. The dairy business is being conducted by large numbers of individuals who are constantly changing both as proprietors and helpers. Few of

them have any knowledge of the means by which the product they are handling may become harmful to health. When contamination does occur it usually produces no visible alteration in the appearance of the milk. Thus the perfectly honest dairyman may, without his knowledge, be distributing a dangerous article of food to his customers.

The consumer in most instances is interested in but one thing about the daily bottle of milk, namely, the amount of butter fat it contains as shown by the depth of the cream line. In reality this is the least important thing about it. The butter fat represents approximately but one-third of the food value. The presence or lack of sediment or dirt in the bottom of the bottle is of much greater consequence.

Consumers should examine for themselves the conditions surrounding the production of their milk supply, but unfortunately this occurs in but very few instances.

Thus we see that of all foodstuffs, impure milk can do the most harm, and the necessity for its purity is therefore greatest. Since the clean milk crusade began in this country, the death rate among young children has been reduced nearly 100 per cent, and epidemics of typhoid fever, scarlet fever, diphtheria, and other like troubles have been reduced at least 50 per cent.

In all communities, large or small, the protection of the milk supply by official supervision is a public duty. There is no better index of the state of civilization of a community than the manner in which it approaches its public health problems.

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**MOUNTAIN LAUREL**

By Emeline Harrington

Weave for the victor a chaplet of laurel:  
Honor the brave with its evergreen  
leaves:

Gather its bloom when a nation rejoices,  
Lavish when one for a patriot grieves.

Pallid as dawn, like a snowdrift translucent,  
Veinings of rose rib each chalice of pearl.  
Treasures of life, hid in caskets of argent,  
Fly to the heart when its stamens uncurl.

Red as the blood from the heart of a soldier,  
Starlike as faith in the soul of a nun,  
Buds mid the blossoms, like jewels of coral,  
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NOTE—The above poem was written by  
a member of a Woman's Club in Carmel.  
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fuller appreciation of the flower which at  
the New York Biennial was accepted as the  
symbol of the General Federation.

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OFFICIAL ORGAN OF THE

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19

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## SUGGESTIONS FROM A PRESS CHAIRMAN TO THE READERS OF THE CLUBWOMAN:

**I RESPECTFULLY SUGGEST TO YOU THAT THE CLUB WOMAN, OFFICIAL ORGAN OF THE STATE FEDERATION, IS YOURS AND THIS MEANS,—OURS!**

**I RESPECTFULLY SUGGEST TO ALL THE OFFICERS AND CHAIRMEN CONNECTED WITH THE STATE AND DISTRICT DEPARTMENTS TO BE LOYAL TO OUR MAGAZINE BY FURTHERING IT IN EVERY WAY POSSIBLE: BY SUBSCRIPTION, BY ADVERTISING, BY CREATING AN INTEREST IN THE MAGAZINE, OR EVEN BY GIVING ADVICE AS TO HOW IT SHOULD BE RUN.**

**I RESPECTFULLY SUGGEST THAT THE ABOVE NOTICE IS GIVEN OUT IN EARNEST ENTREATY, ALSO, TO ALL CLUB PRESIDENTS, SECRETARIES, TREASURERS AND OTHERS WHO ARE INTERESTED IN THE WORK!**

### Preparedness by Press

The writer of this, Mrs. Warren Currier, wonders how many women of California fully appreciate the part played by our press in evolving the highly efficient and well-informed club women for which this State is justly famed? It is doubtful if the newspapers of any other state devote as much space and as high a grade of reporting talent to this line of work. Few, if any other states, have their own club women's magazine. These sources of information place within the reach of every club woman a liberal training in club activities as well as a wide knowledge of the strong personalities that are being evolved by the great body of federated clubs.

A characteristic instance of this is seen in the news of the Biennial. That band of clubwomen who went to the Biennial from our state have written of every phase of that notable gathering. Have we been as eager to receive this information as they have been generous in giving it? A world of valuable knowledge is put out continually by our leading clubwomen to prepare the less experienced of us for responsibilities to come. The fault is with us if we do not avail ourselves of this unusual opportunity for preparedness in our line of work.

### ADVERTISERS PLEASE NOTICE

Complaint has been made to THE CLUBWOMAN that advertising solicitors of other woman's publications are alleged to be representing that there is more than one OFFICIAL ORGAN of THE CALIFORNIA FEDERATION OF WOMEN'S CLUBS.

We wish to state that there is only one medium which has the right to represent itself as THE OFFICIAL ORGAN of The Federation—that THE CLUBWOMAN. No other publication is IN ANY WAY connected with THE FEDERATION. THE CLUBWOMAN is the only magazine which gives official STATE FEDERATION news, and is the only magazine in the State which gets THE FEDERATION NEWS FIRST. Other magazines can only copy.

Advertisers will find it to their advantage to use our advertising section to place their wares before women—who are the BUYERS. Advertisers who use our pages are always benefited.

Advertisers REMEMBER—there is only one California Federation Magazine—THE CLUBWOMAN.

(State Chairman of Press.)

### KATE DOUGLAS WIGGINS

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No teacher, be she ever so gifted, ever so consecrated, can sufficiently influence the children under her care for only a few hours a day, unless she can gradually persuade the parents to be her allies.

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The study and practice of the kindergarten theory of education and life gave me, while I was still very young, a certain ideal by which to live and work, and it has never faded.

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Month after month they sat together working, playing, helping, growing—in a word, learning how to live.

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# *The* Club Woman

February, 1917  
Vol. IX, No. 4

*The Function of Government  
is Human Welfare or  
it is Nothing.*

— Mary McDowell



**Official Organ of the California  
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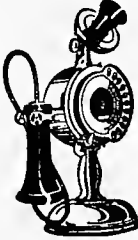
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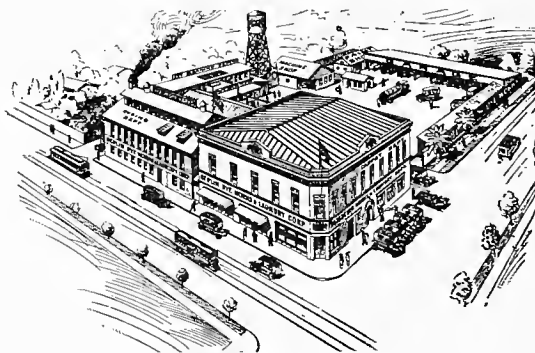
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MISS JESSICA LEE BRIGGS, Associate Chairman and Northern Federation Editor, 1942A Hyde St., San Francisco

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## EDITORIAL NOTES

We are not responsible for the political situation into which we came. That was man-made and we inherited it, but now we are responsible.—Mary McDowell.

Dr. Aurelia Henry Reinhardt, President of Mills College and State Chairman of Literature, C. F. W. C., sails for Honolulu this month, where she goes in the interest of Mills College. While away she will give several lectures on Literature.

Mrs. James L. Young of "Glenalvon", Auckland, N. Z., is one of the latest subscribers to the State Federation magazine. With the addition of Mrs. Young we are now sending the magazine to five different countries.

The interesting and instructive book review which appeared in the last issue of *The Clubwoman* was the clever work of Dr. Aurelia Henry Reinhardt. The name was omitted by mistake.

In a letter to her loving "constituency", which has sadly missed her in the time she has been unavoidably absent through sickness, Mrs. Cora M. Woodbridge, President of the Northern District, sends out a new and ringing declaration of faith. She calls upon her members to "prepare" by causing to become Americanized every foreigner within their reach. She asks united support for the legislative program of three measures—the community property law, the moron colony and women as jurors' bills. She urges attention to child welfare work and hopes that every club will sponsor a Better Babies' Week this spring. The Health and Civic Departments are not slighted, nor is the appeal from the Federation Finance Committee. Of the district convention to be held in Marysville March 14, 15 and 16, she urges that it be made to break all records for attendance, enthusiasm and reports of work well done.

The Starr Piano Co.,  
City.

Gentlemen:

On behalf of the California Federation of Women's Clubs and the individual organizations indebted to you for the gratis use of the handsome piano installed in the Brack Shops assembly room, permit me to convey our sincere thanks and assurances of our reciprocation in any manner possible.

Very truly yours,

LOUISE HARVEY CLARKE,  
Federation Editor, *The Clubwoman*.

### WOMAN LAWYER RECEIVES STATE OFFICE

A field hitherto occupied exclusively by mere males has been invaded in the appointment of Miss Elizabeth L. Kenney of Los Angeles to the position of inheritance tax appraiser. She is the first woman in California, and perhaps in any state, to secure such a position.

Miss Kenney was selected from a field of 20 applicants. She is one of the best known lawyers in Los Angeles, enjoys a good practice and a high standing at the bar. After graduating from the high school she took a course at Stanford, majoring in law, and later graduated from Northwestern university at Evanston, Illinois, receiving an L.B.B.

Credit for the improvement in the General Federation Magazine is due the new leader and editor, Mrs. Haryot Holt Dey. Mrs. Dey, who is President of the New York Woman's Press Club, has planned a campaign for the magazine which will give it the strength and dignity required to adequately serve so dignified a body as the General Federation.

## New Smart BOOTS

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## STATE PRESIDENT'S LETTER

Spring approaches and with it the convention season. Soon the delegates from Alameda, Calaveras, Contra Costa, San Joaquin and Tuolumne Counties will assemble in the Hotel Oakland to present the records of another year of efficient service; and, in rapid succession, similar gatherings will be held in the Northern, Los Angeles, San Joaquin and San Francisco Districts. That we may make each one of these gatherings of historical value, may I urge great care in the matter of the presentation and endorsement of resolutions?

### State Meeting

Mrs. Frank Fredericks, President of the San Francisco District, has been appointed chairman of the Resolutions Committee for the State Convention, to be held in Pasadena (Hotel Maryland), May 1st to 5th. It is the desire of the Executive Board that department chairmen, and others wishing to do so, frame and present resolutions to her or to any other member of the committee at their earliest opportunity, so that most careful consideration may be given this important phase of our work. Remember, "we should not undertake action until we have studied conditions. There is nothing so dangerous as ignorance in action." We are advised by the railroad companies that a one-half fare rate will prevail if one hundred delegates leave San Francisco in a body to attend the convention. The hotel management offers every comfort for our delegates and an ideal setting for our convention. Let us go en masse from every district that together we may measure up to the high standard by which the world has a right to judge us.

### To Club Presidents

On or before March first, you will receive a blank ballot which will entitle your club to express its choice for state officers. That its purpose may be fully understood, I would call your attention to Article VII of our by-laws, as it was revised in San Francisco in 1915.

### ARTICLE VII Election

Section 1. The Corresponding Secretary shall send a nominating ballot to each club not less than sixty days previous to the State Convention in election year; these ballots shall be returned to the Secretary with the endorsement of the club's choice of candidates not later than thirty days previous to the convention. The Corresponding

Secretary shall keep a record of these ballots and immediately forward them to the member of the Nominating Committee in the District from which they were received.

The names of all candidates receiving the endorsement of ten clubs and accepting nomination shall be placed on the ballot; in case a full ticket is not secured from the nominating lists, the nominating committee shall complete the ticket.

We are to "try out" this system for the first time. It is another experiment in democracy, and deserves your most careful thought.

Legislative matters have taken precedence at our two board meetings this month. Our law-makers have in their hands to dispose of "for better or for worse" the three measures endorsed by the Women's Legislative Council, also the other measures endorsed by the California Federation. You have been informed of the purport of all of these and our legislative department urges a study period at this time. The Women's Legislative Council of California is a legislative clearing house for the various women's organizations of the State. Its purpose is to avoid duplication of effort and scattering of forces and to bring about the compromise which is the essence of success in this work. Let us carefully follow the suggestions in the message of our chairman of legislation, Dr. Lela Beebe.

### Past Month's Activities

The enforced postponement of the receptions planned by the San Francisco, Alameda and San Joaquin Districts in honor of Mrs. Cowles during the past month was a matter of keen regret. All club women united in expressions of sympathy and condolence to Dr. and Mrs. Cowles because of their great bereavement.

In company with the President of the San Francisco District, Mrs. Fredericks, I visited the Dixon Woman's Club on January 17th. Here we found a most responsive audience and a splendid federation spirit. Other happy afternoons were spent with the Hypatia, Victoria Colonna and California Clubs of San Francisco. A visit to the Capitol City and a day's convention with the San Francisco City Federation were other events of the month.

Most earnestly,

(MRS. E. D.) HELEN M. KNIGHT.

San Francisco, January 29th, 1917.

## GENERAL FEDERATION

### WESTERN UNION TELEGRAM.

Los Angeles, Cal.  
December 24, 1916.

To Hon. Woodrow Wilson,  
President U. S., Washington, D. C.:

Voicing the sentiment of three million women, we commend your efforts to keep our country from war and to bring peace

to the warring nations of Europe. May your Christmas beginning soon lead to surcease from strife! Until such consummation we will join our prayers with yours to that end.

MRS. JOSIAH EVANS COWLES,  
President General Federation of Women's Clubs.

## LETTER.

## THE WHITE HOUSE,

Washington, December 26, 1916.

My dear Mrs. Cowles:

The President very deeply appreciates the generous words of the telegram which you addressed to him in the name of the General Federation of Women's Clubs, and he asks me to convey to you and to everyone concerned an expression of his cordial thanks for your approbation and your prayers.

Sincerely yours,,

J. P. TUMULTY,

Secretary to the President.

Mrs. Josiah Evans Cowles,  
President,  
Los Angeles, California.

Many will recall the occasion of the presentation of the flag of Japan as a gift from Marchioness Okuma, at the time of the San Francisco Biennial in 1912. In return a small flag and a picture of Mrs. Philip N. Moore, then president of the G. F. W. C. was sent to the marchioness with the promise that a larger one would be sent to her later. August 10, 1916, at a reception tendered Miss Nichi Kawai by the Y. W. C. A. at the Fairmont Hotel, San Francisco, there was handed to Miss Kawai a large silk flag to be presented through the Tokyo Women's Club to the Marchioness Okuma. The Tokyo Women's Club, through its corresponding secretary, Mrs. Emma Paul Hyde Price, advises that the flag was presented privately to the marchioness by their president and Miss Kawai, as the marchioness was unable to be present at their October meeting.

Under date of November 25, Mrs. Inazo Nitobe writes as follows:

"This letter, written by the Marchioness Okuma in very real appreciation of the beautiful flag sent to her by the Federated Women's Clubs, is a veritable poem in form and expression. The paper, the folding, the diction, the handwriting—even the conventional postscript—are perfect in their way and according to old court etiquette. And yet I have to send you this simple translation. The honorific stule would seem out of place and effusive in English.

"Glad as I am to do what I can for Marchioness Okuma, it is positively painful to send you anything so inadequate as this translation.

"The members of the Tokyo Women's Club appreciate their connection with the Federated Clubs of America, and hope the tie will grow closer. Perhaps their president may sometime favor us with a visit, and thereby strengthen it."

Upon beautiful, deep cream-colored stationery, liberally sprinkled with gold, carefully and exquisitely folded, is inscribed the following letter:

"To the President of the Federated Women's Clubs of America.

"Dear Madame:

"With best wishes I desire to congratulate you upon the efforts you are making for the Federation of Women's Clubs.

"I received the glorious flag of your noble country with a profound sense of the honor bestowed upon me, and when I behold its beautiful color and design it seems as though I see in them the very depth of your great kindness.

"Sometime ago I had the honor of being elected a member of your club. Again you honor me, and I believe that through this favor all Japanese women share with me the honor and joy.

"I shall always regard your gift as a symbol of a closer relationship between America and Japan. The winds and waves of the ocean cannot disturb this.

"Please give this word of thanks and love to all members of the club.

"Praying that your honorable association may be more and more successful, and that you may exert yourself for your people and the world.

"With congratulations and best wishes,

(Signed) AYA-KO OKUMA.

"P. S. I hope that you will take good care of yourselves and add your power to the strengthening of your association. With cordial wishes for your good health and prosperity,

"Again with congratulations,

"AYA-KO OKUMA."

(Marchioness Okuma.)

## COUNCIL G. F. W. C.

An event of special interest was the "Get Together Luncheon" Wednesday, January 24 at the Grumewald Cave by the local board of arrangements for the Council of the G. F. W. C., which will meet in New Orleans April 10 to 12.

A large number of prominent guests were present. Fully twenty-five organizations, federated and non-federated, were represented. Miss Agnes Morris, vice chairman, introduced Mrs. J. B. Wilkinson of Shreveport, chairman of the local board and president of the Louisiana Federation, also Mrs. H. Dickson Bruns and other Daughters of the American Revolution. Mrs. Wilkinson said, "The entire State Federation is supporting New Orleans in its purpose, not only to make this the largest and most beautiful, but the best council ever held."

Moss and palmettos will be used almost exclusively in decorating and the bureau of information committee will be ready to show the visitors everything from where the meetings will be held to where to buy a baby alligator.

The French Opera House has been engaged for meetings of the council and civic and municipal authorities are co-operating with the women in making preparations.

## PEACE FROM AN EDUCATIONAL STANDPOINT

By MRS. C. E. CUMBERSON, State Chairman.

"What's in a name?" may have been questioned a few hundred years ago, but in the twentieth century, this age of great world movements, where, many times the masses must be moved and influenced quickly through their emotions, we have come without question to know and appreciate the value and the magic of a name, aye, and a slogan. If one were to ask a member of the Peace Committee of the Federation of Women's Clubs "what's in a name?" she would tell you very quickly that the name or title under which this committee has labored for the past two years has been a great handicap, because the word peace, while expressing the ideal, does not convey to the average mind the method or the channel through which, in time, the ideal may be attained. To the majority of people it suggests merely disarmament, non-resistance, peace-at-any-price. As a result of this experience the general federation will be petitioned this year to give this most important committee a name that will express more fittingly the instruction we are given, i. e., to study and promote internationalism. Furthermore, it has been suggested that a topic bearing directly upon the amicable adjustment of world relations, which is the foremost subject in the minds of all the peoples today, should have the dignity of a department. For instance, would our club members not understand the work better if it were called a Department for the study and promotion of International Justice? This would cover the whole ground, for peace between nations, which means organized living together of nations, demands first the study and then the promotion of internationalism, the strengthening of friendly international relations which can never be developed or sustained by force.

The scales of Justice are fast supplanting

the white-winged dove as an emblem of Peace. The dove expresses the highest spiritual conception of Peace; the scales of Justice, the highest material and concrete form which we can grasp without argument as to its meaning.

While we are on this subject of internationalism, I am going to take this opportunity to speak of what is termed the problem of the Orient, which is largely the Japanese question. With the Jingo Press and other agencies continually suggesting that "War with Japan is Inevitable," we should know, absolutely, that unless some thought is sent forth that will counteract this seed of hate, fear and suspicion that is being sown, we will have the dreaded monster war upon us. Therefore, why not take the slogan "stop war before it is started" and work to that end.

First, write to your representative in Congress and tell him you most heartily approve of the La Follette bill, which would empower the President to invite the governments of Japan and China to organize a commission or commissions that would take up any questions that might become an issue between the United States and the Orient.

When you read in newspapers or magazines the suggestion that "War with Japan is Inevitable," write the publication and tell them that you do not approve of the sentiment expressed and stop the paper or magazine if repeated.

Do not pass to your neighbor the "they say" that Japan has an army of thousands of Japanese across the border ready to assist Mexico in our downfall; or that Japan has an army being trained in California. If these statements are true our government should know it, and before you pass it on to your neighbor, write it to the foreign affairs committee in Washington.

## CALIFORNIA LEGISLATIVE COUNCIL

MRS. HERBERT A. CABLE, President

The Women's Legislative Council of California opened headquarters at Sacramento on the mezzanine floor of the Hotel Sacramento, January 14th.

A week was spent at the Capitol City, during which time the bills endorsed by the Council were introduced into the legislature.

The representative of the Council was treated with the utmost courtesy and consideration. The present legislative body impresses one as a dignified, serious-minded, conscientious body of men, endeavoring to interpret the will of the people and to translate into law the expressed desire of that people.

Its first and foremost wish seems to be to know definitely the convictions of its

"constituents", and the members who are most confident of securing particular legislation are those who have gone to the people with that legislation and claim to have first-hand knowledge of the voters' opinions.

From the standpoint of a woman's organization with a definite legislative program to submit to this body of legislators there is but one improvement to suggest, and that is that the women of this State should be represented by women legislators in both the Senate and the Assembly. And there should be more than one in each house, so they would not be lonely. The woman's viewpoint is needed here as in all other work which involves the "business of living."

We cannot claim to have a representative legislature until we have one composed of men and women representing the entire citizenry of the State.

There was no difficulty encountered in the introduction of our measures. The leaflets of the Council were on every legislator's desk early in the session and every one seemed willing to give serious consideration to the measures of the Council.

It is necessary, however, to remind the members and delegates of the Council that it is not a difficult matter to have bills introduced into the legislature as is evidenced by the fact that some 3000 have been introduced at this session.

The real work consists in following up those bills as they are referred to different committees, transmitted to and returned from one house to the other, necessitating watchful waiting, and patient supervision during the process of assimilation, elimination, and frequently trans-substantiation.

It has been said that it is a wise father who knows his own child, and the same is true often of the author of a bill after it has been in the hands of one of the legislative committees.

So far as the mere introduction of the measures is concerned, however, we have been most fortunate.

Members of the judiciary committee, of high standing have presented our bills, and they have been presented exactly as adopted by the Council, no changes or amendments having been considered necessary.

The bill providing for an institution for the care of the feeble-minded and epileptics, as prepared by Mr. Fred C. Nelles, and endorsed by the Council, was introduced into the Assembly and is known as Assembly bill No. 602. The appropriation of \$250,000 for which this bill calls has been approved by the State Board of Control and is recommended in the budget submitted by that body to the legislature.

The bill making women eligible for jury service was introduced by Senator Frank H. Benson, of San Jose, and is known as Senate bill No. 32.

The amendments to the community property laws, six in number, were introduced by Senator Edgar A. Luce, of San Diego, and are known as Senate bills Nos. 355-360, inclusive.

Copies of these bills may be secured upon request from the State Printer at Sacramento, but in writing for copies and in letters of endorsement the numbers of the bills should always be given, as there are bills introduced on these same subjects by other legislators, and it is desirable that the Council bills should be known as such.

Nos. 355 and 358, relate to the testamentary disposition of community property.

No. 356 provides for the removal of the State Inheritance Tax from the wife's share of community property.

No. 357 provides for a division of community property when grounds for a divorce can be shown but when a divorce is not desired.

No. 359 defines community property, wherever acquired.

If you are interested in the amendment of the present community property laws of California, which are admittedly most unjust to the wife, or in any of the measures endorsed by the Council, will you write to your representatives in the legislature and urge their serious consideration and vote for these measures?

Will you give these subjects publicity and a place on your club programs and will you respond to the appeal of the Legislative Council for your hearty support, concerted endorsement, and financial assistance in the effort to secure the enactment of these measures into law?

During February and March is the time when your action on these questions will be effective. Do your share through your organizations and by personal effort.

#### A GOOD SUGGESTION

The following suggestion is offered by the General Federation State Secretary, Mrs. A. J. Lawton, for creating more federation interest and greater knowledge of federation work among the individual clubs of the State Federation: That each club, out of their general treasury, subscribe for one copy each, of The Clubwoman and the General Federation Magazine, and put these magazines in the hands of a Federation Secretary, and give her, at every club meeting, five or ten minutes to present some club topic considered in the current numbers.

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## DEPARTMENTS OF SOCIAL AND INDUSTRIAL CONDITIONS AND EDUCATION

### A SURVEY OF A SURVEY

The Departments of Education and of Industrial and Social Conditions have undertaken as their effort for the year the cause of the education of adult foreigners. This is a work endorsed by the California Federation of Women's Clubs as well as being one of the special orders of the General Federation. There has been much apparent interest in the subject, so much that it was thought that Clubs of the Federation would be able and willing to make a careful study of immigrant conditions in the state.

The first of the year the following simple questionnaire was sent to each District and Club President in the state. With it went careful directions.

#### Literacy Campaign Questionnaire

Name of School District.....  
Ask the school authorities to take a census of your day schools and ascertain the following facts:  
How many children are enrolled in the day schools?.....  
Of how many children are both parents foreign born?.....  
How many children have either a father or mother who does not speak English?.....  
Have you evening schools?.....  
If so, how many classes?.....  
How many classes to teach English to foreigners?.....  
Are there any classes for foreign women either in the afternoon or evening?.....  
Has the evening school special supervision?.....  
Is there a normal class for instructing teachers of foreigners?.....  
What was spent on evening schools last year? (Consult Superintendent for exact figures).....  
Has it been your experience that interest waned at Easter-time?.....  
Is there any teaching of English in the community, by settlement?.....  
mission?..... private agency?.....  
If No Evening Schools  
Give the approximate number of foreigners of each nationality in the community.....  
What are their principal occupations?.....  
Is the attitude of the Board of Education favorable to night schools?.....  
Of the Superintendent?.....

The object of these questions was to have definite information upon which to proceed in energizing school districts into opening classes where twenty or more adults make application for teaching. Further than this, it was expected that the survey would prove available in convincing the legislators of the necessity for more generous and flexible laws for evening schools.

The result of the survey is not a success. The questionnaire was sent to 468 clubs and to 38 chapters of the Daughters of the

American Revolution. There is no way to segregate the answers.

Of the 118 questionnaires returned 90 were satisfactory, but the of these 20 came from the County Superintendent of Imperial County and not from clubs. Eight came from school teachers, and not from clubs, leaving only 62 satisfactory club reports. The remaining twenty-eight replies were absolutely unsatisfactory. In answer to the questions: "Of how many children are both parents foreign-born?" and "How many children have either a father or mother who does not speak English?" the answers were "No census," "No statistics," or "Practically none."

Sixty-two clubs' replies are admirable, and show careful and intelligent attention to details. But the replies of 62 clubs are rendered of little general value because of the failure of 406 clubs.

An excellent report comes from the City of Riverside, and is made by Mrs. George C. Cole, Chairman of Civics of the Riverside Woman's Club. Besides answering the questions submitted to her she made a supplementary report, and had it printed in the newspapers of her city. With it is printed the report of the City Superintendent of Schools, Mr. A. N. Wheelock.

#### The Riverside Reports

"In making the survey of population, as requested by the state chairman of education, C. F. W. C., the committee appointed at the last civic meeting wish it understood that, while, in no sense can the figures offered be regarded as a census, the committee has used all possible effort to get a correct estimate of the foreigners in our city. No information could be found in any of the public offices.

"The figures given are based on the private investigations of men in the best position to know, mission-school workers, pastors of churches with which foreigners would be most likely to affiliate, labor contractors, and estimates of public men who come in contact with the foreign-speaking people. This information, together with the information obtained from the principals of the elementary schools, shows that there are 21 nationalities represented in the schools; that there are 252 families in which a foreign language is commonly used; that there are 441 children in the schools, both parents of whom are foreign-born, and that there are many of these adults who desire to speak English proves conclusively the need of the night schools which have been inaugurated in our city. The committee urges that Professor Wheelock, the board of education and the teachers who have given their services be accorded the appreciation and encouragement they deserve for this worthy undertaking. Also, that the interest, sympathy and support of the club women be



enlisted in behalf of the legislative measures which are being introduced to make the law more flexible, in order that California may become a literate, English-speaking state.

"The report is as follows:

"The last census, taken in 1910, shows the population of Riverside to be 15,212. Of this number 1706 are colored, 421 negroes and 1285 Japanese, Chinese, Indian and others.

"The 1916 bulletin number 133, 'Estimates of Population of the United States,' just received shows Riverside to have a total population of 19,763, of which there are 3395 designated as 'colored.' The bulletin does not pretend to be a census, but is a United States official estimate of white and colored population, and makes no mention of foreign-born whites, such as Italian. Using the usual method of approximating census—five times the number of children attending school—these figures, 2395, would be segregated as follows: Negro, 670; Japanese, 235; Mexican, 1445; Chinese, 55, and Korean, 50. These figures, based on the number of children attending school, total 2455, or just 60 more than the official estimate for these nationalities.

"However, the committee does not feel this method of approximating to be the accurate one to apply to local conditions. The Mexicans (termed Indians in the census) are reduced almost one-half during the sum-

mer months; there are a great many resident Chinese and Japanese who have no children, and the latter race is usually increased to a thousand in the orange-picking season. By the most careful individual effort which could be made, family counts by individuals of the races, church counts (for the foreigners are very true to their religion) and the estimates of men who employ or come in contact with the foreign element, the following figures are offered as a result of the survey, as to the resident foreigners of the races or nationalities most largely represented in Riverside:

Negroes .....	430
Japanese .....	600
Mexican .....	1200
Chinese .....	150
Korean .....	50
Italian .....	350

"There are 665 Indians in the Sherman school and from information received from the various principles of the elementary schools in Riverside, and compiled, it was found that foreign races or nationalities are represented in our schools by the following number of children: Mexican, 290; Japanese, 47; Chinese, 11; Italian, 62; French, 21; German, 40; Swede, 40; Dane, 1; Korean, 10; Syrian, 1; Austrian, 12; Swiss, 1; Jewish, 4; Norwegian, 9; Russian, 4; Indian, 1; Portuguese, 7; Armenian, 4; Hungarian, 7; Greek, 2; Dutch, 1, and ne-



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gro, 134—total, 709. From information received from the superintendent's office there are 2375 pupils in the elementary schools of Riverside.

"MRS. GEORGE G. COLE,  
"Chairman of Civics."

#### The Report of the City Superintendent of Schools

Negro .....	430
Japanese .....	600
Mexican .....	1200
Chinese .....	150
Korean .....	50
Italian .....	350
Total .....	2780

These figures are regarded as nearly as possible to be a correct estimate of the number of foreigners in Riverside. They have been compiled by the local committee of the civic section of the Woman's Club for the chairman of education, C. F. W. C., and to the average Riversider will be a revelation.

There is a vast amount of illiteracy represented among these foreigners. Many, of course, have a speaking knowledge of the "white man's" language; many of them have been brought up in Riverside and have attended the public schools; many of them were born here and have good common

school educations; but to the majority of them any language but a mongrel tongue is as a sealed book.

That there is a great desire on the part of many of these illiterates to learn is evidenced by the attendance at the three night schools which have been established in Riverside.

For the month ending January 19, the total enrollment of the three schools had been 207 with an average attendance of 106. There are nine teachers at work every night with classes composed of negroes, Italians, Syrians, Russians, Koreans, Mexicans, and some Americans. The larger percentage, however, of those who attend Irving and Casa Blanca schools are Mexicans.

Because of increased attendance at these night schools, it has been found necessary to arrange for the lighting of an additional room in the Irving building as well as the lighting of all the rooms in the school at Casa Blanca.

These two reports are presented and recommended to the thoughtful consideration of the Federation.

Respectfully submitted,

MARY S. GIBSON,

Chairman of Dept. of Industrial Conditions.

EDNA WEH STERRETT,

Chairman of Dept. of Education.

## A SURVEY OF THE RESULTS OF WOMAN'S SUFFRAGE IN CALIFORNIA

To carry out a plan which was suggested at the beginning of the club year, the following questionnaire will be reprinted from The Clubwoman and sent to every club in the state through the district chairmen of Political Science.

This survey of the registration, voting and political activities of the women of California is made for the purpose of getting accurate statistics and data which will properly represent the women of California to the rest of the country. Constant application is made to women and to public officials in all parts of the state for this information. We owe it to ourselves, and to our voting privileges and responsibilities to do this piece of work in a conscientious and comprehensive manner, so that our attitude towards politics and suffrage may not be misrepresented or misunderstood, and so that the result of the survey will furnish material assistance to our sisters in other states who are working for enfranchisement.

Directions for answering the questions:

As questions 1, 2 and 3 necessitate statistics, some one person in each county will be designated to obtain this information from the County Court House; an answer to each of the other questions is desired.

Question 4 refers to women living in the locality of the person filling out the questionnaire. Question 5—this information should be obtained from city or county of-

ficials. When the questionnaire is completed take it to some prominent men in your community and ask them to read and endorse it.

Return as soon as possible, but not later than April 1st, to

MRS. SEWARD A. SIMONS,

1107 Buena Vista Street,

South Pasadena.

The result will be tabulated and presented at the State Convention C. F. W. C. the 1st of May.

#### 1. Population in California.

- (a) Total .....
- (b) Men .....
- (c) Women .....

#### 2. Registration in County.

- (a) Total .....
- (b) Men .....
- (c) Women .....

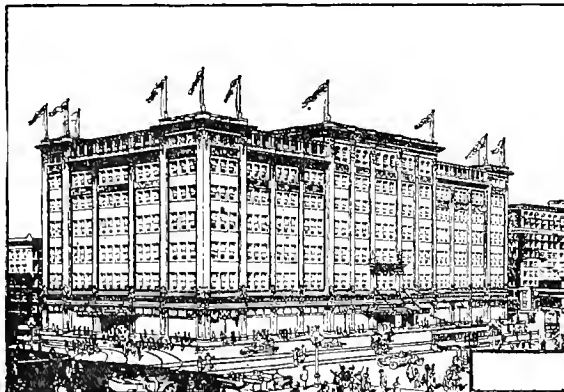
#### 3. Vote in County.

- (a) Total .....
- (b) Men .....
- (c) Women .....

#### 4. Women as office holders since their enfranchisement. Give name and office.\*

- (a) Elective.
  - Federal .....
  - State .....
  - County .....
  - City .....
- (b) Appointive.
  - Federal .....
  - State .....

- County .....  
 City .....  
 \*This does not include clerkships.
5. Have women proven satisfactory public officials? .....  
 What differences have been noted in the character of their service and that of men in similar positions?.....
  6. Jury Service.  
 To what extent have women served on juries in your county, with what result? .....
  7. Political Campaigns.  
 To what extent and in what way have women taken part in political campaigns?  
 (a) Organization, either separate or with men? .....  
 (c) Speaking? .....  
 (c) Canvassing? .....  
 (d) Miscellaneous activities? .....
  8. What has been the effect of Suffrage on  
 (a) Character of candidates for office?  
 (b) Conduct of Campaigns? .....  
 (c) Political Meetings? .....  
 (d) Polling places? .....  
 (e) Women themselves? .....
  - (f) Partisanship, are women more or less partisan than men? .....
  - (g) What is the attitude of former anti-suffragists, both men and women, towards suffrage now? .....
  9. What laws and ordinances can be directly attributed to women's influence in state, county, city and school districts? .....
- Have women been instrumental in the defeat of ordinances and laws or the enforcement of ordinances and laws? .....
10. Suffrage and Domestic Relations.  
 (a) How far do women vote independently of the male members of the family? .....
  - (b) What effect has suffrage had on the home? .....
  - (c) Are women more or less interested in public questions than before they were enfranchised?....
  - (d) What is the general attitude of the men and women in your community towards suffrage?....
  - (e) If the suffrage question were to be voted on again in California what do you think would be the result? .....



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- (f) Give any personal experience of women in political or public life.

11. Do all kinds of women vote?

- (a) Home women  
(b) Professional  
(c) Wage earners  
(d) Underworld  
(e) Society women  
(f) Club women  
(g) Church women

Signed \_\_\_\_\_  
City \_\_\_\_\_  
County \_\_\_\_\_

We have read the foregoing questionnaire and the accompanying answers and believe it fairly represents the situation in \_\_\_\_\_ County.

Business men.  
Educators.  
Clergymen.  
Editors.  
Public officials.

## IMPORTANT CHANGES IN CHILD LABOR LAW

By KATHERINE PHILIPS EDSON, Commissioner of Industry, C. F. W. C.

One of the most important measures before the Legislature is Senate Bill 101, introduced by Senator Henry H. Lyon of Los Angeles, and designed to prevent young boys under 14 years of age from selling papers or engaging in any street trade or occupation.

To accomplish this Senator Lyon's bill provides an amendment to Section 16 of the present law. This amendment raises the age from 10 years, where it is today, to 14 years. It also provides that which is as important as raising the age limit, the making it necessary for the boy to apply to the school authorities for a permit to engage in street trades. This permit can be granted when proof is given that the boy is 14 years or over and is in physical condition to stand the wear and tear of such an occupation. When this permit is given it is accompanied by a badge, without cost to the applicant, which he must wear when engaged in his work. No boy between 14 and 16 years of age can sell papers or engage in street trades without it, and it will be prima facie evidence that the boy has attained the legal age. Children must have permits to engage in any other occupations, and it is only by the holding of a permit and badge that his age can be proved in the courts.

These permits and badges are issued direct to the child.

This proposed amendment is the law in New York State and Kentucky.

Although we boast about eliminating child labor from our midst, we still have the shame of giving scant protection to children in the street trades. The present law is unenforceable.

Now what has prevented California from properly protecting her young children in this regard?

We have had such legislation before the

legislature for years, and it has been defeated by the direct influence of the evening papers of Northern and Central California. When the bill was before the committee in 1915, the manager of one of the large evening papers appeared before the committee and intimated a sufficient number of the members of the legislature within reaching distance of his paper to destroy this bill.

This newspaper manager made the direct statement to the Committees that the school authorities would issue badges only to the boys who sold papers of his competitors. This is an untruth, as the permits and badges are issued to the boys direct, and they can then sell any and all papers.

We must carry this bill against the opposition of the legislators who are controlled by the newspapers who oppose this legislation.

The women of California may as well face this issue now as later. Have we enough political influence with the legislators we help to elect to protect these helpless children? Or are we to have these children exploited because of newspaper opposition?

Newsboys in cities of fewer than 23,000 inhabitants are not required to get permits. The usual dangers of the smaller towns are supposed to be less and the legislators living in them demand this concession.

Every club should see their legislators during this period between sessions and make them understand that this is a most important measure and one that women demand to have passed. It has the endorsement of the California Federation of Women's Clubs, the Juvenile Protective Association of both San Francisco and Los Angeles. The Child Labor Committee of the State needs the backing of the Department of Compulsory Education and Child Welfare of Los Angeles.

## SOCIAL SERVICE AND OUR PART IN IT

By MRS. CARRIE PARSONS BRYANT, Chairman Social Service

To understand fully what Social Service means, we must first consider what the term Charity has come to mean.

Charity in past generations meant the giving of clothing, food and perhaps shelter. Earnest and sincere efforts were made

to aid the poverty-stricken but no attempt was made to ascertain why the poverty existed nor what means could be taken to cure the evil. In other words, those who received charity did not receive intelligent help but merely aid, which was transient

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and temporary. This failure to get at the cause of dependency makes obvious the fact that all unstudied donations suffice only for the time being, at the end of which the family is left in the same state as before,—namely, **unable to maintain itself** unassisted. This unintelligent aid is unsatisfactory and often harmful.

Poverty implies a condition produced by an income too small to permit of saving for sickness and unemployment. Pauperism yielding an income inadequate to meet the lowest possible standards of living brings in its train loss of ambition, of self-respect and above all, of self-reliance. To all who have dropped from a state of poverty into that of pauperism, the acceptance of public help is no longer distasteful. Help that leads to, rather than away from this last condition is destructive. So it is that modern students of social problems discredit the old unintelligent and promiscuous giving—terming it “deterrent charity”, and aim only to such help as will establish self-dependency.

The smug complacency of the giver whose gifts are bait for this public dependency is no longer tolerated. In his stead is one who gives intelligently—as an individual if he can, if not, through a trained group organized for the purpose. So there has come the rebirth of charity in the term Social Service.

Because of limited space, I must leave you, with this brief survey of a subject so large and fundamental, hurrying on to suggestions for your own part in its ranks.

I ask you, as individual club women, to become less promiscuous and more intelligent in your giving, and as members of clubs and possible chairmen of programs, to consider one of the chief factors underlying all problems of poverty and crime, namely, feeble-mindedness.

## HOW CLUBWOMEN COULD ASSIST THE GOVERNMENT IN EMPLOYMENT WORK

By MRS. MARTHA NELSON McCAN, U. S. Employment Service

I have often been asked in what way may organizations (of clubwomen or others) aid the government in its endeavor to solve the question of employment. The key-note in the answer to this question is “Co-operation.” What method of procedure should be adopted to create a working system to aid the government in developing its proposed plan? I would suggest the appointing of a committee in each organization, the members of which would confer with the officers in charge of the employment bureau, these committees to arrange for meetings in each organization where a representative of the employment service could explain the plans of the government regarding this fundamental problem. The members of each organization may introduce applicants, submit recommendations concerning vocational direction and training and confer on this and other related

This poison which stretches out its far-reaching arms, destroying all hope of advancement and success and dying a slow death only through generations, this thing we must learn of and master if we would do real constructive work in the field of either crime or poverty. As such it constitutes one of the greatest problems in City and County public charity. It is the mentally deficient who so often ask for and are satisfied with that unhelping help “deterrent charity.”

As this goes to print, comes the report on Feeble-Mindedness in San Quentin, made for the State Board of Charities and Corrections, and by them, as yet, unpublished. The results of the test show only 44.4 per cent to be “average,” “superior,” “normal,” leaving more than half below normal.

The following program will help to a better understanding of Feeble-Minded and the problems it engenders.

I ask you to take it as a whole or to consider certain phases in more detail.

1. Establishment of moron colonies and other institutions for the care of the Feeble-Minded.

2. More general practice of sterilization.

3. Psychological work in Juvenile Courts and centers of elementary education.

4. Special classes in schools for moron and borderline cases.

5. Provision for training teachers for the instruction of the Feeble-Minded.

This is obviously first an educational matter, and as such must rest largely with club women. First, for the understanding of the problem and second, for the dissemination of the knowledge. A true comprehension of Feeble-Mindedness and its insidious character will lay bare the fact that this mental deficiency lies at the source of much of the problem about which Social Service gravitates.

matters with the Superintendent and other officers of the service.

The committees on co-operation can materially aid the United States Department of Labor in its employment service by stimulating the use by employees or wage-earners generally of the public employment service of the United States, States and municipalities will demonstrate the economical value thereof in lessening the causes of unemployment. Further help may be given the service by establishing systems in respective organizations for the purpose of securing information as to opportunities to fill requests of employers for help and of wage-earners for employment. The purpose of the Bureau in asking the co-operation of all the organizations sympathetic with this work, whether social, religious, educational, labor, industrial or professional, is to do the utmost for the

benefit of women and girls, avoiding duplication by concentrated effort and hastening by comprehensive methods the solution of the problems which confront the workers.

All thinking people realize that the question of employment is the fundamental principle underlying all social conditions. The fact that the different branches of our government, national, state and city, are interesting themselves, and are asking the co-operation of all organizations, leads us to hope that a system may be evolved whereby all who are able to work may find the proper vocation for their qualifications.

When these various ideas are carried out on a practical business-like basis, then and then only can the "bogy" of charity be removed.

Employment is a question of economics, and not charity, and all who are able to work are entitled to the opportunity, which should be treated as a business transaction and not as a gift. To help create this sentiment, the United States Government asks the assistance and co-operation of all organizations and individuals who are in sympathy with the movement in aiding them in solving this all-important problem.

## DEPARTMENT OF LEGISLATION, C. F. W. C.

DR. LELA BEEB E, State Chairman

The Legislative Program of the California Federation of Women's Clubs, in 1917.

The Executive Board of the C. F. W. C. has, after careful deliberation, endorsed four measures, which are to constitute the legislative program for this year.

The first of these measures is one recommended by the Department of Child Welfare, and provides that the state aid now rendered to orphans, half orphans, and abandoned children, shall be given until the child is fifteen years of age, instead of being withdrawn at the age of fourteen, as the law now provides.

Under our present statutes relating to the employment of minors, they are not permitted to work before reaching the age of fifteen, unless certain specified and cogent reasons for the issuance of a permit are proven, and not even then unless the applicant is proven physically fit and the occupation is of certain types. Our school law also specifies attendance at school until the age of fifteen, unless the prescribed grammar school course is completed before that time.

There is here a manifest discrepancy to be corrected. Moreover, it must be conceded by every one that the boy, and even more especially the girl, of fourteen, is not old enough or strong enough to be cast upon his own resources, under present-day circumstances. We must do as much as possible to fit them fairly for the struggle before them.

The second bill is one "providing for visual instruction, and defining the powers and duties of the State Board of Education in relation thereto." The act in brief provides that the State Board of Education shall employ a director of visual education, who shall be empowered to carry out the provisions of this act, and that a survey shall be made of the school systems of the state to determine the needs in this work, and that a system of proper selection, classification, etc., of available material for such visual education shall be devised. The State Board of Education is empowered to acquire and furnish, either alone, or in co-

operation with libraries and other agencies, visual aids for educational uses.

The recent rapid increase in forms of pictorial representation, especially in the field of moving picture films, has opened a great field of educational opportunity. The State Board of Education recognized this in its effort to obtain, two years ago, an appropriation for visual education work. Children all over the State are seeing much that is unwholesome in the "movies"—largely because the interest in this form of entertainment is so great and they eagerly take what is offered to them commercially. It will be a great step forward when we recognize and take advantage of this method of education to the fullest extent in our schools. Nature study, geography, history, sciences, hygiene—the list will cover almost every subject in the curriculum—may be taught in this realistic and lasting way.

This has been introduced as Assembly Bill No. 503.

The third bill to be mentioned is one which comes to us with the hearty endorsement of the Department of Industrial and Social Conditions, and amends the present law regarding the employment of minors in street trades. It will permit no boy below the age of fourteen years, or girl below the age of eighteen years, to be employed in any street trade, with the farther specification that boys between the ages of fourteen and

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fifteen must, in order to engage in such work, obtain a badge, issued by the same authorities who issue age and schooling certificates, upon proper application under specified conditions. Such badge will entitle its owner to engage in street trades outside of public school hours, and after 5:00 A. M., and before 8:00 P. M. daily.

The growing need for this legislation has been voiced for several years. Young children in our larger cities are exposed to both physical and moral risks in this work. The child who puts in long hours of hard and competing labor in street trades is unfit to properly do his school work, and his health at this early age suffers from the exposure to all sorts of weather. The general environment in which this work is carried on is certainly against the best welfare of the child. The badge permit will do away with much evasion of the law and is certainly a wise and logical provision.

The measure is Senate Bill No. 101.

The fourth bill is to cover a legal difficulty which was discovered when the question of the incorporation of the C. F. W. C. was raised. As the law now stands, a non-profit organization which has no fixed place of business may not incorporate. Inasmuch as we are now an organization with a growing endowment fund, and for other reasons also, some of the leaders of our organization have felt that the time will probably soon come when incorporation will serve our best interests, and are anxious to see the laws so amended that incorporation will be possible at such time as the Federation wishes to take such a step.

This is Senate Bill 595.

In a very brief time leaflets, giving the essential points of these bills, and comments on them by the Chairmen of the Departments especially concerned, will be ready for distribution. Also I am expecting to send, through the district chairmen, a blank to each club, giving the numbers of our bills, and I am most earnestly requesting each of you to have this blank filled out for your club, giving your name and the number of your members, and send it promptly to the senator and the representative from your district. Please send for the bills, and consider them. If you wish fuller information, ask for it, either from this department, or from the particular department endorsing the bill.

In considering these particular bills, do not lose sight of the fact that there is a great deal of legislation introduced which is good, and which you do not hear of through either the C. F. W. C. or the Women's Legislative Council. Consider farther that there is much that is bad of which you may not hear until it is too late to protest against it unless you watch for it. I wish that each club, if possible each individual member, would get the Assembly and Senate Daily Histories (you should find them in your city or county library), and look over the lists of the bills, and keep informed

on just what our legislature is facing during its second half of the session. You will be surprised at the mass of bills, and at the contents of many of them. Let your legislators know that you are watching, ready to support them in all good legislation, and equally ready to object to the passage of bad bills and you will do a great service as citizens.

LELA J. BEEBE.

## CONSERVATION LEGISLATION

### Waters

Four bills were prepared at the request of the Water Commission, of which Mr. W. A. Johnstone is President, and were presented to the Legislature, namely;—

1. A measure which, if adopted, will give the Water Commission power to appropriate for beneficial purposes all unappropriated water, unless in the opinion of the Commission, such appropriation would be detrimental to public welfare.

2. A bill which provides for the division of the State into water districts and the appointment of a water master for each district.

3. A bill, which provides for the readjustment of the fees accruing to the Commission.

4. A bill which provides for the adjudication of riparian rights. The Commission is given power to bring action determining rights to any stream without filing separate actions for each individual claimant.

### Birds

A bill has been introduced making a shorter game season for many of the game birds.

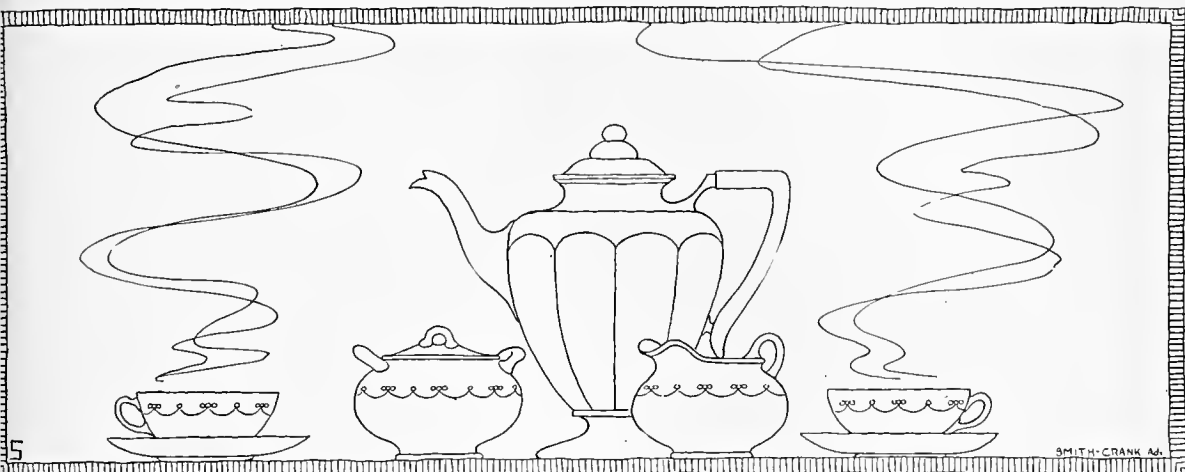
We learn that bills have been introduced to take the protection from the Blackbird and Yellowhammer, both of these measures will be vigorously fought by the Audubon Societies and all other organizations interested in the protection of Wild Life.

A bill has been introduced by the State Humane Society, which, if passed, will make it unlawful for any child under the age of fourteen to obtain a hunting license. This measure has been approved by the Audubon Societies, the Southern District of the Federation of Women's Clubs, the Southern Conference of the California Federation of Women's Clubs and many other organizations. This measure is in the interest of the conservation of human as well as wild life.

### Forests

We are informed that two bills will be introduced from the State Board of Forestry, one of which calls for an appropriation to start a state nursery, from which it is proposed to supply trees for state highway planting and also for counties and municipalities. Another bill is to be introduced which will, it is hoped, make provision for definite state activity in fire protection and for the co-operation between federal, state, county, and municipal agencies throughout the State.



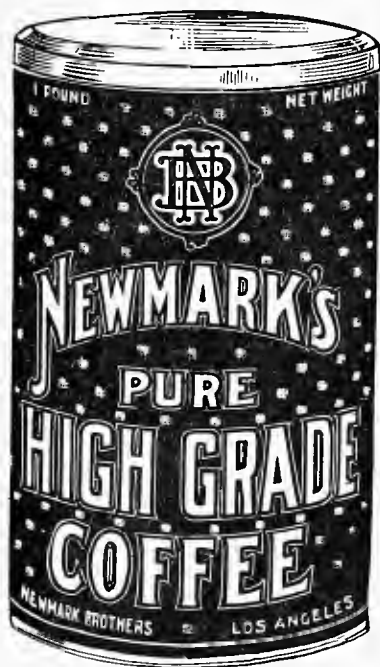


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## MOTION PICTURES AND THE YOUNG PEOPLE

### THE CHILDREN'S MATINEE.

Clara M. Greening.

The CLUBWOMAN will be glad to answer special questions, through this department, regarding children's films.

The question of motion pictures for young people is one of such vital interest that it is commanding an increasingly large place in the public mind, and thought is being universally awakened to the importance—not to say necessity—of an adequate solution to this problem.

The question is primarily one of entertainment, but the educational possibilities of properly arranged motion picture programs for children and young people are so great that one stands amazed that they have so long been either utterly neglected, or indifferently employed. And when one realizes that through the well regulated use of motion pictures, as in no other way, can the young mind be stimulated, directed, instructed, with no conscious thought of being educated, we would hasten the day when a motion picture machine and a properly assorted library of films shall be a part of the equipment of every school, not only in this state, but throughout the land.

But this achievement, while certain to come, a bill making provision along this line is now pending in the California state legislature, and should have our united support, is of necessity the growth of years, and while we are waiting for its coming, every town and village large enough to support a picture theatre, and where is one that is not? should have at least one program each week for the young people.

There are now in the United States some 500 separate committees and numberless individuals working along this line, and the National Committee for Films for Young People is endeavoring to organize these into a national affiliation for support and co-operation. Much work has already been done by national publications and through national committees, and many practical helps are available for those who desire to aid in this great work. But the many requests which come to us personally, as well as our own personal experience, gives evidence of the need of a closer bond among those of the Pacific Coast who are striving for practical accomplishment in

this work of better films for young people, and this need this department hopes to be able to supply, at least in a degree.

The one thing needful in the organization of a successful children's matinee, is local interest which assures the support and co-operation of parents and teachers—intelligent, active, reliable and continuous support and co-operation, the kind that does not shift the responsibility as soon as the novelty wears off. With a committee of women, or better still, of both men and women, representing such a spirit there is small question of securing the co-operation of a desirable picture theatre. The theatre is there to make a profit for the exhibitor, and if sufficient local interest is behind such a movement to give reasonable assurance of financial success, it is not likely that an exhibitor is going to decline to co-operate.

The financial arrangements should be left to the theatre, and a small committee, not to exceed three members, should be appointed to arrange the programs, and it is better still to make one person responsible for these selections.

### BIG JOY STORY

The Horkheimer Brothers, of Balboa studio, announce another talented baby actress.

Since the advent of "Little Mary Sunshine," the propaganda to secure better films for children has been given a tremendous impetus and the press, women's clubs, welfare organizations, parent-teachers' associations and individuals, have all been active in promoting the work.

Recognizing the tremendous import of the propaganda the Balboa company has diligently searched for other child talent in the hope that another little Mary Sunshine might be found.

When the genius of this little star is considered this was a task, and so it proved. After months of search, a baby was found that looked promising. So remarkable was her showing that a trial run of the film resulted in a contract being made with Balboa to deliver six pictures featuring the new baby star.

Dan F. Whitcomb, the celebrated author of the plays "Little Mary Sunshine," "Shadow and Sunshine," "Told at Twilight" and "The Weed and the Rose," all Little Mary Sunshine plays, filmed by Balboa, will write the plays for the new baby star, whose name will be announced in the very near future.

All Balboa baby pictures are to be known henceforth as "Little Mary Sunshine" productions, that being the brand-name for the worth-while photoplays permeated with sweetness and light.

# BALBOA



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H. M. HORKHEIMER  
President and General Manager

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Long Beach, California

# The Melting-Pot

By Jessica Lee Briggs, San Francisco, Cal.

Human nature has not greatly changed since the time when that most worthy son of a tailor, Samuel Pepys, wrote his psychological diary on the men and manners of his day. No one seems to have time now to write a diary, the genius of which has apparently gone by, but, with apologies to Mr. Pepys, I insert the following dates in the February Melting-Pot.

January 31st. This morning I began to practice, which I find, by the ease I do it with, that I shall continue saving me money and time: that is, to trim myself with my new safety razor, a Christmas present from my wife.

February 2nd. This morning Mr. Burgby, one of the writing clerks belonging to the City Council, a knowing man, complains to me how most of the Supervisors do look after themselves and their own ends, and none the public, unless the Hon. Hezekiah Smythe.

3rd. By discourse with my wife, thought upon inviting the Hon. I. E. Sanwich to dinner shortly. It will cost me at least five or ten pounds; but, however, some argument of prudence I have, which I shall think again upon before I proceed to that expense.

4th. This day the Congress met and the President met them, and he made a speech to them; among other things discoursing largely of the plots abroad and of the peace within our own government; and that the dissatisfied countries at war had great hopes upon the effect of an Act for a World Arbitration Parliament, the which he desired Congress to pursue.

5th. To see Diaghileff Ballet Russe! Although a guest, I look upon it as no breach to say that Nijinsky was a roughish knave or a knavish rogue in "L'Après Midi d'un Faune," and only for the great tax put upon one's memory for keeping in mind the year'-long names of these strange dancers from the North, one might have had more time to devote in appreciation of the music and lights, which latter were, by my word, marvelous. "Carnaval" was very innocent and most pretty.

6th. Home—where I found a noble supper which pleased me mightily. My wife had but just finished her sittings with Cox for the portrait of which I am justly proud. Copies of which to be sent to the newspapers.

7th. Up betimes and at church, where our parson made a melancholy but good

sermon upon the deplorable conditions of vice, and many and most in the church cried, especially the women.

8th. To the jeweler, where I received my wife's wrist-watch that I had given her for Christmas, and a very fine one it is.

It pleases me mightily to see how much folly and childishness still hangs to her, that she cannot forbear wearing it low over the hand, or seeing what o'clock it is a hundred times in the course of an afternoon.

9th. My wife to a committee of the new City Federation, where, and everywhere else, thank God, I find that she is growing in repute; and so home late, and late, and very late, at business, nobody minding it but myself, and so home and to bed weary and full of thoughts.

10th. Home and there to find my wife mightily out of order, but I did give her no words to offend her, and quietly let it all pass.

11th. To the book sellers and there took home Snell's "When a Woman's a Woman," thinking it might please my wife, for the book seller assured me that it was a most excellent piece of work.

Homeward in my way, I bought a hare, they being cheaper than a chicken and of much the same flavor. Taking it home, there arose a discourse with Mr. Batten, in the City Council, who showed me my mistake that my hare's foot had not the joint to it, and assured me he had never had the choler since he carried one about him, and it was strange how fancy works, for I had no sooner handled his, which is in the form of a watch charm, but I became at peace with the world and so continue.

12th. This day I sent unto my wife a valentine. The same was appropriate, being in nice rhyme which contained her name, Susan.

P. S. My wife is now in attendance at a convention, which is held in Alameda at this time.

13th. Up betimes and to Povy's and there did sign and seal my agreement with him about my being treasurer of the Exchange, thence to the Governor; the first time that we officers of the State Militia had visited him since our return from Nogales.

14th. Certain news of our peace made by the President with the Allies and that the Entente have sent in their part and have resolved upon a settlement.

But how true this, I know not.

It is with a sense of pride that we place a sack of Sperry Flour in your home. Since 1852 we have been milling an absolutely uniform dependable flour and we believe that you will find within a sack of Sperry Flour the most satisfactory and nutritious food stuff obtainable.

Sperry Flour is milled from a blend of hard and soft wheats drawn from different states wherever we find desirable wheats. By blending these wheats we obtain a flour of unexcelled baking qualities—a real bread flour—also adaptable for the highest types of pastry.

We maintain experimental laboratories and bakeries at our mills. Expert chemists and bakers keep a close watch on the quality of our flour. The chemists prescribe the blend of wheats to be used. A trial baking of the blend is first made; then daily bakings of the actual flour milled each day. Therefore, we are assured that our flour will make good bread before it is sold to you as the baking qualities have been proven. You will find that Sperry Flour makes larger and whiter loaves than any other flour.

Your grocer, the up-to-date merchant, sells Sperry Flour and Cereals with the feeling that he is pleasing his customers.

Moral:—Buy Sperry Flour



## DISTRICT NEWS

### SAN FRANCISCO

**Mrs. W. C. Morrow, Chairman**

After the feverish zest of the holidays, the energetic clubwomen have taken hold of the work with an eagerness all the more earnest because of the temporary respite, and every woman is working hard.

Many of the clubwomen are interested in the work going on for the betterment of the city, and are anxious to help their less fortunate sisters. Serious meetings have replaced "jinks" and the various programs are full of uplift and thought.

Corona Club, under the wise amnagement of Miss Jennie Partridge, has been distinct as usual in their recent programs.

The opening meeting of the year was made delightful for members and guests by an interesting program arranged by Mrs. George Harvey Fairchild, chairman. Instrumental selections were given by Miss Marjorie Young, and vocal solos by Mrs. Warren Gildert, Miss Vera Matthews at the piano. A travelogue on "The Glaciers in National Park," by R. A. Murray, was illustrated by slides and moving pictures.

The Civic Section of Corona Club, Mrs. H. A. McDonald, chairman, held a very instructive meeting on January 25th. Addresses on "The Immigration Problem," by William Payne Shriver, D. D., of New York city, and "Permanent Peace Through Constructive Work of Our Waterways," by Mrs. Alexander McBean, were given.

Mr. Thomas Nunan gave an interesting talk on "Journalism" at the Pacific Coast Women's Press Association at the first meeting of the year. Brother Leo of St. Mary's College, Oakland, was the speaker on the previous open meeting. The president, Mrs. E. D. Donovan, is doing splendid work for the Association, and has many pleasures in store for the coming months.

Mrs. John Perine of the Mills Club had Dr. Mariana Bertoli, Dr. William Hassler and Dr. Winifred Kellogg speak on Child Welfare.

On Monday, January 22nd, the District Federation met in an all-day executive session and matters of much importance were discussed.

Dr. Mariana Bertola, chairman of the child welfare department of the San Francisco District, has issued appeals to all the presidents of the Women's Clubs of the district to participate in the plans for baby welfare week.

Preliminary lectures will be given by prominent physicians of San Francisco on child welfare during the month of February in anticipation of Baby Week, which begins March 27.

Previous to the holiday season the Monday Club of Fortuna celebrated its tenth anniversary with a delightful social function. Assembled in a hall where the lights shed a soft glow over banks of greenery and baskets of late autumn blossoms, the club members and invited guests were formally greeted by a splendid address of welcome by Mrs. Clara Briggs, past-president and co-chairman of the evening with Mrs. Mary Fuller. Mrs. Briggs called the spirit which prompted the affair the spirit

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of neighboring. The word neighboring was set forth as the old-fashioned term which best expresses the Woman's Club movement, and the word best expresses the work of modern men and women, united in their efforts toward the uplifting of humanity.

During the evening's entertainment a farce was presented by the club members. This, together with unique tableaux and a number of vocal and instrumental selections, afforded an entertaining program. An hour of viisting and dancing was followed by a delightful banquet, served by the daughters of the clubwomen. The banquet room was transformed by skillful hands into a bower of pinka-n-dwhite. So attractive was the setting, the thoughts of the assembled guests went back to certain May mornings in their childhood when they gathered hope and faith and promise along with dew-drenched blossoms in the fields and gardens of other days.

#### SAN JOAQUIN VALLEY

Mrs. J. E. Edwards, Chairman

Club activities in the San Joaquin District are again in full swing after the rather prolonged interval of the holidays. One of the first events of the new year was the meeting of the district board, at which Mrs. A. B. Armstrong, president, was in the chair, and the reports of officers and club president were considered, civic and philanthropic work largely in the lead. The various committees desired were appointed, and all arrangements made for the large reception and luncheon to be tendered Mrs. J. E. Cowles, Mrs. E. D. Knight, and other clubwomen of note, who were expected to arrive on the 19th. Information of the bereavement in the family of Mrs. Cowles caused all arrangements to be cancelled. The district convention will be a principal interest in the deliberation of the board, and will be held in Fresno April 11, 12, 13.

The Query Club of Fresno has been devoting a series of afternoons to ancient India, her manners and religions, including the modern philosopher, Tagore, as one of the noted writers. Leaders in the subjects have been Mrs. E. A. McCord, Mrs. D. H. Trowbridge and Mrs. E. A. Walrond.

The Woman's Club of Wolters' Colony (near Fresno) featured a celebration of the birthday anniversary of the Scotch poet, Robert Burns. Ballads and recitations composed a very pleasing program.

A reciprocity day was held by the Reedley Study and Civic Club to which the members of the Orange Cove Club were bidden. Mrs. W. V. Andrews, district chairman of forestry, was the speaker of the afternoon, and talked of the wanton destruction of forests before the government intervened. German and Japanese regulations for forest preservation were cited, and the Prussian edict that no man who had not planted twelve trees was eligible for matrimony.

Special music in the public schools is being urged by the Bakersfield Woman's



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Interesting Booklet on Request

Club, their annual children's program having been one of their most interesting afternoons. Believing that "only the best is good enough for children," the musical numbers and dancing featured on the program endorsed the Theodor Storm maxim. Mrs. J.B. Wendel, one of the leading musicians of the city, gave a talk on the artistic development of children. A children's orchestra was presented by Mrs. C. J. Helbling; Mrs. Carrie Danielson and Miss Helen Crane Hardison were in charge of the dancing. Luncheon was served.

The Friday Club held a delightful session devoted to California History and Landmarks recently. Papers and talks on the early life of the San Joaquin Valley proved of deep interest, and quotations from California authors were given in response to roll call.

History and Landmarks Day was also rather elaborately featured by the Woman's Club of Madera, in which California features were observed throughout the program. Wild flowers were used for decorations, music by California composers and poems by California authors were contributed, and talks on the subject of the day were incorporated in a program of great interest. Mrs. George N. Mickel, as chairman, was assisted by a number of club members, and refreshments of a local character were dispensed at the conclusion of the afternoon.

#### SOUTHERN

##### MRS. WARREN CURRIER, Chairman.

From Redlands comes word of the delightful talks of Mme. Jules Clerfeyt. Mme. Clerfeyt is splendidly equipped to speak on matters of greatest interest to the world of today, for she was born in America, is of French parentage and has lived many years in Belgium. On January 8th she spoke before the Contemporary Club on "The Gothic Cathedrals of France." She illustrated her lecture with stereopticon pictures, many of which showed the ruins of these once magnificent buildings. Mme. Clerfeyt introduced the patriotism of her people in a charming and inspiring sketch of Jeanne d'Arc. She told of the Belgians

of today, and especially of that loyal band, who, with their king and queen are living at La Panne, a small fishing village near the allies trenches. So popular was this address of Mme. Clerfeyt that she was urged to speak again, and on January 16th she addressed this same club body, her subject being "The Women of France and Belgium."

Mrs. Frank H. Bliss of Buffalo, for years a prominent worker in civic organizations, and a recent appointee of Gov. Whitman, was recently a visitor in Riverside where she addressed an audience at Mission Inn, speaking under the auspices of the Woman's Club of that place.

The book section of the Santa Ana Ebell Club was addressed on January 8th by Ernest Crozier Phillips. Mr. Phillips read J. M. Barrie's "Twelve Pound Look," and gave a paper on "The Place of Modern Drama in the High School." Later in the afternoon he honored the club by reading a play of his own composition called "Limpy," which proved a very sympathetic and knowing study of boy life. The afternoon closed with a very absorbing discussion of the present drama conditions.

Lillian Burkhardt Goldsmith, the famous interpreter, gave the program of January 9th at the Woman's Improvement Club of Corona. Mrs. Goldsmith's subject was "Social Problems in Works and Plays," and her selections were "Angel Island," by Inez Haynes Gilmore; "Night Court," Ruth Comfort Mitchell; "Orchard," by Theodosia Garretson; "The Mob," by Galsworthy. Mrs. Goldsmith was welcomed by a large and enthusiastic audience, and as always she gave them a wealth of uplift and inspiration.

Miss Mary McDowell, a Chicago settlement worker, was the guest of honor at a luncheon given at the San Diego Hotel, January 18th, by the San Diego County

*"Fleischmann's yeast is splendid yeast. Bake with Fleischmann's yeast".*



Federation. Miss McDowell was associated for years with Jane Addams at Hull House, and was afterwards organizer of the University Settlement House of Chicago. Miss McDowell's subject of address for the meeting which followed the luncheon was "Woman's First Public Interest." Mrs. Wm. Ritter, president of the La Jolla Club and state chairman of health, gave a brief but interesting report at this meeting.

Mrs. Charles C. Arnold, president of the Southern District will be in El Centro on the second and third of February, where she will hold a meeting of the district board and will be the speaker of honor at the annual meeting of the Imperial County Federation.

The San Bernardino Woman's Club recently held a literary program in which American fiction was the subject of several splendid reviews and a host of personal reminiscences. A review of Margaret Deland's recent book, with a feminist heroine, "The Rising Tide," was ably given by Mrs. W. H. Stiles; "The Bent Twig," by Dorothy Canfield, was given an absorbing review by Mrs. B. M. Wall. While Mrs. Henry Goodcell gave a notable sketch of "The Abyss," by Nathan Bussy, and a tribute to James Whitcomb Riley, by Miss Winifred Martin, concluded this program of unusual literary interest and merit.

#### LOS ANGELES

Mrs. Clarence Van Graham, Chairman

Mrs. A. S. C. Forbes, chairman of Landmark Preservation, is actively at work stimulating interest among clubwomen in calling attention to an "Act providing for an appropriation of \$25,000 for the establishment of a memorial park to be known as the Fremont-Pico Memorial Park," and is earnestly soliciting their support for the same, as the grounds intended for the park include the historic site where Gen. John C. Fremont and Gen. Andres Pico signed the Treaty of Cahuenga, January 13th, 1847, whereby California became an United States province. The location of this most historic ground is three miles northwest of

(Continued on Page 30)

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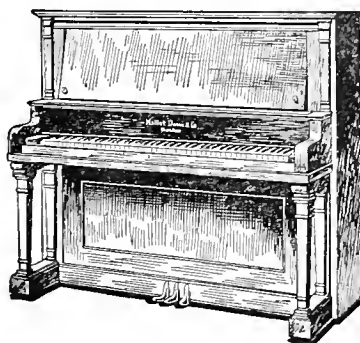
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# HOME DEPARTMENT

## PROTECTING THE PUBLIC

The advertisements of foods and foodstuffs which appear in this and coming issues of The Clubwoman are from firms which have in every respect conformed to the rigid requirements laid down by the Department of Health, C. F. W. C., as a part of its present campaign for the protection of the public through the elimination of impure foods and food materials. In every case, before a food advertisement is accepted for the official magazine of the Federation, the plant or establishment is thoroughly inspected by a special committee named for the purpose by the Department of Health and composed of qualified experts on the subject. The appearance of such an advertisement in The Clubwoman is consequently prima facie evidence of purity, reliability and patronage worth.

The work of the committee has now been extended to include the inspection of laundries and other establishments whose work affects the public health.

At the head of the department's committee of inspection in the South is Dr. Lulu H. Peters, M. D., Chairman of the Department of Health for the Los Angeles District.

At the head of the department's committee of inspection in the North is Dr. Mariana Bertola, M. D., Chairman of the Department of Health and Child Welfare of the San Francisco District, director of the Society for the Study and Prevention of Tuberculosis; member of the San Francisco

County Medical Society; American Medical Association; Medical Staff of the Children's Hospital; attending physician of Mills College and teacher of hygiene. Dr. Bertola was graduated from the Cooper Medical College in the same class with Dr. Ray Lyman Wilbur, President of Stanford University.

## ON THE CLUB WOMAN'S LOYALTY TO HOME PRODUCTS

The loyalty of club women in patronizing Home Industries can hardly be doubted when one stops to make inquiry into the question.

The club woman, throughout the land, is primarily the housewife, for club life is an outgrowth of the meeting together, "knitting in hand at a neighbor's house" for an hour or so, to study art, literature, or

what not, of former years. The club woman is the housewife, the housewife is the buyer for the home. The club woman is the homemaker and the home protector. She, therefore, appreciates that the fuller protection of the home is in the upholding of the commercial interests of her particular community. She is gladly willing—is seeking—to do her part in sustaining those interests



## BESGRADE FLOUR

is the ONLY flour in Southern California that is packed in sanitary, PAPER-LINED, dirt-proof sack. It is 100 per cent "clean and good." Thousands of housewives have found it to be the BEST AT ANY PRICE for bread, biscuits and pastries. Bake your own bread with "BESGRADE" and save 40 per cent of your bread bill.

GREAT WESTERN MILLS

10794

Main 2243

which make for legitimate commercial strength.

This is perhaps truer of California than of any other state in the Union for several specific reasons:

First, because the production in California is so great in all lines of industry.

Second, because this production is superior in almost everything grown or made.

Third, because the atmosphere breeds loyalty in all conditions of life, as in no other state do we find organizations which have sprung into existence wholly and solely on account of being native to the soil. This loyalty is contagious and has taken hold of all who become actual residents. It has thoroughly permeated clubdom and makes it safe to say that California "grown" or "made" labels have first preference in all household buying.

In furtherance of this subject the editors of the *Club Woman*", official organ for the California Federation, take pleasure in recommending to the special notice of our subscribers the Home Department page and the various adds which are run in different columns, knowing that the mutual benefits derived by their patronage can only be expressed in "best values."

JESSICA LEE BRIGGS.

#### STILL THEY COME

The latest firm to be added to The Club Woman's honor roll of exclusive users of California products is the Davis Standard Bread Company, of Los Angeles. Mr. R. R. Beamish, the manager, is responsible for the big company's pledge to use all home materials in the making of its excellent goods. In this case it may not be out of place to point out that reciprocation is only fair. Mr. Beamish has carried out his home patronage, not only in everything the company uses but everything it uses it with. Even the tiling, which lines the entire building, was made in California.

#### HOTEL ALEXANDRIA'S PROMISE

Another notable feather in the cap of the workers for home products is the sturdy declaration of Vernon Goodwin, manager of the Hotel Alexandria, in Los Angeles, that henceforth everything to supply his hotel's needs that is made in California shall be bought in California. Imported wines, condiments, etc., naturally have to be excepted.

#### REAL CO-OPERATION

Co-operation between the Federation of Women's Clubs and the Southern California Retail Grocers' Association in studying food problems will be manifest at the Fourth Annual Pure Food Show, which is to be held March 10-24, inclusive, in the old Robinson building, on Broadway and Hill street, between Second and Third.

The women's clubs have been presented with a commodious space, in which they may meet and talk over food matters. This will probably resolve itself into a campaign to test foodstuffs and pass upon their qualities and food values.



**---A home product  
for producing good  
products in the  
home---**

**Globe  Flour**

It is our pride and continual effort to send into the homes of Southern California, a flour that will make the kind of bakestuffs you will take pride in serving.

**---Globe A-1 Flour  
has been produced in  
California the past  
seventeen years.**

**WHITE KING**

White  
For the Laundry

**WESTERN STAR**

White Floating  
For Laundry or Bath

**CALLA LILY BORAX**

White Coconut Oil  
For Bath and Shampoo

**COCOA NAPTHA**

Yellow  
For The Laundry

**MERMAID WASHING  
POWDER**

Softens the Water

**ANVIL PUMICE**

Toilet  
For the Autoist  
Sufficient Assortment for any Family

**LOS ANGELES SOAP COMPANY**

Makes  
A Delicious  
SANDWICH

Ask your  
Grocer  
About

A Vegetable  
Production  
100 %



Stimulates  
The Epicureans  
APPETITE

Pure  
California  
Olive Oil

White Cross  
& Blue Seal  
OLIVES

**Ralphs Grocery Co.**

**SELLS FOR LESS**

**(Highest Quality Goods)**

Southern California products will be especially considered, as not only do the women desire to prove the excellence of quality but they want to show the world that the products manufactured here are the best in the world, of their kind, and deserve the consideration of the whole country.

Neal P. Olsen, manager of the Show and representing the Retail Grocers' Association, desires the co-operation of the women because he knows they stand for advancement and constructive work in the way of increasing the consumption of California products.

"I have already noticed the improved sanitary conditions in many of the factories", said Mr. Olsen. "It is not the progressive manufacturers who need this investigation, but the 'don't care' fellow who has no consideration for public health nor pride for the business. Such fellows will never clean up unless they are made to do so by being placed in the limelight.

"Publicity through women's clubs and other like avenues is the only remedy, as they are the consumers and are vitally interested not only in their own welfare but of all the people. As handlers of food products the grocers look forward to much better co-operation between the consumers and the manufacturers and retailers as a result of this interest taken by the women."

**DISTRICT NEWS**

(Continued from Page 27)

Hollywood, and only a few hundred feet from the state highway, El Camino Real. An option has been secured on three acres of ground surrounding the old ranch house which lies in a mound of adobe on the ground. It is proposed to rebuild the house from the same adobe and use it as a museum and depository for relics of the early days of the state; to lay out the grounds in artistic gardens of California wild flowers and trees.

The purchase of the ground by the state and the improvement of the same as a memorial to Fremont and Pico has the endorsement of fully 10,000 persons, members of many federated clubs, associations and chapters of Southern California. The project has also been heartily endorsed by the executive board of Los Angeles district, C. F. W. C.

The state of California has been very generous in appropriations for history and landmarks. We are pleased to repose confidence in the present members of the state legislature, that they will heed the desire of so many taxpayers and voters that are represented by the list of clubs, etc., who are eager for this act to pass. The clubwomen are earnestly urged to make personal appeals to their senators and assemblymen to vote for this appropriation.

The Ebell of Santa Paula has begun its fourth year of its existence with very flattering prospects. Each section is doing excellent work under the leadership of very efficient curators. More than any other club in the district is the Ebell fortunate in that it is to have a fine new clubhouse, the munificent gift of Mrs. Charles McKeivitt of Los Angeles, a former resident of Santa Paula. The building is to be of stone, Old English in style, large and commodious and modern in every way. Each and every club member of this fortunate club feels a deep sense of gratitude to Mrs. McKeivitt.

The Woman's Club of Lankershim feels greatly encouraged on their success in overcoming the difficulty of starting a new club in an old community. When the club was started there were six afternoon clubs, which seemed to amply supply the club needs. The first two years were quite a struggle, but the gaining of fourteen new members this year and the recognition of its importance by the community are considered a splendid reward. Much of the success is due the Lankershim Businessmen's Association, who have done everything in their power to assist and encourage the club's work. The county branch library was gained through the efforts of the clubwomen, who feel it is a substantial reminder of the value of the club to this community.

The press chairman thanks those clubs which have sent her subscriptions during this month, but urges those who have not subscribed to do so as soon as possible. Los Angeles district should make a much better showing in the contest, and if each clubwoman feels her personal responsibility in supporting our official organ, we should win easily.

#### ALAMEDA

Mrs. A. W. Keitle, Chairman

The crowning club event in Alameda District this year is the District Convention, which is held in Oakland February 15-17, at Hotel Oakland.

Mrs. Fisher R. Clarke, the President, has taken for the key-note of the Convention, "To Be, Not To Seem." This is characteristic of the aims and ambitions of this earnest club worker.

The program which has been arranged for the three days of the convention is in charge of Mrs. George Hildebrand, and will include noted speakers.

Professor Myer Jaffa will be one of the speakers, giving the delegates "A New Light in the Choice of Foods." Professor Jaffa as an authority in this branch of university work will be listened to with interest by the housewives who will make up his audience. Mrs. A. N. Aitken, State Chairman of the California History and Landmarks committee will present the work of her department.

## *The Best Laundry Service Is The Most Economical*

No laundry can charge more for its work than it is worth, and hold its patronage.

No laundry is apt to charge less for its work than it is worth. The lower prices you pay, the lower grade work you get — naturally — and your garments suffer accordingly.

The basic factor in the superior service of the Quality Laundry is a sincere, honest desire to do good work.

You will appreciate the service of the "Quality" because it is really high-grade in every respect, and while it is not cheap — it is economical, for "Quality" prices are as low as quality work can be done for by any laundry, anywhere.

"RUN BY A WOMAN"

**QUALITY LAUNDRY**

Phones: 24660; South 6378

(24)

Education and Legislation will also have a prominent place on the program.

To relieve the seriousness of the hour Miss Virginia Whitehead will appear in a French costume dance. Miss Whitehead is a member of the California branch of the Association of the Collegiate Alumnae. Mrs. W. W. Blair, a member of the Ebells, has been asked to give the program of song. After the adjournment on Friday afternoon the club women will be invited to partake of the hospitality of the Ebells clubhouse at tea.

The banquet on the opening evening—Thursday—will be a brilliant affair of the mid-February gathering, under the direction of Mrs. Aaron Schloss, President of the Twentieth Century Club of Berkeley.

Local committees are spending busy days completing the details of the work for this important meeting.

Alameda County is sparing no effort to make the convention the most successful in the history of the district.

The closing words of the "Call" for the convention by the President, Mrs. Fisher R. Clarke, is an appeal to the club women of her District, and if heeded, will insure a record-breaking convention. She says: "Let us co-operate in our efforts to make this convention a reunion of true fellowship and mutual improvement."

Chairmen of the local committees for the Alameda District Convention are as follows: Mrs. Edgar L. Ormsby, Chairman of the Local Board; Mrs. L. G. Leonard, Chairman of the Nominating Committee; Mrs. J. C. Lynch, Chairman of the Resolutions Committee; Mrs. Charles S. Graham, Chairman of the Credentials Committee; and Mrs. W. H. Kelley, Chairman of the Badge Committee.

The election of Mrs. Robert J. Burdette as one of the trustees of Mills will add strength to that institution established for the higher education of women. Without doubt there is no woman in the State who could bring to the college such a wealth of experiences along all lines of educational work. Mills College is to be congratulated a second time; first, for Dr. Aurelia Henry Reinhardt, and again for Mrs. Robert J. Burdette, both women are State Chairmen of the California Federation of Women's Clubs.

## PEERLESS LAUNDRY COMPANY

All That the Name Implies  
AS TO  
FAMILY WASHING, FAMILY STYLE

Main Street at Slauson Ave.

Home 60558

South 6518

## NORTHERN

The Northern District of the California Federation will hold its annual convention at Marysville March 14, 15, 16.

On the morning of the first day a presidents' council will be held. The topics for discussion will include "County Federation," "Parent-Teacher Organizations as Related to the Club," "District Finances," "The Boundary Line Between State and District Chairmen." The proposed budget system will be part of the study discussion.

Mrs. David Powell of Marysville, vice-president of the district, has been selected chairman of the program committee, and to her wise discernment and judgment will come the selection of subjects, and program plans in general. Serving with Mrs. Powell will be Mrs. F. W. Quast of Rocklin, corresponding secretary; Mrs. J. H. Stineman of Roseville, press chairman; Mrs. A. L. Miller of Marysville, Music chairman, and Miss Mary C. Patton of Sacramento, chairman of art.

On the resolutions committee will be Mesdames Hugh Bradford, Sacramento; Albert Ross, Davis; P. B. Goss, Sheridan; L. L. McCoy, Red Bluff, and Miss Mary E. Pinneo, Susanville.

The credentials committee will comprise Mesdames G. E. Chappell, Grass Valley; Joseph Hough, Marysville; W. H. Stafford, Live Oak; Duncan MacCullum, Oroville; Frank Brock, Sheridan.

The rules and regulations committee will include Mesdames H. M. Albany, Colusa; W. S. Fitch, Placerville; Carl Schnabel, Newcastle; Arthur Burbank, Anderson, H. T. Smith, Glenn.

Mrs. J. H. Stineman, chairman of the press committee, will be assisted by Mesdames B. F. Woerner, G. H. Harney, Peter Delory and T. D. M. Slaven.

Mrs. O. H. Kearns will have charge of the transportation committee.

Miss Mary Patton, art chairman, is planning a unique program which will include living pictures, the subjects to represent the different periods now being studied in the various art sections.

Mrs. A. L. Miller will have charge of a grand concert to be given by Northern District talent.

For special speakers arrangements are being made to have Dr. Rhinehart, Annie Laurie and Mrs. Coleman.

A day devoted to County Federation is to be observed in autumn, with the local club as hostess to representative Placer County Clubwomen. Mrs. B. Woodbridge, the Northern District president, is most energetic in her efforts to establish County federation in her own county of Placer, and recommends it throughout her district as the logical unit.

The Roseville Woman's Club, will entertain the executive board on February 3rd at a futurist luncheon, and in the afternoon there will be a reciprocity meeting. Legislation and child welfare will be the subjects presented by the chairmen in the afternoon.

Mrs. J. L. Gillis,  
State Library,  
Sacramento, Cal.

# *The* Club Woman

March, 1917  
Vol. IX, No. 5



**Official Organ of the California  
Federation of Women's Clubs**  
- Composed of Over 30,000 Members -

# ---SPRING

*---and the fashions*

—A moment with you, Milady!

—We're so enthusiastic about this garment department of ours, that we not only **take** every opportunity to talk of it—but we **make** such opportunities!

—Just now, at the very dawn of the new season, we would have you know that **never**—no, never in all the store's history, has this department been so wonderfully complete.

—In truth, there are gowns and frocks, and suits and coats for any and all occasions.

—Yes, "your particular type" of garments, too—and at "common sense" prices of which you'll thoroughly approve.

—And again we emphasize **Completeness** and ask you to visit our Third Floor—soon!



ARTHUR LETTS  
*The Broadway Department Store*  
BROADWAY, FOURTH AND HILL.





# Hear the Starr Phonograph

## The Phonograph That Is Different

—and the difference is in the tone.

If you would hear one record played on the Starr Phonograph it would give you a better understanding of its marvelous tone than anything we can possibly say.

We invite you to call at our salesrooms for a demonstration, or if this is not entirely convenient, we will be glad to place a Starr Phonograph at your disposal, in your own home, in order that you may submit it to any test you may desire.

Make up your mind Right Now to hear the Starr Phonograph and telephone us for a demonstration.

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## The Starr Piano Company

Factory Salesrooms  
628-630-632 South Hill Street

Manufacturers of Grand and Upright Pianos, Playerpianos, Phonographs and Phonograph Records.

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## THE CLUBWOMAN

who keeps up with her multitudinous duties in both club and social circles can ill afford to be hampered by obsolete household methods.

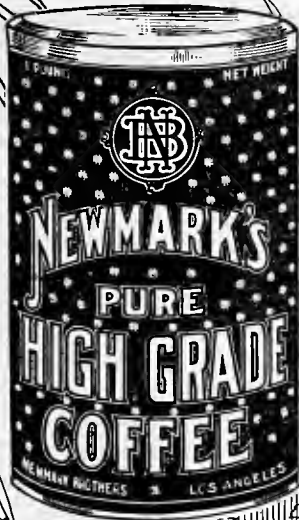
One of the surest ways of eliminating unnecessary work in the home is that of using the most superior fuel on the market, Southern Counties Gas. In both cooking and heating this essential product saves the modern housewife and club woman hours of valuable time, assuring her friends that she will keep important social engagements.

The most convincing guarantee we can offer as to the quality of our gas is that it is used and endorsed by hundreds of prominent Southern California Club Women.

**SOUTHERN COUNTIES GAS COMPANY**

Corporation Bldg.

Los Angeles, Cal.



## California's Morning Glory

The supreme deliciousness of "Newmark's Pure High Grade Coffee" makes it the real Morning Glory of California. It is the highest grade coffee money can buy—blended from the choicest coffees grown in the world.

### A Home Product

Roasted and packed fresh daily in  
Los Angeles

Your Grocer Sells It

# *The Clubwoman*

Official Organ of the California Federation of Women's Clubs  
Composed of over 30,000 Members

PUBLISHED MONTHLY

## OFFICES

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DR. LOUISE HARVEY CLARKE, State Chairman and Southern Federation Editor, 1046 Orange St., Riverside  
MISS JESSICA LEE BRIGGS, State Chairman and Northern Federation Editor, 1942A Hyde St., San Francisco

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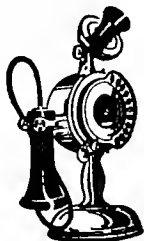
## The Homephone

The greatest convenience ever  
conceived for business and home  
use at all times.

Automatic  
Reliable  
Ever Ready

You call your  
Party by turning  
the Dial

If you want a real time-saver,  
Call F 98, Contract Dept. and  
order the Homephone Installed.



(107)



THE WAY TO THE EAST

**Excellent Service  
TO  
Eastern Points**

Is afforded by two Limited  
Daily trains from Los Angeles  
via the popular Salt Lake  
Route.

**The Pacific Limited at 9:00  
a.m.** Arrives at Chicago third  
day at 9:15 a.m., via Union  
Pacific and C. M. & St. P. Rys.

**Los Angeles Limited at 1:25  
p.m.** Arrives at Chicago third  
day at 11:30 a.m., via Union  
Pacific and C. & N. W. Rys.  
The patronage of club women  
will be appreciated.

Full particulars at all ticket offices. Los  
Angeles office, 501 So. Spring Street. Phone  
Main 8908 or Home 10031.

## STATE PRESIDENT'S LETTER

The month of February has been spent in and around the Bay cities, three days being devoted to the convention of the Alameda District. A feature of this convention was the division of hostess duty among the several clubs of Oakland, Berkeley and Alameda. This gave a note of individuality to each session and lightened the burden of responsibility for all. While extending the greetings of the city to the delegation, Mr. Preston L. Higgins, secretary to the Mayor of Oakland, expressed the attitude of the public toward the Federation by saying: "From the busy and self-satisfied citizenry, infected with inertia and dead indifference toward the welfare of human kind, to the enthusiastic busy-bodied reformer that with one stroke would sweep clean to the elimination of corruption and vice, between these widely different classes of citizens there must be some ballast, and so we look toward such gigantic organization as the California Federation of Women's Clubs to furnish such sane and sensible safeguard."

The message of the beloved district president, Mrs. Fisher R. Clarke, who is about to finish her two years of service in her present office, was a recital of splendid achievement, and the reports of the individual clubs formed a series of stories of vital community service.

### Message From General Federation

The following letter has been received from Mrs. Cowles, president of the General Federation:

"Dear Madam President:

"I desire to call your attention to two very important events:

"First, the Council meeting to be held in New Orleans, April 10-12. The "Call" is in process of preparation and will be mailed to you by the recording secretary in a short time. Please give publicity to this gathering through your state club organ, the public press, and all other available channels. Any clubwoman is welcome to attend the Council, which is called to consider and promote the interests of the G. F. W. C. The local committee in New Orleans has made very elaborate plans for the entertainment of the visiting clubwomen, and is leaving no stone unturned to make the occasion a great success.

"Second, I enclose herewith reprint of the article in the January issue of the General Federation Magazine, signed by myself and the three chairmen who have the Baby Week campaign in charge. It is very necessary that the corresponding state chairmen should get into immediate and intimate touch with the clubs throughout their states, in order to facilitate plans for the campaign. A circular of information, dated January 2nd, has been issued by the Children's Bureau, Washington, in which is given a list of agencies from which educational pamphlets, leaflets, exhibit material, lantern slides, etc., may be obtained.

"Your hearty co-operation in behalf of these two undertakings will be deeply appreciated. Cordially yours,

"IONE V. H. COWLES."

If any of our California women can make it possible to attend the Council meeting, please advise Mrs. E. G. Denniston, 3454 Twenty-first Street, San Francisco. We hope that a large delegation may be able to accompany our own California president to her first big General Council.

Baby Week plans are being perfected throughout the State. The last week of March and the first of April seem to be the chosen Welfare Weeks. Our state chairman of Child Welfare, Dr. Louise B. Deal, or the district chairman, will furnish any desired information.

### State Convention

The "Call" for the State Convention has been sent to all club presidents. Kindly read it to your members and advise them that it is of the utmost importance that they understand its various parts. The chairmen of departments plan to hold early morning conferences, among which will be the following series conducted by Mrs. Rose V. S. Berry, state chairman of Art, and vice-chairman of Art of the General Federation: "How to Awaken Interest in Art Sections"; "American Art"; "Art in California"; "Suggested Programs"; "Interior Decorations."

### County Federation

The last county to organize a Federation is Placer. Each club having membership therein is also a member of the State and District Federation, its by-laws making it impossible for any other than a regularly federated club to join. This organization has already resulted in the organization of a new club in the county and is the child of Mrs. Bradford Woolbridge, enthusiastic and capable leader of the Northern District. Mrs. Woodbridge's illness has been a cause of concern among her friends during the past month, but she sends encouraging reports of her returning strength.

### Events of the Month

Pleasant afternoons have been spent with the San Jose Women's Club, the Martinez Women's Improvement Club, and the Mills and Corona Clubs of San Francisco. The "Mother Goose" breakfast given by the Philomath Club of San Francisco was one of the most unique and beautiful events of the month. "Gentlemen's Evening" at Papyrus Club was another happy occasion. It was also my privilege and pleasure to address the Daughters of the American Revolution at the luncheon given during their annual convention.

### Board Meeting

At its meeting, held on February 24th, the executive board endorsed the movement for adequate and systematic physical training in elementary and secondary schools, also for the establishment of junior colleges.

(Continued on Page 40)

## EDITORIAL NOTES

The Country Life department will be featured in the April issue. This change was made on account of the important Legislative matters necessary in this number.

The State Convention, California Federation of Women's Clubs will be held in Pasadena May 1, 2, 3, 4, 5.

The Shakespeare Club of Pasadena is very busy making plans for the convention of the State Federation of Women's Clubs, which meets the first week in May. At least a thousand or more women are expected to be in attendance at the convention. Assisting the Shakespeare Club in entertaining its guests will be the Washington Heights Club, the Pasadena Study and the Graduate Nurses' Club. The convention

will be held in the beautiful and attractive Maryland Hotel, near which the Shakespeare clubhouse stands.

The fifteenth annual convention of the Northern District, C. F. W. C., will be held in Marysville, March 14, 15, 16.

The Los Angeles District, C. F. W. C., has sent out the "call" for its annual convention, which will be held in Santa Monica March 27-30.

The invitation was extended by the Santa Monica Bay Woman's Club, the meetings to be held in the new clubhouse, while headquarters will be Hotel Windermere. Mrs. D. G. Stephens, Box 313, Santa Monica, is chairman of the local board.

## Friday Morning Club Program

FRIDAY MORNING AT 10:30

**Friday, March Second**

Why Worry with Art  
H. Granville Barker  
Members Only

**Friday, March Ninth**

The Return of the Poets  
Witter Bynner

**Friday, March Sixteenth**

The Organization of Scientific Research  
for National Defense by the National  
Research Council  
George Ellery Hale

**Friday, March Twenty-third**

The Life and Ideals of my Father  
Count Ilya Tolstoy  
Members Only

**Friday, March Thirtieth**

Business Meeting  
Report of Committees for the Revision  
of the By-Laws and Election Rules  
Suggestions for a new Club House,  
Mrs. O. P. Clark  
Treasurer's Report, Mrs. Berthold  
Baruch  
Civic Work of Some Eastern Clubs,  
Mrs. E. K. Foster

**Committee Meetings****Thursdays (every Thursday), 10:00**

Music Conference

Chorus, Mrs. Charles G. Stivers, Director

**Tuesday, March Sixth, 12 M**

Book Committee Luncheon  
Russian Novelists

**Tuesday, March Thirteenth, 2:00**

Public Affairs Committee—Open Meeting

Our City's Recreation Problem

**Tuesday, March Twentieth, 2:30**

Drama Committee

Lord Dunsany and His Plays

Lucy M. Lambdin of the Manual Arts High School

**Tuesday, March Twenty-seventh, 2:30**

Art Conference

The Middle Period: The Beginning and  
Culmination of the Hudson River  
School

**March Twenty-eighth, 8:00 P. M.**

The Book Committee will hold a reception in honor of some distinguished authors



# New Smart BOOTS

At The BOOTERY you will find reflected the style tendency of the hour in feminine footwear---that which is new and correct; in tune with Dame Fashion's latest whim. See them first at The BOOTERY.

C. H. WOLFELT CO.

The BOOTERY

Smart Shoes for Women

432 SO. BROADWAY

Los Angeles San Francisco Pasadena  
(32)

## WOMEN'S LEGISLATIVE COUNCIL OF CALIFORNIA

The following interesting chart has been prepared by the Vice-President of the Council, Mrs. Agnes Claypool Moody, for the use of clubs and members of the Council interested in the progress of the Council measures in the 1917 legislature.

By following the action of the legislature on these important measures and noting the same on these charts the chairman of legislation may be enabled to make a most interesting and valuable report to her club.

The information thus secured should be compiled for future reference.

### BILLS OF THE WOMAN'S LEGISLATIVE COUNCIL, 1917

Name of bill	Introduced into	By
1. <b>COMMUNITY PROPERTY, 355-360</b>	Senate	Senator Luce, San Diego Co.
2. <b>WOMEN ON JURIES, 32</b>	Senate	Senator Benson, Santa Clara Co.
	First reading (by title)	
	referred to Com. on Judiciary	<i>Chairman--</i> <i>William Kehoe, Humboldt Co.</i>
	reported out	<i>Ballard, J. W., Los Angeles Co.</i>
	recommended to pass	<i>Benson, J. W., Santa Clara Co.</i>
	recommended not to pass	<i>Burnett, L. G., San Francisco Co.</i>
	second reading amendments	<i>Carr, W. J., Los Angeles Co.</i>
	third reading amendments by special committee	<i>Carr, F. M., Alameda Co.</i>
	Vote on bill	<i>Chamberlain, H. A., Los Angeles Co.</i>
3. <b>CARE OF FEEBLE-MINDED, 602</b>	Assembly	<i>Duncan, W. E., Jr., Butte Co.</i>
	1st reading by title	<i>Inman, J. M., Sacramento Co.</i>
	referred to Com. on Charities and Cor- rections	<i>Irwin, J. C. L., Kings Co.</i>
	reported out	<i>Johnson, M. B., San Mateo Co.</i>
	recommended to pass	<i>Jones, H. C. S., Santa Clara Co.</i>
	recommended not to pass	<i>Kehoe, W., Humboldt Co.</i>
	second reading amendments	<i>Luce, E. A., San Diego Co.</i>
	third reading amendments by special committee	<i>Maddux, L. J., Stanislaus Co.</i>
	vote on bill	<i>Purkitt, C. F., Glenn Co.</i>
	to engrossing committee	<i>Stuckenbruck, J. W., San Joaquin Co.</i>
	to governor	<i>Thompson, J. R., Santa Barbara Co.</i>
		<i>Tyrrell, E. J., Alameda Co.</i>
		yeas                      nays
		Assemblyman Ambrose, Los Angeles
		<i>Chairman--</i>
		<i>Frank H. Mouser, Los Angeles Co.</i>
		<i>Paul J. Arnerich, Alameda Co.</i>
		<i>Lee Gebhart, Sacramento Co.</i>
		<i>Chas. W. Goetting, San Francisco Co.</i>
		<i>C. W. Greene, San Luis Obispo Co.</i>
		<i>O. W. Hilton, Solano Co.</i>
		<i>C. W. Lyons, Los Angeles Co.</i>
		<i>C. C. McCray, Shasta Co.</i>
		<i>J. A. Pettis, Mendocino Co.</i>

Be sure to note dates of going in and coming out from committee.

A bill may be defeated by **undue** delay in committee.

A bill may be amended at any point in its progress.

A bill may be "killed" at any stage.

Write to your representatives to support these bills.

See and make note of how your representatives vote on these bills.

**MARK THE PROGRESS OF THE BILLS BY COLORED PINS**

# ALAMEDA DISTRICT CONVENTION

OAKLAND, CALIFORNIA, FEBRUARY 15-17, 1917

President's Address, Mrs. Fisher R. Clarke

The year that has elapsed since our convention of last year has seemed fraught with more duties than the preceding year. It is true that the more one works the more he finds to do, if he has any of the initiative in his natural make up. Throughout the five counties in the district, we find the same enthusiasm as in the preceding year. It is true four clubs have withdrawn from the Federation. In place of these, we have four new clubs recently federated and with such a large membership in two that our complete list of members in the entire district is fully as large, if not larger, than that of last year. There is a prospect that two more clubs will unite before the close of the club year in May. Several clubs have had a large increase in membership.

The Carquinez Woman's Club dedicated its new clubhouse in May. Their house was renovated throughout (it was formerly a Y. M. C. A. building), fully equipped for a Woman's club and presented to the club by the Sugar Refinery corporation of the town. This club should feel proud that its work is appreciated by the business men of the town. Several clubs are contemplating building clubhouses in the near future. A number of clubs have been instrumental in the establishment of circulating county libraries. Mrs. James Whitlock of Niles, the daughter of an ex-president, Mrs. J. F. Thane, has established a circulating library for the use of Alaskan miners. This is Mrs. Whitlock's individual work and shows what a woman can do.

Many have the half hour, or hour, of music, on Sunday afternoons, for the benefit and entertainment of those who otherwise have few opportunities of hearing good music. The Woman's Club of Lodi gave its first Sunday's hour of music on February 11. The state chairman of music, Mrs. Walter Longbotham of Sacramento, assisted and to her is due the origin of this work throughout the state.

Reciprocity days have been more frequent this year than last, and there is nothing more conducive to true club ideals than this custom. It has been my privilege to be a guest at a number of these meetings and ever there was the same harmony, helpfulness and kindness shown to all.

I have made many personal visits to clubs in the Alameda district, several in the Northern, and had I not been ill when the invitation came should have visited in the San Joaquin. Have attended four of the Northern District board meetings and several State Board meetings. Have held one meeting of the district board in Lodi, three in the Oakland clubrooms and one in Stockton. These have been open meetings, and any one attending was free to make suggestions or discuss any measures.

In some of my visits I have been the

house guest of prominent clubwomen. Among these was a most delightful visit in our state vice-president's home in Oroville, and a dinner party at the home of the president of the Northern District. To many in Alameda District I am indebted for numerous courtesies, and to all I say, thank you.

No president ever had or can have a more efficient corps of willing officers than I have been blessed with in these last two years. Particularly is this true of the vice-president and corresponding secretary. Because of their offices they could render valuable assistance. The former has made many visits to clubs when I was prevented from so doing by illness and distance, and together we have made numerous visits. The latter has had a great deal of work to do, and she has proven always willing, prompt and efficient, and so has each officer in her place. Each department chairman, with a very few exceptions, has done excellent work, and this, coupled with anxiety to be of service, has helped to make club work in our District the success it is. My term will close in May and for my successor I pledge the same harmony, loyalty and helpfulness that has been mine for two years. Forgive and forget mistakes, my intentions were for the best.

With thanks to all and heartiest wishes for progress in Alameda District and greater results than ever, I submit this report.

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### THE STORY OF THE ALAMEDA DISTRICT CONVENTION

The Alameda District opened its sixteenth annual convention in the Oakland Hotel, Oakland, Cal., Thursday, February 15th. Oakland, with its freedom from fogs, its nearness to San Francisco, its magnificent municipal building, and above all its well managed, spacious hotel, is the logical convention city of California, especially summer conventions.

The attendance at the sessions and the interest shown in club work surpassed all former annual gatherings of the district. Business and reports of district chairmen held the attention of the clubwomen during the morning hours and the first half hour of the afternoon session. Greetings from national and state officers, addresses and music made up the program for the afternoons, while evenings were given over to musical and social entertainments.

"To Be, Not to Seem"—the motto of the Alameda District—was apparent in the plans for and the work in the convention, from the president and officers all along the line, even down to the pages, whose every movement spelled efficiency.

The Rev. Edgar F. Gee of Oakland gave the invocation and the chairman, President Fisher R. Clarke, declared the convention open and ready for business.

The program as presented by Mrs. Lucien T. Langworthy was formally adopted, and the chairman called for messages from club presidents.

#### Messages From Club Presidents

Mrs. Arthur O. Gott, president of the Adelpian Club of Alameda, was the first to respond. She told of the splendid work of the various sections, especially that of the civic section, which maintains a free bed in the Alameda Sanatorium. This club has a membership in the Travelers' Aid Society and has assisted in the work of the Anti-Tuberculosis League.

The Berkeley Branch of the Collegiate Alumnae was represented by Miss Watson, who said that as a branch of the National association its purpose was to raise and maintain the standard of education for women in the United States. Besides supporting both home and foreign scholarships, this club does social service work.

Mrs. C. R. Reilly of the Berkeley Federation of Mothers' Clubs brought greetings from 925 mothers, and told of the activities of these loyal clubwomen.

The Casa Guidi Circle, a purely literary club, was reported by Mrs. Mabel Morrin Kellogg, who told of the study given to philosophy of our modern writers, with Schopenhauer leading the thought this year.

Mrs. Aaron Schloss spoke of the advantages the members of the Twentieth Century Club of Berkeley had. All our studious members, said Mrs. Schloss, attend classes at the State University, and this adds to the interest of the club program. Our executive board luncheons, at which from

fifteen to twenty members are entertained at different times, serve as a medium for both old and new members to get acquainted.

Greetings from the president, Mrs. W. B. Kirk, of the Country Club of Washington Township, was read. This club keeps in close touch with Federation work. It has established a night school and donated more than two tons of foodstuffs to the Belgian relief.

Parliamentary law, home economics and music are the most active departments of the Fruitvale Alameda County Woman's Club, as given by Mrs. C. J. Ernst.

From the Hayward Hill and Valley Club greetings were extended by Mrs. L. R. Rosenberg, who reported that better results were obtained in her club by lecture courses. Receptions to the public school teachers during the year is an especially feature of club work.

The Lockford Woman's Improvement Club, with a membership of twenty-four, has a civic and study section. It has also a sunshine committee.

The Lodi Woman's Club has added 95 new members this year and has raised \$1,000 towards the building fund for a clubhouse. This club is featuring municipal music.

The Martinez Club reports the purchase of a lot on which a club home is soon to be built.

The Alta Vista Club of Oakland has devoted its time to California history and found it immensely interesting.

The Oakland Book Club has paid special attention to current events, was the report of its president, Mrs. M. J. Watson.

The East Oakland club, one of the newest in the Federation is most enthusiastic in its civic and literary section work.

The Oakland Ebell is the original society founded for Ebell. It has a membership of nearly 600 and Mrs. John A. Beckwith, its president, reported that the club had a system of book-keeping that any man could understand. The daughters of the members have been admitted without initiation fee.

The work of the New Century club of Oakland is extensive, and its aim the Americanization of the aliens. It has established clubs and playgrounds among the children of foreign parentage. A detailed account of its activities was given a few months ago in *The Clubwoman*.

The Philamathean Club of Stockton was reported by its president. This club studies civics as well as literature, home economics, art and music. It established last year the Sunday afternoon community musicals. These have met with great success.

The Aldine Club of Stockton, under the leadership of Mrs. J. D. Mathews, is doing original literary work. In the spring it will put on a play dealing with California history, written by one of its members.



The Carquinez Woman's Club is one of the live-wires of the district. It is reaching out after its young people and seeing that they have the proper kind of amusements.

The report of the Rockridge Woman's Clubs was in truth the evolution of a woman's club. The president, Mrs. M. P. Brasch, tells the story and like all really good stories, it has a happy and successful ending.

#### ADDRESSES OF WELCOME

It did not need the formal addresses of welcome to make the delegates and visitors to the Oakland convention feel that they were wanted. On every hand were club women with badges and smiles to greet you. The very spirit of good comradeship was in the air.

The mayor, John L. Davie, not being able to be present was represented by his secretary, Mr. Higgins, who spoke of the great work the club women were doing and of the pride he felt in welcoming such visitors to Oakland. In the name of the hostess club, Mrs. Edgar L. Ormsby greeted the delegates and Federation officers and told them of the many delightful things in store for them. She assured them that they were truly welcome. The response for the delegates by Mrs. P. B. Fraser was most sincere and appreciative. The comfortable manner in which they were being entertained left nothing to be desired.

Hon. Joseph R. Knowland gave greetings from the Chamber of Commerce and spoke of the work of the Woman's Auxiliary in the Chamber of Commerce and the help it had been in advancing the interest of the city. The Press found an able representative in Miss Edna B. Kinard, who gave the following greeting:

FROM THE PRESS  
(By Edna B. Kinard)

A good newspaper man—and some of the best of them are women—always tells his story in the opening sentence. And if you remember nothing else, remember this—TO DO THAT GREAT THINGS WHICH LIES BEFORE US, WOMEN MUST ACCEPT A CATHOLIC FRIENDSHIP. By

that I mean a friendship not based on personality but a friendship which finds its root deep down in Things—that which is to be done.

It was a newspaper woman who said to me once, woman's sole duty to the world is lifting high the standard of her sex and keeping it untainted.

This is the day of big things. Woman's Legislative Council, 75,000; California Federation of Women's Clubs, 40,000; California Congress of Mothers, 20,000; Alameda district, more than 4000, clubwomen, we term you.

And against these mighty groups you have an insignificant group of women who can reach out and touch vast audiences of 100,000, 200,000, nay, as many men and women as there are in the state. Newspaper women, we call them. And every year the clubwomen and the newspaper woman has approached nearer and nearer together until it would seem that the titles were about to be wiped out and in the end they would become just women together, until it would seem that the titles were about to be wiped out and in the end they would become just women together, understanding that catholic friendship.

And sometimes you have loved us very much. And sometimes you have hated us very much, because, we each wanted to decide what the big thing was. And we forgot—

That the fate of England and of freedom  
once  
Seemed wavering in the heart of one plain  
man;  
One step of his and the dial hand that  
marked the  
Destined progress of the world from wis-  
dom  
On to higher wisdom had been made to  
pause  
An 100 years. That step he did not take  
He knew not why, nor we, but only God  
And lived to make his simple oaken chair  
More terrible and grandly beautiful  
Than any throne before or after of a British  
king.

And as he stayed his foot from the ship

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that might have borne him to a new world of things, changed the fate of a nation, so oftener, than not, upon these women representing a terrible power hangs the history of the future.

Boys flying kites haul in the white winged birds, but this you can't do when you're flying words.

Without the press you would not have had suffrage. You would not have had your wonderfully strong organization. You would not have had the medium which assembled you together. You have had the press at your right hand. Your own magazine, "The Clubwoman," in its last number affirmed that no state in the union had papers which devoted so much space to the woman movements. We are here to be used. Each has her own point of view, but each sees the end of the way. And the catholic friendship will give us that tolerance which will accept the others' point of view.

I speak editorially when I say:

If any word of mine or sung or told

Has ever given delight or consolation,

Ye have repaid be back a thousand fold

By every kindly sign or salutation.

#### GREETINGS FROM NATIONAL AND STATE OFFICERS

Mrs. E. D. Knight, president of the California Federation of Women's Clubs extended greetings for the state. She commended the hearty co-operation she had observed between the woman's clubs and other organizations and civic bodies of Oakland. The plans for the State Convention at Pasadena in May were outlined and the

Alameda District was urged to send a large delegation. Mrs. Knight explained the new election laws for choosing the state officers which goes into effect for the first time this year.

Mrs. Frank Frederics, president of the San Francisco District spoke for her district and referred to the goodfellowship that had always existed between the two districts. Mrs. A. B. Armstrong, president of the San Joaquin Valley District brought a message from the far-famed valley of the San Joaquin. She deplored the bridge club craze and said that it was taking the spirit out of women's clubs. We must begin a campaign of education against too much devotion to bridge.

The General Federation was represented by Mrs. E. G. Denniston of San Francisco. She urged the women to take the General Federation Magazine and keep in touch with the drift of National Club movements. Dr. Louise Harvey Clarke of Riverside spoke in behalf of The Clubwoman, the official organ of the State Federation. The magazine is yours, she said, and its success or failure depends on you. Mrs. Carrie Stone Freeman, state chairman of music for the two Southern Districts, brought greetings from the Southland. On request Mrs. Freeman gave the call notes of the meadow lark and the mocking bird much to the delight of her audience. Letters of greeting were read from Mrs. Josiah Evans Cowles, president of the General Federation and from Mrs. Bradford Woodbridge, president of the Northern District. Mrs. Woodbridge was unable to be present on account of illness.

## EXCERPTS FROM REPORTS OF DISTRICT CHAIRMEN

#### ART—Mrs. C. S. Sargent.

The Art Department was ably represented by Mrs. Sargent and Mrs. Rose S. V. Berry. Alameda District is fortunate in having Mrs. Berry, who has received much praise for her excellent work in promoting Art Education in the clubs of the state.

#### PEACE—Mrs. C. E. Cumberson.

A plea was made by the chairman for a better understanding of the work of this committee. It is not peace at any price as some have inferred. She suggested a change in the name to International Relations and that it be given the dignity of a department.

#### CHILD WELFARE—

##### Mrs. Eugenia C. L. Colby

Child Welfare work is very comprehensive. When we consider the fourteen measures suggested by our State Chairman, Dr. Louise B. Deal, in the August number of The Clubwoman, we find that it covers the following departments: Home Economics, Health, Education, Industrial and Social Conditions, Civics, and Legislation. Several clubs in the District have done splendid work in Child Welfare, but the organization which specializes on this department is the Berkeley Federation of Mothers' Clubs.

Ever remember that "the child of today is the citizen of tomorrow," and when we save the children we save the nation.

#### LANDMARKS PRESERVATION—

##### Mrs. B. E. Gilmore

The chairman of this department reports that she had sent out forty-three letters and only received fifteen answers. Of these ten clubs have had or are planning programs on Landmarks Preservation, the remaining five, while they had been active in this department in former years, had done nothing this year.

#### FORESTRY—Mrs. L. B. Smith.

The aim of the Department of Forestry this year is to work for the preservation of natural scenery by making certain areas national, state, county or local parks, to be used for recreation purposes under a park management. Every club in the District has been asked to give one program to Forestry during the year. Literature has been sent to all. Only two clubs report any work done. The Hill and Valley Club of Hayward have been instrumental in having a Park Commission appointed and the Alta Mira Club of San Leandro also are working for a Park Commission.

**WATERS—Mrs. Emily P. Mayhew.**

The literature on the subject of Conservation of Waters received from the State chairman has been distributed among club members and some of the most pertinent selections have been published in the local papers. The Country Club of Washington township has been active in the fight to retain the waters of the Alameda creek for local use.

**COUNTRY LIFE—Mrs. P. B. Fraser.**

The chairman asked the large city clubs to mother the small rural schools. Several clubs have interested themselves in this work, and one club giving a playground equipment. Twelve clubs reported different phases of Country Life work, such as tree planting along the highway, better roads, improved sanitary conditions of farm homes, the unsightly rural mail boxes improved by uniform size and lettering, supervised recreations for young people, and agricultural clubs for boys and canning for girls.

**RURAL SCHOOLS—**

Mrs. Ira W. Howerth.

Mrs. Howerth's report on the conditions of rural schools in California, and especially in San Mateo county, where a survey has recently been made, was somewhat startling. In closing, the recommendations of the State Commissioner of Elementary Schools were read and the chairman urged the club women to make it their business to aid Dr. McNaught in her endeavor to improve the rural schools.

**EDUCATION, INDUSTRIAL AND SOCIAL CONDITIONS**

Mrs. L. R. Rosenberg, Mrs. George Barnes Bird.

The Educational and Industrial and Social Departments have joined forces again this year and are working to Americanize the alien by teaching him the English language and our ways of living. We would make a citizen of him, both for his own sake and as a safeguard to our country. We are also seeking better conditions for the wage-earning women and children. A few clubs reported doing work among foreigners.

**EMPLOYMENT AND INDUSTRY—**

Mrs. W. H. Foster

The work of my committee this year was to plan the establishment of a committee in each club to co-operate with the Federal Bureau of Labor. Mrs. Baifield of San Francisco, who is employed by the government, met with the chairmen of this committee to plan a line of work. Four clubs in the District have promised to take up the employment problem as their work.

**FOOD AND CLOTHING—**

Dr. Minora Kibbe.

It seems to me that our women are asleep at the switch when we take no concerted action to place the responsibility for the present high cost of living. There is need at this moment for a live ubiquitous, female committee to give full sway to its curiosity and perspicacity in investigating

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#### **FEDERATION EXTENSION—**

**Mrs. Burt W. Sloan**

The chairman's report shows great activity in presenting federation work to the clubs of the District. Many letters have been written and clubs visited in order to interest them in federation. The district chairman of Federation Extension really conducts an information bureau.

#### **CIVIL SERVICE REFORM—**

**Mrs. Millie H. Olds.**

Since assuming the duties of chairman of Civil Service Reform I have been impressed by three conditions, the willingness of educators to assist in furthering the plan of education along Civil Service lines; the attitude of some club presidents who give grudgingly the fifteen or twenty minutes to be devoted to this subject; and the ignorance or indifference of the average person. We need a campaign of education.

#### **LIBRARY EXTENSION—**

**Mrs. W. S. Montgomery**

At the beginning of the club year I wrote to the presidents of the clubs sending the outline of work as given by Miss Susan Smith, state chairman. Nine letters and four year books were received. Most of the few letters received gave favorable reports of the library facilities in the location represented.

#### **MUSIC—Miss Ida Diserens**

The chairman outlined a survey which she had begun covering the composers, particularly the women composers, in California. The organization of a club of professional musicians who might be a bureau for music programs was under way under her direction.

#### **LITERATURE—**

**Mrs. Mabel Morrin Kellogg**

Mrs. Kellogg reports fifteen answers out of twenty clubs written to. These fifteen clubs are doing creditable work in literature. Some of them advanced study. In closing her report Mrs. Kellogg says: "I am wishing that every club might have a Literature section. I believe that education and culture must come before our best work in other activities can be successfully accomplished."

#### **FEDERATION EMBLEM—**

**Mrs. Theodore Beckman**

A plea was made by Mrs. Beckman for a more general custom among club women of wearing the Federation pin. She had sold during the year twelve pins and twelve packages of seals.

#### **PUBLIC HEALTH—**

**Mrs. John Newton Porter**

Effective work has been done in helping to enforce the pure milk law, in co-operation with the bureau for stamping out tuberculosis, and in school sanitation. The chairman urged a clinic for teachers on the ground that family physicians more often than not could be persuaded to give a free bill of health when necessary.

#### **THE PRESS—Mrs. A. W. Keitle**

Every issue of The Clubwoman is a re-

port of the activities of the District Press Chairman.

#### **ADDRESSES OF THE CONVENTION**

The program committee was fortunate in its selection of speakers. All addresses, while on widely differing subjects, were able and convincing and were listened to with deep attention.

The two useless buttons on the back of a minister's coat were taken as a symbol of the tyranny of precedent by Rev. Albert W. Palmer, who made an address, answering the question "How to Escape From Yesterday." "The dead hand tyrannizes in no other form of activity as in war," declared Dr. Palmer. "Because of antiquated methods of discipline and medieval militarism to which we still hold, the dead hand reaches out to paralyze the people of the world."

"The solution of the escape from the past was a revolution brought about by education and ideas, with working models provided, that the peoples might witness how possible it was to look forward and not back."

The birth of San Francisco and the romantic days of the earlier California were related in an interesting address dealing with "Anza's Second Expedition," which was offered by Mrs. Andrew N. Aitken of San Leandro, chairman of the state committee on California history and landmarks.

Particularly interesting to the housewife was the scholarly talk of Professor Meyer Jaffa of the University of California, who gave "New Lights on the Choice of Foods." A question box was opened at the close of the address with the university man answering many inquiries regarding the values of certain forms of diet.

In a masterly address Arthur Agard of Alameda gave an appreciation of Jack London and his contribution to American literature, "Politics and the Public School," was the theme to which Peter J. Crosby spoke.

"The political boss has to have control of every office, county and municipal and carries his power to the legislature. The last word in his vocabulary is 'efficiency,'" affirmed Mr. Crosby, who showed how the school department was a good place in which to pay political debts. In closing, Mr. Crosby said: "You women should not be afraid to discuss these political questions in your clubs."

#### **MUSIC OF THE CONVENTION**

We have become so accustomed to music at all our gatherings that we do not realize what we owe to it and to the generosity of our musical friends. A convention without music would be like heaven with the angels left out. To the musicians of Oakland the sixteenth annual convention owes much of its success, and the delegates will long remember the delightful programs given during different sessions, and at the various entertainments. Much could be said in praise of the choral section of the Glenview Woman's Club under the leadership of Mrs. William R. Rost. Those who aided were

Mrs. J. E. Bowersmith and Mrs. Marion Shaw. Other musicians who added to the pleasure of the three days' meeting were Miss Neville Stevenson with Mrs. George Cummings as accompanist, Miss Olive Reed, Miss Goldie Hulin with Mrs. Robert Lewis Hill as accompanist, Mrs. Katherine Gail Morrish with Miss Helen Saylor as accompanist. To all of these we say, "I thank you."

#### MEMORIAL SILENCE

Perhaps the most impressive moment of the convention was the memorial silence, when the entire delegate body and officers stood in silence with bowed heads in reverence to those of their members who had passed to the great beyond. Then followed that grand and glorious solo from the Messiah: "I know that my Redeemer liveth," sang by Mrs. Katherine Gail Morrish, with such power and perfect sympathy that one "forgot the singer in the song."

#### SIDELIGHTS OF THE CONVENTION

At the close of the first morning session, Mrs. Fisher R. Clarke presented the District with a gavel rest, the gift of Mrs. Single of Stockton. A vote of thanks was extended Mrs. Single.

A basket of spring blossoms had the place of honor on the president's table during the morning session, Friday, placed there in memory of the late Mrs. Cora E. Jones, a past president of the District and past state chairman. A beautiful tribute was offered by Mrs. George Finkbohner to the life and work of this noble woman.

An art conference was held on Friday at

the noon hour by the state chairman of art, Mrs. Rose V. S. Berry. The work of the Art Department was discussed and Mrs. Berry presented her plan for study and told of the great opportunity that California offers.

#### NEW DISTRICT WORK

The Jones Memorial Work is for the education of crippled children under eighteen years of age, who are unable to attend public school. It has the endorsement of the State Board C. F. W. C.

It was first placed under "Child Welfare," because of its scope. The State Board will be asked to make the work that of an Independent Committee, in order that the personnel of said committee need not be changed every two years, as in department work.

The Federal Bureau of Education has asked the State Boards of Education to make survey, particularly in California.

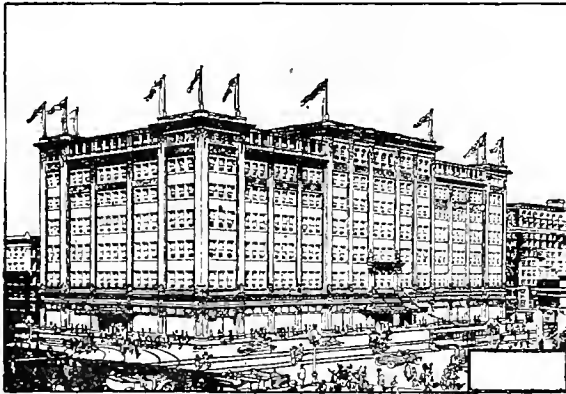
A recent letter from Edward C. Hyatt, State Superintendent of California Public Schools, offered any assistance to us that can be given by the State Board of Education.

The National Conservation Congress convened recently in Washington, D. C.

This body requested that the Legislature of California be asked to make an appropriation for a similar survey.

No bill for this purpose is before the present Legislature. We may ask for an appropriation at the next session.

If the Legislature cannot be convinced



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that this is one of the needs of our state, the present committee may carry forward the work independently, using different methods of financing the same, as the work develops.

The survey is the first step and must be done in a systematic manner under the direction of the Executive Committee, otherwise it will not be official.

If the survey accomplishes nothing more than to convince our eastern friends that we have fewer afflicted children in proportion to the population than have they, then have we helped to advertise our climate and superior conditions to some extent.

Our work is under the supervision of an Executive Committee of ten, all of whom were friends of our late ex-president of Alameda District, Mrs. Cora E. Jones, who, while ill, suggested the work, and in her memory the work has been begun, and we trust it may become a lasting memorial.

The names of the committee are as follows:

Mrs. L. P. Crane, chairman; sister of Mrs. Jones.

Mrs. Edward Dexter Knight, state president C. F. W. C.

Dr. Anrilia Henry Reinhardt, president of Mills College.

Mrs. Fisher R. Clarke, president of Alameda District, C. F. W. C.

Mrs. Annie Little Barry, state parliamentarian and instructor in U. C. Extension lectures.

Dr. Louise B. Deal, state chairman, Child Welfare.

Mrs. Eugenia C. L. Colby, district chairman, Child Welfare.

Miss Jessica Lee Brigge, state chairman, Press.

Miss Francis Fulton, executive secretary for committee.

Miss Blanche Morse.

Miss Fulton makes a personal investigation of each case after receiving reports.

We are now conducting the survey in two counties, Alameda and San Joaquin.

In both counties, the City and County Boards of Education are assisting, also the teachers, school nurses, physicians and the various clubs.

Mrs. Elliott, Mrs. Jones' mother, has begun the real work among seven little girls living adjacent to Mrs. Elliott's home.

The children are conveyed to the residence and there are being taught by Mrs. Elliott the art of making their own clothes, embroidery and different phases in Domestic Science, although the children are not old enough to know the meaning of these words.

We wish the work to extend over our own state, then the United States until we make the entire world realize that Alameda District has originated a work which should never die because so long as the world lasts there will be a crying need for it by the "Shut Ins."

A social luncheon was held by the State and District officers in the hotel dining room, Thursday noon. The District president, Mrs. Fisher R. Clarke, entertained as her guests, Mrs. C. E. Cumberson, State Chairman of Peace, and Mrs. A. B. Armstrong, president of the San Joaquin Valley District.

The Oakland Club was hostess to the convention Thursday afternoon. Its members proved themselves to be adepts in the art of entertaining. After the interesting program of the afternoon the ladies were taken on an automobile ride, provided by the Women's Bureau of the Chamber of Commerce. Among the beautiful places visited was Mills College, where the ladies were most graciously received and refreshed with a cup of tea. Those who visited Joaquin Miller's home were enthusiastic. They considered themselves most fortunate in finding Mrs. Miller there and were loud in their praise of their cordial reception. Many considered this visit one of the greatest privileges of the convention. The renewed interest and enthusiasm in our beloved poet was still further enhanced by the appearance on Saturday afternoon of his daughter, Juanita, who delivered two of her father's poems in a most impressive manner.

The banquet Thursday night was the social event of the convention. It was held in the ivory and gold ballroom of the Hotel Oakland, the Twentieth Century Club of Berkeley acting as hostess for the occasion.

At the long table in the front of the room were seated the state and district officers and their guests, twenty-four in number. The table decorations were very artistic and the ladies arrayed in their beautiful evening gowns made a most pleasing picture.

The toastmistress, Mrs. Fisher Clarke, had woven, in fancy, a beautiful little fairy tale, wherein a tribe of Israel, in search of a second "Garden of Eden," had finally settled their choice on the "City Beautiful"—Alameda.

"Alameda" was responded to by Mrs. Kate P. Van Orden.

"District" was responded to by Mrs. Charles Woodbury.

"California" was responded to by Mrs. Andrew N. Aitken.

"Women's" was responded to by Mrs. Frederick T. Turner.

"Clubs" was responded to by Mrs. Edward Dexter Knight.

The subjects when combined, forming "Alameda District, California Federation of Women's Clubs." Each witty toast was enthusiastically received.

The remaining space in the room was comfortably filled with round tables adorned with their flowers, at which were gathered the remainder of the club ladies. There were about 400 present.

At the conclusion of the banquet, a reception to the state and district officers was held in the parlors where pleasant friendships were made and renewed.

At the close of the program, Friday afternoon, the club ladies were entertained by the Ebell Society in their beautiful clubhouse with tea and a song recital by Miss Lucy Van der Mark. Many were the compliments heard in praise of this gifted lady. The Ebell ladies have the happy gift of making every one feel perfectly at home and their "house reception" was one of the pleasant features of the convention.

The Oakland and neighboring clubs certainly, each and all, provided many pleasant afternoons, which will not soon be forgotten. Saturday afternoon the Adelphian Club of Alameda, acting as hostess, gave one of the best programs of the convention.

The ladies had an opportunity to see and admire some of the members of one of our

newly federated clubs, namely, the Glenview Woman's Club. The choral section of this club, with Mrs. William Rost as leader, and Mrs. E. H. Duncan as accompanist, gave beautiful musical numbers throughout the afternoon. Very novel and pleasing were the whistling solos given by Mrs. Marion Shaw, also a member of this accomplished group.

The state and district officers were the guests of the Oakland Club Saturday at luncheon, where they were privileged to hear important questions of the day discussed, among them being "physical education and training."

The hospitality of the citizens of Oakland was most sincere and will long be remembered by the visiting club women.

## BUSINESS OF THE CONVENTION

The business of a convention is, after all, the most important part. If you question this, ask Mrs. Annie Little Barry, State Parliamentarian.

The reports of the District officers, Mrs. L. T. Langworthy, vice president; Mrs. C. S. Gibson, recording secretary; Mrs. George Pinkbohner, corresponding secretary; Mrs. Chas. R. Graham, treasurer; and Mrs. Claude Leech, Mrs. Martha Schofield, auditors, showed faithful and efficient service.

Besides the courtesy resolutions, the following resolutions were adopted by the convention:

Physical education in all the schools of the state; the preservation of the California building of the P. P. I. E. as a state normal school; a pledge of loyalty and support to the President of the United States, and to the government, the endorsement of Mrs. Aaron Schloss as vice president-at-large of the California Federation of Women's Clubs.

A resolution favoring military training in the public schools was lost.

Great interest centered around the election of District president, as there were two nominees. One the choice of the Nominating Committee, Mrs. Katherine H. Smith, and the other nominated from the floor, Mrs. L. T. Langworthy. Mrs. Smith won out and Mrs. Langworthy graciously asked

to have her election made unanimous, but this, Mrs. Annie Little Barry ruled, could not be done.

The following officers were elected:

President, Mrs. Katherine H. Smith; vice president, Mrs. John Montgomery; recording secretary, Mrs. C. S. Gibson; corresponding secretary, Miss Theresa Raussau; treasurer, Mrs. Claude Leech; auditors, Mrs. Martha N. Schofield and Mrs. C. L. Dodge.

The closing scene was the presentation of the officers by Mrs. Fisher R. Clarke. She said in part:

It is a pleasure and privilege to present to you the real moving picture I promised.

This picture is composed of the new officers of Alameda District who, next May, are to assume its work and responsibilities.

Our newly elected president, Mrs. Katherine Smith, has an efficient corps of officers who will, at all times, be loyal to their leader, and vigilantly, watchful that they may render efficient service, thereby lightening her many responsibilities.

This gavel I present to the president with pleasure.

When it is wielded, may you, as leader, be guided by tolerance for the faults so common to all, with courage born of your own convictions, guided by wisdom that is nurtured by charity and love for all.

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## DEPARTMENT OF CONSERVATION

MRS. FOSTER ELLIOT, State Chairman

### NATIONAL PARKS

Mrs. John Dickson Sherman, Chairman  
Conservation Department, G. F. W. C.

There is no state in the Union more beautiful than California. There is no state with a greater array of natural scenic attractions. And it is to the great credit of the club women of the state, in this age of commercialism, that they have the vision to save some of these primitively beautiful places as parks for the men, women and children of the land. This is real statesmanship.

Natural scenery is one of nature's richest gifts and it becomes one of the nation's greatest assets when we use it in giving rest and hope to the weary and toilworn of this generation and in developing our boys and girls into the good citizens of tomorrow.

In my efforts as chairman of the Conservation Department to spread the gospel of natural scenery for park purposes I have tried to arouse each of my forty-nine state chairmen to active interest. One of the forty-nine showed interest but was painfully lacking in appreciation of the situation when she said, "It isn't necessary to do anything for the natural scenery in our state, for the scenery here is altogether too magnificent for the hand of man to change."

But it is necessary to do something, if the natural beauty of the land is to be guarded for the enjoyment of future generations.

There are over one hundred million people in the United States and the number is increasing with amazing rapidity. The end is in sight for all the wild places except those that are set aside for the people and kept wild.

Moreover, the stress and strain of life seem to grow more exacting every year. People are crowded into close living quarters as never before. This makes the need of outdoor recreation all the more vital. Practically every day in our large cities children are arrested for playing in the streets; they have no other place to play.

Make a park in a congested city district and it never fails to reduce the vice and crime and sickness of the district. Not only do the people in crowded cities need these parks but people everywhere need the health and strength and inspiration that outdoor nature has in store for them.

One of the most successful men of affairs of this country once said that he could do twelve months' work in ten—if he could have a two months' vacation.

Vacations in the business world are now considered necessary to sustain efficiency. But it does not follow that all vacations are profitable. A vacation is a benefit or the reverse, according to the manner of occupation during that time.

When the people are given the opportunity they will eagerly plan to spend their

leisure hours in outdoor recreation in those places where nature is at its best. When the entire vacation custom of the people is changed from the stultifying habit of mere temporary diversion to recreation in the great outdoor world of nature, where we may gain unnumbered and lasting benefits, then we shall have greater men and women.

Efficiency as well as morality is largely a matter of recreation. One-half of efficiency depends upon vitality and vitality depends largely upon recreation, especially upon the simple, natural recreation of the open air.

The man or woman who has a definite knowledge of the usefulness of forests, the use and history of soil and the use and power of water and appreciates the beauty of the landscape is a happier and better citizen than the man or woman who knows nothing about these things.

The man who keeps his yard and farm free from weeds and insect pests is a good neighbor. The man in city or country who knows the habits of tree-killing insects and protects the trees on his own property is a valuable man to the community. The man who helps to keep his country beautiful by protecting the natural beauty of the land is as worthy of honor as the man who goes into battle.

A common knowledge of those things which have to do with outdoor nature forms a large part of the basis of right living. Laws are apparently to make people do or not do the things that it would hardly occur to them to do or not do, if they understood the reasons upon which the laws are based. When we understand and appreciate the resources of the land we are likely to handle them wisely of our own accord. Information and education are needed more than legislation.

People who are awake to the effect of the present-day educational system realize the need of a change. Something is lacking. An increase in the sense training of children is needed.

A man or woman whose senses are trained can do better work and is therefore a better citizen than the man or woman without this training.

The public school is where this sense training should be given—a training that develops accurate observation, definite thinking and reasoning mental processes; training that develops the hand, the eye and the ear. This kind of training gives understanding. Wild flower and plant life, bird and animal life, the physiography and geology of the land are the subjects that stimulate this mental development.

But this sense and observational training in these subjects, in its fullest development, cannot be obtained from text-books or indoors. It may only be secured through actual observation and first-hand informa-



tion in the world of nature out of doors. The national, state and local recreational parks of the country should serve this purpose.

There is no more important part in the national preparedness than that of these national parks, where the vision of the people will grow clear and sane. A country is

measured not by population alone and not by power, but by the mental attitude of the people.

It is in such places as national parks that you preserve your identity and feel a sense of kinship with all created things. And it is in the midst of these inspiring scenes of nature that patriotism is born.

## CONSTRUCTIVE CONSERVATION AND NATIONAL SERVICE

By **GEORGE H. MAXWELL**,  
Executive Director National Reclamation Association

History is a record of the rise and fall of civilizations that have existed only to be finally destroyed. The human race has yet to demonstrate its capacity to create a civilization that will endure.

As Byron has said:

"'Tis but the same rehearsal of all human tales,

First freedom and then glory, when that fails,

Wealth, vice, corruption, barbarism at last."

In the United States of America today, we are in the period of "wealth, vice, corruption."

Luxury and ease are sapping the life of the people and we seem to have lost our hold on the magnificent ideals that lifted this nation into existence and carried it through the ordeal of the war between the states.

The conditions in this country today are

a startling parallel to those that existed in England before this war, and from which the war was an inevitable reaction under laws controlling the fate of humanity that are as inexorable as the laws that guide the spheres in their courses.

Three causes have been at work to destroy the civilizations of the past:

First—War's devastations.

Second—Nature's devastations.

Third—Human degeneracy.

Rome was destroyed by human degeneracy, bringing war in its train.

Carthage was destroyed by war, but it would have risen anew from its ashes had it not been that nature's devastations finally destroyed the capacity of the country itself to sustain a dense population.

From a final conquest by the Deserts, there can be no rebirth of civilization, and

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though war may be a contributing cause, the greatest nations of history have finally succumbed to nature's devastations.

The human race, by its own reckless disregard of nature's laws set loose the forces that finally destroyed the forests, dried up the water supplies, and caused the sands of the deserts to drift over the once fertile fields.

Northern Africa, Palestine, Asia Minor, the plains of Mesopotamia and Central Asia, once the cradle of the human race, are the warnings that we may suffer a similar death from nature's destroying forces. Those forces are steadily at work in the whole Southwest, but as yet small heed has been paid by the people to constructive conservation to save our civilization from being eventually destroyed by the slow, but deadly encroachments of the desert.

The Pacific Coast must be safeguarded against three dangers:

1. Danger from war's devastations.
2. Danger from nature's devastations.
3. Danger from slow but deadly forces of human degeneracy resulting from the uprooting of the people from the land and

crowding them into cities, where humanity rots.

The only system that will endure through all the years of the future as a bulwark against all three of these dangers is the plan to promote which a great Southern California Congress for National Service will be held in Los Angeles the latter part of March of this year, and includes:

First—Schools for soldiers, where boys of 17 to 19 will be given, not only military, but also vocational and garden training.

Second—A Constructive Reserve, to labor in time of peace on works of Constructive Conservation, including forestry, reclamation, flood control, highways and waterways, a system modeled after the German Forestry System.

Third—A Rural Reserve, composed of men of military age settled on small farms in rural communities.

Every woman in Southern California ought to attend this coming Southern California Congress for National Service. Full particulars may be had from the undersigned at the Chamber of Commerce Building, Los Angeles, and will be mailed without charge upon request.

GEORGE H. MAXWELL.

## NATIONAL FORESTS AS RECREATION GROUNDS

By L. H. WHITEMAN, U. S. Forest Service

The Forest Service desiring to make the National Forests in California popular as recreation regions, has surveyed tracts into summer homesites which are rented at from \$10 to \$15 per year.

Tracts have been laid out at Huntington Lake in the Sierra National Forest, Fallen Leaf Lake in the El Dorado National Forest, and Lake Tahoe, in the Tahoe National Forest, in the canyons of the Angeles and Santa Barbara National Forests.

These are the most important tracts. Lots are laid out elsewhere as the demand increases.

All the National Forests in the state are splendid recreation grounds, some of them it is probable will soon possess camps or public playgrounds maintained by nearby cities. Los Angeles for some years has operated a municipal camp in the San Bernardino mountains on land secured from the Forest Service where hundreds of children are afforded vacations annually at small cost.

The playground commissions of Oakland and Sacramento have also shown interest in

these camps. Fresno has taken out a permit for the use of fifteen acres for this

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purpose at Huntington Lake in the Sierra National Forest. Practically every city in the state has easy access to some one National Forest. The Forests nearest to San Francisco and the bay cities are the Monterey and the California National Forests, both of which offer opportunities for permanent camps and summer homes.

Camps established in the National Forests have the advantage of government trails and roads, telephone service, and fire protection. Every year-long forest officer is a deputy fish and game warden.

The forest officers plant trout fry in co-operation with the State Fish and Game Commission. In co-operation with the State Board of Health officers on each Forest act as deputy health officers for the enforcement of state and Federal sanitation regulations.

Sites for resorts and hotels may also be obtained in the National Forests at annual rentals, \$25 and up.

The permits are issued for long or short periods either for private homes or resorts. There is no red tape in obtaining land for this purpose, the only requirements are the observance of the fire and sanitation regulations.

Campers in the Forests are welcome at all times, no fees or permits are required except in the Angeles National Forest, where camp fires must not be built without the permit of a Forest officer. Along a number of the heavily traveled roads in the National Forests the Forest Service has established camps with fire places and sanitary equipment. Maps of the Forests and campers' hand-books are given to the campers on request and the Forest Service Telephones are in many places available for public use.

As the travel in the National Forests in California increases a number of camps and the amount of trail and road construction for the use of the public will increase.

## COMMITTEE ON WATERS

MRS. ALEXANDER McBEAN, State Chairman

Are these two books in your public library: The Boy's Book on Conservation, by Overton Price; and The Conservation of Waters, by John Mathews?

Have you read An Address on the Water Commission by former Governor George C. Pardee? Also Conservation of Resources in California, by Edward Hyatt, Superintendent of Public Instruction?

We are facing the third national crisis, it is not war, but the destruction of our natural resources, with these destroyed a nation faces poverty, degradation and decay.

These resources are wood, water, coal, iron and agricultural products.

When the forests are gone there will be no forest mat to hold back and conserve the waters for the many uses of man.

Our country will soon be in the same condition as China.

Our fathers left us enough coal and iron to last for two or three thousand years, if it had been economically mined, but we have wasted it in getting out enough for

us to use, so that there is only enough now to last two hundred years.

Do you think the next generation will thank us, for robbing them?

Four billion tons of the richest soil is washed down the Mississippi River every year, the levees going down too, taking many lives. Is it not time to try to hold our rivers back at their source instead of at the mouth, which is an impossibility, it cannot be made permanent.

The assessed value of all property in California is about three billion four hundred and twenty-five million dollars. The United States has spent since 1899 on war preparations over three billion seven hundred and seventy-five million dollars, and neglected her forest reserves, her arid lands, her merchant marine, her navigable rivers and commercial harbors. She has allowed fourteen hundred people to drown, has let one million American citizens be driven from their

(Continued on Page 40)

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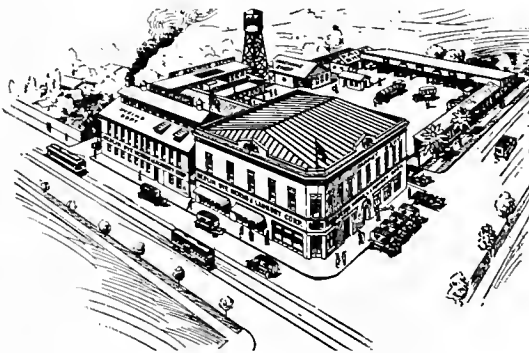
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## THE MELTING POT

JESSICA LEE BRIGGS

The Alameda District Convention is ever the "harbinger of Spring," not that, as the poet suggested, it brings the birds, but it brings the rains that bring the leaves that bring the birds!

It is of interest to know that the President-elect of the district, Mrs. Katherine Smith, is a writer of stories, so that it is self-evident the convention was productive of much else that was desirable besides bringing beneficial rains for the country.

So much is there to hear, so much to see, so much to become conscious of, the average club woman is in a constant state of coming and going, of hurrying hither and thither, of looking for this and looking for that.

I missed M. Stephane Lauzanne, of Paris, editor of "Le Matin," the other day. I regretted it. There were three places whereunto I should present myself at one and the same time!

Six months ago I saw a poem in a magazine. It was an exquisite rendering of the human soul. It was a "war poem."

"I must certainly learn that," I said, "for it is the best interpretation of the persistency of joy in life I have seen."

But the days went by—each one bringing its own affairs to be attended, its own quota of homely things to be done. I did not learn the poem. Afterward I searched hours for it. I wanted it in my life! I could not find it. A pain shot through my heart. Why had I not kept it? Why had I not gone to hear M. Lauzanne? He would have said something I should know, something vital, something real, if that were possible, about the great battle of life for life or death for death going on in Europe.

I attended the concert of Mme. Yvette Gilbert. A Composite woman from the fourteenth century to the present time.

"La Mal Mariee," "La Samaritaine," "The Liar," "The Flirt," "The Crinoline Woman With Memories," "The Vampire." Her art was delightfully exquisite, the piece de resistance, the camembert of the feast; but never from "La Samaritaine" to the modern was there sanctity of soul in her message.

To what end have women filled the churches? To what aim are we now rushing hither and thither, fearful lest one thing be missed, which might arise in superficial conversation to which we might not add a tiny word of first-hand evidence.

I turn the pages of a weekly paper. One contains a photographic cut, the gentle earnest face of a young woman. An expert on rural life. O blessed thought, touching sweet simplicity! A picture rises before me of green pastures and still waters, of

life filled with the communion of hills, a vision of "God's Temples."

Is there such a life?

No. No more will the grape-vine swing give joy to the country kiddies, for it has been replaced by a modern one of chain attached by hooks to horizontals. The saw-buck which was formerly the trick horse of a fearless bareback rider, tiptoeing on the right foot while the left dangled stiffly in mid-air has gone with the creaking old windlass and its moss-covered, germ-stricken bucket; hay shall no more be stacked for joyous sliding, it is protected by ricks; and the grassy knolls are being planted with alfalfa. Henceforth rural play is to be supervised!

I leave today and go with Miss Dorothea Spinney, the English actress, in her wonderful impersonation of the creations of Euripides. The music of a flute echoes softly through the centuries, while smoking incense feeds the fire of imagination. I am incarnate into Greek joys and problems!

I listen to a lecture by Brother Leo of St. Mary's College on "Ideals of the Drama." The Catholic brother is in the foremost ranks of scholarship. He is simple, direct—he does not effuse, and uses only one foreign word, from the mother tongue of all languages. His eyes make a play for merriment and sorrow. He does not strive greatly, but swings easily from the grotesque of melodrama and problem play to the best forms of ancient and modern play writing.

Strive as much as I may, see as much as I may, hear as much as I may others far outstrip me in the task! Parties, lectures, benefits, exhibits, song recitals, patriotic assemblages, opera, committee meetings, receptions, breakfasts, dinners, even the movies must not be neglected! Do not the movies show "The Birth of a Nation," Mary Pickford, "Intolerance," Charley Chaplin, "Civilization," and "Patria"?

I have friends that live in the block. I never see them excepting through the window or by chance on the street car. I received a letter from a dear friend who lives across town, the other day. She was better of a severe cold. Had I noticed the new twenty-five cent piece? Her brother had designed it. He was the sculptor who had given to the P. P. I. E. the magnificent "Column of Progress" in 1915. I had been with her to see it in construction before the fair opened. I believe I have not seen her since.

The questions which come in the quiet moments are:

To what end are we all rushing hither and thither?

What are we looking for?

What is it we are all seeking to know?

## A GLIMPSE OF THE SPRING FASHIONS AS INTERPRETED BY THE BROADWAY DEPARTMENT STORE



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3. "Cheruit" model Canterbury bell blue silk faille coat finished with embroidered band of beige faille, row of hand-wrought mandarin ornaments across back.

4. Suit of ocean green silk repp; scarf collar of royal purple, pouch pockets; skirt pleated to yoke. Hat from "Clairville"—Crown and edge of leghorn brim of brightly hued East Indian cloth.

## DEPARTMENT OF PUBLIC HEALTH

DR. MARY B. RITTER, State Chairman  
Legislative Bills Pertaining to Public Health

The bills now before the Legislature which pertain to the health of the public at large are so many that it is possible to mention only a few. In the first place there are several relating to sanitation, prevention of contagious diseases, care of tubercular people not confined in hospitals, prevention of contamination of water by sewage, and regulation of swimming pools and bathing places.

Another group pertains to foods—adulteration of both food and drugs, regulation of cold storage, prohibiting the use of shellfish from water contaminated by sewage, and one bill to still further insure the production and sale of pure milk.

Still another group provides for the care of the needy outside of hospitals by "health visitors," the recording of all births, marriages and deaths, care of half-orphans, and a provision for extending the care of orphans to fifteen years of age, instead of fourteen. The most important bills in this group are the so-called moron bill, and a bill for the foundation of a psychopathic hospital under the supervision of the University of California.

We club women do not feel competent to decide upon the merits of these measures, but we may feel safe in working for those that are endorsed by our excellent State Board of Health.

But there is one problem facing the State Board of Health in which they wish our assistance, and which we may aid vitally in helping to create public opinion. That problem is the enforcement all over the state of the many excellent sanitary and health laws already in existence. This problem was complex enough before the enactment of our model milk law, but the carrying out of that one law will increase the labor of the State Board greatly.

To give you an idea of what the State Board is "up against," let me sketch some of the conditions they had to meet last year—an outbreak of widely disseminated hydrophobia in Lassen County, brought in by coyotes, and the rabies conveyed to cattle, sheep and other domestic animals, which in turn infected human beings; two epidemics of typhoid in Kern and Tulare counties, both spread in an obscure way by so-called "typhoid carriers," one through a church supper, the other through a dairy milker contaminating a milk supply; three rivers in Shasta County polluted by campers; sewage problems in Los Angeles County; plague infected squirrels in ten counties, with several deaths of human beings from plague; also sanitary engineering problems all over the state. Add to all these tasks that of enforcing our new milk law and you will see that their difficulties are many.

In all these epidemics, typhoid, hydrophobia and rabies, it requires most elaborate and skillful laboratory experimentation in order to find the source of the contagion. For this purpose the State Board now has four laboratories, one each in Berkeley, Sacramento, Fresno and Los Angeles. From these a small force of experts must cover the whole state.

The pet plan of the board is to divide the state into six health districts with a full time health officer and two inspectors in each. This would entail the addition of two laboratories to the four already existing, one in the far north, one in the southeastern part of the state. These health officers would supervise the sanitary and health conditions of all rural communities where there are no health officers, or where some man, possibly a poundman or county sheriff, is paid anywhere from \$5 to \$30 a month for acting as conservator of the public health and in larger communities they would also be consultants for health officers, most of whom are busy practicing physicians on part time only. The stipulation made by the State Board is that these health officers must be trained men, by trained men meaning either trained in medicine, in sanitary engineering, or in the science of public health, and with a record of at least one year's experience in public health work.

So much opposition arose over this point that the Board has withdrawn this measure until the people of the state can be educated to know the difference between the efficiency of a trained man and a local politician who "wants the job." That is the point. Efficiency or political "pork barrel," which? A counter bill was introduced from San Mateo County, and it was openly admitted that the purpose was to insure a local man getting the position. All qualifications were omitted, simply requiring that a health officer be appointed.

I trust those club women who heard Miss Mary McDowell of stockyards fame in Chicago tell of her fight for skilled service, are convinced of the need of having experts fill these positions on which our very lives and health depend.

Although this larger plan of the State Board has been withdrawn for the present, another bill of vital importance has been introduced (A. B. No. 824, introduced by Mr. Edwards), for making local health districts by combining contiguous small communities so that they can afford to employ a full time trained health officer. This plan is heartily endorsed by the State Board of Health, although it does not pertain directly to their work. It is simply to do away with the poundman or sheriff as a health officer on the one hand, and on the other to do



away with the plan of having a small fraction of the time of a busy practicing physician in each local community by substituting the full time of a trained officer for the combined unit. It is thought that an efficient man could do justice to a rural population of say 20,000 people. In mountain regions that would cover quite large areas, but automobiles annihilate distance. In valley regions it would combine several small towns, so that the expense would not be heavy on any one community, but the interests of all these adjacent centers would

be equally and efficiently looked after. The full time of a trained officer is the point. He must know his business in the first place, and then this work must be his real business, not an inconvenient side issue which interferes with his ordinary vocation.

Here again a counter bill has been introduced by a Mr. Eksward (A. S. No. 558), which likewise does away with all qualifications, making this office merely another political job, and taking out of the bill its very core—the desire to secure efficiently trained service.

## PHYSICAL CULTURE FOR BOTH GIRLS AND BOYS VS. MILITARY TRAINING FOR HIGH SCHOOL BOYS

Another health bill which is being endorsed by the State Federation is the introduction of physical culture into all grades of the public schools for both boys and girls, instead of forcing compulsory military training upon the relatively few high school boys.

We approve of the one method of development and of preparedness, and disapprove of the other on several grounds.

First. Democracy. Equal privileges to all children. The physical culture method applies to both girls and boys. And who will gainsay that girls need physical development as well as boys—for their own sakes primarily—to be strong, healthy, efficient women, and secondarily because they are to be the mothers of men.

Then as to numbers. The statistics of public schools in the United States show that nearly 50 per cent of the children who enter the first grade have dropped out by the seventh, and that only 11 per cent, or 109 out of each thousand, complete the high school course. So that out of 1000 children who would derive benefit from physical culture in the lower grades, only one-half of 109, or about fifty-five boys, would receive the military training. From these, again, must be deducted the weakling boys—who most need physical development.

Second. Efficiency. Physical culture is

fitted to the needs of the individual child. No child is too weakly—if he can go to school at all—to have some kind of physical training—breathing exercises at least. Then as to age. Children receive this training in standing, walking, breathing, while they are young and growing rapidly, early in the habit-forming period. Those that have had experience in examining children for physical culture, i. e., examining supposedly normal, healthy children, know that few children, even at seven or eight years of age, are perfect in form, are really normal. They are stoop-shouldered and flat-chested, which causes exaggerated spinal curve between the shoulders and loss of the natural curve at the waist. They stand on one foot, hence one hip is higher and the shoulder on the same side is lower, producing a slight lateral curvature of the spine; they breathe through the mouth, and do all sorts of unhygienic things. Hence I say, physical training should begin as soon as children go to school, especially as the weariness and the faulty postures of sitting at a desk are thus added.

The medical examination that this would entail would save many a child life-long ills

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by having adenoids, enlarged tonsils, faulty sight or hearing, discovered at this early age, so that they could be remedied and not mar the child's life and interfere with his future usefulness.

What has been said about the primary grades applies right along through the grammar grades and high school period. The perfectly developed youth of either sex is indeed a *rara avis*.

Third. Expediency. Fitness or unfitness of the system employed. Proper physical training is not only fitted to the needs of the individual child, but it is suited to the age of the various grades in the school. It is graded work, developing muscles, teaching correct posture, how to carry the body in its unstable erect position. By teaching how to breathe it improves the circulation and increases the action of the vital organs. Then the athletic games develop teamwork and the spirit of co-operation and frank competition. All the way along, physical culture is fitted to the child, while military training is not. Military training is designed for full-grown men, not for adolescent youths. One noted military authority says it is little less than criminal to impose military training upon growing boys. In the first place it is one-sided exercise, the gun practice makes it so. Long ago military authorities found the results so unsatisfactory that they introduced the "setting-up drill" to offset the injurious effects of the purely military drill. Many military authorities could be quoted who say that real military training is not suitable for adolescent youth. When faced with this, some proponents of this measure have said: "Oh, we do not mean genuine military training, but a modified form." If genuine military training is not suitable why masquerade under a false guise and teach lack of truthfulness along with a poor sort of physical training? Then the uniforms. For youths to take violent physical exercise—too severe for them in reality—in a warm uniform with tightly buttoned-up coat, is worse than foolish, it is injurious.

Fourth. Expensiveness. The bill for compulsory military training in high schools to reach only about 5 per cent of the children who enter the lower grades, asks for an appropriation of \$100,000. In addition to this, the parents must be at the expense

of providing military uniforms.

The two physical culture bills which we endorse ask, the one less than one-third, the other one-tenth that sum, to provide the best kind of physical training for all the children in all the grades, for a period of two years. I mention two bills (Senate Bill No. 599, introduced by Luce; Assembly Bill No. 896, introduced by Prendergast), the one formulated by a leading pedagogue, the other by one of our foremost experts in physical education. In their original form one was too indefinite, the other too detailed. At this writing the two authors are working upon a compromise bill which shall include the good points of both, and which will supplant these two. But meanwhile all clubs are urged to work for Assembly Bill No. 896 and to write to their local senators and assemblymen in its behalf. This endorsement will apply to the modified bill when it is substituted for the present form.

#### SUMMARY OF REQUIREMENTS OF THE TWO MILITARY BILLS

##### Assembly Bill No. 978—

Establishes State Military Commission.

Adjutant-General of State,

One appointed by State Board of Education,

One appointed by Governor.

Compulsory military training in high schools and private secondary schools.

Compulsory uniforms in high schools.

Establishes military training camps.

Free use of fair grounds entitled to state aid.

Boys must attend U. S. training camp in state.

To use armories and school buildings and grounds.

School districts to levy tax to carry out this purpose.

Appropriates \$100,000 for this work.

##### Assembly Bill No. 1022—

Provides an appropriation of \$40,000 "to cover expenses of organizing, controlling, instructing, and equipping and maintaining high school cadet companies, and promoting rifle practice."

(This to carry out provisions of bill approved April 5th, 1911.)

Do we want to saddle ourselves and our school boys with these arbitrary and compulsory rulings? No, a thousand times no!

## MEDICAL INSPECTION OF SCHOOL CHILDREN

One of the foremost authorities in the United States, on the subject of secondary education, in speaking of the lines along which high schools should work, enumerates four principal ones in the order of their importance, and the first of these is physical education. Revolutionary, you say—hardly that, merely a reversion to some extent to

the old Greek ideals of education. We are beginning to realize that the very old dictum, regarding a sound mind in a sound body, is a necessary one to consider, and that the growing crop of nervous, ill-nourished, overestimated children must be avoided in the future.

We can attain the physical soundness,

without which education is largely futile, by two methods, both of which are abundantly proven. The first of these is the medical examination and inspection of all school children. The great value of this method is found in the early discovery of physical defects, with consequent opportunity for their early correction, and the farther great opportunity of checking the spread of disease. It is well recognized that the child with defective eyesight, with adenoids which are rendering him deaf, in addition to diminishing the amount of air which he can breathe, with defective teeth, faults of posture, poor lung expansion, favoring early tuberculosis, is badly handicapped in his efforts to gain the proper mental training to fit him for future usefulness. All of these, and many other ills are easily remedied, if only discovered in time. You may be financially able, and sufficiently intelligent, to have your child inspected by a private physician, but what of those children whose parents are too poor, too ignorant, or both, to have such inspection done privately? The school physician who inspects all children, is the solution of this problem. Likewise, frequent, preferably daily, inspections by school physician or school nurse, will practically do away with epidemics in schools, as the child who shows any symptom of illness is detected and sent home at once, to stay until any danger of infecting others is past. The great and growing cry of today is, "prevent disease instead of merely curing it."

The second very important step in the attaining of physical soundness, is the introduction into our schools, from the earliest grades to the most advanced, of regular, properly supervised physical exercise. Both your boys and your girls need this, and it should be as much a part of the regular curriculum as arithmetic or reading. There must, of necessity, be a systematic cooperation between the medical inspection, and the physical director in every instance, that the beginning deformities and weaknesses discovered upon examination may be corrected at once, and that symmetry of muscular and general bodily development may make the later appearance of such defects impossible.

Much more than physical well being may be obtained by properly supervised physical training. The child who learns to coordinate his efforts with that of others, and to subordinate his personal will to that of the team in a game, who receives high ideals of

fair play and sportsmanship, is learning a most important moral lesson.

It is encouraging, as noting the demand for physical training, and for medical inspection in the schools, that there are to be considered by the present legislature at least three, if not more bills, all providing for this most important work. We must not forget either that there is one especially bad bill, A. B. 263, by Assembly Gelder, which would, if passed, make impossible the very excellent work in medical examination of school children now being done by some of our cities. It is often quite as important to defeat bad bills, as to pass good ones.

LELA J. BEEBE,

Chairman Legislation, C. F. W. C.; Chairman Public Health, Northern District.

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## THE CONTRIBUTION TO MEDICAL RESEARCH MADE BY THE ANIMAL WORLD

Animal experimentation is the basis for any possible advancement in saving or prolonging human life. Without the modern research laboratories, such as the Rockefeller Institute in New York and the Hooper Institute of the University of California, and many medical school laboratories, no work can be done to discover means to prevent the devastating of human life, such as occurred in New York and Massachusetts during the summer of 1916. From animal experimentation only, will a clear understanding, and therefore a possible curative treatment, for infantile paralysis, come. When we realize what a death rate of 25 per cent (2500 cases in New York), and a crippling of at least 50 per cent (5000 in New York), more of the cases, means in human agony and depression, do we not await impatiently the possibility of the discovery of a cure for these cases?

From the Rockefeller Research Laboratory and the work of Dr. Simon Flexner, came the serum which reduced the deaths of infectious spinal meningitis from 75 per cent to 25 per cent. In our own state, many cases were cured with Dr. Flexner's serum and today it is the only accepted method of treatment for these cases. Diphtheria has changed from a human scourge to a disease controllable and comparatively easily handled with antitoxin, which again is the product of research laboratory work from the Pasteur Institute in Paris. Twenty-three years of the use of antitoxin has made it sought by the laity, and thousands of children have been saved by its use.

It is well to understand the number of animals needed by such a laboratory as that of the Hooper Institute. In San Francisco, the Society for the Prevention of Cruelty to Animals puts out of existence four thousand dogs a year, and from Dr. George Whipple, Director of the Hooper Institute, it is learned that two hundred animals are the maximum needed for the year 1917. In the three years' existence of the laboratory, about three hundred animals have been used.

Is it intelligent to make the procuring of the necessary material for the advancement of human knowledge a matter of difficulty and great additional expense, when the passing of such a law as the one proposed by the Society for Medical Research acknowledges the debt of humanity to the animal world and provides for the very careful and dignified use of animal life in the advancement of human knowledge?

In every woman's club which has a public health or civic section, the study of the rabies (hydrophobia) situation in California during this last year, will lead to an appreciation of the property ravages on cattle, of this disease, and the human cases caused in trying to eradicate the disease among cat-

tle, and also the fact that the only method of avoiding the disease of rabies in the men bitten by coyotes was through the Pasteur treatment of rabies, which depends entirely for its value on animal lives. Anthrax, rinder plague or pest, hog cholera, rabies, and foot and mouth disease in our herds could not be eliminated except by means of experimental work in research laboratories.

The promiscuous use of animals in private laboratories, the ardent advocates of anti-vivisection make very dramatic use of, but have failed both in the conferences before the Governor of California and at other times in the discussion, to furnish any names of such laboratories. The facts are that with large endowments, such as the Hooper Foundation for Medical Research, where every courtesy and opportunity are given to the scientific workers to carry out their studies in any line of thought they may desire, the primitive basement or barn laboratory is a thing of the past. Real discoveries must be made and tested out in the critical environment of research institutions to be recognized in the scientific world.

For medical research in California, Mrs. George Hooper has given an endowment of more than one million dollars to the University of California.

The work of this foundation will reflect the same credit upon the Pacific Coast as is obvious in the case of the Rockefeller Foundation in the East, and any movement to handicap the use of this liberal endowment for the good of our citizens, is not worthy of California.

To lengthen life, to remove the handicaps and devastation of contagious diseases, and to prevent the loss of capital invested in the herds and animal industry in our state, is worthy work for scientists of the highest rank. Assistance, and not hindrance, should be given by the citizens of the state.

Can we not, as members of the State Federation, wherever we have civic or public health committees, express our interest in medical research by at least ourselves being very intelligent on this whole question?

(Signed) ADELAIDE BROWN,

Member of Association of Collegiate Alumnae, Member of State Board of Health, Chairman Public Health Committee San Francisco Civic Center.

### ANNUAL EXPERIMENTATION

The purpose of the bill about which I have been asked to say a few words (the so-called Whipple bill, A. B. No. 798, introduced by Prendergast), is so simple, so reasonable, and so manifestly in the public interest that it is surprising some such law has not been made long before now. I take it for granted that it needs no explanation

or defense, for I can hardly imagine any opposition to it. The only thing that has made it seem worth while to discuss the proposed measure is that it involves a principle quite worthy of consideration, that of service to the highest welfare of humanity, and of animals themselves.

The bill provides "that any or every duly incorporated university, medical school, college, veterinary school, or state or city board of health laboratory, within the state of California shall have the right, for the promotion of biological and medical science, or for the diagnosis of disease by biological tests, or for the standardization of drugs, or for the discovery of new methods of treatment in medicine and surgery, or for the welfare of humanity, or for the study and treatment of diseases of animals, to obtain from any public pound . . . any animals which shall remain unclaimed . . . provided that such purchaser shall keep such animal or animals in a clean and sanitary condition, and properly care for the same, and provided, further, that no surgical operation shall be performed on any such animal or animals except under surgical anaesthesia."

I repeat, the principle to which I referred as being involved in the bill is that of turning all sorts of natural products to human welfare—of making everything useful. So interdependent is everything in nature that for any organic being, plant or animal, to live its whole life through and then to "rot on the ground" as we say, without ever having contributed to the life of any other organism, is contrary to the very order of nature. What could be more in keeping with that fundamental principle of modern industry according to which all by-products are to be utilized, than a regulation whereby stray cats and dogs, by-products of civilization, are used for the noble ends of increasing human knowledge and promoting human health?

We ought to think of animals and plants used for scientific experimentation in medicine and biology, not as being destroyed merely, but as performing services, just in the way we think of animals and plants used for food and clothing as performing services.

When we kill a lamb or calf, or pick green corn, or pull a radish for table purposes, we do not think of our acts as destroying life, but of using life, though as a matter of fact we do destroy life.

If there be those so tender-hearted that they object to this bill regulating animal experimentation, with its provisions regarding care of the animals and surgical anaesthesia, would it not be well for them to consider carefully practices which are so common and so ages-old that they fail even to attract attention?

In the highly respectable sports of fishing and hunting, there is more suffering entailed on hundreds of animals than would result from any form of carefully regulated animal experimentation. Who stops to think

of the scores of wounded birds or larger game which are left to suffer with broken bones, and perhaps die of starvation? The cruel sport with the jagged fish-hook seems to be the *sine qua non* of ministers and poets. Recall Henry Van Dyke's eulogy on the joy of fishing. Joy for the man, but what about the fish?

Our feeling regarding actual suffering is largely a matter of sentiment, of being accustomed to a certain method or custom. Pain is to be avoided where possible, consistent with the highest good. Yet no one rebels at a human being undergoing the pain of sacrificing pieces of his skin to save another who has been badly burned. We laud and praise him for it. Pain has its place in the world as well as pleasure, and the "gospel of pain" is a highly ethical teaching. That all cruelty be obviated and pain reduced to a minimum in the necessary service of some animals to the highest good of mankind, and for the eradication of diseases among dumb animals themselves, is the essence of this bill. It safeguards the creatures that are constantly serving the world in this way. Will not the clubs endorse this bill (A. B. No. 798, introduced by Prendergast), and ask their legislators to support it?

WILLIAM E. RITTER.

#### CIRCULAR LETTER SENT TO ALL CLUBS IN LOS ANGELES DISTRICT

Milk and its products are responsible for more sickness and deaths than perhaps all other foods combined. The reasons for this are:

1. Bacteria grow well in milk, therefore, a slight infection may produce widespread and serious results.
2. It is the most readily decomposed of all foods.
3. It is the most difficult to obtain, handle, transport, and deliver in a clean and fresh condition.



The latest in Spring Corsets now on display. Your inspection invited.

Newcomb's  
Corset Shop

623 So. Broadway

4. It is the only standard article of diet obtained from animal sources consumed in its raw state.

Tuberculosis in cattle is very prevalent, and the tubercular germs get into the milk from udders or from the stable dust. Milk from one cow that has a tuberculous udder may contain sufficient germs to infect the milk from 25 or 30 other cows. Of 500 samples of milk collected at a test, 15 per cent contained tubercular bacilli. In Washington 10 per cent of all cases of typhoid fever during a period of four years were traced to milk sources. It has been proved that the diseases diphtheria, scarlet fever, septic sore throat, tuberculosis, typhoid, adult and infant diarrhoeas can be communicated through milk. Two hundred and fifty babies died in California alone during the summer of 1915 from impure milk.

It is of great importance, therefore, that we do all we can to insure its purity. To this effect I am asking the Federated Club Presidents to ask their Chairmen of Public Health to appoint a committee, if necessary, to do the following:

1. Write the legislators of their districts asking them to support the increased appropriation for which the State Veterinarian will ask in order to carry out the new milk law. This law is to prevent the sale of impure and unwholesome milk, and it is most beneficent in safeguarding health. I have been told by one of the senators that lobbying has already begun against this increased appropriation, by many of the dairymen and others, who claim that this extreme cleanliness, pasteurization, tuberculin testing, etc., which the law enforces, is unnecessary. Needless to say, they are against it for purely mercenary reasons. If the increased ap-

propriation is not granted, the law will be useless—hence it has seemed wise for me to issue this warning.

2. To personally inspect the ONE and TWO cow dairies of their neighborhoods. Under the new milk law only the FIVE or more dairies are graded and publicity given to their condition, and because our inspecting force is insufficient, some of the smaller dairies are extremely unsanitary. We can be of great service to our community if we can inspect and report these places.

#### IN YOUR INSPECTIONS, THE FOLLOWING SHOULD ESPECIALLY BE NOTED

1. Cow must be kept 35 feet from door or window of residence.
2. Cow must be clean, especially the udders.
3. If two cows or over, a sterilizer and milk house is required.
4. Manure box should have tight cover and be at least 20 feet from any residence.
5. All milk utensils must be sterilized.
6. See if some provision to cool the milk after milking.
7. Milk pails should be of tin or agate, not wood or galvanized iron.
8. Milker should be free from evidence of contagious disease.
9. The walls, floors and ceilings should be kept clean; as well as entire premises, and in good repair, and should be well painted or whitewashed once every twelve months.
10. Every person employing one or more milkers or tenants, should have clean housing and bathing facilities for the use of the milkers.

Respectfully,

LULU H. PETERS,

Chairman of Public Health, C. F. W. C.

## PUBLISHING MILK-RATINGS OF DAIRIES

Los Angeles District holds the record for a most admirable achievement in securing the publication in the daily papers of the milk rating of all the dairies supplying milk to the city. Once in four months the Board of Health makes examinations of samples of all the milk and rates it according to a schedule of the United States Bureau of Animal Industry, i. e., for bacterial count, butter-fat, solids, lack of sediment (dirt), and appearance of package. About half of the dairies were found to rank above 90 per cent—some as high as 96 per cent, while others fell to 70 per cent or lower.

This publicity not only makes it possible for each homemaker to know the quality of the milk she is providing for her household (for her children to drink uncooked), but it encourages the dairymen who are striving to produce the highest grade milk and will also stimulate those less careful to attain better results.

Previously the rating has been published in a health bulletin, not readily accessible to the public, but from that had resulted a marked rise in the standards of many dairies. It will be extremely interesting to note the effect upon the next ratings four

months after such wide publicity has been given to the good and bad points of all dairies.

Dr. Lulu Peters, Health Chairman for the Los Angeles District, deserves much credit for this achievement, as she had to wrestle long with the city editors before she could convince them of the fairness and the need of such publicity. If the clubs throughout the state would take up this plan it would do more to insure the enforcement of our admirable new milk law than any number of inspectors or any other means whatever. Clubwomen insist on the publication of all milk ratings.

Both San Francisco and Los Angeles Districts have done excellent work in inspecting bakeries and other food factories. In San Francisco special attention has been paid to those near school houses to which many school children go for their lunches. These bakeries have been induced to clean up, and to supply the children with a better quality of food stuffs.

In Los Angeles, after the first crusade, a real eagerness has been displayed on the

(Continued on Page 40)

# HOME DEPARTMENT

## PROTECTING THE PUBLIC

The advertisements of foods and foodstuffs which appear in this and coming issues of The Clubwoman are from firms which have in every respect conformed to the rigid requirements laid down by the Department of Health, C. F. W. C., as a part of its present campaign for the protection of the public through the elimination of impure foods and food materials. In every case, before a food advertisement is accepted for the official magazine of the Federation, the plant or establishment is thoroughly inspected by a special committee named for the purpose by the Department of Health and composed of qualified experts on the subject. The appearance of such an advertisement in The Clubwoman is consequently prima facie evidence of purity, reliability and patronage worth.

The work of the committee has now been extended to include the inspection of laundries and other establishments whose work affects the public health.

At the head of the department's committee of inspection in the South is Dr. Lulu H. Peters, M. D., Chairman of the Department of Health for the Los Angeles District.

At the head of the department's committee of inspection in the North is Dr. Mariana Bertola, M. D., Chairman of the Department of Health and Child Welfare of the San Francisco District, director of the Society for the Study and Prevention of Tuberculosis; member of the San Francisco

County Medical Society; American Medical Association; Medical Staff of the Children's Hospital; attending physician of Mills College and teacher of hygiene. Dr. Bertola was graduated from the Cooper Medical College in the same class with Dr. Ray Lyman Wilbur, President of Stanford University.

Of the many clubs which have thrown themselves whole-heartedly into the campaign for the support of Home Products, none has made a better or more consistent record than the Wednesday Morning Club of Los Angeles. It is doubtful if any club has to its credit so many large buyers pledged to the exclusive use of California raw materials and California-made goods as this energetic organization. Something of the manner in which it stands to its guns has already been told—how it rejected the offer of a large and elaborate luncheon,

gratis, because of the donors' intention to exploit thereat Eastern foodstuffs.

Once every three months the president of the club, Mrs. M. E. Johnson, has a special Home Products program, at which past progress is reviewed, the present situation considered, plans for the future work outlined and fresh enthusiasm instilled into the membership for the propaganda of Buy-at-Home.

One of the most important activities of the club is in the hands of Mrs. W. E. Tilley, its chairman of civics. Mrs. Tilley does not content herself with work among her own



## BESGRADE FLOUR

is the **ONLY** flour in Southern California that is packed in sanitary, PAPER-LINED, dirt-proof sack. It is 100 per cent "clean and good." Thousands of housewives have found it to be the **BEST AT ANY PRICE** for bread, biscuits and pastries. Bake your own bread with "BESGRADE" and save 40 per cent of your bread bill.

GREAT WESTERN MILLS

10794

Main 2243

fellow-members, but regularly goes out to talk home products before other clubs. She has a regular schedule of speaking dates, and the heaviest rainstorm is not heavy enough to keep her from filling one of them. The swift growth of the movement in her sphere of influence is very largely traceable to her tireless work.

Every home-loving resident of California will be pleased to read of the record-breaking progress of the State's business during 1916, especially in view of the discouraging prophecies with which the State's commercial activities started on January 1, following the close of the great Exposition. And the causes of the success of the State's money-making are equally as intense in the popular interest. Among these causes deserving great credit we find that "the country newspapers" of the State occupy a chief place of honor.

A Californian—either native or adopted—does not require to be interested in mere statistics to feel pride at the statement just given out by Charles R. Thorburn, executive secretary of the Home Industry League of California, telling of the year's financial activities in the matter of home products—grown or manufactured.

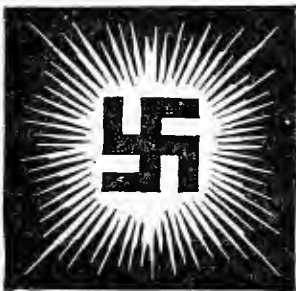
"Although there were countless 'wise-aces' who told us that California would have to suffer greatly during 1916 as a result of the 'inevitable post-exposition slump'," declares Mr. Thorburn, "the league has

compiled figures to prove beyond the least question that not only did the bugaboo of the 'post exposition slump' fail to materialize, but the records of the State were completely broken—in all lines of home industry—by the sales of and receipts for goods made or grown in California during 1916.

"More new factories were opened up in California during 1916 than during any other previous year. For example, in Oakland alone, we found that during a single six months of the year the factory-employee population increased by more than 125 per cent. In addition to that the already established factories of the State sold much more of their products in 1916 than during any other year of the State's history."

Mr. Thorburn particularly called attention to the fact that the State's prosperity during 1916 was no mere "war baby" prosperity, and that the phenomenal growth of the State's factory output was all in the lines of legitimate permanent peace lines.

"While it is a fact," admits Mr. Thorburn, "that some of the State's industrial prosperity is due to the export of California-made goods, the feature of the year's activities is the enormous increase in the sale and consumption, within the boundaries of the State of California, of the goods made and grown here—with the consequent big falling off in



**Ladies!** the "Good Luck" Seal  
on a bursting sun on  
both ends of a package is a guar-  
antee of that supreme excellence  
for which

## SWASTIKA BISCUITS

are famous. All good Grocers will  
hand you *Swastika Brand* when you  
ask for the best Biscuits, but—our  
trademark is *your surety of Purity*.

**Pacific Coast Biscuit Co.**



the quantity of goods imported here for local consumption."

According to the majority of the dealers, the enormous increase in the sale of home-made and home-grown goods is due chiefly to the remarkable increase during 1916 of the specific demands of club women for goods made in California. In short, these merchants report to the Home Industry League, although few of these merchants are themselves members of the league, that they sold so much of home-made and home-grown articles simply because there went up during 1916 such a popular demand for local goods in preference to articles imported from outside the State.

## The Oakland Bank of Savings

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Resources Over \$32,000,000.00

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## Ralphs Grocery Co.

SELLS FOR LESS

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## DISTRICT NEWS

### LOS ANGELES

Mrs. Clarence Van Graham, Chairman

The California Chapter of the Cliff Dwellers' Association held a very interesting meeting recently at the Museum Building, Exposition Park. Dr. George Lamont Cole, the archeologist, addressed the members, choosing as his subject, "In the Haunts of Primitive Man." He gave the results of his years of study and research in the Southwest. Using the stereopticon, he traced the house-building of the old Cliff-dwellers from the Rock Shelters and the Cavite Lodges to the High Houses, the Great Communal Dwellings and on to the Casas Grandes. The industrial and cultural development of the people were shown in their minor antiquities, especially in their pottery, the material used, the varied forms and beautiful decorations, also in their picture writings. Some of their religious concepts were shown in their sacred altars and their ceremonial chambers. It was a revelation to all that we have such monuments and such a wealth of material in our own land and almost at our very door. Mrs. Clay H. White of Long Beach is the Regent of the Chapter.

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*"Fleischmann's yeast is splendid yeast. Bake with Fleischmann's yeast".*

At the close of the first half of the club year, the Glendale Tuesday Afternoon Club, with Mrs. H. E. Bartlett as president, is rejoicing in a splendid record of achievements. An unprecedented number of new members has been received (fifty-six in all, making a membership of 298), and a series of unusually strong programs has been enjoyed, among them, Dr. Daniel F. Fox, Mme. Constance Balfour and Mrs. Lillian Burkhart Goldsmith. A bazaar cleared \$342 for the new club home. There are seven fine active sections—literary, music, art and travel. Shakespeare, parliamentary usage, legislative, civics and political science. Two of these have paid instructors.

The club is proud of the honor of having from its membership, the president, Mrs. Bartlett, as chairman of the election board at the District Convention; Mrs. P. S. McNutt as district parliamentarian, and Mrs. Mattison B. Jones, who has been endorsed for the office of president of Los Angeles district.

At the monthly meeting of the Executive Board of the Los Angeles district, held the second Thursday in February, two important resolutions were unanimously endorsed as follows: A resolution presented by Mrs. Harriet Williams Myers:

Whereas, At the present time there is no age limit at which a hunting license may be obtained; and

Whereas, In our estimation, it endangers human beings, as well as the wild life of the State for young children to hunt; therefore, be it

Resolved, That we go on record as being in favor of a law which will prevent anyone under the age of 14 years from obtaining a license.

The second one was presented by Mrs. F. Yale Adams, Chairman of Home Economics, as follows:

Whereas, the bulk of oranges sold in Los Angeles have been of a low grade;

Whereas, the best grade of oranges are being shipped to eastern points;

Whereas, we believe that tourists discredit our city because they are unable to purchase any but the low grade oranges, when they anticipate buying the finest grades;

Whereas, it is our due that a small part of our finest oranges be obtainable here at home; be it hereby

Resolved, That we will individually and collectively support and favor any movement to replace low grade fruit on our markets by the best grade of oranges; and be it also

Resolved, That we will demand the best grade of our grocers and fruit dealers when buying oranges.

Home economics department of the Long Beach Ebells threatens to resolve itself into a dramatic organization. At the first of a series of Reciprocity days, that are to be given by Ebells, and at which forty federated clubs were guests, two clever little



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for producing good  
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**Globe  Flour**

It is our pride and continual effort to send into the homes of Southern California, a flour that will make the kind of bakestuffs you will take pride in serving.

**---Globe A-1 Flour  
has been produced in  
California the past  
seventeen years.**

sketches—The Futurist and The Real Thing—were presented. Each exemplified in dramatic form the culinary motif of the department—neither undergone nor overdone; neither too sweet nor to tart, but just right. Mrs. R. J. Booth, president of the club, welcomed the guests, and a daintily-appointed luncheon was served by the women of the Congregational church. Informality was the keynote of the day and everybody laughed and enjoyed themselves.

#### SOUTHERN DISTRICT

Mrs. Warren Currier, Chairman

A remarkable record of distinguished visiting clubwomen has been made in Imperial Valley this past month, the guest log reading as follows: Mrs. Josiah E. Cowles, General Federation President; Mrs. Charles C. Arnold, Southern District President; Mrs. Lillian Pray Palmer, Past State President; Mrs. Florence Dodson Schoneman, State Chairman of Emblem; Mrs. Carrie Stone Freeman, State Chairman of Music; District Chairman and Officers; Mrs. Geo. Butler, Vice-President from San Diego County; Mrs. Geo. Cheney, Chairman of Art; Mrs. Frank W. Moore, Civics; Mrs. C. W. Landis, Literature; Mrs. Alba Padgam, Music; Mrs. Coles, President of the Mecca Club, the baby organization of the Southern District.

Mrs. Arnold came to El Centro on February second to hold a board meeting and to address the annual convention of the County Federation.

Mrs. Josiah E. Cowles, our national leader, came to El Centro on February twenty-second for the reciprocity day of the Woman's Ten Thousand Club, where she addressed one of the most expectant and enthusiastic bodies of women ever gathered in the Imperial Valley. The simplicity and direct naturalness of Mrs. Cowles' address endeared her greatly to her hearers.

The Saturday Afternoon Club of Banning has evolved a literary section, numbering twenty-five members, and meeting twice monthly with programs that would do credit to a literary circle of long standing. Their outline of work includes the life and works of Maeterlinck, Ibsen, Galsworthy, Conrad, John Burroughs, John Muir and many other representative contemporary men.

Zona Gale, the celebrated writer and lecturer was the speaker at the Riverside Woman's Club, February twentieth. Miss Gale might be called an expert in club psychology, her "Friendship Village" stories featuring as they do public spiritedness and the work of women's organizations in a most human and entertaining manner.

Most delightfully novel was a feature program of the Orange Woman's Club on February twentieth, which partook most fittingly of a colonial and patriotic character. The hostesses and all participants in the program appeared in the stately dress of colonial times. The program, which was a model of its kind, was as follows: Songs, "Minuet", by Weckerlin, and "The Lass

With a Delicate Air", by Arne, sung by Miss Hester Billingsly. 'The Life of Dolly Madison, by Mrs. J. E. Parker. A reading, "The Man Without a Country", given by Miss Frances Pixley, and last, but not least, was a minuet also done in costume by six ladies dressed as belles and beaux of ye olden tyme.

Everywhere in California clubdom legislative matters are being featured. At the Colton Woman's Club on February twenty-seventh this was the topic of the day. Mrs. Henry Denyse, Dr. Louise Harvey Clarke and Mrs. Florence Dodson Schoneman, being among the speakers.

Mrs. A. J. Lawton, Legislative Chairman of the Southern District C. F. W. C., presided over a meeting held at the San Diego Clubhouse, February sixteenth, at which legislative matters and the bills now pending in the legislature were discussed.

The Rialto Woman's Club reports as very successful their annual banquet, held in conjunction with the commercial club, a sumptuous menu, speeches and music made up the occasion from which they realized over eighty dollars.

Ensemble singing at the club meeting is a commendable practice. In this way we can renew our acquaintance with national airs, often unsung since school days, and it is one way of keeping step with the new Americanization.

#### SAN JOAQUIN

Mrs. J. E. Edwards, Chairman

The regular meeting of the San Joaquin District Board, at the Parlor Lecture Club house, ushered in club activities for the month of February with a large attendance from adjacent and distant towns. Mrs. A. B. Armstrong, president in chair, was supported by Mrs. Chas. O'Brien, acting secretary for Mrs. Frederick Liddeke and Mrs. A. Jay Evans, substituting for Mrs. Edwin Ross, corresponding secretary. A committee consisting of Mrs. H. W. Neely, Mrs. Frederick Liddeke, and Mrs. L. G. Muller was appointed to prepare the program for the coming convention in Fresno, April 11, 12 and 13. Interesting reports were features of the session. Mrs. W. A. Fitzgerald, president of the Parlor Lecture Club, reported a fund of \$700 from the Red Cross stamp sale, which insures a free dental clinic to be established. Mrs. L. P. Guiberson, of Taft, told of the new club house with every modern improvement soon to be enjoyed by the clubwomen of Taft. Mrs. Armstrong was endorsed by the board for State vice-president. Application from the Turlock Club for admittance to the District Federation was acted upon, and a unanimous vote added that name to the long list of federated clubs.

The board also endorsed the petition requiring hunters to reach the age of fourteen before a license can be granted.

On the afternoon of February 8th, the Parlor Lecture Club departed from its well worn path, along the rugged heights of

culture and social service, in its multitude of departments, and its large exploits in civic fields, and resting on its laurels browsed into the flower decked garden of mere entertainment. A "jinks" was announced which showed a merry troupe of minstrels, composed of black Pattis and other celebrities, who headed by the usual suave interlocutor, held a capacity house in laughing enjoyment for a couple of hours.

A jolly olio of songs, dances and jokes, with the clever tambours and "Bones" in the lead, each claimants for stellar distinction, preceded an hour of Orpheum stunts, reflecting recent successes of that circuit.

The entire program was repeated after insistent demand at a later date and proved that there is a time for everything, and especially the time to laugh is the time most eagerly seized by the forelock, in the tense and troublous days of the present.

Mrs. A. B. Armstrong went north early in the week to attend the Alameda District Federation meeting.

Mrs. S. L. Wiley, candidate for State president of the C. F. W. C., has been formally endorsed by the Leisure Hour Club of Fresno, the Clovis Woman's Club, the Wolers' Colony Club, the Madera Woman's Improvement Club, the West Park Thursday Club, the Coalinga Woman's Improvement Club, Modesto Woman's Improvement Club, Query Club, Fresno, Turlock Ladies' Improvement Club, Merced Woman's Improvement Club, Orosi Improvement, and the Oleander Woman's Club.

The Ceres Woman's Improvement Club has decided to affiliate with the Ceres Board of Trade; object, community betterment. The club owns a lot for a club house site, which has been offered to the Board of Trade to be used as a city park or the site of the new library.

The Drama Club of Merced held a meeting at the home of Mrs. Davis. Papers and talks were given on the Drama League of America, the Influence of the Stage, and the Play from the Gallery.

The Parlier Improvement Club will give a box social at the school auditorium Tuesday evening, February 27, for the benefit of the club house fund.

The Fresno Wednesday Club, the Sorosis of the San Joaquin Valley, celebrated its twenty-eighth birthday February 14, with one charter member present among the many who have since swelled its ranks.

The Woman's Club of Strathmore observed Arbor Day with an all-day meeting. A general clean-up of yards, planting of trees and other improvements were effected.

Under the auspices of the Bakersfield Woman's Club, a lecture recital was featured on the 16th inst. "Music of Scotland" furnished the delightful program of songs given by Miss Zoe Glasgow of Fresno and was also the theme of the talk by Mrs. Susan Fleckner Cummins. Miss Colner added to the evening's attractions several well chosen piano solos.

## NORTHERN

On February 3rd the Executive Board of the Northern District was entertained at a futurist luncheon by the Woman's Improvement Club of Roseville.

The board held a business session in the morning which was presided over by Mrs. David Powell, vice-president. The continued illness of Mrs. Bradford Woodbridge has caused her official family much anxiety and all have tried with renewed zeal to carry on the work of the district and lessen their leader's responsibilities wherever and whenever it is within their power.

Mrs. Powell is a most helpful and sympathetic vice-president and as chairman of the program committee for the convention is doing her utmost to make the Marysville convention the best ever held.

The board meeting was very largely attended and the reports were very encouraging. The federation extension chairmen are doing splendid work and report the following new clubs:

Lakeside Literary Club, Annie K. Bailey, of Dewitt, president.

Esparto Home Improvement Club of thirty members, Mrs. Geo. McCarty, president.

American River Arbor and Social Club of twenty members, Mrs. C. Hansen, Folsom City, president.

Woman's Club of Kelsey, twenty members, Mrs. Margaret Roberts, Slatington, president.

The nomination committee was elected as follows: Mrs. O. H. Kearns, Roseville, chairman; Mrs. B. F. Walton, Sacramento; Mrs. W. H. Reed, Willows; Mrs. G. W. Harney, Marysville, and Mrs. Fred Meier of Woodland.

A committee on the revision of by-laws was appointed by the presiding officer, Mrs. Powell, viz.: Mrs. G. W. McCoy, Mrs. Hugh Bradford and Mrs. Walter Longbotham of Sacramento.

Resolutions committee was changed to read: Mrs. O. C. Hyde, Lincoln, chairman; Mrs. Gilman, of Wheatland; Mrs. Albert Ross, of Davis; Mrs. L. L. McCoy, of Red Bluff, and Mrs. Mary E. Pinneo, Susanville.

The board was in favor of having the committee on the revision of by-laws present an amendment to that section referring to vice-president, changing it to provide for the election of three vice-president.

The new Placer County Federation received much attention from all the speakers of the day, and it is evident that all club eyes of the Northern District will be watching the progress of this organization, which is the first of its kind in the Northern District. It has for its officers: Mrs. Carl Schnabel, of Newcastle, president; Mrs. P. B. Goss, of Sheridan, vice-president; Mrs. Stewart, of Auburn, secretary and treasurer.

At one o'clock the executive board and visiting clubwomen were served a futurist luncheon at which one hundred and ten



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## At a Wholesale Price to Clubwomen

Special wholesale price for thirty days only, March 15 to April 15, by arrangement with the club women of Los Angeles, under their campaign to patronize home industry. We will deliver to your address in Los Angeles or Hollywood **GALLON** tins, full measure, **WHITE CROSS OLIVE OIL** at \$2.35, **HALF-GALLON** tins, full measure, **WHITE CROSS OLIVE OIL** at \$1.25.

**WHITE CROSS OLIVE OIL**, unlike most imported olive oil, is made under the most sanitary conditions and was endorsed by a committee sent by the club women of Los Angeles to investigate conditions in the plant of the American Olive Company.

**WHITE CROSS OLIVE OIL** is recommended by physicians and it has been successfully manufactured for the past fifteen years and during that entire time has received the highest praise from all connoisseurs of olive oil, they ranking it among the highest grade olive oil manufactured in the world.

Write or phone for the "White Cross Way to Welltown" and learn the value of **WHITE CROSS OLIVE OIL** for medicinal purposes; also contains twenty-five prize recipes.

A fifteen cent package of olive butter will be given free with every order of olive oil to further introduce this product.

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covers were laid. The favors and decorations and cabaret entertainment provoked much merriment, and the Roseville clubwomen received no end of praise for their futurist hospitality.

The after dinner speeches were appropriately gay and sparkling, interspersed with serious addresses by the Public Health Chairman, Dr. Lela Beebe, who spoke on the "health bills" before the Legislature, and by the Child Welfare Chairman, Mrs. O. W. March, who gave a most inspiring talk on the value of her subject, which must have its beginning in the home.

Mrs. W. H. Masters, president of the Hostess Club, introduced the speakers and proved herself a very charming toast mistress.

Mrs. P. B. Goss, of Sheridan, formerly called the "little bird chairman," has arranged for numerous lectures by Prof. Bryant of the State University. In nearly every case the school children are in attendance and the beautiful slides do not a little to hold the attention of the youthful audience.

#### SAN FRANCISCO

Mrs. W. C. Morrow, Chairman

The Executive Board of the San Francisco District has had several meetings recently. Resolutions were introduced and endorsed by that body. The resolutions were of some moment and were duly considered.

The indefatigable president, Mrs. Frank Fredericks, has made a number of visits to various out-of-town clubs. In every instance she has talked of the advantages accruing from federation, and she has gained many adherents. The Woman's Club at Vacaville, which has a membership of over 200, gave her a royal welcome. The club is a strong and flourishing organization. Mrs. Edward Dexter Knight and Mrs. Fredericks visited the Woman's Improvement Club at Dixon. Mrs. H. R. Tinem is president of that active club. It has sixty-four members. Mrs. Fredericks visited the San Jose Woman's Club. Mrs. Paul Clark is the president. The club owns its own building, and is rapidly outgrowing its quarters. From San Jose Mrs. Fredericks went to Petaluma and visited the Petaluma Woman's Club at that pretty town. The club has its own quarters. The first week in February Mrs. Fredericks went to Napa, where the Brown's Valley Improvement Club, the Las Animas and the Carneras Clubs had a joint meeting for her benefit. Las Amigas Club has a membership of only eleven, but has built and equipped its own club house. Carneras Club also owns its own quarters. These club houses are pretty, and are commodious for the present needs. Mrs. Olive Borrette, the popular clubwoman, known from one end of the State to the other, and the pride of the Federation, presided at the joint meeting. Three presidents were present and gave greetings, and three past-presi-

## Thanks to Clubwomen

Our announcements to the Club women of Los Angeles, giving the plain facts about the superior service of Quality Laundry have been bringing us many new and splendid customers.

We have always felt that if we could only adequately present Quality Laundry and its unusual features to the women of this City, our facilities would soon be too small for our business.

We haven't reached that point yet—and when we do—we'll enlarge our facilities. In the meantime there are a few more Clubwomen in Los Angeles to whom we would like to introduce the satisfaction of Quality Laundry service.

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dents gave a resume of their work in the past. Mrs. Percy King, the former district president, was a guest of honor.

Mrs. Fredericks also went to the Saratoga Foothill Club, which has a most artistic club house set in the beautiful foothills that are on the western side of the valley of Santa Clara. The architect of this club house was a woman—Miss Morgan. The members of the club have charge of the Blossom Fete, a well known and beautiful Spring festival.

At Hollister, whither Mrs. Fredericks also went in February, were gathered representatives from clubs at Gilroy, Watsonville and Salinas. The occasion was the annual breakfast. Mrs. Miner, the retiring president, was presented with a Federation pin. Mrs. Philip Power is the new president. At every one of the meetings that Mrs. Fredericks graced with her affable and gracious presence she uttered her propaganda of Federation. At Hollister she was granted the unusual privilege of making a talk of an hour in its favor.

Later in February Mrs. Fredericks visited the Mill Valley Outdoor Art Club. She was the guest of honor at a breakfast given at that time. She also was a guest of honor at the Vittoria Colonna Club breakfast. This seems like a rather strenuous month of work, but Mrs. Fredericks has a genius for work and she has system.

At the Mills Club's interesting afternoon on the 20th of February, Mrs. Edward Dexter Knight was the guest of honor. The program was presented by the students of Mills College and was interesting.

#### CALIFORNIA ORANGE JUICE

The Sunkist orange is the pride of the growers who constitute over seventy per cent. of the citrus shippers of California who are organized in a non-profit co-operative organization known as the California Fruit Growers Exchange. The Exchange has subscribed for a booth and are having it highly decorated, in which they will exhibit the Sunkist orange at the Pure Food Show. They will have on sale at the Show the Sunkist Orange Juice Extractor, over one-half million of which are now in use in homes throughout the United States. A free drink of orange juice extracted from Sunkist oranges will be given to each purchaser of the Sunkist Orange Juice Extractor. The Exchange will also hand out during the Show that incomparable Sunkist Recipe Book—this book contains over 200 tested orange and lemon recipes by Miss Bradley, Principal of Miss Farmer's School of Cookery of Boston, Mass.

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Give it a Trial  
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(Continued From Page 30)

part of the food producers, for the approval of the club women inspectors, and a deference to their criticism that is very hopeful. Suggestions for improvements are carefully noted and frequently acted upon. One firm asked for a notice to the effect that the club inspectors were satisfied with their plant, as they wished to frame it! Seriously, it has been proved that his plan can effect reforms that the City Health Department despaired of. It is a convincing evidence of the practical power and influence for bettering conditions that lies within this Federation of Women.

### BETTER BABIES WEEK

While Better Babies' Week this year is to be under the supervision of the Child Welfare Department, the Department of Public Health is to cooperate. As Doctor Bertola fills both these chairmanships in San Francisco District, she is finding her hands full, but we will expect to hear of excellent results.

In Imperial County, Mrs. Vaile, on the Child Welfare side, and Mrs. Seymour on the Public Health side, are doing excellent team work, and we look to El Centro for an example of what a small city can do in the way of Better Baby propaganda, to the end that the conditions surrounding all babies may be greatly improved and their chances to grow up with sound minds in sound bodies markedly increased.

San Francisco District, with Dr. Mariana Bertola at the helm of the Public Health craft, is doing pioneer work in the investigation of the results of handing down soiled text books from class to class in the public schools. It has been stated that the fumigation of the text books are subjected to renders them free from the danger of transmitting disease. Careful laboratory examinations of the books are being carried on to test the validity of this statement.

Unless children have changed greatly since our day, quit chewing their pencils and the corners of their books, and unless they have learned to be far more cleanly than youngsters used to be, this plan of indiscriminate use of books and pencils would seem to be a dangerous and reprehensible one. We await the results of the laboratory experiments with interest.

(Continued From Page 19)

homes by preventable floods in 1912 and 1913 alone.

The Shield's water power bill before Congress, gives away the public water-power sites forever and for nothing, to monopolistic control.

The Meyer's water power bill grants a lease for fifty years without compensation.

The Newlands-Bransard river regulation bill (now pending before Congress), on the contrary, has for its purpose the care and protection of our forests and the regulation of the flow of our rivers on a comprehensive

scale, and should be enacted into law at once.

Over one-half—51.1 per cent water power, is owned by practically one company, and one hundred and twenty companies own, unused, four million horsepower of the water besides.

The Senators and Representatives are giving the water away. It belongs to the people and it is the only thing we have left to leave to our children and their children's children. We women will have to rise up and do something and it must be done very soon.

Public ownership of public utilities is one good solution.

### STATE PRESIDENT'S LETTER

(Continued From Page 4)

As a clearer understanding of the Social Health Insurance system comes, a more favorable attitude is taken toward it in our state. The board has gone on record as favoring such a system in California and recommends that the Legislature be requested to retain the Social Insurance Commission.

Orange Day has received its measure of attention through postals and stickers furnished by Orange Day committee.

My engagements for March include:

- 1st. Adelpian Club, Alameda.
- 2nd. La Mesa Redondo Club, S. F.
- 3rd. La Santa Rosa Woman's Club.
- 5th.
- 6th. San Joaquin Valley Clubs.
- 7th.
- 8th. Mill Valley Woman's Club.
- 9th. New England Colony.
- 12th. The Pacific Coast Woman's Press Association.
- 14th.
- 16th. Marysville—Northern District Convention.
- 27th.
- 30th. Santa Monica—Los Angeles District vention.

Most cordially,

(Mrs. E. D.) HELEN M. KNIGHT.




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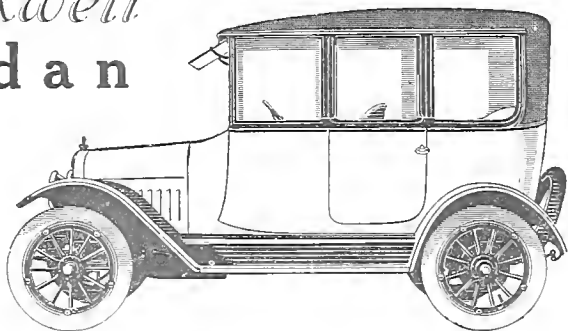


Los Angeles



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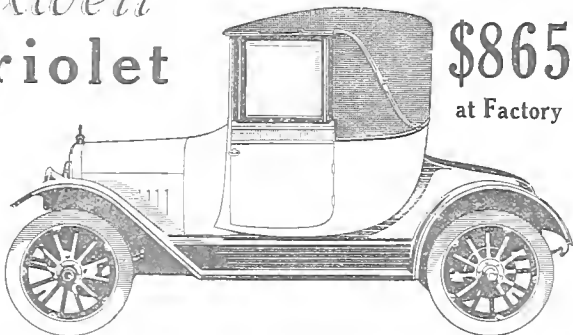
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# Club Woman

April, 1917  
Vol. IX, No. 6

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republic for which it stands; one nation in-  
divisible, with liberty and justice  
for all."*



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*---If you have never selected a corset from our stocks  
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that you will do so at some future time—for we  
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who keeps up with her multitudinous duties in both club and social circles can ill afford to be hampered by obsolete household methods.

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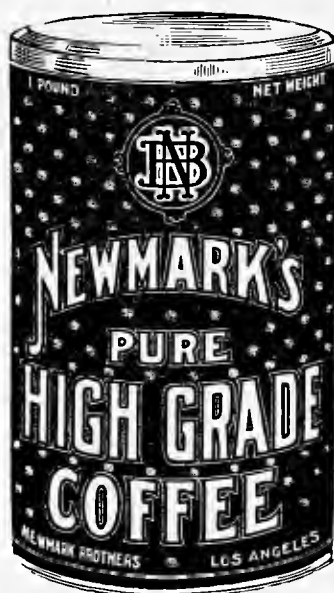


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# *The Clubwoman*

Official Organ of the California Federation of Women's Clubs

Composed of over 30,000 Members

PUBLISHED MONTHLY

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DR. LOUISE HARVEY CLARKE, State Chairman and Southern Federation Editor, 1046 Orange St., Riverside  
MISS JESSICA LEE BRIGGS, State Chairman and Northern Federation Editor, 1942A Hyde St., San Francisco

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## TO OUR READERS AND ADVERTISERS

The Clubwoman is not, and in the nature of things cannot be, a political medium nor an organ for furthering in an editorial way the interest of any candidate for office. In accepting the political announcements which appear in the display columns of this issue, it is but fair to make clear that, outside of assuring itself of their reputable personal standing the Clubwoman does not endorse these candidates.

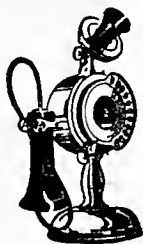
## The City in a Nutshell

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Full particulars at all ticket offices. Los Angeles office, 501 So. Spring Street. Phone Main 8908 or Home 10031.

## STATE PRESIDENT'S LETTER

The two big events of March were the Conventions of the Northern and Los Angeles Districts. The former, held in the hospitable old California town, Marysville, gave special evidence of splendid work done in the rural districts of the north. Every report was a testimonial of growth and enlarged vision, whether it was presented by a committee chairman or by one of the earnest club presidents whose allotted time proved all too short to tell the story of a year's work. The program was full of live issues and much merited praise was bestowed upon the retiring president, Mrs. Bradford Woodbridge, and her vice president, Mrs. David Powell, who looked beyond illness and anxiety to the success of the meeting.

### LOS ANGELES DISTRICT CONVENTION

Santa Monica never was busier I am sure, than during the past week when the Los Angeles District Convention was held in the beautiful Club House of the Santa Monica Bay Woman's Club. The "evening with the Business and Professional women" and the "Husband's Banquet" were most interesting features of this occasion. The program, according to one of these said husbands, "was so full of big things that only women would have courage to frame it and attempt to present it in full," but it was presented in full and on time and many pages of interesting history were added to the records of this enterprising district. Mrs. Lloyd W. Harmon, the retiring president, has rendered most praise-worthy service during the months of her administration.

### OTHER EVENTS OF THE MONTH

A very happy afternoon was spent with the Adelpian Club of Alameda when living pictures were the order of the day. The La Mesa Redondo Club, the San Francisco Colony of the New England Women, The Pacific Coast Women's Press Association of San Francisco, and the Santa Rosa Saturday Afternoon Club also entertained and welcome the message of federation. The California Club's monthly luncheon and the annual breakfast of the Laurel Hall were among the lovely social events of March.

### GENERAL FEDERATION TIDINGS

Our special attention has been called to the Relationship Committee of the General Federation, a Committee which keeps itself informed of existing organizations and which is prepared to give information which may prevent clubs from becoming involved in Commercial Schemes and other weakening agencies. Each president and department chairman is requested to refer any proposition of which there may be doubt, or any question relating to the standing and relations of any person or firm to this committee of which Miss Helen Louise John-



MRS. E. D. KNIGHT

son, 234 Paddock St., Watertown, New York, is chairman. This will help us to conserve our influence and our strength.

### STATE CONVENTION

All signs point to a very successful State Convention. The local board is a very busy family, looking forward to the days when lovely Pasadena will receive our little world. May I again remind you that credential cards must be presented in person and not sent to the chairman. Send her merely the names of delegates and alternates. Also I wish to call your attention again to the opening hour of business and discussion. Will you not keep the Question Box supplied with food for thought?

### OUR COUNTRY AND OUR FLAG

Let us remember our pledges of loyalty to our County and our President in Washington at this tragic period. Our Country's emblem should be displayed at all Club meetings and should flash from every California Club House, while in conformity with the request of our General Federation President, we add our prayers to those of President Wilson's that America may not be involved in the great world struggle.

Very earnestly,

HELEN M. KNIGHT.



## EDITORIAL NOTES

A MESSAGE FROM THE GENERAL  
PRESIDENT

Mrs. Cowles, president of the General Federation, urgently requests all State Federations and all clubs to display our national flag at all meetings.

Mrs. Cowles has sent the following message to President Wilson:

"The General Federation of Women's Clubs stands loyally behind the government. It is our desire to serve the nation to the best of our ability."

The Sixteenth Annual Convention of the California Federation of Women's Clubs will be held at Hotel Maryland, Pasadena, May 1-5, by invitation of the Shakespeare Club of Pasadena.

All Clubs are earnestly requested to send full delegations. As the Federation grows stronger with the years, its influence becomes of greater import in our State.



Baby Welfare Week is being observed in California during the months of March and April. San Francisco has just closed a most successful campaign. Clubs are asked to send reports of "Baby Week" to Dr. Louise Harvey Clarke, The Clubwoman.

The San Francisco District Convention will be held in Eureka April 17-20.

The San Joaquin Valley District will hold its Convention at Fresno April 24-26.

## Friday Morning Club Program

FRIDAY MORNING AT 10:30

Friday, April Sixth

Big Wars and Little Nations.  
Mme. Aino Malmberg

Friday, April Thirteenth

The Hippolytus of Euripides  
Dorothea Spinney

Friday, April Twentieth

Piano Recital  
Brahm von den Berg

Friday, April Twenty-seventh

The Spirit of Modern English Literature  
John Cowper Powys

## Committee Meetings

Thursday (every Thursday), 10:00

Music Conference  
Chorus, Mrs. Charles G. Stivers, Director

Tuesday, April Third, 12 M.

Book Committee Luncheon  
War Poetry

Tuesday, April Tenth, 2:00

Public Affairs Committee—Open  
Meeting

What Our City Needs  
Foreword by Mrs. E. K. Foster

Resume of Committee Activities  
Chairmen of Standing Committee

Tuesday, April Seventeenth, 2:30

Drama Committee  
Two Plays by Granville Barker  
The Madras House—Mrs. Reginald Pole  
Waste—Mrs. Marion L. Davidson

Tuesday, April Twenty-fourth, 12 M.

Art Conference  
Fourth Annual Pilgrimage to Exposition  
Park for all Club Members  
Picnic Luncheon

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## COUNTRY LIFE DEPARTMENT

MRS. EDWIN ROSS, Parlier, State Chairman

Farm Bureaus—MRS. EDWARD O. AMUNDSON, East Auburn

Rural Schools—MISS MARTHA TRIMBLE, State Normal School, San Jose

The Country Life problem is the all absorbing question of the day.

The work being done by the State and Federal government and the State Universities in behalf of Country Life is so great, so necessary, so worth while that it is bound to bring far reaching benefits to the people of all classes.

With the coming of our splendid Highways, the Rural Mail service, the Parcel Post, the Rural Credits System and the Federal Employment Bureau great opportunities are offered for the betterment of rural communities and the answer to our rallying cry, "Back to The Farm."

The Nation recognizes that Agriculture is the basic human occupation and that we can not live on the labors of our fellow man unless we too help. We get from

others, we must give to others.

The Crosser Colonization Bill was favorably presented recently before the Labor Committee of the House of Representatives by Prof. Elwood Mead. The fundamental principle of the bill is a provision whereby all Government lands may be leased to ranchers. It gives them perpetual right to its use at an annual rental not to exceed three per cent of the cost of the land to the Government. Expert knowledge and advice is included.

I believe that farm colonies should be established to take care of the tramp class and the prisoners. These colonies to be under expert supervision.

As the city has community recreation grounds so should the country community and so should the farm colonies.

## AGRICULTURAL EXTENSION SERVICE AND COUNTRY LIFE

By LILLIAN D. CLARK, Instructor in Agriculture Extension

The problem of comfortable, contented and happy living on the farm depends principally on three fundamental conditions—a sufficient income; convenient living quarters; companionship for individuals, for families, and for the community. The solution of this problem can be approached even; only by the co-operation of groups of farm families and the Extension Division.

Three steps must precede this co-operative effort.

First: A willingness to receive instruction coupled with the conviction that the Agriculture Extension Division has information to give that will be helpful.

Second: The exercise of a teachable spirit that will withhold for a time the doubt that will arise when the new methods and new facts are presented.

Third: The acceptance, adaptation and utilization of the methods and resources of modern science.

In these groups of farm families the housekeepers have been organized into study groups known as Extension Clubs.

**The Extension Club—Its Function in Extension Service for Farm Women**

The object being to study farm home problems; to form a stable support for Extension Service and to serve as classes for the field lecture demonstration work; to develop leadership; to create and nourish community activities and civic pride; to promote social life.

An extension club to be successful must have as charter members at least six earnest women possessing qualities of leadership and a determination to hold to the work.

Ten such women assure the club to have as members in one year all available housekeepers within a radius of ten miles.

This organized group of workers banded

together for mutual helpfulness furnishes a school for Extension instruction. It is the connecting link between the country home and the University center.

It affords the touch between the single home and the University—between the single home and the community group and the community group and the University.

It gives to its members the sense of being anchored to a support, strong and dependable. This one sense of safety has been the deciding factor in the organization of the most isolated clubs.

The meetings have furnished the impetus that gets the housekeepers out. They are kept up because the members have found in them something worthwhile—the afternoon has been well spent—the ride or walk to and from the meeting place has been invigorating, the touch of other minds with the reception of new thoughts has stirred the mental life of these housekeepers, and the social hour following the program has cultivated and cemented friendship.

THE FIELD SERVICE deals with the following subjects:

How to Increase the Income of the Farm.  
Lessening Drudgery.

Overcoming Isolation.

Under these general divisions the following service is offered:

1. Lectures with and without the use of models.
2. Lecture-demonstrations.
3. Home Extension Lessons.
4. Club program study and discussion.
5. Letters requesting further information, or presenting new problems.
6. Field problems worked out in the laboratory.
7. Planting and Cultivating New Vegetables and Fruit.

The field service deals directly with the



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problem of living. How to get the most, the best, out of the products of the farm with the greatest economy of money, material and labor. The first lesson is how to make the abundance of summer and autumn serve through the scarcity of winter and spring.

Instruction on the subject of conservation of farm products includes canning, preserving, pickling, jelly making, candied fruits, cheese making, preserving of eggs, use of left-overs.

In canning, the work covers all the meat and poultry found on the farm. California housekeepers are now conserving for family use, beef, veal, pork, Belgian hare, chicken, turkey, duck, fish, squabs; in soups—beef, veal, turtle. One particularly thrifty housekeeper made and canned a quantity of corned beef hash. All vegetables are canned—even new potatoes and sweet potatoes.

#### Lecture Demonstrations

The records of this work show that 40 per cent of the lessons have been given on canning, 20 per cent on jelly making, 16 per cent on balanced rations, 11 per cent

on salads, 7 per cent on left-overs. The remaining 6 per cent cover a variety of subjects suggested by special needs. Mimeographed copies of recipes used in the lessons are distributed to members of the class. They are also sent to housekeepers upon request by letter.

#### Field Problems Worked Out in Laboratory

These problems are brought to the laboratory to be worked out and translated from laboratory terms to kitchen terms; to illustrate— $\frac{3}{4}$  of 1 per cent of acidity is necessary for good jelly. This means one teaspoon of lemon juice to eight of water.

#### Planting and Cultivating New Vegetables and Fruits

California grows a great variety of fruits and vegetables. The purpose of this effort is to enlarge the range of the cultivation and use of them.

The Extension Service explained in this article is entitled the Farm Home Management Project. During the past fifteen months service under this project has been given in three-fourths of the counties of the State with an aggregate attendance of 11,000 housekeepers.

## THE FARM ADVISER AND FARM BUREAU WORK

When the Smith-Lever Bill was passed in Congress it provided that the Government was to appropriate a certain amount of money each year to any State that would duplicate this amount, all of it to be used for Agricultural Extension. California received her first appropriation in 1913. Since that time fifteen counties have requested and received Advisers. They are all under the direct supervision of the State University but their salaries are paid by the University and the Government and each county must appropriate \$2000 per year for their running expenses.

Counties having Advisers may have the services of the Home Management Department, of which Miss Lillian D. Clark is the head. Her splendid work and sincere sympathy with the farm women has brought her nation-wide fame. Although the advisers are Agricultural College graduates and men of broad experience they do not always have time to cope with special problems that may arise and in such cases call upon the specialists at the University or Government who either come to the locality and lecture or experiment in their laboratories.

The Advisers in the different counties co-operate by bringing about the buying and selling of local products in car load lots, thus insuring better prices, better products and better markets. This co-operative work often extends into other States.

Placer County Farm Bureau work began in September, 1915, when Farm Adviser E. O. Amundsen arrived in the County. It has sixteen agricultural centers organized. Each one has a Director, Secretary and Treasurer and any other officer or committee that the local unit sees fit. These are all united under the County Farm Bureau Pres-

ident and Secretary and Treasurer and three Directors at large. Each center holds a meeting once a month, usually in the evening, when the Farm Adviser is present and gives a lecture, often accompanied by stereoptican views, on some topic of local and timely interest. Other problems of local, State and Nation wide interest are discussed and questions asked. The women take a prominent part in these meetings, which usually include a lunch and often dancing and literary programs, thus developing the social life. The Farm Adviser makes farm calls on the day preceding the meeting or demonstrations are held at some ranch, in pruning, grafting, budding, hoganizing chickens, stock judging, vaccinating for various stock diseases, cover-crops or the building of silos and septic tanks. During the summer many of the meetings assume the nature of an all-day picnic, more than 300 people being present at some of them and outside speakers often being present.

The Farm Adviser has many emergency calls, and he receives and answers by mail hundreds of inquiries concerning problems from the selection and planting and diseases of nursery and live-stock to the harvesting and marketing of the same. Each month he publishes as Farm Bureau Monthly which is sent free to all Farm Bureau Members. By co-operative buying 42 cars of hay have been bought this past season at a saving of approximately \$1900 and \$900 was saved on one carload of vetch seed.

The women have had demonstrations from members of the Home Management Department for three consecutive weeks besides various one-day sessions.

Altogether the work has been very satisfactory, attendance and interest at meetings has increased perceptibly, septic tanks have been constructed, water piped in the homes, telephone lines have been installed,

better stock, better farming, more vegetables being grown, three Farm Bureau Halls have been built and the general home and community environment has been improved.

MRS. E. O. AMUNDSEN.

## TRANSPORTATION IN CONSOLIDATED SCHOOLS

In the State of California there are 28 union grammar schools in 17 different counties as follows: Contra Costa 2, Glenn 1, Madera 1, Mendocino 1, Merced 2, Mono 1, Monterey 4, Orange 2, Riverside 2, Sacramento 2, San Benito 1, San Bernardino 1, Santa Barbara 1, Santa Cruz 1, Siskiyou 4, Sonoma 1, Fresno 1.

A questionnaire on Transportation was sent to the Clerks of the Boards of Trustees of these union schools, and 25 replies were received. Ten districts, only, provide transportation for the pupils. The methods by which the pupils are transported are various and interesting.

Elim Union, in Merced County, owns three wagons and advertises for bids for drivers. The cost is \$103 a month. Each wagon carries about thirty-five children.

San Antonio Union, in Monterey County, has purchased two automobiles, paying \$585 for a Ford and \$1050 for a Studebaker. These are driven by the teachers. One receives \$20 in addition to her salary. She travels twelve miles twice daily and carries eighteen children to and from their homes;

the other receives \$10, travels seven miles and takes twelve children with her.

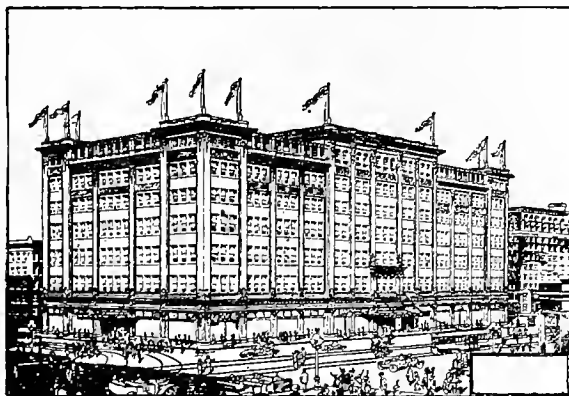
Half Moon Bay District, in San Mateo County, is not a union school. As some of the children live ten and a half miles from school, the trustees provide an automobile. A driver is engaged for \$50 a month, or a cost per pupil of about \$3.50.

In Soledad Union, Monterey County, parents owning Fords contract to transport twenty-one pupils at 15c each per day. The total cost to the school is about \$63 a month.

A teacher in Gonzales Union, Monterey County, is paid \$20 a month to take six children in her own Ford. She travels six miles twice daily.

In three union schools, owners of automobiles are hired. A district in Orange County pays \$60 a month, or \$4 a pupil; one in San Bernardino pays \$40 a month, or 25c a day per pupil; and Temecula Union, in Riverside County, pays \$4 a month per pupil.

In Soquel Union, Santa Cruz County, two men with teams and buses are engaged at



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\$50 a month each, one carrying twenty and the other twenty-five children.

In Franklin Union, Sacramento County, a contract is made with the owner of a team. One other wagon and two automobiles owned by the parents are also utilized. A son attending the school is the driver in each instance. These conveyances are allowed the regulation amount, 15c per day for each pupil transported. The total cost to the district for the four conveyances is about \$100 a month.

Funds for transportation are obtained, in a majority of cases, by a special tax. To the question, "If transportation is provided by the school, are taxes increased?" the answers could be grouped under the following: "Yes," "Slightly," "Not appreciably."

Many reasons were given by the districts that do not provide transportation. "Unnecessary," "Extra expense" or "Lack of funds," represents some of the answers, and the small amount allowed by law prevented transportation in many localities.

In regard to the expense of the union school as compared with the several individual schools, Contra Costa County replied that it was "Far less;" Franklin, Sacramento County, "Slightly more;" Soledad Union, Monterey County, "About the Same;" Mono County, "Decidedly less;" San Bernardino, "Probably more, but increased facilities and better results; wood-work for boys, sewing for girls, and not more than four grades per teacher;" Soquel Union, "Not much difference in cost. Cheaper if same grade of school."

From Soledad, Monterey County:

"The story of the formation of the union school is quite long, and we had a very hard and discouraging time to bring about the union. I think most of the people are satisfied, and I am very positive none of the parents would consent to go back to the old system."

From San Antonio Union, Monterey County:

"The parents and pupils are more than pleased with the better opportunities offered them through the union school. The principal is a college graduate. Under the supervision of the Kings City High School, he carries on the work of the first year of High School, having a class of seven. The schooling of these seven children would have ended with the Grammar School had it not been for the forming of this branch High School."

The Clerk of the Board of Trustees of Soquel Union writes:

"In the Union we have a grade of school that is away beyond the possibilities of the separate districts, and the union is the only way. We have a first class lady principal who has made good in a decided degree. This year we have a first class man in charge of manual training and agriculture. He also has charge of the playground, and our school is a happy place for boys and girls and a wonderfully safe place for them.

MARTHA M. TRIMBLE.

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## FIFTEENTH ANNUAL CONVENTION OF THE NORTHERN DISTRICT

Marysville, March 14, 15, 16, 1917.  
MRS. BRADFORD WOODBRIDGE, President.

"Marysville, Our Marysville"

MRS. J. W. ORR

(This poem was sent in greetings to the Convention from the past State President)  
O hostess town, we sing of thee  
Marysville, our Marysville;  
A song of tuneful melody  
Marysville, our Marysville;  
Thy skies are clear, they welcome true,  
Gay flowers prevail, in every hue  
And all the gowns and hats are new  
In Marysville, our Marysville.

This great convention is a power  
In Marysville, in Marysville;  
All problems of the time and hour  
In Marysville, in Marysville;  
Will be presented day by day  
No "filibuster" blocks the way  
But "cloture" calls the yea and nay  
In Marysville, in Marysville.

O Northern District, 'tis of thee  
In Marysville, in Marysville,  
The fifteenth year of jubilee  
In Marysville, in Marysville.  
You've kept the faith, in all  
You grow in grace and graciousness,  
"To serve" reflects sure success  
In Marysville, in Marysville.

I sing of C. F. W. C.  
In Marysville, in Marysville;  
A song of love and loyalty  
In Marysville, in Marysville.  
Then too lead on, O Ship of State  
Lead on, O Federation great  
Our union we commemorate  
In Marysville, in Marysville.

### MESSAGE OF THE PRESIDENT OF THE DISTRICT

Mrs. Bradford Woodbridge

I am filled with conflicting emotions as I give back to you the trust you placed in my hands two years ago. I have tried to keep faith with you. I have given to the federation, because I loved it, all my physical and mental power. While it has taken responsibility, I have been proud and happy to serve you as president, and I have been richly repaid for any effort I have made. When you listen to the reports of the chairmen of departments, when the club presidents tell you, "What My Club Has Done," you will realize that the growth and development of our district stands second to none in the state, and yet many of my cherished plans for the upbuilding of our district have not been realized. I could tell you that owing to strange pranks which fate played I was not permitted to attend either my first or my last board meeting; I could tell you that I was compelled to cancel innumerable dates for Reciprocity Days, to decline many invitations combining pleasure and work; I could tell you of countless letters which have been referred to the secretary or have had to go unanswered; I could tell you that when I was about to bring to fruition one of the plans I had long held in mind, that of establishing a County Federation in our district, I was unable to attend the meeting. I could acknowledge defeat in many of my intentions, but I should be lacking in every attribute of love and appreciation if I gave you the impression that this report must be rung in a minor key.

So I bring you the joyous message of the most prosperous and beautiful club year we

have ever experienced. I bring you the glad tidings of such Federation spirit, such solidarity of purpose, such unity and co-operation as, I think, the district has never known. The Reciprocity Days have been many and never such gatherings of women have come together in conference at these affairs, and each club has seemed to outdo the other in extending hospitality, in having original, clever entertainments for its guests.

Many new clubs have been formed and are now waiting eligibility to the Federation.

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Several clubs have moved into their own homes, and this year nine new clubs have cast their lot with us.

I believe I have, during the time, learned some lessons that will be of benefit to us all in furthering our usefulness and in simplifying our work. I believe we must simplify our work or we shall defeat the very purpose of our organization. Instead of so many departments and subdivisions of departments, these lapping and overlapping as they do, I believe we must work out a plan whereby we can correlate and even discontinue some departments.

We should encourage and work for county federation in order to promote and strengthen the cause of federation in every county and so build up the district and the state.

I believe we should give better support to our official magazine, "The Club Woman," and by sending in report of our work and play, help to make it a better and more inspiring medium of communication.

Not one of us, I am sure, but realizes that our Country is facing one of the most critical times in its history. As an organization, representative of American womanhood, we must go forth with a greater willingness to give service, for only that patriotism is worth while which expresses itself in service. I wish that each club woman in this great cosmopolitan state would make it her solemn duty to Americanize and add to its citizenry even one person. We have been so abundantly blessed that we have become

passive in our patriotism.

Let us as an organization come closer together, let us stand shoulder to shoulder and so present to the world a solid front, ready and willing to enlist in the holy cause of protecting and preserving our glorious country. High Ideals, Service to Humanity, Unswerving Patriotism, America First—these are the texts from which we must teach and preach.

#### PRESIDENTS' COUNCIL

The Presidents' Council was called to order on the morning of March 14, with Mrs. David Powell, first vice-president, in the chair. The important topics for discussion were: "Budget for President's Office," "Relation of State and District Chairmen," "County Federation" and "Relation of Parent-Teacher Associations to Federated Clubs." Mrs. G. E. Chappell, Treasurer of the District, showed the necessity of having a budget system. Mrs. Woodbridge, President of the District, explained that the manner of collecting dues is wrong and that the problem was to be brought up at the state convention. County Federation was ably presented by Mrs. Carl Schnabel, President of the Placer County Federation. This is the first county federation of the district. The Relation of Parent-Teacher Associations to the federated clubs was presented by Mrs. M. N. Webster of Sacramento.

Mrs. Samuel Mack of Fair Oaks made an appeal to the effect that the child, teacher,

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MISS LUCRETIA DEL VALLE will resume her historic role of "Senora Josefa Yorba." Tickets and reservations at Information Bureau, Main Street Station, Los Angeles.

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parent and home are all of vital interest, and that co-operation in working for all should be the motive of each. The Relation of State and District Chairmen was presented by Mrs. B. F. Walton of Sacramento, which caused considerable difference of opinion, some believing that the district chairmen should be allowed more freedom by the state chairmen, in order to meet the problems in each district.

### FORMAL OPENING OF THE CONVENTION

The Fifteenth Annual Convention of the Northern District, C. F. W. C., was called to order at 1:40 p. m., March 14th, the President, Mrs. Bradford Woodbridge, in the chair. The opening was very impressive, as three High School Cadets presented a large American flag for convention use. The flag was saluted, followed by the singing of "America." The Club Collect was read by Mrs. A. F. Jones, First Vice-President of the State Federation. Mrs. Annie Little Barry was made parliamentarian of the convention. An address of welcome was given by Mrs. H. B. Carden, Chairman of the Local Board and President of the Marysville Women's Improvement Club, at which time she presented Mrs. Woodbridge with a large bouquet of carnations.

Greetings were given by Mrs. Edward Dexter Knight, President of the State Federation; Mrs. A. F. Jones, First Vice-President of the State Federation, and Mrs. Fisher R. Clarke, President Alameda District. Response to greetings was given by Mrs. George McCoy.

Greetings from afar were read from Mrs. Josiah Evans Cowles, President of the General Federation; Mrs. E. G. Denniston, Director C. F. W. C., and from Mrs. Robert J. Burdette and Mrs. James W. Orr, both Past State Presidents. Mrs. W. Streif, President of the Marysville Art Club, gave greetings and extended a welcome to the delegates.

Reports of officers and chairmen followed, and at the close of the session an automobile ride was given the delegates. The ride included a visit to the Bogue Wednesday Club, where an informal reception and tea was held, the hostess being the Bogue

club women. On Wednesday evening a reception was given to the district and state officers. An interesting program of music and addresses was arranged.

Thursday March 15, convention opened by singing "The Star Spangled Banner" en masse. The singing was led by the State Chairman, Mrs. Walter Longbotham, and the District Chairman, Mrs. Mary Carrington Miller. Mrs. Herbert Cable, President of the Legislative Council of California, explained the purpose of that body and spoke of the bills endorsed by the State Federation.

The main address of the convention was given by the State Chairman of Literature, who spoke on "American Problems and American Poetry." Mrs. Rheinhardt said that at the present time all America is seeking to find the truth and make evident the "straight Americanism." Taking this theme she read from contemporary writers of poetry, examples such as presented the problems of the masses. Mrs. Rheinhardt is at all times an inspired speaker, but on this occasion, whether it was due to her own patriotism being stirred to its depths in handling her subject, or whether the exigencies of the times forced her to utter her strongest appeal for straight Americanism in thought and deed, she gave to the audience that filled the hall the best that was hers to impart, and no one was there but must have felt that henceforth in so far as they were concerned "straight Americanism" must be all that it should be.

Friday, March 16—Reports of district and state officers, chairmen and club presidents.

### Reports of Committees

Report of Nominating Committee was as follows:

President, Mrs. L. D. Lawhead, Woodland; Mrs. C. E. Chappell, Grass Valley; First Vice-President, Mrs. Charles L. Donohoe, Willows; Second Vice-President, Mrs. F. W. Quast, Rocklin; Third Vice-President, Mrs. Lawrence Schillig, Yuba City; Fourth Vice-President, Mrs. O. W. March, Chico; Recording Secretary, Mrs. Ralph Skinner, Sacramento; Treasurer, Mrs. J. J. Wright, Jackson; Auditor, Mrs. H. M. Albery, Colusa.

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### Members of State Committees

Nominating, Mrs. Fred Merir, Woodland; Credentials, Mrs. J. J. Wright, Jackson; Resolutions, Mrs. F. W. Quast, Rocklin.

The Secretary was empowered to cast the ballot for all officers excepting that of President, the latter to be voted for by delegates. The election of President resulted in the choice of Mrs. Chappell of Grass Valley. Resolution passed: "Resolved, that it is the recommendation of this convention that the department work in the district be not over sixteen, as may be consistent with efficiency, and that the incoming President be authorized to so consolidate the departments as to meet this requirement." Under "new business" is was moved and seconded that the name of Mrs. Bradford Woodbridge be presented by the convention for Vice-President-at-Large of the State Federation. Motion carried. Invitations for the next convention were received from Red Bluff, presented by Mrs. L. L. McCoy, and from Chico, presented by Miss Lea.

### PARAGRAPHS FROM REPORTS OF DISTRICT CHAIRMEN CIVICS

Mrs. E. R. Cleveland

Nearly all of the clubs have sent in written reports on Civics. Their work has been of varied nature, each community having its own club house. Tree planting seems to be the work all clubs are interested in. Our completed state highway calls for beautification, and where this has been the inspiration for tree planting, it has spread over the little towns and cities. This is a permanent "California beautiful" work. Many clubs have clean-up days. This year the Colusa Woman's Club succeeded in obtaining for the children of the town more suitable films than had theretofore been exhibited. This was obtained by presenting a petition to the manager of the local theater.

There are many factors upon which depends the welfare of the community. Education in Civics is needed. Training for good citizenship must come before the child enters the school and must continue through school. In the family life the child receives the first impressions of co-operation and responsibility. The civic education of the youth should include elementary history and community civics. This will develop his social feeling, social thought and social action. Civics, history and economics should have for its immediate aim the training of the good citizen.

### CALIFORNIA HISTORY AND LANDMARKS

Mrs. J. J. Wright

The study of California History and Landmarks has occupied the attention of a large number of clubs during the year. Special mention in this regard should be made of the Bogue Wednesday Club, Yuba City, which has spent a number of years

in this study. A pilgrimage was made by the club to the old farm of Captain John A. Sutter, called "Hock Farm" from a tribe of Indians of that name. The Wheatland Civic Club and the Shakespeare Club of Placerville have each had excellent programs on this subject. The Orland Improvement Club is greatly interested in an effort to preserve an Old Indian Adobe, built by the Indians in 1842, which is one of the historic landmarks of Glenn County. The Woman's Club of Kelsey, El Dorado County, is interested in the preservation of the old blacksmith shop built by James W. Marshall. The movement has gained the approval of the governor. The James Marshall School of Sacramento, formally accepted and dedicated the Marshall Statue on February 18, 1916. This statue was presented to the school by the commissioners of the Panama Pacific Exposition. The Jackson Poppy Club and the Woman's Club of Jackson have each taken initial steps for marking and preserving the historic places and trees which abound in that vicinity.

### FORESTS

Mrs. Mary E. Pinneo

The creed of the National Educators Conservation Society reads: "Our American Institutions are man made; our national resources are God-given." It will require the united efforts of all our clubs and societies to assist the few great and

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wise people of our day who are unselfishly laboring to preserve, for all time, a portion of these God-given resources. The forces now destroying the forests are: people who intentionally or thoughtlessly set fires; lack of protective fire laws; the want of public support in the execution of the laws; lack of public appropriations to organize and protect all forest property; cutting off the best timber from private forests without regard to the crop which is to follow; unjust tax on standing timber; animal and plant parasites, and lack of public education regarding the economic, recreational and esthetic value of forests and how they may be conserved. Forests and wild life must have more friends if they are to be saved from complete extermination. We are asking you, club women and patrons of art, to give a small portion of your devotion (more if you will) to these living originals of many famous paintings—the trees. We ask you to become interested in this conservation problem and that your interest may become so far-reaching that congress and the State Legislatures will grant all demands for the preservation of the forests and wild life.

#### BIRDS, WILD LIFE AND FLOWERS

Mrs. P. B. Goss

The work of this department has indeed been a "labor of love" to me. It has been an inspiration to work with such capable women as Mrs. Harriet Williams Myres and Mrs. M. E. Pinneo, both our State and District Chairmen who have given many suggestions which have been of value to me. I have also had a very helpful co-operation from the State Fish and Game Commission through their representative Dr. H. C. Bryant, who addressed many clubs in our district. In my effort for promoting the conservation of our birds, wild life and flowers, I have written letters to each club of the District asking them to set aside a day which their club might devote to a discussion and study of these subjects. So many responses have been received that I believe a lively interest was awakened and that good results will follow. The little accomplished by our committee was done because of the hearty response of those whose assistance was sought. We should seek particularly to win the help of the boys and girls of our schools. They are the real beneficiaries of this work and that fact should be impressed on them. Bird life, game life, flowers,—these should have a place in the school curriculum of each boy and girl.

#### RURAL SCHOOLS

Mrs. B. F. Walton

There is sweeping over the nation a "back to the land movement" which while it seems to be far-reaching is more of a theory than an actual fact, for it yet remains true that the drift from the farms to the cities is still greater in volume than back to the land. Little attention has been given to country conditions until recently and to

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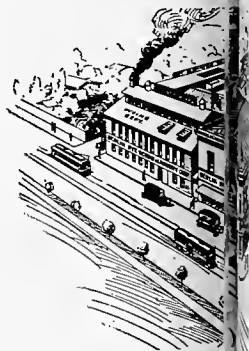


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this end the government has instituted a system of Rural Credits, which once put into operation will enable the farmers to secure financial aid at a low rate of interest and with long time payments which is intended to ease them of the heavy burden of the past. The Smith-Lever Bill and the establishment of Farm Bureaus with skilled Farm Advisers in charge, is offering opportunities to make farms better producers and to augment the income under improved methods of cultivation. The Federation of Women's Clubs is organizing the women into associations which tend largely to relieve the isolation and loneliness which render the home life of the farmer's wife so monotonous. The Educational Department of the state is making a strong plea for school facilities, the Public Health Authorities are ably safeguarding the health of the children through the institution of a Visiting Rural School Nurse, and the County Free Library will bring almost to the very door the best books for adults and children.

#### FARM BUREAUS

Mrs. E. O. Amundsen

Bulletins on the "County Farm Bureau," written by Prof. B. H. Craheran, head of the farm advisors in California, published by the University of California, have been sent to the clubs of the Northern District. Visits by Miss Lillian D. Clark, of the Home Management Department of the University of California, have been made to clubs in this district at my request, and speakers from the University of California have been furnished to speak on the Farm Bureau work. Any clubs wishing a speaker from the University on Farm Bureau, or on Home Management will kindly notify the Chairman and she will arrange a satisfactory date.

#### POLITICAL SCIENCE

Mrs. O. W. Kearns

Political Science is the simplest thing in the world to comprehend if we do not at first attempt to go too deeply into the study of Governmental history and Governmental forms. Practical experience at the polls and the effect of the process of change, the alteration of social and intellectual environment, the work of the Women's Legislative Council,—all should arouse the ordinary voter from actual indifference and absorption and bring her to take an active interest in the exercise of her full political rights. This, however, can only come with the growth of vigorous public sentiment in regard to the duties of a citizen, stimulated by the object lessons afforded by rampant corruption. There are many ways of gaining a knowledge of this subject by organizing open forums in the community or town where all questions pertaining to politics may be freely discussed, by becoming familiar with the state constitution obtained through the courtesy of the State Legislative Council, which also includes a

History of our Flag, Treaty with Mexico, Initiative and Referendum and other valuable information; and the reading of Royal Dixon on, "What Women's Organizations Can Do," in his "Americanization." Copies of the questionnaire, reprinted from *The Clubwoman*, a Survey of Registration, voting and political activities of the women of California for the purpose of getting accurate statistics and data which will properly represent the women of the state to the rest of the country have been sent to all the clubs in the district.

#### FEDERATION EXTENSION

Mrs. George W. McCoy

Eight new clubs have been added to the district, the membership to date being 3815. A letter from the state corresponding secretary announced that the Northern District thus far was the banner district in regard to new membership. New clubs are as follows: Bangor Improvement Club, Mrs. Whittier, President; Lakeside Literary Club, De Witt, Lassen Co., Miss Annie Bailey, President; Esparte Home Improvement Club, Miss Agnes McCarty, President; Honeut Woman's Improvement Club, Mrs. Sylvester, President; American River Arbor and Social Club, Mills Station, Mrs. A. Hansen, President; The Maternity Hospital Bed Association, Sacramento, Mrs. Raekerby, President; The Women's Club of Kelsey, Slatington, Mrs. M. Roberts, President; The Women's Civic Club, Williams, Mrs. T. C. Comstock, President. On February 17th, I

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organized the Women's Club of Loomis, Mrs. Osum, President. In this I was assisted by our corresponding secretary, Mrs. F. W. Quast; our Rural School Commissioner, Mrs. B. F. Walton, and President of the new Placer County Federation, Mrs. C. Schnabel. The gospel of the Federation has been the message of your chairman, whether spoken or written, and great effort has been made to cultivate true club spirit.

### HOME ECONOMICS

Mrs. Albert Ross

The message I wish to impress on this convention, and have each member carry to her home club, is this: Let each and every club woman enter a protest against the prices we are now paying for food, clothing and everything we buy. I am a farmer's wife, and if it were the farmers who were making this immense profit on produce, I would be glad, as they need to make something. But the farmer sold his potatoes at about \$1.50 per sack. He had to sell, and until he did sell the prices could not be forced up. It is the middleman who buys cheap, holds, corners the market and makes the consumer pay. The producer should come into closer relation with the consumer. The producer has so little to sell he must take what is offered; the consumer buys in small amounts, he must pay what the commission merchant rules. Let us demand legislation to meet the high cost of living. The food and market problem is a large one; no one person nor club can solve it; but together we can make such a cry that it will be heard across to Washington, gaining strength as it goes.

### SOCIAL SERVICE

Mrs. F. J. Mezger

The Women's Club of Jackson affirms that this is the most popular work of their club. This club has kept a boy in high school and expects to send a needy child each year. The club also has established a day for medical and dental examinations in the schools. The three clubs of Chico assist the Girls' League, an organization in the high school. The Maywood Woman's Club of Corning give community socials and are planning community musicales. Dutch Flat reports teas, a play and a concert as social gatherings. Thermalito Club of Oroville contributed to the Belgian relief and to local needy families. Monticola Club of Susanville gave a Mothers' Day program and invited every grandmother in the town to join, furnishing automobiles to take them from and to their homes. The Kingsley Art Club of Sacramento brings to Sacramento and sends to smaller towns at their own expense exhibits of paintings, etchings and prints. Woodland Town and Country Club reports sale of Red Cross stamps and contributions to Belgian relief and Child

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Labor work. The Maternity Hospital Bed Association takes care of expectant mothers who could not procure proper attention otherwise. The Tuesday Club of Sacramento has given special attention to fighting the white plague, for which they have provided large tents and cared for sixty patients, besides doing much to help different individual institutions along this line.

#### EMPLOYMENT AND INDUSTRY

Mrs. B. F. Woener

This month, March, 1917, a Federal Employment Bureau was opened in Sacramento and a Woman's and Girls' Division is to be added. The establishment of this federal bureau in the heart of the Northern District is partly due to the co-operation of the Club Women with the United States Department of Labor, and we may claim this much credit for it. Mrs. Barfield of San Francisco, a federal appointee, is one of the best informed women in the west on the subject of Industry and Employment, and will be very glad to send out any and all information within the range of her work upon request. Address Room 108 Customs House, San Francisco.

#### CLUB HOUSE LOAN FUND

Mrs. W. E. Craig

Letters were written to the sixty-four clubs whose names are in the year book. The following have responded:

Shakespeare Club, Nevada City.....	\$3.60
Saturday Afternoon Club, Quincy.....	1.00
Woman's Improvement Club, Sutter Creek .....	1.00
Women's Civic Imp. Club, Portola.....	2.00
Total .....	\$7.60

#### ART OF NORTHERN DISTRICT CONVENTION

Miss Mary Patten, Chairman

As chairman of Art of the Northern District, I am glad of this opportunity to thank the people of Marysville who have made it possible for me to illustrate in a pictorial way the work done in my department during the past year. But above all I am glad of an opportunity to congratulate the art sections in their happy choice of subjects and models. These selections were made in all cases with so much care and discrimination, that they might have been the original models selected by the artists themselves when they made their canvases.

There were fifteen living pictures posed by as many clubs, extending from Yreka on the north, to Sacramento on the South. Each club selected its painting from the school of art studied by it during the past year. Choosing such pictures as some one of its members could fittingly impersonate. This choice was the most significant and far-reaching feature of the exhibition, since it involved most discriminating preparation



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and also created a stimulus to like shows by individual clubs.

The program was arranged as follows:

(1) Hurdy Gurdy Girl, by Karl Piloty, posed by Elsa Geiser. This painting hangs in the Crocker Art Gallery, Sacramento, and was presented by the Museum Association. (2) The Duchess of Devonshire, by Gainsborough; presented by Mrs. Will Devlin; Kingsley Art Club, Sacramento. (3) Madame De Gueydan, by Langilliere; presented by Mrs. J. Q. Brown; Tuesday Club, Sacramento. (4) Titian's Flora; presented by Mrs. C. Edwards; Art Club, Chico. (5) Marriage of Virginia, by Raphael; posed by five young ladies from Marysville Art Club. (6) Women Weighing Pearls, by Vermeer; presented by Mrs. Hall Kerr; Yreka. (7) Hosea, by Sargent; posed by Mrs. Gertrude Kirk; Placerville Club. (8) Whistler's Mother; posed by Mrs. L. H. Verge; Willows. (9) The Sisters, by Hoppner; presented by Mrs. A. H. Martin and Miss R. E. Griffin; Roseville Improvement Club. (10) Broken Pitcher, by Greuse; posed by Lois Art Club; Grass Valley. (11) The Magdalene's Vision of Christ, from an old tapestry in the Louvre; presented by Mrs. C. R. Bender; Improvement Club, Live Oak. (12) Beatrice d'Este, by Leonardo Davinci (formerly so-called); posed by Miss Sallie Mulligan; Woman's Club, Auburn. (13) Portrait of a Lady, by Rembrandt; presented by Mrs. Kiito; Study Club, Woodland. (14) Rembrandt's Sister; posed by Mrs. E. L. Hunt; Arts and Letters Club, Woodland. (15) Girl With the Muff, by Madame Le Brunn; posed by Mrs. Greigs; Orville.

As we passed from one picture to another it was my privilege to give an interpretation of each and to call attention to the varied art interest of the Northern district. Mrs. Purnell, president of the Sacramento Tuesday Club, spoke briefly of the new women's building on the State Fair grounds, and commended the successful efforts of the few club women, who under my direction, succeeded in assembling therein the California

art exhibit, which was of such a high character as to be a worthy standard for future State fairs.

Appropriate music was rendered by Mrs. Wallace Hemphill of Roseville, Mrs. J. Edwards of Willows, and Mrs. Freeman of Los Angeles, who nearly succeeded in out-whistling Whistler.

The art conference at the library, conducted by Mrs. Rose V. S. Berry, State Chairman of Art, was well attended and greatly helped us to a better understanding of the Northern district. Traveling collection of American art was hung around the room and referred to in schools.

#### MUSIC NORTHERN DISTRICT CONVENTION

Mrs. Mary Carrington Miller, Chairman

The music of the Northern District Convention at Marysville holds a unique position in the annals of clubdom. The present chairman believing it best to concentrate all efforts into one splendid program, where the musical atmosphere reigns supreme, music was cut from morning sessions, with but one or two numbers during afternoons and evenings. Community singing was encouraged by the appearance of a well-drilled double quartet from Fair Oaks, that was much admired, and one of mixed voices from Marysville. Miss Alice Juch sang with much youthful grace and beautiful effect. Mrs. Porter gave songs that were most highly appreciated. Miss Winifred Cadman in piano solos and Mrs. Hemphill of Roseville charmed with their serious work and beautiful renditions. The brilliant affair of the convention, however, was the concert given in the Marysville Theatre, fully 1400 people being present. It was a distinct surprise to hear these superior artists from all over northern California, whose work would be much sought after in any music center.

Mrs. Frances Hamilton compares favorably with many operatic stars in her coloratura work and emotional temperament. Mary Kendall is a young girl, possessed of unusual talent and student qualities. Miss

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Winnie Brand, a pianist of long standing artistry, and Mrs. Longbotham in her Sacred Song Cycle, are too well known for further comment.

Mrs. Florence Mills was trained and gave concerts in Vienna with great success, her technical fluency being superb. Miss Irma Brockman has a beautifully-trained voice and charm not often found. Mrs. A. L. Miller, Northern District Chairman of Music, received her pianistic education in Europe, where she toured for a number of years, later becoming known in San Francisco and northern California.

The foregoing simply shows the caliber of musicians now active in the district.

Miss Carrie Freeman, State Chairman, gave her wonderfully beautiful bird calls, and added much with her charming personality.

Misses Hale, Gable and Mrs. Schleur proved splendid accompanists. There has been a steady growth of interest in the music department, owing to the many lectures given by the chairman throughout the district, besides piano recitals and other concerts. The result has been the establishment of deeper lines of reading that broadens the viewpoint on life, as well as music. A greater respect for music and for musicians, being followed by many more concerts, instead of sandwiching in a bit of music on so many general programs. Another policy has been to gain recognition for artists throughout northern California, and to encourage young students to appear in public, and take active part in clubs. Artists have resumed their practice, given a chance to grow, and once more felt the joy of public appearance, giving untold pleasure to music lovers.

Ten clubs own pianos, others give free Sunday concerts with unqualified success.

Mrs. B. F. Walton gave a second cup for competition, which goes to the music section having the finest program for the year, and to be held only so long as their programs continue superior. Mrs. J. H. Stine-man was much complimented by the chair in awarding the trophy to the Roseville Woman's Improvement Club. The concerts given during the conventions of the last two years are the most convincing proof of the success of the music policy of northern California. The music department is in its constructive period in this district, and it is safe to say that nowhere in the State has the art been given more splendid recognition than it has in northern California.

#### ITEMS FROM REPORTS OF INDIVIDUAL CLUB PRESIDENTS

##### MARYSVILLE ART CLUB

Mrs. W. Streif, President

Efforts have been centralized on the convention and the Art Club members have proved most loyal, capable women, working together in perfect harmony for the success of the convention.

The Art Club had a very successful year.

Every debt was paid. This was accomplished by the special edition of the newspaper which was gotten out during the summer. After two years of work as president I would speak for more study sections. I believe the best work can be accomplished by smaller study classes than from the open meetings, although the latter is of vast importance.

##### SHERIDAN WOMAN'S CLUB

Miss A. French

The most gratifying part of our work for the year has been the purchasing of a club house, including a piano and chairs. As Sheridan had nothing to offer in the way of entertainments and dances where the young people and parents can attend we hope to be able to supply this very essential need.

##### ORLAND WOMEN'S IMPROVEMENT CLUB

Mrs. M. T. Harrington

Two of the federation chairmen have visited our club and have given splendid talks, the first was Mrs. B. F. Walton of Sacramento, who spoke on the consolidation of rural schools and the need of a visiting school nurse; the second was Miss Mary Patten who gave an illustrated lecture on pictures, which were obtained through the county library. The work of the club is principally civics, and at present it is busy raising money for the planning of a town park.

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**WESTWOOD STUDY CLUB****Mrs. Fred J. Davis**

This is a study club, and it has taken for its major work of the year Home Economics. Once a month there is a social evening at which the husbands of the members are invited. Last year the club improved the children's playground. The club works hand in hand with the Parent Teachers' Association, which has over one hundred members, and together the organizations finished the interior of the public school, which contains nine rooms. The club is interested in establishing a matinee on Saturday afternoons for the children and in arranging for a Child Welfare Week.

**BOGUE WEDNESDAY CLUB**

This is a country club with a capital "C", as most of the members attend through rain or shine for from two miles to six or seven miles. Many, of course, have machines in which to travel but others still cling to the primitive horse and buggy. As to which of these modes of conveyance is best or most reliable it would be difficult to say, as, at one of the last meetings, an automobile was balking at one side of the club house while a horse balked at the other. The owners got the self-starters working on both rigs at about the same time, six o'clock in the afternoon. Like our big sister of Sacramento, we have tried to eliminate departments and have had some of our department work on regular days. We have taken mainly, the last two years, the study of our own country. We have paid for our own piano and give the use of it to the community for church and Sunday school purposes. We have had a fine average attendance of forty to sixty members.

**RED BLUFF IMPROVEMENT CLUB****Mrs. L. L. McCoy**

The club has on hand almost one thousand dollars for the purpose of buying a park on which to build a club house. We have observed the anniversary of our poets. Shakespeare day was observed most fittingly and several of the members who had visited his birthplace gave interesting talks. We also celebrated our eighth anniversary with high jinks, arranged especially for the members. The decorating committee purloined clothes of the president and past president and dressed wire figures, with placards, etc., to caricature us. A comic drawing of our proposed club house hung on the walls. The program was in keeping with the occasion and caused much merriment. We are now working with a committee from our Chamber of Commerce in an effort to have trees planted on the main highway leading into our city.

**THE WOMAN'S COUNCIL, SACRAMENTO****Mrs. H. W. Adams**

Situated as we are in the capitol city has possibly given to our work the aspects of local interest, but it has been from the con-

# A Home Product

It is with a sense of pride that we place a sack of Sperry Flour in your home. Since 1852 we have been milling an absolutely uniform dependable flour and we believe that you will find within a sack of Sperry Flour the most satisfactory and nutritious food stuff obtainable.

Your grocer, the up-to-date merchant, sells Sperry Flour and Cereals with the feeling that he is pleasing his customers.

Moral:--Buy Sperry Flour



viction that the entire state needed and was entitled to the wonderful advertising and the far-reaching advantages of a bigger and better state fair that we have tried to reach every part of the state with offers of our assistance in furthering their aims and purposes. The Council is also interested in, and anxious to have, municipal garbage collection introduced and is endeavoring to formulate a plan by which the city will have such a plant in working order in the near future.

#### WHEATLAND CIVIC CLUB

Mrs. Helen Waltz

The club is working particularly on a County Free Library and hopes before another year to have this established. As a result of the club's money-making efforts it has \$1,266.00 in the savings bank toward purchasing a site for a branch library when the time is at hand. This year is being given to more social features, for the club and a committee on arrangements for entertainment gives profitable programs, to which the public is invited.

#### YREKA WOMAN'S CLUB

Mrs. M. R. Kerr

This year our club has given its attention to a general survey of the history of painting from early Italian art down to the present time. Through the county library the club has been able to draw from the state library at Sacramento much valuable reference in books as well as numerous fine reproductions of the world's masterpieces of paintings. Remote as we may be from the great centers of art, these pictures have been of incalculable assistance to us.

#### ESPARTO HOME IMPROVEMENT CLUB

Mrs. Geo. McCarty

The Esparto Club slogan is: "Esparto leads, and others follow." The work of this club is mostly philanthropic and it gives aid whenever and wherever called upon. The programs have been miscellaneous, viz., Household Economics, Pure Food Laws, Civics, and we have tried to put this information into practice. The club is helping

### "Cook by Wire"

Electric cooking is the clean, cool, convenient way; the modern way; the scientific way; the push-the-button way.

Why?

Because: It is absolutely clean. No fumes, no odor, no dirt, no hot kitchen, no fuel to bring in or ashes to carry out. Kitchen clothes are no longer a necessity. A party dress is perfectly safe, and the work is SO much easier. Meals are cooked by the turn of a switch and toil and soil are no more.

Food cooked by electricity has undoubtedly a better flavor and further, there is not the shrinkage of quality which is so marked when other fuels are used.

the students of the high school to pay for a piano. It has given a musical program to the community and has had a reciprocity day for the clubs in the county, besides treating the husbands to a chicken pie dinner on Valentine evening.

#### WOMAN'S CLUB OF COLUSA

Mrs. C. O. Jordan

The Colusa Club has had this year two objects in view,—to create a new and more intense interest; and to gather funds for a club house. Once a month a tea for social purposes only is given at which music is provided. Since the holidays, the chairman of the red cross work has had meetings every week at which sponges and compresses are made. We have had talks on legislation, art, pottery, literature and current events. Under Child Welfare a lecture was given on Sanitary Milk, by Dr. Norman Neilson. Through this we are hoping to have the October milk law enforced.

#### PORTOLA WOMAN'S IMPROVEMENT CLUB

Mrs. A. J. Long

One of the most trying problems for our club has been the snow. The club has hired men at 50 cents an hour to shovel snow from the business streets and keep the side-



### The Utmost in Biscuits

Usually found under the well known "Swastika Seal of Bakery Perfection."

Note the mark and insist upon it from your grocer.

PACIFIC COAST BISCUIT CO.

walks cleared to the depot. The club has also contributed \$25.00 toward building a playground on a vacant square of the town, and on May 28th, 1916, it had a clean-up day, in which the business people and residents co-operated. The club built a sidewalk from the end of the residence section to the school house at the cost of \$50.00, gave a play from which it derived \$46.00, a supper which cleared \$36.00 and a dance which netted \$35.00. The club co-operated with the teachers in giving a Christmas tree for the children, and used its influence in retaining a fine physician and surgeon, Dr. S. M. Sproat, who was intending to resign from the railway hospital, which is located in Portola. The club is now endeavoring to secure the highway through the Feather River Canon. The town, and club is situated not far from the Feather River Inn, has all the summer sports and is an ideal spot for tourists. It welcomes you all to come.

#### MONTICOLA CLUB

Mrs. Ada L. Hart

The year's work of the Monticola Club began by giving the operetta, "Iolanthe", with about thirty-five of the local young people in the caste. They were coached by a lady from Palo Alto. Owing to the expenses entailed, only a small sum was realized, but the young people profited by the experience and they were afterward tendered a reception. The club decorated a float for the Fourth of July and gave a program and dance on Halloween and New Year's Eve. In November it had a Reciprocity Day, at which time our beloved Northern District President, Mrs. Bradford Woodbridge, Mrs. McCoy and Mrs. Walton were present. The club has appointed a committee to solicit donations for a fund to replace the monument of Peter Lassen, which is rapidly crumbling away. It also pays an attendant to keep open the County Library in the evenings. Four of the members are on the Board of Health, and four others are members of the Juvenile Committee. Congressman Raker has taken up the matter of helping us to secure a Carnegie Library building, to be placed on the ground in the Court House Square. The silk quilt reported last year netted over \$36.00. Our splendid silk flag, nine feet long, is always on display in our reading room. We have a committee working on the purchase of a club home.

#### WOMAN'S CIVIC CLUB OF WILLIAMS

Mrs. T. C. Comstock

The Woman's Civic Club of Williams was organized two years ago for the purpose of improvement. The first year was hard, the second still harder but it brought better results. The club established a clean-up day and secured a place outside of town where refuse could be disposed of. It had a poundmaster appointed, placed numbers and names on street corners, has had pipes laid

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*Endorsed by the*

## California Federation Of Women's Clubs

Extended to you is the same invitation that Dr. Lulu Peters, Chairman of the Health Department, accepted. Dr. Peter's rigid investigation resulted in the unqualified endorsement of America's Cleanest and Finest bakery. We have **PROVEN** now that **Perfection** is the **Best** bread that you can buy.

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for a drinking fountain which will be installed as soon as possible, and has signed for a course of lyceum lectures for next winter. It has fitted up a room for a county free library and one of the members has offered her services as custodian. The club has thirty-two members and a bank account of \$200.00.

### THE AGRICULTURAL CLUB OF GRASS VALLEY

Mrs. G. F. Chappell

The Agricultural Club of Grass Valley has devoted the year to a course of study of the "Budget" and its relation to food, clothing, shelter, co-operating expenses and higher life, as suggested by the different universities. The summer meetings of the club are devoted to social sessions only, having outdoor meetings at the ranches of our members. The greatest achievement of the club is still to be accomplished, as it is planning a paper and magazine clean-up day to raise funds to assist the Boys' Agrio Club of the high school, which is an organization of rising young farmers.

### KINSLEY ART CLUB OF SACRAMENTO

Under the able leadership of Miss Mary C. Patten, the Kinsley Art Club has enjoyed an interesting and profitable year. An exhibition of the paintings of Mr. Selva of Carmel was given and one of his most beautiful pictures is owned by the Y. M. C. A. Through Mr. Track, director of the fine arts palace P. P. I. E., a large exhibition of American art was secured and with the co-operation of the Board of Education was carried through successfully. This exhibition contained forty-eight pictures, representing the most interesting phases of American art. During the exhibition, Miss Patten brought together many of the ladies of the Northern District for an art conference and in connection with this conference a lecture was given by Mr. Track. The pictures remained on view for an entire month and were seen by thousands of people. This exhibition was an achievement of which the club is justly proud.

### WOMAN'S IMPROVEMENT CLUB OF ROSEVILLE

Mrs. W. H. Masters

The year's work began with a program at the State Fair Sacramento, in which twenty-five high school girls gave a Spanish song in costume.

One day was given to "Our Schools", Dr. Margaret Shallenberger McNaught and Miss Burns, County Superintendent, were speakers. One day was devoted to Child Welfare. The club has a department for each department in the federation and each department has had a part of our program. The Music Department often brings in the children of Roseville with splendid success. The Annual Chrysanthemum Show was a fine success and inspired more interest in the growing of flowers. The Rose Festival is in

April. The club holds a Half Hour of Music for the public on Sunday afternoons, and through the Social Service Department Thanksgiving and Christmas boxes were sent to all who were reported as needy. The Civic Department had a day for selling old newspapers and magazines, through which it realized a neat sum. Through the instigation of this department also trees are being planted in the park, and the club, as a whole, has started a movement for a new club house. A local chairman on Political Science has been appointed to hold an open forum for discussions on important measures before the legislature.

### LOCAL PRESS COMMENTS ON THE NORTHERN DISTRICT CONVENTION TRIBUTE TO MRS. WOODBRIDGE

As the convention drew to a close, unusual tributes were paid to the retiring president, Mrs. Woodbridge.

Mrs. David Powell rose to a point of personal privilege. She said she wanted the privilege of expressing her opinion of Mrs. Woodbridge. She began a journey down the alphabet, using each letter to begin another adjective expressing the qualities of the retiring president.

#### All Adjectives Used

"Able, beautiful, charming, dear, efficient, firm, good, honorable intellectual,"—then she paused for want of breath, and said she could have gone right down to Z for zealous, but it was unnecessary as everybody in the room could do the same thing.

#### Ring Presented

Then on behalf of the convention, Mrs. Powell presented Mrs. Woodbridge with a diamond ring.

"I've been betrothed for a long time to all of you," said Mrs. Woodbridge, "but it seems that the words which ought to accompany this gift are 'with this ring I thee wed.' And for my part I promise to love, honor and obey until death do us part."

#### Wish Is Granted

Mrs. Woodbridge said her great longing has been fulfilled. She had wanted to open and close her convention and good health had granted her wish.



*You can do better Baking*

Give it a Trial and be convinced

FOR SALE AT  
**RALPHS GROCERY**

and other first class grocery stores

### DISTRICT NEWS LOS ANGELES

Mrs. Clarence Van Graham, Chairman.

Thirty members of the Southern California Woman's Press Club report work that has been sold since the first of July, 1916. This includes poetry, songs, illustrations, scenarios, feature articles, short stories, serials, humorous paragraphs, a full length comedy, a full length novel, a book of short stories, a grand opera libretto and the publishing of a magazine.

This club was founded twenty-three years ago by Emma Seckle Marshall and Mrs. Edward Ellis, whose husband, a popular writer of boys' books, died last spring. Mrs. Ellis plans to return to Los Angeles and resume activities with the club. Mrs. Marshall still retains a place on the Directorate of the club as Chairman of the Section work. Two years ago she started a little short-story club with Miss Ellerbe, the present President of the Press Club as leader. The idea proved a happy one, and the little organization, composed mostly of members of the Press Club, became a regular part of this club. During the past year several other sections have been organized, so that the club now offers its members technical instruction and expert criticism in several styles of writing.

Not every club in California has the distinction of being "featured" in one of the big New York dailies. This honor fell to the Woman's Improvement Association of South Pasadena through one of its humble members, in a story picturing the recent "Community Day" activities of the Civic section. Nor is the club without honor at home, the monthly post-luncheon talks bringing out speakers famous as well as interesting, and the twice-monthly programs giving entertainment, varied and instructive.

Under the able leadership of Mrs. Jonathan S. Dodge, President, all departments of the club are in a most flourishing condition, with an appreciable increase in membership for the year, bringing the total up to 325. The Philanthropy Committee, through the collection and sale of old newspapers augmented the fund to endow a bed in the Children's Hospital.

The Social Service Committee from an evening concert netted fifty dollars to assist in their work among the women at Juvenile Hall Hospital. The monthly open dances, make of the Club House a social center for South Pasadena and environs. The Mask and Wig Section, directed by Miss Louise Dodge, made its histrionic bow in a creditable presentation of "Neighbors" (by Zona Gale).

The South Side Ebell Club was organized for the express purpose of filling a long-felt want of a Woman's Club in the South part of the city. The aim of the club is for the intellectual advancement and mutual benefit, not only of club members but for the Community. The club federated in July last with 35 members, it now has a membership of 259.

Surely from such a small beginning and the success of the two years is proven the club motto:

"We have launched  
Where shall we anchor?"

### NORTHERN

Mrs. J. H. Steineman, Chairman

A forum for the study of political questions has been formed in Roseville under the direction of Mrs.

O. H. Kearns, Political Science Chairman of the Northern District. Mrs. T. J. Jones will preside at all meetings which will be held separately from regular club meetings.

Mrs. David Powell of Marysville, the efficient Vice President of the District has assumed charge of all District business during the continued illness of Mrs. Bradford Woodbridge.

Tree planting is certainly one of the favored plans among Northern District Clubs at this season of the year. The Civic Committee of the Auburn Improvement Club has placed an order for 200 Oriental Plants which will be planted along the streets of the business section and the resident districts of Auburn. The club has appropriated the money for the trees and the planting will be done by the members of the Auburn Commercial Club, under the supervision of the Civic Committee and the County Farm Adviser.

The Club women of Oroville, Roseville and of Marysville are making similar arrangements for spring tree planting.

### WOMAN'S THURSDAY CLUB OF FAIR OAKS

Mrs. Walter Longbotham and a group of able assistants gave a musical program at the Woman's Thursday Club of Fair Oaks on March 8th. This club is proud of the fact that Mrs. Longbotham has been an honorary member for many years.

With her usual graciousness Mrs. Longbotham gave two numbers from the sacred song cycle "Mary" by Paul Bliss. Before singing she explained that the songs represented scenes from the life of the Mother of Christ.

Instrumental selections were given by the Misses Constance Mering and Mary Kendall; Miss Eneone rendered two vocal solos with Mrs. McLivain at the piano; the club octette by request gave several numbers.

Mrs. J. J. Hoey, as chairman was assisted in receiving by a number of club members and dainty refreshments were served at the conclusion of the afternoon program.

### SOUTHERN

Instead of a Civic program at their Clubrooms, the Winchester Woman's Club advertised a community gathering at the school house on a Saturday. The men cultivated trees, trimmed the palms, and set in cement the posts for a horizontal bar and teeter board. This playground apparatus was presented by the Club. At noon the women served a bountiful dinner with hot coffee, and the school phonograph was used for a concert.

The most thoroughly enjoyed program on Art in the history of the Saturday Afternoon Club of Banning, was given March 24th when Mrs. Wing, the Club President, secured Miss Anna A. Hills of Laguna Beach, and Miss Evelyn Nunn of the High School Faculty, who spoke on "The American Art Student at Home" and "The American Art Student Abroad." Both artists exhibited a number of canvasses at the close of the meeting. Both are members of the Southern California Art Club. Miss Hills has spent four years abroad and her pictures from Belgium, Holland, and Cornwall were delightful. Many of her splendid canvasses made of the mountains around Banning will be on exhibition at the Kanst Studio in Los Angeles in April.

(Continued on page 29)



## BESGRADE FLOUR

is the ONLY flour in Southern California that is packed in sanitary, PAPER-LINED, dirt-proof sack. It is 100 per cent "clean and good." Thousands of housewives have found it to be the BEST AT ANY PRICE for bread, biscuits and pastries. Bake your own bread with "BESGRADE" and save 40 per cent of your bread bill.

GREAT WESTERN MILLS

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# HOME DEPARTMENT

## PROTECTING THE PUBLIC

The advertisements of foods and foodstuffs which appear in this and coming issues of *The Clubwoman* are from firms which have in every respect conformed to the rigid requirements laid down by the Department of Health, C. F. W. C., as a part of its present campaign for the protection of the public through the elimination of impure foods and food materials. In every case, before a food advertisement is accepted for the official magazine of the Federation, the plant or establishment is thoroughly inspected by a special committee named for the purpose by the Department of Health and composed of qualified experts on the subject. The appearance of such an advertisement in *The Clubwoman* is consequently prima facie evidence of purity, reliability and patronage worth.

The work of the committee has now been extended to include the inspection of laundries and other establishments whose work affects the public health.

At the head of the department's committee of inspection in the South is Dr. Lulu H. Peters, M. D., Chairman of the Department of Health for the Los Angeles District.

At the head of the department's committee of inspection in the North is Dr. Mariana Bertola, M. D., Chairman of the Department of Health and Child Welfare of the San Francisco District.

The Federation campaign in behalf of California-made products as opposed to those of the East has made remarkable progress, as is shown by reports received from the manufacturers of these products and from consumers who now buy them exclusively. A third class from which co-operation in the work is almost indispensable are the retailers. It is a regrettable fact that some of them have not yet apparently awakened to the fact that it is to their interest in the long run to endeavor to promote the sales of California goods rather than Eastern, even though the latter may offer a slightly larger temporary profit.

If every grocer, for example, in California competently informs himself on the subject of California goods and makes an honest effort to sell them to the exclusion of outside products until all consumers have had adequate opportunity to compare them in merit, the Home Products campaign will quickly come to an end for sheer lack of anything more to do. **SOMETHING TO TRY.**

The really great importance to every town in California of their own residents spending even so small a sum as one dollar with the local merchants, instead of sending it away to the mail-order houses, is strikingly illustrated by an account given by Executive Secretary Charles R. Thorburn, of the Home Industry League of California at the last meeting of the members.

"Hearing about the successful manner in which the 'Buy-at-Home' campaign is being conducted in California," said Mr. Thorburn, "the Retail Merchants' Association of one town decided to put to a practical

test the actual purchasing power of a single dollar, and its debt-paying capacity, when kept at home and used in trade channels in the town where it was first earned. This compared with a similar dollar sent to Chicago for a mail-order, whence the dollar could never return to the town from which it was sent after being first earned.

"A dollar bill was labeled by the Merchants' Association, the label requesting all receivers to spend it for nothing except home-grown or home-made goods at some local store; each tradesman receiving it to put his own name, amount of purchase and the date of receipt, on the label,— the man who received it on the 30th day to send it back to headquarters of the Association which would give out a second dollar in its place.

"At the end of the thirty days it was found that sixty-eight merchants in that small city had made as many sales in which this dollar had been used as payment, or part payment, and of these sixty-eight trade beneficiaries two of them were the owners of the two local semi-weekly newspapers of which in twin received it, at different times during the month, for the payment of a total of seven subscriptions."

## ONE HUNDRED PER CENT

To its roll of honor of manufacturers pledged to the exclusive use of raw materials produced exclusively in California *The Clubwoman* is gratified to add the name of the Golden State Macaroni Company, of Los Angeles. Mr. J. D. Cornwell, manager of this progressive firm, announces that it is now using one hundred per cent. California flour in the manufacture of its products.



REPORT OF THE SOUTHERN DISTRICT  
CHAIRMAN OF MUSIC

Mrs. Alba J. Padgham

On March 6th the Chairman visited the Woman's Improvement Club, at Corona and gave a lecture recital with musical interpretation. The Club is planning a wonderful Pageant to be given soon.

March 12th the La Jolla Woman's Club gave a wild flower afternoon which every club should have once a year.

March 13th the Literary Section of the San Diego Club was visited and much enjoyed.

March 14th the Escondido Woman's Club entertained the District Chairman who gave a lecture recital assisted by Mrs. H. W. Beers.

March 15th the San Pasqual Woman's Club gave a wonderful Indian program. Old Morales, the aged Indian, gave three real Indian songs.

## ALAMEDA DISTRICT

Mrs. A. W. Keitle, Chairman

## EBELL

Plays written by clubwomen have become quite a feature in club life. Recently the Ebells Club of Oakland produced "More Than Forty Years Ago," written by the former clever president, Mrs. Charles J. Woodbury. It was produced at their recent anniversary and was such a success that it is to be repeated again at the request of the Home Club.

## TWENTIETH CENTURY CLUB

Among the many pleasant meetings of the Twentieth Century Club was the recent afternoon devoted to Henry Kendall Bassett's reading. He delighted the members with his rendition of the "Lady of Shalott," with musical accompaniment. He also gave a Russian and Japanese story concluding the program with his well known "Humpty Dumpty." Mr. Bassett is particularly famous for his children's stories, believing that one should never out-grow the enjoyment of fairy tales and other childhood stories.

This wide awake club is planning a unique Armenian benefit to be held in their Club House. A fine program of Armenian music is assured.

## NILES CLUB

The Niles Woman's Club have been displaying their dramatic talent. Recently "The Patriotic Girl" selected as appropriate to the times, was creditably

presented by eight of the club ladies to the satisfaction of all present.

## MILLS CLUB

Longfellow's "Hiawatha" set to Indian music, written by Mrs. Saidie Knowland Coe and arranged from genuine Indian themes was given by Miss Bertha M. Clark, one of the well known dramatic bay readers, at a recent meeting of the Mills Club of Alameda. Beautiful music added to the afternoon's enjoyment.

## OAKLAND CLUB

The Oakland Club recently had the pleasure of listening to Dr. Leomie Fordham of Geneva, Switzerland, who spoke on "The World Union of Women." Dr. William Day Simonds was an additional speaker.

## ADELPHIAN CLUB

One of the most interesting meetings recently held by the Adelpian Club of Alameda was the afternoon in charge of the Household Arts section. Mrs. George C. Percy curator of the section was the interesting speaker who told many facts worth knowing about tapestries, floors and floor coverings, a subject to which she has given much thought and study. She told the history of the development of the different tapestries and of the inlaid floors which in themselves show the development in one way of art as a whole. She told of the weaving of the tapestries and of their historical significance as well as the history of some of the most famous tapestries. Her audience was deeply appreciative and gained much.

Mrs. Jean Grubb, District Chairman of Economics and Mrs. Padgham visited the Placencia Round Table on March 21st, and Woman's Club at Huntington Beach on the 27th of March.

The Orange County Convention meets at Anaheim on April 14th.

Fullerton has organized a new Woman's Club.

The Santa Ana Ebells gave a luncheon on March 31.

## SAN JOAQUIN VALLEY DISTRICT

Mrs. J. E. F. Edwards, Chairman

The month's club interests of the San Joaquin Valley District, opened with the regular meeting of the Executive Board. An exceptionally large attendance marked the occasion, and the session was pro-

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The club women of this state helped pass the Torrens law.

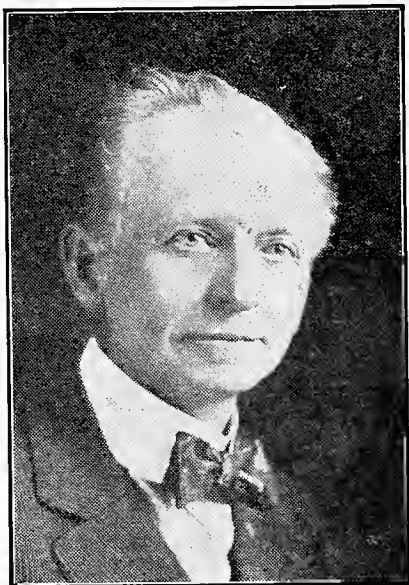
Become acquainted with its practical use by writing for our Booklet, "The Torrens Title System in California." (It's Free)

**Torrens Title Registry Co.**325-27 SOUTH HILL STREET  
Los Angeles

The largest and Most Complete  
Torrens Plant in the State

*"Fleischmann's yeast is splendid yeast. Bake with Fleischmann's yeast".*

## The Best Mayor Los Angeles Ever Had



**MEREDITH P. SNYDER**  
CANDIDATE FOR MAYOR

He has a record of constructive achievement.

He stands for a morally clean city.

He inaugurated municipal ownership in Los Angeles.

He prevented spread of saloons into the residence districts.

He placed a limit on the number of saloons.

He secured adoption of civil service.

He stands for industrial expansion.

He demands natural gas at natural gas prices.

He is against secret deals in city business.

He promises relentless publicity.

He stands for human welfare and justice.

**Elect Him at the Primary  
May 1**

## VOTE FOR



**WARREN L. WILLIAMS**  
for  
**CITY ATTORNEY**  
MAY 1

**Albert Lee Stephens**  
CITY ATTORNEY

**Judge Stephens'**  
*vote at last election  
exceeded all  
others.*

His services demand and guarantee his re-election in the same manner.

The May First primary is the final election for City Attorney.



## SAN FRANCISCO

The biggest thing in San Francisco this week was the celebration of "Baby Welfare Week." The babies ruled the city. There had been weeks of preparation leading up to the event under the management of Dr. Louise Deal, state chairman of child welfare. Hundreds of babies were examined and lectures on the care of the baby and the expectant mothers were given each day by the leading physicians in the city.

# MAYOR WOODMAN



Brought the harbor to a point of efficiency where it is rapidly achieving commercial supremacy of the coast.

He is bringing industries here that are creating the commercial payroll Los Angeles so badly needs.

He has provided efficient and harmonious civic government necessary to this growth.

He stands for municipally owned public utilities which will be a giant factor in making this the coast's greatest commercial port.

Because of this great constructive work THAT HE HAS HARDLY BEGUN we urge that he be returned to the Mayor's chair to complete the great projects before us.

Mrs. Shelley Tolhurst  
Mrs. Frank A. Gibson  
Mrs. Herbert A. Cable  
Mrs. J. Powers Flint  
Miss Helen Wisler  
Mrs. Russel J. Waters  
Mrs. Wheaton Gray  
Mrs. Jane Beatty  
Mrs. Cora D. Lewis  
Mrs. Caroline B. Bond  
Mrs. Julius Bracken Wendt  
Mrs. Randall Hutchinson  
Mrs. Frank Daggett  
Mrs. Geo. Wadleigh  
Mrs. Frank Gordon  
Mrs. Maurice Lowe  
Dr. Evangeline Jordan  
Mrs. Henry Creveling  
Mrs. Pearl P. Morrison  
Miss Rose Phillips  
Mrs. Fred Hickok  
Mrs. K. S. Bickham  
Mrs. Lambert E. Jenkins  
Mrs. Florence C. Barker  
Mrs. A. A. Poole  
Mrs. Oliver Frinier  
Mrs. George W. Gross  
Mrs. D. Maddox

Mrs. Berthold Baruch  
Mrs. W. C. Tyler  
Mrs. Florence C. Porter  
Mrs. Oliver C. Bryant  
Mrs. Mary E. del Valle  
Mrs. C. C. Noble  
Mrs. Rufus V. Bowden  
Mrs. Frank D. Owen  
Mrs. W. F. Bryant  
Mrs. Emma L. Reed  
Miss Ella True  
Mrs. Tracy C. Becker  
Mrs. Carrie F. Green  
Mrs. Jack W. Smith  
Mrs. Mary A. Wilson  
Mrs. Mary Ford  
Mrs. Rufus Lake  
Mrs. J. N. Kirkland  
Mrs. Sumner P. Hunt  
Mrs. James B. McClure  
Mrs. H. J. Richardson  
Mrs. A. C. Walsh  
Mrs. Thomas Foss  
Mrs. Robert G. Bennett  
Mrs. James Perkinson  
Mrs. C. H. Jordan  
Mrs. Edward Joyce

Mrs. O. P. Clark  
Mrs. R. W. Richardson  
Mrs. Mary E. Stoddard  
Miss Ianthe Densmore  
Mrs. Florence Ashenfelter  
Mrs. Frank Caldwell  
Mrs. Frank Garrett  
Mrs. Mary Holman  
Mrs. George Wright  
Mrs. C. M. Gordon  
Mrs. J. W. James  
Mrs. J. M. Grant  
Mrs. George Rice  
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Mrs. Sarah Judson  
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Mrs. N. D. Gleason  
Mrs. Louis Cole  
Mrs. S. C. King  
Mrs. T. J. Atchley  
Mrs. Leafie Sloan-Orcutt  
Mrs. Benj. Goldman  
Mrs. Elizabeth McManus  
Mrs. A. D. Beeman  
Mrs. E. Spear Bass  
Mrs. Charles Hulbert  
Mrs. Fred Renaud  
Mrs. Anna Pfaff

Mrs. H. C. Dillon  
Mrs. E. H. Noe  
Mrs. H. G. Brainerd  
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longed to the late afternoon hours. The principal interest was in deciding the date of the coming Convention, which was changed from April 11-13 to April 17-19. It was decided that the Convention concentrate on fewer subjects to be discussed and that extended topics be limited. The Porterville Club, the Riverdale Parent-Teachers Association and the Kerto Club were admitted to the District Federation.

A called meeting of the District Board followed a few days later, there having been discovered a conflict in dates with the San Francisco District meeting, and the San Joaquin again changed its time of Convention to April 24-26, which dates were scheduled in a later "Call" and will be distributed throughout the District.

The Merced Music Club gave a charming luncheon at the Hotel El Capitan, preceding the monthly entertainment of the club. Southern melodies, formed the motif around which clustered references to the Southland in decorations and favors, among which were tiny bales of cotton, and pickaninny faces shining in watermelon rinds. The Merced Music Club Choral, lately reorganized, had its first rehearsal at the home of its director, Mrs. Cecil Hollis Stone.

A pleasant afternoon was given by the Tuesday Club of Lindsay, complimenting Mrs. Frank Guiberson, of Taft, vice-president of the District. Beautiful spring blossoms decorated the attractive club rooms, and the tea tables were bright with hyacinth and daffodil blooms. Mrs. Robert Pierce, hostess was assisted in dispensing the club hospitality by Mrs. Glenn Johnson and Miss Johnson. Hawaiian songs with ukulele accompaniment furnished very delightful music. Mrs. Guiberson gave a talk on "Activities in Which Women of 1917 are Engaged."

The Club voted to furnish one Belgian child with a cup of cocoa and a biscuit each day, the child becoming the Club's ward, the Club to be in direct communication with the child. A vote to give the proceeds of their next social evening to the Belgians was carried.

One of the most successful programs of the year was that of the Shakespearian musicale given by the Harmonica Section. It is hoped the morning musicale will become an established factor and offer inducements for the bringing of good concerts to the Club House, among the other attractions of next year's program.

The Dos Palos Woman's Improvement Club enjoyed an afternoon Saturday with Ireland, her songs and her poetry. Beautiful Irish ballads were sung and readings appropriate to the occasion were among the interesting features of the program. Irish flags were mingled with the red, white and blue, while shamrock, harps and grandfather's hat, an Irish kettle and green snakes from the land of St. Patrick, fitted into the California wild flower scheme, so effective in the decorations.

The Reedley Study and Civic Club building is nearing completion and will be occupied April 6th at the regular club meeting. Plans for a public reception to be held April 10th are in progress, from her informal talks.

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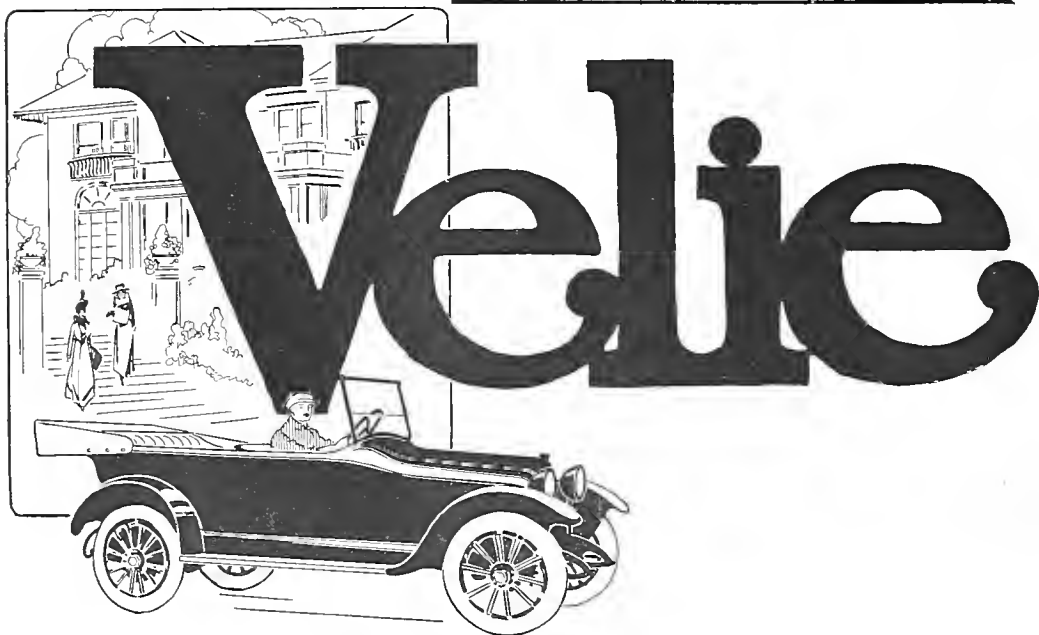
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# Club Woman

May, 1917  
Vol. IX, No. 7

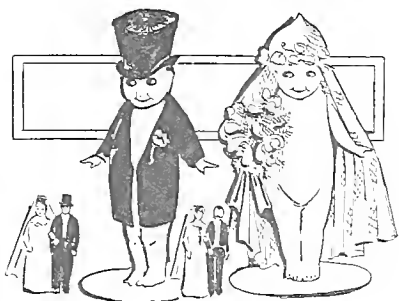
*State Council of Defense Number*



A Patio Scene at Hotel Maryland, Pasadena. It was at this picturesque hotel that the Annual Convention C. F. W. C. was held, May 1-5

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## THE CLUBWOMAN

who keeps up with her multitudinous duties in both club and social circles can ill afford to be hampered by obsolete household methods.

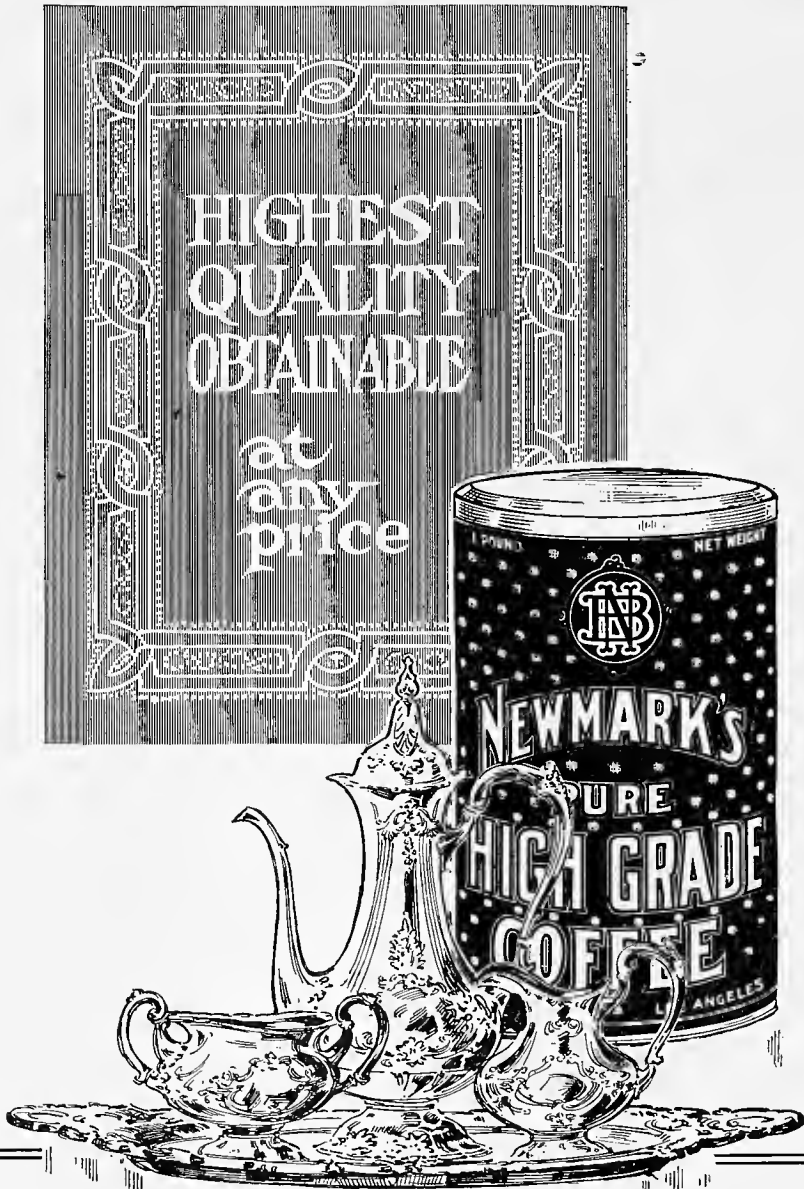
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# *The Clubwoman*

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MISS JESSICA LEE BRIGGS, State Chairman and Northern Federation Editor, 1942A Hyde St., San Francisco

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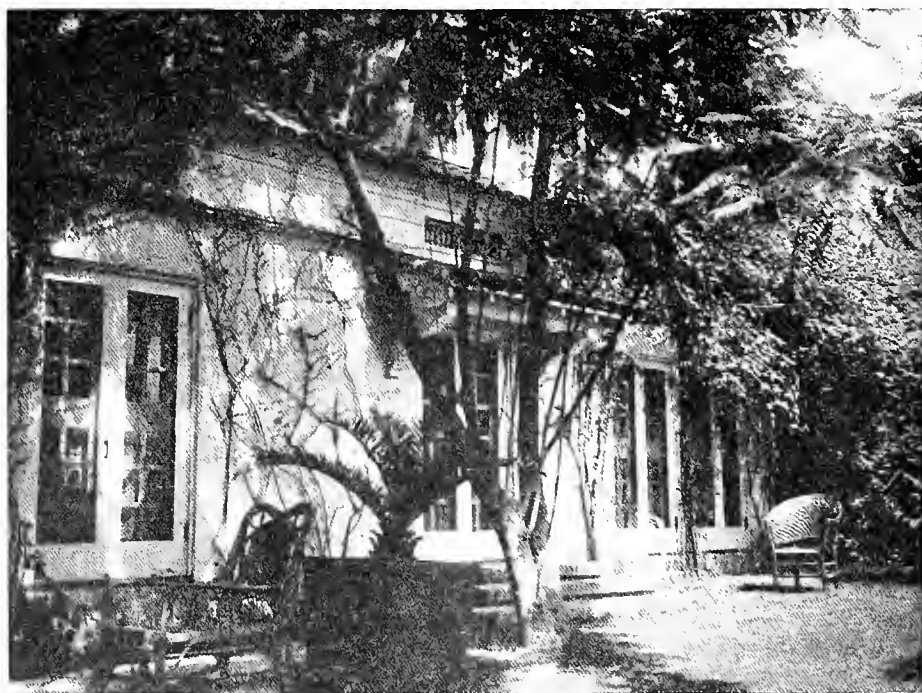
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## Friday Morning Club Program FRIDAY MORNINGS AT 10:30

### Friday, May Fourth

Reformative and Protective Work for Girls  
Maude Miner

### Friday, May Eleventh

Postponed Business Meeting  
Suggestions for a New Club House  
Mrs. O. P. Clark

### Friday, May Eighteenth

Musical  
May Mukle, Violoncellist  
Greta Masson Murch, Soprano

### Friday, May Twenty-fifth

Impressionism to Post-Impressionism  
H. Paul Burlin

## COMMITTEE MEETINGS

### Thursday (every Thursday), 10:00

Music Conference  
Chorus, Mrs. Charles G. Stivers, Director

### Tuesday, May First, 12 M.

Book Committee Luncheon  
Significant Recent American Novels  
The Prisoner, The Rise of Jennie Cushing, The Bent Twig, Xingu and Others, The Mysterious Stranger, The Leatherwood God, The Genius, Windy McPherson's Son

### Tuesday, May Eighth, 2:00

Public Affairs Committee—Open Meeting  
Citizenship New and Old—General Discussion  
Experiences at 1917 Legislature—lanthe Densmore

### Tuesday, May Fifteenth, 2:30

Drama Committee  
First and Last Nights I Have Known—H. Sheridan Bickers

### Tuesday, May Twenty-second, 2:30

Art Conference  
The period of greatest influence upon modern American Art: The first of American Impressionists

### Tuesday, May Twenty-ninth, 2:30

Music Committee—Guest Program  
Cantata—The Rose Maiden by Frederic Cowen  
Choral Club of Los Angeles High School, Verna C. Blythe, Director

### Wednesday, May Ninth, 8:00 P. M.

The Music Committee will be "at home" to the Dominant Club, the Musicians' Club and The Friday Morning Club. "Songs We Used to Sing" by Mrs. W. E. Mabree's choir in costume. The Friday Morning Club Chorus, followed by old-time dancing



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## CALIFORNIA FEDERATION OF WOMEN'S CLUBS

President, MRS. EDWARD DEXTER KNIGHT  
238 San Jose Avenue, San Francisco, Cal.

My dear Co-workers:

In response to many inquiries as to how the clubwomen of California can render service to our Country at this critical time, I have been in consultation with members of the California State Council for Defense and other bodies working out plans for efficiency, and I earnestly recommend for your most serious consideration the following plan for the war contribution of the Clubwomen of the State of California:

1. Leadership in hearty co-operation with the California State Council for Defense.
2. Thoughtful, constructive effort along lines of food production and food conservation.

Herbert Hoover says, "Every spadeful of earth turned by our farmers, every seed we plant, every ounce of waste we eliminate, is just as much a contribution to the cause as that of a man in the trenches. The farmers of America control the food production of America, but the women control America's food consumption." The Government calls for the mobilization of the women of America into an Army of Soldiers of the Commissary.

Secretary Lane has sent practically the same message to the General Federation meeting in Council in New Orleans. The General Federation has appointed an Emergency Service Committee to prepare certified registration of women of Federation for Service in National Crisis. Eleven departments of work are specializing on Conservation of Human Efficiency and Food Production. They have adopted the following pledge:

I will use only those amounts of food required for adequate nourishment. I will endeavor to control the waste in all kinds of materials in the household and to live simply. I will begin now.

3. Make your club room an educational center of Social Service.

4. Organize classes for study of
  - a. Maximum Production and Conservation of Food.
  - b. Gardening.
  - c. Dietetics.
  - d. Garment Making.
  - e. Surgical Dressings.
  - f. Home Nursing.
  - g. First Aid.

h. Case work and other such classes as may be necessary, proceeding under specific directions of the Red Cross.

5. Get in touch immediately with the nearest Domestic Science teacher and, on regular meeting days, have lectures, Food Demonstrations and Housekeepers' Forums. Enlist the aid of professional women, trained nurses, teachers, farm advisers and horticultural commissioners of your vicinity.

(Dean Hunt of the College of Agriculture, University of California, will furnish lists of the teachers of Domestic Science



MRS. E. D. KNIGHT

who may be called upon to lead classes; also bulletins and suggestions for study along lines of Conservation of Food and Elimination of Waste." Said suggestions printed in full in May number of "The Club Woman.")

6. Study child Hygiene with a view to lowering infant mortality and preventing illness among children.

7. Keep a register of women able to give trained service.

8. Practice simplicity in dress, entertainment and living.

The success of this work can be assured only by thorough and intelligent co-operation of all the great organizations of women with each other and with the State. The State Council for Defense recommends for the present that all funds for needy families of soldiers, also mess funds, etc., be handled through the Red Cross.

A State-wide "Thrift Campaign" has been suggested as a big educational factor. San Francisco and vicinity enlisted May 7th to 17th and outlined a propaganda for arousing and educating a strong public opinion against extravagance, profligacy and waste of our national resources. What thrift means to adult and child, to the home,

to the City, the State and the Nation was taught through lectures, posters, bulletins, moving pictures, etc. Other committees are asked to co-operate. Extensive information will be furnished upon request.

Because of my confidence in your patriotism and in your ability, as well as your many messages, on April 7th, I sent the following telegram to Governor Stephens:

The California Federation of Women's Clubs, membership, 40,000, ready to serve should there be necessity. We have Club houses that might be used as educational centers, with classes necessary to prepare women for Red Cross or other efficient service.

At the close of our State Convention, let me express again my faith in you. This meeting was one of the most momentous of our history. The Governor of our State graciously consented to address us and the program was along constructive lines only and full of vital messages. Let us be grateful together that our years of service have led us beyond the personal to the large impersonal view. Our poise, our dignity, our careful thought, our united effort and our useful application of the knowledge which we have acquired may be made valuable to our Country in this hour of need if we rise in our solidarity, our full strength, our power, our patriotism, our optimism and our faith to pledge our allegiance. The big things of life are calling us. Petty issues must be thrust aside.

As this is my last official message, I cannot close without thanking you for all that you have been to me since the call to higher service came after the great shock of Mrs. Hoppin's sudden death. You have never failed me. The two years during which we have worked together have been very happy ones for your president because of your sympathetic co-operation, your many generous acts and your unfailing loyalty. Because of these, I have been inspired and encouraged while I have endeavored always

to give you of my best and I am and shall continue to be

Faithfully yours,  
HELEN M. KNIGHT.

#### COPY OF LETTER SENT TO CLUBS

My dear Madam President:

As Chairman of the Women's Clubs Committee for the Thrift Campaign planned for May 7th to 17th, may I enlist your support in reaching the members of your organization? The idea, in brief, is to arouse and educate a strong public opinion against the extravagance, profligacy and waste of our national resources as well as to encourage thrift in the home. Thrift is suggested as the only remedy for the national waste as well as the practical solution for the high cost of living.

Literature on the subject, also lecturers, may be obtained by applying to the Executive Secretary of the Committee, Mr. Albert Ehr Gott, Y. M. C. A. Building, 220 Golden Gate Avenue, San Francisco.

Please ask your members to educate other groups in or out of your Club rooms, urging:

1. The use of the Home budget.
2. The cultivation of watchful habits.
3. Thrift meetings, open forums and discussions on the waste of Time, Energy and Material.
4. Lectures on Food Conservation, food values, scientific feeding, the balanced ration, efficient cooking methods whereby cheaper foods may be made valuable, etc.
5. The cultivation of Thrift gardens.
6. A general interest and co-operation during "Clean-up-week."

Arrangements will be made to dispose of waste materials, paper, metals, old clothes and refuse of all kinds at the various fire stations.

Please report to the Committee any available lecturers; also the names of members who are willing to assist at headquarters (address to be announced later).

HELEN M. KNIGHT,  
Chairman, Clubwomen's Committee.

### Address of His Excellency WILLIAM D. STEPHENS GOVERNOR OF CALIFORNIA

State Convention C. F. W. C. at Pasadena, May 1, 1917

Madam President and Ladies:

We are today facing a situation which calls for the concerted efforts of the women of California. There is need of strong, State-wide organizations, such as this wonderful Federation of Women's Clubs. We are engaged in war. The highest efficiency and the united energy of American citizenship is required.

Your clubs are scattered everywhere over the State, all linked together with a common purpose, all co-operating in patriotic endeavor to make our people ready for whatever exigencies may arise. With such an organized force to aid, our task of plac-

ing California on a business-like war basis will proceed with order and dispatch.

To the end that we shall be in the best possible condition to withstand the strain that war must of necessity impose, it is important that we husband our resources to the utmost. Waste of food products must be reduced to the minimum. We must likewise set about to produce and conserve all kinds of food staples, so as to make our own people secure against want, and at the same time do our part towards feeding the millions who will be called from productive pursuits to assume, in one form or another, the duty of defense.

Co-operation in this direction is but one

of many practical ways by which the women of California, through their clubs, can help in this great crisis. Work in conjunction with the Red Cross, work of relief, work of sanitation, home economics and kindred activities—all these furnish avenue for service which will demand the careful supervision and control that comes only through organization.

What is needed is action, not excitement; enthusiasm not hysteria. Calmness must be preserved, especially in the home. The usual normal tenor of our domestic life must continue. In this connection, as well, the women, through their clubs, can render potent service.

Much has been said of the remarkable part that the women of Europe have taken in the war. In munition factories, in field hospital service, in wireless telegraphy and in scores of similar lines they have taken their place, and have demonstrated what they can do to aid their country.

Imbued with the same spirit of patriotism, our own women, I feel sure, will respond with equal enthusiasm and courage to our country's call for service.

Extensive plans for co-ordinating the patriotic efforts of American women during the war are being worked out by the Federal Government. The response from the women of California to whatever plans may be evolved will, I know, be prompt and loyal.

I have learned something of the scope of the work already under way by the California Federation of Women's Clubs. You are preparing to render a great service to your nation and state, and in that preparation there is being shown the intelligence, the practical understanding of the big problems, and, too, the poise and calmness that should characterize all of our activities.

The telegram sent me a short time ago by your honored President, expressing the loyalty and support of forty thousand or

more women was a great help to me. It is a fine thing for the Governor of the State to feel that he can call upon the women of such an organization as this for encouragement and co-operation.

Service in this crisis will not be confined alone to taking up arms in defense of country. There is an equally important service to be done right here at home. Production of food stuffs and the elimination of waste are urgent needs. Potatoes are just as necessary as cartridges. There is no danger of overdoing production. Women can render material help in this direction. Every acre of land, every vacant lot must be made to yield its share of the vast food supply that our country, as a part of its duty in the great struggle, must contribute.

It is not easy to imagine our country at war, especially here in California, where all is yet peaceful and unchanged; but the realization will come, and we would be derelict in our duty if we did not now bend every effort to prepare our people to endure whatever of hardship and whatever of sacrifice will be required.

I have favored preparedness for years—I have advocated it in season and out, in Congress and out, in California and out—preparedness that should preserve the young men of the nation—so that if war did come they should then go forth to defend their homes, confident of success—ready in every way to uphold the honor and the glory of

Your flag and my flag!

And, oh, how much it holds—

Your land and my land—

Secure within its folds;

Your heart and my heart

Beats quicker at the sight;

Sun-kissed and wind-tossed—

Red and blue and white.

The one flag—the great flag—the flag for me and you—

Glorified all else beside—the red and white and blue!

## THE STATE COUNCIL OF DEFENSE

State Convention C. F. W. C. at Pasadena, May 1, 1917

### THE GENERAL PROGRAM OF DEFENSE

DR. JOHN R. HAYNES, Chairman of Relief Committee of S. C. of D.

*After a careful and vigorous presentation of the reasons leading to the present world conflict Dr. Haynes continued:*

I have gone into the question of the causes of this war at such length because I feel that these facts should be emphasized in order that we may secure the entire energy of the nation in the one supreme task that faces us: that of winning the war. History shows that it is not easy, even in the midst of a war, to awaken the energies of those of the people who live far from the battle-front. We know that in the Revolutionary War, for example, when the British attacked Boston the people of Massachusetts sprang to arms, but the people of South Carolina stayed at home; and later, when the British

attacked Charleston the people of South Carolina sprang to arms and the men of Massachusetts returned to their farms. Many good Americans still feel that the war does not concern us much. They feel that both the Allies and the Germans are subject to criticism; that it's a bad business, anyway, and that it is very unfortunate that America allowed itself to get mixed up in it; especially unfortunate in view of the fact that a considerable portion of our citizenship are of German birth or descent.

Nevertheless, in view of the present policy of the German nation, the world war is nothing less than a battle to the death between democracy and autocracy, between civilization and savagery—a savagery the



more ruthless because of its wonderful efficiency. We must back the Allies with the totality of our powers; and we must take a lesson from the enemy and organize our powers to the utmost degree of efficiency.

The words of Lord Northcliffe should receive our most careful consideration. They relate not only to the question of the winning of the war, but to the question of relief with which we are at this moment concerned. For the chief problem in relief and the chief problem in winning the war is the same, namely: the production of an adequate food supply.

The visiting commissions of our Allies, headed by the two Ex-Premiers of their respective countries, Balfour and Viviani, tell us that the chief factor in the war decision is not that of troops and munitions, important as they are, but the question of the food supply. Two and a half years of war has found the world almost completely drained of its accumulated stores of food. Herbert Hoover, just returned from the management of Relief in Belgium, tells us that hundreds of thousands of the people of the allied nations are certain to starve during this coming year unless America can supply them with food.

Our great part in the war is to feed our Allies; can we do it? We must learn the truth and act accordingly. The refusal to face the facts means incalculable disaster. After the war had been waged for a year or more, Lord Northcliffe in his papers charged that there was still a shortage of high power shells and inadequate preparations for supplying them. Mr. Asquith, then Prime-Minister, formally denied the charge, and stated in a public address that the supply was ample. Every one knows now that the supply in fact was wholly inadequate, and that because of the failure of the ministry to comprehend the long-enduring nature of the war and the vastness of the need, the lives of tens of thousands of English soldiers were unnecessarily sacrificed. The high-minded, scholarly and patriotic Asquith was compelled to step aside for Lloyd George, a man who would get at the facts and turn heaven and earth to meet them.

This very day in the United States Senate, Senator Borah warned the nation that our food supply was dangerously short. And for this he was rebuked by Senator Williams and others for needlessly causing the people alarm. But who was the truer benefactor of his country, the publisher of the London Times, who charged that the army was insufficiently supplied with shells or Premier Asquith, who quieted them with mistaken assurances of security? If we go to the men who are in a position to know most about these matters, we will find that we are in danger of making all of the mistakes against which Lord Northcliffe has cautioned us. We are, as Senator Borah is warning us, short of food supplies. Ogden Armour, head of the so-called food trust, tells us that America faces starvation, and that there is a nation-wide insufficiency on

the farms of labor, organization and equipment. In the second place, it is likely to be a long war. Ambassador Gerard says: "One thing I want particularly to warn my countrymen against is the so-called short war idea. It was this fallacy that so seriously crippled England in its preparations for the struggle with Germany. The English thought it was going to be only a short war; so they made their preparations only from day to day, from month to month. It is not for us to fall into this same, this obvious, error. There is no indication that this will be a short war. On the other hand, it looks as though it would be a very long war—a long war, and a bitter war. One good harvest will put Germany back upon her feet. A good harvest every year will keep her on her feet. Germany now has 11,350,000 troops in the field."

The mistake early made by the allies of robbing factories and farms of skilled workers in order to fill the trenches we must avoid. President George E. Reynolds, of the Continental Bank of Chicago, warns us that the withdrawal of immense numbers of men from industry into military training camps, unless done with extreme care may actually hinder the winning of the war by reducing our power to furnish our Allies with food and other supplies.

The early mistake of the Allies, which especially we should guard against, is that of trusting to enthusiasm and voluntary organization, instead of to the management of trained experts and national governmental organization.

Although the Commissions of our Allies have told us that the food question is more important even than that of troops and munitions, we have proceeded in the case of providing troops in the most modern and efficient manner and have proceeded in the case of providing food in the most out-of-date and inefficient manner. Our policies in the two cases have been diametrically opposed. In recruiting fighters the cry has been, "Join the colors; everything is arranged, equipment, training, food, officers, the most complete and perfect organization." And not even satisfied with this, we go out into the highways and with selective military conscription we compel them to come in. In recruiting food producers, on the other hand, if we tell the truth, we must say, "We have no organization. Try to find a place for yourself to work. Nothing is provided for, neither food nor officers nor equipment." Under the present system we can expect nothing less than extreme suffering, if not widespread starvation, for both ourselves and our Allies. The day of haphazard, individualistic food production has as certainly gone by as has the day of individualistic, haphazard methods in warfare. Our forefathers did indeed till the soil, each man for himself; and they also fought the British at Concord, each man firing his squirrel musket from behind his own stone fence; but the day when dependence in war is placed upon galloping Paul Revere's and

the farmers' squirrel guns is past. Today war and food production can effectually be carried on only upon an immense scale and with the most highly perfected equipment and organization. The British and French Governments have bought from American manufacturers thousands of high-power farm tractors and are organizing armies of food producers in the effort to feed their people and win the war. If the American nation sincerely desires to perform the duty that it is peculiarly fitted to perform, the thing to do is for it to organize food armies, as it is organizing military armies, by selective conscription, equip them, feed them, officer them with trained agriculturists, in order that our vast idle areas may be cultivated. We should no more depend upon unorganized, individualistic efforts in producing food than we depend upon such individualistic, unorganized efforts in producing shells and battleships. The nation must have selective agricultural as well as selective military conscription, because of nation-wide insufficiency on the farms of labor, initiative, organization and equipment. This army should be under military discipline, officered by experts and equipped with tractors and modern machinery.

In both the military army already provided for and the agricultural army, which Congress immediately should provide for, the selective principle should so apply that men already engaged in occupations useful to the nation should be automatically left working at their present jobs. This would result in the case of the agricultural conscription of taking first men who are at present idle—and it makes no difference to society whether they are hobos who won't work or men of means, who do not work—and second, of men who labor at present but produce nothing of value to society. For instance, there are in Los Angeles alone thousands of solicitors, agents, etc., who are trying to sell stocks, realty and so on, who are almost starving, and are at the same time producing nothing essential to the welfare of society. There are other occupations, also, such as that of the law, which are enormously overcrowded. I am told that in Los Angeles there are more than 3000 attorneys and not enough work for one-tenth of that number. In many lines of office work, both governmental and private, much of the work could be performed by women and the men released for the all-important work of producing food.

The food army should be as liberally provided with high-power tractors and other equipment as the military army is provided with high-powered guns and explosives. Next, after producing the food, the nation should see that during the duration of the war, at least, none of it shall be permitted to be transformed into poison. The conversion of 1,500,000,000 bushels of grain annually into alcoholic drinks at a time when the people of the United States and our Allies are facing starvation is a crime. Moreover, it is inefficient; for the question of

food supply is likely to determine the result of the war. According to the German press, they have given up the idea of winning the war by superiority of military force, which superiority has at last fallen to the side of the Allies. They are now depending wholly upon the sinking of food ships by their submarines to win the war—by starving the Entente nations. We must, therefore, produce every possible bushel of grain in order that here may be enough to feed our Allies after the toll of the submarines has been exacted; and we must see that every bushel of grain that is produced goes to the nourishment of life and the consequent winning of the war.

Referring particularly to the subject of relief, it may be said that the policy announced by the President of excluding from the army all men with dependents is unquestionably sound in principle. In case, however, the exigencies of war demand the enlistment of men with dependents, it should be insisted that these dependents shall be maintained in comfort by the national government as one of the regular costs of the war. A bill has been introduced in Congress providing \$15.00 per month for the dependents of soldiers. This is wholly inadequate; no less than \$30.00 should be provided each for wives and dependent mothers and \$10.00 each for dependent children. If the Federal Government fails to do its duty in this respect, the State should provide the amounts needed, and if both the nation and the state should prove negligent, the Red Cross should attempt to care for them.

A reform which was introduced for the first time during the present war, and which has now been adopted by every European country without exception, would work an immense benefit if adopted in America. I refer to the so-called Daylight Savings Law, which, in principle, consists in setting ahead the clocks one hour earlier in summer than in winter. A bill has been introduced into Congress, known as the Borland Bill, which provides for the establishment of the system in the United States generally. It is already in use in certain communities.

This reform is in no sense an unnatural or faddist proposal; in fact, it is merely returning to the natural practice of rising earlier in summer than in winter, which was followed by farmers and herdsmen in earlier times before artificial and conventional hours of rising were established by the clocks and whistles of offices and factories. It has been found in Europe that in addition to saving bills for artificial lighting, it has resulted in greater industrial efficiency because of the extra working hour in the early morning, and has been very much appreciated by the workers because it gives them one hour more in the late afternoon for outdoor recreation. No one except the lighting companies, and the theatrical companies, who have lost some business due to the greater incentive to outdoor afternoon recreations, object to the change, and it is universally agreed that there will never be a

return to the old system. Its general adoption in America would be worth many millions of dollars in the increased health and recreative pleasure of the people.

In the original program outlined for the Relief Committee there was included the care of soldiers' dependents, refugees and permanently disabled soldiers, but the Red Cross Society has decided that these activities, until the government assumes charge thereof, are peculiarly their work. Our committee, therefore, while cordially co-operating with the Red Cross in these matters wherever they may desire our assistance, has taken for its special work the relief of those other than dependents of soldiers.

By relief we do not mean merely relief in a material way, though that should be looked after, but more important we consider the work of supplying industrial opportunities, and most of all we consider im-

portant the furnishing of sympathy, encouragement and practical counsel which many families, especially foreigners, require, and to do this work we must look, in the final analysis, chiefly to the women of the state. There are approximately 100,000 women belonging to various organizations in California. The women should undertake in a systematic way, so that their efforts will not be at random or be wasted through duplication, to help and educate the thousands of mothers who need this aid in matters of health, of the training of children, of family expenditures, of household administration, and so on. These labors will bear fruit not only during the war, but throughout all coming years. The most important work of this committee is this work for women by women, and the means by which it can be most sympathetically, tactfully and effectively done will be set forth to you by Miss Moore and Mrs. Tolhurst.

## CIVILIAN RELIEF

MRS. SEWARD A. SIMONS, President of the Friday Morning Club

In this moment of national crisis it is in the heart of every true citizen to give her full measure of service to her country. I say "her full measure," for the women of California and the other enfranchised women of the United States who have been granted the right and privilege of citizenship have a new thrill of pride and responsibility when they say "our country." There can be no doubt in the minds of any one that each citizen desires to render well-considered service in its hour of trial to the great Republic which we love. Its need and our responsibility to respond are calling for the highest loyalty of all. The women of this country have their part to do and will do it zealously, just as the women of every warring country have actively responded, and have shown by their devotion and patriotism that their services are second only in importance to the army itself.

We are all more or less familiar with the work of the Red Cross and the various relief societies for special work in particular countries. The Red Cross work in war time is primarily for the care of disabled soldiers, and their restoration to active service. Many women have already found opportunities of service through the channels of the Red Cross. There is a phase of Red Cross work which has been handled with great efficiency and with remarkable results in Canada. This is the care of the families of the soldiers and sailors for whom the absence of the bread winner makes necessary some supplemental provision for their support. I wish you would all read the articles in the "Survey" of March 17, 24 and 31, by Paul U. Kellogg, on how Canada is trying to wrest some good from the evil situation, and how by careful planning and the standardized administration of relief, a great constructive piece of social work is being done.

The service of the Patriotic Fund as conceived by the women who are administering it, is not discharged by collecting and paying out money. In Montreal alone nearly a thousand women are giving their time either in whole or part to the various departments; when they started the work they were mostly untrained and inexperienced. Fortunately it was possible to obtain as head of the organization a trained social worker, a woman with a remarkable gift for organization. There are a few paid assistants, and from the time the applicant comes to the office and registers her needs and those of her family, she receives patient, careful consideration, based on actual personal investigation of her home and circumstances.

A determined effort has been made to keep up standards along all lines of family and community life. Housing, health, food, clothing, recreation and education, all are given consideration, and endless opportunities offer for improvement along all these lines.

A "convenience list of neighborhood resources" has been compiled for each district of the city, showing population, infant mortality, doctors, hospitals, nurses, dispensaries, homes, asylums, day nurseries, milk stations, provision for the education and care of defectives, playgrounds, settlements, free libraries, employment bureaus, churches, societies and police stations. Each ward of the city has been assigned a head worker, who has a number of visitors working under her; these are given pamphlets and instruction, such as charity organizations use, on methods, relief, what a social worker should know of her own community, and other phases of social work. In order to keep the women from being lonely the districts encourage them to at-

tend settlements and churches and to organize clubs.

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During the second war year, 58,000 visits were made to the homes of soldiers' families in Montreal by the volunteers of the Patriotic Fund. With every ill to be remedied, an opportunity was afforded not only for individual but for community welfare.

Births, deaths, illness, immorality, careless living, lack of industry and thrift, illiteracy, accidents, drunkenness,—these were the problems met, along with those of food, shelter and clothing.

### Case Work

All these family experiences were dealt with individually, by what the social worker calls "Case Work." We are beginning to see how "Case Work" is the proper basis for constructive programs for community improvement. Charity organizations have been called cold and scientific because they called their applicants cases, but if the term is repellant the process of case work is inspiring, and we shall never advance beyond its need. Case work is simply breaking up a social problem into its units; the housing problem is simply a large number of unsanitary houses; the problem of disease is a large number of unhealthy persons; the whole social problem is made up of individuals who lack the decencies and resources of normal lives. So in order to understand and solve any community problem, we must know the individual units of that problem. Case work might be called "retail social service," and the conclusions from case work resulting in preventive and constructive community progress could be called "wholesale social service," but that is only a partial distinction, because scientific case work must be the foundation of any real social progress. The dazzling prospect of wholesale results must not blind us to the opportunities with smaller units. While holding before our eyes the vision of a healthy city, a community without physical defect or disease, we must recognize that one child with adenoids that need removal, prevents the realization of this ideal. It is, therefore, of great interest to social workers to note what careful and exact case records have been kept of all families aided by the Canadian fund; it is plain to any one that a great opportunity for community welfare is being wrested out of a terrible trial, an overwhelming disaster.

The psychological effect on the volunteers in their contact with these actual human problems, the resulting knowledge which will be vitalized into community effort is something of unmeasurable value.

In giving this brief account of work being done in Canada as civilian relief, my object was that this could be a suggestion of relief work to be done for the dependents in the families of the soldiers and sailors who go from California for war service. We all hope

that the wastage and miseries of war as they have been felt in other countries may be spared us. The men of California are leaving their homes and there will be need of care and support for their families.

We women in our clubs have been studying great social problems. Most of us know theoretically, and some of us practically something about various phases of community need; this may be our great opportunity by united effort to accomplish some of the much needed changes in our various communities.

The demands made by war on every resource of a country are showing emphatically from the economic side how detrimental and expensive unhealthy citizens are, and how useless when the nation needs them. The fact that last year of 170,000 men who applied for enlistment in the United States army only 30,000 could pass the physical examination, has made us realize that we have neglected to prepare for service what should be the strongest bulwark of a nation's defense—the people. We realize as never before that our children in the public schools should receive careful systematic physical training which will fit them to meet all life's battles whether of war or peace.

So, too, the need for this country to feed the world may bring home to a wasteful extravagant people lessons of economy and thrift, may teach us how to produce more and how to conserve and control what we produce. The necessity of the loyalty of the aliens in our midst on whom so largely the industries of this country depend, make us appreciate how little we understand their point of view, and how far they must be from a comprehension of American standards and ideals of living, when so many of them can neither read, write nor understand our language.

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The United States has entered the world war championing the cause of democracy; it is an ideal to which we are all committed. There cannot be universal democracy, that is, anything but a theory and an abstraction, unless we as individuals help to make it. If this national crisis is an opportunity for us to take stock of ourselves and our communities, let us as women heartily devote ourselves to the effort. There is work and service for each one of us according to what we are equal to and where our training and interests will be of greatest use. We have the Canadian experience of civilian relief before us; let us each picture to ourselves our own communities divided into districts; each under a committee of women determined to give relief according to needs, to individual families, and calling upon all neighborhood agencies and surroundings to make that the best possible environment for the families needing relief. Can we not see at once the great possibilities of social advance?



Governor William D. Stephens and Mrs. Robert J. Burdette, First President of the Cal. Fed. of Women's Clubs; Mrs. Herbert Cable, the Newly-elected President; and Mrs. E. D. Knight, the Retiring President.—Photographed at Hotel Maryland, Pasadena

Almost all the nations at war are Christian nations. Japan and Turkey are the only ones that are not committed to the acceptance of the belief in the brotherhood of man. Now is the time for us to put our Christianity to a practical test; the needs of humanity plead with us to serve the cause of a better democratic national life for our whole country, and not only for our own country, but for the whole world.

Let us develop a new passion for righteousness and moral regeneration; let us teach and preach internationalism and human brotherhood as never before. Let us, while caring for our home needs, double and treble our gifts to the suffering people of Europe. International good will can be developed and strengthened by the love and compassion we show for the distress of those made destitute by the war. The principles of Internationalism and lasting world peace may be established in the sympathy we show for the sufferings of the world.

Never in the history of the world was there greater need of patriotism than today,

—the patriotism that means clear thinking, courage and lofty idealism, which seeks to make the principles for which the founders of our nation strove—**justice and liberty and democracy**, world-wide in their application.

The women of the world hate war, they had nothing to do with bringing on this present conflict, but they must share the burdens it entails. We women can do work here that will be part of a world effort to make all future wars impossible if we do our part today well. We must prepare in time against a recurrence of the present lapse into barbarism. The lesson of the present crisis should be intelligent preparation for the dawn of a new day of peace, made possible by a League of Nations, an International court, gradual disarmament, and finally international understanding and international justice.

Miss Ethel Moore, member of the State Council of Defense, gave a practical address on the **Concentration of Relief**, which, unfortunately, the Clubwoman was unable to secure in time for this number.

## THE PLACE OF THE PUBLIC SCHOOL IN NATIONAL DEFENSE

HON. ERNEST P. CLARKE, President State Board of Education

Overnight almost we find that America is no longer a distant spectator, but a participant in the war. It is no longer "their war," it is our war; and we face the stern duty of doing our "bit." The call comes to all of us, to clubwomen, to business men, to teachers, to the children even; and the problem is what shall we do to help and how shall we do it?

Recently members of the state board of education were asked to meet with representatives of the state council of defense to consider a program of co-operation for the schools which had been outlined. Then at last we woke up and are now trying to do our "bit." The machinery of the department has been set in motion and within a few days there will go out to every one of the 16,000 teachers of the state—in the big cities and in the most remote rural districts—an appeal from the state board of education, the state superintendent of public instruction and the three commissioners of education.

### Appeal for Economy

We shall include in this message a statement of the plans of the state council of defense and a foreword from Governor Stephens. You may be interested to know something regarding the specific responsibilities which we are urging teachers and children to meet.

For one thing, we are making an appeal for economy. A few months ago I was talking with a mother who has an attractive young daughter in school, and she said: "It

has cost us \$150 this fall for new clothes for Irene." And she spoke of it as casually as most of you would speak of buying a dollar's worth of potatoes or a small portion of some other precious commodity. That is an illustration not of the high cost of living, but of the high cost of luxury and extravagance.

### Wear Your Old Clothes Club

Parents and children are jointly responsible for conditions like this, and so we are seeking to influence the children, and through them the parents, to adopt simpler standards of living in these war times. In the girls' high school of Riverside the girls have formed a new club. It is the W. Y. O. C. club, and that means wear your old clothes. The organization should be extended to other schools. We may not face the time of wooden shoes and meatless days in the near future, but this is a time for simplicity in dress and economy in food; and one of the best places to carry on a propaganda for those things is in the school.

California is asked to use its fertile acres to the limit in supplying food for America and her allies, and the big overshadowing problems is to find labor for planting and harvesting. The problem is a serious one right now and will be much more serious as the time for harvest approaches and as more men are withdrawn from the productive pursuits for army service or for work in munition plants or other industries directly related to the war.

The obligation seems to rest clearly on the schools of the state to help supply that labor; and those who enlist for this service will be, as President Wilson says, "soldiers of the commissary." The school authorities have already responded in many cities by granting special vacations to the boys to pick oranges or thin beets; a state-wide movement, however, is needed and that we are seeking to direct. As a measure of defense the state legislature has placed in the hands of the state board the authority to grant vacations for any or all schools, without loss of salary to the teachers, and we shall try to facilitate and encourage the older boys and girls of the schools to enlist for this highly important type of service. It may not be easy to put any halo of patriotism on the back-aching work of weeding beets or the "mussy" job of pitting apricots, but the boys and girls who do this work are serving the country just as truly as though they marched to the beat of drums or served in the trenches.

#### 50,000 to Assist

There are 50,000 boys and more than that number of girls enrolled in the high schools of the state, and that constitutes an industrial army that will be a factor in the situation, if we can mobilize it as needed.

We believe the domestic science and industrial plants of the schools should be utilized for preparedness purposes. In the domestic science department the girls may well be learning to make war bread rather than fancy desserts. They certainly should be taught the canning and drying of fruits and vegetables in order that they may aid in the conservation as well as the production of food.

#### Organize for First Aid

All the sewing work should be directed along the line of the preparation of things needed at the front and in the hospitals. In some of the high schools already regular classes have been formed in first aid, nursing and ambulance driving, and the girls are given regular school credit for these courses. The boys in the school shops these days should be making stretchers and pontoon bridges rather than music racks and bookcases.

If the war should touch California, the automobile and the motor truck will be the principal means of transportation, not merely for men, but for munitions and supplies. The schools therefore can do good service by training as many young men as possible to drive and to repair cars. There is no good reason, moreover, why the extensive iron-making plants which many of our city schools have should not be utilized in some form of industrial war service.

#### Shop Training Desirable

I would not wish to see our high school shops turned into munition plants, and we all hope the time may come before long when we shall beat our spears into plow-

shares. At present, however, we need spears as well as plowshares, and there is no reason why the fundamental training to help fit boys to make the modern successors of spears may not be given in school shops as adequately equipped as many in California are.

You may think the state board of education has become hysterical when I tell you one thing we are asking the teachers to undertake—that is to urge the mothers to have the clothing of all children plainly marked with the name and address of the child. What is the purpose of that? If invasion should come, it would facilitate the reunion of families separated by sudden removal from home.

#### Mark Children's Clothes

One of the tragedies of the invasion of Belgium was the separation of families, many of whom never have been reunited because it was difficult to learn from the smaller children where they did belong. I am not obsessed with the idea that here in Pasadena you are likely to see the gray hosts of the Prussians come marching down Colorado street, but I am not unmindful of the fact that here in Southern California we are near the Mexican border and our entire coast lies open to attack. We cannot tell what the future may hold in store for us; and if invasion should ever come, you mothers will feel safer to know that your children are labeled so that you can readily trace them if they should become separated from you.

#### Hope for Effect

I trust that the propaganda we are seeking to conduct through the schools will have one effect, at least—it will visualize the attention on the fact that we are at war. The fact has not gripped us seriously as yet. I do not want to see the children sent home from school so frightened at the war specter that they go crying to bed at night; but it is well that they understand that war means danger, suffering, self-denial and sacrifice; and they must do their part in the self-denial and sacrifice.

We hope one effect of the campaign we plan in the school will be to arouse the dormant patriotism of the people of the state. If there is any school in the state where the flag is not displayed and where patriotic exercises of some sort are not held every day in this crisis in our national history, we propose to use our best endeavors and all the powers of our office to reform that condition. We certainly need a revival of patriotism, and sad as it seems, it may be that the end can be attained in its fullness only by a baptism of blood.

#### Patriotism Is Latent

Until very recently, at least, you would find at the moving picture shows that the



funny antics of Charlie Chaplin brought far more applause than the pictures of Old Glory thrown on the screen; and if America or Star Spangled Banner were played, only a few would rise and those in a perfunctory sort of way. As a newspaper man I have been seeking in our paper to encourage enlistments and stimulate patriotism. Just the other day we received a letter from one of our readers in which he said: "I am getting tired of this patriotism bunk; I wish you would cut it out." That view I do not think is representative, but it shocks one to have it expressed at all.

#### Indifferent to Situation

I talked with a sleek, prosperous business man and he said: "Why should we get into war? There is no money for us in that. Let the rest of them fight and we will make money selling stuff to them." I talked with a husky, broad-shouldered young man and he said: "Why should I enlist? Let the men fight whose property is in danger. I should worry about them. There is no money in this soldier business for me."

Perhaps I do not read history right, but I do not think that the little continental currency which they received was the in-

ducement that led the soldiers of Washington to leave the bloody prints of their half-shod feet in the snows at Valley Forge. And I do not think that the boys who sang "We are coming, Father Abraham, 200,000 strong," answered Lincoln's call for love of money. They responded in order that the government of the people, by the people and for the people, might not perish from the earth.

#### Develop Loyalty Is Plea

The children of today ought to study history with a new light on its pages and they ought to come to a new conception of the luster of the stripes and the glory of the stars of the flag we love. They ought to develop a loyalty to their country that is deep rooted, sincere and solemn. The flag surely ought to mean that their brothers are fighting under it. And I trust the day is not far distant when we can appeal to the imagination of the children in our schools with the thought that over on the battle fields of Europe, beside the cross of St. George of England, and the tri-color of France, the Stars and Stripes are waving over the embattled hosts that are waging the world war for democracy, humanity, liberty and an ultimate world peace.

## AMERICANIZATION AS A NECESSITY TO NATIONAL DEFENSE

By GEORGE L. BELL, Attorney and Executive Officer of the State Commission of Immigration and Housing

In a critical time like the present in making a program for the defense of our State and Nation we must make new inventories of our resources. We must make a new inventory of our assets and liabilities, for our values and proportions have been changed in this present world crisis. There is no more striking instance of this change in values and proportions than the immigrant population problem with reference to the present war situation. We are in sincere doubt as to whether to put our 15,000,000 immigrants and their 19,000,000 children in the asset column or the liability column. We are thus puzzled about one-third of the total population of the United States!

It is our sincere conviction, and we think it has been proved beyond a doubt, that this peculiar situation has come about largely because of our national neglect of the immigrant. We have had no hesitancy in this blind, material age in using the immigrant as an economic or labor asset. From that point of view there has never been any doubt but that the immigrant was valuable in one at least of these two ways. But now we are dealing in higher values, in values of patriotism, in values of national defense and the defense of democracy, and we are plainly puzzled in apply-

ing these tests of values to the immigrant.

Since the Nation, represented by all of us who are citizens, has been responsible for bringing about this situation, so it is for the Nation and us to swing the immigrants to either the asset or to the liability column. It is not for the immigrants to determine this. They have come here seeking ideals, believing that our government and institutions represented these ideals, and desiring to share them. It is for us to give of these things or else to refuse the immigrants admission. But we do admit them to this country so the burden is upon us. Even if we shut the gates absolutely against immigrants in the future we have with us now over 34,000,000, counting their children.

In the past we of the United States have made no effort toward real assimilation or Americanization of the immigrants. Only lately has there been talk of "eliminating the hyphen," and that talk was largely in the fanfare of national politics. We have, on the other hand, constantly exploited the immigrants. We have killed or dulled their desire for sharing in our democracy and institutions. Two concrete instances of exploitation which have been discovered by the State Immigration Commission will



serve to point out why it is obvious that our national neglect has made the immigrant problem serious in the present crisis:

Several years ago a large tract of land was opened for colonization in the Sacramento Valley. The sales agents made a particular point of inducing immigrants to purchase this land in lots of from twenty to thirty acres. Agents were employed who spoke many languages and the value of the land was represented, in advertising and orally, in the most glowing terms. There was much exaggeration and even misrepresentation, and some 150 families, mostly immigrants, were induced to pay from \$100 to \$150 an acre for this land. Some eighty settlers have left the colony after three years of fruitless labor, and their life savings are gone. The land is honeycombed with hardpan and the university's soil experts have said that at the most it is worth only \$15 to \$20 an acre, and that no one could possibly make a living on these twenty or thirty acre lots. The families that remain are practically destitute, but the commission is co-operating with them in bringing action against the owners and agents for fraud, and there is some hope for recovery.

This is only one of some 500 land fraud cases that have been handled by the State Immigration Commission. It shows that we exploit immigrants even in their attempt to get back to the land—the place where many wise students of the problem say the ymust be before our immigrant problem will be settled.

Another instance in the experience of the commission has to do with political exploitation. In one of the smaller towns near San Francisco Bay the commission discovered some 800 Sicilians who were unnaturalized and unable to speak the English language, although they had been in the country from two to eight years. Some people in the town had suggested that evening schools might be organized wherein these people could study English and citizenship. In the course of interviewing some residents concerning this matter we met the so-called "boss," or leader, of these Sicilians. He confidentially, but very frankly, explained that he thought it would be expensive nonsense to start these classes or to try to educate these people. He stated that the essential thing was to get them naturalized so they might vote, and he stated that if we could "help him a little bit" with the local judge he could collect some \$20 or \$25 apiece from these men for coaching and "cramming" them for examination and getting them passed as citizens—after which he solemnly promised to "deliver the whole block of votes to the right party." He then naively recounted how he had done this same thing in two other immigrant communities where he had "stood in" with the judges.

It is rather difficult to conceive of a

more degrading and discouraging phase of our assimilation, or attempted assimilation, of immigrants. The State Commission is doing all it can to offset such evil influences, but only a radical change in public opinion, in the public attitude toward immigrants, can do it effectively. Under such conditions it is small wonder that many immigrants have been forced to a hatred of our government and its institutions, and almost to anarchy. They have had complete faith in our American laws and people, feeling that no harm could come to them here, yet they have met with such things as are mentioned above, and they have only too frequently met with harsh and unsympathetic treatment from government officials. Often we have heard district attorneys, or other peace officials, to whom we have gone for aid for defrauded immigrants, remark, "Oh, they're a bunch of Dagos or wild Russians. We can't understand their lingo or take time to fool with their cases!"

Thus have we created out of our immigrants a potential menace. We have failed to see in the so-called "Dago" the potential fires of Latin enthusiasm and patriotism, just as we have failed to see in the so-called "wild Russian" the centuries of old longing for freedom and opportunity—the pent-up power which revolutionized Russia overnight. It is high time that we awaken to these things and mould these old world forces to our own ends. There is ample opportunity to turn the potential menace to potential good, if we but change our attitude and remember our obligations. Recently, in a class of immigrant children, the teacher was requiring the pupils to use the words and phrases of the song "Columbia, the Gem of the Ocean," in sentences of their own in order to be sure that they understood the meaning. The children were puzzled by the lines:

"Thy mandates make tyranny tremble,  
When borne by the red, white and blue."

Finally a little girl answered up eagerly, "Oh, teacher, I know. I was born by the red, white and blue, but my mother she was born by the Rhine—" It might be well for us to remember how many of our mothers and grandmothers were born by the Rhine, or by the Danube, or by the Seine or by the River Shannon!

Let us now "speed up" the Americanization of our immigrants in order to promote better national unity. This is a great and necessary part of the defense program, just as necessary as is the speeding up of industry and agriculture. The following few statistics indicate the need for this in any defense program:

I

- |   |                   |
|---|-------------------|
| (1) Foreign-born whites over 21 unable to speak the English language..... | 2,565,612         |
| (2) Same who are attending school.....                                    | 35,614            |
|   | or 1.3% in school |

## II

## New England States

(1) Males of militia age (18-44) of native parentage .....	34.3%
	510,616
	24.4%
(2) Foreign or mixed parentage .....	356,428
	39.9%
(3) Foreign born white .....	581,585
(4) Negro and others .....	20,271
	1.4%

## III

## California

	22.9%
(1) Total foreign-born whites .....	517,250
(2) Males of militia age either foreign born or foreign or mixed parentage....52% of pop.	
(3) Foreign-born illiterates .....	50,292
(4) Foreign born unable to speak English....	74,706
(5) School attendance of foreign born over 21 years .....	1,146

Certainly there is some cause for alarm when we consider that of the males of militia age in the New England States 40 per cent are foreign born, and that an additional 24 per cent are of foreign or mixed parentage. Likewise in California over half of the males of militia age, or 52 per cent, are either foreign born or of foreign or mixed parentage. Furthermore, when we have approximately 75,000 foreign born unable to speak the English language, how could we call upon them for successful industrial or military work? How could we have confidence to call them to the patriotic military or industrial defense of a nation whose language they do not speak?

However, mere invective and abuse will not drive the hyphen out of our national life. There must be a constructive program along three general lines: First, education; second, creation of the American standard of living for all people resident in the land; third, the saturation of all immigrants with Americanism and with the belief that man with two countries has none.

As the old gatherings in the meeting houses of New England might be termed the seat of our government, so we might look upon our public evening schools of today as the potential birthplace of a great cosmopolitan democracy. It is essential that we furnish adequate classes in English and citizenship for our immigrants in the evening schools. To this end the State Immigration Commission is soon to send out an expert who will visit every immigrant community in the State, aiding in the establishment of classes, aiding in the standardization of the teaching so that we will teach the immigrant the every day, worth while things about our language and the obligations and advantages of citizenship. This expert will also assist in public campaigns to increase the attendance of the immigrants, and in all this work we shall call upon the clubwoman for assistance. We will also urge the establishment of schools

for immigrants in factories where they can devote part of their working day to education which will fit them better for industry and citizenship. More cities are constantly taking up the work of the home teacher and this must be continued, for certainly the homes of immigrants are the real cradles of American patriotism and democracy.

We must work for the social health and assimilation of the immigrants by making their standard of living correspond with American standards. In order to do this we must first have better housing and sanitation, especially in the crowded immigrant quarters of our cities and towns. With the help of the cities the State Commission of Immigration and Housing has just secured the passage of three model laws dealing with hotels, tenements and single dwellings. The public, especially the women, must back local health officials in a strict enforcement of these laws, particularly the dwelling house law, which is the first law of its kind in the United States. The health of a nation depends primarily upon the houses in which the people dwell, and with our new dwelling house law no man's house will be considered his "castle," free from all intrusion and inspection, unless it be clean and sanitary and so kept that it does not interfere with the health and happiness of the community at large. In truth, the days of old-fashioned castles seem to be gone.

Likewise there must be better protection and sanitation in country housing, particularly in the thousands of labor camps scattered throughout the State. In these lumber, construction, mining and harvest camps between 25,000 and 30,000 immigrants live throughout the year. The State Immigration and Housing Commission is enforcing the labor camp sanitation law and it must have the support of public opinion in making American standards prevail in these isolated immigrant communities.

The State Commission is also opening a land information bureau to assist immigrants in getting back to the land. Co-operating with the Agricultural Department of the State University, full and expert reports will be furnished immigrants on any land that they contemplate buying. In this way it is hoped to practice prevention rather than punishment after land fraud has been committed. This is surely a movement that deserves public support.

All employers and labor, especially organized labor, can do much definite work to aid in the Americanization of immigrants. The employers can co-operate with the public educational authorities in either urging their immigrant employes to attend night schools, or by establishing private schools for immigrants in the larger factories. Employers can also create a general spirit of helpfulness for immigrants rather than the existing spirit of exploitation. American workmen, particularly through their unions,

can do much to see that these foreigners in our midst are made into real American citizens, with American standards and the true American spirit. Cheap immigrant labor, especially when it remains unorganized, is a great potential menace to American labor, and the unions must realize that the most effective way of disposing of this menace is to make of its component parts real Americans with the same standards as American laborers. Thus will they "spike the guns" of the potential enemy.

In all these ways, then, we must work for the Americanization of our immigrants in order to build up a unified nation. America is often spoken of as the "melting pot" of the world, and we must utilize these old-world forces so as to make iron sides for this melting pot, the same as the old iron cooking pots of our ancestors. These iron sides will then stand for the defense of our national ideals and institutions and particularly of our national democracy.

In conclusion, it would be well for us to view the work of Americanization and the making of a defense program in a broader light—a light that will not be merely provincial or national. We must keep our vision clear in doing so, as clear as that of our President, who, in noble and lofty language, has declared that this is not a selfish war against one nation as such, but that we are fighting for the democracy of the world. It might be said that this

is the great adventure in democracy, and in making a program of defense we should keep clearly in mind that we are aiming at the ultimate defense of the world, the defense of democracy against autocracy, the defense of true liberty against suppression. When we work for the defense of our nation then, and particularly in the work of Americanizing the many races, let us realize that we are but making a working model for a greater thing. Let us try out the dream of democracy here at home, for if we fail intra-nationally in democracy we must fail internationally, but at any rate let us attempt it. Let us, by the Americanization processes mentioned above, mold our many races into one great, common, democratic ideal. Then, only when we have succeeded, let us apply to the many nations what we have done with the many races from the many nations represented in our American population. Thus "Americanization" will grow into the larger meaning of "democratization," and we will be working out a defense program not for use in war time only, but for use in all times as a defense of democracy, in times of which Tennyson must have dreamed when he said:

"The war drums throbbed no longer, and the battle flags were furled

In the Parliament of Man, the Federation of the World."

## WOMEN IN A DEFENSE PROGRAM

By MRS. SHELLEY TOLHURST, Member of the State Council of Defense

A state of war acts upon the social organism as a chemical re-agent, frequently crystallizing events in the twinkling of an eye, which through the slower processes of peace might require years or even generations for creation. Thus in recent days there has occurred the birth of Russia as a democracy and almost as rapid has been the extension of suffrage to the women of Canada.

Again war tends to the removal of false values. Many activities which flourish in times of peace absorb the great rewards—are known, under its fierce white light, for what they are, parasitic and superfluous.

Stripped for action, there are three forces essential to the successful prosecution of war: First, a few organizers. Second, many workers. Third, some fighters.

Someone has said it is the skilled artisan who will win the war. Supporting him, however, is the farmer, and under all—embracing all—is labor in general. The supreme importance of an intelligent handling of labor is the first great lesson, so far, of the present struggle. The very great importance of the labor of women is the second.

So tremendously has this counted in the experience of the allies, that Mr. Asquith

has publicly stated that without the labor of her women, England would have been unable to continue the prosecution of the war.

It is evident that this force must be mobilized and trained that it may be ready for the great demand which our country will make upon it.

A Committee of Labor has been formed, advisory to the National Council of Defense, with Mr. Samuel Gompers as chairman, and Governor Stephens has recently created on the State Council of Defense a new committee on the labor of women, with, to my great gratification, myself as chairman.

The first step is to secure an inventory of this force by means of registration.

There are three groups of workers: First, organized wage earners. Second, unorganized wage earners. Third, volunteer workers who are eager to give service.

The General Federation of Women's Clubs is preparing a system of registration, by means of blanks to be distributed through every club, for the use of as many women as can be reached, wherein they record the kind of work they are able to undertake, and it is advised that these be certified, as far as possible, by responsible

club representatives, that those recorded are really competent and reliable.

Many other organizations are proceeding in like manner and it is probable that much valuable data will be secured.

This, however, does not reach the great number of women upon whom we must draw for our complete supply. Yet a complete registration is very difficult and expensive.

Now, upon a certain day, to be named by the federal government, there will take place the registering of all young men liable to conscription. A scheme has been

worked out at Washington whereby certain officials in each county, the sheriff, county clerk and county physician, will arrange for this, using the polling places, and if possible, volunteer registrars, to save the enormous expense which paid service would involve.

Could we use this machinery for the volunteer registration of women?

I present to you this superb spectacle:

Two great armies in parallel columns.

Speaks the mother or the sweetheart:

"Here is my man and me! I step into his place."

## PRELIMINARY SUGGESTIONS ON CONSERVATION OF FOOD AND ELIMINATION OF WASTE

### Six Ways in Which Money is Wasted on Food

1. Needlessly expensive material, providing little nutrition, often selected because of appearance. The cheapest food is that which supplies nutriment at the lowest cost.

2. A great deal is thrown away that might be used.

3. Poor preparation.

4. Failure to select rightly, according to season.

5. Ignorance of the proper care of food materials and of methods of preservation of foods.

6. Waste in fuel. Plan menus to conserve the fuel; that is, when using the oven for meat, use it for most of the other cooking for the meal.

From the above points we see that conservation of food may be obtained:

First—By economy in buying.

a. Encourage the substitution of cheaper foods of equal nutritive value.

b. Encourage giving less thought to appearance when this increases the price, as in buying unpolished instead of polished rice.

Second—By elimination of all possible waste.

a. Encourage the use of left-overs, bone, trimmings, etc.; encourage the canning of material that would otherwise spoil before being used.

b. Encourage the keeping of three to six hens to utilize necessary table waste, and possibly rabbits and pigeons.

c. Encourage municipal hog farms to utilize the city's waste.

d. Possibly encourage school and home gardens, the utilization of vacant spaces for vegetables.

Third—Encourage efficient cooking methods, whereby cheaper foods may be made palatable.

Fourth—Encourage the housewife to make her own selection at the stores and as far as possible deliver her own goods to her own home. Possibly encourage the condensing of retail trade to save labor, wages and time; for example—having only one creamery deliver in a certain section of the town and thus free deliveryman for other work.

### A Few Other Suggestions

The possible rearrangement of school time and a readjustment of vacation periods to give consecutive morning and afternoon time daily, and to meet the local labor demands in the fruit season.

Possibly to run high schools all the year round and evenings, requiring the same time in school but giving choice of time. This would enable the use of the time of boys below military age for work.

Encourage girls' organizations where they may be trained to do the work of the home and set the servants free to work elsewhere.

### Suggestions for Possible Substitution in Foods

At the present time the most expensive foods are the proteins, white flour and potatoes. Since meats form a part of the proteins we might suggest the following:

First—Encourage the buying of cheaper cuts of meat. This brings two difficulties:

a. Toughness.

b. Possible lack of flavor.

These may be overcome by proper cooking and seasoning.

Second—Encourage the use of ground meats, as these are inexpensive, and cook quickly, and overcome the difficulty of toughness.

Third—Encourage the buying of parts of

meats not so much in demand, such as the heart, which may be stuffed, etc.

Fourth—Encourage the use of salt meats, such as salt pork, corn beef, etc., with rich cream gravies.

Fifth—Encourage the utilization of all fat, bone and trimmings, which go with the meat. The fat may be tried out and take the place of commercial lard, etc.

How to extend the flavor of meat to other food and thus give bulk to meat dishes with less meat:

Rice, macaroni and hominy will develop the flavor of meat if cooked with it.

Flour pounded into meat helps to retain the flavor.

When eggs are cheap, dishes of meat and eggs combined may be used, and thus cut down the meat bill.

The following substitutes may be used for meat and supply protein at less cost:

Cottage and other cheese.

Fish, fresh, canned and salted.

Nuts.

Eggs.

Encourage the use of these.

Encourage the putting down of eggs in water glass while cheap.

#### Substitutes for Other Expensive Foods

1. Encourage the use of skimmed instead of whole milk in cooking, as it supplies all the food classes present in the whole milk except the fat.

2. Encourage the use of sour milk, which is often wasted.

3. Honey, molasses, etc., may be substituted for sugar in many ways.

4. Corn meal, graham and bran may be used entirely or may be substituted for part of the white flour in breads.

5. Certain substitutes for butter are available; a number of these are on the market for cooking purposes and a few for table use. There are others which do not supply the same amount of fat, but which may take the place of butter in making bread appetizing, such as peanut butter.

6. Encourage the use of real breakfast foods, such as steel cut oat meal, corn meal, etc., which may be bought in bulk, in place of the prepared breakfast foods now selling in packages, and giving less nutriment for the price.

7. Encourage the substitution of rice, macaroni, hominy, etc., for potatoes.

8. Encourage the study of cooking of vegetables to eliminate waste and encourage the use of the water in which vegetables are cooked, with a few exceptions.

9. Encourage the use of dried vegetables and fruits when fresh varieties are expensive.

10. Encourage the use of beverages that are nutritious, especially at ice cream stores, instead of buying non-nutritious ones.

The June Clubwoman will follow this article with practical lessons and selected recipes.



## The Newest First

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## A PERMANENT AGRICULTURE THE BASIS OF OUR SOCIAL LIFE

MRS. GERTRUDE SPIERS RADER, Etiwanda, California.

The first fact which I wish to emphasize is the new importance to the world of the permanence of American institutions. If, as now seems possible, democracy is to prevail upon the earth and governments are in larger and larger measure to derive their just powers from the consent of the governed, it means nothing less than world leadership for America. Our civic institutions, our industrial problems, our great public school system, our way of meeting what the late Hugo Munsterburg designated as **mass problems**, change at once from matters of local and internal importance to matters of world moment.

The past century, when its history comes to be written, will go down as the age of invention, of industrial and mechanical development. It now looks as though the 20th century, after "the tumult and the shouting die, and far-famed navies melt away," will go down to history as the age of the rise and spread of that form of democratic government of which America has for a century been the great exponent. Our place in history is fixed. We have made it—our need now is to maintain it. It is a plain duty here and now to turn our attention to those things in our institutions which do not make for permanency and to rebuild from the foundation up. For I say, without hesitancy, that if—with the character of our original citizenry, with our broad domain to draw upon, with our unlimited natural resources, with our isolated position and our heritage of liberty—we cannot here build up the institutions of a permanent democracy, it can be done nowhere else in this age.

As I see it, four things are necessary for national permanence.

**First, National Safety**,—freedom to work out our destiny without external interference. We have accomplished this in the past largely through our isolated position and our freedom from foreign entanglements.

Our infant policy that "they have rights who dare maintain them," has helped safeguard us. It would appear that our future policy must be a strong arm of defense until the time comes "when the battle flags are furled in the parliament of man, the federation of the world."

The second principle of permanence is **Social Justice**—the freedom of the individual to work out his problems and order his life along the lines which shall seem to him most likely to insure his safety and happiness.

The third principle is **Industrial Prosperity**, which resolved back to its elements, depends on two things, one of which is the conservation of our national resources.

The fourth principle is a **Permanent Agriculture**, which is also the second element in industrial prosperity.

We have then as the four cornerstones of national permanence, (1) a strong defense; (2) just social institutions; (3) industrial prosperity; and (4) a permanent agriculture. I hope to be able to show you that the first three depend in large measure on the fourth. The connection between agriculture and a strong defense needs no argument today. I refer you to the members of the Council of Defense now present, to every paper and magazine published in the past month, to your last Sunday's sermon or to the Open Letter of President Wilson, to the farmers.

The ultimate connection between industry and agriculture is also a self-evident fact.

Not only does the "farmer feed us all," but he provides in large measure the raw materials which industry seizes upon and transmits into manufactured products. Wheels turn and spindles hum because in the beginning a sower went forth to sow or a shepherd watched his flocks.

There remains only then to be proven that a permanent agriculture is the basis of our social life. To do this I shall have to show you that the farms furnish not only the food but the human elements of life renewal.

The early history of this country was the history of its rural development. Until 1880, three-fourths of our population was in the country or in the small town. Land and food were plentiful and prices averaged low. No attempt in particular was made to establish a permanent system of agriculture because it was easier for a farmer to move on to the next piece of land than to conserve the fertility of his own farm.

Homesteads were not only to be had for the asking but the adventurous spirit of the age following the Civil War urged the pushing out to the westward.

When I was a five-year old child, we moved to Kansas, into a region so lately deserted by the buffalo that we gathered our fuel from the plains and had as our wading and skating ponds the buffalo wallows. Two huge skeletons, still intact, lay in our front yard. I well remember how we made tents of them by spreading pieces of carpet over the ribs, and how we crept in and out of the carcasses.

The farmers moved on westward, filling up only the most favored spots. No special attention was paid to them, and only one of our agricultural laws, the first Morrell Act, passed in 1862, was then on the statute books. Young men, when farms were plentiful and when the love of adventure lured them on, were eager to go west and take up land. A family often moved a little farther into the wilderness than was necessary, in order

that the sons on coming of age could take up adjacent homesteads. Prices were low and everybody had and expected hard times. Standards of life were simple. In our neighborhood the two-room sodhouse was the usual dwelling. We children used to refer to our four-room, story-and-a-half home as "that large white yonder," when people asked where we lived. I have still among my memories that of being taken to a sod church in a prairie schooner drawn by oxen.

We grew wheat, corn and watermelons. We sold corn for fifteen cents a bushel and wheat for forty cents, and until the new railroad came near we hauled it fifteen miles to the railroad.

Crops failed about every third year, and we were always scarce of money. We grew most of our food supplies. Grocery lists were short, and little girls had two school dresses and one Sunday dress, and they wore hair ribbons only on Sunday.

However, there were compensations in the line of chicken pie suppers and picnics, and as I remember it we all had a pretty good time with the possible exception of my mother.

Just twenty years after this period the **Cherokee Strip**, now a part of the State of Oklahoma, was opened. Nothing could possibly show the change which twenty years had made in the free land situation better than to recall that rush for farms. Land had become so scarce that land seekers came from every state in the Union. I personally knew a dozen families from Tennessee who lived in wagons on the Southern Boundary for two years, waiting for the official day of the opening. That was a little over two decades ago and it marked what was practically the end of the free domain. Since that time a young man who has wanted to establish himself on a farm has had to depend upon the less favored spots missed in the first rush on the lands under the Reclamation Service, the stumpage land of the northern forests, the drained swamp lands, or the dry farming lands of the West. If he has capital he usually prefers to put it into industry, for—mark this—money to enlarge or establish an industry can be had for three and four per cent. The records show that the average interest for farmers has been from nine to twelve per cent.

You know the record of the United States in industrial development—how side by side with the opening up of the land has been built up the most wonderful system of industry the world has ever known—how invention has followed invention and how "every art and man's device" has been expended on the development of the city.

The character of transportation necessitated crowding large business into small areas with the result that both in business and residence sections story has been piled on story.

Industry has demanded alien labor and the decades between 1880 and 1900 saw such migration of the peoples of Europe to our land as was never before witnessed on the face of the earth. Many of these, from Northern Europe, went out onto the farm lands chiefly of Minnesota and Wisconsin, where conditions were more similar to those at their former home, but they have not been sufficient to feed the vast numbers who have joined the industrial or non-producing forces. In the year when the highest record was made more than 800,000 came to our shores. Money which legitimately should have been used for agricultural development has flowed into industry, with the result that farm development has not kept pace with industry, and this, and the fact that the spirit of adventure went out of farming with the winning of the West, has resulted in an exodus from the farms to the city that is now appalling, and the new cry is "Back to the Land."

One of the laws of compensation in life, however, is that nothing can be very largely overdone. Side by side with any marked development grows up a tendency which will check it before it is far past the safety line, and so it will prove, we hope, with the growth of cities. The inventors with all of their inventing finally hit upon an engine of simple and economical construction, which paved the way for two inventions which will tend to redeem rural life and loosen what is in the dangerous grip of the city. They are the automobile and the tractor.

In 1900, I was in San Francisco a few days after the New Year. As I was going idly along Market Street, I noticed a sudden excitement. People crowded to the curb and ran to the doors of the shops. I turned and looked. Coming up the street, banked in by a crowd that reached from curb to curb, was an automobile. It was the first one I had ever seen and evidently it was an unfamiliar sight to every one. It was distinctly not a time for a prophet to cry aloud in the streets, but had it been in the era of prophecy and had a prophet stood beside that car he could have said, "Oh, thou city with gray walls, sunshine kissed or smoke enshrouded, behold the instrument whose strength matched with thy strength shall finally overcome thee." And is it proving so? Read the answer in the city building permits of the last decade. Read it in the growth of suburban schools. Read it in rows of machines which leave the downtown streets between four and six o'clock every evening, or in the happy faces of the farmer's family coming in for a day's outing or shopping.

(Continued in the next issue)

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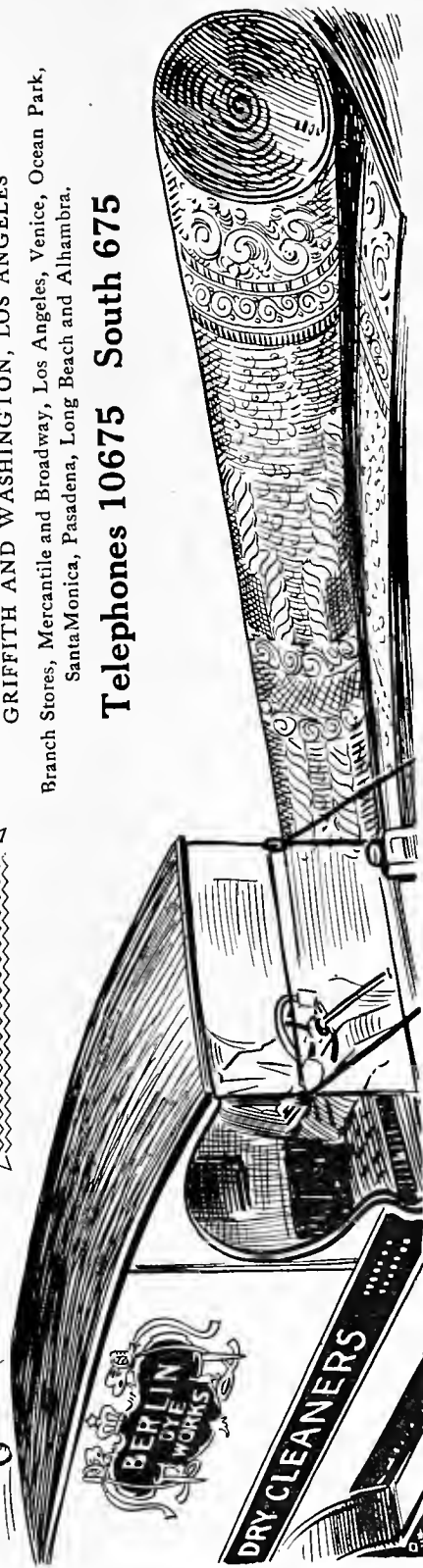
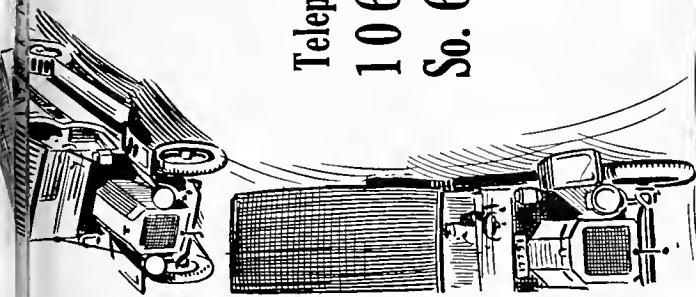
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Mrs. D. G. STEPHENS

## REPORT OF LOS ANGELES DISTRICT CONVENTION

Santa Monica, Cal., March 27-30, 1917  
PRESIDENT'S MESSAGE

Mrs. Lloyd W. Harmon

In this big, busy, hard-working District of ours, we have gone quietly and steadily along with the Federation work, each one so intent upon her particular duty, that she has taken no time to make a demonstration of any sort; so, while the world at large has not heard much about us this year, the annual reports show good results.

There has been no break in the work, for we have kept ever alert to the conditions, and have been ready, through our thoroughly efficient officers and chairmen, to handle every difficulty or need, according to its requirement; so, at the close of this year we are proud to report progress and fine, conscientious work throughout the District, with a spirit of good feeling prevailing.

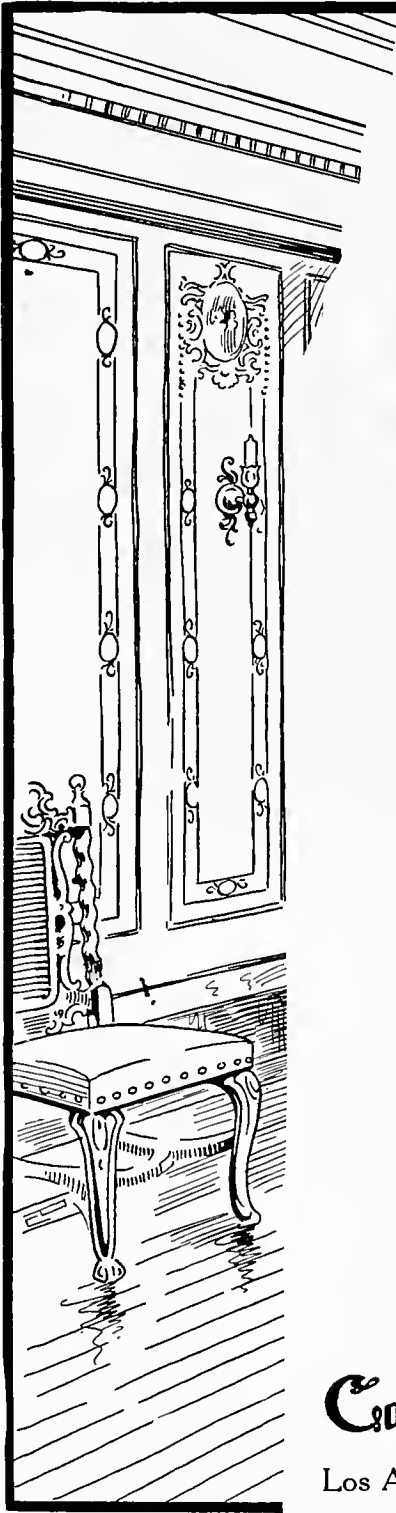
We have held regular monthly Board meetings, all day, throwing open the after-

noon sessions to the presidents, federation secretaries, and all interested club women. Two Presidents' Councils were called—one at the beginning, and the other near the end, of the club year.

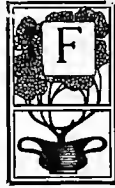
The Corresponding Secretary reports having sent 1564 pieces of mail during the year, and all of the other officers have been similarly busy. The Chairmen have also been ready to respond to the needs of the clubs by visits, as well as correspondence.

Almost all of the Chairmen have held special conferences during the year, with great profit, in the way of education and interest. At the annual convention the following departments had excellent exhibits—Child Welfare, Art, Music, Reciprocity.

Our convention was held at Santa Monica, by invitation of the Santa Monica Bay Woman's Club. At that Convention we made a special feature of an evening session, out of compliment to the Professional and Business Women's Clubs, whose mem-



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Mrs. Lloyd W. Harmon, President Los Angeles District C. F. W. C.

bers were so occupied that it would be inconvenient for them to attend the day time meetings. Representatives from seven of these clubs gave a Symposium on the "Problems of the Professional and Business Woman," from the view-point of their particular clubs, bringing their subjects to us in a most interesting and comprehensive way.

We have endeavored to put into operation the re-organization of the departments, as outlined by the State Board, with a few unimportant changes, to accommodate local needs.

There have been thirteen clubs admitted this year and a few more made application too late to enter before the State Convention.

I cannot close without paying a tribute to the American Woman.

I am proud to be an American woman. I have confidence in her. In all the past history of our country in times of any crisis, she has shown her great helpfulness, her strength of character, her patriotism and ability, her willingness to adapt herself to circumstances, and to sacrifice, if need be, self for cause.

After a generation of working together with other women along Federation lines, broadening her education, strengthening her powers, and effecting the organization of which we are all so justly proud, she is ready, as she never could have been before, to take up the duties confronting her in the present condition of world unrest.

All petty differences, which in reality have only grown out of her development and a desire to be useful, will be quickly forgotten and in the bigger work she will be as a unit, putting into practice our motto, "Strength united is stronger," in a way that it has never been tested before. When Peace again reigns upon the earth, the experiences through which she will have passed, will produce a Woman, the like of which the world has never before known—The American Woman.

## THE STORY OF THE CONVENTION

Mrs. W. H. Anderson

The Sixteenth Annual Convention of the Los Angeles District of the California Federation of Women's Clubs, as the guests of the Santa Monica Bay Woman's Club, March 27th to 30th inclusive, met the delight, without, of perfect weather, and within, the charm of a perfect hospitality. The incomparable chief of arrangements of the Hostess Club, and its President Emeritus, Mrs. D. G. Stephens, assisted by its able President, Mrs. J. C. Urquhardt, the numerous committees, their helpers, their friends, and the city officials, made an organization which moved with a graceful ease entirely devoid of flurry and worry.

The beautiful California Mission facade

of the Club House acquires, from a rather deep setting of trees and shrubbery, in spite of its location on town lots, an air of seclusion, well befitting a temple consecrate of High Ideals and the Cause of Human Welfare. Those who this year made the pilgrimage to this shrine carried home not only a memory of the sweet and gracious ministrations of the High Priestesses of its Cult, but the blessing of renewed faith and courage, and the inspiring knowledge of how tremendously far women have advanced in the understanding of true values and the principles underlying the great problems of life.

Every word and note sounded upon the platform during the Convention bore evidence to the fact that the women have arrived at a point where none but the best and highest in act and principle will satisfy them, and that no effort is too great to put forth to attain these. The reported work of every Club and department showed a determination to weigh values carefully for the genuine, and an awakening to the dangers of the false. There was shown a great reaction against the recent deluge of unwholesome ideas—the rag-time of thought—the primitive brutal sensualism, the cubist, futurist, and all other degenerate tendencies.

This idea was very pronounced in the showing of the Music Clubs and sections under the masterful guidance of the Chairman of Music, Mrs. J. T. Anderson, who is also President of the Schubert Club, an organization of 1262 members. She has done great things towards replacing popular trashy words of music for children as well as adults, with treasures from her store of beautiful poetry and melody that have real merit and charm. Also there has been a large amount of creative production along this line. Her altruistic sections have contributed music about every day in the year, sometimes simultaneously in several places, to the public, and to shut-ins in "Homes," hospitals and other social service institutions.

All of the numbers given under her department on the convention programmes were from work actually done in Clubs. Those contributing were:

The Harmonia Club, The Woman's Club of Hollywood, The Wednesday Morning Club, Angeles Ladies' Quartet, The Long Beach Music Club, The Woman's Symphony Orchestra, and The Schubert Club.

### Roll Call of Clubs

In fact the distinguishing feature of this Convention was that the programmes, with but very few exceptions, were made up of exemplifications and discussions of the activities and study of the various Clubs and Federation departments. Sixty-five Presidents and all the district Chairmen presented complete reports. All the Clubs showed an expansion in numerical and financial power and Federation interests.

The largest Club in the Federation, the Friday Morning, with 1700 members, from its great wealth, can command the available talent of the world, and is a powerful and valuable factor in civic and State affairs. Perhaps the smallest Club, the Venice Woman's, showed one of the longest lists of practical accomplishment.

Clubs are extending their cheer of broader life not only to members' husbands and young children, beneficent and penal institutions, but to a heart so remote from outer life as the dear leper lady at the County Hospital, sending her daily telephone messages, flowers and dainties.

New sections are, South American History, Speaking-Voice Culture, University Extension Classes, "The Audubon Society in California," History Compiling and Landmarks work in San Fernando Valley on a monument to General Fremont, and to the first English teacher in the State. Creative work in Music and Drama has been very conspicuous. The departments gaining most in interest, however, are the Child Welfare, the Americanization of the Foreign-born, Legislative and, since the declaration of war by our President, the American Red Cross.

The Vice President of Los Angeles, of the District Federation, Mrs. Emma Livingstone Reed, recommended more getting together for unity and encouragement, by having once a month, a council of Presidents and the Federation of Executive Board, as a Presidents' Council.

During the reports Mrs. Fred H. Taft, always lovable and charming, was very successful in cutting remarks, of too lengthy speakers, in her capacity as time-keeper.

No personality brought a purer thrill of pleasure although seen on the platform for so short a moment, as the sweet and gentle white-haired lady who gave the invocation, Mrs. Anna C. Holmes, of Venice.

Miss Jessie Lawrence as Chairman of the Programme Committee was given an enthusiastic and unanimous rising vote of thanks. The reports also of Mrs. William Bauerhyte, Chairman of Rules and Regu-

lations, and Mrs. P. S. McNutt, Chairman of the Committee for Revision of By-Laws and Constitution, were accepted with thanks.

Several amendments provoked long discussion, among them the eligibility to Presidency of the District Federation being the qualification simply of having served on the Executive Board of any Federated Club, and the sweeping away of the Preferential Ballot System.

#### Message From Mrs. Josiah Evans Cowles

Tuesday evening, after an informal reception by the Santa Monica Woman's Club, to the distinguished honor guests, the President of the General Federation, Mrs. Josiah Evans Cowles, the State President, Mrs. Edward Dexter Knight, and the District Federation President, Mrs. Lloyd W. Harmon, Mrs. Harmon declared the Convention formally opened, and introduced Mrs. D. G. Stephens to preside over the programme to follow. Addresses of welcome were made by Mrs. Stephens, and the Club President, Mrs. J. C. Urquhardt, the Mayor of Santa Monica, Hon. S. L. Berkeley, Superintendent of Schools, H. M. Rebok, President of the Young Men's City Club, Mr. M. Fogel. Responses were



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made by Mrs. Harmon, and Mrs. Knight, who then gave an address, and as the first fruits of her "Magic C" introduced Mrs. Cowles, who made four points very prominent in her address.

First,—That the Clubs all over the United States should be closely united in sympathy as they are exactly alike in aim and kind of membership;

Second,—That it is a time to consider every matter before them from the broadest view, of relation to the good of the whole Federation, the whole country, and the whole world;

Third,—That careful, constructive and devoted work in Child Welfare is a vital necessity; and

Fourth,—That the Clubs should enter zealously into the American Red Cross Service, and to avoid wasting time and energy by scattering or overlapping the effort, should take advantage of the Relationships Committee formed for the purpose of economizing in power and resources.

The evening closed with a delightful music programme by Mr. and Mrs. Arthur Grippe on the violin and piano. Mrs. W. F. Barnum lead the unison singing of "America" and "Star Spangled Banner," Mrs. Jennie Rice being accompanist.

The Reports of Officers and Chairmen showed a full year's work.

The Treasurer's account showed by Mrs. W. E. Goodyear's report:

Cash in Bank.....	\$603.89
Disbursements .....	213.05
Endowment .....	32.00
Clubs with dues paid 141, and membership 12,316.	

The Auditor, Mrs. E. P. Foster, stated that the report was correct and it was accepted.

The Credentials Chairman, Mrs. J. D. Mintier, reported 141 Delegates, 96 Presidents, 33 District Votes, 101 Clubs being represented.

The absence of the former Recording Secretary, Mrs. A. C. Shipman, was regretted, she having resigned on account of leaving the State. Mrs. W. H. Anderson was the Acting Secretary elected to fill out the term.

Mrs. Charles S. Bateman's report showed great efficiency in expediting Board meetings, and she, with the other officers, was given a vote of thanks. Then followed reports of Chairmen, all displaying great devotion and enthusiasm in their departments, and several of them almost an unbelievable amount of accomplishment, as in the case of Doctor Maude Wilde, Chairman of Child Welfare.

Doctor Maude Wilde's clinics at the Los Angeles Chamber of Commerce have examined in a little over three months 645

infants, giving instructions for their care to the mothers, has conducted clinics in other places and loaned the Los Angeles exhibit to a number of communities for valuable work. Everything contributed to the de-

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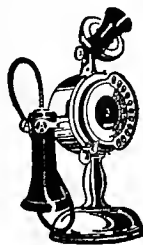
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partment has been gratuitous, and the personal sacrifices of Dr. Wilde are, in the opinion of all who know about them, too great, and the value of her work too vital for any community to accept them without shame for selfishness. Government as well as more private support is to be hoped for as the work is too important to let it die.

Dr. Margaret Clark, who has donated generously of her time and strength to the cause, gave a valuable address on "The Baby," the world citizen, closing with an appeal to women to try and inspire the men of the country to believe that children are as important and have as great a right to care and improvement as hogs or vegetables.

Dr. Lulu H. Peters, Chairman of Health, reported an enormous amount of work done and success along public health education, and legislation, especially in regard to bettering the quality of the milk supply.

The Department of Social Service, under Mrs. Edith L. Kucke, has specialized in protecting foreigners from suffering through their ignorance of our speech, laws, and ways of life.

The Chairman of Industry, Mrs. J. B. Stearns, has been successful in battering industrial conditions in stores, and she asked all the women to use their purchasing power always in this cause.

In Miss Ethel Richardson's explanation

of how a Woman's Club should work to Americanize a community, she made a point of replacing charity with aid to help a family to support itself, and of teaching language to them that they can understand and will have use for.

Mrs. E. K. Foster gave a fine address on Municipal and County Correction Farms.

Mrs. J. E. Brown and Mrs. Robert Burdette spoke on the Endowment Fund, and a number of donations were made from the floor.

Mrs. Charles A. Wiley reported lectures given using Government slides and other work in her Forestry Department.

Mrs. Frederick W. Houser made her report very short on Water Ways, and introduced Mr. George H. Maxwell, who spoke upon Conservation, not only of Water Ways and other physical resources, but also of the health of our youth, and recommended the William P. James idea of government schools for boys.

Mrs. A. S. C. Forbes gave a report of a vast amount of work in her department of History and Landmarks, especially on the Proposed Cahuenga Memorial.

Mrs. Harriet S. Wright, Chairman of Reciprocity, reported a full year and an exhibit of Year Books.

Mrs. E. H. Brooks, Chairman of Education, explained the work of her department in the Literacy campaign, which was

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most successful, and which demonstrated useful facts for future effort.

Mrs. Matthews, Chairman of Federation Extension, reported two new Clubs organized, 11 brought into the Federation, and 4 applications now in.

Mrs. McNutt, Chairman of Parliamentary Law, conducted a very entertaining Parliamentary drill, participated in by members of the Los Angeles Woman's Business City Club, the Los Angeles Travel Club, the Tuesday Afternoon Club of Glendale, and the Echo Park Mothers' Club.

Mrs. Herbert A. Cable, President of the Woman's Legislative Council, and Chairman of Resolutions, prefaced her report with a cordial and personal message from Governor William D. Stephens. She reported favorably on the three measures adopted by the Council and endorsed by the Federation, namely,—Assembly Bill 602, relating to the Moron Colony, Senate Bill No. 32, relating to Woman on Juries, and the Community Property Bills, covering 5 amendments. Mrs. Cable presented Resolutions as follows: Patronage of Home Products, Defeat of the Repeal of Nurses Registration Law, Better Films, Endorsing the three Legislative Council Bills, the Susan B. Anthony Amendment, Hope of Honorable Peace, Support of Child Welfare Department, Anti-Bill Board, Appreciation of the Press, Gratitude to the Hostess Club, Grateful Appreciation to the President of the General Federation, to the State President, to the Los Angeles District President, and to the Officers and Chairmen of the District Board. Her report was unanimously endorsed.

Mrs. Harry J. Slater, District Chairman of Legislation, reported many letters and lectures in the interest of her department, and recommended the endorsement by the Convention of 12 bills, including the 3 of the Legislative Council, Visual Instruction, Junior Colleges, Incorporation of State Federation, Newspaper Boys Bill, Social Insurance, Child Welfare, Pure Milk, Care of Unfortunate Women, and the Cahuenga Landmark bill.

Asst. District Attorney of Los Angeles, Mrs. Kemper D. Campbell, gave an address on the "Fate of a Bill." Mrs. J. Frank

Stout, Peace Chairman, recommended that each Club have a yearly peace day programme. Rev. H. K. Booth gave an address on "Peace and Patriotism."

The Press Chairman, Mrs. Clarence Van Graham, announced that her slogan is: "Educate the Clubs in the value of publicity, co-operate with the newspaper women, and support the 'Club Woman,' which is the official organ of the Federation and as such it should be a duty and pleasure to support it." She presented Mr. Henry James to make the address on "The Relation of Journalism to the Activities of the Modern Clubwomen." He pointed out the fact that to women journalists is due the advantages of Club publicity.

Mrs. F. Yale Adams, Chairman of Home Economics, said that her department was a factory whose output was the child. She reported a vast amount of time and intelligent energy spent with large results. She introduced Mr. Joseph Scott, who made an address on "Home Products," in which he tried to arouse a sense of loyalty to merchants, manufacturers and producers at home, and wage earners, who need our support, if they are to continue to serve us and to develop our local resources and industries.

Mrs. W. H. Anderson reported, as District Political Science Chairman, about 800



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communications sent out, some lectures delivered and gave a short outline for political study sent to the District Clubs, and made an address on "After the Melting Pot, the Mold," speaking of the kind of character our manner of life and institutions are modeling to form the national mold in which are to be cast our future American citizens and the free people of the whole world.

Father Mython, Rector of St. Athanasius Church, spoke fervently for a Home for prevention of Juvenile Criminals between the ages of 16 and 21.

Miss Tapley, a Moving Picture Actor-Manager, made an earnest plea for girls who are stranded here from failure to secure engagements. She recommended different pictures and different kinds of attendance for children and adults, and the studying of the name brand on films as carefully as one would on food or clothing.

Mrs. Ashcroft moved, and it was unanimously carried, that the convention send a telegram to President Wilson expressing loyalty to him and to the Nation, with prayer for peace.

Mrs. W. A. Galentine reported an increase in Club Civic work, and gave her address "Outside our Walls."

Mrs. George E. Larkey, Chairman of Country Life, gave a history of the Recognition of Agriculture as a Science, and the beneficial and educational legislation that has been passed to foster it.

Mrs. Theodora Macomber, Chairman of Literature, reported increased work in her department, suggested a literary exchange among Clubs of ideas, material and speakers, and gave a brilliant essay entitled "This One Thing."

Mrs. Valentine Mott Porter gave recitations from Three Legends of Ireland, which she styled: Sad Old Stories of the Gods and Fairies of Ireland,—"Midhen and Etain," "The Only Son of Cuchulin," and "Dierdne and the Fate of the Sons of Usna." Her interpretations were refined and fascinating.

#### Courtesy Evening to Business and Professional Women

The programme for Wednesday evening, March 28, was given as a courtesy to the Women's Professional Clubs. Miss Elizabeth MacGaffey, R. N. Graduate Nurse Club, Pasadena, emphasized the harm which would be done by repealing the present Nurse's Registration Law. She said that in times of war lack of a thorough training became a very serious and evident handicap, and urged women of leisure to join Red Cross Classes. She explained also the necessity of every efficient Nation having compulsory government social insurance.

Miss Electa Van Eman, R. N. Pres. of the Cal. State Nurse's Association, gave a resume of the work and difficulties of the Los Angeles Public Health Nurse's Club.

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Mrs. Kemper B. Campbell gave an address upon "The Woman in Law."

Miss Sue Brobst, of the Business Women's Civic League, said that one of the first problems of the young business woman is how to have a good time in the evening with those of her own age. As she advances her business perplexities multiply on account of the old prejudices, ignorance and obstacles which will never be removed until all occupations are open to women on the same basis as to men.

Dr. Daisy D. Hayden, of the Woman's Osteopathic Club, reviewed the long history of woman's social slavery. She said that a physician is often hampered by causes due to the extreme poverty of patients, as well as sometimes by those due to extreme wealth, citing an instance when she had been called to risk the dangers of a late night call because a toy lap dog happened to wake up and sneeze.

Miss Wilhelmina Vande Goorberg, of the City Teachers' Club, spoke on the vital and noble work of teaching, saying: "I am more thankful for my occupation than for anything else." This address closed the symposium on the problems of the professional and business woman, which was marked throughout with a clear, forceful, independent manner of thought and expression, and was received with the keenest interest and appreciation by the audience.

The last address of the evening was by Prof. Tully Knowles, on "The Basis of American Patriotism," as opposed to the race vanity and desire for conquest which have caused this terrible war, and said that in spite of the fact that Europeans may not understand our kind of patriotism which loathes war, if any of them ever come over here to try to destroy it "they would hear a tread that would make the stars tremble."

During the Friday morning session, Mrs. Harmon introduced a surprise in the form of a few moments of silence consecrated to the memory of departed ones, and broken by unison singing of "Blest be the Tie that Binds," and afterward the reciting by Mrs. Cecil Frankel of Tennyson's "Crossing the Bar."

During the convention Mrs. Edward Dexter Knight gave two addresses, one a scholarly and brilliant essay on "The Art of Service," and the other a more informal one upon "Reciprocity," which she said meant to her the soul or center of things.

#### Banquet

Thursday evening the banquet at Hotel Windermere was largely attended. It was an unusually brilliant symposium of the wit, beauty and cleverness of charming speech and music. Mrs. O. Shepherd Barum presided as Toast Mistress.



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### Art Exhibit

One of the lovely features of the convention was the display of Thistle Prints, paintings, choice miniature, ceramics and craftwork, all by American artists. The Thistle Prints were obtained through the interest of Mrs. Perkins, National Chairman of Art, and were a traveling exhibit for use of Clubs to be borrowed or purchased by applying to the General Federation Chairman. Mrs. Leta Horlocker, District Chairman of Art, reported a growing interest in her department, many lectures and exhibits given by her, and courses of study outlined.

The officers elected for the ensuing year are: Mrs. Mattison B. Jones, President; Mrs. J. B. Stearns, Los Angeles, Vice President; Mrs. L. C. Hall, Inyo Co., Vice President; Mrs. H. J. Finger, Santa Barbara Co., Vice President; Mrs. John Burson, Ventura Co., Vice President; Mrs. H. M. Warden, San Luis Obispo Co., Vice President; Mrs. S. T. Exley, Recording Secretary; Mrs. Chas. A. Wiley, Treasurer; Mrs. F. A. H. Fysh, Auditor; Mrs. Seward A. Simonds, Member State Nominating Com.; Miss Anne Mumford, Member State Credentials Com.; Mrs. C. E. Ashcroft, Member State Resolutions Com.

When Mrs. Jones was announced as President for the ensuing year, ladies of the Tuesday Afternoon Club of Glendale presented her with beautiful flower offer-

ings and words of affection and admiration for her from the Club, and congratulations to the Federation on her election. When the five Vice Presidents were announced, Mrs. Jones said she hoped "to get on well with all her vices!"

Mrs. Harmon was the recipient of many tokens of the love and esteem of her Club friends during convention ceremonies. Mrs. D. G. Stephens presented to her from the Clubs of the District a shower of love letters, one letter from each Club, a beautiful cameo ring and an offering of gold to begin the amount for placing her name on the endowment fund. This amount was completed to the sum of \$100.00 by those of the Clubwomen present, who volunteered to add to it, and she was informed in an address on behalf of the Clubwomen that her name had been placed upon the Founder's Roll of the State Endowment Fund. She was the recipient also of a lovely string of pearls as a testimonial of the love and esteem of her Executive Board, and of many floral offerings from loving Club friends.

### MUSIC OF CONVENTION

Mrs. Carrie Stone Freeman

Tuesday morning, March 27, the Music of the Los Angeles District Convention Program at Santa Monica started with good enthusiasm and splendid style in the opening number played by Miss Mary Goodrich Read, violinist of Harmonia Club. In her violin solo, Valse Triste by Sibelius, she displayed her breadth of tone and wonderful technique gained during her recent study abroad.

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Tuesday evening, "America" sung in unison, led by Mrs. W. F. Barnum and Mrs. Jennie Rice, accompanist, was heartily enjoyed.

Mr. Arthur Gripp in his violin numbers, "Reverie," Vieuxtemps, and "Adagio" from D Minor Concerto, Spohr, showed wonderful skill and accuracy. He was accompanied by Mrs. Gripp at the piano, who did very careful, accurate and sympathetic work.

The evening session closed with the singing of the Star Spangled Banner by the entire Convention, standing, during the last verse of which there were showers of tiny American Flags dropped from the ceiling where they had been suspended waiting for this climax. Everyone present seemed to have experienced a revival of patriotism, as they left the hall, proudly wearing the American Flag.

Wednesday morning the Covina Lyric Club was a pleasing innovation, appearing in pure white, singing two delightful numbers of "Nevin" with four-hand accompaniments at the piano.

Wednesday afternoon the Cosmos Club Chorus charmed all with their double number, "Where My Caravan Has Rested"—Lohr, and "The Evening Bells"—Schoenefeld, the latter being a Los Angeles composer.

The Vesper Service at the Presbyterian Church was much enjoyed, the program being given by Janet McGregor Wilson; Marie Buchanan, violinist; Mrs. Helen Smyser McKnight, organist; and Leoline

Whipple Stidd at the piano, all of whom did beautiful work. Miss Buchanan in her Kreisler number showed splendid poise, accuracy and brilliancy.

Wednesday evening the Schubert Club sent their splendid California Opera Quartet. The "Barcarolle" from the "Tales of Hoffman" was given in rhythm and with exquisite taste, as was also the famous "Rigoletto Quartet," and Sextet from "Lucia," (arranged for quartet.) The gentlemen's voices were a trifle too heavy at times, but the work of the quartet as a whole was especially good, and deserving of highest praise. Mrs. Whitehorn's round, full, resonant tones were gratifying in the extreme, and delightfully refreshing.

Thursday morning, "Marche Grotesque" was delightfully played by Mrs. Orville Routt. "How Many Dreams," "There Cried a Bird," "O! Mother Mine,"—Sinding, were well given by Mrs. Carl Earl and Mrs. A. R. Gates at piano.

Thursday afternoon the Angelus Ladies Quartet from the Wednesday Morning Club appeared in beautiful flowing Grecian costumes and sang a Capella "To the Muses,"—Bantock, "Spring Song,"—Mendelssohn, and the "Last Rose of Summer." These ladies not only looked beautiful, but sang in a charming manner.

Thursday evening Miss Liela Briscoe, soprano, and Miss Ruth Wyant, pianist, represented the Santa Barbara Music Club at the banquet at Hotel Windermere. Miss Wyant's playing was so good that we wished she might come on the program again. Miss Briscoe's singing was especially clear and in good understandable English.

Those desiring a copy of History of the General Federation can secure same by writing to Mrs. E. G. Denniston, 3454 21st Street, San Francisco. Price 50c per copy.

The June number of The Clubwoman will contain reports of the State Convention, the San Francisco and San Joaquin District Conventions.

## Arden Dairy Certified

(Robbins' Ranches, El Monte, Cal.)

### Certified Milk and Cream

Highest Grade Butter, Cottage Cheese, Bulgarian Ferment.

The only certified dairy in Los Angeles County.

Deliveries in Los Angeles, Pasadena, Hollywood, Long Beach, Ocean Park, Venice, Santa Monica, Hermosa Beach and Redondo Beach.

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#### HOME PRODUCTS

### SUETENE

THE IDEAL SHORTENING

Made Fresh Every Day

### REX

PORK and BEANS

With Tomato Sauce

**Appetizing Delicious Nutritious**

Manufactured under Government

Supervision by

**THE CUDAHY PACKING COMPANY**

Los Angeles, Cal.

## TO HELP THE HOME MAKER

With the advance of scientific merchandising it has come to be more and more the object of the discerning dealer to make of his place of business not a mere stockroom where certain needed things can be found and bought, but rather a model interior, the very character of which will be a help to the shopper in the efforts upon which she is engaged.

A store which has brought this policy to a high point of perfection is the California Furniture Company, of Los Angeles. To the clubwoman who is interested in home-beautification their establishment is a mine of ideas, not only as regards articles of furniture themselves but in their arrangement, adaptation to color schemes, draperies, papering and physical house structure. The company makes a point of considering every piece upon its individual merits and capabilities in the direction of harmonizing with other articles, the result being an attractive individuality with a maximum of comfort and utility.

The buying for the company is personally done by its president, A. H. Voigt, well-known in Eastern markets for discrimination and thoroughness. He has made the

selling of home beauty a sort of slogan for his house and the goods offered are selected with this object primarily in view.

The store makes a specialty of silent suggestion for home furnishings, accomplished through model arrangements of goods whereby the buyer can see the effects for herself, as well as the practical use of many articles which would not occur to her except when actually seen. Specialists in artistic home decoration, with every accessory at hand, have wrought effects in the furnishings of the library, the table, the living room, the bedroom and den, the visible results of which cannot but help the most unimaginative to artistic comfort.

The sixth floor of the great establishment will interest every club woman—and all are specially invited to visit it. Here various types of interior decoration have been carried out to match different colors and styles of walls and ceiling. The rough plaster ceilings have been transformed by artistic relief work done in ivory and the walls paneled to harmonize with the general schemes. The furniture itself is not less remarkable.

### WOMEN'S LEGISLATIVE COUNCIL OF CALIFORNIA

The Women's Legislative Council reports that the following bills passed both houses of the legislature, and now await the governor's signature to become laws of the State:

A. B. 602—Ambrose—Providing for an Institution for the care of Feeble-minded and Epileptic persons.

S. B. 32—Benson—Making women eligible for Jury Service.

S. B. 359—Luce—Requiring the wife's signature to the transfer of real property.

S. B. 143—Jones—Changing the Code Definition of Community Property.

S. B. 992—Kehoe—Removing the Inheritance Tax from the wife's share of Community Property.

A. B. 65—Bartlett—Providing for a division of Community Property without divorce.

These bills represent the major portion of the legislation proposed and endorsed by the Legislative Council and submitted by that organization to the 1917 Legislature.

Headquarters were maintained at Sacramento throughout the session of the Legislature, with the President, Mrs. H. A. Cable, in charge, who was ably assisted by the Vice-President, Mrs. R. O. Moody, Mrs. Mary Roberts Coolidge, President of the California Civic League, and Mrs. A. E. Carter, President of the Oakland Civic Center, who was in charge during the absence of Mrs. Cable.

Representative women from both the northern and southern parts of the State attended the various hearings and assisted

materially in furthering these measures.

All bills must be signed by the governor within thirty days of the adjournment of the Legislature in order to become laws of the State.

Will you write to Governor Stephens asking for his signature to these bills, and will you also write to the authors of the bills, thanking them for their work in behalf of this legislation?

### EMERGENCY SERVICE COMMITTEE

The California Federation of Women's Clubs, in response to the call from the General Federation, will immediately form an Emergency Service Committee, to be composed of a Chairman, two Vice-Chairmen, and a member from each of the six districts.

Mrs. Seward A. Simons, 1107 Buena Vista street, South Pasadena, will serve as Chairman of this Committee, and the other members will be announced later.

Clubs may refer to this committee for information and instruction.

Let us plan to make use of our own organization before seeking opportunities in other directions.

Let us make a personal response to the pledge asked of the individual club women by our General Federation President, Mrs. Josiah Evans Cowles, as follows:

"I will use only those amounts of food required for adequate nourishment. I will endeavor to control the waste in all kinds of materials in the household and to live simply. I will begin now."

If the call comes for volunteers to make the military registration of men of conscrip-

tion age, it has been suggested that club women are particularly qualified to do this work and can thereby render a concrete patriotic service.

BERTHA L. CABLE,  
President California Federation of Women's Clubs.

## DISTRICT NEWS SOUTHERN

### MRS. F. J. MUELLER

In this hour of national danger, we must show ourselves no less heroic or self-sacrificing than the men and women who founded and preserved our country for us.

We can serve now, by encouraging enlistments in army and navy, by working in the Red Cross, and kindred organizations, and by helping to raise and save food.

ELIZABETH T. ARNOLD.

The executive board of the Women's Ten Thousand Club of El Centro on the occasion of a social afternoon, at which they were the hostesses and the club members the honorees, presented the organization with a beautiful wool bunting flag, 4 by 7 feet, which will grace all future meetings of the club. The presentation speech was made by the president, Mrs. A. H. Griswold. A flag guessing contest, in which the one correctly naming the greatest number of flags of other countries was awarded a prize of a tiny stick pin flag, enameled in colors, and refreshments carrying out the patriotic colors, were also pleasant features of the afternoon.

On the evenings of April 13 and 14, the Women's Improvement Club of Corona staged a most unique and beautiful "Pageant of Spring," in their club house. Miss Helen Coffin, leader of the Drama Section of the club, arranged the fourteen movements of the pageant and had general supervision of it. Each movement was developed by a committee of club members, who made the stage settings and trained the participants.

The spring legends, beginning with the early Greek myths and taking in every country, ending with California and Spring in the Heart, were depicted. A considerable sum was realized to apply to the club debt.

At the last meeting of the Hemet Woman's Club, a cooking demonstration was given by Mrs. Fowler of the University of California. There were 85 ladies at the morning session when salads and their food value were the subject. In the afternoon a larger crowd watched the demonstration of cake making.

The annual convention of the Orange County F. W. C. was held at Anaheim Saturday, April 14, The Ebell Club acting as hostess. The forenoon was given over to discussion of the reports of the County

# A Home Product

It is with a sense of pride that we place a sack of Sperry Flour in your home. Since 1852 we have been milling an absolutely uniform dependable flour and we believe that you will find within a sack of Sperry Flour the most satisfactory and nutritious food stuff obtainable.

Your grocer, the up-to-date merchant, sells Sperry Flour and Cereals with the feeling that he is pleasing his customers.

Moral:--Buy Sperry Flour



officers, chairmen of departments and club presidents; the afternoon to addresses. Mrs. C. C. Arnold of Riverside, and Mrs. George Alonzo Miller, member of the Board of Directors of the National Council of Women, were the principal speakers.

Last fall the College Club of Imperial Valley took for its work the raising of \$100 for a scholarship to be loaned to some Imperial Valley girl for her first year in college. At a meeting the last of March, fine progress on the scholarship fund was reported.

At the meeting of the San Bernardino County Federation held in Rialto, April 19, Mrs. Florence Dodson Schoneman brought the company into enthusiastic attention by the statement that if war came to Southern California, her large home on Bunker Hill, Colton Avenue, would be at the service of convalescents from the hospitals.

Country Life and Home Economics were especially featured at the convention.

The Saturday Afternoon Club of Banning held a delightful Reciprocity Day, April 28. Miss Margaret McKee, the charming whistler of Los Angeles, was one of the entertainers.

An Indian Welfare Committee has been organized in the southern district with the following members named by Mrs. Arnold: Mrs. J. W. Davis and Mrs. J. P. Fisk of Redlands, Mrs. Fred Roberts and Mrs. Matson of Escondido. Others will be added soon.

A general interest is being taken in legislative matters and in securing better films for children, and the last few weeks have seen the Club meetings taking a very decided patriotic turn. Red Cross work is claiming the attention of serious club women and many of the leaders feel that the clubs should feature Red Cross work almost entirely if they would hold the interest of their members, at this critical time.

## SAN JOAQUIN DISTRICT

Mrs. J. E. F. Edwards

The San Joaquin Valley District has just closed a most successful convention at Fresno, April 24-26. A full report of the meeting will be given in the June number of The Clubwoman.

San Joaquin valley, the magnificent, was at its best with its rich farming lands, orchards and vineyards; its snow capped Sierras and its gleaming rivers making a picture never to be forgotten.

The visiting delegates and officers of the District were given the keys of the city and accorded every courtesy from club women and citizens of Fresno.

The election of officers gave the district Mrs. W. A. Fitzgerald, for President; Mrs. M. L. Veenfliet, Vice-President; Mrs. A. D. McLean, 2nd Vice-President; Mrs. J. F. Bedesen, 3rd Vice-President; Mrs. J. H. Corcoran, 4th Vice-President; Mrs. L. G. Muller, Recording Secretary; Miss Marguerite Humphrey, Corresponding Secretary; Mrs. H. E. Armstrong, Treasurer; Mrs. C. S. O'Bryan and Mrs. J. B. Hart, Auditors.

An installation of officers with speeches from outgoing to incoming officers proved a pretty ceremonial. Mrs. A. B. Armstrong was presented with a handsome pin, in appreciation of her two years' service as chief executive. Mrs. H. W. Neely, retiring Treasurer, also received a token acknowledging her work for the federation. After the strenuous business sessions covered by President's reports, and those of District Chairmen, a fitting climax of the entertainment side of the meeting was the lecture of John Kendrick Bangs, on "Salubrities I Have Known," also well known to the audience, who reveled in the humorous stories and quaint conceits of the speaker.

A reception to newly elected officers with music and refreshments was the concluding feature of the 20th annual District Convention. Hanford will be the hostess city of 1918.

## A Surety of Purity



The radiant "Good Luck" Seal is a symbol of Purity and Quality to a Million Good Housekeepers. They insist on seeing it on the ends of every package of Biscuits they buy.

**Pacific Coast Biscuit Company**



### SAN FRANCISCO Mrs. W. C. Morrow

The annual meeting of the San Francisco District Federation of Women's Clubs was held in Eureka, Humboldt County, April 17-20.

One of the unusual features of this Federation meeting was that the delegates went as the guests of the Club Women of the whole county instead of as the guests of the Club Women of one city, as is usually the case.

The Local Board had already been organized with Mrs. G. W. Murray, District Vice-President, as Chairman; Mrs. A. C. Noe is the Secretary; and Mrs. A. W. Kildale is Treasurer. The Presidents of all the clubs of the county were members of the Local Board.

The women of Eureka very sensibly arranged that the sessions be varied and some playtime allowed. There was an excursion to different sections of the country, and visits were made to the giant redwoods which are a feature of Humboldt County, and for which it enjoys a world-wide fame.

The Presidents Assembly of San Francisco enjoyed a Bohemian luncheon at its last regular meeting, and at the present cost of high living one wondered how such a bountiful luncheon could be served at such a comparatively small cost. Discussion as to how to reduce the cost of living was participated in by members who had been asked to speak and also by those who left impelled to state their opinions. A nominating committee was appointed, for to everyone's regret, Mrs. Fredericks will yield the sceptre she has so gracefully waved.

The Forum Club had college women from Berkeley recently as their guests, and a part of the partheneia of 1917 was presented. Miss Anita Wales, who was graduated in 1916, gave an analysis of the Partheneias. She was interesting and impressive. Musical selections were given from the score of "Youth's Adventure," Partheneia of 1917. They were played by the composer, Miss Sarah Unna.

Laurel Hall enjoyed an artistic afternoon recently when Mme. Jules Clerfayt gave an interesting talk on "Tapestries of the Gothic and Renaissance." Mrs. John Martinon, the President, who was lately injured by a motor car when alighting from a street car, is happily on the road to recovery.

Ina Donna Coolbrith, Poet Laureate of California, was given an ovation on the occasion of her birthday. A delegation of school children went to her home on Russian Hill, 1067 Broadway, and sang songs written by her, and showered her with flowers. It literally "rained daffodils" on her head crowned with its wealth of silver



Baked in America's cleanest and finest bakery, endorsed by the California Federation of Women's Clubs, delivered fresh to your door every day if you will telephone.

1 0 6 6 7  
Broadway 67

Reduce the High Cost of Living

Use

## VIOLET BRAND SHORTENING

"The Shortest Shortening by a Long Way"

Unequaled  
For  
All  
Baking



Use  
 $\frac{1}{2}$  Less  
Than  
Butter

HAUSER PACKING CO.  
Los Angeles, U. S. A.

hair. Miss Coolbrith has been confined to her bed for nearly seven months with a persistent attack of rheumatism, but she was able to stand in her window and acknowledge the sincere tribute of affection from some of her many admirers.

The Vittoria Colonna Club had an address by Mr. George Barron. He chose the romantic landmarks of San Francisco and gave some of its history. Mrs. North-Whitcomb also gave some interesting notes.

Cap and Bells held its thirteenth annual breakfast in March, and it was a unique affair. Mrs. D. Richard Martens was the inspiration of an original setting for the brilliant affair. She conceived the idea of having it appear as though it were fairyland and reviewing the Club work as fairy stories. Mrs. William Crocker, the President, was dressed as a fairy queen, and told the first fairy story. Then others took up the theme and elaborated it. Miss Mae O'Keefe presided at the Jester's table, with the jester in the center, and the thirteen candles, indicating the club's years, standing at the places and tied together with bells. There was a beautiful Lohengrin table with snow-white swans driven by a kewpie, and a California table massed with golden poppies. Mrs. Ella M. Sexton told of the literature of the club, and others told of its art, drama, etc.

Clubs are now opening their meetings with the singing of "The Star Spangled Banner," and closing with "America." The women are all wearing small flags, and there is no lack of patriotism shown. It is to be hoped that mothers will teach their sons to take off their hats when they pass the flag of our free country.

#### ALAMEDA

Mrs. A. W. Keitle

The Ebell Club of Oakland recently gave a most delightful program, consisting of moving tableaux of historical events and persons of California, illustrated by the various study sections of the Club. The occasion was in celebration of California history and landmarks and was under the direction of Mrs. J. E. Thane.

The members of the Art History Section of the Adelpian Club of Alameda spent a profitable and health-giving afternoon in Golden Gate Park on April 9th. At noon they gathered in the Japanese gardens for an al fresco luncheon, giving the later hours to a ramble through the Academy of Science, Museum and Picture Gallery.

An annual flower show was held last month by the Hillside Club. The pretty North Berkeley building was opened to the public on Sunday and Monday afternoons, April 15 and 16. It proved to be one of the most interesting events of the Club



**The success of your baking depends largely on the flour you stir into your bread, cake and pastry.**

**You eliminate doubtful results, you insure light, flaky, fine grain, good and wholesome baking when you use**

**Globe  Flour**

**It is no more of an effort to have this splendid flour in your home than any other, and it is much more of a satisfaction.**

**Globe Mills**

**Los Angeles**

year, showing the wonderful blooms which Berkeley and more particularly the Hillside members are growing in their gardens. Prof. Chas. F. Shaw, Chairman of the large committee, had the exhibit in charge.

The Home Industry and Fashion show recently given by the Philomathean Club of Stockton was a brilliant success. Much credit is due Mrs. John Windell Barrett, under whose supervision the show was given.

Home industries and fashions from Stockton's own shops were displayed and shown by Stockton's young people to great advantage. A boudoir scene, in which many charming children took part, was one of the beautiful features. Another charming number was "The Wedding," in which many wonderful costumes, hats, and jewels were displayed. Sport costumes and afternoon gowns for all occasions were effectively shown by well-known Stocktonians, and clever stunts made the program one of exceptional interest. The finance committee reports the realization of the neat sum of \$700 toward the building loan fund from this show. The Club is now turning its efforts toward a fund for the Red Cross. A card party was held at the Clubhouse on April 21 and the proceeds turned over to that organization.

#### DISTRICT PRESIDENT

Mrs. Fisher R. Clark recently visited and addressed the Oakdale Club. On April 9th she was the guest of the Aldine Club of Stockton. Upon this date Rabbi Harvey Franklin entertained the Club members and their friends with a most interesting illustrated travelogue on Alaska. On April 17th, Mrs. Clark was the guest of the Twentieth Century Club of Oakland.

#### LOS ANGELES

Mrs. Clarence Van Graham

At the luncheon following the regular monthly meeting of the Los Angeles District Executive Board, C. F. W. C., the guests of honor were the newly elected of-

ficers of the District, Mrs. J. C. Urquhart, President of the Santa Monica Woman's Club, and members of that Club who made the recent District Convention so delightful, besides the Chairmen and Committees that served at that time. The retiring President, Mrs. Lloyd W. Harmon, was Toast Mistress, and the numerous responses made were replete with harmony, love and service. There were sixty-five in attendance.

The Montebello Civic Committee made up of the Montebello Woman's Club, P. T. A., and Chamber of Commerce, have recently celebrated an Arbor Day, at which time the planting of Cocos Plumosis palms on Whittier Boulevard, and the general planting of this as well as of other varieties of trees on other avenues of Montebello, was extensively engaged in. The day was made a holiday and every citizen laid aside business for an hour at least, to lend a hand in the tree planting. This committee has given the first of a series of free lectures, to be held in the Star Theater, the speaker being Luther Whiteman of the U. S. Forest Service.

The Wednesday Afternoon Club of Alhambra is proud of its record of sixty-one  
(Continued on Page 48)



*You can do  
better Baking*

Give it a Trial  
and be convinced

FOR SALE AT  
**RALPH S  
GROCERY**  
and other first class  
grocery stores



## BESGRADE FLOUR

is the **ONLY** flour in Southern California that is packed in sanitary, PAPER-LINED, dirt-proof sack. It is 100 per cent "clean and good." Thousands of housewives have found it to be the **BEST AT ANY PRICE** for bread, biscuits and pastries. Bake your own bread with "BESGRADE" and save 40 per cent of your bread bill.

**GREAT WESTERN MILLS**

10794

Main 2243

# HOME DEPARTMENT

## PROTECTING THE PUBLIC

The advertisements of foods and foodstuffs which appear in this and coming issues of *The Clubwoman* are from firms which have in every respect conformed to the rigid requirements laid down by the Department of Health, C. F. W. C., as a part of its present campaign for the protection of the public through the elimination of impure foods and food materials. In every case, before a food advertisement is accepted for the official magazine of the Federation, the plant or establishment is thoroughly inspected by a special committee named for the purpose by the Department of Health and composed of qualified experts on the subject. The appearance of such an advertisement in *The Clubwoman* is consequently prima facie evidence of purity, reliability and patronage worth.

The work of the committee has now been extended to include the inspection of laundries and other establishments whose work affects the public health.

At the head of the department's committee of inspection in the South is Dr. Lulu H. Peters, M. D., Chairman of the Department of Health for the Los Angeles District.

At the head of the department's committee of inspection in the North is Dr. Mariana Bertola, M. D., Chairman of the Department of Health and Child Welfare of the San Francisco District.

## WOMEN PATRIOTS URGE THAT WAR HYSTERIA BE AVOIDED

That the women of Los Angeles are determined to do their part in the war was forcibly demonstrated at the monthly dinner of the Women's Advertising Club last night at the Pig'n Whistle, when resolutions were adopted deploring the present wave of hysterical economy and urging women to continue to buy as in normal times, and help make sustained business a reality. Miss Jessa Mosher was chairman of the evening.

"Women, as citizens, are just as anxious to do their bit as the men," declared Miss Florence E. Shindler, President of the Club. "It is obviously impossible for advertising women to raise potatoes in the back yard, correct waste in the home or sew for the Red Cross. While these are all of immense benefit, there are other channels of 'practical patriotism' that will be of equal value to the country.

"President Wilson has urged that business conditions be kept normal as far as possible. How can this be done if women, who do 80 per cent. of the country's buying, become panic-stricken and practice demoralizing economy, which, if persisted in, will mean savings drawn from banks, public improvements suspended, cessation of retail buying and general stagnation and unemployment for thousands?

### Up to the Women

"It is the merchant who will suffer first. Wavering sales will spell pandemonium for him; he will doubtless be forced to retrench on advertising and this, in turn, will affect the newspapers, our cheapest and

most efficient distributors of the world's news.

"In other words, it is largely up to the women of our nation to avert a business crisis just at a time when we need every ounce of energy to meet stupendous tasks of production and manufacture, and also insure a maintenance of our enviable trade supremacy after the war.

"For these reasons, we believe advertising assumes more importance than ever before; that it comes now as a particularly timely factor in educating women as to where they can buy to the very best advantage in these days of soaring prices. Women who never before were guided by advertising, will now turn to it as a welcome shopping index."

### Text of Resolutions

The Club embodied its views in the following resolutions:

Whereas, our country has become involved in the great world war in which every one of its citizens is called upon to do his or her part, be it

Resolved, that we, the members of the Women's Advertising Club of Los Angeles, pledge ourselves to personally and professionally do all in our power to help preserve normal business, and to dispel hysterical fear and indiscriminate frugality; and be it further

Resolved, that we appeal to all other women of Los Angeles and vicinity, whether they be in the home, office or factory, to go about their buying as usual, to restrain from food hoarding, and to support

all advertisers as formerly, for the latter can operate their establishments to the best advantage of the buying public only when it remains sane; and, be it further

Resolved, that we express confidence that the circulation of \$7,000,000,000, practically all in the United States, as proposed by the war budget, cannot help but mean an unprecedented era of national prosperity; and, be it further

Resolved, that these resolutions be spread upon the minutes of this Club and that copies be sent to the newspapers, the State Federation of Women's Clubs, now in convention in Pasadena; the Chamber of Commerce, the Merchants' and Manufacturers' Association, the Retail Dry Goods Merchants' Association and the other women's advertising clubs of the country, with a request that the latter adopt similar resolutions.

In the interests of a nation-wide thrift, made doubly necessary by the exigencies of war, the Home Industry League of California has placed in the hands of every employe of every member of the league the following letter, signed by Charles R. Thorburn, executive secretary:

"As you know, the entire country is now being swept with a crusade for thrift. This

does not mean that you should deny yourself anything. It means that you should merely exercise thought in how and where to spend the money you intend to spend.

"Only a few moments' reflection is all you need to have to realize that since you are earning your own living in California, the more that California prospers the more prosperous will you be yourself. The more cash which is kept in circulation in the State, for goods bought in the State and made in the State, the easier will cash remain for you and your fellow employees. It must be obvious, then, that true thrift comes from buying home-made goods from your home-town merchants.

"There are manufacturers in this State who spend all their money in California for labor and material, who make everything necessary that you eat, drink or wear and if you buy California made goods, the money you spend stays right here at home and is divided among your brothers, your sisters and your friends. This makes times better for you; makes busier factories and stores; more people are employed at better wages. It is up to you and your family to help home manufacturers.

"When you spend even a nickel, see that it buys some article made in California. Remember this when you spend your salary or wages."

Ralphs Grocery Co.

SELLS FOR LESS

(Highest Quality Goods)

*Golden Crown Butter*

Can not fail to please you, because—

From milking time until it is delivered into your home, every precaution is taken to guard its cleanliness.

WHEREVER QUALITY PREVAILS  
GOLDEN CROWN BUTTER IS SOLD

Ask your grocer

Golden Crown Butter Company

*"Fleischmann's yeast is splendid yeast. Bake with Fleischmann's yeast".*

## THE BLUE ROOM OF THE SOUTHERN CALIFORNIA BUILDING AT THE SAN DIEGO EXPOSITION

By Florence Collins Porter

The news that the beautiful Blue Room of the Southern Counties Building of the Pacific International Exposition is to be given over to the Clubwomen of San Diego, is of especial interest to the thousands of club women who visited it during 1915 and 1916.

The beauty and harmony of the room was befitting the many social functions held there, with Mrs. Charles L. Wilson as resident hostess, and the members of the Woman's Auxiliary, Mrs. Belle Stewart McKee, San Diego; Mrs. L. B. Hogue, Ventura; Mrs. W. W. Wilson, Orange;

General Federation of Women's Clubs; Mrs. Story, President of the D. A. R.; Mrs. E. D. Knight, President of the California Federation of Women's Clubs, and many women representing national organizations in music, art and literature. Madame Schuman-Heink and Zamova, the great Russian actress; the list is too long to enumerate.

A special tribute is due the Starr Piano Company, which so generously furnished the handsome piano of that name. The instrument was encased in old ivory especially to match the room.

And the echoes of these delightful mem-



*The Blue Room at the San Diego Exposition—Now the Headquarters for Clubwomen of that District*

Mrs. W. W. Weaver, Imperial; Mrs. R. F. Garner, San Bernardino, and Mrs. Florence Collins Foster, Los Angeles; each representing her county on the Woman's Board.

Many distinguished visitors were honored guests in the room: Ex-Presidents Taft and Roosevelt; Governors of nearly all the States, jurists, scientists and authors.

Among women representing federated societies who were honored guests, were: Mrs. Percy V. Pennybacher, President of the

ories are still reverberating through the wide mission arches and corridors of the never-to-be-forgotten Southern California building.

The Clubwomen of San Diego have come to all this by rightful inheritance. May it be many years before the destructive elements of time force them to abandon their beautiful headquarters, which, I know, are also headquarters for the Clubwomen of all California.

# Golden State Limited

- for Chicago and St. Louis via El Paso and Kansas City.
- the line of low altitudes. Diner and observation car all the way.
- Leaves Los Angeles, 11:45 every morning.
- A perfectly appointed, fast train
- and Safety first always.

Southern Pacific, El Paso & Southwestern, Rock Island Lines

See the Apache Trail of Arizona



212 WEST SEVENTH STREET  
207 GROSSE BUILDING  
519 SOUTH SPRING STREET

(Continued from Page 43)

new members for this year, making a total membership of 190. Alhambra being a city of homes, its home makers carry this spirit into their Club and the new members recently expressed their appreciation of their cordial welcome, by installing an up-to-date, commodious gas range in the Club kitchen. The Hospital Committee, whose work has been greatly lightened by this gift, wished to bear a portion of the expense, since they have been able in spite of soaring food prices, to net a small profit from the monthly luncheons served. The programs of this Club will compare favorably with those of the larger ones of Los Angeles.

The Women's Twentieth Century Club of Eagle Rock entertained in honor of the District Board of Los Angeles, on Thursday afternoon of April 26th. The Board was much complimented by this unusual token of esteem.

The Hollywood Woman's Club has had many interesting programs during the season. The musical event of their club year was the Brahms Quintette, which gave one of their interesting concerts on Wednesday, April 18th. Recently Lorin Handley, President of the Board of Public Works, addressed them and gave many interesting and illuminating facts and figures of city affairs.

At the meeting of the Reciprocity Club which was held, Tuesday, April 17th, Mrs. William H. Anderson, the popular and efficient recording secretary of the Los Angeles District, C. F. W. C., who has endeared herself to all who know her, delivered her scholarly address on "The Mold." Many who attended the District Convention at Santa Monica were disappointed when this particular address was crowded out by the press of other matters, and the meeting of the Reciprocity Club, which was held at the Broadway Auditorium, was largely attended by those who wished to hear Mrs. Anderson.

"A Review of the Comparative Philosophy of the East and West" was the all-embracing title of an address at the Ruskin Art Club lately by Count Stephen K. Szmanowski. Mrs. W. J. Saunders also talked on "Sepoy Mutinies."

Louise Carola Davis gave a wild bird song recital recently at the Cosmos Club, which proved delightful and unusual, in that she can use her flexible lyric soprano voice with captivating, birdlike similitude, which, coupled with her descriptive accounts of the life and habits of the birds she imitated, proved most instructive.

## ARE THERE KINDERGARTENS IN SCHOOLS?

At the meeting of the National Federation of Woman's Clubs in New York last summer resolutions were passed urging clubwomen to work for kindergartens. Our own State Federation had already passed such a resolution in 1915, presented by the Contemporary Club of Redlands, and since that time club women all over the State have done splendid work toward securing such classes.

This has been made easy because of the law which allows kindergartens to be opened on petition of the parents of children of kindergarten age, which has proved so effective that educators throughout the country are watching our progress.

But many of our towns, which are large enough to support kindergartens, are still without them, while others have not enough classes to take care of all the children needing this training.

Dr. Margaret Shallenberger McNaught, State Commissioner of Elementary Schools, says "Kindergartens can now be established and maintained in every place sufficiently populated to require them," so that if we really want such classes, there is nothing to prevent our working to secure them.

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If there is no kindergarten in your public school write to Mrs. Irving Grant Davis, Special Collaborator U. S. Bureau of Education, Redlands, Cal., and she will furnish you with a petition blank and literature and tell you how to proceed to have one established.

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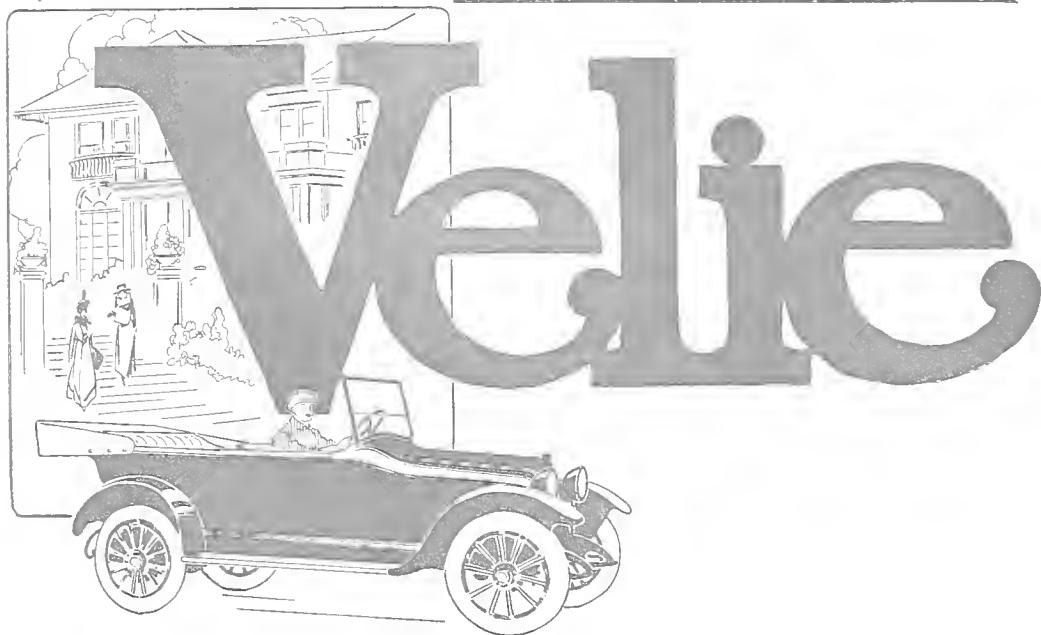
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# The Club Woman

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June, 1917  
Vol. IX, No. 8



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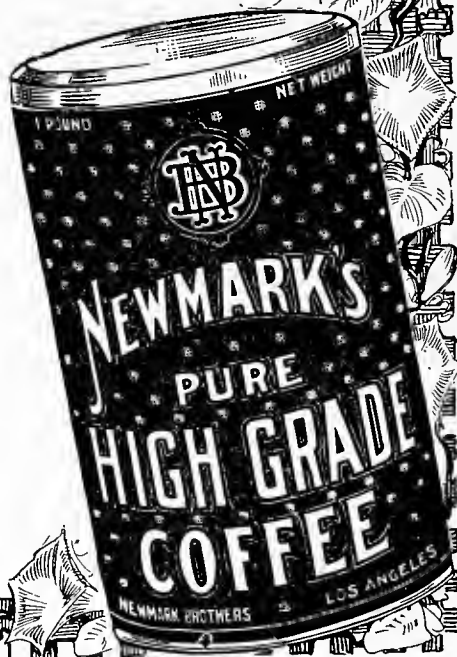
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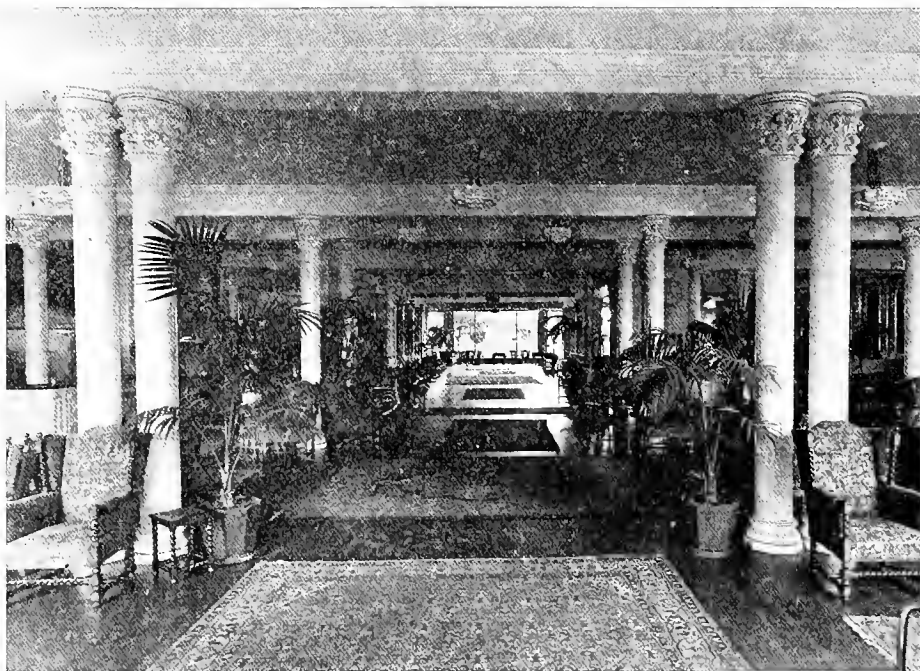
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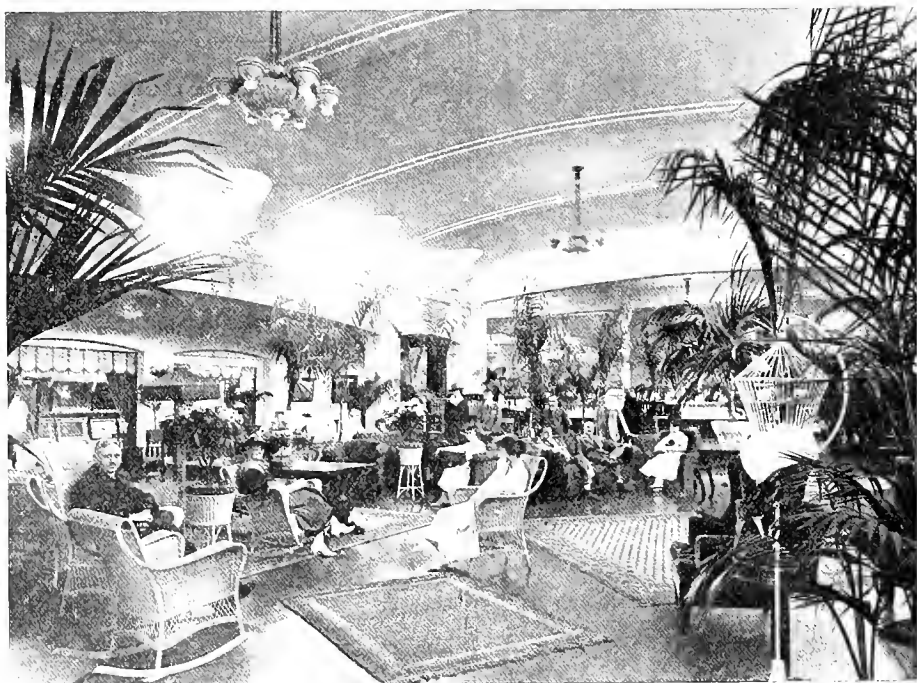
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Looking Through the Lobby, Hotel Maryland, Pasadena



## EDITORIAL NOTES

"Sometimes, for most of us, there comes the disappointment of finding that we are not big enough to do a work in which our hopes have been long set. The biggest phase of this new chivalry, the chivalry of woman to woman, lies in being able to recognize our own inability, and at the same time push forward some one in our place who can and will do the thing we desire to do. It is a chivalrous thing to hold up the hands of some one else who is doing the work we longed to do."

Governor Stephens has greatly honored the State Federation of Women's Clubs in the appointment of its president, Mrs. Herbert A. Cable, on the State Council of Defense. But it is a big burden, even for so efficient and capable a woman as Mrs. Cable and the club women must stand by her and help share the burden as well as the honor.

It was a matter of great regret that our California leader, Mrs. Cowles, was not accompanied by any representative from her own State when she went to preside over her first Council meeting in New Orleans. When California's director, Mrs. E. G. Deniston found that existing conditions made it imperative for her to remain at home, your president tried to arrange to go, but just at that time the call to organize the clubwomen of California for war emergency service rang out so clearly that other duties became secondary.

Immediate steps were taken to get into communication with every club in the State and to plan a constructive program for the convention which was so soon to follow.

Two district conventions claimed some of the few intervening days and the pressure of time, as well as the necessity of being within call of the home district made it impossible to leave California.

We hoped that a representative who could make the trip might possibly be found, but were disappointed.

We followed our loved leader in spirit, however and were gratified but not surprised when the excellent reports of her able leadership reached us.

Let as many as possible plan now to attend the next biennial convention to be held in Hot Springs, Arkansas, in the spring of 1918.

California is fully appreciative of the honor which Mrs. Cowles has brought to our State and we rejoice daily because at this crucial time we have been able to send forth such a safe, sane and able leader.

(Mrs. E. D.) HELEN M. KNIGHT.

Our slogan, "every number of The Clubwoman better than the last." will be hard to live up to after the "Defense Number."

We have received many compliments on

the May Clubwoman, all of which we are turning over to Mrs. Frank A. Gibson, who is the one largely responsible for it.

The conservation of health is more needful even than that of foods, and women may do loyal service to their country by keeping their own home sanitary, and their own family in good physical condition. Every unvaccinated person should be vaccinated and those who have not been vaccinated within the past five years should also be vaccinated. It is no time to take risks. If we win this war, and WE WILL, the ranks of our soldiers of industry must not be decimated by preventable diseases. It is unpatriotic to be ill of any preventable disease.

The State Convention reports will be continued in the July Clubwoman. Miss Kate Foley's splendid address on the teaching of the blind in California will be printed in full, extracts from other addresses will also be given. Mrs. Gertrude S. Roder's address on "A Permanent Agriculture" is finished in this issue. Reprints of it may be had by addressing Mrs. Henry De Nyse, Farm Advisor's Office, Riverside, Cal.

Clubwomen must not confuse the Woman's Committee of the National and State Council of Defense with the Emergency Committee of the Federation, State and General. The first is a unifying of all women's organizations, connecting them through their State organizations with the Federal Council of Defense. The second is purely a Federation matter.

Clubs may obtain suggestive subjects for the discussion of the causes and purposes of the war by addressing Secretary of the Interior, Washington, D. C.

Events are tumbling so fast on the heels of each other that it is hard for a monthly publication to keep up with them. We can only sift out the important facts.

### A PROPHECY FULFILLED

(From the report of the Fourteenth Annual Convention, C. F. W. C., published in The Clubwoman, June, 1915, by Mrs. Haines Reed.)

One of the most efficient women in Federation today is Mrs. Herbert A. Cable, President of the Los Angeles District, and we see upon her already, the shadow of a future State President's mantle. She was urged to be a candidate from the floor of the convention but refused the honor.

Upon all the occasions that she spoke or rose to points of order, and they were very frequent, she was upheld by the chair and was found to be thoroughly parliamentary.

Her report was one of the most complete and comprehensive of the convention.

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## STATE PRESIDENT'S LETTER

In a letter received from our General Federation President, Mrs. Josiah Evans Cowles, the clubwomen of California are called upon to co-operate heartily with the Women's Committee for the Council of National Defense and to join in organizing a Women's Committee for California.

Mrs. Cowles calls our attention to the fact that the plan of state organization as adopted at the New Orleans Council of the General Federation of Women's Clubs, is unchanged, and so the Emergency Service Committee as announced last month will remain a standing committee of the State board.

The intensified work of war relief will be carried on in addition to, not at the expense of, the regular department activities.

The registration plans will be changed to conform to the governmental registration, which is being very carefully prepared by authorized representatives of the government.

The Pledge, as prepared by Mrs. Cowles, and adopted at New Orleans, is being signed by thousands, and a continuation of enthusiastic Pledge signing and all that the Pledge stands for, is urged.

The California Federation was represented by the President at the meeting of State organizations of women in San Francisco,

May 28th.

The meeting was called by Mrs. Frank A. Gibson, who was appointed by the Women's Committee of the Council of National Defense to organize a California committee to work with the national committee.

The plans for work of this organization of women which seeks to unify and co-ordinate the woman power of the country are as follows:

1. Registration for service.
2. Food production, consumption and its temporary storage and distribution.
3. Women in industry, with particular attention to the preservation of the best standards regarding hours, wages and conditions.

4. Training for special services as the need for these services develop.

5. The preservation of those inner defenses of our national life, both material and spiritual, which if allowed to weaken must weaken the entire national structure.

The California Federation of Women's Clubs pledges its best service and its entire loyalty to the General Federation and its honored and beloved leader, Mrs. Cowles, and to the committees of the National and State Councils of Defense in the effort to carry out these plans, and calls upon every clubwoman to share in this important work.

(Mrs. Herbert A.) BERTHA L. CABLE.

### WOMEN'S LEGISLATIVE COUNCIL OF CALIFORNIA

Mrs. Herbert A. Cable, President

With the signing by Governor Stephens of A. B. 602 during the last hours of the allotted time providing for the institution for the care of feeble-minded and epileptic persons, the Women's Legislative Council witnessed the successful completion of its legislative work for 1917.

Women may well congratulate themselves that so much of the legislation known as "women's legislation" passed this session of the Legislature and was signed by the Governor, making these measures laws of the State.

In considering the measures presented and worked for by the Legislative Council it is difficult to decide what particular legislation will mean the most to the women of the State, although if a choice had been required of us, we would probably have decided in favor of the institution for the care of the feeble-minded since this means a care which is so much needed in our State of a most unfortunate class who can be adequately cared for in no other way.

That the children and helpless ones who have been crying out to us from every quarter would remain uncared for for another two years was impossible to contemplate, and every mother's heart thrilled with thankfulness when this bill was signed.

The women of the State have so long carried in their hearts the belief that "wom-

en on juries" offered an opportunity for service and was a responsibility of citizenship that should have been accorded us with suffrage, that it was with intense relief we received the word of the signing of the jury bill, not because it offered us opportunity for increased activity, but because it opened to us a field of service which we believe is sadly in need of woman's influence and point of view.

In securing four amendments to the Community Property laws, substantial gains were made by the women of the State, not only in the benefits to be derived by the individual women by the removal of the inheritance tax from the wife's share of the community property, the requirement of the wife's signature for the transfer of real property, the division of community property without application for divorce where grounds for divorce can be shown, and by applying our community property laws to property brought into California from other States but a long step was taken in the final establishment of the principle as well as the theory of community property which recognizes the wife to be a joint sharer in the partnership of marriage, but, so far California has denied to her any active or controlling interest in such partnership until it is dissolved by death or divorce.

Altogether the women of California have

(Continued on Page 35)

## ORGANIZATION OF ALL WOMEN'S SOCIETIES IN THE STATE

The California Women's Committee of the National and State Council of Defense has come into being with a full-fledged working organization that includes the machinery of practically all the women's societies of the State, and with a direct present working force of fully 125,000 members, which number will be largely augmented.

The object of the organization is to co-operate in the closest manner with both the national and State Defense Councils, to make the woman's activities count to their utmost in the various channels that have opened and are opening for their efforts; to wisely direct these efforts so that there may be no patriotism run wild, but that every woman may "do her bit" in a sane and helpful manner, whether it be in conducting necessary and helpful social phases, rolling of bandages, home gardening, or what not.

Last month Mrs. Frank A. Gibson was appointed by the Woman's Committee of the National Council of Defense as temporary chairman for California, with instructions to organize the women of the State into one body. As the State Council of Defense already had taken steps along this line, Mrs. Gibson went to San Francisco to confer with its officials, and the result was an agreement for co-operation in every possible manner.

### At the Conference

Then followed Mrs. Gibson's call to the heads of women's organizations of the State to meet in the first conference. This was held in the Palace Hotel, San Francisco, May 28-29. Those invited to participate in this conference were:

Mrs. Robert O. Moody, Berkeley Civic League of California; Mrs. Sarah J. Dorr, San Jose, Northern District of the Woman's Christian Temperance Union; Mrs. Laurence Draper, San Francisco, field chairman of the Young Woman's Christian Association; Mrs. Stella B. Irvine, Riverside, Southern District of the W. C. T. U.; Mrs. C. C. Clay, Oakland, Daughters of the Confederacy; Mrs. H. W. Rowell, Berkeley, Congress of Mothers; Mrs. H. A. Cable, Los Angeles, California Federation of Woman's Clubs; Mrs. John C. Lynch, Berkeley, Daughters of the American Revolution; Mrs. M. P. Carmichael, San Jose, Native Daughters of the Golden West; Miss Electa Van Eman, Los Angeles, California Nurses' Association; Miss Ora B. Chilton, Los Angeles, Pacific Coast Conference of Home Economic Associations; Mrs. Frederick C. Turner, Oakland, Association of College Alumni.

The result of this conference was the adoption of a simple working plan to co-ordinate the necessities of the State with those of the national endeavor. Mrs. Herbert A. Cable of this city was elected president; Mrs. Stella Irvine, Riverside, and

Mrs. Robert O. Moody, Berkeley, were made vice-presidents.

These women form the Executive Committee, in connection with Mrs. Shelley Tollhurst of this city and Miss Ethel Moore of Oakland, who are members of the State Woman's Committee; and five members of State boards or commissions—Board of Education, represented by Dr. Margaret S. McNaught; Board of Health, Dr. Adelaide Brown; Board of Charities, Mrs. Carrie P. Bryant; Industrial Welfare Commission, Mrs. K. P. Edson; Immigration Commission, Mrs. Frank A. Gibson.

### Expert Direction

This board is to be merely a clearing house for all the California organizations. There are to be no department chairmen, but the general plans are to be worked out by the most skilled experts obtainable in various lines, and these are to be sent to the various woman's societies now in existence, the purpose being to utilize the machinery now in existence, instead of creating new organizations.

Mrs. Cable has appointed a temporary chairman in every county and instructed them as to securing the active co-operation of all existing bodies of women. These chairmen, in turn, appoint chairmen for each city of their respective counties. Orders from the National Council of Defense and from the State Council are to be transmitted through these channels and put into active work. Conferences will be called from time to time by the chairmen, when reports and advice will be received.

The departments of work to be undertaken, so far as already planned, include registration for service, home and allied relief, food production, conservation and thrift, Americanization, labor of women, public health, child welfare, instruction courses, protective regulation and special work for the liberty loan fund.

### Special Committee Liberty Loan Fund

Chairmen—Mrs. Abbie Krebs, San Francisco; Mrs. Joe Banning, Los Angeles. First directions that came were to distribute President Wilson's war message to all men who register on June 5th. This was made possible through generosity of Mrs. Emmons Blaine, who donated the printed copies and found all the expenses for distribution.

### Will Include All

It is to be thoroughly understood that while only a limited number of woman's societies participated in the conference in San Francisco, it is the purpose to include in the corps of active workers every woman's organization in the entire State, and make practical use of the present working machinery. This will include the fraternities, church societies, parent-teacher bodies, etc.

(Continued on Page 35)

## ANNUAL CONVENTION C. F. W. C.

MARYLAND HOTEL, PASADENA, CAL., 1917

The California Federation of Women's Clubs has reached its "sixteenth milestone" and the convention at Pasadena marked the event in bid headlines. It was an exceptional convention, different in many ways from those preceding it. The times, following so closely the entrance of America into the international struggle for democracy and the freedom of the seas, it felt the spirit of the present-day crisis and patriotism was the dominant note. For the first time in the history of the Federation the Governor of the State addressed the convention. The program, the business hour in the morning with the introduction of the "Question Box" proved a wise arrangement and brought out much discussion on Federation problems, the grouping of related subjects adding much to the interest in the convention, while the fact that the interest and attendance was maintained to the very closing number on the program is the highest praise that can be accorded it. The Place, Pasadena, Crown City of the World, was at its best, this together with the delightful hospitality of the local clubwomen, whose able chairman, Mrs. Charles E. Ashcroft, was a host in herself, and the exceptional courtesies given the club delegates and officers by the Hotel Maryland management set a standard for future conventions that will be hard to reach.

### PRESIDENT'S MESSAGE

Mrs. E. D. Knight

Many times during the busy days from May 1st to 5th, I wished that each interested delegate could view the convention from the platform. The splendid audiences in the lovely palm room of the Hotel Maryland were indeed an inspiring sight and their quick responses to speakers and to signals from the chair showed the atmosphere of understanding which prevailed. The platform gives us a better idea of the scope of the work of the chairman and other members of the local board and no local board ever dispensed finer hospitality than did the splendid hostesses of Pasadena. From the platform we could note their constant activity as they went about extending courtesies here or adding a note of comfort there and scattering seeds of thoughtfulness everywhere. We could see to better advantage the work of the pages and ushers, those splendid aides who performed their tasks so noiselessly and yet so perfectly. So much of the success of our conventions is due to the silent workers and one realizes this more fully from the platform.

From the platform we caught the full note of disappointment which attended the announcement of the enforced absence of our beloved General Federation President, and the full note of joy which hailed the coming of the Governor of our State.

We realized that the question box was a popular innovation, that the business hour was none too long and that the "Patriot of the Future" had not been overindulged when the program was arranged.

Of course, viewing the convention from the platform one is deprived of the opportunity of looking into the faces of the speakers while they deliver their messages, but a side view is sufficient when hundreds of faces are flashing back the light of understanding, and then, too, one feels the personality of the speakers at this close range.

Among the most interesting of these personalities was Miss Tayo Hasegawa, the charming president of the Japanese Young Women's Christian Association of Los Angeles. Her appeal for the Japanese women in America brought quick and eager responses, and as a result many attended the meeting held in the Friday Morning Club House on Monday, May 7, for the purpose of discussing the formation of a Yu Ai Kai Chapter in Los Angeles. Shortly after the visit of Miss Michi Kawai, field secretary of the Japanese Women's Christian Association, the Yu Ai Kai (Friendly Love Society) was formed in San Francisco in June, 1916.

Its inspiration was the story of how the ten thousand Japanese women in California have courageously carried on alone the work of establishing themselves in a country strange in language, customs and ideals, as well as the growing desire on the part of our American women to lend them sympathy and practical help. Its regular meetings are held quarterly at different places selected by the president, Mrs. Paul Raymond of Petaluma, and the organization is laying the foundation of a vital and we trust, a lasting friendship between American and Japanese women. We will hail with pleasure the organization of similar societies throughout the State.

Space is too limited to permit me to dwell on the many interesting personalities who graced the platform during the busy convention days.

The aim of the Executive Committee was to have an "up-to-the-minute" program, a program upon which the future could be built, rather than a story of past accomplishment. The hearty co-operation of chairmen and officers, and their willingness to waive their reports and to give their time to expert speakers made it possible to accomplish this desire.

I thank these faithful workers (whose splendid reports will appear in the year book), for the generous spirit which helped to make our Convention such an inspiring one.

Very cordially,

HELEN M. KNIGHT.

## Summer Furs

They may be a bit warm for summer, but if we all could look as attractive as these, we would suffocate with delight under a Kolinsky or Mink scarf provided they were as lovely as those pictured from Vogue Company. And if the coat of Mole and Taupe Fox in the right-hand lower corner wouldn't melt the icy heart of any woman we are not true to our sex. A feather turban of iridescent coloring with coque pom-pom is very smart. And always becoming is the turban of mole skin and jeweled ornament.



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# The Melting-Pot

By Jessica Lee Briggs, San Francisco, Cal.

Without doubt the most important injunction given in any speech at the recent State Convention held at Hotel Maryland, Pasadena, was contained in the opening address, which was delivered by the Governor of California, Hon. William D. Stephens, when he adjured the women of the State and country to act sanely at this time. "What is needed," said the Governor, "is action, not excitement, enthusiasm, not hysteria. Calmness must be preserved, especially in the home. The usual normal tenor of our domestic life must continue. In this connection a swell, the women, through their clubs, can render potent service."

A great deal of credit is due the 1916-1917 Executive Board, over which Mrs. Edward Dexter Knight was the efficient presiding officer, for the splendid and all-inclusive program offered to the large assemblage of delegates at the State Convention.

The music was of the best, the speakers could scarcely have been better, the State department pockets were simply bulging from all sides of the federation top-coats with reports, records, briefs, lectures, conferences, exhibits and social entertainments. Excluding the last named, the entire output was of work accomplished or started during the two years' term of the outgoing administration.

The Child Welfare program was one for which Mrs. Knight should be especially complimented.

The evening devoted to music and literature was another rare occasion and the afternoon of "An International Program" was one bearing a message of the utmost importance.

Conservation has always been considered a dry subject in spite of the fact that reams of words have been written and spoken about waters, but Mrs. Foster Elliot, chairman of this department, proved conclusively to her audience that it is no longer, if indeed it ever were, a subject over which to yawn.

Solos were given of the oriole, the song sparrow, the robin, the meadow lark—and those who were so fortunate as to have remained to renew their acquaintance with the "fifty common wild flowers" everyone should" through the beautiful collection of auto-chrome slides, felt more than repaid. Very fine plates of the same type were shown on bird life. Among the sweetest and most pleasurable things of the convention was, in connection with the talk on Bird Life, an interpretation of the bird notes rendered by Mrs. Carrie Stone Freeman of Los Angeles.

The following thoughts, although not verbatim, are from the various addresses on the "International" afternoon:

Some of us have been talking of imposing democracy upon other people, the moment this is done it ceases to be a democracy for it then becomes an autocracy. Real democracy is in allowing other people to decide for themselves.

There are bigger things to do than to sacrifice your life for a cause. (Doubtless the bigger thing is to LIVE for it.)

Truth is absolutely naked.

The development of looking from within out is of much greater value than that which comes by looking from without in, but it is of slower growth.

We must release the import of parenthood if we would have a greater humanity. No race can be born of slaves.

I must KNOW myself before I can BE myself.

We must rise above personality if we are to face the great vital issues of the moment.

We should seek to find not in what we differ, but in what we are alike, one to another.

The message from the Nippon Kingdom by a very gentle, suave little Japanese lady was most interesting and very polite, and the last thought recorded above was uttered by her in her greeting from the women of Japan to the women of America, but in reducing her full message down to a common denominator it would read to an American something like this: "Tag, you're it. You be good to me and I'll be good to you."

A discussion to change the name of the Down and Out Club, honorary organization of the State Federation, has become annual. This year the name suggested was "Delta Omicron."

If someone had been there to have explained very simply that these names were but the fourth and fifteenth letters of the Greek alphabet, more might have favored

the change, for nineteen is a lucky number in the age of most women; but delta sounded alluvial, carrying as it were a picture of the mouth of something, possibly the river Nile, which might easily be taken to mean the last word, and everyone knows that such a thing as the last word never existed. As to Omicron, nobody knew just what that meant. Why not offer a prize to be awarded for the best name suggested in the 1918 convention?

Officers of the C. F. W. C. elected at the State Convention, Pasadena:

President, Mrs. Herbert A. Cable, Los Angeles.

Vice-president at large, Mrs. Aaron Schloss, Berkeley.

Vice-president, Mrs. A. B. Armstrong, Fowler.

Auditors, Mrs. Percy King, Napa; Mrs. E. P. Foster, Ventura.

Treasurer, Mrs. Bradford Woodbridge, Roseville.

General Federation Secretary, Mrs. E. D. Knight, San Francisco.

Corresponding Secretary, Miss Anne Mumford, South Pasadena.

Recording Secretary, Mrs. W. H. Anderson, Los Angeles.

#### CALIFORNIA STATE BOARD OF HEALTH

RESOLVED: That in view of the public health problems arising in the assembling of an army, and reasoning from the experience in loss in efficiency from morbidity caused by venereal diseases (syphilis and gonorrhea), shown by the statistics of army hospitals,

We, the State Board of Health of California, urge on you in your official capacity to demand from your Boards of Health and Police Departments, an active policy in regard to the protection of the civil community and the enlisted men against this menace to public health;

We request that the plan for preparedness in meeting this public health problem in your community be filed with this office at your earliest opportunity.

#### PLEDGE FOR SERVICE

In view of the pressing military necessity of conserving the food supply of the Nation, I hereby pledge myself to do my bit as follows:

"I will use only those amounts of food required for adequate nourishment. I will endeavor to control the waste in all kinds of materials in the household and to live simply. I will begin NOW."



## The Newest First

**A**LTHOUGH this store is over 3000 miles from the source of fashions in America, modern transportation has made it possible for us to show you here in Los Angeles the newest fashion creations within a few days of their first appearance in New York.

Comparatively few stores, even within a day's travel of the metropolis, show the new fashions any sooner than they are shown here.

Come when you will, you may always safely anticipate seeing new things, for rarely does a day pass that new garments are not received.

*New models for receptions, for weddings, for the seashore and for travel.*

**VOGUE COMPANY**  
Correct Apparel for Women & Misses  
MERRITT BUILDING

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BROADWAY AT EIGHTH

MRS. EDWARD DEXTER KNIGHT, President

## A SURVEY OF THE RESULTS OF WOMAN'S SUFFRAGE IN CALIFORNIA

MRS. SEWARD A. SIMONS, Chairman Political Science

Following a suggestion made in the August Clubwoman, a questionnaire on The Results of Woman Suffrage was prepared and printed in the January Clubwoman. This was reprinted in leaflet form and 500 copies were sent out, one to every club in the state. This survey of the registration, voting and political activities of the women of California was made by the Political Science Committee for the purpose of getting accurate statistics and data which would properly represent the women of California to the rest of the country. Constant application is made to women and to public officials in all parts of the state for this information. We owed it to ourselves and to our voting privileges and responsibilities to do this piece of work so that the attitude of women towards politics and suffrage might not be misrepresented or misunderstood, and so that the results of the survey would furnish material assistance to women in other states who are working for enfranchisement.

### State Wide Replies

The answered questionnaires came from all parts of the state. The field covered was extensive, and the information on almost every point was comprehensive. As a result of combining and tabulating the information received, we find that the population California shows an average increase at each census during the sixty years before 1900 of 40 per cent; from 1900 to 1910 there was a 60 per cent increase. It therefore seems safe to say that from 1910 to 1916 there has been a 50 per cent increase. In 1910 the population was 2,377,549, of which 920,397 were men and 671,386 were women, which is about one and one-half men to every one woman. This is important to remember, especially when people ask why the women of California do not carry an election one way or another. If all the women in California voted one way and all the men another, the men would outvote the women, because of their greater number. The estimated population of the state for 1916 is therefore somewhat over 3,000,000. For the general election of November, 1916, the total registration in California in the fifty-eight counties was, 1,314,446; the total vote was 1,045,858, nearly 80 per cent of the registration. Although no figures were sent of the registration and vote in some of the counties there was a sufficient number reported on, to draw some general conclusions.

### Los Angeles 52 to 45

In Los Angeles county the total registration was 361,374, of which 190,375, or 52 4-5 per cent were men, and 170,999, or 47 1-5 were women. The total vote was 280,878, of which 149,036, or 53 1-5 per cent were men, and 131,842, or 46 1-5 per cent were women. While the percentage of the registered men who voted was 78 2-5, the percentage of the registered women was nearly as large, being 77 1-5 per cent.

In San Francisco county the total registration was 181,145, of which men were 109,658, women 71,487. The total vote was 155,747—men 98,127, women 59,620, showing that in San Francisco the percentage of men registered and voting was considerably larger than the percentage of women, the men forming 60 3-10 per cent of the registration, the women 39 7-10 per cent. While of the voters the men were 62 per cent and the women 38 per cent, for both men and women the percentage of those registered who voted was very high, being 88 1-19 per cent of men and 83 4-10 per cent of women. It is of interest to note that San Francisco was the stronghold of the anti-suffragists, both men and women, and the fact that the number of women who register and vote increases each year is very encouraging.

### Averages Established

The following two counties are fairly typical of the rest of the state. Riverside has a total registration of 17,783, of which 9795, or 56 per cent were men, and 7987, or 44 per cent were women. The total vote in Riverside county was 13,918, of which men were 7984, that is 57 4-10 per cent, women 5937, which is 42 6-10 per cent. Of the total registered men 81 5-10 per cent voted, and of the total registered women 74 5-10 per cent voted. In Sonoma county the total registration was 23,452; men 13,191, or 56 3-10 per cent; women 10,261, or 44 1-10 per cent. The total vote was 20,002, of which women were 8566, or 43 per cent, and men 11,456, or 57 per cent. Of the total number of registered men 86 4-10 per cent voted, while of the registered women 83 1-10 per cent voted.

The figures given above are authentic, those for San Francisco and Los Angeles counties having been furnished by the registrar of voters of each county. For the other counties an actual count was made of the entire vote from the rosters in the offices of the county clerks. They are given in detail as a definite answer to the anti-suffragists in other states who claim that California women do not register and do not vote.



### Election Interest Equal

Interest in the last election, because it was a presidential election, was general, and was practically equal on the part of men and women, and though no figures were obtained for this survey on other elections, we know that in some elections men are more interested than women and in others women show the greater interest, depending on the character of the questions to be decided.

### Women as Office Holders

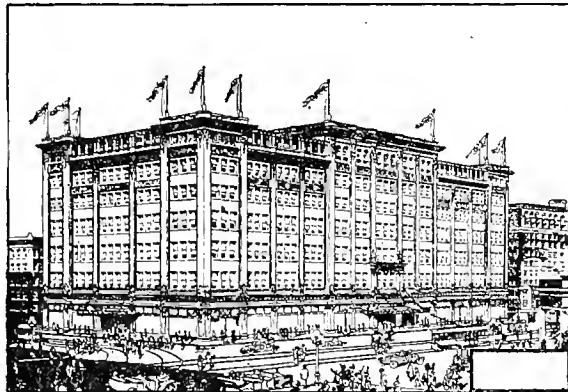
In answer to the question of the offices to which women have been elected it was found that no California woman has been elected to a federal or state office; in the counties there have been elected eighteen superintendents of schools, two tax collectors, one treasurer, one recorder, one assessor, one sealer of weights and measures, one constable, three justices of the peace, one county clerk and one auditor; in the cities twelve city clerks, three trustees, seven treasurers, one councilwoman and ten members of boards of education have been elected.

California women have been appointed to the following offices: One in Los Angeles in the federal department of labor, one in San Francisco in the office of the Attorney-General of the U. S., and some postmistresses, twenty-five on state boards and commissions such as the housing and immigration commission, state board of charities, industrial welfare commission, social insurance commission, minimum wage commission, and the trustees for the California State School for Girls. In the different counties there are women serving on commissions, and a number of women probation officers especially in Los Angeles and San Francisco, there are six women deputy district attorneys and about one-fifth of the election officers appointed are women; in the cities, women are serving by appointment on commissions such as art, public welfare, parks, civil service, playgrounds, housing, humane animal, library, social service and public health nursing.

In regard to the service of women in these various positions there is an unanimity of statement that they are more conscientious than men, more careful of details, more faithful and as a general thing they do not dabble in petty politics as men do.

### Service on Juries

Women have served on juries occasionally in some counties, frequently in San Diego county and always with satisfaction. The reason women have not served generally on juries is that they have not been considered by some judges eligible. A bill to amend the Civil Code making women eligible to all jury service has just passed the legislature and awaits the governor's signature. (Since this report was made the governor signed the bill.)



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In political campaigns, women have worked with men in the same organizations, this is especially true in the case of candidates for office. On questions of moral measures separate organizations have carried on educational campaigns and stimulated interest in the questions at issue. Women make convincing campaign speeches based on experience in social work, though not a great many women speak in campaigns. Women make ideal canvassers of voters, they do it with attention to detail, they distribute literature, raise money and hold parlor meetings in political campaigns.

#### **Suffrage Stimulates Campaigns**

Suffrage has had the effect of improving the character of candidates for office, cleaner methods have been used in campaigns, political meetings are more orderly, more women are present, there is less "hot air" in the speeches and more real argument; women dislike personalities in political campaigns. Polling places have been much improved, all are in decent places with better surroundings, and everything about voting is quiet and orderly. The effect of suffrage on women themselves has been an increased interest in public matters, a decided mental broadening; it has developed a concern not only in the rights of women, but in the rights of men, and all human kind, it has added dignity and poise, intelligence and efficiency to women.

Women are less influenced by party lines than men. This may be that they are not bound by long and sacred traditions of party politics, because of being new voters. Men and women who were formerly opposed to suffrage have now accepted it and have ceased to disapprove.

#### **Legislation Achieved**

Women have been interested in legislation along humanitarian lines for the protection of women and children and general community welfare. Though no women have served in the state legislature, these state laws are directly due to their influence:

The red light abatement law placing the responsibility of disorderly houses upon the property owners rather than the inmates and providing for the prohibition of such houses.

The age of consent, raising the age from sixteen to eighteen years.

Establishing state training school for girls, with a board of women trustees.

The teacher's pension law.

Amending the juvenile court law to separate dependent from delinquent children.

Joint guardianship law, giving women equal rights over minor children.

Designating schools as civic centers.

Amendment to child labor law, reducing the work day from nine to eight hours.

Extending the eight-hour law for women.

Making tuberculosis reportable to the state board of health.

Creating minimum wage commissions.

A psychopathic parole law.

Birth, death and marriage registration.

The home teacher's law.

Changes in the compulsory education law.

A pure milk law.

At the 1917 session of the legislature laws making important changes in the community property laws, giving a wife greater equality with her husband with regard to their community property, were passed by the legislature; also laws making women eligible to jury service, and appropriating \$250,000 to establish a colony for the feeble-minded, these were the especial laws advocated by women—they await the governor's signature. (The governor signed all these bills.)

Women have been instrumental in having many city ordinances passed and enforced; in local campaigns for the regulation of the liquor traffic and the suppression of vice they have been especially active.

Thinking women vote independently and conscientiously according to their convictions after careful investigations and consideration. The effect of suffrage on the home has been to make women more respected in their families and better teachers of citizenship for their children, they are more companionable for their husbands and there is an increased feeling of copartnership, men's interest in public matters has increased because they are not willing to be less intelligent than the women of the family.

#### **Interest Increased**

Women are much more interested in public questions than before they were enfranchised; the general attitude towards suffrage, according to these reports from all over the state is one of approval, and the opinion is universal that if the question of suffrage for women was to be voted on again in California it would carry overwhelmingly, with but few votes against it.

All sorts and conditions of women register and vote; this is shown by the figures and by the testimony of those answering the questionnaire. The only classes excepted were the women of the underworld, the so-called "bad" women so often referred to by anti-suffragists. These women do not register and do not vote because they are to a large degree migratory, and do not wish their correct names and addresses to be known.

#### **Endorsements**

In order that the statements and answers in the survey might not seem to be obtained from a prejudiced source, the indorsement was asked in each community, of business men, educators, clergymen, editors and public officials. These men generously and

(Continued on Page 40)

### THE ENTERTAINMENT OF THE STATE CONVENTION AT PASADENA

The entertainment of the State Convention at the Hotel Maryland in Pasadena might be divided into three parts,— the hospitality extended by the hotel management to its guests, the hospitality extended to the officers and delegates by the Local Board and the local club women, and that which was offered to the delegate body and the local people from the State Federation.

On Tuesday evening the convention was formally opened by the State Reception which is always a feature of paramount importance attending upon a state convention.

Mrs. Charles E. Ashcroft, Chairman of the Local Board, and Hon. A. L. Hamilton, Chairman of the Pasadena City Commission, gave on this occasion the addresses of welcome. The response to this welcoming was made by Mrs. Edward Dexter Knight, President of the California Federation of Women's Clubs. An address from the General Federation of Women's Clubs was scheduled for this evening to be given by the President, Mrs. Josiah Evans Cowles, resident of Los Angeles, but owing to a sudden summons from Washington, D. C., to a meeting of the Women's Committee of the National Council of Defense, of which Mrs. Cowles had but recently been appointed a member, Mrs. E. G. Denniston of San Francisco, California's Director on the General Federation Board, represented Mrs. Cowles and gave the greeting.

Scenes, "Midsummer Night's Dream," were enacted by the Pasadena Shakespeare Club under the direction of Mrs. Newell Matson Hayden, in the Shakespeare Club House, where the reception was held.

Nothing was left undone in this land abounding with fruits, flowers and hospitality to make the evening, and the reception proper, a marked success. The affair was imposing, harmonious and yet withal gracious in the extreme. It should be said in passing that the club house is one of the most attractive and spacious throughout California.

Tea was served here in a most delightfully informal way on each afternoon of the convention which lasted through the entire

week, and it was not alone tea but fruit punch, coffee, cake, sandwiches and confections which added substantially to this pleasant sort of a home welcome.

The Organ Recital given at All Saint's Church on the afternoon of May 4th, was enjoyed by a large number of the visiting club women. This was a half hour of sweet refreshment of mind and spirit. Mr. Percy Shaul Hallett, the organist, gave a fine interpretation of Mendelssohn's "Songs Without Words," of which there was a group, "Evening Bells, and Cradle Song" by MacFarlane, and "Fantasia in D," which was the organist's own composition. The last named numbers were particularly in a motif for the hour.

A brief address was made at this time by the Rector, Rev. Leslie E. Learned, in which he spoke in terms of praise of the work which women are doing in the clubs.

And always there was the delightful chitty-chatting of the officers, chairmen, delegates and guests in and about the hotel lobby in the morning, or at the noon recess, or in the evening. This may not seem of much moment, but it is of vital importance in unifying and strengthening the federation. The value of friendliness cannot be over estimated.

Then the motoring! Such wonderful rides! No doubt is left in the minds of those who attended the convention, that the Local Board, Chairman and all its members, had waved a magic wand over Pasadena to have converted it into such hedges of roses! Such palms! Flowering trees, shrubs, and vines were out in full with their millions of blossoms. No flower had been left out, common or quixotic, oriental or occidental. Bells and star-flowers, fringed-cups, poppies, tulips, hyacinths, berries and globe-flowers; silken heart-shaped, aristocrat and proletariat. And, should we follow the classification of Mrs. Wiggs, there were those flowers which would represent Catholic, Protestant or Christian Scientist. For notwithstanding the spacious lawns with their background of purple mountains or the expanse of the clear blue sky, it is the picture of the flowers which the average person carries away with him and thinks of forever afterward.

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AT NO OTHER LOS ANGELES STORE CAN YOU BUY

St. Marys Blankets, Shamrock Linens, Ostermoor Mattresses, La Greque Undermuslins and many other lines of nationally-famous merchandise of the best character.

*For 27 Years this Has Been the Home of Perrin Gloves*

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We were whirled in and out of the beautiful Busch Estate. Such labyrinthian gardens! I would ask for no fuller enjoyment for a day than to take a lot of kiddies through those wonderful gardens. Here is fairyland! A delight for those who are young in body or soul. Here a glimpse and there a glimpse of a tiny dell, or a little wild wood, or a grassy knoll, all peopled with miniature fairy folk created out of the world's nursery rhymes.

Goldylocks and the Three Bears; Ali Baba and the Forty Thieves; Red Riding-hood; the Old Woman Who Lived in a Shoe and all her Children; Jack the Giant Killer; Aladdin and his Wonderful Lamp; and Cinderella too, for it would not be complete without Cinderella and her Prince.

So I repeat I would ask for no happier day than to go picnicking among these little people with a lot of kiddies. And I know the lot of kiddies I should most enjoy taking.

#### BANQUET IN HONOR OF MRS. JOSIAH EVANS COWLES

Although there were two banquets each of particular importance during the week of the State Convention, the one given in honor of Mrs. Josiah Evans Cowles, was socially and of moment to the State, the main affair of the convention.

To have a national president as a guest is of itself an unusual honor, but to have a national president as a guest to be a very part of that body, is indeed a rare occasion.

Mrs. Cowles is one of those favored and capable women who has won love and esteem at home and afar. It was a special privilege, then, to extend all honor to her through the annual convention of her own state.

Much regret was expressed by those present, which number taxed the capacity of the banquet room of the Hotel Maryland, on account of the enforced absence of the honored guest who had been summoned away to our national capital, her departure being on the opening day of the convention.

Nevertheless, the absence of the intended guest of honor only made praise of her more possible for those in charge of the banquet, and words of deepest affection and loyalty were uttered. Mrs. Cowles was represented by her husband Dr. Josiah Evans Cowles.

The banquet itself, by special request of Mrs. Cowles, was very simple. Mrs. H. D. Bently had the affair in charge, Mrs. E. G. Denniston was toastmaster.

Mrs. Denniston read, as a sort of prelude to her program, the following telegram which had been received from the General Federation President.

Mrs. E. G. Denniston, Hotel Maryland:

My mind turns fondly to faithful co-workers at home. Appreciate efforts of all who have contributed to make complimentary banquet successful. Energize work of state and general federation by utilization of all available powers.

(Signed) IONE V. H. COWLES.

Mrs. Denniston proved herself a capable and dignified toastmaster at this time, equal to any emergency which might arise, in responding to the different speakers.

The title of the program was, "A Tale of the Big C."

The following women responded: Mrs. Robert J. Burdette, "1912 Biennial"; Mrs. O. Shepard Barnum, "Making History"; Mrs. A. L. Barry, "The Resolution"; Mrs. E. D. Knight, "Leading the C's"; Mrs. S. G. Hubert, "Before the C's Arrived"; Mrs. N. E. Wilson, "New York Experiences"; Mrs. R. F. Garner, "New York Reception"; Mrs. M. E. Johnson, "Transportation"; Mrs. H. A. Cable, "The Campaign and Home Coming"; Mrs. O. C. Bryant, "Receptions"; Mrs. Seward A. Simons, "Luncheon at Friday Morning Club"; Mrs. Frank Garrett, "Parade"; Mrs. Frank F. Fredericks, "Reception in San Francisco"; Miss Jessica Lee Briggs, "Tributes of Friendship."

#### MRS. COWLES REPRESENTED BY MRS. DENNISTON AT THE FORMAL OPENING OF THE CALIFORNIA FEDERATION STATE CONVENTION AT PASADENA, MAY 1st TO 5th.

In representing Mrs. Cowles, President of the General Federation, at the State Convention at Hotel Maryland, Pasadena, Mrs. Denniston said in part:

"It is a great honor to stand here this evening as the California Director of the General Federation, and in that capacity to represent the beloved president of this great organization, Mrs. Josiah Evans Cowles. I would that she were here to greet you and to give her personal message of inspiration. She had hurriedly returned from the Council meeting at New Orleans, that she might attend this convention of her own state, thus acknowledging the loving work of the club women of California, but the fact that Mrs. Cowles is upon the Woman's Committee of National Council for Defense, made her subject to an hurried summons from Washington, D. C. This new appointment of honor for the General Federation proves in what esteem the organization is held throughout our land, and is one of the many calls made by national organizations to co-operate with those who are interested in the great movement for the betterment of humanity and to give it council.

"The history of the General Federation is one of the growth and the development of woman, and is as enticingly interesting as any novel. This history testifies how rapidly the feminist movement has developed during the twenty-seven years of the existence of the General Federation. The first meeting of the national organization was held in New York City in April, 1890, and continued three days. Sixty-three delegates, representing seventeen states, were present.



# Gifts *for the* Home

No one can appreciate better than the woman who is the head of a home, the supreme appropriateness and desirability of that gift which contributes to the beauty and comfort of the home.

By personal research of the important marts of this country, we have brought together here at the "California," a collection of gift suggestions in uncommon home furnishing accessories which is not excelled in character in any store in America.

Whether you wish to confine your expenditure to a dollar or so—or give your purse free run—you will find here, scores of practical and uncommon suggestions that will at once appeal to you, regardless of the occasion for which you seek a gift.

The display will particularly appeal to clubwomen who appreciate the beautiful and the unusual. And let us assure you that you are welcome here always, entirely regardless of any intent to buy.

**California Furniture Co.**  
BROADWAY NEAR SEVENTH 644 to 646

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Los Angeles, Cal.

"'Unity in Diversity' was the motto chosen at this time, and as these women banded together for service none could have foreseen what would be its great future.

"To those, who have watched this movement grow, has come the realization of its many ideals and hopes, but the motto remains the same. Today there are in the General Federation, over two thousand clubs, with a membership of two million women, still banded together for the service for which wise leadership is needed.

"It is now almost a year ago since the Thirteenth Biennial Convention was held in New York City, at which time, one woman, whom California recognized as possessing all the requisites of an efficient leader, Mrs. Josiah Evans Cowles, was elected president. She it is whom we honor this evening for she has won the highest praise and confidence and it is essentially at this time that our country needs efficient leadership."

Mrs. Denniston then, under direction from Mrs. Cowles, explained the first duty of the Emergency Service Committee, which is to form a unit in each state, with the state president, if possible, at its head. She further stated that every woman in each state be asked to enroll under the following pledge:

"In view of the pressing military necessity of conserving the food supply of the nation, I hereby pledge myself to do my share as follows:

"I will use only those amounts of food required for adequate nourishment. I will endeavor to control the waste in all kinds of materials in the household and to live simply. I will begin now."

#### MAY DAY FETE AT THE HOTEL MARYLAND

The State Convention was ushered in by a beautiful May Day fete arranged for the hotel gardens under the hotel management. This lovely affair was planned by Mrs. Margaret Jamieson of Montreal, Canada. Mrs. Jamieson was assisted by Palmer Day.

Although Pasadena could never possibly surpass itself in more vivid coloring of flowers in blue, white, red and golden, the major decoration throughout the week was "Old Glory" or the "Stars and Stripes." Its fluttering lines waved in the splendor of patriotism along three rows, which formed a sort of canopy to the inner court, and were draped profusely about the hotel lobby. Through these fluttering silken symbols, showers of blossoms,—roses, lillies, carnations, marigolds,—were thrown. The spirit of patriotism rose high in the breast and each one who shared in the sight, whether as participant or spectator in the large assemblage, stood on tip-toe as they burst into the song of our country as the band played "The Star Spangled Banner."

Miss Margaret McKee, known as the "girl-bird," gave a marvelous interpretation of bird notes of the forest.

This was called an "All-American" May

Day, and it was significant in the variety of uniforms and dress, but the connecting thought throughout expressed typical American life and ideals.

The Hawaiian Maidens were in native costume and threaded attractive leis before their tiny huts as interesting Hawaiian airs were played on the ukeleles and they sang "Aloha Oe."

The American Indian who smoked his pipe of peace before his tepee was gratifying at this particular time. He was, however, in full war regalia, and was of gigantic stature.

The May dances were given by the pupils of the Dennishawn School and were flying nymphs interpreting a Greek movement. A Southern Colonial minuet and a Patriotic Dance of 1860 were also given. The May Pole Dance, gay with streamers of "The Red White and Blue," formed the closing ceremony.

J. L. B.

#### CLOTHES AS CHARACTER EXPRESSION

Given at State Convention by Mrs. Robert J. Burdette

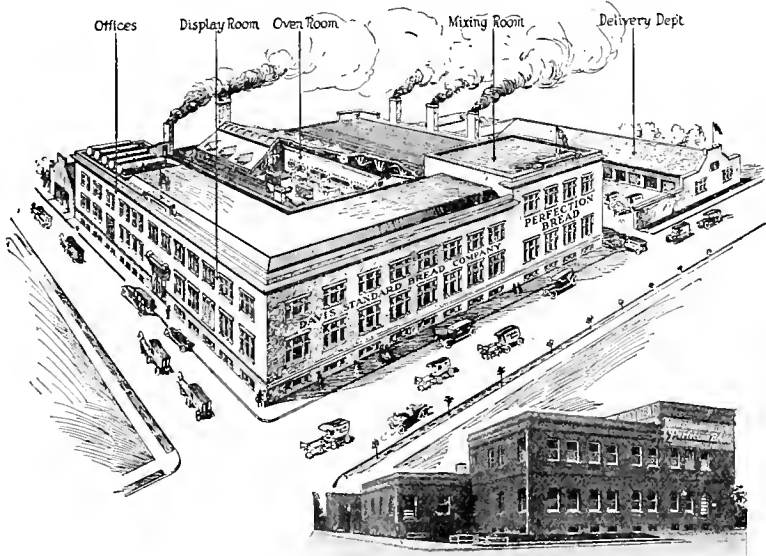
Coming into this world as we did without volition on our part, the gift of life was imposed upon us for the great privilege of character building. Whether we shall build character or not is again not a matter of our volition, but HOW we shall construct it and HOW it shall be expressed is largely determined by ourselves.

To the small minority of the world who know us more or less intimately, we express character by word and deed as well as by general appearance; but to the great majority, who only glimpse us in the passing show, we continually give expression of our individual ego by manner and dress alone. As sailors recognize a strange vessel skimming the horizon by the "cut of her jib" so we mentally list a woman, who passes our vision, by her walk, her carriage, her clothes and the way she wears them.

Are you honestly willing to be so judged?

Does the gown and the adornment you have on at this moment indicate your THOUGHTFUL INTELLIGENCE, in that it has been thought out for you; or was it made after a model designed for a million other women of all shades of life and character? Clothes—to express character, to insure appropriateness to the individual, to the occasion and the pocketbook—require study and thought.

Does your gown and adornment indicate your ARTISTIC SOUL, in color and line; or have you allowed someone to impose upon you a color that never was intended to harmonize with the hair, eyes and complexion; which, if left natural, the Creator intended should denote strong inherent characteristics?



### THE NEW HOME OF THE DAVIS STANDARD BREAD COMPANY

The completion and operation of the new home of Perfection Bread marks the realization of an ideal in business, and the Davis Standard Bread Company is justly proud of its achievement in presenting to Los Angeles one of America's cleanest and finest bakeries.

Like a romantic fairy tale of business, gripping in its human interest, has been the unflinching growth of this concern, to its present prominent position in the bread-baking industry of the West.

Fourteen years ago Perfection Bread entered the arena of existence with the first daily output of 11 loaves delivered to the first 11 customers from a basket. Today it is a factor in over 40,000 homes of Los Angeles and vicinity with some of the original 11 customers still on the books. One hundred and fifty spick and span wagons deliver this bread every day and the capacity of the original kitchen range has long since been superseded by the two fine modern baking plants that are under the management of America's master minds in the art of bread baking. A trip through this great white tile-lined palace of purity brings to one the full realization of cleanliness which has been the keynote in the success of Perfection Bread.

In the construction of the new Perfection Bakery every modern appliance and every sanitary precaution has been rigidly observed to insure absolute cleanliness. Coupled with this are the scientific methods of bread making that almost entirely eliminate waste and make it practicable to bake, under these conditions, a better, more nutritious and more palatable loaf of bread.

From the rigid testing and scientific blending of the flour for the dough until the automatic wrapping machine turns out each loaf in its clean white wrapper ready for delivery direct to your door, the paramount idea of cleanliness is carefully followed.

The flour passing from the automatic weighing hoppers to the big mixers and emerging as dough, is carefully maintained at the proper temperature, through the mixing room, rising room, rounders, proofers and moulders and into the pans.

The rich, palatable, nut-brown, superbly baked loaves, after leaving the oven, go to the cooling rooms on wire racks, from which they are transferred to the automatic wrapping machines, from which every loaf emerges wrapped and sealed in a clean, white, sanitary, waxed paper to protect it from impurities until it reaches your hands.

Does the gown and adornment give evidence of your HONESTY OF LIFE in that it represents what your purse can afford to buy, and is worn with no intent to falsify your real standard in world riches?

Does it give evidence of your courage in that you dare to wear the appropriate and becoming clothes, though they be not in the latest style put on the market by men, whose chief interest in life is their personal profit from your blindly following the ever-changing style?

Does it give evidence of your PHILOSOPHY OF LIFE, whatever that may be, when you wear black when you should wear white; and white when you should wear violet? Have you answered Ruskin's question: "Why wear black for the guests of Heaven?" Had your psychic sense never revealed to you how much you are influenced by the color you wear and the form of your environment? And that to give expression to the best that is within you, you must environ yourself with the best because of such reaction?

Does it indicate your patriotism at this time when nothing is too great to do that our boys may be saved and our country leaven the whole world with democracy?

We have been asked to dress simply and live simply. That does not mean that all women are to wear calico or dimity, but that each one shall wear simpler gowns than has been her custom. While instructions have gone forth that the rich should buy the expensive cuts of meat that the poor may have such as they can pay for,—that expenditure is warranted; for meat builds into physical brawn and muscle; and so there results a true conservation. But an unduly expensive gown is purchased, worn and discarded with no productive resultant to the world except pride, foolish pride.

And, moreover, the men who have been putting out these extravagances and selling them to women for show, will soon be needed to till the fields and gather the crops for the starving world. Begin now a style of simple dressing that shall dominate your ideals all your life and express to the world a character that America will point to with pride when the pages of history shall be written.

Just why should we mothers, who have borne sons, and who treasure their virtue as we do that of our daughters,—just why should we walk down the street with gowns so abbreviated at the neck and the ankle and other insinuating touches of style that suggest to other men all that the woman designedly expresses who lures our sons down to moral death? Why? Just why should we allow our daughters to be misjudged and robbed of their most potent charm of actual and suggested chastity?

We make answer: Because we cannot afford to have made the special character-expressing clothes. We cannot afford not

to. Better one appropriate gown than four gowns that give no true self-expression.

Correct dressing is not expensive dressing in money and time when reckoned through a period of five years. Better give one month in two years to the thought of it and the buying of the best materials your purse can afford for the fewer gowns than think continuously about clothes that mean nothing or worse than nothing.

We dress as we do because we lack courage to look "queer?" No. That must never be,—but because we lack courage to approach correct clothing through an educational reform, standing for the principles we advocate.

Because we place a wrong value on time. We think it more worth while to use our time for almost anything else than spend it taking on character and expressing character.

Because we are too INDOLENT, finding it easier to accept the prevailing style rather than trouble ourselves to find out what we wish to express in our lives and how to express it.

Because we are unphilosophical and allow others to do our thinking for us.

If this arraignment seems severe, prove it to be unjust and wrong by henceforth wearing only clothes that honestly express your commercial standing, your artistic sense, your intellectual and moral character—and then clothes will beautify and glorify all life, for they will be the expressive flower of a deep-rooted character.

#### "CLIPS" FROM THE PRESS

Dorothy Willis, Club Editor Los Angeles Tribune

Remarkable for the intense interest and importance of its program, the sixteenth annual convention of California Federated Women's Clubs will go down in history as the most wonderful gathering California women have ever held.

Mrs. Edward Dexter Knight, whom fate elected to serve in the place of the late Mrs. Emily Hoppin, has given two years of valuable service to the Federation and has actually brought it to the verge of what seems now destined to be the most useful and eventful period of its history.

For women of California are prepared for action.

For once the keynote, upon which the entire convention was turned was of an-

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ticipation. For years and years delegates have been regaled with accomplishments of the year past.

Throughout the convention just past the women heard continually of what will be done and were asked repeatedly to get ready to help in the doing.

It was essentially a more democratic convention than ever has been held, for the appeals were made not to club presidents, but to individual clubwoman, not leaders but to followers, and not to the capable and efficient among clubwomen so much as to the women who must become capable and efficient in their country's cause.

#### Josephine Martin, Club Editor San Francisco Examiner

I am inclined to say, the biggest convention ever held in this State. Biggest, numerically; biggest, superlatively.

Big subjects have been handled by women big of heart, broad in their conception of things, large in their vision, governed by splendid minds and brilliant intellects.

If out of this great convention of womanhood there comes the conviction that character is the honor for which we strive, then has this convention crystallized with an epoch of advancement.

\* \* \*

As for the press women, may I be pardoned for effusiveness when I say that never before have the newspaper folk received so many courtesies as has been showered upon us at this Pasadena conclave. To Mrs. George we are eternally grateful, for she not only looked after our every comfort, but she has set a standard of comaraderie among newspaper women which we hope to emulate.

#### Alma Whitaker, Editorial Writer of The Los Angeles Times

But where, I ask you, would these "prominent clubwomen" be if it were not for the power of the press? We are the eyes and ears of the State, we see, mark, observe and record for the million—we make or mar "prominent clubwomen" with a fine impartiality and guide the mind of the population in the way it should go. If we ever did anything so unethical as to get together and agree to all think alike, it is perfectly appalling what havoc we could cause, what queens we could make, what triumphs we could queer.

\* \* \*

If we don't elect a few first-class women to the next State Legislature, it will be the surprise of my life.

#### Hortense Russell of the San Francisco Bulletin

At every convention a few women of the type of Mrs. Gertrude Rader glorify the California Federation of Woman's Clubs. They make the conventions worth coming to. They make women realize that there are others like them who live simply and

think deeply at the core of American life. Women of Mrs. Rader's fibre are passing from yesterday into tomorrow. Today, with its chiffon-souled sisters, is only a hyphen which will be erased like a foreign title when the war smashes the show windows and demands the goods.

#### Lenora H. King, Club Editor Los Angeles Examiner

There were lessons in how to grow potatoes, and papers on the value of bean culture, and the women were ready to hear patiently any suggestion which might help them to be more useful in the service of their country, but throughout it all there sounded one clear note, most welcome to the understanding of the earnest thinker—it was a note of concern for the welfare of the other woman; the other man; the other child.

*Toast to the Red Cross nurse given at the Down and Out Club banquet, Sixteenth Annual Convention of the C. F. W. C., Maryland Hotel, Pasadena, by Mrs. Wm. Baurhyle.*

Here's to the Red Cross nurse and to her absolute loyalty to the physician in charge. Though sometimes the physician's methods seem harsh, no trace of such a thought is on her brave, smiling face. May her hand be steady and sure for its strong clasp often brings renewed life and hope to the wounded heart—and in this club army, hearts are wounded so often, needlessly. When the endowment fund is complete may her supplies always be in order and at a moment's notice may she start off to relieve some case of distress caused by the forced feeding of too many departments to some dear

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member away up in the mountains or rush off to some victim of parliamentitis quarantined in some city club or fly to welcome some new baby club that has just come into the regiment down in the valley. May the service stripes on her badge grow in number and brighten with each year and her every day work show that she is worthy the great honor of membership in the Down and Out Club. May the right words of love and cheer be given her to comfort the wounded found on the field after the annual battle and last and greatest of all, may she remove the screen that separates the northern and southern wards in our hospital and place all the patients in one big, bright, sunny room, with the keen, bracing winds from the north purifying the air, the soft orange-blossom laden breezes from the south wooing to kindly dreams and the blue sky of the WHOLE of California over all.

And when the soldiers drop from the ranks as they must, one by one, may she take the time to watch for a little moment for each one's going and say, "Goodnight, she was loyal and true to the club army and never once served for personal gain."

#### APPRECIATION (Pasadena Star)

When it comes to comparing the federation sessions at which I have been present to the men's meeting—even those in charge of seasoned politicians, with years of experience at the game, I can truthfully say that the best of men's gatherings show up to considerable disadvantage. You have covered more ground in five days than a body of men of equal size could cover in seven.

As one of those who voted for woman suffrage in California, I have been especially interested in observing the workings of this convention. It is quite evident that all you women know what you are about. In the average men's convention only the leaders know what they are about, and usually it is pathetic even in their case to see the wasted time and energy, the absence of a proper knowledge of parliamentary law, and a lack of systematic and thoroughly efficient effort that has characterized the local sessions of your splendid organization.

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#### MUSIC OF THE CONVENTION

Unison singing during the entire convention was led by the choral section of the Pasadena Shakespeare Club, having been adequately drilled by Mrs. H. A. Sanford. They were faithful to their trust, and did well the work allotted to them. The convention opened with the singing of the "Star Spangled Banner," which was many times repeated during the week when patriotism ran high.

The music for the reception on Tuesday evening, May 1, at the Shakespeare Club-house was furnished by the Coutolenc String Quartet.

Wednesday evening following the address on "Literature and Patriotism," the music was made to especially fit the subject of the evening by giving the best literature set to music by reputable composers. The

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poems given in this program were by Targore, Browning, Tennyson and Ina Coolbrith, which were set to music by Lucile Crews, Carpenter, Horsman, Arne, Wallace Sabin, Mrs. H. H. A. Beach, A. Walter Kramer, Roger Quilter, Gertrude Ross, and were sung by Mrs. Hazel White with Mrs. Charlotte Andrus Brown at the piano, both from the music section of the Hollywood Woman's Club; Miss Edith Benjamin with Miss Marion Presvost at the piano from Oakland and San Francisco; Miss Grace Widney Mabree with Mrs. Gertrude Ross at the piano, from the Schubert Club of Los Angeles; Mrs. Charlotte Andrus Brown played the Brahms Scherzo for piano in a very brilliant manner, showing her complete mastery of the piano, and its best literature; Miss Louie Davidson, violinist, with Miss Pearl Brittain at the piano, reflected credit to the music section of the Hollywood Woman's Club.

The sumptuous feast provided for the convention by the Music Department was so thoroughly enjoyed that it seems desirable to make a permanent feature of an evening of this kind at future conventions. The proper wedding of the best literature with the best music is the logical way to study and to obtain the best results from a proper foundation.

The "Question Box" revealed the fact that the Federated Club Women deeply appreciated the opportunity to exhibit their original musical compositions, and this also is expected to be a permanent feature in

future State Conventions.

Thursday evening Mrs. Walter Longbotham, Northern State Chairman of Music, from Sacramento, with Carrie Stone Freeman, Southern State Chairman of Music, of Los Angeles, at the piano, gave the first two numbers from the song cycle, "Mary," by Paul Bliss, in a most impressive manner. Mrs. Longbotham created the proper atmosphere for her songs by first reading biblical texts. Her voice is an indescribably rich contralto, with that thrilling quality, which makes one vibrate with ecstatic delight. Miss Inez Bushnell of the Woman's Orchestra of Los Angeles charmed the audience with her delicate flute playing. Mrs. Carl Johnson of Harmonia and Schubert Clubs of Los Angeles had the audience at her feet in worshipful admiration of her clever work in Hindu costume with faithful portrayal of Hindu customs in a short group of songs, with Miss Grace Abbie Andrews at the piano. Gloria Mayne gave a spirited group of songs, the most brilliant of which was "Queen's Aria" from the "Magic Flute," by Mozart, with Miss Inez Bushnell playing the flute obligato with great sympathy, wonderful accuracy and splendid support.

On Friday afternoon a portion of the Glee Club from the Los Angeles Music School Settlement, under the direction of Miss Julia Smith, with Mrs. Iske at the piano, gave a charming group of songs with true Italian spirit, demonstrating

(Continued on Page 35)



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Mrs. Frank Fredericks, President San Francisco District, C. F. W. C.

## SAN FRANCISCO DISTRICT CONVENTION

EUREKA, CALIFORNIA, APRIL 17-20, 1917.

(Extract From a Letter Written at the Time of the San Francisco District Convention)

I wish you could see Humboldt at this season. It is a vision of the soft green or lush grass, streaked with the yellow of the mustard, and blotched with the pink and white of apple orchards. Cherry trees are blooming, too, and the cream white bloom of the pear trees here and there serves to add variety. And back of and above all rise the erdwood forests that seem to fit and complete all our pictures. The madrone is in bloom—a mass of creamy white blossoms, that sets off the beauty of the rich red bole and varnished leaves of the splendid tree.

"And the flowers that fill the woods all about us—the dandelions and the trilliums and yellow wood violets that you used to gather when you drove the cows to pasture in New England. How they touch our heartstrings and bring back our lost youth! The air is heavy with incense—the "balm" from the cottonwoods along the river, the spicy odor of the wild cherry bloom, the rare fragrance of the young leaves on the thimble berry, and most of all the primal odor of the good brown earth. H. W.

### REPORT

Mrs. W. C. Morrow

The Fifteenth Annual Convention of the San Francisco District, California Federation of Women's Clubs, was held at Eureka, Humboldt County, April 17, 18, 19 and 20, 1917. It was a unique convention, inasmuch as the women who attended were the guests of the whole county—not only the clubwomen of that incredibly rich and fertile county, but the men also turned out and gave a royal welcome. The visiting women found ever at hand a motor car placed at their disposal, and many were the graceful courtesies offered them—chicken dinners and repasts that were bountiful and delicious, flowers, drives and every attention.

The women who were so fortunate as to be enabled to take this delectable trip were conveyed through a scenic region second to none in the wonderful State which is so filled with diversified charms. It is claimed that not even in Switzerland are the mountains more beautiful. Eel and Russian rivers are comparable to none in their varied, rugged and picturesque scenery. The route of the Northwestern Railway lies along a roadway renowned for many things. Leaving the ferry at Sausalito, the road begins its scenic effects without any delay. The pretty town of Petaluma, where the snow-white chickens make the ground glitter with their plumage, on to beautiful Santa Rosa—the City of Roses—where that wizard of plant lore, Mr. Luther Burbank, has his marvelous garden of necromancy

and plant legerdemain, set in a lovely spot in Sonoma Valley. Pretty little towns cluster close to the foothills or dot the valleys fecund in the warm sun. The red brown earth has a quality all its own, and are contrast of the green of the vineyards, mingled with the deeper greens of the foliage and fields, is a delightful one. Sonoma County is a land of peace and plenty. Long stretches of luxuriant orchards and broad expanses of the graceful hop vines on their lace-like trellises are varied with natural parks where grow magnificent oaks and placid pastures spread to the rugged mountains far away. The Russian River, at times a peaceful stream, again a raging torrent, is an epic in rivers. Summer homes dot its banks, and boating and bathing make it a delightful retreat.

Passing over the high point in leaving Sonoma County we reach the Eel River, that beautiful stream which adds much to the many natural beauties of Humboldt County. Far away, shining in the sun, is the broad Pacific, towering breakers hurl themselves against the rocky coast, and the eternal requiem of the wind in the lofty trees lends a solemn spirit to the scene. Indeed, these magnificent trees that have their topmost branches up in the soft blue of the heavens, the wild and rugged character of the scenery makes one feel and realize that these things are the handiwork of God. Gigantic trees are visible from the train; they are the outposts of the wonderful redwood forests that are the rich heritage of Humboldt County. Innumerable mills are scattered along the way—one of them, said to be the largest in the world, has one end in the forest and is as long as several city blocks. A tree sways and falls into the yawning maw of the mill. It is cut and tortured while being sent on through the devious ways of the machinery, emerging at the other end in planks. It is depressing to see these marvelous forests being given over to the exploitation of man. Many of the tall trees are dying just because of this ruthless slaughter.

The journey into Humboldt County is a feast to the soul. The verdant pastures glimpsed through the trees show droves of contented cattle feeding on the lush grass. The vast herds of sheep prove that there is also room for herds and flocks. Occasionally deer, timid and beautiful, are seen feeding along the sunny slopes. For many miles the train traverses a track laid amid a primeval forest. Then it emerges into a vast dairy region with sleek Guernseys and gentle Jerseys placidly grazing. The scenery is never monotonous.

After an interval the train plunges into a tunnel, and, leaving its gloom behind, enters a roadway that runs along the shores of Humboldt Bay, and then the pretty town of Eureka is reached. One is fascinated with the wonder and beauty of the trip.

It has been a moving picture of natural beauties—magnificent, stately trees with huge trunks that make a motor car or a horseman look insignificant; limpid streams breaking over ragged rocks, shady glades in the deep recesses of dim forests with their cathedrals of tall trees set in classic grace, waterfalls, and luxuriant verdure everywhere. It is small wonder that these woods and valleys are the happy hunting grounds for campers and tourists and pleasure seekers from the world over. There are spruce, incense cedar, laurel, Douglas pine, yellow fir, maple, white fir, maple and live oak and the red rich boles of the beautiful Madrona—sometimes called California mahogany.

Humboldt County has rich resources. It has iron, gold, silver, ore, platinum, copper and limestone, granite and other building material in abundance. It has the largest concrete bridge in the world. Every variety of fruit, vegetable and berry is found in its boundaries. It has splendid nurseries. Acres and miles of tulips and other spring flowers greeted the visitors and fragrant bouquets were given them upon arrival.

The guests were headed by Mrs. Edward Dexter Knight, State President, and Mrs. Frank Fredericks, District President, were met at the southern end of Humboldt County by Mrs. George D. Murray,

Mr. Warren Jones and Miss Edith Porter. Forty-seven clubs were represented and there were fifty-seven delegates.

Mrs. Frank Fredericks opened the Tuesday morning session. She said in part: "We thank you for your hospitality. We are here because we are drawn by the deepest ties of all affinities—the affinity of motive and the affinity of purpose. We are here to promote solidarity in the Federation. We unite in the good work that is equally needed in all parts of the District. Women are called upon today to fill a higher role; to accept greater responsibilities. To my mind the call of the national press to the clubwomen of America pledges us as an organized, federated, prepared body to do our utmost in whatever work is needed by our country. Our State President suggests the use of our club houses as educational centers in Red Cross work, or else to work along those lines—first aid, dietetics, home nursing, food conservation, normal work to provide teachers in these branches and courses in home gardening; the conserving of the family health by careful buying, more careful cooking. Eliminating the waste is as vital to the welfare of the country as preparing hospital supplies. Every woman who applies herself to the needs of the household is doing as much for her country as if she were sewing or rolling bandages. Above all, let me beg for sanity in speech, in action, in living, in dress—even in thought. Cultivate simplicity. To apply the Golden Rule to society, to custom and to law is the aim of our work. Have your home en-

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tertainment simple; dress simply and make your home table less lavish. Let us apply the Golden Rule here the few days we are together. When we review the labor that lies behind us, let us consider ideas for the new work with which we shall be occupied during the next strenuous months. Let us observe the Golden Rule in our judgment toward one another, in our bearing, in our inmost thoughts and feelings. It is necessary that everyone listen to the propositions which are submitted by others; keep an open mind, give sympathy freely, keep the heart warm, and bring the whole soul and being into a welcoming attitude. Keep the Golden Rule. Keep it." Mrs. Fredericks closed her remarks with some apt verses.

Mrs. George D. Murray of Eureka, the Local Chairman, gave greetings for the clubwomen of Humboldt County. Miss Jessica Le Briggs responded for the delegates acting for Mrs. McCullough. The Monday Club gave their motto: "Let us not make greater promise in intellect than in kindness."

Mrs. Edward Dexter Knight then gave greetings from the State Federation. She had previously visited Eureka and was having her quiet joke over the enthusiasm of the visitors.

The report of the Corresponding Secretary, Mrs. Perrine, was 420 postcards and 146 letters; 208 calls for the convention. She reported that only two deaths had occurred in the Federation.

Mrs. Annie Little Barry spoke on "The Evolution of Women." She reviewed what women had gone through since the time of Eve to the present; what the grandmothers did for the home and family. She spoke of each milestone in the history and evolution of women, their educational advantages, their economic and legislative conditions, equal suffrage, thrift, good citizenship, poise, conserving their energies and helping one another. Mrs. Barry also spoke of all the advantages we have at hand and urged their acceptance.

Mrs. Rose V. S. Berry, the talented Docent of the Palace of Fine Arts, gave a talk at an art conference called daily at 8:30 A. M. Many things practical for arousing interest in study clubs were discussed. The first morning was devoted to California—its resources as an artistic land, and its artists and art. Groups of painters were considered, taken in the separate art colonies and their work. The reproductions in color of about thirty-five paintings—done by Robertson—made a very thorough and interesting set of reproductions, and included the paintings of an interesting lot of painters: Keith, Brewer, Granville Redmond, Thad Welch, Florence Lundberg, Anne Brewer, Mary De Neale Morgan, Charlton E. Fortune and many others.

The second Art Conference had to do with Arts and Crafts and hand work in general. It was recommended that the

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work of Lloyd, the Scandinavian, Crane, Morris, Beardsley and the other Englishmen interested in the revival in their country, be taken up in the various phases—weaving, pottery, jewelry, book-binding, wrought iron, glass staining, embroidery, etc. All of these subjects can be carried back to the Renaissance with profit. American art was also treated as subject matter for study, its various epochs being set apart as periods interesting to study. All the modern schools have had their influence on American Art, out of which has evolved an art that is cosmopolitan, yet strongly marked as a national achievement. It was strongly urged that clubs make a comprehensive study of their own art. An evening programme of American Painters of 1870—Whistler, Sargent, Duveneck and Chase, illustrated with slides, concluded the art work of the convention.

The reports of the various delegates and presidents touched on the needs of their localities, although coming under heads of philanthropy, civics, social, literary, eye and ear treatment, denistry, playgrounds for children, preservation of landmarks, raising money to pay for the attention of nurses, receptacles for rubbish, hiring teams and men, Baby Welfare Work, planting of trees, etc. A Mill Valley club reported the exterminating of 7,000 caterpillar nests by school children.

Miss Jessie Adams spoke for the Rural School. She told of many children in isolated and remote parts of California needing help. She urged the sending of "Popular Mechanics," a magazine that would interest a boy; the teaching of manual training, domestic science, seed planting; educating them on birds, seeds, flowers and trees. Send the proper magazines to the Rural School.

The Ferndale Clubwomen had lectures on landscape gardening. They are interesting themselves in the prevention of garbage dumping and empty tins on river banks, thus destroying their beauty and polluting their waters; prohibiting billboards on country highways, planting trees on river banks and enhancing their beauty; getting magazines to remote and isolated spots; art schools to children in these lonely spots; nature books for them; fighting thistles; having lectures on dietetics, farm sanitation and farm advisors. One delegate closed with this quotation: "He who walks midst forests, streams and mountains, walks close to God."

Mrs. Reed, of Ukiah, evoked a hearty laugh by her vehement protest against the statue of the Pioneer Mother in front of the Palace of Fine Arts.

Mrs. E. M. North-Whitcomb gave an amusing and interesting talk on Landmarks. Mrs. North-Whitcomb always prefaces her talks on Landmarks by saying that she is one. If her statement be true it is to be

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In conclusion, every vital topic was discussed. The President's reports showed a wide range of subjects, and prove that the women have vision and are making the most of their splendid opportunities. Running through the whole sessions like a golden thread was Patriotism!—the national anthems were sung at the opening and close of every meeting and loyalty to the flag of our country and allegiance to the President of these United States of America were dominant notes.

#### LOS AMEGO CIVIC CLUB, LOLETA

The following report is of one of the most hospitable clubs in Humboldt County: On March 31, 1915, the Los Amegos Civic Club was incorporated in order to hold the lot given it by Mrs. S. J. Perrott of Eureka. January 1, 1916, the treasury contained \$708.15. At this time the club decided to build a clubhouse and borrow what funds were needed. The contract price of the clubhouse alone was \$1,166, and it was started April 1, and completed in July. When the last payment became due the members had earned enough to pay all the bills and buy some of the furnishings.



Los Amego Club

Three hundred dollars were borrowed for paint and paper. This debt is to be paid January 1, 1918. How the money was earned by entertainments, suppers, and rent of pavilion is an interesting story. As a civic club the members endeavor to do their part by keeping the park and pavilion in order. They have caused electric lights to be installed and pay each month towards the minister's salary.

The clubhouse as it now stands has cost \$1,699.70 and with the \$193.25 spent for furniture makes a total of \$1,882.95.

### Arden Dairy Certified

(Robbins' Ranches, El Monte, Cal.)

### Certified Milk and Cream

Highest Grade Butter, Cottage Cheese, Bulgarian Ferment.

The only certified dairy in Los Angeles County.

Deliveries in Los Angeles, Pasadena, Hollywood, Long Beach, Ocean Park, Venice, Santa Monica, Hermosa Beach and Redondo Beach.

Specify "Certified" for your infant. It's worth while! Ask your doctor.

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### SUETENE

THE IDEAL SHORTENING

Made Fresh Every Day

### REX

PORK and BEANS

With Tomato Sauce

Appetizing Delicious Nutritious

Manufactured under Government

Supervision by

THE CUDAHY PACKING COMPANY

Los Angeles, Cal.

### BLUE LAKE CIVIC CLUB

The following report given by the President, Mrs. Mary A. Baldwin, is of one of the most helpful and interesting clubs in California:

Greetings. What the Blue Lake Civic Club of Humboldt County means to the community; what we trust it means to its members, and what we hope to demonstrate to the Federation:

Three and one-half years ago, having heard the call for better things in their little incorporated city of some six hundred inhabitants, a score or more women met together and organized the above club with "Service" as its motto.

Possessing a philosopher's reasoning, that to get satisfactory results along social and educational lines, all features disadvantageous to a community must be supplanted by something better, the club decided to give the people a civic Center and Park.

Within the city's limits there was a splendidly built building, originally a creamery, but now in disuse, surrounded by an acre or more of land. This structure and ground contained wonderful possibilities. So the club with less than five dollars in its treasury purchased the property at cost of seventeen hundred and sixty dollars, the transaction being made possible by the hus-

bands of the members affixing their signatures to the notes given by the ladies.

Today beneath the roof of the building are found a splendidly furnished County Library, with rental free to the city; a City Council chamber, a men's club room, ladies' rest room, large commodious dance hall with piano, a well equipped dining room and kitchen, and last but by no means the least feature to be completed was the Civic Club's club room, indeed a credit to any community. With the spirit of unselfishness that has marked the career of this organization you will note that the last thought of the club was of itself.

The building occupies a space in the center of the ground, which contains a tennis court and arbor some one hundred feet long, while many trees, shrubs and flowers have been planted, tending toward the park's beautification.

The building is not classic in structure, the exterior is as yet unattractive in appearance, but we ask the public to pass judgment upon it as it should judge its fellow men, to look within.

Including the purchase price, the expenditures up to date made upon the buildings and grounds amount to very nearly five thousand dollars, which sum has been earned by hard work, faithful, untiring work of the fifteen or less members of the club; yet in passing we must pause and tender a tribute of appreciation to the men

## STETSON'S Pork and Beans

PINK BEANS---WHITE BEANS---LIMA  
BEANS---KIDNEY BEANS

One of California's Best Food Products  
Appetizing---Nourishing---Satisfying

**A HOME PRODUCT**

## PEERLESS LAUNDRY COMPANY

All That the Name Implies  
AS TO  
FAMILY WASHING, FAMILY STYLE

Main Street at Slauson Ave.

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## Orange Empire Trolley Trip THROUGH THE KINGDOM OF THE ORANGE

Los Angeles to San Bernardino, Riverside, Redlands

And all Their Scenes of Beauty

**\$3.50 Pays All Transportation Expense Including All Side Trips  
and Reserved Seat**

Tours of Mission Inn, Sherman Indian School and World-Famed Magnolia Avenue Drive over beautiful Smiley Heights with magnificent view of San Timoteo Valley and the Majestic San Bernardino Mountains

Purchase Tickets and make reservations at Information Bureau, Main Floor P. E. Bldg., Los Angeles, or Pacific Electric Station, PASADENA. Get one of the new folders.

**PACIFIC ELECTRIC RAILWAY**

of the community who have given of their time and labor when called upon.

The club is mother of Clean up Day in Blue Lake, having placed garbage cans in its city some three years ago and recently entertained for three days the State Visiting Nurse, Miss Beatrice Woodward, who did so much for the welfare of the children of the local public schools.

To its members, the club, I trust, has meant much, for it must now have proven that "Strength United is Stronger," that a house divided against itself must surely fall, that if we but practice patience, charity and the willingness to give to each co-worker the same privileges we would ask for ourselves, naught but peace, harmony and success can reign within our walls.

To the Federation we hope to demonstrate that even though only a few are gathered together, if the heart is in the right place and the enthusiasm tempered with good, honest judgment much can be accomplished for the betterment of humanity.

Mrs. L. B. Hogue sends the following communication in regard to the temperance measure now pending in Congress:

Do a large part of the people of the United States deserve to go hungry? If not, why not?

Until recently the brewers and distillers in this country claimed to be using 600,000,000 bushels of grain in the production of intoxicating liquors. Now that there is a strong move on the part of the government to cut off this immense waste on account of the scarcity of food in the world, these same liquor producers are denying that they use as much grain as they formerly estimated.

Coupled with the grain waste in this worse than useless product is the great waste of land and labor that might be utilized in growing foodstuffs, which is now devoted in growing hops for the breweries.

Still another item in the use of land that is just as bad as growing grain for the liquor business, is the vast acreage of land that is planted to tobacco. The acreage for this product in the United States amounts to 1,368,400 and it takes the most fertile and best land in the country to produce tobacco.

When Magellan made his voyage of discovery to the shores of America, history relates "that his sailors were very much disgusted at a filthy habit that the savages had of rolling up a stinking weed and holding one end in their mouths while they set fire to the other end."

The "savages" have not all disappeared from the "shores of America" yet, it would seem.

*Boost  
Home Products  
by  
Buying  
Sperry  
Flour*



### ALAMEDA DISTRICT

Our district president, Mrs. Fisher R. Clark, attended the state convention, which closed at Pasadena, May 5th, reporting a most delightful time. Big subjects were handled by women, big of heart, broad in their vision of things, governed by splendid minds and brilliant intellect.

Mrs. Clark was also a guest at the information ceremonies and commencement exercises held at Mills College for the purpose of installing Dr. Aurelia Reinhardt, president of that institution.

Benjamin Ide Wheeler, president of the University of California, paid a high tribute to Dr. Reinhardt, saying in part: "She is qualified for professorship anywhere. She has the heart which will make her a vital influence in the lives of all students who come in contact with her."

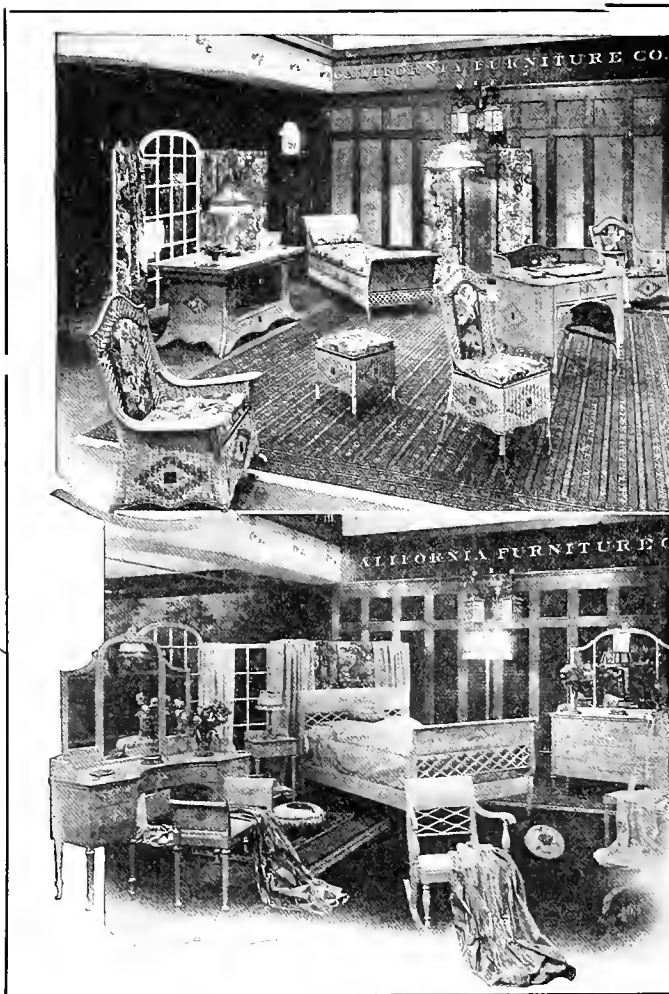
The last board meeting of the district for this club year was held at the Ebell clubhouse last Saturday, May 19th, Mrs. Fisher Clark presiding. There was a large attendance of the district officers. The year's

work was straightened out in all departments and turned over to the new officers. A few words of praise and thanks is certainly due our beloved retiring district president, who has so efficiently, conscientiously and faithfully performed all the duties incumbent to her office. She leaves everything in excellent condition for our new president, Mrs. Katherine H. Smith, to whom we extend sincere greetings and to whom we promise our hearty co-operation.

One of the popular branches of the Glenview club is the modern literature section, which meets every other Monday afternoon at the homes of the members.

Recently the life and works of California writers have been reviewed. The section has read "The Poor Little Rich Girl," "Ancestors," with the scenes laid in California; Mary Austin's play, "The Arrow Maker," and the short stories of Peter B. Kyne and Jack London.

At present the women are taking up modern Russian writers, among them being the



The accompanying illustration shows two of the typically beautiful window displays of the California Furniture Company.

The upper panel shows a magnificent setting of hand-wrought Reed furniture which is made to order for the California Furniture Company in Los Angeles. This particular set is done in four colors in the newest dull enamel finish, and is artistically upholstered in fine French cretonnes. This set is especially designed for the sun parlor or the outdoor living room.

The lower panel shows an unusually fine bedroom set, a refined type of Adam adaptation. It is done in the soft warm French gray, enameled with hand decoration in beautiful floral effects.

It is to be said of the window displays of the California Furniture Company that no finer exhibits are to be seen anywhere in this country. In commenting upon their window displays, Mr. A. H. Voigt, president of the Company, particularly emphasized the fact that it is the purpose of the "California" to make their windows of real interest and help to the public by constantly typifying that which is newest and best in the world of home furnishings. Clubwomen will do well to keep in intimate touch with the "California's" window displays.

famous Maxim Gorki. They will have a month of these studies, with criticisms.

#### Oakland Club

One of the most notable days in the Oakland club history was their recent presentation of the two skits, "The Little Girl," from Richard Harding Davis, and "The Bear of Chekoff," from the Russian.

#### Berkeley Federation of Mothers' Clubs

During the past year this federation has increased its membership from 992 to 1343. It has given away over 5000 articles of clothing, 24 pieces of furniture, much food and five loads of wood and coal, besides establishing a shoe-cobbling department at the Hawthorne school and giving other service to the community.

The following report has been submitted by the secretary of the Live Oak Social club, near Lodi, with a membership of 50. Sixteen meetings have been held since the beginning of the club year with an attendance of from 20 to 40. They have entertained 54 visitors and admitted 16 new members.

They have held two post-card showers, an entertainment and candy sale, from which they realized \$50.55; they have also made and given away four comforters to needy families. To other families they donated \$10.

Three pictures have been framed by them for their school, and \$25 expended for chairs for Live Oak hall.

For club members they have purchased badges and from sales of fancy work have realized \$22.50.

#### NORTHERN DISTRICT

All indications in the Northern district point towards much Red Cross and other relief work the coming year, in which women and women's clubs will take an active part.

The music department is the most valuable one in the Federation for raising money quickly, and at the suggestion of Mrs. G. E. Chappell, president of the Northern district, made directly after the Marysville convention, Mrs. Mary Carrington Miller, Northern district chairman of music, sent over fifty letters, throughout the district, outlining plans whereby clubs can give series

of lectures and concerts for relief benefits, as well as for club activities.

These plans will also benefit the music department greatly, causing the establishment of new music sections and stimulating clubs to continue the study of the fundamental truths underlying all music, besides enjoying its entertaining qualities.

By taking up the philosophy of music the department will be doing incalculable good during the trying year to come.

The Northern district chairman will hold herself ready for any call for lectures and recitals, as well as trying to provide other artists, asking no recompense save expenses, so that a larger percentage of the proceeds can go to Red Cross work.

As many club towns through the Northern district have Red Cross chapters, the chairman suggests that series of concerts and lectures be given at intervals, one town closely following another, so that available artists will have a less fatiguing itinerary, and lessen expense to clubs.

Clubs are requested to communicate plans to the chairman now, so all concerts and lectures can begin early in the fall.

The Northern district is the first in California to launch the arts as money making possibilities for relief work, circular letters having been sent ten days before the convention at Pasadena. Answers received up to date are most enthusiastic over these plans, and two new music sections are already promised.

#### CUMNOCK SCHOOL

There is an ever increasing demand for opportunity to spend the summers—so often simply wasted time—in intensive study along beneficial lines. Many schools that formerly operated only in the regular term now make a practice of keeping its regular faculty through the summer and giving courses of particular benefit to women in active life.

For example, the Cumnock School of Expression in Los Angeles this year is giving a full line of courses for six weeks, commencing July 2. In the curriculum one may find intensive daily courses in aesthetic dancing, instruction in coaching dramatic productions and in play-producing under the best professional direction; in public speaking and story-telling for audiences and the home; in writing for the magazines under a man who has done this work himself for years; normal training in folk-games and dances, and many another feature. While mothers are taking their work in one room, children may be learning to turn little stories into dramatic playlets in another. Miss Helen A. Brooks is director, and her faculty includes Mrs. Joan V. Klawans in dancing, Miss Dora A. Haller in children's stories and dramatization, Miss R. Ethel Phillips in story-telling and public speaking, Miss Charlotte Brooks in music, and many others. The work in this school illustrates a very modern tendency. Why should women be idle and waste time during the summer.



*You can do  
better Baking*

Give it a Trial  
and be convinced

FOR SALE AT  
**RALPHS  
GROCERY**  
and other first class  
grocery stores

## BIRDS, WILD LIFE AND FLOWERS

By HARRIET WILLIAMS MYERS, Chairman General and California Federations

Soon after my appointment to a chairmanship in the General Federation, I issued a leaflet with suggestions for bird-protective work, and the preservation of our wild flowers. This leaflet was so widely advertised in the papers of the country that I have been having letters from all parts of the United States for them, as well as other information.

In response to these suggestions, sent to the forty-nine conservation chairmen, many interesting letters, telling of the work in their particular states, have been received. make bird houses. In Iowa they are urging

I find that most of the states are interesting the children through the manual training schools and the Boy Scouts, to the County Fair Associations to award prizes for the best houses, these to be later sold, if the owners so desire.

Many of the states are co-operating with the National and State Audubon Societies and it is noticeable that these states are doing the best work. Nature study in the schools is encouraged and winter feeding for birds, where it is needed, recommended.

California, Colorado, New York, North Dakota and Massachusetts have issued splendid suggestive conservation bulletins.

Several state chairmen have been doing good legislative work. North Dakota is trying to save her prairie chickens; Ohio has had her Bob White (quail), placed on the list of song birds; California is working for Assembly Bill No. 149, which prevents any one under the age of fourteen years from procuring a hunting license; and is protesting against Senate Bill No. 60, against the Yellow Hammer; and Assembly Bill No. 880, which would take protection from Blackbirds, Meadowlarks and Yellow Hammers.

Mrs. A. V. Bauman, of Ohio, has been appointed chairman of the Lincoln Highway Planting of the General Federation of Women's Clubs, and will use the suggestions in the "Birds, Wild Life and Flower" bulletin for her wayside planting. In New Jersey bird shelters are erected at their tree-planting exercises on the Lincoln Highway, and next spring bird houses, erected by the Boy Scouts, will be placed at the big Tree-planting Festival which will cover sixty-four miles of Highway through the state.

Illinois is interesting the state institutions, having large grounds, to put up bird houses. Texas is working for bird preserves, and Connecticut already has a number of private ones. Many states are observing Burrough's birthday, April 3rd, as bird day, and many are interested in having cats licensed. Imperial, California, is working on an ordinance for the purpose.



The success of your baking depends largely on the flour you stir into your bread, cake and pastry.

You eliminate doubtful results, you insure light, flaky, fine grain, good and wholesome baking when you use

**Globe  Flour**

It is no more of an effort to have this splendid flour in your home than any other, and it is much more of a satisfaction.

**Globe Mills**

Los Angeles

(Continued from Page 7)

The use of the second floor of the old Express-Tribune Building on Hill Street, Los Angeles, has been donated to the new organization, and it at once opened its headquarters there. This is across the street from Red Cross headquarters, and the Home Garden Committee has its offices on the first floor, so that women's activities for patriotic purposes will be well concentrated at this locality.

The Clubwoman will be the official mouth-piece of this mammoth Federation in the State.—L. A. Times.

(Continued from Page 23)

fully that the work at the Music Settlement is making splendid progress.

Friday evening, Art and Music being the subject, the music of MacDowell was chosen for the entire program. Miss Coe Martin of Harmonia Club played charmingly and daintily the Oriental Suite and several other numbers, showing thorough understanding and deep appreciation of what it means for a pianist to really interpret a great composer. Miss Coe Martin also accompanied Miss Isabelle Isgrig of Harmonia Club in the songs, "From An Old Garden," which were sung with exquisite taste. Mrs. Alba J. Padgham, Southern District Chairman of Music, played "Improvisation" and other numbers, showing an understanding of the moods of the composer. Mrs. Maud Howard of Schubert Club played the "First Movement of Sonata Tragica," setting forth the themes with great clearness, firmness and authority. The climaxes were built up splendidly, showing a thorough understanding of the magnitude of this wonderful piano composition. MacDowell's rare art in the tonal world was clearly depicted in this program and very cleverly connected with the art lecture, which followed, given by Mrs. Rose V. S. Berry.

Saturday evening the Conservation Program was embellished with bird songs, Mrs. Beach's Meadow Larks among the number, beautifully sung by Miss Priscilla Butterfield; Meadow Lark Calls were whistled by Mrs. Carrie Stone Freeman when the Meadow Larks were shown on the screen.

(Continued from Page 6)

much to be grateful for to the Legislature of 1917, to the men who composed that Legislature who recognized the righteousness and justness of the principles involved in our legislation and to the Governor of California whose signature wrote these laws into the statutes of California.



*Each Loaf Wrapped  
In Sanitary White  
Wax Paper.*

**Delivered Fresh  
and Clean direct  
from our ovens  
to your door  
every day if you  
will telephone**

**10667  
Bdwy 67**



**Davis Standard Bread Co.  
Los Angeles**

N. Beaudry Ave., and Mignonette

# HOME DEPARTMENT

## PROTECTING THE PUBLIC

The advertisements of foods and foodstuffs which appear in this and coming issues of The Clubwoman are from firms which have in every respect conformed to the rigid requirements laid down by the Department of Health, C. F. W. C., as a part of its present campaign for the protection of the public through the elimination of impure foods and food materials. In every case, before a food advertisement is accepted for the official magazine of the Federation, the plant or establishment is thoroughly inspected by a special committee named for the purpose by the Department of Health and composed of qualified experts on the subject. The appearance of such an advertisement in The Clubwoman is consequently prima facie evidence of purity, reliability and patronage worth.

The work of the committee has now been extended to include the inspection of laundries and other establishments whose work affects the public health.

At the head of the department's committee of inspection in the South is Dr. Lulu H. Peters, M. D., Chairman of the Department of Health for the Los Angeles District.

At the head of the department's committee of inspection in the North is Dr. Mariana Bertola, M. D., Chairman of the Department of Health and Child Welfare of the San Francisco District.

### Buying Home-Made Brooms Helps Housewives Themselves

Every housewife in California can help reduce the cost of living to her own family by taking the trouble to see to it that when she purchases so small a thing as a broom to insist on being supplied with a broom made in California. Many women in California is unaware of the fact that most of the brooms now being sold in this State are imported from Eastern States.

To enable blind people to support themselves, a number of philanthropic women and men in San Francisco recently opened shops where these unfortunates are kept busy making brooms. But when it comes to marketing the blind-peoples' brooms it is found that the local markets are so stocked with brooms made outside the State by penitentiaries that the brooms made by the State's deserving blind are crowded out of our stores by the product of the prisons.

### Oatmeal Cookies

Pour one cupful of very hot lard over two cupfuls of oatmeal and set aside until cool; then add one well-beaten egg, one cupful of sugar, one-half cupful of sour milk, one-half teaspoonful each of baking soda and salt, one cupful of chopped and seeded raisins, one teaspoonful of powdered ginger, one-half teaspoonful of powdered mace and enough flour to make a stiff dough. Do not knead the paste; but drop it from a spoon on to well-greased tins. Bake in a hot oven for ten minutes.

### Snow Whipped Cream

Beat up the whites of two eggs to a stiff froth; add one cupful of whipped cream, two tablespoonfuls of strawberry juice, one and one-half tablespoonfuls of fine white sugar, and one teaspoonful of lemon extract. Beat to a nice froth; lay slices of sponge cake in a glass dish, put spoonfuls of jelly on this and heap the snow on the



## BESGRADE FLOUR

is the ONLY flour in Southern California that is packed in sanitary, PAPER-LINED, dirt-proof sack. It is 100 per cent "clean and good." Thousands of housewives have found it to be the BEST AT ANY PRICE for bread, biscuits and pastries. Bake your own bread with "BESGRADE" and save 40 per cent of your bread bill.

GREAT WESTERN MILLS

10794

Main 2243



top. The strawberry juice may be either fresh or preserved, or any other juice may be used.

#### A Good Supper Dish

One pint of cold boiled macaroni, one pint of stewed or canned tomatoes, one pint of finely chopped beef or mutton, one and one-half pints of fine bread crumbs, three onions chopped fine and fried in four tablespoonfuls of butter, one teaspoonful of salt and one teaspoonful of white pepper. Butter a two-quart fireproof dish, put in a layer of bread crumbs, meat, tomatoes, macaroni and let the last layer be crumbs; sprinkle each layer with the seasoning, then all one and one-half cupfuls of boiling water to the fried onions; pour them over the top and dot with pieces of butter. Bake slowly for one hour or until well browned.—From "My Favorite Recipe," in "The People's Home Journal," for July.

#### THE LEPER WOMAN

Through the courtesy of the Superintendent, Dr. Whitman, the president of the South Side Ebell Club, Mrs. Mae Creveling, made a visit of inspection through the Los Angeles County Hospital. After visiting the different wards the Leper Colony was pointed out, where at that time there was one woman inmate. Mrs. Creveling was deeply impressed at the thought of this woman being so shut in and having no intercourse with the outside world. How terrible to be away from all friends, but more terrible still to be beyond the sound

of a human voice! This loneliness appealed strongly to Mrs. Creveling, and on the way home she was deep in thought trying to solve "How to bring a little sunshine to this suffering woman."

"Ah, now I know! I will ask my club to have a phone put in for her use." At the first opportunity, Mrs. Creveling brought the matter before the club. The members thought the idea a splendid one and unanimously agreed to pay for the installation and use of a phone. The matter was then taken up with the telephone company and the hospital directors. All arrangements were completed when word was received from the county officials, who now realized the joy it would bring the woman, that the county would put in the phone.

Oh! what gladness it brought to the lonely one. Why, Mrs. Elizabeth Buck was conversing with people north, south, east and west of Los Angeles. She had forgotten she was a leper, and it was just for the lack of thought, not want of heart, that this means of bringing cheer had not been attended to before. Christmas was now approaching, and Mrs. Creveling was busy over her phone and several other clubs took up the good work, sending the afflicted one gifts of dresses, underwear, aprons, shoes, stockings, and a graphophone and records. On Christmas Day, talented and musical members of the club entertained her with songs, readings, etc. Any one wanting to chat with Mrs. Elizabeth Buck, call up County Hospital, Station 40.

Ralphs Grocery Co.

SELLS FOR LESS

(Highest Quality Goods)

### *Golden Crown Butter*

Can not fail to please you, because—

From milking time until it is delivered into your home, every precaution is taken to **guard its cleanliness.**

WHEREVER QUALITY PREVAILS  
GOLDEN CROWN BUTTER IS SOLD

Ask your grocer

Golden Crown Butter Company

*"Fleischmann's yeast is splendid yeast. Bake with Fleischmann's yeast."*

## A PERMANENT AGRICULTURE THE BASIS OF OUR SOCIAL LIFE

(Continued from May Issue)

The other city conquering force comes up from the opposite direction. It is the United States Department of Agriculture, which is showing us how to redeem the values of rural life—to utilize the lands passed by in the first mad rush for farms—to increase the productivity and restore fertility to worn out soil. I sometimes think that the real philosophers of our day, who understand life's values and can "illumine the scenes from which our grandeur springs," are not the lawyers and statesmen, nor yet the educators, but the scientists of the Department of Agriculture. Did you realize that one of the three phases of their work is **public welfare?**

They it is who have demonstrated that agriculture, in addition to giving us the food that sustains us, determines by its character the very character and tenure of our national life. They prove it in this way. First, that the character of those institutions whose sum total makes up the whole fabric of the social life of a community is determined by the owners of the property of that community. It is as impossible to build up institutions which have a permanence of character with a transient non-property-owning class as it is to build up a permanent forest with trees which are transplanted every year. Is this true in your experience?

The second fact on which they base their conclusion is that the birth-rate of any country is directly dependent upon the economic value of children. This is not a pleasant fact to face but I know of no student of sociology who does not acknowledge its truth. The only large birth-rate in the cities, then, is found in that class who are industrial employees and largely not property owners. Children in the country are still an economic asset, and that fact will always keep the birth-rate in the agricultural regions higher in proportion than for the same number of inhabitants in the city.

The city then must always draw its dominant forces from the country and it follows that the character of the country tributary to a city in one generation determines the character of the city life of the next generation. This has always been true, and the analogy holds good for every city except those like our capital city of Washington, which draws its impulses from its governmental character. If you doubt this truth, ask the people who have made the fight to keep an alien race from obtaining a landhold in California why they did it. Ask the southern landholders who have fought, literally with their backs against a wall, for fifty years, to keep the negro race tenants and not land-owners.

It is only when a people are literally planted in the soil that they become a permanent factor in the development of the institutions of a country.

There are then two ways of committing national suicide. One is for the property-owning classes in the city to go on having a birth-rate so low that they do not renew the life of their own class. The other is to permit the rural forces to become so depleted through economic pressure, bad health conditions or through the giving up of their best blood to industry, that the country fails to be the source of those streams of life renewal which must flow to both city and farm. The city birth-rate has long been below the danger line and the country birth-rate is fast approaching it. Twenty-five years more at the rate at which we are going, Dean Hunt tells us, and America will not be the heritage of ours, but of alien races. Do you doubt it? In New York fifteen per cent of the inhabitants are foreign born, 65 per cent are of one-half of total foreign parentage.

### A Surety of Purity



The radiant "Good Luck" Seal is a symbol of Purity and Quality to a Million Good Housekeepers. They insist on seeing it on the ends of every package of Biscuits they buy.

Pacific Coast Biscuit Company

# by the Big Clock on 7<sup>th</sup> Street

—there is the up-town office of the Road of a Thousand Wonders—between Spring and Broadway.

—with our Four Routes East and our Seven Trains Daily to San Francisco, we feel that we are in position to take care, in good shape, of the exceptionally heavy traffic now moving. We are watching this closely, and when our normal service is not ample, it is our aim to provide for you with extra sections or extra cars.

—it is well to make your reservations early.

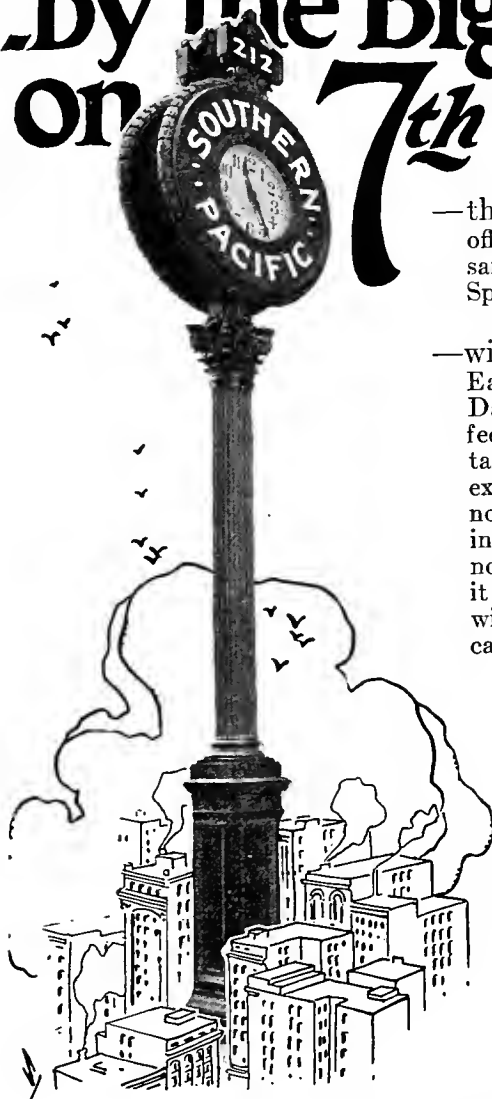
Station  
Central Avenue at Fifth Street

Phone Information Bureau  
Day and Night

Main 8322    Main 8241  
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See the Apache Trail  
of Arizona

*Have You Bought Your Liberty Bond?*



Detroit is 70 per cent foreign and of our 100,000,000, 15,000,000 cannot speak English, and still money for industry can be had at three and four per cent and money for rural development has its problem only half met by the new federal land credit act. When will we learn that to build up industry further and to fail to build up agriculture correspondingly can only result in disaster for both industry and agriculture?

In a different way are life forces of city and county intermingled. This is in the matter of health. It is of the greatest importance to the city that the food supplies are grown and prepared for market under healthful conditions.

Country water supplies, sewerage disposals and health conditions generally are reflected directly in the cities to which the country is tributary. City epidemics of typhoid have been traced directly to farm homes fifty miles distant which supplied vegetables and berries, sold along a certain city route. May I digress to state that in 1914 thirty per cent of the tested dairy herds of California were found to be affected with bovine tuberculosis. Did you know that a tuberculosis germ will remain alive and active in common salted butter for a period of five months? Our new dairy law, which went into effect on October 1, 1916, throws the whole burden of its efficiency on the State Veterinarian. At last accounts, his office was simply swamped with work. An inquiry, however, addressed to the State Librarian, brought me the response last week that things are in very satisfactory state and that the law is in no sense inoperative from lack of funds in the State Veterinarian's office. I find this very hard to accept, as conditions in our little colony are exactly as they were before the law went into effect.

What, then, are the conditions of a permanent agriculture? Let the agricultural scientists answer:

1. A dependable citizenry.
2. A small, efficiently managed farm unit.
3. A system of land credits which permit an honest, dependable citizen to establish himself in the business of farming on about the same terms that he can establish himself in industry.
4. A good system of roads and transportation.
5. An intelligent diversification and rotation of crops which will guard against economic loss and preserve the fertility of the soil.
6. The application of the principles of scientific agriculture as taught by the various agencies of the Federal and State Departments of Agriculture.

I can touch upon only two of these—the market situation and new education of the Department of Agriculture.

Regarding the market situation it takes no prophet to foretell that we are to enter upon a period of organization—not the banding together of all of the farmers and growers as in the horizontal laws of the Grange, but the organization of each separate industry with vertical lines of cleavage between them.

We now have the great California Exchange, the Raisin Association, the Swine Breeders' Association, the Olive Growers, the Alfalfa Growers, the Wine Men's organization, known as the Grape Protective Association. The ultimate consumer is likely to have to organize a more direct distributing agency, or he is going to continue to be "the ultimately ground."

I hope that you, as consumers, recognize in the Departments of Agriculture of the State and Nation, your best friend.

The work of the United States and the various States is now carried on under the name of the States Relation Service. The Government, under the various acts ending with the Nelson Amendment and the Adams Act, passed in 1908, now pays \$50,000 to each State for the purposes of agricultural education.

This is in addition to the Smith-Lever Act.

The total appropriation of the Congress ending March 4th, for the agricultural work of the nation was \$36,000,000. The appropriation for agriculture stands in amount next to the appropriations for the Army and Navy.

The results of this great work and the benefit to the farms of the nation are simply beyond estimation. Money thus spent comes back many fold in added productiveness each year.

(Continued in Next Issue)

(Continued from Page 14)

cordially gave their approval of the statements made above and some expressed very laudatory comments on the way the women of California had fulfilled the duty and responsibility of citizenship.

In conclusion it is a fair summary to say that the women of California have found the ballot a responsibility to which they have responded, it has proven a means of education, an avenue of self-expression and an opportunity of service. To the women of the nation the women of California extend the hand of fellowship and the hope that their unenfranchised sisters may soon enter the political life of the country, there to find increased strength and power, and manifold possibilities for the good of the community and the strength of the nation.



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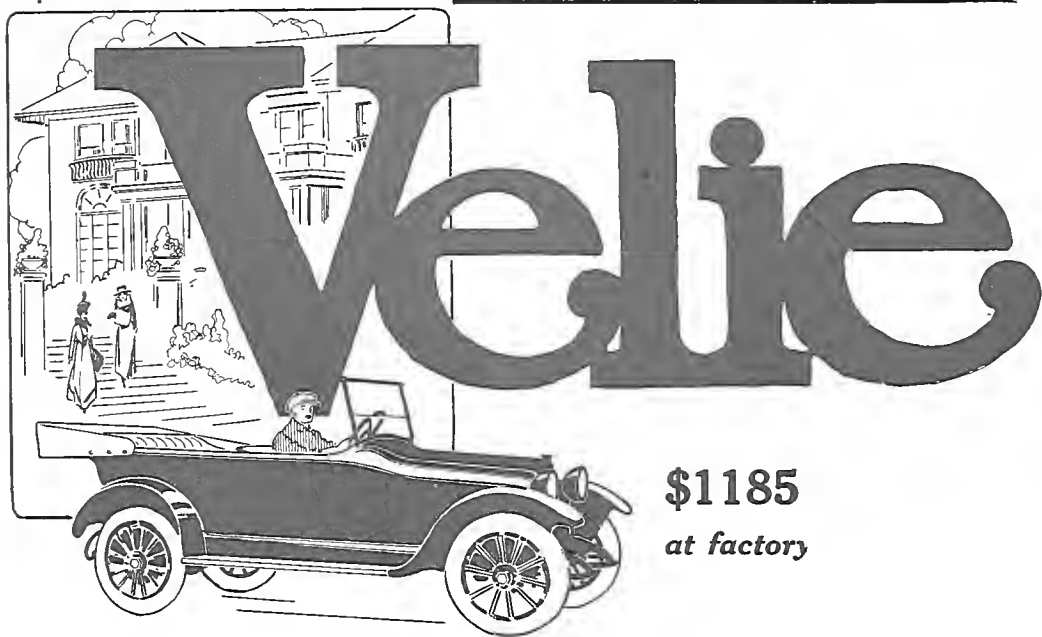
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# *The* Clubwoman

JULY, 1917

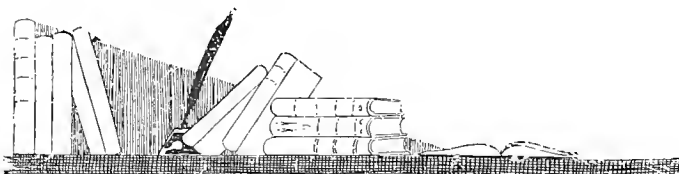
Vol. IX, No. 9



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MISS JESSICA LEE BRIGGS, State Chairman and Northern Federation Editor, 1942A Hyde St., San Francisco

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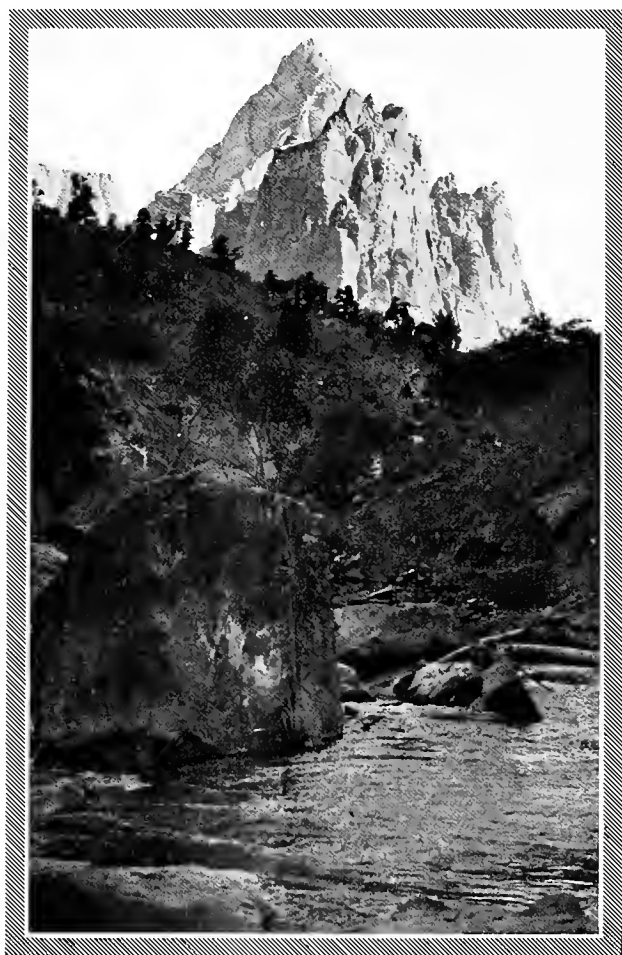
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## EDITORIAL NOTES

The August issue of *The Clubwoman* will be a Business number. Each State chairman will outline the work of her department. Two copies of the magazine will be sent to every club secretary.

For want of space the article on "Teaching of the Blind" is omitted, but it will be published in a later issue of *The Clubwoman*.

Please remember that *The Clubwoman* gives the official news and report of the Women's Committee of the Councils of National and State Defense. If you want to be up to date take *The Clubwoman*.

We are in receipt of a poem telling the story of the State Convention. It was written by C. Lisetta Vose, a member of the South Side Ebell Club of Los Angeles, who signs herself as 78 years young. We are sorry that space forbids our publishing the poem in full in *The Clubwoman*.

Mrs. Foster Elliot corrects the statement in the last *Clubwoman* in regard to Governor Stephens being the first governor of California to address the State convention of C. F. W. C. We should have said, "open the convention."

France is leading the world in better housing conditions and California would do well to follow her example.

Mr. George B. Ford, member of the American Industrial Commission to France, tells the wonderful story under the head of "City Planning in War Time" in the June number of "The American City," a magazine devoted to municipal improvements and civic advance.

He says:

"In housing, a striking development has taken place since the war began. In

Limoges, for example, some six acres of four and five-story tenements in the heart of the city have been razed to the ground. At a cost of a great many millions, the city is going ahead in the midst of war times to lay out new and broader streets and rebuild the district along modern city planning lines. In Marseilles fourteen and a half acres of old six and seven-story tenements in the center of the city were already torn down. At a cost of something like forty million francs the city was laying out new broad streets and open spaces, erecting new buildings of a modern character, all as a matter of "preparedness for peace." It has been borne in on them very strongly that, with the loss of a million or more of their best men they are bound to do everything they can to preserve and build up the next generation; that they cannot afford to let it grow up in unsanitary and disagreeable surroundings."

By the way, "The American City" should be on *The Clubwoman's* reading list.

### RECOMMENDATION FROM DISTRICT PRESIDENTS

The district presidents recommend that all district and State dues be paid to the District Treasurers and that the District Treasurers remit to the State Treasurer the amounts due the State, and that this be the policy of the incoming Executive Board.

ELIZABETH T. ARNOLD,

President of Southern District C. F. W. C.

MRS. BRADFORD WOODBRIDGE,

President of the Northern Dist. C. F. W. C.

MRS. A. B. ARMSTRONG,

President San Joaquin Valley District.

MRS. FISHER R. CLARKE,

President of Alameda District.

MRS. LLOYD W. HARMON,

President Los Angeles District.

MRS. FRANK F. FREDERICKS,

President San Francisco District.

## PRESIDENT'S MESSAGE

MRS. HERBERT A. CABLE, State President

At the first regular Executive Board meeting of the year, held in Los Angeles June 7th, it was voted to eliminate all sub-departments and sub-committees for the coming year—naming heads of departments only for State work.

The recommendation is made to districts to continue the division of work under each department head, according to the needs of each district, so that the work may be covered efficiently in all lines, but under one head.

The following changes were made:

History and Landmarks named a separate department as formerly, and Political Science merged with Legislation.

The department, Federation Extension, was made a standing committee, including

State Emblem, Library Extension merged with an Information Bureau, which will cover not only this line, but general information of all kinds, and the sub-committee of Peace named as a standing committee under the name of International Relations.

There is no intention of dropping any activity with which the Federation has been concerned, but to provide for greater efficiency and simplicity in the State departments, allowing the district to emphasize special lines by naming separate committees, according to varying needs.

Every effort will be made to simplify the work and economize in its direction, for clubs have everywhere indicated that our diversified department work was becoming

burdensome and difficult for clubs to meet in all lines of effort.

Following are the divisions of work decided upon: Board Committees:—Executive, Finance, Press and Printing, Standing Committees:—Endowment, Federation Extension and Emblem, Information Bureau, International Relations, State University, Club House Loan, Parliamentary.

Special standing committees:

Emergency, Service, Revision, Biennial, Incorporation, Cora Elliott Jones Memorial. Departments:

Art, Child Welfare, Civics, Conservation, Country Life, California History and Landmarks, Education, Home Economics, Industrial and Social Conditions, Literature, Legislation and Political Science, Music.

The director of the General Federation from California and the chairman in the General Federation departments were voted advisory members of the Executive Board.

We hope for co-operation from each district and from the individual clubs in this attempt to condense the department and committee work and simplify the machinery of the Federation.

In our endeavor to do our share of the Nation's work, which has been asked of all organized women at this time, there is no intention or desire to submerge the regular activity of the Federation, but in order to perform this extra service without expense to an already established department

work we must practice economy and wise direction of effort.

A request has come from our General Federation President to co-operate with the Women's Committee of the Council of National Defense in every way, to encourage the signing of the food pledge issued by the Government during the time named, July 1st to July 15th, and to abide religiously by the terms of both the General Federation pledge and the one now being sent forth by the United States Government.

Two requests contained in a letter from Mrs. Cowles are of such significance and of such interest and vital importance to women at this time that I shall quote in full:

"The enclosed copy of a letter from the Hon. Newton D. Baker, Secretary of War, to the Governors of the States is called to your immediate and thoughtful attention.

"You are urged to CONFER WITH the Governor of your State concerning the protection of our soldiers and sailors from intoxicating liquors and camp followers. Bring the power of the clubs of your State to bear upon these great evils. This is a definite service which you are asked to render. Make it your work at this time.

"The entire General Federation is urged not to relax its efforts until national prohibition is enacted and enforced and training camps and military posts are free from camp followers."

## PROHIBITION A WAR MEASURE

SYMPOSIUM BY LEADING CLUB WOMEN

MISS IDA A. GREEN

Mrs. Josiah Evans Cowles, President G. F. W. C. and member of the Women's Committee of the National Council of Defense, says: "Personally, I am strongly in favor of prohibition. No one has been able to arraign convincing arguments in favor of the value to human life of liquor or the liquor trade.

"I feel that in view of the present National crisis, every woman should lend her diligent energies to conserving all food supplies passing through her hands. This may seem a small individual contribution, but in the aggregate it will count tremendously in making this world safe for democracy."

Mrs. Mary Roberts Coolidge of Berkeley, President of the California Civic Center, says:

### Prohibition Is Inevitable

"Alcoholic beverages are a dangerous and unnecessary luxury, because they intensify all the social evils—particularly gambling, vice and the exploitation of human souls. Human nerves are more highly organized in America and in our generation than among primitive peoples; and because of the speeding up of industry and amuse-

ment, and because of our stimulating climate, immigrants are apt to drink more immoderately here than in Europe.

"The drinking habit is only a part of the destructive results. Usurious profits in the liquor business are too great a temptation, corrupting the individual and the State; confusing legislators and officials. Why should manufacturers and dealers in liquors be permitted to make usurious profits by catering to human weakness and love of pleasure, while the average citizen must be content with a modest six or eight per cent in legitimate industry?

Moderate drinking intensifies and lets loose the sensual appetites of men and women; makes them first feel comfortable and then irresponsible; and thus undermines family relations. The truly inalienable right of women is to bear children only to men who are clean and in possession of themselves."

Dr. Mary B. Ritter of La Jolla, State Chairman of Health of the State Federated Woman's Clubs, says:

"Already some rays of brightness filter

through the dark cloud of war hovering over us. These rays are the awakening conscience of our people as a whole to conditions which have heretofore been tolerated. Fortunately this awakened conscience shows itself in the Federal Government as well as in humbler ranks. The President of the United States and the Secretary of War are especially alert to the conditions which menace the moral and physical welfare of our soldier boys in their training camps. These menaces are liquor and prostitution. These are the evil forces that swoop down upon large groups of men everywhere.

"It lies with us citizens to protect them, to regulate their environment. Surely all mothers of sons, all club women, all American women, will with one common voice cry out for the abatement of these evils. For the one, there should surely be the abolition of the saloon, suspension of the manufacture of liquor from any food material, prohibition of its sale in drinks, or altogether. For the other evil there should be internment in reformatories or on farm colonies. Prostitutes should be treated as our insane, humanely, kindly, but with an indefinite or life sentence—either reformation or interned for life, i. e., protection of the community.

"Cannot all women stand together on these principles?"

Dr. Adelaide Brown of San Francisco, member of the State Board of Health, says:

"The present is the time to try out National prohibition as a laboratory experiment. Liquor adds nothing to man power efficiency. It adds greatly to the menace to public health, which venereal diseases cause. Liquor and prostitution go hand in hand. Nothing is too drastic for civil communities to do to protect the health of the men on whom we are relying in our world struggle.

"A war ended and a weakened man power from liquor and disease, as well as the losses of war, is war's last tax on humanity, and homes will pay it. To make it as small as possible, eliminate the liquor traffic and call on the laws, of which California has plenty, to restrain the traffic in women.

"It is in the hands of our citizens to prevent human waste, as well as that of the vegetable and animal."

Mrs. Clarke W. McKee of San Diego, ex-President of the San Diego Woman's Club, says:

"When our government declares that liquor must be kept from our soldiers and sailors, when our Secretary of War says, 'Our new training camps, as well as the surrounding zones, shall not be places of temptation and peril,' is it not time for the womanhood of California to demand protection for all our boys, those in office,

shop, harvest field, as well as those in camp? Should not the efficiency of those furnishing the sinews of war be conserved as well as of those in active service?

"Conservation of foodstuffs? Yes. But let nothing less than state-wide prohibition for the conservation of the manhood of our commonwealth satisfy California club women."

Dr. Susan J. Fenton of Oakland, President of the Child's Welfare League, says:

"Our country is calling for men to fight for democracy. To insure efficiency these soldiers must have freedom from alcohol, which, while making a man think he is stronger, wiser, and more efficient, has exactly the opposite effect; proven indisputably by scientists.

"While the world is clamoring for food can our nation use food for making that which destroys men just as surely as shrapnel or liquid fire of our enemies?

"Mothers are giving up their sons; and can our nation do any less than protect those sons from alcohol, which debases their moral fibre and lessens their resistance to other forms of vice?"

Mrs. R. F. Garner of San Bernardino, Chairman of the Civic Department of the State Federation of Clubs for 1917 says:

"When we are shown that one out of every five boys becomes a victim of strong drink, when we know that each year in our land 100,000 men go down into drunkards' graves—and when we look about us and realize all the suffering of little children, the degradation of womanhood, the poverty and the broken hearts and homes, caused by this great evil—we wonder why we clubwomen, we mothers pray, work, fight, plan, vote, pay and wait—why not rise in the solid strength of our womanhood and put old John Barleycorn forever out of business."

In Los Angeles Mrs. Chester Ashley, President of the Ebell Club; Mrs. A. S. Lobingier, President of the Friday Morning Club; Mrs. Seward Simons, Mrs. Shelley H. Tolhurst and Mrs. Frank A. Gibson of the National Council of Defense; Mrs. Rollin B. Lane, President of the Hollywood Woman's Club; Mrs. Birney Donnell, President of the College Woman's Club; Mrs. Clarence Van Graham, President of the Woman's City Club; Dr. Lulu H. Peters, President of the Professional Woman's Club; Mrs. Sloan-Orcutt, President of the Park Commission; Mrs. C. S. De Lano, President of the Cosmos Club, and Mrs. Mae Crevling, President of the Highland Park Ebell Club, have signed a petition which reads as follows:

"To the Honorable City Council of Los Angeles, Cal.:

"We, patriotic women of Los Angeles, petition the City Council to make Los Angeles dry immediately for the following reasons:

"First: Because we hope and expect to have a big army camp in Los Angeles and we know that Secretary of War Baker is not in favor of establishing these camps where the moral conditions are not the best.

"Second: Because we have a naval station, and its surroundings should be the best.

"Third: Because we stand for National prohibition of the use of grain in the manufacture of liquor, for the sake of the conservation of food, and we are ready to begin at home by putting our money and our grain into those things which will add to the efficiency of our country instead of weakening it.

"Fourth: Because we stand not only for  
(Continued on Page 14)

## NATIONAL AND STATE COUNCIL OF DEFENSE —WOMAN'S COMMITTEE

MRS. HERBERT A. CABLE, Chairman

### TO THE WOMEN OF CALIFORNIA

The time has now come to mobilize the voluntary forces of the country for food conservation. The women of California are ever ready to respond to the call of their country and to do their patriotic duty. I urge, therefore, that you give your earnest attention to the plan of the food administrator, accept the enclosed pledge and do everything in your power to save food and eliminate waste. This, I believe, to be essential to win the war. We must have food for our allies as well as ourselves.

Respectfully,

WILLIAM D. STEPHENS,

As soon as pledges are received at headquarters they will be forwarded to Mr. Hoover.

Mr. Hoover says:

"On receipt of the pledge, we will send out preliminary instructions and a household tag to be hung in the window. The insignia of the Food Administration will consist of the National shield, surrounded by heads of wheat, and we hope to have the shield displayed in every home in the United States."

Every effort will be made to extend knowledge in gardening, domestic economy, conservation and utilization of food. As rapidly as plans are formulated, women will be informed how they can best serve National interests in food conservation.

### THE FOOD PLEDGE OF CALIFORNIA WOMEN TO MR HOOVER

(Sign this pledge and mail or send to California Women's Committee, Councils of National and State Defense, 719 South Hill Street, Los Angeles, California.)

#### "GET BEHIND HOOVER"

#### The Food Pledge of California Women

I am glad to join in the exercise of food conservation for our Nation, and I hereby accept membership in the United States Food Administration, pledging myself to carry out the directions and advice of the Food Administration in the control of my household.

Name.....  
Street.....  
City.....  
Occupation of breadwinner.....  
Number in household..... Do you employ a cook?.....  
Have you a garden?..... Fruit?..... Vegetables?.....  
Will you take part in authorized neighborhood movements?.....

*Those wishing pledges for distribution may secure them by applying at 719 So. Hill St., Los Angeles, California.*

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## GENERAL FEDERATION

MRS. JOSIAH EVANS COWLES, President

MRS. THOMAS G. WINTER, Press Chairman

### CLUBS IN WAR TIME

From every State, County and town in America came reports of the war work begun by club women. Practically the whole two million of them are doing Red Cross work, studying and practicing efficiency and conservation in the home, taking up the question of Americanizing the alien, or the training of women for new forms of labor.

The Emergency Service Committee appointed by the General Federation, has a general superintendence of all war work and is getting women to sign the pledge for food economy and urging the various activities proposed by the eleven Departments of Work which cover every phase of public service from art to civil service reform. This Emergency Service Committee consists of:

Mrs. Josiah Evans Cowles, Chairman, 1101 West Adams St., Los Angeles, Cal.

Mrs. George W. Perkins, 31 Crawford St., Boston, Mass.

Mrs. S. Blair Luckie, 333 E. Broad St., Chester, Pa.

Mrs. J. L. Washburn, Hunters Park, Duluth, Minn.

Miss Louisa B. Poppenheim, 31 Meeting St., Charleston, S. Car.

Mrs. Edward McGehee, Como, Mississippi.

Mrs. John N. Speel, 1516 K St., Washington, D. C.

Mrs. Frank White, Valley City, N. Dak.

Dr. Esther Pohl Lovejoy, Kingsbury Apartments, Vista Ave., Portland, Ore.

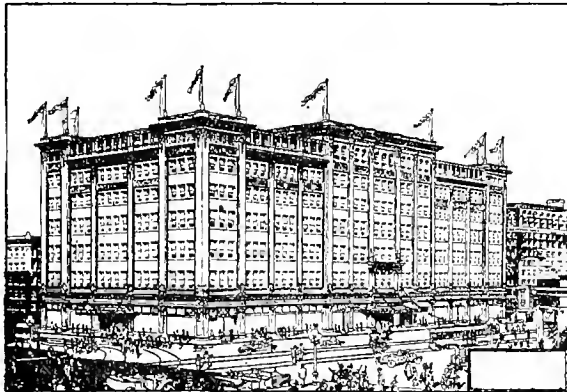
### ART CARDS

The Department of Art calls especial attention to a set of colored post cards illustrating American art, which is of patriotic interest at present. This set may be procured from the general chairman of Art, Mrs. Cyrus E. Perkins, 327 Washington St. S. E., Grand Rapids, Mich., for \$1.00. They consist of 40 cards representing the work of 26 artists, valuable for clubs, for teaching children and for hospitals.

### ART SLIDES

Lecture slides accompanied by lectures illustrating American painting may be procured by application to the special chairman on Slides, Mrs. Howard T. Willson, Virden, Ill., as follows:

1. Historical American Painting.....69 slides
  2. Contemporary American Painting.....75 slides
  3. Modern American Painting.....43 slides
- (Continued on Page 11)



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CALIFORNIA

# The Melting-Pot

By Jessica Lee Briggs, San Francisco, Cal.

The United States as a nation will neither be venerable nor invulnerable when this world conflict, into which it has been as it were compelled to enter, is over, even though it be another "Seven Years' War"; but we shall have learned many valuable lessons and we shall have attained a maturity well seasoned with the quality of humility, of economy, of thoughtfulness. We shall have entered in a degree the oneness; the race fatherhood, motherhood, brotherhood.

We have already grown older and saner in our enthusiasms and methods; we have learned the wisdom of protecting our soldiery against the evils of the common drink vice. Accordingly, there is a vastly different atmosphere surrounding our various military posts; our men in uniforms are quiet, sober and dignified. There is altogether a wholesome discipline in and out of camp life.

The women of the country have responded bravely to the first "Call to Arms." Few of them are among the "slackers." They have purchased Liberty Bonds and first "Call to Arms" of America.—brain, heart and hands are willingly busy; whether Red Cross memberships. They have entered into the National Defense movement heart and soul. They have answered to the in sewing rags and knitting mop cloths, rolling bandages, making sheets, or taking first-aid. They stand ready to give of their flesh and blood, bone and sinew. What shall be the final out-pouring to arms and to their country? The answer is already written in the annals of the ages.

Only the heart of a stoic could master its emotion when the eye in glancing down the columns of a morning paper reads the glad news of the safe arrival of General Pershing in London, in Paris.—and on a more recent date these head lines: "A

French Seaport, June 27. 5:30 p. m. (Passed by the Censor).—Pershing's boys are here!"

And yet, let each day's journey be calm, be poised. Let us hold to our regular life in the regular way in so far as this is possible.

The sweetest, truest flower which may be worn at the present time is a little blossom which grows in the north temperate zone. Botanists tell us it is white or pink. White, shall we say, for purity; pink, for delicacy and fragrance? The name of this flower is Thrift.

While we are in this paradoxical war which is slaughtering human beings for humanity's sake, it is well not to be blind to other aspects of life for humanity's sake. A recent editorial in the San Francisco Examiner, entitled "Victory for Humanity and Common Sense," the writer congratulates the New Jersey Board of Health for its humane and wise decision in refusing to allow vivisection at Rutgers College. We quote the following as the key-note of the article: "What the embryo doctors need to know they can learn from text-books. Let them take the results obtained by experts at such institutions as the Rockefeller Institute; nothing is to be gained by having them check up these results by repeating the ghastly experiments.

No inconsiderable element in the education of a physician and surgeon in teaching him sympathy and humanity. . . ."

May I awake on each day's morn  
Joyously content—  
Knowing that God is now,  
And ever shall be,  
In heaven and earth, in sea and sky!  
And because of this great truth,—  
Howe'er the seeming darkness,—  
No lasting evil can enter  
Into the Infinite Circle  
Of God's Presence.

## LOUISE CAROLA DAVIS

### COLORATURA SOPRANO

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NOW BOOKING

Most Unique Musical Program      Everywhere Acknowledged an Artistic Success

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DR. EUGENE E. DAVIS

606 Majestic Theater Bldg.

Los Angeles, California

(Continued from Page 9)  
**FARM WOMEN**

Sixteen thousand women are said to own farms in Iowa. In order to study effective intensive farm work in war time a very interesting organization, the Woman Farm Managers of Iowa, composed of women who personally superintend their own farms, has recently voted to join the Federation. Their president is Mrs. Nellie Richardson, the mother of Dr. Florence Richardson of Drake University.

**DOINGS IN OTHER STATES**

The Minnesota Federation has worked out a unique method of assisting the Red Cross by a "State Purchasing Committee," which buys materials, has garments cut by machinery according to Red Cross specifications, and sends these materials together with sample finished garments to small communities where the Red Cross has no chapter. It has also printed thousands of cheap slips with specifications for knitting, for comfort bags, for "Box No. 2" and "Box No. 8," covering the directions and cost of articles that can be made away from Red Cross headquarters.

The Pennsylvania Federation has sent to its 53,000 members a Patriotic Bulletin with these definite headings, "Plant Food," "Save Food," "Store Food."

Detroit women are working to Americanize every alien home.



A Time-Tried, Proven Remedy for  
**EXCESSIVE ARMPIT PERSPIRATION**

**NONSPI**

an antiseptic liquid that keeps the armpits **Normally Dry and Absolutely Odorless**. Need be used only twice each week and daily baths do not lessen the effect. Just think! No excessive perspiration under the arms—no stained dresses—no humiliation. Wear your thinnest, daintiest gown any time, anywhere, without fear of injury and enjoy to the fullest extent: **Personal Daintiness. Woman's Greatest Charm.** Remember, excessive armpit perspiration is not healthful; to divert it to other parts of the body is harmless. NONSPI is approved and recommended by physicians and used by millions of women and men. It consists entirely of beneficial ingredients; is unscented and freed from artificial coloring.

50c (several months' supply) at toilet and drug dealers or mail direct. Or send 4c for **TESTING SAMPLE** and what medical authorities say about the harmfulness of excessive armpit perspiration.

**NONSPI COMPANY, 2625 Walnut St.,  
 KANSAS CITY, MO.**

## Important Announcement to the Public

**VOGUE COMPANY** announces that during July and August the store will be closed **ALL DAY SATURDAY**, thus giving our employes two full days of recreation and rest each week, with full pay.

This is in line with a policy of fairness to our patrons and employes.

We have had from the first and still have distinct ideas of doing business.

We made a conscientious compact among ourselves from this store's beginning to eradicate the practice of higgling and haggling over prices, mislabeling merchandise, such as was the common custom, marking fictitious figures on tickets for markdowns to make the goods look cheaper.

We avoided all exaggerated advertisements of every description, as well as the giving of stimulating commissions to salespeople to push off old and undesirable goods.

The heart of the store was right to give equity, justice, actual truth and fairness in every transaction.

It is a great pleasure to do business with the public on a basis that every one in our employ can avouch to be without deceit or trickery of any kind whatsoever.

Our encouragements are increasing day by day by the support of customers, old and new.

Do your Saturday shopping on Friday, thus aiding us in favoring our salespeople these summer months.

**VOGUE COMPANY**  
 Correct Apparel for Women & Misses  
 MERRITT BUILDING

Home 60515 Broadway 6300  
 BROADWAY AT EIGHTH

## SAN JOAQUIN VALLEY DISTRICT CONVENTION C. F. W. C.—FRESNO, APRIL 24-26, 1917

MRS. A. B. ARMSTRONG, President

At the beginning of my term of office I advised the holding of reciprocity days in order to promote good fellowship and the "Federation Spirit," and the clubs have generously responded. It has been my privilege to attend nineteen Reciprocity meetings and luncheons. Space forbids my trying to speak individually of these, but they were all worth while and some were very educational, especially those of Tulare, which represented the United States and its possessions, Lemoore, "California History, and Cochrane, "The Year's Calendar." These Reciprocity days mean much to the progress of our work.

Our convention was held on April 24, 25 and 26, and was a decided success in every way. The spirit was good, attendance splendid and plenty of enthusiasm. One hundred and forty registered out of a voting body of 170. The reports were all good and showed earnest effort along all lines. The music was exceptionally good and was furnished almost entirely by Fresno talent, under the supervision of the District Chairmen, Mrs. S. L. Platt of Fresno.

The hostess city did all that could be done to make our stay pleasant and profitable. The first evening of the convention there was a delightful banquet served by the ladies of the local board, and later in the evening a concert was given by the Men's Glee Club of Fresno and the Ladies' Choral of the Parlor Lecture Club also of Fresno, which was greatly enjoyed. The second evening we were highly entertained by that wonderful interpreter of the gems of literature, Mrs. Lillian Burkhart Goldsmith of Los Angeles. Mrs. Goldsmith held conferences during the convention with the study clubs which were wonderfully enjoyed by all having a chance to attend them.

Our Federation has been rather blindly groping along, seeking how best to serve humanity, but suddenly Opportunity not only knocks at her door, but throws it wide open and we find ourselves face to face with the great problems of the day. Crying for our help and the club women throughout the country have the opportunity of showing what they can do and how best to serve their fellow-men through the medium of the Red Cross and War Relief, and every one is responding most generously.

Several of our clubs throughout the year have held chrysanthemum fetes and festival days to procure funds to increase their club house fund, as several are planning to build club houses.

There has been great interest shown in domestic science and many have taken advantage of the extensive course sent out by the University of California. Many

clubs have had baby clinics and lectures on "Better Babies" and "Better Mothers." These have been conducted by Dr. Sarah E. Wise, who is sent out by the W. C. T. U. Greater interest than ever before has been taken in behalf of the young people, by way of furnishing healthy, sane amusements in the home town or community, in order to keep them at home. Daughters of Auxiliaries have been formed in several of the clubs, and these have been found to be of mutual benefit. The hanging of flags in the club houses to promote patriotism and unison singing is growing in favor as was recommended at the Del Monte convention.

California History, Literature, Music, Art and Civics have occupied a considerable space in the programs of the clubs.

The work of the San Joaquin Valley District for the year 1916-17 has been the most successful of any in our history, in point of interest, Federation spirit, work accomplished and the establishing of good fellowship through the medium of reciprocity. At the beginning of the year 1915-16 we had 48 clubs; at the close of this year we have 70. There have been very few withdrawals, and many which had previously withdrawn have rejoined.

In visiting the clubs I have found very few which have not been in healthy working condition and little or no internal strife. This condition is usually brought about by selfishness, jealousy or both, but as the

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212 WEST SEVENTH STREET  
207 GROSSE BUILDING  
519 SOUTH SPRING STREET

# The Club Women

of California may be sure of the hearty co-operation of the Security Trust and Savings Bank whenever it is within our power to be of material assistance.

An evidence of our patriotic co-operation may be seen in our service for soldiers and sailors as set forth in our booklet "Security Service for Soldiers and Sailors," in which all Club Women undoubtedly are interested.

If any member of your family is serving under the Stars and Stripes, this will be of particular interest to you.

**SECURITY TRUST  
& SAVINGS BANK**  
SAVINGS COMMERCIAL TRUST

Oldest and Largest Savings  
Bank in Southern California

Security Corner, 5th & Spring  
Equitable Branch, 1st and Spring

women of the country stand facing the greatest crisis in the history of the nation all pettiness is thrown to the winds and the greater questions of how best to serve their country and their homes are paramount in their minds today.

This terrible chaotic state through which we are passing marks evidently a period of evolution of the race, and woman, as has always been the case, must play her part, which is that of self-sacrifice. The thing which seemed greatest in her life of yesterday fades away into insignificance as with bleeding heart she sees sons or brothers march away to do battle for their country and not knowing when they will be sent, and when, if ever, they will return. There is no room for jealousy, envy or pettiness of any kind in the heart of the women of today, but the pity of it all is that it could not have been cast out in some other way without our having to pay this terrible price for the coming year.

The convention closed the afternoon of the third day with a splendid lecture by John Kendrick Bangs on "Celebrities I Have Known." This was given by compliment of the Parlor Lecture Club.

The election was held on the second day and by electing Mrs. W. A. Fitzgerald and her splendid staff of officers the District and State should look for great accomplishments from the San Joaquin Valley.

## LOUISE CAROLA DAVIS.

The Popular Soprano.

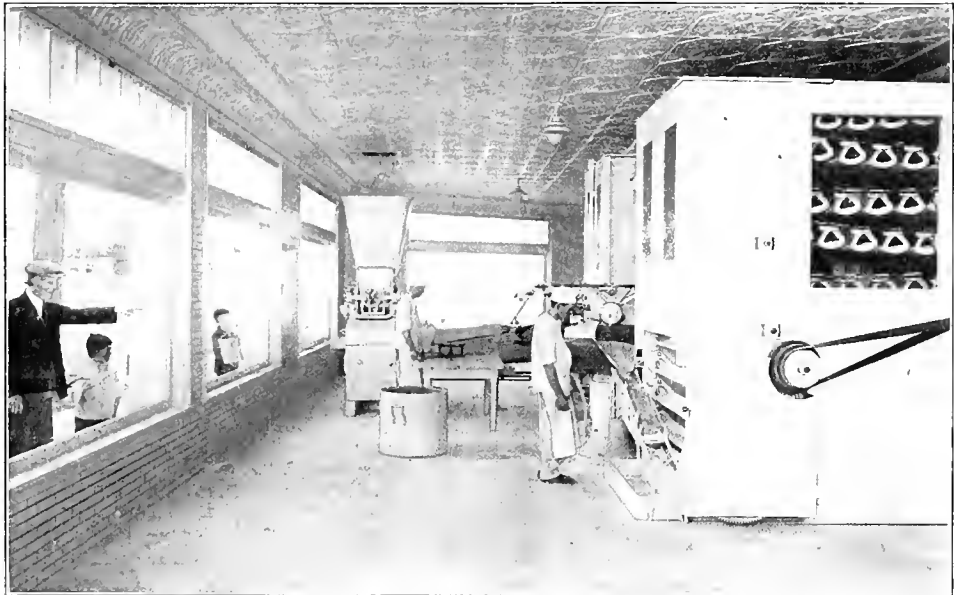
Louise Carola Davis in her recital of Wild Song Birds has closed a most satisfactory season. Financial and artistic success being the happy blending of results achieved. Flattering press notices, personal letters from Club presidents and managers offer a splendid nucleus to begin the bookings for the coming season.

Louise Carola Davis will be heard in a number of recitals and Chautauquas during the Summer season. Ruth McBride the well-known pianist as accompanist will be a most pleasant addition to the popular singer and her charming concerts.

(Continued from Page 8)

the highest efficiency and morality of the army, but also for the highest development of those who stay at home to raise the crops, manufacture the implements of war, run railroad trains and automobiles, and to care for the business necessary to keep intact our national life."

This petition carrying about 4000 signatures of women whose work has identified them with the best interests of California was presented to Los Angeles City Council, July 3, at the same time brief and effective oral arguments were presented in its favor by a number of clubwomen. The members of the Council appeared to be favorably impressed, and at the conclusion of the debate referred the matter to their Public Welfare Committee for an early recommendation.



Bradford's "Glass Front" Bakery



The windows open up the entire bakery to view. Every passerby can look in the Bradford Bakery. Visitors are welcome any time, any day.

## DEPARTMENT OF HOME ECONOMICS

MRS. L. F. COCKROFT, State Chairman

Short Cuts in Housekeeping by Mary B. Vail, Head of Home Economics Department,  
Mills College, California

Whenever short cuts are substituted for old methods of work efficiency should result, and efficiency is what we are working for in the house as well as in the shop and the office: In our quest for short cuts we must consider materials, devices and the adjustment of people to things. This then is our problem: to furnish our houses, finish our surfaces, plan our spaces and equipment so that we can do our daily tasks with the minimum expenditure of energy, time and money.

Human energy, the man controlled force which we apply in accomplishing our work, is hard to measure, and consequently is underestimated. Time we appreciate, money can be measured and apportioned and energy and time can be turned into money, but how often does the housewife think of her time as of value, or her energy worth anything? She gives freely and lavishly of that almost priceless commodity, human energy, and when nature refuses longer to honor her overdrafts, wonders why she is "so good for nothing."

It is possible to minimize effort and to limit time, but this can only be done if the housewife makes her work her problem, and puts into it the same conscientious thought that a man puts into his successful busi-

ness. While others may suggest or help, each housewife must weigh needs, balance value, work out details and so solve her own problem.

Let us see how we can save time and energy in the care of our houses which we aspire to keep dustless. To begin with all dust catchers as far as possible must be eliminated and dusting must be done in the most efficient way.

Smooth surfaces do not catch the dust as do rough ones, so let us if possible do away with ledges, cornices and fluted woodwork. The smooth surfaces should be filled, if not stained, so that the woodwork will be truly smooth and without cracks. Furniture should not be upholstered. Curtains and all draperies should be light and easily cleaned. As a dustless house is our ambition, let our slogan be "only things that can be washed or wiped clean."

Up-to-date dusters never flirt dust into the air to settle, only to be stirred up again and again. The simplest duster is a soft cloth, damp, not wet, so that it will pick up the dust. To prepare the damp duster, dip one-third of the cloth into water, wring it dry, then shake out and fold the damp third between the two dry thirds and

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wring again. This damp cloth picks up the dust without leaving any moisture on the polished surfaces.

Unless we have a vacuum cleaner or sweeper we should not have carpets or large rugs on our floors. Small rugs that can be taken outside to be cleaned are best.

Order and system come first in eliminating waste. Plan to do every day a little cleaning of rooms or cupboards.

Have plenty of hot water for washing, and boiling water for rinsing the dishes, which have been put on edge in a rack. Dishes washed and rinsed in this way dry quickly and are far cleaner than if wiped with the cleanest of towels. This would seem to make dish towels unnecessary, but we do need them for silver and glasses.

While a house if square is easier to work in because of the shorter distances to travel, yet a long kitchen is to be desired above a square one, because the distance across it is lessened. The kitchen should be always light and airy and it should not be used as a hall or passageway.

The convenience of the worker in the kitchen should be the first thought in placing the furniture and the fixtures. The grouping of table, cool closet and stove is as important as the nearness of sink to dining room and cupboard. Within reach of the stove should be shelves for coffee, coffee pot, salt and so forth, hooks for the utensils and a water faucet. A small zinc-covered table on wheels saves many a trip

between the dining room and the kitchen. A high stool on which the worker can rest saves standing, which is much harder than walking. Rubber heels or linoleum lessen the jar on the spine. Light, one-piece washable gowns are best to work in. Labor-saving utensils, if wisely chosen, serve a useful purpose, but a machine that requires more time to clean and care for it than it saves in the process is not worth while.

If one does much baking a bread and cake mixer are a help. An easily cleaned meat grinder and a cheese grater as well as little cups, spoons, bowls, etc., are almost indispensable to satisfactory work. A rattan brush called a China-scrub is very desirable. A roll of paper toweling serves many purposes and sheets of Manila and paraffin paper protect food and save towels.

For convenience have utensils and materials within easy reach above the table instead of below it, where you would have to stoop to lift them and at the same time lift yourself as well. Keep supplies in glass jars or shelves near the mixing table.

Good steel is indispensable for cutlery and the edge will hold if knives, when not in use, are held by a strap against the wall instead of being placed in a drawer.

The utensil in which you can cook as well as serve is efficient whether it be the chafing dish, an enameled baking dish or a covered crockery casserole. The casserole is best of all, because it lends itself to slow cooking in the oven and saves the delicate odors or flavors of food. The fireless cooker, if



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### Exclusive Ladies' Tailor

We number many clubwomen of Los Angeles and Southern California among our regular customers.

May we not add your name to our list?

745 SOUTH BROADWAY--FIFTH FLOOR

## EXHIBITING HOW FOOTWEAR STYLES HAVE CHANGED

An interesting and instructive campaign on the advancement in feminine footwear has been instituted by the C. H. Wolfelt Company of Los Angeles, San Francisco and Pasadena and proprietors of the Bootery Stores in California.

The illustrations of shoes worn by women in centuries past constitute the interesting and historically great facts that have been gathered.



THE "TOUPIN"

One of the shoes worn during the Eighteenth Century.

The Eighteenth Century marked the climax of the eccentricities of the fashion-mad courts of Europe; all manner of garments were worn and a frantic contest to create the grotesque engrossed the people.

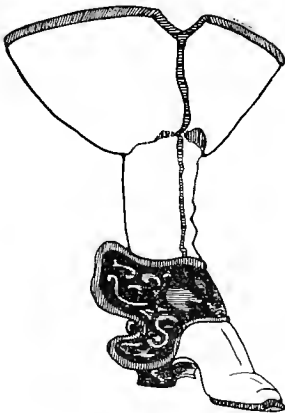
The "Toupin" prevailed in many forms and varieties although widely different modes were in use.



THE SHOE OF CATHERINE DE MEDICI

The beautifully brocaded shoes of Catherine de Medici were specially designed for her schemes and machinations. A second sole was added of resilient felt, that her steps might be more silent and stealthy.

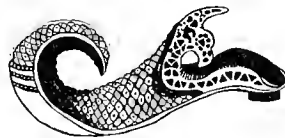
Had Catherine de Medici lived today she would not have found it necessary to resort to this cumbersome device;—a modern hand-turned sole would have clothed her step in secrecy.



THE BOOT OF THE CAVALIER

In the time of Louis XIV, when all the medieval world echoed the trumpets of chivalry and knighthood, the European courts resounded with the clatter of the great tall boots of gallants and cavaliers. Yet the fashion spread even to the humble folk who kept the taverns and the youths who cared for the massive steeds of the nobles.

Some of these boots were of such dimensions and of such fortifying weight, that the great wheels of the coaches passing over them could not injure the wearer. Thus, this was a humane style as accidents were frequent in those days.



THE SHOE OF ANCIENT EGYPT

In the North of Africa in the traditional lands about the Nile, where the children of a Pagan cult live in the memory of a dead decade, there still dwells a sequestered world of mortals, relics of a once glorious civilization. Amidst this throng flourish the chosen ones—the aristocracy which blooms upon the stalk of toiling masses. The mission of these is to symbolize that which others strive for, to chant the doctrines of Mohammed and to let their days wane away in indolence and palatial peace.

Here is the boot of such a noble, reflecting all the fragile grace and weird elegance of this lucent region of the dark continent.

home-make, is not an expensive thing and serves many a purpose—to keep cool things cool and hot things hot, as well as to do superior cooking. In fact, if your curiosity did not get the better of you and cause you to lift the cover, food that has been cooked and then boiled for five minutes covered, will keep a long time in the fireless. You really can the food. The same principle holds good outside of the fireless, if you wish food to keep after it is cooked do not lift the cover from it, as it is the germs from the air falling into the food which cause it to spoil.

The Androck oven, a simple cover for one burner, will make the heat of that burner do an unusual amount of work in toasting, baking or heating irons. A steamer, if large enough, will cook a whole meal over one burner; and the method of cooking is much to be preferred to boiling, because in boiling flavors are drawn out of the food into the water, and the water usually goes down the sink. Then there are the two and three-compartment utensils, which may so advantageously be used with either gas or fireless.

For ages past the claim has been made and allowed that woman thinks but does not reason; that she works mechanically, but not experimentally, taking the result of custom or tradition as her guide instead of forging ahead to evolve new ways of doing her work. It is now time that this old order of things should give way to the readjustments demanded by the varying conditions of the modern world. We must be experimental, we must learn to do by doing. If a dishwashing machine is available we must faithfully try it, with a stop watch if necessary, but we must not say, "I would rather wash the dishes by hand than pack the dishwasher," unless we can prove that it is wasteful of time and energy.

In this way we become efficient and efficiency means getting the best results with the least effort. We are impressed every day with the fact that the up-to-date woman influenced by the education that comes to her in school and out, is now bringing to her work the requisite knowledge, thought and reason.

#### INFORMAL SERVICE

##### Menu

Fruit Cocktail  
Creamed Crab in Ramekins  
String Bean Salad with French Dressing  
Parkerhouse Rolls  
Tea

Spanish Cream Oatmeal Cookies

To serve efficiently and attractively without a maid is the problem of the majority of the housekeepers of the United States; yet it can be done and done satisfactorily, using the informal service which allows the hostess to be with her guests, yet sacrifices nothing of the daintiness of the meal. Careful planning even to the minutest detail is necessary, however, to assure ease and success.

The Home Economics seniors at Mills

## \$100<sup>00</sup> for an idea

If you were the owner of Quality Laundry, how would you go about it to get more customers? What advertising or sales methods would you employ?

Remember—"Quality" is a strictly high-class laundry—employs only skilled help, pays good wages, is radically clean and sanitary, ultra-critical about all its work and does not enter into competition with laundries that rush their work through in the cheapest possible way in order to effect low prices.

For the best business-increasing plan, Quality Laundry will pay \$100.00 in gold. If you have any ideas on the subject, submit them in writing to Advertising Department. Quality Laundry, 1010 Hollingsworth Building, Los Angeles.

Send as many plans as you like. It costs nothing to compete. If the prize-winning plan is presented by more than one person, the full amount of the prize will be paid to each winner.

Contest opened June 5th. Closes July 30th. Judges: A. C. Smith, C. F. Crank and M. F. Slusher.

**QUALITY  
LAUNDRY**  
"RUN BY A WOMAN"

Home 24660  
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College found this informal service most practicable when just before Easter luncheon was served to ten women in the following way: The table appointments were the same as usual except that each cover included a service plate on which was a small doily, and this same service plate and doily were used throughout the meal. Near the hostess on the left was a serving table on which was placed the dessert ready to be served, and the tea service; on her right was a tea wagon.

Just before announcing luncheon the hostess placed on each service plate a fruit cocktail and to the right of the cover a salad. The tea which had just been made was poured off the leaves into an earthen pot and placed on the side table.

When the guests had finished the cocktail the glasses were passed to the hostess who put them on the tea wagon. Then, for the first and only time, she left her place at the table and rolled the wagon into the kitchen. When she returned the tea wagon had on it the casserole, the ramekins and two plates of hot rolls. The casserole and rolls were put on the table and after she seated herself the ramekins were filled and passed to each guest. The guest nearest the side table poured the tea and started the tray with lemon, sugar and cream. The test of the plan came when ramekins, salad plates, bread and butter plates and tea cups and saucers were passed to be stowed away by the hostess on the tea wagon and side table. The service plate and doily were untouched and as the table did not need crumbing the

dessert was soon distributed and the cookies passed.

It took an hour to serve the meal, each guest doing her little part. The meal was generous in its food value, for compared with the dietetic standard established by the students themselves the calories were 25 per cent in excess and the protein over 40 per cent. Notwithstanding this, the guests did not feel over-fed. Might not this be interpreted to mean that we usually eat more than we need, that with advantage to ourselves as well as to the nation we can reduce the amount of food consumed during these war times?

#### WAYS IN WHICH THESE SEVEN WASTES MAY BE REDUCED

##### 1. By economy in buying.

(a) Encourage the substitution of cheaper foods of equal nutritive value.

(b) Encourage giving less thought to appearance when this increases the price.

(c) Recommend that dried fruits shriveled in appearance be bought instead of the smooth, swollen ones to which a percentage of water has been added. These weigh more. You pay for the water they contain and you pay a higher price for the fruit without increase in food value or palatability when served.

(d) Advocate community centers for club buying of foods in bulk with free division to the club members, the buying and reweighing to be done by intelligent volunteers under expert supervision.

## DEPARTMENT OF CONSERVATION

"FORESTRY"—MRS. JAMES T. ROYLES, Chairman.

"THE FUTURE TIMBER SUPPLY"—By MR. G. M. HOMANS, State Forester

It may seem strange to discuss the future timber supply, when apparently our first concern should be in properly handling the merchantable timber crop of today. It seems apparent, however, that little can be expected in the way of applied forestry principles in the management of forest lands now being exploited for market. Most of such lands are in private ownership, and the owners are interested merely, as a rule, in withdrawing their capital invested by harvesting their forest products without regard to public welfare. Lumbering rather than forestry is being applied during the operation of harvesting. The first considers merely the removal of all material from which a profit can be derived. Such a practice in most forest regions actually destroys a productive forest. No seed trees of the more valuable species are left to restock the area; debris resulting from lumbering creates a fire hazard, and inadequate protection against fire ultimately reduces the once forested area to a desolate waste.

Forestry, on the other hand, removes

merchantable timber in such a way as to provide for an indefinite harvest. Young trees are left to restock the cut-over area, less desirable kinds are used for construction that they may not predominate in successive crops; tops and branches resulting from logging are burned or otherwise disposed of, and the entire area is protected against fire. Under present-day conditions, however, little or no inducement is offered the private forest owner to practice forest management. Competition, speculation in timber properties, freight rates and capital invested in plants and equipment practically compel destructive logging. In my judgment the practice of intensive forestry will not pay on all private properties in California. In some cases many of the principles can be applied with profit under present conditions. Such modifications in logging, however, are not likely to be brought about by legislation, but rather by education of the lumbermen themselves. Such a course will be slow, and in the meantime much of our forested area will be denuded and added

to the thousands of acres of waste land already accumulated.

There is much that those interested in the solution of our forestry problems can do. It seems apparent that our future timber crop must be produced on logged-off lands. Since this form of investment does not appeal to the private owner, such lands must eventually be acquired by purchase by the State and placed under proper forest management. It goes without saying, perhaps, that the State government must and should do many things for present and future public welfare that may be beyond the interest and responsibility of the in-

dividual. The individual, however, is not relieved of the responsibility of seeing that the State does assume its proper obligations on behalf of its people.

Perhaps public opinion is not yet awakened to the necessity for taking public measures toward the acquisition of lands for protective and commercial forests. The Federated Women's Clubs of California have an opportunity of aiding materially in bringing about this public awakening.

#### HELPING THE FIGHTERS

For the protection of those who cannot fight yet upon whom the burden of war falls as heavily as upon any man in the field—the wives and children of America's soldiers on the battle line—it has been recommended that enlisted men take steps to insure the future of those they leave behind them. Many banks are making special provisions for this and the Security Trust and Savings Bank of Los Angeles has issued a booklet upon the subject. It undertakes to care for the wills of soldiers, prepared by members of the Los Angeles Bar Association without charge from the enlisted man's own rough memoranda, to act as executors of estates, to provide vault space gratis for the valuable papers of soldiers at the front, to assist them in saving their pay and to act as their agents in their absence.

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—Chaperone service  
for young ladies.

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San Francisco Cal.  
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Today

## REPORT OF THE DEPARTMENT OF CHILD WELFARE

LOUISE B. DEAL, M. D.

During the early part of the year 1916 the Children's Bureau of the United States Department of Labor, Washington, D. C., issued a call to the Women's Clubs to institute a nation-wide Baby Welfare campaign. At this time our State Federation had no Child Welfare Department. Child welfare was considered a subdivision under public health, but the interest that Baby Welfare Week aroused throughout the entire country made the State Board decide that Child Welfare deserved a separate department, and the mother love in the heart of our president prompted Mrs. E. D. Knight to centralize on this department.

One of the duties of the State chairman of each department is "to outline the work to be undertaken throughout the year, and to make a final report of the work done at the end of the year." This outline, which was sent to the six District chairmen at the beginning of the year contained fourteen suggestions, and, now that this year's work is over, it remains for us to report what has been done along these lines. The establishment of school cafe-

terias—this has been successfully carried out in many locations, in several schools of our own city, in some of the Southern cities and quite extensively in the San Joaquin districts. All report favorably and we hope next year to see this system extended. In many districts of the State, school nurses have been appointed, with promises to add to the number as funds increase. Several ungraded classes for backward pupils have been established, also classes for defectives are being organized. This is good work and deserves encouragement. Alameda District, under Mrs. E. C. L. Colby, has made marked headway in bringing about a closer co-operation between schools and homes. Many of the centers, including San Francisco, have introduced talks to foreign mothers in their own language, covering Italian, French, Russian, German, Spanish and Yiddish. No. 5, requiring a physical examination in obtaining a working certificate, and No. 6, requiring proper qualifications for midwives, evidently were not attractive, for no district reports work along either of these lines. The new State Milk Law received

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Sufficient Assortment for any Family

### LOS ANGELES SOAP COMPANY

attention throughout the State. We have given our aid to all institutions providing care and advice to expectant mothers, mothers and babies.

We have made great strides toward lighting and supervising parks. "One hundred big electric lights are to be installed along the main drive in Golden Gate Park; forty of them are already up and working, and the campaign started by the club women is to be helped along by a number of additional police." There is much more to be done in this line. Do not let our interest lag. We have tried to assist the Juvenile Protective Association in their efforts to have Child Labor laws properly observed. Some of the districts are supporting vacation schools. We worked hard and faithfully to obtain State support for orphans and other dependents up to 15 years of age, but again the additional expense at this particular time proved an obstacle. We are not discouraged. We have made a good start and will surely win out at the next session of the Legislature. We are protesting against waste and against unnecessarily high prices. Every club is taking an active interest in this matter. We have done nothing about incorporating a State course of study. It is a very important matter and could be readily brought about by the women's clubs of

the State. I hope it will be given attention next year. We have celebrated eighteen Baby Welfare Weeks, and many others are scheduled. They have been very successful and have proved a powerful agent in bringing about co-operation in a community.

The report from this department for the year 1916-1917 would be most incomplete without mention of the splendid contribution of the Collegiate Alumnae to the State Federation, "Motherhood," a moving picture film of which the women of California may well be proud, and as it carries its message from the Pacific to the Atlantic, it will proclaim to the mothers of our country that the women of California thoroughly believe in the doctrine of "Better Mothers, Better Babies, Better Nation."

#### NORTHERN DISTRICT

Mrs. O. W. March, Chairman

The Northern District has been most enthusiastic in its study of Child Welfare Work during the year now closing. Almost every club has responded to the request for study along this line, with special days or special programs.

Roseville had an afternoon devoted to Child Welfare Work, at which the District chairmen of Child Welfare and Public Health gave addresses and made suggestions for thorough work along the lines of preservation of child life.

Marysville, Elk Grove, Newcastle, Glenn, Los Molinos, Oroville and Chico were also



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PINK BEANS---WHITE BEANS---LIMA  
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visited by the chairman and in each club and town earnest women were found anxious to learn and eager to co-operate in the general movement.

Other clubs held a Better Babies' Day and in one or two cases a Better Babies' Week, and in each place wonderful results were reported. The mothers, especially the young mothers, learning how to improve the health and safeguard the lives of their babies.

Many clubs throughout the District were eager to take up the work, but because of full programs action had to be deferred until the next club year.

I look for much better results next year than have been accomplished so far. The department being a new one, much supplementary work had to be done. The year, in fact, was a seed planting one, the harvest time to come in the future.

With war working its terrible havoc, with the men and boys of Europe being killed by the thousands, with the same fate now staring America and her boys and men in the face, it certainly is a time when every force should be put into operation to carefully conserve and preserve the child of today, so that he may be the strong man of the nation, worthy to be called a true citizen of the greatest country of all, America.

## SAN JOAQUIN VALLEY WORK IN CHILD WELFARE LINES FOR YEAR 1916-1917

Flora Smith, M. D., Chairman

The Baby Welfare Week was conducted throughout the valley in many cities by Dr. Sarah Wise. Results were additional interest taken in matter of sanitation as regards the feeding of infants, more careful inspection of milk so that not only the babies, but the entire community was bettered, common sense ideas made fruitful in the matter of dressing of small children and classes in the conservation of energy established.

Personally I am not enthusiastic in the matter of prizes and contests for babies as the follow-up supervision of prize winning infants do not prove our system and schedule to be of sufficient importance or educational to the mothers—the first requisite to the making of better citizenship from our babies of today.

Along the lines of HEALTH for the child, study has emphasized, (and I hope this year may be a continuation of the same line of study), that the first words of parents should be, "WATCH AND PREPARE." Watch and note any unusual condition or habit in your child. The time to prevent a serious disease or break a bad habit is in the beginning.

Study along the lines of dental clinic among clubs had brought the following to notice: Ninety per cent of the American school children need dental work. In one

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yeast. Bake with Fleischmann's  
yeas.."*

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Los Angeles to San Bernardino, Riverside, Redlands

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city in United States alone last year 67,000 children failed to be promoted because of defective teeth, costing the city \$1,037,696 to duplicate the year's schooling for those who failed.

Child Welfare work for the coming year will be along the same plan of study and I can bespeak much interest for the betterment of the children by the club women of the San Joaquin Valley.

School noonday luncheons, better movies for the children, proper footwear for the children and the problem of schoolroom seats are to be added to the lines for 1917-1918.

### SAN FRANCISCO DISTRICT

**Mariana Bertola, M. D., Chairman**

Early in the year a plan was made to create interest among the mothers who most needed it in the Child Welfare Movement. The endeavor was to be of really practical benefit to the mothers who have little assistance in caring for families.

To this end a series of lectures was planned to be given before Child Welfare Week. Lectures were given on Pre-Natal Care, Care of the Normal Child, Every Phase of Feeding Appropriate to Age and Condition, School Care and Communicable Disease. Physicians kindly gave their services.

These addresses were given in various parts of the city in English, Italian, French, Russian, German, Spanish and Yiddish. A large number of women was reached—

women who as a rule do not go out to lectures or far away from their homes. I believe that we should do more of this work. We should try to reach the mothers who are shut in. Much talk and much display will not do this. Efficient, unassuming, sympathetic workers must be procured for this splendid task.

Your chairman outlined in full the program for Child Welfare Week and appointed the following sub-chairmen:

Committees—Hall Management, Miss Margaret Curry; Finance, Mrs. Frank F. Fredericks; Examination, Dr. Clara Pratt Stark; Publicity, Mrs. Charles Wright; Registration, Mrs. R. A. Lewis; Dental Clinic, Miss F. Musto; clinicians, Dr. John Leggett, Dr. Robert Leggett; Contests and Plays, Miss J. L. Briggs; Exhibits, Mrs. A. E. Graupner; Printing, Miss M. M. Morgan. Mrs. Nathan Frank was appointed secretary.

These sub-chairmen and their committees did excellent work. I could write pages in praise of their untiring efforts, of their wonderful accomplishment and of their endeavor to be of genuine use to mothers.

The Dental Clinic was an innovation this year, but it fully justified the experiment. Two hundred children were treated in this department. Six hundred and sixty-seven were examined in the General Examination Department, making a grand total of 867. Although during "Baby Week" we



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—CAKES

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had arranged twice the space we had in 1916, yet we had not enough, and in 1918 we look forward to twice the space of 1917 for the examination of children. It is interesting to note that children were brought from San Francisco, Oakland, San Pablo, San Anselmo and San Mateo. They ranged in age from six weeks to six years. There were singles and twins; white, yellow and black. This report is not complete without thanking our San Francisco Board of Supervisors who donated the free use of the Auditorium and appropriated \$500 for the Child Welfare Week. The Juvenile Protective Association has asked us to assist them in looking after boys and girls who will go to work this summer vacation on farms. This will be a big piece of work and well worth the attention of every earnest club woman.

#### ALAMEDA DISTRICT

Mrs. Eugenia C. L. Colby, Chairman

Child Welfare means preparedness in the highest sense of the word. Then only do we remember that "the child of today is the citizen of tomorrow," and when we "save the babies, save the Nation."

Throughout the Alameda District Child Welfare was one of the popular departments of club activities. The outline of the State Chairman, Dr. Louise Deel, was followed with splendid results.

"Baby Week" was observed in all the communities, different organizations uniting. The results have been better than last year and the chairman is looking for increased interest in everything that concerns the conservation of child life.

#### LOS ANGELES DISTRICT

Dr. Maud Wilde, Chairman

The Clubwoman regrets that space forbids the publication in detail of the great work done by the Child Welfare Center under the direction of Dr. Maud Wilde. We can only advise those interested to follow the example of the Queen of Sheba—come and see.

#### Co-ordination of Child-Saving Institutions

Co-operating with the Baby Week Extension Committee, which through the courtesy of the Los Angeles Chamber of Commerce, maintained a Mothers' Educational Center, an Information Bureau was established, with an exhibit of pictures and literature. From this center information was daily given, not only to the residents of the State, but to tourists from many parts of the world.

It is impossible to tabulate the amount of service thus rendered. It covered a wide field, from that of clothing and feeding the family through a period of stress, finding babies for homes seeking them, gaining admittance to hospitals for those needing remedial care, to the instruction

of the mother in the ethical, moral questions involved in child-raising.

#### Establishment of a Fundamental Basis

A careful study was made of the methods and results of the Better Baby Contests held throughout the District covering a period of the past three years. This evidenced the fact that not only a change in procedure, but in ideas, is necessary if the child is to receive his full quota of benefit from what must to him be a most fatiguing ordeal.

First the dominant thought underlying the examination of a child, mentally and physically, must be correction of defects, and not the superficial idea of what the child scores.

Second, the mother should be present and confer with the examining physician as to the manner in which the child may be developed to his full potentiality.

#### Practical Demonstration

Combining with this mental and physical examination, a definite course of study in the preparation for motherhood and the care of the child up to six years of age was inaugurated, and 645 mothers were cared for at the Los Angeles Center, as well as extension work done at Downey, Redondo Beach under the auspices of the Civic Outlook Club, Gardena, Whittier Child Welfare Circle and Home Economic Section of the Woman's Club. At all these centers

## CALIFORNIA STATE FAIR

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We need more soil products—better live stock. Exhibit your best to help solve the nation's food problem.

Patriotism—Profit—Pleasure

The key notes of the 1917 California State Fair.

Great Display of Vocational Work by School Pupils—Over 500 Prizes divided between city and rural schools for Domestic Art and Science, Manual Training and Home Gardens. Greatest incentive ever offered to California Boys and Girls.

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Over \$20,000 Offered in Premiums

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Great "Historical Pageant of California" in honor of the Native Sons and Daughters of the Golden West.

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babies were examined and at the same time their mothers were instructed in their care.

The Ebell Club of Fillmore, Ventura County, held a most successful Baby Day program, after having examined 120 babies. The dominant note in the exhibit and demonstration being proper food and physical care of the child. Active departments in Child Welfare have been established in the Business Women's Civic Club, Los Angeles; Ebell Club, Pomona; Simi Valley Woman's Club, Ventura, and the Arlington Heights Club, Los Angeles. In Los Angeles County an emergency investigation was made of the railroad camps and places of refuge for the Mexicans, with the result of the appointment of two Rural Child Welfare nurses by the County Board of Supervisors. Emergency outfits for the use of the nurses have been supplied by the Thursday Afternoon Club and Pico Heights Club, Los Angeles. The work has been far-reaching and women of many nationalities have been reached. Through co-operation with the Young Woman's Christian Association a large group of Armenian women have been cared for, and exhibit material loaned in the Japanese service. Through the Los Angeles County Welfare Association the Mexicans or native Californians have been benefited.

#### SOUTHERN DISTRICT (Imperial County)

From Calexico comes the report of a successful "Better Babies Week," held April 8-11.

The following organizations co-operated:

The Woman's Improvement Club, the churches, the schools, the City Council, the press and the merchants.

The campaign was under the auspices of The Woman's Improvement Club. A chairman and six women composed the committee.

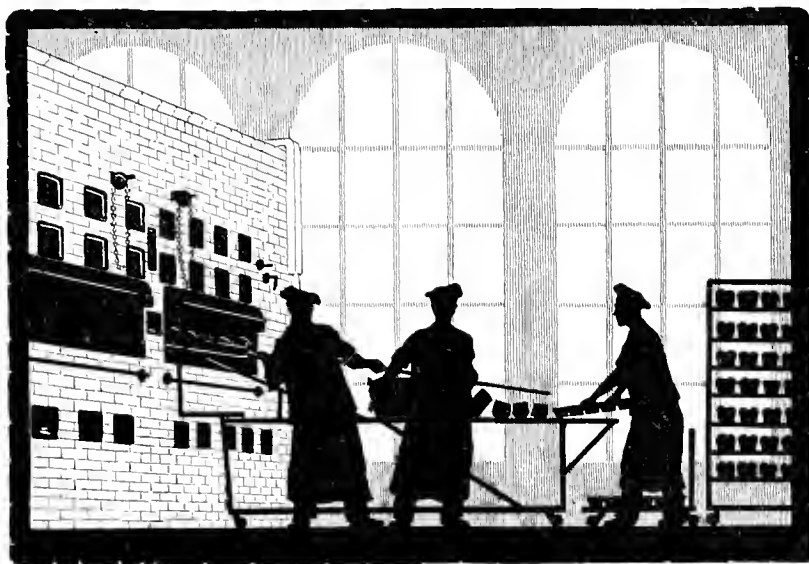
As a special feature of the campaign the birth registration test was made. Another special feature was having all of the school children write essays on "Better Babies." The best essay from each grade was awarded a prize of a dollar each.

No definite follow up work has yet been planned, but I feel that the mothers of the Imperial Valley are aroused to the needs of their own children and how best to meet their needs. The milk question has been brought before them, also the importance of birth registration.

#### Outline of Campaign

Wide publicity was given by advertisements, posters, talks and daily press notices. A house to house canvas was made to acquaint all people of the work.

April 8 was Baby Sunday and was observed in all of the churches. April 9-10 the Health conferences were held, at which 76 babies were examined. April 11 the Welfare Exhibit was held, at which talks were made by the doctors. The following exhibits were prepared: Under Food, a demonstration of properly preparing modi-



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fied milk; (2) exhibit of panels on pure milk; (3) "Baby in the Home," the proper clothing for infants. All the exhibits were constructed by the committee members.

Baby Week was observed in Riverside, April 16-21, 1917, with the co-operation of the Riverside Woman's Club, Wednesday Morning Club, City Home League, Medical Society, P. T. A.'s and Child Welfare Circle.

The most important follow-up work of the Baby Week this year will be the conducting of a weekly Dental Clinic, as well as the Medical Clinic, which was established during Baby Week last year. Also Mothers' Classes will be formed, with lectures given by local physicians and nurses.

## DISTRICT NEWS

### SAN FRANCISCO

Mrs. W. C. Morrow, Chairman

Although most of the clubs have closed their sessions for the long vacation, the women have by no means ceased their activities. Never before has there been such great need for service, and right royally have the women responded to "the call to colours." Service is the watchword of the hour.

The California Women's Committee of the National and State Council of Defense has just been organized. It comprises all of the organizations in San Francisco: the clubs, because of the concerted effort of women, and guilds and orders in the church, because of the great moral and spiritual help. Almost every woman in San Francisco has pledged herself for service in some form. Women flock to the Red Cross Headquarters to sew, knit, make bandages, or do the hundred and one things required of them. Others are taking courses in Red Cross Home Dietetics, and First Aid to the Injured, under Red Cross physicians. Classes in Elementary Hygiene and Home Care of the Sick are well attended. A monster Mass Meeting for Women is to be held in the ballroom of the Palace Hotel, Thursday, July 5th. Governor Stephens will address the women, and it is expected that every woman who attends that meeting will register for some form of service.

Mrs. William D. Stephens, wife of Governor Stephens, was one of the first California women to sign the volunteer service registration blank of the California Committee of the National League for Women's Service. This league has among its objects the following: To co-ordinate the work of women in America along lines of constructive patriotism; to promote the efficiency of women in meeting their every-day responsibilities to home, to State, to nation and to humanity.

Its motto is: "For God—For Country—For Home."

Mrs. A. P. Black is county chairman. Mrs.



## Bread in a New Light

It took a world's war to open the eyes of mankind to the fact that bread furnishes nutriment at lowest cost. Bread is the main article of diet in the rations of all the warring nations. In baking bread it is certainly worth while to use the flour whose uniform high quality is a warrant of the perfect loaf.

Order a sack today.

**Sperry** Drifted **Flour**  
Snow

"A Sperry Product"

**Sperry Flour Co.**

Frank Fredericks has charge of another branch of the work. She is San Francisco County Chairman of the Woman's Committee of the State Council of Defense. Mrs. I. Lowenberg is President of the organization that is making a combined effort to secure a library of 2,000 volumes for the Mare Island Training Station. Mrs. John Martinon is Secretary, and Mrs. J. Delamater Jessup is Treasurer. All of the clubs are assisting, the presidents pledging their help.

The Association of Pioneer Women of California met at the Log Cabin in Golden Gate Park on June 20th. Mrs. Helen White presided. Mrs. Elizabeth G. Lightner, (an honorary member of the Pacific Coast Women's Press Association, gave a talk on the life of Colonel E. G. Baker. Mrs. Lightner was an active member of the Press Association for many years and is a woman of great mental attainments. The afternoon's programme was a reminiscent one. Mrs. E. D. Jewell, a past president, was the guest of honor, and gave interesting reminiscences of the early days of California. No meeting of any club is complete unless there is a talk on food conservation and Red Cross work, and these topics were touched upon.

Clubwomen all over the country are engaged in working in the Red Cross, studying food conservation, efficiency and in the training women for the new and tremendous responsibilities that are being thrust upon them. Mrs. Josiah Evans Cowles is chairman of the Emergency Service Committee. The Emergency Committee is a federation Branch.

Corte Madera Woman's Club gave an International Carnival on June 22 and raised \$200.50 for the Red Cross War Relief Fund.

#### NORTHERN

(Quoted from the Newcastle Gazette)

#### WOMAN'S CLUBS HAVE INTERESTING ALL-DAY SESSION

The Placer County Federation of Woman's Clubs held its first meeting in the Newcastle Methodist Church last Saturday, June 9th. Placer county is the first county of the Northern District to have a County Federation, the only clubs eligible to membership being those already members of the State Federation.

The convention was an enthusiastic one and was well attended, nearly one hundred women from all over the county being present and they took much interest in all the discussions.

The music was especially good—each club being responsible for one selection on the day's program. During the singing of "The Star Spangled Banner," Miss Dorothy Linger, of Newcastle, in appropriate costume, acted the meaning of the song in an impressive and beautiful manner.

"California, Where Dreams Come True,"  
(Continued on Page 32)

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# HOME DEPARTMENT

## PROTECTING THE PUBLIC

The advertisements of foods and foodstuffs which appear in this and coming issues of The Clubwoman are from firms which have in every respect conformed to the rigid requirements laid down by the Department of Health, C. F. W. C., as a part of its present campaign for the protection of the public through the elimination of impure foods and food materials. In every case, before a food advertisement is accepted for the official magazine of the Federation, the plant or establishment is thoroughly inspected by a special committee named for the purpose by the Department of Health and composed of qualified experts on the subject. The appearance of such an advertisement in The Clubwoman is consequently prima facie evidence of purity, reliability and patronage worth.

The work of the committee has now been extended to include the inspection of laundries and other establishments whose work affects the public health.

At the head of the department's committee of inspection in the South is Dr. Lulu H. Peters, M. D., Chairman of the Department of Health for the Los Angeles District.

At the head of the department's committee of inspection in the North is Dr. Mariana Bertola, M. D., Chairman of the Department of Health and Child Welfare of the San Francisco District.

### WAR ECONOMY RECIPES

#### Cornmeal Muffins

One cup cornmeal, 1 tablespoon sugar, 1 egg, 1 cup white flour, 1 tablespoon melted shortening,  $\frac{1}{2}$  teaspoon salt, 4 teaspoons baking powder,  $\frac{3}{4}$  cup liquid. Mix and sift dry ingredients; add milk, well beaten egg, shortening and mix well. Bake in hot oven in greased muffin tins 12 to 15 minutes.

#### Steamed Brown Bread

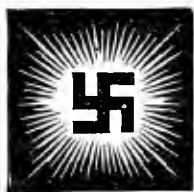
Two cup cornmeal, 1 teaspoon salt, 2 cups graham flour, 2 cups sour milk, 1 teaspoon soda, 1 cup molasses. Mix and sift dry ingredients; add sour milk and molasses and beat well. If not moist enough to

pour, add a little water. Pour into well greased mold and steam 3 to 5 hours.

#### Flank Steak Braised With Vegetables

Have the butcher score the steak or else pound it well; dredge thoroughly with flour and lay in a baking pan. Over it place a thick layer of thinly sliced raw potatoes, then a layer of thinly sliced onion. Pour over this 2 cups stewed tomatoes, cover closely and cook slowly in oven  $2\frac{1}{2}$  to 3 hours. One-half hour before the meat is done remove the cover. Add water if necessary and finish the cooking uncovered. This may be cooked in a fireless cooker.

## A Surety of Purity



The radiant "Good Luck" Seal is a symbol of Purity and Quality to a Million Good Housekeepers. They insist on seeing it on the ends of every package of Biscuits they buy.

**Pacific Coast Biscuit Company**

## A PERMANENT AGRICULTURE THE BASIS OF OUR SOCIAL LIFE

(Continued from June Issue)

Experts, known as agricultural explorers, scour the earth under the direction of the Bureau of Plant Introduction. California owes her sugar beet industry, her cotton industry, her dates, figs, her improved barley, her alfalfa varieties and many others to this great bureau.

The turkey wheats of Kansas were introduced by the Department of Agriculture, and the Kansas station last year perfected a new variety which increased six million bushels. Black leg serum and hog cholera serum can now be obtained from the station at Berkeley. The saving effected by the eradication of these two diseases would pay the total expenses of the Department for several years.

New barleys in Wisconsin brought an increase of millions of bushels. Wisconsin oats in 1901 increased in value \$4,400,000.

Minnesota cereal breeding experiments cost \$40,000 and brought returns of \$40,000,000. Drought resistant grains have pushed the grain belt west through half a dozen States. Corn breeding work in Illinois, which Dean Webber of the State Citrus Experimental Station helped to do years ago when he was in the employ of the Department of Agriculture, brought literally millions of dollars of returns. Corn you know is grown on most of the cultivated area of the United States.

Instances could be multiplied until we were weary and still the tale would not be told. My home was for several years on a grain breeding station at Rampart, Alaska, the most northern station in the world where the man of authority was engaged in the breeding of short season grains.

This station is sixty miles south of the circle and work has been going on for about ten years. The work has been so successful that at the Fairbanks Station in 1915, twelve hundred bushels of grain for seed distribution ripened and was threshed. Siberian alfalfa is now grown and vegetables of some varieties thrive beyond belief. I have seen turnips weighing sixteen pounds and cabbages sometimes produce thirty tons to

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(Highest Quality Goods)

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On the best of the best our standard is based;  
On the greatest care; on the daintiest taste;  
On the sweetest dairies; on the cleanest herd;  
On the purest cream that can be procured;  
On the greenest pastures; on the healthiest food;  
On the coolest water; on the shadiest wood;  
On the clearest stream through the prettiest glen;  
On the finest cows; on the most skilled men;  
On most scientific methods, well understood;

Making GOLDEN CROWN BUTTER—  
"THE BEST OF THE GOOD"

Golden Crown Butter Company



## BESGRADE FLOUR

is the ONLY flour in Southern California that is packed in sanitary, PAPER-LINED, dirt-proof sack. It is 100 per cent "clean and good." Thousands of housewives have found it to be the BEST AT ANY PRICE for bread, biscuits and pastries. Bake your own bread with "BESGRADE" and save 40 per cent of your bread bill.

GREAT WESTERN MILLS

10794

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the acre. At the Matanuska Station, where Mr. Rader is at present located, settlers rushed in in advance of the new railroad and the word I had from there last week was that they have organized a farm center and built a community hall.

The Department of Agriculture has set itself the serious task of checking the trend to the cities. It has developed a new kind of school known as a Farm School.

Minnesota has just organized a new one in the Red River Valley. California has a very excellent one at Davis, in Yolo County. The Farm School at Davis carries on three lines of work. First, a three years' course to which men over eighteen years of age are admitted without High School training. High School students are admitted on the completion of their course and they usually complete the work in two years. The second line of work is the Farm's Short Courses. These are offered in a large variety of subjects and are open to anyone.

The third line of work is that for graduate students of the College of Agriculture. A Farm School differs from a College of Agriculture in that it is more local in its character and that it educates its students with the view of returning them to the land.

A College of Agriculture, on the contrary, finds its chief work in preparing men to fill the professional positions as teachers and demonstrators of Agriculture and as scientists engaged in research work. The work of the State College and Farm School has three phases: research, education and public welfare, and one of the chief values of the Farm School is to make available and applicable the work of the Experiment Stations.

(Continued in August Issue)

### DISTRICT NEWS

(Continued from Page 29)

was sung by Mrs. W. Hemphill of Roseville. This song was composed by a Placer county woman and is the property of the Roseville Club.

Mrs. A. R. Delano of Rocklin and Mrs. B. Faller of Dutch Flat sang pleasing solos.

A most interesting and enjoyable number was furnished by the Junior members of the Sheridan Club. Miss Tuxon, accompanied by Miss Elder, played a solo on the alto low.

Mrs. J. D. Stewart of Auburn furnished two amusing recitations.

Mrs. B. Woodbridge and Mrs. B. F. Walton, past presidents of this District, and Mrs. W. F. Quast, Second Vice-President of the District, gave interesting talks. Mrs. S. Mack, the chairman of Child Welfare, spoke very feelingly of this important topic of the day.

Two motions of importance to the county were passed. The first, to send a resolution to the Supervisors asking them to establish a County Free Library and the second to co-operate with the County Council of Defense and authorize Miss Burns of Auburn to wire the action.

Miss Susan Smith, of the State Library, fully explained the county free library system and Miss Eddy of the State institution, who was present for awhile, encouraged the movement.

Interesting addresses were made by District President Mrs. Chappell and by Mrs. P. B. Goss.

Mrs. Carl Schnabel presided over both morning and afternoon sessions and the greetings of the Delphian Study Club were charmingly delivered by Mrs. H. T. Bergtholdt.

Luncheon was served the visiting delegates at Hotel Newcastle.

The same officers were re-elected to serve for the coming year. They are: President,

Mrs. Carl Schnabel; Vice-President, Mrs. P. Goss; Secretary, Mrs. J. D. Stewart; Treasurer, Mrs. M. H. Bremer.

The Woman's Club of Sheridan are combining club and Red Cross activities by the club transacting its business and then turning the meeting over to the Red Cross section chairman. In this way it avoids a multiplicity of organizations with overlapping interests, which works most admirably for a small place. It might work advantageously in larger clubs.

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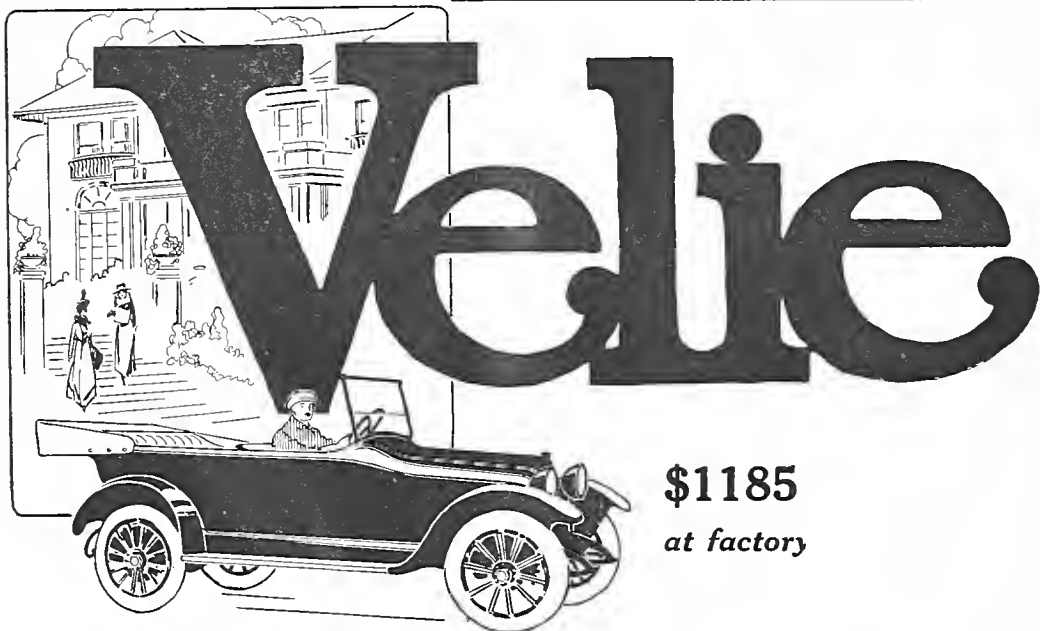
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# *The* Clubwoman

AUGUST, 1917

Vol. IX. No. 10



**Official Organ of the California  
Federation of Women's Clubs**

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# *—Golf Gossip*

Once only those whose bank account could accommodate a limousine, could afford to play golf. Now, threading the streets and waiting at the corner for a street-car,



the golfers come and go. The old monopoly of the game was due to the exorbitant fees demanded by the golf clubs. With Los Angeles in possession of the best municipal course in the country—located at Griffith Park—it is possible to play golf at a minimum cost.

—The growth of golf is evinced by the fact that 8,000 permits were issued

last year in this city, and in the United States, 100,000 new players entered the game in 1916, which is an estimate gained from the clubs.

—With fifty men in the game to every woman, it is evident that men are recognizing the mental relaxation it gives them, as well as the fact that every muscle is brought into play. Woman, it seems, has not fully waked to the value or the pleasures of the game. She swims everywhere now, so it is safe to say that she will be golfing everywhere all in good time.

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—The Broadway holds out for your selection a standard line of golf equipment in balls, bags and clubs. In the bags you may like a plain canvas or the awfully smart Scotch plaid ones that are leather trimmed or again you may choose one of the most expensive—the leather bags that proudly exhibit a fifteen-dollar tag. In the Sporting Goods Section, on the Basement Balcony, we have an exceptionally complete line of clubs suitable for any individual—even for a left-hander!

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## THE CLUBWOMAN

who keeps up with her multitudinous duties in both club and social circles can ill afford to be hampered by obsolete household methods.

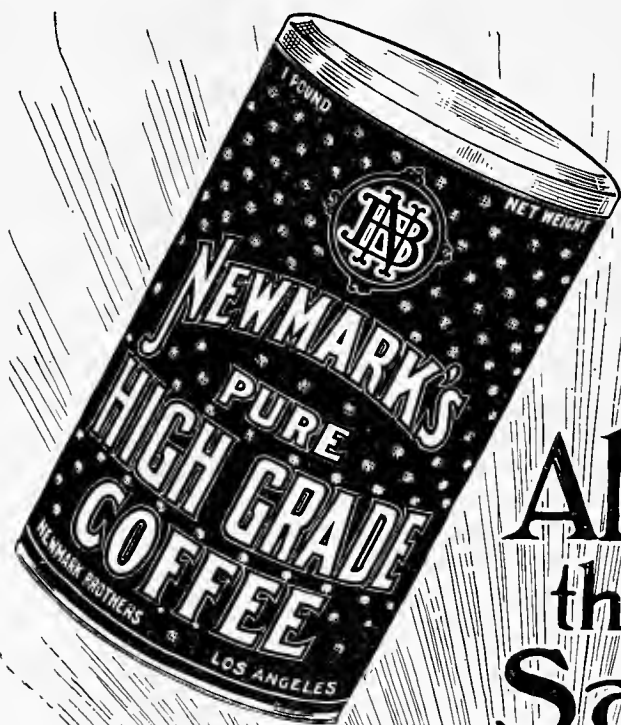
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# *The Clubwoman*

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MISS JESSICA LEE BRIGGS, State Chairman and Northern Federation Editor, 1942A Hyde St., San Francisco  
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## EDITORIAL NOTES

Our own Katherine Philips Edson, of whom we are justly proud, has an article in the August California Outlook on the facts in connection with the working of the Minimum Wage law.

Mrs. Edson is the executive officer of the Industrial Welfare Commission of California, and has been with the commission from its beginning. In this article Mrs. Edson tells what the commission has accomplished and corrects the falsities circulated by certain newspapers.

The recent visit of the Belgian Mission meant much to California. We have given of our best to her stricken people. Two men from California have played a conspicuous part in the relief work of Belgium, Hugh S. Gibson of Los Angeles and Herbert C. Hoover, citizen of the world. Mr. Hoover was Mr. Gibson's find and he knows Mr. Hoover as perhaps few people do. In the August Century Mr. Gibson gives us the real Hoover in his working clothes. Before reading Mr. Gibson's article we admired Hoover, now we trust him.

Then too clubwomen have an added interest in Hugh S. Gibson, for he is the son of Mrs. Frank A. Gibson, our efficient State Chairman of Education.

As I bought an Atlantic Monthly at a news stand the other day I said to the young woman who waited on me, "Do many people buy this magazine?" "No," she replied, "and it's too bad, for it's the best magazine we carry." Then she added, "I wonder why?" and I too wonder why?

The September Clubwoman will be the District Presidents Number. The Presidents of the six districts will discuss the special work of their districts. "The Practical Suggestions for Department Work" by the State Chairmen will be continued. The

Woman's Committee of the National and State Councils of Defence will give the latest instructions for War Work. Besides these special features the State President's Letter and the General Federation News-stand which the Magazine carries each month will keep the club women in touch with the activities of both the State and General Federation of Women's Clubs. The subscription price of "The Clubwoman" has been cut to "Fifty Cents." Every club woman can now afford to have her own magazine. It will pay her many times in the efficiency with which she will do her work.

Political Science and Legislation have joined forces and will be considered under one department in the C. F. W. C. This should be one of the strongest departments in the federation. Club women need to know more than they do of the science of government. Splendid courses on Political Science are offered by the State University and any woman can obtain further information by writing to the Extension Department of the University. Every club should have a class in Political Science in order that our women may be better citizens and better mothers of the citizens of the future. Now is the testing of women and if we fail the whole cause of women's advancement, if not wholly lost, moves backward many decades. It is not enough to know as little of government affairs as some men do, we must know more than most men.

The injunction to "know your own state" is well answered in an address given by Dr. John Haynes of Los Angeles in Washington City on "Direct Government in California," and printed as Senate Document No. 738. It gives the facts on the operation of the Initiative, Referendum and Recall. Every woman in California should be familiar with these facts.

## PRESIDENT'S MESSAGE

MRS. HERBERT A. CABLE, State President

In this issue of the Club Woman, many of the State Chairmen of Departments of the California Federation of Women's Clubs will give suggestions for study and outlines of work for the coming year.

Two numbers of the magazine will be mailed to every club Secretary. If you have these departments in your club, will you see that the Chairman in each instance receives a copy of the magazine, and in any case preserve this copy for future reference.

It was not possible to complete the board in time so that all might be included in this number, but space will be given in other issues until all departments and committees are covered.

We recommend to all clubs careful consideration of these suggestions which have

been carefully thought out by the State Chairmen, so that our work for the year throughout the State may be unified and co-ordinated in such a way that the close of the year may see definite accomplishment along some certain lines.

We can increase our efficiency and our accomplishment about 40,000 per cent if we work together at the same thing at the same time.

We have come to the testing time in our club life. We must be, not only intensive and inclusive, but conclusive.

The things we have attempted in the past have been invariably of interest and of worth. We will be judged in the future by what we accomplish.



Let us learn to work together, to an end, by a plan, with a purpose.

To the suggestions that are made by the State Chairmen allow me to add a few "Remembers."

1. That as California Clubwomen we owe a peculiar and an intensified loyalty to our General Federation President, our own Mrs. Josiah Evans Cowles.

Her responsibilities and duties are tremendous, and she is called upon to lead and direct nearly three million club women at a time when we face more serious problems than ever before, and to her duties to the club world have been added grave duties as a member of the Women's Committee of the Council of National Defense.

Let us give her loving, loyal support in every thing she is planning, and let us frequently assure her of our interest without adding to her burdens.

2. That no one can do your "bit" for you. Substitution of service has gone out of style. Personal service and personal sacrifice is required of every one before we see the end of this great struggle for freedom and democracy.

3. To work as soldiers work, under centralized authority and obedient to command, forgetting all petty and personal differences of opinions and of methods, and looking only to the thing to be done.

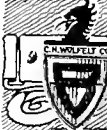
4. To do the first thing first. The war will not be won in a day or a month.

5. To sign the food pledge, either the Hoover pledge or the General Federation pledge or both, for food is life to our soldiers and our cause. Our money will return to us—most of it will be spent in this country, but the food we save will go to the battle lines to feed our boys and our allies, and will give them a fighting chance to come back.

6. To plan your programs to fit in with the special service that will be required of us, but do not sacrifice your "good times." Wholesome recreation for young and old is vital at this time to the maintenance of poise and sanity. Let your entertainment be simple, however, and cultivate the "community spirit" by reciprocity days, unison singing, and good times for the young folks of your city.

7. To keep in touch with the Federation both State and District. It is your Federation and cannot exist without your interest and co-operation. Honor your members who are working in the Federation, and make them feel your pride in them and interest in all they do. Give your Federation Secretary or some other member of the club an opportunity to present the Federation work at your club meetings. A short review of the "Clubwoman," our State organ, and the General Federation magazine will prove interesting and helpful.

8. To have a "Mother's Day," at which time feature the Federation Endowment Fund plan, and make thankful and glad and young again every mother's heart that has sacrificed and served that we might enjoy all that is ours today.




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9. To have a "Baby Day" and help to insure to the future race and the future citizenry every good thing they have a right to demand of us.

10. To have an "Americanization Day," when every dweller in our loved country may be made to feel his kinship to us and his loyalty to the land and flag of his adoption, and when together with him we may learn the lesson of "brotherhood" which will finally mean a world citizenship.

Finally, but not lastly, in your club work Remember—

1. To be efficient and businesslike. Make every effort count for something. Conserve time, money, and strength, both your own and of those who serve you.

2. Do not ask Federation workers to come long distances to speak to you and then use up all the time so their message cannot be given.

3. Do not ask such speakers to come to you at their own expense, for Federation work is voluntary service and there are no paid officers or speakers.

4. When you write for information, send a stamp for reply.

5. Sign your name and address in full to all letters—every time—even to your best friend. Make it a habit. It will only take you a minute. It takes others many precious minutes to look it up.

6. Answer all letters. Chairmen who are interested enough in your club to write to you deserve a courteous reply.

And so all together may we "diligently follow every good work."

Cordially,

(Mrs. Herbert A.) BERTHA L. CABLE.

### MRS. JOHN DICKENSON SHERMAN, HONOREE

The members of the State and District Executive boards of the California Federation and the members of the Women's Committee of the Councils of National and State Defence were invited to meet Mrs. John Dickenson Sherman of Chicago in a most delightfully informal way Wednesday, July the eighteenth, at the home of Mrs. Josiah Evans Cowles, West Adams, Los Angeles.

Mrs. Sherman, who is Chairman of the Department of Conservation in the General Federation, and who has also served the Federation as Vice President and as Parliamentarian, was in Los Angeles to fulfill a speaking engagement with the Los Angeles Chautauqua.

All who were privileged to hear Mrs. Sherman's address realized that Conservation is indeed the necessity of the hour, and that a true knowledge and practice of the principles as set forth by Mrs. Sherman would mean much to our National life, not only in the present crisis but in the future development and preservation of our country's resources.

It is always a privilege to enjoy the hospitality of our beloved General Federation

President, so kindly in its welcome and so friendly in its simplicity.

Because it is "war-time" and because Conservation is the duty as well as the necessity of the hour we secured permission from Mrs. Cowles to print the recipe of the delicious oatmeal wafers that were served with the fruit punch during the afternoon.

### "CORNOTAS"

5 oz. each of oatmeal (not rolled oats) and white cornmeal.

3 oz. each of butter and sugar.

1 teaspoonful baking powder.

1 egg.

Thoroughly mix all the dry ingredients, then stir in the butter, which must be melted, and the egg well beaten. Make into a dough and work thoroughly with the hand. Roll out as thin as possible and divide into square or oblong biscuits. Bake in rather a slow oven until a light brown.

In this recipe cornmeal is substituted for wheat flour, thus giving a wheatless biscuit. A little wheat flour or rice flour however, is needed to prevent sticking. Should the oatmeal seem too coarse, it can easily be made finer by passing it through the mincer using the peanut cutter.

### EXECUTIVE BOARD—1917-1918

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#### Cora Elliott Jones Memorial Committee

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Editors—Dr. Louise Harvey Clarke, 1046 Orange Street, Riverside.

Miss Jessica Lee Briggs, 1942a Hyde Street, San Francisco.

Publisher—Mrs. Elsie Smith Trueblood, Brack Shops, Los Angeles.

Club Representative—Mrs. J. A. Matthews, R. D. 10, Box 814, Los Angeles, Cal.

#### Departments

Art—Mrs. Rose V. S. Berry, 2927 Piedmont Avenue, Berkeley.

Child Welfare—Dr. Louise B. Deal, 69 Fair Oaks St., San Francisco.

Civics—Mrs. Robert F. Garner, 498 D. Street, San Bernardino.

Conservation—Miss Marguerite Ogden, Monadnock Bldg., San Francisco.

Country Life—Mrs. M. B. Church, Nevada City.

California History and Landmarks—Mrs. Florence D. Schoneman, Box 64, R. F. D. 2., San Bernardino.

Education—Mrs. Frank A. Gibson, 2301 Scarff St., Los Angeles.

Home Economics—Mrs. S. H. Hain, Coalinga.

Industrial and Social—

Literature—Mrs. Louis Carlton Harmon, 2115 Estrella Ave., Los Angeles.

Legislation and Political Science—Caroline R. Kellogg, 517 Lissner Bldg., Los Angeles.

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## DEPARTMENT OF COUNCIL OF DEFENSE

### PLANS FOR ESTABLISHMENT OF HOUSEKEEPERS' INSTITUTES

Made for the California Women's Committee of the Councils of National and State Defense by Agnes Fay Morgan, Head of Home Economics Department, University of California.

#### First—HEADQUARTERS.

The co-operation of the school board should first be obtained and permission obtained from them to use as headquarters for the Housekeepers' Institute the local school building, preferably a school building with domestic science equipment. If the school buildings are not available, a room might be obtained in the City Hall or other municipal building. In default of this, the parish house of a church, or the meeting place of the Y. W. C. A., or a vacant store might be rented as headquarters.

#### Second—ORGANIZATION.

The club or school board or city commissioners or other agency having in charge the establishing of the institute, should first of all obtain the services, full time if possible, of a competent domestic science trained person. If this is impossible, the local domestic science teacher can usually be found available for part time. At any rate, an intelligent, civic-minded housekeeper of experience and enthusiasm will often be found a satisfactory leader in case no technically trained individual is available.

The leader of a housekeepers' institute need not be in every case the same person as the professionally trained teacher of the classes. The leader should act as publicity expert, as organizer of classes of exhibits and lectures, and particularly of co-operative food preserving or buying clubs.

#### Third—ACTIVITIES.

The chief activities of the housekeepers' institute are:

(1.) The organization of classes of a limited number of lessons and a limited number of students in food conservation, diatetics, household management, etc. For these classes a professional teacher is necessary.

(2.) Provision of public lectures and demonstrations as to the values and uses of food for both men and women in the evenings or afternoons. This is to provide some instruction to those who cannot or will not attend the classes.

(3.) Provision of store window exhibits, bulletin board announcements of local prices and supplies, and an Information Bureau for neighboring housewives. These means will reach many of those who cannot attend the lectures or classes.

(4.) Organization of co-operative food preserving or food buying clubs. Where food is produced, some food is usually wasted because of difficulties of getting it to market. The leader of the housekeepers' institute may organize the women and girls of the neighborhood into canning clubs,

fruit drying clubs, citrus, marmalade and olive pickling clubs for the preservation of this ordinarily waste of food.

(5.) The organization of relief projects such as milk stations, school lunch rooms, factory lunch canteens and community kitchens.

#### Fourth—CENTRALIZATION.

If the Women's Committee of the Councils of National and State agency for these institutes, the University departments will in turn co-operate with the Committee in the provision of printed material for use in the institutes.

At a meeting of the California Women's Committee of the Councils of National and State Defense, the two following resolutions were adopted:

"WHEREAS, the Smith-Lever law was passed by Congress in order to aid in diffusing among the people of the United States useful and practical information on subjects relating to agriculture and home economics and of giving instruction and practical demonstrations in agriculture and home economics to persons not attending or resident in agricultural colleges, and

"WHEREAS, an extraordinary emergency has arisen making necessary an immediate and wide extension of such information and instruction to men, women and children.

"The California Women's Committee of the Councils of National and State Defense urges the employment in every county of the state of the following officials:

"(1.) A farm adviser for farmers;

"(2.) A farm demonstrator of home economics for women and girls;

"(3.) A farm supervisor for boys and girls between the ages of ten and eighteen to teach and supervise home project work, such as the raising of stock and poultry and the growing of vegetables and grains, on home farms; provided that where population is sparse these officials may serve in more than one county."

Copies of this will be sent to the Governor, to the Department of Agriculture of the University of California and to the County Councils of Defense.

At that meeting the subject of women in industry was discussed. Mrs. Francis Noel of the Los Angeles Industrial Commission presented the following questions for the consideration not only of the members of the Committee but of the women of the state. Will the entrance of women into the industries formerly employing men affect the standard of wages of both men and women? If women accept less pay than that allowed to men for like services, what will be the effect, when the war is over and these men return, on the wages of the men.

Mrs. Noel suggested that the women of California must be alert and on guard about these industrial questions as they related to the change in the status of women, in order to safeguard the interests of women. She further spoke of the necessity of labor exchanges and said that the public employment bureaus—federal, state and municipal should constitute such exchanges.

After discussion the following resolution was offered by Mrs. Shelley Tolhurst of the State Council of Defense, who is Chairman of the Committee on the Labor of Women:

**MRS. SHELLEY TOLHURST, CHAIRMAN OF LABOR OF WOMEN OF STATE COUNCIL OF DEFENSE**

Whereas, one of the most difficult home problems arising from the conditions of war, is the collection and distribution of labor, and

Whereas, the faith and confidence of employers, workers and the public at large can best be fostered through reliable governmental agencies, such agencies being the federal, state and city free employment bureaus,

Therefore, be it resolved, that the Women's Committee of the Council of National and State Defense, and their co-workers, make a special educational campaign throughout the state in favor of said bureaus, as well as urge governmental authorities to do all in their power to equip and perfect the free employment bureaus for the highest efficient use in regulating and distributing labor, and to prevent reckless im-

portation of labor to the detriment of the inhabitants.

**LEGISLATIVE DEPARTMENT NOTES**  
**Court Frees Husband of Contract Made By Wife**

A husband is not liable for a contract entered into by his wife who was acting personally and apparently without an agreement with her husband. This is the gist of an opinion handed down recently by Judge Malcolm C. Glenn in a case in which the White Sewing Machine Company sued the husband. Judge Glenn ordered the action dismissed with costs for defendant.

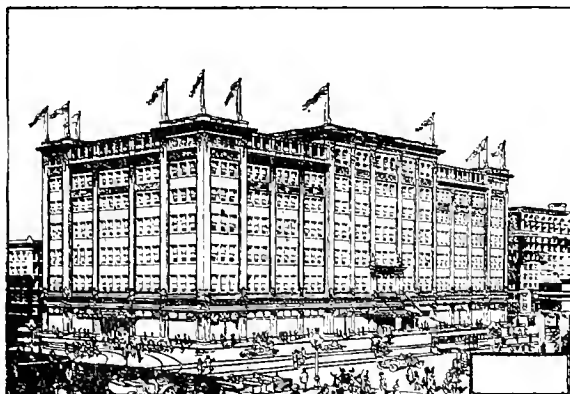
..... Suit Instituted .....

The complaint cited that defendant's wife entered into a contract with the sewing machine company to purchase a machine. It was shown that she gave another machine which was her sole property, as part payment. Later she failed to continue the payments and the machine company instituted suit against the husband.

In his decision, which is of general interest, Judge Glenn held that a new machine apparently was not a necessity which the husband legally was obliged to pay for. He also found that there was no evidence tending to show that the husband had instructed his wife to enter into the contract.

The decision in part is as follows:

"A married woman is free to make contracts and to charge any and all of her separate estate therewith and if the contract is personal with her the separate estate of her husband is not chargeable therewith, not even the community property."—Sacramento Bee, July 16, 1917.



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# The Melting-Pot

By Jessica Lee Briggs, San Francisco, Cal.

An explanation is due the readers of this page for the unwarrantable mix-up of the July Melting-pot in several of its paragraphs. On account of certain exigencies, or emergencies, the proof sheets were not forwarded to the writer for correction, and as it afterward came out, in the course of linotyping, a line o' type was completely omitted and another line or so was decidedly jumbled. The same thing has repeatedly happened during the past few years but has never been quite so noticeable, mainly because the July paragraphs dealt with patriotism and with humanitarianism. These subjects can neither be balled up nor made negative through the omission of an active verb at this particular time in the history of human affairs.

One of the very practical things which is being accomplished in aiding the French soldiers, who have been so unfortunate as to have been maimed in the trenches, is the selling of toys,—dolls, wooden animals, manikins, etc.—made by these soldiers.

A "Toy Shop" has been running for some-time in New York City with very great success, and one is soon to be established in San Francisco. An initial exhibit of wares recently shown at the Palace Hotel was most alluring on account of the novelty and merit of its craftsmanship.

The San Francisco Argonaut gives a most timely article in the July issue under the title of "Vanity Fair." The writer speaks of the women in "society" (here he questions the meaning of a word which has grown "repulsive") engaged in doing relief work in the warring countries, and of how painful it must be to those women who are real workers to be "tagged as imperishably famous because they have done a simple humanitarian deed." The writer mentions quite at length the "others," which are in the great majority, who are "amusing themselves sensationally, who rarely put in an appearance unless they know that the moving picture man will be there or that they will be interviewed by the miserable little snob reporters and authors," and continues, "The names of these women (meaning the

'others') appear on all lists. If newspaper publicity could give them 'imperishable fame' it would be theirs. But it cannot." He says in further tribute, "There are other women, also society women, whose names do not appear on any lists. They are close to the firing line and have been there for three years, where the snob reporter does, not venture. They will not be found in the moving pictures dressed in high-heeled shoes and flimsies. They have no time for pose and reclame. They have hardly time to wash the blood of the wounded from their own bodies."

August is the BUSINESS NUMBER OF THE CLUBWOMAN, and the particular business of the CLUBWOMAN is not only to procure and to supply the news from various sources of the federation, but to PROCURE READERS for the same. We want all the club women of all the federated clubs to be regular readers, and, what is of even greater importance, TO BE REGULAR SUBSCRIBERS. The price cannot materially affect anyone's pocket-book. It is only FIFTY CENTS, the price of four ice cream sodas, or less, as that commodity goes up. We are interested not only in making the circulation sufficiently large to warrant the magazine's longevity, but in making it of sufficient importance to pay for the printing of it through the income from advertising.

The editors, neither of whom have any monetary interest in the magazine, plead with you, club women, whoever and wherever you are, to help us make the year 1917-1918 a banner one in subscriptions.

REMEMBER THE COST, POSTAGE FREE, IS ONLY FIFTY CENTS A YEAR!

\* \* \* \* \*

Who bides his time, and fevers not

In the hot race what none achieves,  
Shall wear cool-wreathen laurel, wrought  
With crimson berries in the leaves;  
And he shall reign a goodly king,

And sway his hand o'er every clime,  
With peace writ on his signet-ring

Who bides his time.

—James Whitcomb Riley.

## SUGGESTIONS FOR DEPARTMENT WORK BY STATE CHAIRMEN FOR THE YEAR 1917-1918

### OUTLINE OF WORK FOR THE ART DEPARTMENT

The General Federation is insisting upon the thorough study of American art. In California this has been well done in the last three years but it can be done again in a broad and comprehensive way by studying the influences which produced American art and then taking the production. For instance: the art of the American Revolutionary times was entirely the result of the great portrait period of England; these English painters should be studied and almost man for man the student will find the leader and the follower. The American landscapist has been under the dominance of France—this should be discovered and a tremendous scope will be opened in the way of appreciation of our achievement. (A very complete outline for the course suggested is obtainable from the State Chairman.)

Along with the American art there is a possibility of studying California's art that has never been possible before. Nothing complete has been compiled in this line until the last two years; it is now possible to begin with 1848 and give connectedly the accomplishment of these men of the West.

It is due the state of California that our clubs know the men who have spent years placing her beauties upon canvas. Aside from the men who for three generations have been forgotten, there are over four hundred paintings at the present time and they should be known. There are etchers and sculptors as well, and this material with illustrations is available for the first time. Every club in California should have at least these three programs this year: The Painters of California; The Etchers of California; The Sculptors of California.

The work of the Art Department will not be complete until a collection of paintings, etchings and sculptures is made with a very large circuit through the state. There are so many possibilities for this that it seems no difficulty should stand in the way, and this year should see each District Chairman able to place at least three dates with her clubs; a small admission would clear expenses and leave a sum for Red Cross contributions—which might be increased with commissions from sales. This is no vision, many state departments have been able to put this through year after year and

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California should make the effort.

In the work this club season it is the desire of the State Chairman that there shall be a more persistent attempt to arouse interest in the appreciation of the beautiful—much that is not painting is included among the arts. America has a large public interested in Industrial Arts; Arts and Crafts Landscape Gardening; Civic Art, City Planning, etc., all these subjects should be looked into and brought before our thinking women—they are vital.

A large number of specially interested women should be brought into service. Every District Chairman will be requested to appoint a sub-chairman in each of her clubs upon whom she can call for help and to whom she can turn for necessary information concerning art interests. Our Art history is being made,—it is astonishingly contemporaneous for that reason in every club there should be some one whose duty it is to collect all clippings pertaining to American and California art—this should then be placed on file and in a few seasons the Art Department will have the beginnings of a reference work of great value, and every one will be interested in it because so much will have come from as many sources. With the help of the District Chairman we hope to see this made the most fruitful year for the Art Department.

(MRS.) ROSE V. S. BERRY,  
Art Chairman.

### CALIFORNIA HISTORY AND LANDMARKS DEPARTMENT

Florence Dodson-Schoneman, Chairman


In picking up the thread of my new work I have looked into the activities of each of the four hundred and sixty-eight clubs listed in the Federation. To my great astonishment I found that only twenty-six out of that number have History and Landmark Sections while there is only one club devoting itself to this very important subject.

Every club having miscellaneous programs, to create interest in California History and Landmarks should have at least one program on the subject if the membership is under 25, a chairman if the membership is between 25 and 50, who will arrange for several programs including a Pioneer Day, when those who love the hardships will be the guests of honor and from whom alone many items of interest may be gleaned. A club boasting of a membership of over fifty should have a committee whose duty it shall be to interest the club in its local historic sites and landmarks and aid in their recognition and preservation, while no club of over a hundred memberships and having sections should be minus a History and Landmark Section. Outlines for study and bibliographies on the subject will be gladly sent by your chairman on request.

The history offers us the steady influence of study which we will all need in the

year that is before us while the visits to landmarks will take us out of ourselves into the great out-of-doors, giving us a glimpse into the past which we must not put too far behind us if we wish to make the best of the future.

I saw only yesterday the hands on the clock of Father Time move up some fifty years. From the windows of the little Ark on which I spend my summers, I saw a soldier doing sentry duty on the government Reservation at San Pedro, lying along the bluffs of the outer harbor. It touched me very closely for over fifty years ago my grandfather Don Diego Sepulveda gave the United States government the land I speak of. It was a part of the Rancho Los Palos Verdes, one of the five original Spanish grant ranchos in the state. I had never seen anything change except the colors of the yearly mustard crop, during my life on this land, while today there are over two hundred men at work on the twenty-eight buildings to be used as barracks for the men from Fort McArthur, (another new mark on our beloved Palos Verdes hill). I feel as I see these changes that in the years immediately before us the contour of our state is to change faster and faster and that unless some of us club women find time to jot down these things that may only seem to be a part of the romance of California, we will have lost real historic facts that should be in the archives of our club libraries.



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## DEPARTMENT OF CHILD WELFARE Dr. Louise B. Deal, Chairman

The special object of the re-appointment of a State Chairman is that there shall be no interruption in the plan of work already entered upon. With this in mind, we undertake the task of reconstructing the suggestions of last year, adding to several, urging the putting forth of greater effort to others and omitting such as have already been successfully carried out.

1. The establishment of a cafeteria in each school where a good, plain, wholesome lunch may be furnished each pupil at a small cost.

San Joaquin District has made special study along these lines. Dr. Flora Smith, the District Chairman will gladly outline their plans to any club interested.

2. Provision for more school nurses so that each school may be visited daily by a trained nurse.

3. Plans for an ungraded class in each school where backward pupils may have individual attention; also for the establishment of more classes for defectives.

Dr. Lillian J. Martin has consented to advise with us along these lines, and to give from her store of learning and experience, to all clubs desiring to aid mothers and teachers in educating and managing nervous and deficient children.

4. Work for a closer co-operation between mothers, settlement houses and domestic science teachers, so that parents may have the benefit of a scientific training in food values.

Alameda District under Mrs. E. C. L. Colby, worked out a very satisfactory plan along this line and will freely advise with any club interested.

The Mothers' Educational Center of Los Angeles established under Dr. Maud Wilde, proved what could be done along these lines and how ready the mothers are to co-operate. It is hoped that this splendid work will continue.

In congested districts lectures should be given in foreign languages on care of the babies, dietetics, etc., illustrated by stereopticon views.

For further information with regard to subjects, speakers, lantern slides, etc., apply to Dr. M. Bertola, Chairman of San Francisco District.

5. Insist that the same requirement shall be exacted in obtaining a working certificate which the State Law requires for obtaining an age and schooling certificate; this means that before a child shall apply to the County Superintendent of Schools for a working Certificate he shall be obliged to obtain from the county health officer a certificate of physical fitness.

6. The suggestion that midwives must be properly qualified and duly licensed was successfully carried through by Assembly Bill No. 1375, Chapter 81. In place of this we will substitute:

That Juvenile Service Leagues be formed and Club Women induced to gather their children together, once or twice a week and

## Mid-Summer Clearings

are now in progress at Vogue Company, where summer frocks, suits and coats are being sold at unusual reductions. It is a splendid opportunity for the woman who wishes to be economical to obtain attractive and good-looking garments.

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teach them some first aid and some needlework so that they can contribute their mite to the war work.

Mrs. E. D. Knight will assist in formulating plans for such Leagues.

7. The state mill law will continue to receive our close attention.

8. We should lend our assistance to the movement instituted by our medical schools and hospitals of providing prenatal care for the mothers in the congested districts of our cities; also that we encourage and contribute, whenever possible, to trained nurses regularly employed to inspect the babies and instruct these mothers, and that we petition the State Board of Health to print such leaflets as "Ten Commandments for Keeping Baby Well," "Care of the Babies," "Golden Rule," etc., in several different languages, distribute them to the County Board of Health to be mailed to the parents on receipt of the baby's birth certificate.

Mrs. A. E. Graupner will supply details to all clubs interested in this useful work.

9. We should insist upon stricter supervision of our parks by the police department, and that all parks be well lighted.

Our San Francisco clubs have made a fine record in this line; may they continue the good work.

10. In all communities where children are employed in canneries, hop fields, drying-houses, etc., we ought to make it our business to ascertain whether or not the state laws pertaining to the employment of children are being observed, a copy of which should be in the hands of each club.

11. We should work to the end that in the vicinity of every large city a vacation school be established where groups of children may be sent for an annual outing.

12. That the state make some provision for the proper placing and supervision of orphans over 14 years of age—is happily provided for by Senate Bill No. 493, Chapter 6, which appropriates the sum of \$250,000.00 for this purpose, so in place of this let me substitute: Lending our aid to the Collegiate Alumnae in their efforts to insist upon municipal supervision of independent foster homes for children.

This is a worthy work and could well be taken up by every county in our State.

13. We should protest against the destruction of good food to keep up prices.

14. We should demand that a State course of study shall be prescribed, so that children working in one community during part of the year shall not find themselves at a disadvantage when moving to another community.

Again I repeat—no club can possibly carry out all of these suggestions but if each club will select one, or two, or even three of the fourteen, choosing the ones that seem best fitted to their individual activities, and remembering that "The secret of success is constancy to purpose," I feel sure that this year's record will more than surpass the record of last year.

## DEPARTMENT OF CIVICS

Mrs. R. F. Garner, State Chairman of Civics

In presenting an outline of Civic work for this year, my first suggestion is that we again emphasize Education for good citizenship of our women, juniors, and aliens, having in mind that the end in view of all our Civic work shall be the making of good American citizens. It is important that our girls may be given training in those lines fitting women for aid in National emergencies; that women may offer defense service in return for her privilege of Citizenship; that our jurors may, upon reaching the age of citizenship have learned the advantages and the responsibilities which citizenship carries with it; and that our aliens may be taught love and respect for this great country of ours which has given them the flag that stands for Liberty and Justice. This work can best be done by beginning with the children in our public schools.

Recently in my town a little Mexican boy picked up from the road an American flag which had been blown from a passing automobile. He asked a gentleman standing near, by whom the boy's father is employed, if he might have the flag to keep. The man said, "Yes if the people do not come back for it," but said he, "That is an American flag—you are a Mexican. What do you want with it." I want to put it on our house," and straightening himself replied: "My father and mother are Mexicans but I am an American born citizen." That flag has been flying from that humble home since that day.

Let us do all we can to foster this spirit by co-operating in every possible way with our schools.

Let us encourage school and home gardens, and promote community action to promote vacant lot gardening. Agitate starting emergency savings accounts by every man, woman and child. In every community urge the appointment of a woman as a police officer.

Some of these suggestions have been made by the Civic Chairman of the General Federation and we believe that all are important. However, we must not neglect the "Clean Up Days," "The Fly and Mosquito Campaign," "The Garbage Can," which, by the way, is to be an empty one in the near future, and now that we are giving so much time and attention to the conservation of food, it has occurred to me that if the housewife would, instead of telephoning to the market or grocery or giving her orders to the solicitor at the back door, take her basket and do her own marketing, she would not only see and know what she was buying but would be conserving much wasted time and money, for it is the customer who pays for the solicitor. She will also encourage better, cleaner and more sanitary markets by frequently visiting them.



# VACATION T I M E

The doctor says a vacation is not a luxury, but a necessity. That, escape from the steady routine of physical or mental labor is a matter not so much of desire as of demand.

Make your's a real vacation this summer. There is Lake Tahoe and Huntington Lake in the high Sierras, Yosemite, Crater Lake, the Klamath Country, Del Monte and Santa Cruz on the Bay of Monterey, the Shasta Resorts, the wonderful Apache Trail of Arizona and so on.

In the wealth of resorts and playgrounds served by the Road of a Thousand Wonders, there must be some place for you. And, we'll take you there in comfort.

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Civics mean citizenship, good clean homes, clean cities, counties, states and nations. Our newer conception of Civics has a vision of world citizenship. When we serve home and city best it is a world service. May we not all in our civic work take the Athenian oath which was this:

"To bring no disgrace to the city by dishonest acts.

"To fight for the ideals and sacred things alone and with many.

"To desert no faltering comrade.

"To revere and obey the city's laws and to incite respect and reverence in those above us who are prone to set them at naught.

"To strive unceasingly to quicken the sense of Civic duty.

"To transmit the City not less but more beautiful than it was transmitted to us."

#### DEPARTMENT OF EDUCATION

Mrs. Frank A. Gibson, Chairman

This year, as never before, there is a realization of the necessity for adequate opportunities for Americanization. The late registration of men between the ages of twenty-one and thirty-one shows that in California 24.7%, or practically one-fourth of such men, are of alien birth, and that only 16% of them have made declaration of intention to become citizens. In order to become citizens they must understand our language and the fundamental facts of American government. It is evident that only a small percentage can compass this

It is again the privilege of this department to devote its activities to providing opportunities for such preparation, to make a public opinion that will insist upon the opening of evening classes, of mothers' classes in the afternoon, and for the extension of American standards through the employment of home teachers.

To this end, the first work of the department should be district and city conferences of club representatives particularly interested in the general subject of immigration, in order that the Federation may be prepared to act quickly when called into conference by the Woman's Committee of the National and State Councils of Defense. The District Chairman should be able to name delegates to such a conference who will be prepared with data in regard to their several localities; such data will facilitate a general plan for providing education for all foreign-born within our borders—and for eliminating the illiteracy of our native-born.

In order to proceed intelligently it is necessary to know:

1st—The number of foreigners in each locality; their necessities and the extent to which these necessities are met by public or private classes.

2nd—The names and localities of schools now open for adult education, and the degree of success of each.

3rd—The number of foreigners naturalized in each county last year and the total number of naturalized foreigners in each county.

4th—Communities needing special attention.

This data should be reliable and determine the activities of each community.

#### Aid for the New Year

A new provision of the school law will become operative at the beginning of the coming school year, by which schools may maintain adult classes for such time as may be necessary or convenient, thus removing one of the former handicaps or rural school districts.

During the last two years standards have been established for the work of the home teacher.

The State Commission of Immigration and Housing has made an intensive survey of immigrant education in the County of Los Angeles, including a summer experiment of twenty-five six week clubs for foreign women, reports of which will soon be ready for distribution by this department.

With the work already accomplished in the State, the propaganda already made and the emphasis now placed by war conditions upon national unity, it should be possible to advance adult education as rapidly as teachers can be secured who are specially fitted to undertake the new profession of Americanization.

This department invites cooperation, constructive criticism and suggestions for work. Women in any part of the State who are able to volunteer whole or part time to gathering statistics of immigrant conditions, to tabulating or to foreign club work are invited to correspond with the District or State Chairman.

Those who will adopt Americanization as a war service will find in it a broad field of

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endeavor which requires patriotism, intelligence, training and keen appreciation of the culture and education that the immigrant brings to our country—further, this service will require persistence and systematic industry.

#### MUSIC DEPARTMENT

Mrs. Alba J. Padgham, State Chairman of Music, C. F. W. C.

The Executive Board of the C. F. W. C. has divided the music department into three working divisions, viz.: Club Development, School Music and Community Music. Each Department has a capable Chairman who stands ready to give desired information or assistance.

At the conference of the General Federation Department Chairmen in Detroit, it was decided that the American Artist, Writer and Musician be the subjects for study by the Art, Literature and Music Departments. It is most fitting to specialize on American Music from its beginning; make the music, legends, folk lore and history of your own state a study. Collaborate with Literature Departments in programs illustrating what our state has done in these lines. Devote one program to the study of Edward MacDowell, his life and music and the Petroboro Colony.

Use the Victrola and Pianola for illustrating music which you cannot hear any other way. Interest local professionals in your work and ask them for lectures on musical subjects and appreciation of music.

Clubs should pay for home talent when value is received.

Every Music Club should take at least one Musical Magazine and Current Musical Events should form a part of each program.

Interest local public libraries in having well selected musical works for reference and study. (Lists can be furnished.)

Clubs should co-operate with every interest and movement which stands for development of Music. Every club woman should sing. She should know her own State and National songs and familiar airs of her country. She should be a member of the Choral Division of the Music Department. This Chorus should be the leading spirit in Community Songs. For study and concert work, there is an untold wealth of beautiful Music for Women's voices. She should be active in civics and community work and co-operate with every organization that stands for musical upbuilding; assist in bringing Arts and Musical attractions to her town and co-operate with those who do. Co-operate in bettering social conditions so that people will want to sing.

The Club is the guardian of Music and should aid and foster every Musical activity—the private teacher, the aspiring small orchestra, the young composer, the brass band. In helping others it will gain its greatest development.

Everybody loves to sing, whether or not they do so artistically or even acceptably. And many a woman can pour out her soul when singing beside someone else, when



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she would be frightened at the sound of her own voice if she heard it alone. Such people should be given a chance to sing. Every town should have at least two "community sings" a season with weekly rehearsals and if possible soloists chosen from list of members.

If the Music Department of a club is a real, vital, working, thinking—and if I dare say it—LOVING organization, it will grow, and reach out and make every other line of musical activity possible. No Music Department can be selfish and inharmonious and live. It must develop and broaden its individual members and these in turn will send out influence that will save the Music of the Home, School and Community.

Goethe says: "Music lifts us on high and builds a soft cloud under our cares and sorrows."

#### PUBLIC HEALTH DEPARTMENT

Mary B. Ritter, M. D., Chairman

The club year 1917-18 brings to the department of Public Health a challenge such as it has never before had to meet. The usual problems of communal sanitation, and of health of individual and of community, have not been lessened. On the contrary, all these problems have been intensified by unusual conditions, by the altered relation of every citizen to the State. Most conspicuous of all, are the special problems incident to war, to the mobilization of vast numbers of men in camp or cantonment, and on the converse side, to the departure of thousands of men from home environment.

The actual casualties of war must needs be dealt with by the Red Cross and the health department of the army. But there are any number of collateral conditions incident to war which call for special education of the public and special measures of prevention. The dominant factor in this should be instruction relative to prevention of the diseases which are greatly increased in war time. Some of these can be controlled by immunization. Typhoid has been reduced in mortality in the army. In municipalities, and especially in country places, it still holds sway. This difference is due to compulsory immunization on the one hand, and lack of such protection on the other. Likewise other diseases continue to work havoc which might be prevented were the people at large sufficiently instructed.

But THE menace of war is the vast increase of venereal diseases. Magnificent as is the typhoid record in European armies the record of venereal diseases is appalling. Not only is the fighting strength of the army menaced by the infection of large numbers of men, but it also menaces the health of the wives and wives-to-be of those who return, and of unborn generations. This menace can scarcely be exaggerated, and it challenges our most heroic efforts to cope with it.

Another menace we must face from the

mobilization of such numbers of men is the danger to our girls. Human nature is human nature and the fighting instinct is closely allied to the sex instinct. The cutting loose from home restraints, the mingling of motley crowds in camp life, imperils the morals of our soldier boys, and danger to them spells danger to our girls. On these phases of the war problem women must be informed, and it is the province of women physicians to carry on this campaign of education. With this end in view, I have requested each district president to appoint a physician as chairman of public health in her district.

To sum up, I would recommend to the district chairman, eternal vigilance in all matters of community sanitation; the study of civic health conditions by making a scoring of each city or large town. In such a civic record, special attention should be paid to all factors that effect children. Statistics in Europe show that children suffer on all sides in war times. The milk law, adulteration of food, the standardization of food-supply establishments, the red-light abatement law, child-labor legislation, must be carefully watched and enforcement of laws insisted upon. All this means education of the public, but as before noted, THE need which challenges us most loudly is education, as regards the control and prevention of loose sex relations, due to mobilization, resulting in the increase of "war-brides" and illegitimate children on the one hand, and of commercialized vice on the other.

Our girls and our soldier boys must be conserved and the Public Health Department must give its best thought and effort to the attainment of this end.

#### HOW WE CAN DO IT

Clara B. Burdette, State Chairman Endowment Fund

The world's condition at the present hour is focusing the attention of every man, woman and child possessed of sympathy and patriotism upon doing their "bit" to help consummate a world-peace without time limitation. Just a word of warning might be given to some of the women of this country lest they allow enthusiasm and sentiment to carry them too far, forgetting to live sanely and retain the spirit of cheer and hope which is to be our Nation's greatest asset when we are playing our part in the restoration of normal National life.

To this end our established Women's Organizations must not be set aside or lag in efficiency for when these emergency conditions cease it is to these groups of organized women we must look to overcome the effects of reaction from strain and heartache and to furnish fresh impulse and restful avenues of activity to the overstrained nervous and mental condition of all our womanhood.

If we have profited by the lessons taught at such tremendous cost, we will have learned to live less luxuriously and extravagantly and more sanely—we will have learned to be less selfish and more generous in sympathy, purse, and judgment—there will be an awakened civic consciousness and world responsibility, all of which shall furnish a rich inheritance to our children's children.

Women's organizations which once were thought lightly of by most men and some women have come into their own and their value is acknowledged by all thinking people today in the trained minds and activities that have instantly responded to these unusual demands, therefore they must continue to be the means of marking the value of woman's place in the world.

While we of the State Federation of Women's Clubs are learning our important lesson today through all kinds of sacrifice, we must loyally apply it to the State Club work as well as these more startling demands. As State Chairman of Endowment Fund I want to remind you that the Endowment Fund, like the poor, we have always with us only we hope the time is soon coming when it will cease to be a beggar and become a blessing. Giving is largely a matter of habit whether it be the contribution of the pennies or the millions.

While we are forming habits of generosity because of our response to all kinds of war-demands let us not neglect our own, but determine to do more than ever this year for the Endowment Fund, that when the time comes our Club work is again to prove the savior of life for the women after school years there may be a revenue with which to advance the work with renewed ideals.

Here is a plan which I do not feel is too much to hope for under even present conditions. Based upon numbers reported in last Year Book—if every club woman will give a penny a week for a year—if every club will raise \$10 for a new name on the Honor Roll—if every District will find some one or some means for raising \$100 and placing a new name on the Founders Roll, more than half of the Endowment Fund can be raised this year.

36,314 Members at 1 cent a week.....	\$18,833.28
468 Clubs at \$10.....	4,680.00
6 Districts at \$100.....	600.00

\$24,113.28

Added to this the names that will be sent in on the Mother's Roll and we will have done fully our "bit."

I recommend that the District Chairmen work to this end and that all Club members prove their loyalty spirit by doing this, their "bit."

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## FEDERATION, THE NEED OF THE HOUR

EMMA L. REED, Vice-Pres. L. A. District C. F. W. C.

(An Address given before the Women's Fellowship Club, Los Angeles, June 21, 1917)

Federation had its birth in human consciousness when Man discovered that no one of him is able to live unto himself alone, that no unit of creation maintains itself isolated.

Federation defined in terms of religion and philosophy is the consciousness of the unity of life. Defined in terms of social science it is the conservation of the individual, the social unit, in and through the good of society as a whole.

In terms of Mental Science, Federation seeks to work out the purposes of the Universal Mind. Defined practically as the definite effort for the moral, social and economic betterment of the race. Federation is the harbinger—and the only one—of a livable world.

The history of constructive life is the history of the co-operation of individuals and of groups of individuals, for their common good in family, community and national life.

Thus far have we come, to the conservation of life in the family, the state and the nation, but we must go still farther, for we are now in the birth-pangs of a world-consciousness that shall recognize above family, state and nation, the value of Humanity as a Whole.

We are, consciously, or unconsciously, in this world-movement to carry out God's Plan of Humanity.

The richness and fullness of one's life is measured by the people with whom one has come in touch sympathetically and understandingly.

If we desire a richer and a fuller world for ourselves, we shall have to take more people and their problems into our world.

In truth, we only find ourselves, and solve our problems when we make life a unity and solve its problems. In the present condition of world strife, with its destruction of the fruits of civilization, we club-women will find it difficult to gather ourselves together for constructive work.

The trend of the world appears at this time to be for disintegration, rather than construction. As a body of women working to better conditions for our families, our city, our district, our state and nation, we shall inevitably feel this disintegrating, destructive tendency as a CLOG on our endeavors.

Because inharmony is distracting the mental world, we shall need to use our individual and united effort to maintain HARMONY in our ranks. Because large bodies of people are engaged in dissension, we shall need to draw closer together.

Because the misfortunes and distractions of the times are furnishing the opportunity for selfish interests to add to their commercial supremacy, we need to become better informed in economic principles.

Because we now, as a result of the European war, must face not only national

but international issues, it is necessary that we study world conditions, and not alone OUR country's problems.

There be prophets who tells us that a new race is to be born out of the upheaval of the present century, and it needs no prophet to tell us that such a life-and-death struggle among civilized peoples ought to be capable of bringing those who survive to a realization of the futility of strife, and the value of co-operation, in the building up of civilization.

And because events have come thick and fast, and terrible, and old landmarks of accepted Thoughts and conditions are rapidly changing, we must of necessity think hard and deep and large on the significance of the history enacting before us.

We must enlarge our mental vision to see life as a whole, and our sympathies to embrace humanity as a whole.

**Never before has there been such a need for the intelligent co-operation of good women.**

I believe that our California Federation of Women's Clubs is the most potent factor today in the moral and economic life of our state, and in our Los Angeles District we have the honor and the responsibility of being, in point of numerical strength the largest unit in this unified effort of women.

Our individual club is the nucleus. A live club contributes that much life to the district of which it is a part. A live district vitalizes the state organization, and this, in turn, sends its vibrations into one national body.

Every federated club has this dual responsibility, for the impress made on its own community through its activities, and for its influence, communicated through the parent organization, on all sister clubs in the Federation.

This responsibility for the success of the whole movement, dignifies the work of even the smallest of our clubs.

Moreover, the success of our Federation is measured not alone by the definite work done, but by the kind of women federation is producing. We are scheduled to foster Art, to promote peace, to develop musical harmony in the world, to bespeak justice in our laws and to increase the sum of human knowledge. But greater, than the measure of how much propaganda work we are doing in these departments, is it, if we club-women are becoming more artistic, peaceful, harmonious, just and knowing through our efforts to promote art, peace, music, good laws, and education.

Federation is an ever-growing, ever widening movement. It has no place to stop until it **has humanized the world.**

It is a long road we have started on, but the joy of it is that we do not go alone, and that we have **strength united** to sustain us and Good Fellowship to cheer us on the way.



## THE WOMAN PHYSICIAN AND SURGEON AT THE FRONT

It has been customary to treat and consider courage as peculiarly the gift and grace of manhood. In times past there existed a doubt as to whether woman could lead a forlorn hope or a desperate charge,—whether she would preserve her composure in the press of battle. Woman then, had not been accustomed to military discipline and the traditions and associations of her sex were not such as would afford her any support.

There were, of course, beautiful militant women, who came at rare intervals in the world's history. We accepted them almost with a doubt, considering them lacking in the feminine attributes.

What is courage, true courage? If it be that mental quality which enables one to endure the sharpest arrows of pain without a murmur,—which sacrifices itself uncomplainingly for another's sake,—which gives up everything willingly for a cherished holy cause, which can behold without flinching the most terrible forms of human agony for the purpose and in the hope of affording it relief,—of this divine courage who is more capable than Woman?

True courage is pre-eminently the woman's virtue, and it is raised to its highest power in the woman physician.

"The reason firm, the temperate will, Endurance, foresight, strength and skill."

During the present period of storm and stress, England has made a peculiar contribution to the world, the Woman War Doctor. English women during this war have staffed the hospitals from the highest medico to the lowest orderly. There have been thousands of these gallant women workers, and many have been killed at their post of duty.

You would think that their wonderful work entitled them to all honor and recognition? Not so. Military titles were freely bestowed upon men, in the hospital service,—but to women doing for the most part the same work recognition is held back. There are a few instances where the title of Colonel or Captain has been bestowed upon a woman but it has been grudgingly given,—with the same reluctance as the services of the women were at first accepted by the British War Office.

The acceptance, by the French of the English women's hospital units awakened in the minds of the English authorities a sense of the value of what they had been so loth to accept.

At the very outset of the war the Scottish branch of the National Union of Women Suffrage Societies set about raising funds for hospitals. The first donation was one of ten thousand pounds from a district school teacher, after that thousands were subscribed.

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Interesting Booklet on Request

Calais had the first hospital under Dr. Alice Hutchinson and Dr. Mary Phillips. Dr. Hutchinson served in the Balkan war a few years ago, and her experience made hers the model for other women's units which were established at the request of the French military authorities at Royaumont, Troye, and other places. The fine Royaumont hospital had as its medical chief, Dr. Francis Ivens, and Mrs. Hartley, sister of Sir John French as administrator. Mrs. Harley is one of many who have received the French Croix de Guerre. She had charge of the transport column one of whose duties was to pick up the wounded on the field.

Another English enterprise is the Woman's Hospital Corps, which first began work under the French Red Cross in Paris.

In the early part of 1915, the English military authorities at last awoke to the value of these medical women, and also of their equipment. They were made part of the British Medical Service. Dr. Louise Garrett Anderson was placed in charge of a large hospital at Boulogne and there set a standard which was quite unknown even among the auxiliary hospitals. Subsequently a base hospital at Endell Street, London, was controlled by the Scottish women.

Consider that in the most of these hospitals the entire staff, house keeping, ward service, both business and medical are women. And think too of the nameless heroism displayed every day by these women doctors! These women did not set out to be heroes or to assume any of the prerogatives of the male. They simply did the work which the exigencies of war thrust upon them. And in addition. The atmosphere of faith, hope and love is of untold psychical value in hospital work, and it is only women that can create this atmosphere.

Mrs. St. Clair Stobart says in her wonderful interesting war experiences entitled "A Woman in the Midst of War," "All work connected with the sick and wounded is woman's work."

The Millicent Fawcett Hospitals were started in December 1915. Two women were sent to Petrograd to take care of maternity cases among the refugees in Russia. There are now under capable women doctors five hospitals from Petrograd to Kazan to Galicia. These include an infectious hospital for children and another for soldiers at Volhynia in Galicia. To the watchful care of these women doctors in charge is attributed the discovery of concealed cases of smallpox, and thereby the prevention of an epidemic.

The work of the Scottish women with the Serbians has been of peril at every step. When the first Serbian unit sent out by the French military authorities at the end of 1914 arrived at Kragujevatz under Dr. Eleanor Soltau it found serious work before it. The Austrians had left the hospital filthy and overcrowded, and from that had come an epidemic of typhus.

Dr. Soltau faced the issue with bravery.

Her small staff, her inadequate equipment were no deterrents. In addition to her surgical hospital, which was full, she took over No. 6 and No. 7 reserve hospitals for typhus and ordinary medical cases. For three months these women worked with indomitable spirit. In spite of the long strain, of hard work, of illness and of three lives given in the great cause, their efforts never relaxed.

When Serbia was invaded there was the horror of retreat. One hospital after another was evacuated and a field ambulance formed. During the retreat this ambulance trekked over half of Serbia, always trying to form hospitals.

The last unit caught at Salonique and unable to advance into Serbia, took up the work at that end, and under Dr. Mary Blair cared for the refugees escaping southward, passed them on to ships, and finally with 5000 of them arrived in Corsica. Here they have opened a general hospital, one for infectious diseases, and in these they do all of the medical work, supervise the sanitation and supply medical aid to the Serbians in all of the villages. It is by work of this nature that women have shown a somewhat doubting world that they can safely be entrusted not only with the nursing, but also with surgery and with the administration of a hospital of war in all its departments.

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**LOS ANGELES SOAP COMPANY**

Dr. Elsie Inglis went out in August, 1916, to the Roumania front at Dobrudia. Her staff was forced to retreat shortly after arriving but in the very act of evacuating they treated over 2000 cases. The last group to leave was the hospital staff and their way was through burning villages with bombs bursting around them.

By the valuable aid these women physicians and surgeons have rendered, their own position has been advanced, in a marked degree. Even among those now rendering the most devoted service to the victims of the war, there is a sense that this is but a passing phase of what they have accomplished. When these calls from sick and wounded humanity have ceased, their real advance will be clearly shown, and this advance was their admission to the house appointments in the great hospitals. This opening will never be closed to them again. They have come into their own by rising to the opportunity when it presented itself.

We shall never be able to reduce to cold figures the work of the Woman Physician and Surgeon at the Front. Their individual acts of heroism would fill volumes. And all without a thought of Fame! Simply to do their duty in the place to which God had called them.

And for ourselves, our work this hour is patience, for "They also serve who only stand and wait."

Archbishop Trench very beautifully describes the spirit which should now animate us in these lines:

"Not as although we thought we could do much,

Or claimed large sphere of action for ourselves,

Not in this thought,—since rather be it ours  
Both mine and thine to ask for that calm frame

Of spirit in which we know and deeply feel  
How little we can do,—and yet do that!"

And in the midst of the horror, the desolation, the terrible agony this war has brought upon us, may I give you a thought to sustain you, to strengthen your faith that the Providence that watches each sparrow's fall is with us? It is this:

"It is God's green earth and God's blue sky,  
And God's dear children passing by.  
Creation is His, and the fullness thereof,—

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It all is the work of a God of Love.  
And if to the vision of God's dear child  
The sun of His love seems obscured for  
awhile,

It is only a veil, to be thrust aside,  
God's love never changes whatever betide."  
FANNIE YATES SMITH.

### DISTRICT NEWS

The new Executive Board of the Los Angeles District of the California Federation of Womens' Clubs has held three meetings since it has taken office.

The first meeting was held as a joint meeting with the retiring Board and no official work was done except to organize.

The second meeting was held the second Thursday in July at the Broadway and was an all-day session. Much work was done and many things started, one of the most important being the appointment of a committee to consider the President's, Mrs. Mattison B. Jones, idea of a series of conferences to be held once a month by the different departments. These conferences to be open to all Club Members. Mrs. Geo. Larkey was appointed Chairman, with Mrs. Exley and Mrs. Jones as members.

At this meeting it was decided to hold Presidents' councils from time to time, but at a different time from the Board Meetings. Time to be announced later.

The third meeting was a special meeting held by the Board on July 26th, to gather up all work pertaining to the District Year Book, so that it might go to Press at the earliest date; and to hear the committees' report upon the Conferences.

The Committee reported that the Conferences would be an excellent thing in their opinion and said that the idea of the work to be undertaken by the Conferences would be the illustrating of the relation of the California Federation Departments to the Departments of our Government, under National, State, County and City, and that the Conferences will be grouped under Political Science as Administrative, and under Legislative as Remedial Legislation, so that we may learn the difference between the enacting of laws, and the administering of laws.

It was decided by the Board to hold nine Conferences during the year, the ninth to be on International Relations.

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# HOME DEPARTMENT

## PROTECTING THE PUBLIC

The advertisements of foods and foodstuffs which appear in this and coming issues of The Clubwoman are from firms which have in every respect conformed to the rigid requirements laid down by the Department of Health, C. F. W. C., as a part of its present campaign for the protection of the public through the elimination of impure foods and food materials. In every case, before a food advertisement is accepted for the official magazine of the Federation, the plant or establishment is thoroughly inspected by a special committee named for the purpose by the Department of Health and composed of qualified experts on the subject. The appearance of such an advertisement in The Clubwoman is consequently prima facie evidence of purity, reliability and patronage worth.

The work of the committee has now been extended to include the inspection of laundries and other establishments whose work affects the public health.

At the head of the department's committee of inspection in the South is Dr. Lulu H. Peters, M. D., Chairman of the Department of Health for the Los Angeles District.

At the head of the department's committee of inspection in the North is Dr. Mariana Bertola, M. D., Chairman of the Department of Health and Child Welfare of the San Francisco District.

## HOME CANNING BY THE ONE-PERIOD COLD-PACK METHOD

FARMERS' BULLETIN 839—UNITED STATES DEPARTMENT OF  
AGRICULTURE

Contribution from the States Relations Service

A. C. True, Director

### How Canning Preserves Food

If food products are left in their natural state, most of them spoil in a few hours or a few days owing to the growth on their surface or in their tissues of bacteria, molds, or other organisms of decay. If such organisms usually present in food can be killed and the entrance of other organisms prevented, the food can be kept in good condition practically indefinitely. It is this destruction of organisms and protection of the food from contamination that is accomplished by canning—the preparation and treatment before packing and process of

placing food products in air-tight containers and sterilizing them.

Most home makers are familiar with some form of canning. Much of the canning practiced in homes, however, has been restricted to the putting up of fruits. The canning of vegetables and of meats has been considered until recently by all but a relatively few persons to be too complicated to be done satisfactorily in the home. By the method adopted for use in the home canning-club work of the United States Department of Agriculture in the

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The radiant "Good Luck" Seal is a symbol of Purity and Quality to a Million Good Housekeepers. They insist on seeing it on the ends of every package of Biscuits they buy.

Pacific Coast Biscuit Company

Northern and Western States, however, it has been found to be a relatively simple matter to can practically any food product in the home with ordinary kitchen equipment and with the expenditure of comparatively little labor. This method of canning is described in the following pages and is intended primarily for use in the Northern and Western States. By its use the time required for the treatment of food to prepare it for keeping is reduced to a minimum.

#### Preparations for Canning

The first steps in the canning method described in this bulletin, as in all canning, consist in the preparation and cleaning of containers and in the preparation of the products to be canned by washing, paring, trimming, and cutting into pieces where division is necessary.

Those engaged in the work should start with clean hands, clean utensils, clean, sound, fresh products, and pure, clean, soft water. No vegetables or fruits which are withered or unsound should be canned. If possible, only fruits and vegetables picked the day of canning should be used. Peas and corn, which lose their flavor rapidly, should be canned, in fact, within five hours if a choice product is desired.

Before the preparation of the products is begun the containers should be washed. If glass or crockery jars are used they should be placed in a vessel of cold water over a fire to heat. They will then be hot and ready for use when the products have

been prepared for packing.

All grit and dirt should be washed carefully from the materials to be used. All products should be graded especially for ripeness. Large fruits and vegetables should be pared if necessary, and small fruits, berries, and greens picked over carefully.

#### Steps In Canning

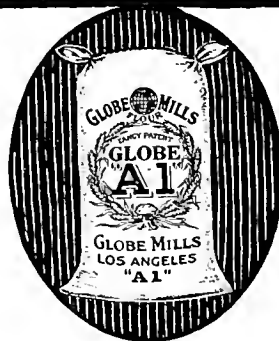
After the materials have been cleaned and put into the shape in which they are to be canned, and containers have been cleaned and tested, the canning procedure for most products by the one-period cold-pack method consists of five steps—scalding or blanching, cold-dipping, packing, processing, and sealing. In canning berries and all soft fruits the blanching is dispensed with.

The products to be canned are blanched or scalded usually by being placed in a cheesecloth bag or dipping basket into boiling water and allowed to remain there from 1 to 15 minutes, depending on the kind of product. In the case of greens and green vegetables, however, the scalding is accomplished most satisfactorily in steam, as volatile oils and other substances remain in the food under this treatment. Such products may be put into a colander, set over a vessel of boiling water and covered as tightly as possible. Better results may be obtained, however, by the use of a steam cooker.

As soon as the product is removed from the boiling water or steam it should be dipped into cold, clean water and imme-



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—PASTRY  
—WAFERS  
—CAKES

**Globe  Flour**

diately removed and drained for a few moments. The temperature of the water used for cold dipping should be as low as possible.

The product should be packed carefully into hot jars as soon as removed. In the case of fruits, boiling hot sirup or hot water usually is used and salt is added for seasoning. The scalded rubbers and tops of jars are put into place, the tops of cans sealed, and the containers are placed in a hot-water bath, pressure cooker, or other similar device for processing.

Processing is the final application of heat to sterilize the product and is continued for a period determined by the character of the product and the kind of apparatus used. The containers should be placed in the processing vessel as soon as they are filled.

Immediately after the termination of the processing period while the products are still hot, glass and similar containers must be sealed.

Jars should then be placed in a tray upside down to cool and closely examined for leaks. If leakage occurs, the covers should be tightened until they are completely closed.

Tin cans may be cooled by plunging them in cold water. When the packed containers are thus cooled, they should be stored in a cool, dry place not exposed to freezing temperature. Most products packed in glass jars will bleach or darken if exposed to light. It is well, therefore, to wrap jars in paper. From time to time, especially during very hot weather, both glass jars and tin cans should be examined to make certain that there are no leaks, swellings, or other signs of fermentation.

#### Equipment Required

Whatever type of apparatus is used for processing or sterilizing, a number of utensils are needed for properly handling the products during the preceding steps. These include five or six acid-proof pans with covers for use in handling and blanching acid fruits, two tablespoons, one set of measuring spoons, one wire basket or several yards of cheesecloth for use in blanching, six wiping cloths, two hand towels, one duplex fork for lifting hot jars, several sharp paring knives, a generous supply of clean hot and cold water, a garbage pail for

scraps, and a good stove or other heating device.

Home-made outfits are constructed of such utensils as wash boilers, tin pails, milk cans, metal washtubs, and lard pails. Such canners should have well-fitting covers and false bottoms or lifting platforms of metal or wood. The latter are to support jars or cans to prevent direct contact with heat and also to permit a free circulation of water and steam around and under the containers.

All fruits can be canned successfully for future use for jelly making, pie filling, salad purposes, etc., without the use of sugar by simply adding hot water instead of hot sirups. It has been found practicable also with certain vegetables to substitute sugar for salt in the canning process, and then add other seasoning to taste when serving.

In canning fruit without sugar, can the product the day it is picked. Cull, stem, seed, and clean fruit by placing in strainer and pouring cold water over it. Pack the product carefully in hot glass jars or tin cans until full. Use tablespoon, wooden ladle, or table knife for packing purposes. Pour boiling hot water over the product in the hot jar. Place rubbers and caps in position, not tight. If using tin cans, seal completely. Place product in the sterilizer, vat, or canner, and sterilize for the length of time given below according to the particular type of outfit used:

	Minutes.
Hot-water bath, home-made or commercial .....	30
Water seal, 214° .....	20
5 pounds steam pressure .....	12
10 pounds steam pressure .....	10

After sterilizing remove the filled containers. Seal jars; invert to cool and test the joints. Wrap in paper to prevent bleaching and store in a dry, cool place. If tin cans are used it will be found advantageous to plunge them into cold water immediately after sterilization to cool them quickly.

#### Canning Directions—Vegetables

Tomatoes—Scald  $1\frac{1}{2}$  minutes or until skins loosen. Cold dip. Remove stems and cores. Pack directly into cans or hot jars. Press down with tablespoon (add no water). Add level teaspoonful salt per quart. Put rubbers and caps of jars into position, not tight. Seal tin cans completely. Sterilize

*“Fleischmann’s yeast is splendid yeast. Bake with Fleischmann’s yeast.”*

for the length of time given below for the particular type of outfit used:

	Minutes
Water bath, home-made or commercial .....	22
Water seal, 214° .....	18
5 pounds steam pressure .....	15
10 pounds steam pressure .....	10

Sweet peppers—Use sweet green peppers. Place the peppers in the oven and bake them until the skins separate from the meat. Remove the skins. Pack them solid in hot glass jars or tin cans. Add water. Add 1 level teaspoonful of salt per quart. Put the rubbers and caps of jars in position, not tight. Cap and tip tin cans. Sterilize for the length of time given below for the particular type of outfit used:

	Minutes
Water bath, home-made or commercial .....	90
Water seal, 214° .....	75
5 pounds steam pressure .....	60
10 pounds steam pressure .....	40

Remove the jars; tighten the covers; invert the jars to cool, and test the joints. Wrap the jars to prevent bleaching.

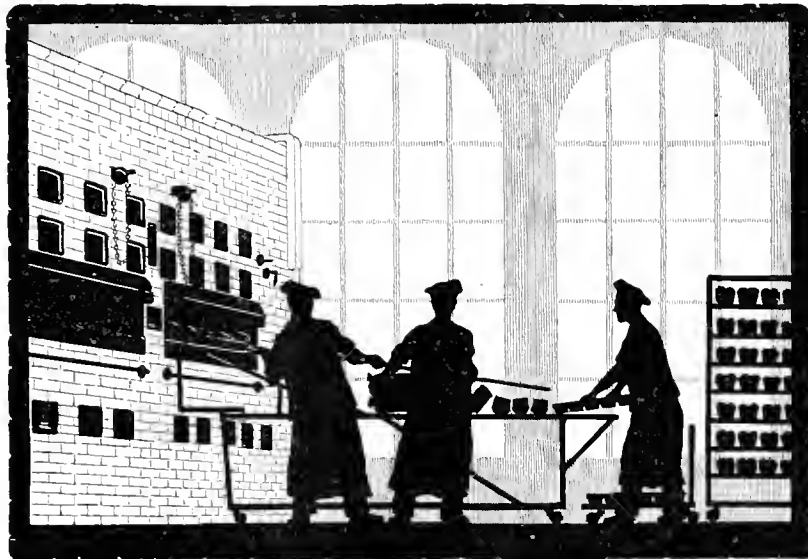
Pumpkin, squash, hominy, and sauerkraut—Prepare and cut into convenient sections. Blanch 3 minutes. Cold-dip; pack closely in hot jars or cans. Fill with boiling water. Add level teaspoonful salt per quart. Put rubbers and caps of jars into position, not tight. Seal tin cans completely. Sterilize for the length of time given below for the particular type of outfit used:

	Minutes
Water bath, home-made or commercial .....	120
Water seal, 214° .....	90
5 pounds steam pressure .....	60
10 pounds steam pressure .....	40

Sweet corn—Remove husk and silk. Blanch 5 minutes on cob. Cold-dip; cut corn from cob and pack directly in hot jars or cans ( $\frac{1}{4}$  inch of top). Fill with boiling water. Add level teaspoonful salt per quart. Put rubbers and caps of jars into position, not tight. Seal tin cans completely. Sterilize for length of time given below for the particular type of outfit used:

	Minutes
Water bath, home-made or commercial .....	180
Water seal, 214° .....	120
5 pounds steam pressure .....	90
10 to 15 pounds steam pressure .....	60

Corn seems to give home canners more trouble than do most products; but, with care and study, corn may be canned as easily as any other product grown in the garden. A little experience in selecting the ear and the ability to recognize corn that is just between the milk and the dough stage are important. Cut the corn from the cob with a sharp, thin-bladed knife, and pack it at once into sterilized jars. Best results can be obtained when one person cuts the corn from the cob and one person fills the containers. If it is necessary for one person to work alone, he should cut off sufficient corn to fill one jar, pour on



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boiling water, add salt, place the rubber and cap in position, and put the jar into the canner or hot water at once. Corn expands a little in processing, and for this reason jars should not be filled quite full. Corn that has reached the dough stage before being packed will have a cheesy appearance after canning. Corn should never be allowed to remain in the cold-dip water, and large quantities should not be dipped at one time unless sufficient help is available to handle the product quickly. Water-logged or soaked corn indicates slow and inefficient packing.

When canning sweet corn on the cob, follow same directions but pack whole ears in jars instead of the cut-off corn.

Home canning of field corn—This product is commonly known as corn club breakfast food, or 4-H brand food product. The corn should be selected between the milk and the dough stage. Wide-mouthed glass jars or tin cans should be used for canning this product. Avoid packing container too full, as the product swells during the sterilization period. The corn should be canned the same day it is picked from the field, if possible. The yellow field corn makes a yellow, butter-like food product when ground and canned. Avoid mixing the white and the yellow or Bloody Butcher corn in the same batch of food products. Secure a good grade of food chopper for grating the corn. Small 10-cent hand graters can be used, but work with these is too slow and tedious.

Blanch the corn ears in boiling hot water or live steam for 10 minutes. Remove and dip quickly in cold water. Cut the corn from the cob with a sharp, thin-bladed knife. Feed the corn to the food chopper and grind to a pulp. Cook this product in a kettle, add one level teaspoonful of salt to each quart, and a little butter, and sweeten a trifle with sugar. Cook (stir while cooking) until the product has assumed a thickened or pastelike mass. Then pack this product immediately in tin cans or hot glass jars to one-fourth inch of the top. Seal jars by placing rubber and cap in position and seal tin cans completely. Place jars and cans in wash boiler or sterilizer and process for the length of time given below for the particular type of outfit used:

	Minutes
Hot-water bath, home-made of commercial .....	180
Water seal, 214° .....	120
5 pounds steam pressure .....	60
10 or 15 pounds steam pressure .....	50

After this product has been sterilized and cooled and stored away, it will form a solid, butterlike mass, which when removed whole from the jars or pack may be cut in convenient slices for toasting, frying, and baking purposes, and will make a delicious food product, palatable, economical, and nourishing.

Vegetables such as wax beans, stringless beans, okra, green peppers, cabbage and

brussels sprouts—String or hull. Blanch in live steam for 5 to 10 minutes. Remove and dip quickly in cold water. Pack in hot jars or tin cans and add boiling hot water until jars or tin cans are full. Add one level teaspoonful of salt to each quart. Put rubbers and caps of jars in position, not tight. Seal tin cans completely. Sterilize for the length of time given below for the particular type of outfit used:

	Minutes
Water bath, home-made or commercial .....	120
Water seal, 214° .....	90
5 pounds steam pressure .....	60
10 pounds steam pressure .....	40

Lima beans, peas, and other vegetables or combinations of them—Blanch in live steam for 5 to 10 minutes. Dip quickly in cold water. Pack immediately in hot glass jars or tin cans. Add boiling hot water to fill container. Add level teaspoonful salt per quart. Place rubbers and caps of jars in position, not tight. Seal tin cans completely. Sterilize for the length of time given below for the particular type of outfit used:

	Minutes
Water bath, home-made or commercial .....	180
Water seal, 214° .....	120
5 pounds steam pressure .....	60
10 to 15 pounds steam pressure .....	40

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Remove from container; tighten cover; invert to cool, and test the joints. Wrap in paper to prevent breakage, and store.

**Peas**—A cloudy or hazy appearance of the liquid when peas are keeping well indicates that the product was roughly handled in blanching and cold-dipping, or that split or broken peas were not removed before packing. When peas are too old and blanching is not done carefully, the skin becomes cracked and the liquid cloudy. Some waters of high mineral content have a tendency to increase cloudiness also to harden the peas.

**Cauliflower**—Use the flowered portion. Plunge it into cold brine (one-half pound salt to 12 quarts of water). Allow the cauliflower to remain in this brine for one hour. Blanch it 3 minutes and dip quickly into cold water. Pack it in hot glass jars or tin cans. Fill with boiling water and add a level teaspoonful of salt per quart. Put rubbers and caps of jars in position, not tight. Cap and tip cans. Sterilize for the length of time given below for the particular type of outfit used:

Minutes

Water bath, home-made or commercial .....

Water seal, 214° .....

5 pounds steam pressure .....

15 pounds steam pressure .....

Remove the jars; tighten covers; invert jars to cool, and test the joint. Wrap the jars with paper to prevent bleaching.

**Mushrooms**—Caution: Unless you are absolutely sure that you know a mushroom when you see it, do not run the risk of gathering and using for food what you think are mushrooms. A large number of persons are poisoned every year because of carelessness in this regard. Many very poisonous plants closely resemble edible mushrooms. Can mushrooms immediately after picking; if allowed to stand they become unfit for use. (See Farmers' Bulletin 796, Some Common Edible and Poisonous Mushrooms.)

Wash and trim the mushrooms. If small, can them whole; if large, they may be cut into sections. Blanch the mushrooms in boiling water 5 minutes. Remove and plunge them quickly into very cold water. Pack in hot glass jars and add boiling water to cover; add one level teaspoonful of salt to the quart. Place rubbers and caps of jars in position, not tight. Sterilize for the length of time given below for the particular type of outfit used:

Minutes.

Water bath, homemade or commercial .....

Water seal, 214° .....

5 pounds steam pressure .....

15 pounds steam pressure .....

Remove the jars; tighten covers; invert jars to cool, and test the joints. Wrap jars in paper. If canning in tin, always use lacquered cans. Do not fail to blanch and cold-dip mushrooms before packing. After opening containers, remove the mushrooms



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immediately and use them as quickly as possible.

**Root and tuber vegetables**, such as carrots, parsnips, salsify, beets, turnips, and sweet potatoes—Grade for size, color, and degree of ripeness. Wash thoroughly, use vegetable brush. Scald or blanch in hot water sufficiently to loosen the skin. Dip quickly into cold water. Scrape or pare to remove skin. Pack whole vegetables, slices, or cross-section pieces in hot glass jars or tin cans. Add boiling hot water until full. Add level teaspoonful salt to quart. Place rubbers and tops of jars in position; partially seal, but not tight. Cap and tip tin cans completely. Sterilize for the length of time given below for the particular type of outfit used:

	Minutes.
Water bath, homemade or commercial .....	90
Water seal, 214° .....	80
5 pounds steam pressure .....	60
10 pounds steam pressure .....	40

Remove jars from canner; tighten covers; invert to cool, and test joints. Wrap in paper and store.

**How to prevent the fading of beets**—Small beets that run 40 to the quart are the most suitable size for first-class packs. The older the beet the more chance there is for loss of color. When preparing the beet, leave on one inch of the stem and all of the tail while blanching. Blanch not more than 5 minutes, and cold-dip. The skin should be scraped from the beet, not peeled. Beets should be packed whole, if possible. Well-canned beets will show a slight loss of color when removed from the canner, but will brighten up in a few days.

**Greens or potherbs**—A large number of cultivated and wild greens are edible, and if canned by this method will make a succulent and valuable food for the winter and spring months. Among the cultivated greens are Swiss chard, kale, Chinese cabbage leaves, upland cress, French endive, cabbage sprouts, turnip tops, young tender New Zealand spinach, beet tops, dandelion, young tender dasheen sprouts, native mustard, Russian mustard, collards, and tender rape leaves. Among the wild greens are pepper

cress, lamb's quarter, sour dock, smartweed, sprouts, purslane, or "pulsey," pokeweed sprouts, dandelion, marsh marigold, wild mustard, and milkweed (tender sprouts and young leaves).

Can greens the day they are picked. Wash clean, sort thoroughly, allowing no foreign weed leaves or other vegetable matter to remain. Rid the greens of all sand, dirt, dry, and decayed or diseased leaves. Place the greens in a crate or cheesecloth and blanch in live steam either in an improvised homemade steamer or regular commercial steamer for 15 minutes. Remove the greens and plunge quickly into cold water. Place on the table and cut into convenient lengths. Pack tight in hot jars or tin cans. Add hot water to fill the container and season to taste. The product will be slightly improved if a few strips of boiled bacon or chipped beef are added. A little olive oil also improves the flavor. If using glass jars, place rubbers and tops in position; partially seal. If using tin cans, cap and tip completely. Sterilize for the length of time given below for the particular type of outfit used:

	Minutes.
Water bath, homemade or commercial .....	120
Water seal, 214° .....	90
5 pounds steam pressure .....	60
10 pounds steam pressure .....	40

Remove from canner; tighten covers of jars; invert to cool, and test the joints. Wrap in paper to prevent bleaching, and store.

#### VEGETABLE COMBINATIONS

**Corn and tomato combination**—Blanch fresh corn on the cob 5 minutes. Cold-dip quickly. Cut the corn from the cob, cutting from tip to butt. Scald the tomatoes  $1\frac{1}{2}$

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minutes and cold-dip. Remove the skin and core. Chop tomatoes into medium-sized pieces. Mix thoroughly 2 parts of tomatoes with 1 part of corn. Pack the mixture in hot glass jars or enameled tin cans. Add a level teaspoonful of salt per quart. Put rubbers and caps of jars in position, not tight. Cap and tip tin cans. Sterilize for the length of time given below for the particular type of outfit used:

	Minutes.
Water bath, homemade or commercial .....	120
Water seal, 214° .....	120
5 pounds steam pressure .....	60
15 pounds steam pressure .....	45

Remove the jars; tighten the covers; invert the jars to cool, and test the joints. Wrap the jars with paper to prevent bleaching.

**Corn, tomato, and string bean combination**—Use 1 part of corn, 1 part of green string beans, and 3 parts of tomatoes. Blanch fresh corn on the cob for 5 minutes and cold-dip. Cut the corn from the cob, cutting from tip to butt. Prepare string beans and cut them into convenient lengths. Blanch them 4 minutes and cold-dip. Blanch

the tomatoes 1 to 3 minutes and cold-dip. Remove the skin and core. Cut the tomatoes into medium-sized pieces. Mix thoroughly. Pack the mixture in hot glass jars or enameled tin cans. Put rubbers and caps of jars in position, not tight. Cap and tip tin cans. Sterilize for the length of time given below for the particular type of outfit used:

	Minutes.
Water bath, homemade or commercial .....	120
Water seal, 214° .....	120
5 pounds steam pressure .....	60
15 pounds steam pressure .....	45

Remove the jars; tighten the covers; invert the jars to cool, and test the joints. Wrap the jars with paper to prevent bleaching.

### A MODEL PLANT

Always a powerful advocate of the principles for which the California Federation of Women's Clubs has stood in the direction of safe-guarding the public health by every possible sanitary precaution, the Capitol Milling Company, of 1239 San Fernando Street, Los Angeles, has just gone to a large additional expense to improve its plant, already regarded as a model. The new improvements are in the form of tiled dressing rooms for the women workers and shower baths for the men. This company's earnest and voluntary co-operation with the Department of Public Health makes its California-made product worthy of the support of club women at large.

### WAR COUNCIL, Y. W. C. A.

A war council of the Y. W. C. A. Field Committee will be held at Asilomar, August 22-23. Reports of surveys just completed will be given on: "Conditions Affecting Women and Girls in Communities Adjoining Military Camps," "Employment and Industrial Situations for Girls Created by War." Mrs. Charles B. Alexander of New York, vice-president of the War Work Council of the National Board, will preside. The Conferences will conclude with a festival service dedicating the main building to Mrs. Phoebe A. Hearst, and the chapel to Miss Grace H. Dodge.

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## A PERMANENT AGRICULTURE THE BASIS OF OUR SOCIAL LIFE

(Continued from July Issue)

The crying educational need in California today is for more Farm Schools. We made a big attempt this year to have a bill passed, establishing a Farm School in Southern California.

We are not to have it this year but we feel confident that we shall succeed two years hence.

May I point out a few facts with regard to California agricultural conditions, which will prove that our system of agricultural education, great as it is, is wholly inadequate to the needs of the State?

Here is a quotation from Dean Hunt's report of last year.

### "PROBLEMS UNDER INVESTIGATION.

"In the last annual report, attention was called to the fact that California consists of an area equal to the nine North Atlantic States, which have ten Agricultural Experiment Stations; that this station has practically all the problems of those ten stations; that, in addition, it has the problems of a semi-tropical agriculture, the problems growing out of the use of water in an arid country, and that most of the agricultural investigators in America and Europe work with the problems of a humid climate. Hence the members of this station are largely following an uncharted field, with the result that they are constantly outlining and attempting to solve more problems than their time or resources will permit."

Now, in conclusion, I feel that in speaking to the State Federation of Women's Clubs, I am at the very source of the forces which are able to accomplish our rural betterment. Will you not give a large measure of your time to the study of the agricultural problems of our beloved State? No land has the possibilities that California has, and her resources are so largely undeveloped. Surely, also, you can see no justice in a system which compels us to send our young sons a distance of five or six hundred miles to obtain the benefits of a Farm School. A Farm School in the South would develop new areas and diversify crops and improve community life. The whole State would feel the impulse. I crave nothing so much for our State as that the influence of this great body of women, with its organization reaching out to almost every city and village, should be thrown in the direction of rural development. The State College of Agriculture has eminent leadership. Shall not all of the women's organizations undertake to see that resources commensurate with its great work are provided, remembering that money spent for agricultural development comes back many fold?

In a quaint old book, "Gulliver's Travels," occurs the earliest direct reference I have ever found to scientific agriculture:

"And he gave it as his opinion that whoever should be able to make two ears of corn or two blades of grass to grow in the same spot of ground where one had formerly grown would do a greater service for humanity and deserve more of his country than the whole race of politicians put together."

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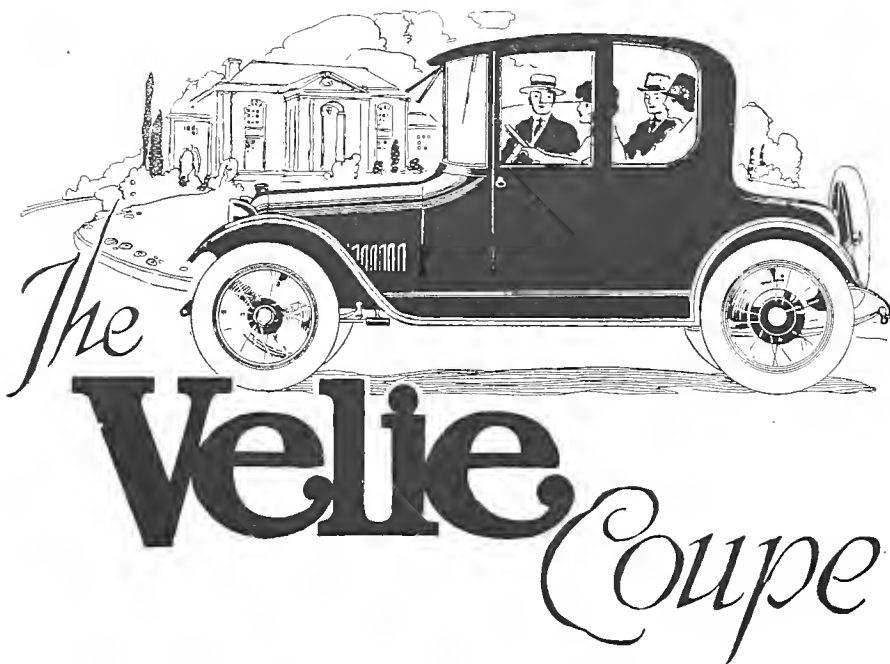
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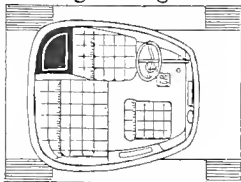
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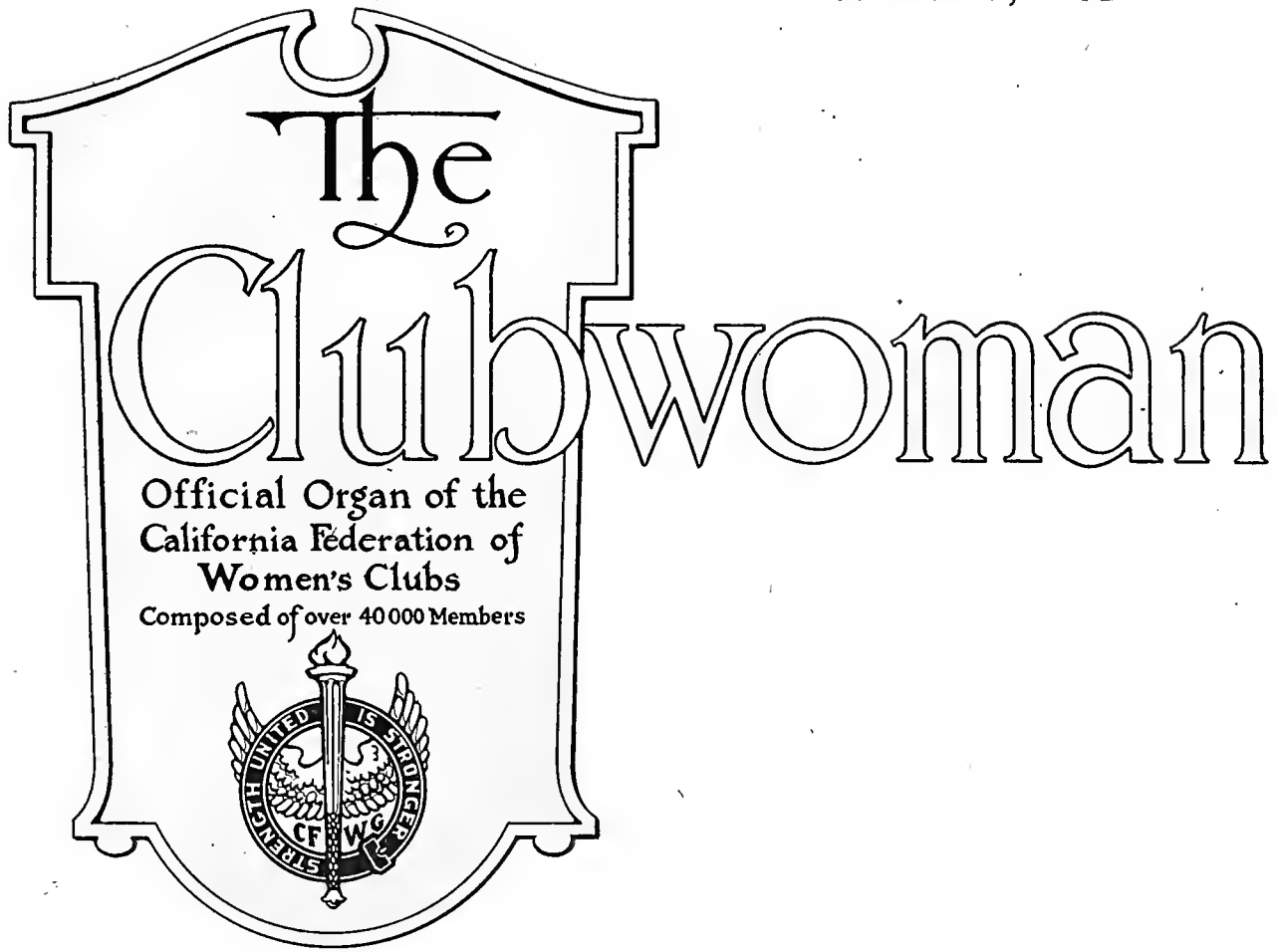
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September, 1917

Vol. IX. No. 10

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## *For Women*

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You do not have to think about findings—we furnish these, and we use only the best quality. We even furnish the buttons if you wish cloth-covered buttons on your strictly tailored suit.

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# The Clubwoman

## EDITORIAL NOTES

The Editors of The Clubwoman, Miss Jessica Lee Briggs, and Dr. Louise Harvey Clarke, make this month their bow to the club women of the State for the third time. The September number marks the beginning of the third year of service.

We have had splendid cooperation from many club women. For this we have been very grateful, and your kind, helpful words have encouraged us to go on with the work. We have seen the magazine grow in interest and strength. But this coming year we are looking forward to greater advancement along all lines of club and national activities and the cooperation of every club member.

We still shall keep our slogan before you. "Every Number of The Clubwoman better than the last and every club woman on our subscription list." We thank you.

The October number of The Clubwoman will have as a special attraction "Music and Art." These departments will be featured by our State Chairmen, Mrs. Alba J. Padgham and Mrs. Rose V. S. Berry.

The Russian Woman's Legion of Death, whose valorous conduct in battle sent a thrill through the whole world has answered forever that time-worn argument against woman's suffrage—"that women should not have the right of suffrage because they could not fight." These women can and do fight as bravely as men. Each member of the Legion of Death carries a dose of cyanide in case of capture.

A Journal from Our Legation in Belgium, by Hugh S. Gibson, First Secretary of the Legation, is now in the press. It is one of the Fall publications that we have been looking forward to with great interest. The opening chapters in The World's Work for August at once challenges attention. Mr. Gibson has a rare literary style all his own that is decidedly captivating. It will give authentic information about the invasion of Belgium which, from diplomatic reasons, have not been made public before. Club women find this journal useful as well as entertaining.

Keep faith with the Government and with yourself by doing your bit in conservation of foods, food production, maintenance of health and proper moral conditions. If every woman would look after her own home and family many of the problems that confront us at this time would be easy of solution. But there is always the slacker to be reckoned with and club women will have to do double duty.

The Clubwoman is debtor to Attorney Elizabeth L. Kenney for the enlightening article on the Appraisers' Conference, recently held at Oakland. Attorney Kenney was the only woman at the Conference and, so far as we can learn, the only woman to hold the office of State Appraiser.

Officers of the Down and Out Club, the Honor Club of The California Federation of Women's Club, are: Pres., Mrs. S. M. Davis, 1225 French St., Santa Ana; Treasurer, Mrs. L. P. Guiberson, Taft; Corresponding Secretary, E. M. Neally, R. F. D. 1, Santa Ana.

To the Editor of The Clubwoman.

My dear Madame:

The enclosed resolution was mailed to me to be forwarded to The Clubwoman by Mrs. Betts, the chairman of the Resolution Committee:

The idea being probably that you might use it, if you are making some mention of Mrs. Anna Hall Ashley, who was one of our most noted and active club women in an early day here. She was always so cordial in her welcome to newcomers that I am sure her name is written deep in the hearts of many of your readers who have known her in her home and club life, as it is in the hearts of those who have labored with her, through many years, in the cause of woman's advancement.

Appreciating any courtesy you may extend, I am,

Very cordially yours,

LIDA WILSON JONES,

Ebell Federation Secretary.

Resolution passed by the Executive Committee of The Ebell Club, July 26, 1917:

Resolved, That the news of the death of Mrs. Anna Hall Ashley, of Pasadena, formerly an active worker in this Club, and mother of our beloved President, Mrs. Chester C. Ashley, has filled us with sorrow, and we desire to express to the family and friends our deepest sympathy in this severe bereavement;

And we desire to record also, our appreciation of Mrs. Ashley's services to this Club and our constant love and respect for her, since leaving Los Angeles.

May the strength her life brought to many, now be the portion of those who today see her beloved form laid to rest, and follow her gentle spirit to its eternal home;

Resolved, That this Committee attend the funeral services in a body and that a copy of this resolution be sent to the family.

## STATE PRESIDENT'S MESSAGE

In a few weeks our clubs will open for the years work and we know that club work for the coming year will be colored and influenced by the war activities into which women have thrown themselves with such enthusiasm and determination during the summer months.

Vacation for many women has meant only an increased activity and an opportunity for organization and a preparation for serious accomplishment.

The larger clubs and the clubs in the larger centers have not closed at all during the summer, most of them having devoted themselves to the carrying on of Red Cross work and the awakening of the members to the call that has come and is coming more insistently every day to the need of the enlistment of the woman power of the nation among the forces waging the battle for humanity and humanity's freedom.

And women have been immediately responsive to the call. Red Cross work in all of its branches has enlisted our women by the thousands.

Food conservation, recognized at once as the field where women could render their greatest service to our country and our country's cause at this time claimed our immediate attention, and in nearly every home the first line of defense has been planted and the first battle is already being waged—a battle against waste and extravagant living and our weapons have been the garden tool, the fruit jar and the vegetable container.

Many thousands of the Hoover pledges have been signed and we have joined the ranks of the Hoover army.

This is a service that must continue and our clubs must render first aid in this cause and spread the meaning and the need of a wise, directed, effective economy that will result not only in the saving of food so needed by our army and its allies but that if rightly practised will mean the improvement of our own health and well being.

But this is but the work of the home guard—the defense of territory already ours and while our vigilance must not cease and our diligence must not waver—there are other problems facing us. Battles with the enemy must be fought, danger menaces the home from the outside as well as the inside, and an aggressive as well as a protective campaign must be waged.

For years in our clubs, in our conventions, in our demands upon public officials we have waged a war against intemperance and against vice. We have demanded a single standard of morals and that that standard be a high and clean standard.

Now that military fitness has compelled and experience of the nations at war has demonstrated the necessity of these standards of life and of living the government has announced its intention of insisting upon what many have been pleased to call reforms but what are merely decencies.

If we now do our part and help to create a public opinion that will demand these standards of living for protection in times of peace as well as in time of war, then this war will have carried us further in accomplishment in these lines in months of time than could have been achieved in years of ordinary effort.

But to do this these governmental regulatory measures must have a public opinion for their ground work that will enable them to be carried into the future as the recognized standards of right living—that public opinion must be fostered and developed in our club life and announced from our club platforms.

Now is the time to strike hard and to firmly establish as part of our national and individual life the principles and ideals which we have proclaimed these many years.

Before this month closes the young men of this country who are to fight its battles will be in training camps and under military orders. Their training, their health, their physical comfort and welfare, their habits and to some extent their morals will be matters of governmental supervision and authority and all of this must be left to that authority and, let us hope, safely.

In camp, it is for the government to dictate and direct.

In time of war obedience and loyalty and faith in leadership must be rendered by both soldiers and civilians if we would fight to win.

At the same time let every woman's club become a mobilization camp for the enlistment of the power and force of our womanhood to aid in every material way by increased production and conservation in our homes, by economy in living, by assistance to the Red Cross and relief work at home and abroad; to instruct and protect our youth from the excitements and temptations which inevitably attend a nation at war; to maintain the standards already recognized in the field of labor so that an equable adjustment may be secured when the producer and the consumer shall change places; and last but not least to preserve inviolate all those moral and spiritual defenses of our national life upon which our homes and our civilization must rely.

All of this can and must be done through our regular channels of activity, and our club life far from becoming useless and unnecessary in this crisis is one of the most important means of disseminating information and forming public opinion that is offered today. Let us not nullify our years of organization work but let us justify our efforts of the past by the service we render today.

Sincerely and earnestly,  
BERTHA LOVEJOY CABLE.  
(Mrs. Herbert A.)

## EMERGENCY SERVICE COMMITTEE

To the Presidents of the Clubs in the California Federation of Women's Clubs—

Dear Madame President: The Emergency Service Committee was created at the request of Mrs. Josiah Evans Cowles, President of the General Federation of Women's Clubs. As its name indicates the Emergency Service Committee is to consider questions that may arise from time to time on account of the war situation. Because of its emergent character there can be no definite program outlined for the year. The committee stands ready to pass on to the clubs such plans and suggestions for their consideration as are made at Washington or as the necessity of conditions demands.

The Chairmen appointed by Mrs. Herbert A. Cable, President of the California Federation of Women's Clubs, are as follows:

Chairman—Mrs. Seward A. Simons, 719 South Hill St., Los Angeles.

Vice Chairman for the San Joaquin and Northern Districts—Mrs. F. T. Guiberson, Taft, Cal.

Vice Chairman for the San Francisco and Alameda Districts—Miss Margaret Curry, 602 Buchanan St., San Francisco.

The District Chairmen who have been appointed by the Presidents of the various districts in the Federation are as follows:

Southern District—Mrs. Henry De Nyse, Mt. Rubideaux and Perquesquite Ave., Riverside, Cal.

Northern District—Mrs. B. F. Walton, 814-14th Street, Sacramento, Cal.

San Francisco District—Mrs. Milton F. Gabbs, 210 Spruce St., San Francisco.

Los Angeles District—Miss Mary Foy, San Rafael Ave., Pasadena.

San Joaquin District—Mrs. S. L. Platt, 1720 J St., Fresno.

These chairmen have already been asked to prepare a list of speakers available in their several districts to talk on questions of war service and other questions relating to the great world crisis.

Some of the subjects to be covered are Food Conservation, Women in Industry, Americanization, Child Welfare and other social and industrial questions as they are directly influenced by war conditions.

Directly related to these questions, and the foundation of all problems relating to the war, is the question of Democracy, and this committee could very well present to the clubs a discussion of what democracy is and what it means to say that this country is at war in order that democracy may prevail in the world. It would not seem amiss either to discuss what is the democracy that may be expected at the close of the war, nor what kind of terms of peace would make war forever impossible.

The different chairmen have been asked to get from the county and municipal li-

braries lists of books and periodicals dealing with subjects directly related to the war situation.

As State Chairman of this Committee, I am writing to urge that every club in the Federation should arrange to have a program very early in the club year on the subject of war service or defense, or some of the other subjects which have been suggested in this letter. There is no more vital and immediately important question that the clubs could consider than these, and I further suggest that one program is not adequate to deal with this question, but that from time to time during the year other programs should be given which have a direct bearing on the problems created by the great world war.

Will you not as President get in touch with your District Chairman of Emergency Service and ask her assistance in arranging a program very early on your calendar.

Very truly yours,

GRACE C. SIMONS,

Mrs. Seward A. Simons, State Chairman, Emergency Service Committee, 719 South Hill Street, Los Angeles, Cal.

## FROM THE WAR COUNCIL FOR LIBRARY SERVICE

Bert Wells, Western Field Director

Throughout the United States, and especially in California has the call gone out to members of Women's Clubs asking them to participate in a great nation-wide money raising campaign, the objective of which is to raise a million dollars with which to provide books for the thirty-two great cantonments at which the soldiers will be mobilized.

By appointment by Secretary of War Baker, Mrs. Josiah Evans Cowles of Los Angeles is a member of the National War Council, that has direct charge of the work of raising this money. Frank A. Vanderlip, president of the National City Bank of New York, is the chairman of the National War Council which comprises about ten or a dozen of the foremost personalities of the country.

The War Council has designated Milton J. Ferguson, California's newly appointed State Librarian, as Division Director, and he has chosen as advisor, after conference with Washington, Mrs. Frances M. Carlton-Harmon, of Los Angeles, State Chairman of Literature of the California Federation of Women's Clubs, also a member of the Executive Committee of the Women's Committee of the National and State Council of Defense, and active in library work, being a member of the State Library Board, and also a director of the Board of the Los An-

(Continued on Page 34)

## CALIFORNIA ORGANIZATION FOR FEDERAL RECOGNITION OF WOMEN PHYSICIANS

To the Editor:

When the Journal A. M. A. and the California State Medical Journal had published calls to physicians to offer their services to the Government by enlisting in the officers Reserve Corps; when Dr. T. Huntington of San Francisco a member of the Advisory Commission of the Council of Defense had in various places addressed mass meetings of physicians strongly urging them to volunteer; and a personal letter of the same tenor had been sent to each member from the secretaries of County Medical Societies, then several women members of the medical profession in California responded to these appeals, in some cases making use of the application blanks provided in the Journal, etc. Some papers went to the War Office at Washington, D. C. Some (at least one) to the specified local headquarters.

These elicited the uniform reply variously worded, viz: that the War Department was not yet authorized to accept women medical officers.

Realizing that women physicians are, as a whole, free from family ties and dependants than men and knowing how extensively they have been called on during the war in Europe, 65 women physicians of San Francisco and vicinity met June 22 in the rooms of the San Francisco, Cal., Medical Society and adopted the following:

### Resolution

Whereas, Women physicians in Great Britain, France, Russia, Serbia, Austria and Germany have performed invaluable services during the present war, services which have been signally recognized by their respective Governments; and,

Whereas, In the United States there are large numbers of women physicians fitted and equipped to render equally valuable service and to render service as efficient and valuable as can be rendered by men physicians, not only as anaesthetists, radiographers and hospital and laboratory directors, but also as surgeons; now, therefore, be it

Resolved, That we urge upon the Secretary of War that the services of women physicians be utilized to the fullest extent by the United States War Department in the present war; that opportunities for medical women equal to the opportunities given to medical men, both as members of the staffs of base hospitals and otherwise; and that the women so serving be given the same rank, title and pay given to men holding equivalent positions.

As an earnest of good faith and a guarantee that there would be women ready to serve when the Government is ready to use them, the following was signed by about 30 present.

### Petition

We the undersigned, offer our services to the War Department as members of the Medical Reserve Corps and will serve wherever sent, providing that opportunities for medical service be given to medical women equal to the opportunities given to medical men, both as members of the staffs of base hospitals and otherwise, and that women so serving be given the same rank, title and pay given to men holding equivalent positions.

Since then the number of signatures has increased to fifty-six from the entire state. Knowing that the U. S. Government is desirous of profiting by the experience of the countries that have been at war it is hoped that as soon as this omission is called to the attention of the profession as a whole and to the War Department, the regulations will be so modified as to make it possible to commission medical women.

ELSIE REED MITCHELL, M. D.

Chairman Publicity Com.

DR. ADELAIDE BROWN, Chairman.

DR. LOUISE B. DEAL, Sec'y.-Treas.

No Program Chairman can afford to be without The Clubwoman this year for we will publish with each issue a directory of Artists who may be secured for excellent programs, and club women in general should welcome the list of artists who are teachers of the highest order.

Manager L. E. Behymer announces the

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# The Melting Pot

By Jessica Lee Briggs, San Francisco, Cal.

Realizing the great value which co-operation with the University Extension Division might be to the women's clubs throughout the state, we are glad to print the following letter and the accompanying information concerning one of the many courses which have been arranged for the benefit and advantage of those who are in a position to avail themselves of the opportunity. Courses may be had in almost every branch of education through this department. For full information, address, Mr. F. F. Nalder, Secretary Bureau of Correspondence, University of California, Berkeley.

Miss Jessica L. Briggs,  
Northern Federation Editor, "Clubwoman,"  
1942A Hyde Street,  
San Francisco, Cal.

My dear Miss Briggs:

My attention has been brought to your columns entitled "The Melting Pot" in the Clubwoman. It has occurred to me that you might be interested in information concerning the service of this Division for women's clubs in California. I believe that we are in a position to render women's clubs a most useful and practical service. Thus far, owing to lack of help, we have not been able to develop club courses as vigorously or as extensively as I desire. With the coming of Mrs. Helen Queen Stewart to our staff, however, we have added a lady of unusual talent, broad sympathies, and clear grasp of some of the most important phases of club work.

Might I hand you herewith some information concerning Mrs. Stewart's new course on "The Season's Survey of Books?" I have wondered whether this information might be worthy a place in your Clubwoman.

Should you desire further details of information concerning this phase of our work, I should be most happy to give it.

Yours very sincerely,

F. F. NALDER.

Following is the course suggested:

The Extension Division of the University of California is doing notable service for women's clubs in this state by preparing study outlines suitable for use as the basis of club programs. With the rich resources of the famous University at Berkeley at its command, the University Extension Division is able to put women's clubs in touch with the best material to study, and to render a helpful service of interpretation and guidance. A program of more than usual interest has just been arranged for women's clubs by Helen Queen Stewart, A. M. It is entitled "A Season's Survey of Books," and contains material for twenty meetings, or a year of club study.

Fourteen of the meetings are devoted to

the discussion and review of as many modern books. These books are divided into three groups: those which throw especial light upon the war, such as "Mr. Britling sees it Through," by H. G. Wells, and "The Hill-Top on the Marne," by Mildred Aldrich; late fiction by American women, with Edith Wharton, Margaret Deland, and Kathleen Norris among the authors represented; and fiction by well-known foreign authors. This last group includes "The Emperor of Portugallia," by Selma Lagerlof, winner of the Noble Literature Prize, "Jean Gilles," by Andre Lafon, the first book to be awarded the Grand Prix de Literature by the Academie Francaise, and other foreign books of equal interest.

Of the six remaining meetings, two are given over to the review of early novels by Englishwomen: "Pride and Prejudice," by Jane Austen, and "Castle Rackrent," by Maria Edgeworth. These afford a most interesting opportunity for contrast and comparison with the novels by modern American women. Suggestions are offered for a definite plan to be followed in making reports upon the books.

\* Another meeting considers modern rhymed poetry, and for still another an exceedingly stimulating and entertaining program of Free Verse has been arranged. Copies of the poems to which reference is made are supplied with the program, as the majority of the examples selected are so very late that clubs might experience difficulty in obtaining them.

Modern drama furnishes the programs for the two remaining meetings, one of which, it is suggested, might be made an "open meeting," or "guest meeting," of the club, with the members actually staging two short plays, which have been selected with reference not only to their charm, but also to the large number of women characters which they contain.

It is the intention of the Bureau of Correspondence to perpetuate, as it were, this program. Next fall Mrs. Stewart will prepare a Survey considering books, poetry and drama of exceptional interest which have appeared since the compilation of the present program. In this way Book Review Clubs will be assured of a succession of surveys dealing with distinctly modern work.

The enrollment fee for this course is \$5.00. For this fee clubs are supplied with two sets of outlines and may also have the benefit of Mrs. Stewart's advice, counsel, and helpful criticism throughout the year. Application for this, as for any other course given, should be made to Dr. F. F. Nalder, University Extension Division, Berkeley, California.



## FOREWORD FROM DISTRICT PRESIDENTS

ALAMEDA DISTRICT, C. F. W. C.

Mrs. Katharine H. Smith, President

"Our job is the business of war, not 'business as usual.'" This sums up most aptly the situation today of women's clubs. And it becomes the duty of those of us who have been chosen leaders to use our influence to the utmost to see that that business is well attended to. Every department of club activity should be responsive to this demand. So long as the welfare of the world is at stake we can not, in conscience, do otherwise.

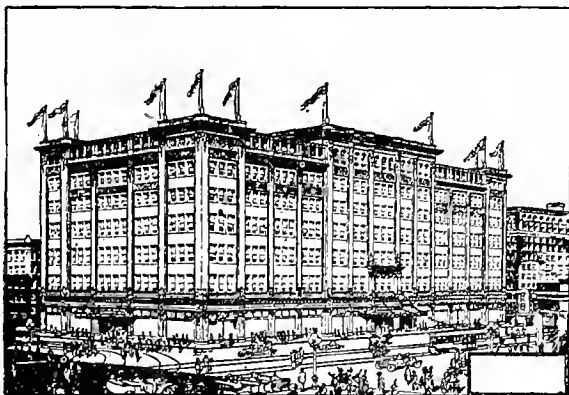
This concentration upon one purpose will tend to unify the clubs as they could not otherwise have been unified. Federation will be vitalized, will become a necessity through our interdependence, if we who have been given the leadership may also be granted the wisdom to guide our organization to its great destiny by responding at this moment to this call to world service.

To this end in Alameda District we have decided to hold our board meetings at various places throughout the district, having an all day session. The earnestness and enthusiasm of our Federation spirit can not help but be of value to the club and to the locality we visit. At the morning session the regular business of the District will be considered. The afternoon session will be devoted to the work of the departments. The chairmen will outline their plans and later will report results and outline further

plans. The members of the club whose home we may be using for any particular meeting may attend our afternoon session. These meetings will be real conferences in which every district officer, every chairman and every club president may be benefitted by pooling, as it were, their plans and their work.

We shall of course lay particular emphasis upon our Home Economics Department. With Mrs. L. M. Haring, who is a member of the Food Advisory Committee to the State Council of Defense, as our chairman we feel that this department will be one of great value. We shall try to impress upon our club women that they must not permit the Red Cross work, essential as it is, to absorb all their activity. Food conservation is eminently woman's business and conscientious attendance upon that business will be our greatest contribution to the world. General Pershing probably knew what he said when he made the statement that Red Cross work would not win this war. The Food Administration probably knows whereof it speaks when it issues the statement that the food shortage the world is facing is not merely of today but ten years hence.

It will be readily seen that the departments of Child Welfare, of Civics, of Conservation, of Country Life, of Public Health, of Industrial and Social Conditions, can adapt their work to the demands of this time. Our departments of International Re-



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lations and War Emergency were created solely in response to this demand. If our department of Education devotes itself to Americanization it will have contributed a great work. Our departments of Art, of Music, and of Literature must educate our emotions so that we may embrace with the heart as well as understand with the mind this wonderful era in which we of today find ourselves. The department of Literature is particularly fortunate in the opportunity to study the war literature now being offered by novelists, dramatists and poets who are interpreting for us the spirit of these times. The Russian Revolution alone offers an invaluable field of study for our departments of Legislation and Political Science. History is being made, values are being weighed. We who live can not neglect to take cognizance of it.

And in self sacrifice and willing service and high purpose we may find ourselves and, incidentally, like Mr. Britling, discover God.

#### LOS ANGELES DISTRICT, C. F. W. C. Mrs. Mattison Boyd Jones, President

Los Angeles District faces a year which promises unbounded opportunities of work and service for all club women.

War-relief work, the first to claim every club woman's attention, will be carried into the center of federation activities by our splendid and efficient emergency service chairman of the district, Miss Mary Foy.

By Miss Foy, each department chairman in our district will be directed how she may best co-operate with Councils of Defense in presenting war-relief measures to the individual clubs.

Many of our clubs are already working along various relief lines and many have become Red Cross auxiliaries, which is well; but federation interests must not be forgotten by these splendid organizations. We must keep alive the interest along educational lines, and strive to better industrial and social conditions among women by a close study of these problems.

Changing conditions will require many changes in the making and administering of laws which govern our mode of living. Intelligent study of these conditions by all club women is urged, that we may be the means of creating increased interest in all legislation for humanitarian measures.

Clubs have long since outgrown the pink tea regime and passed into rapid advancement in moral, social and civic activities.

Let us keep up the forward movement! Though grim war is upon us, we must be big enough to grasp the idea that the changed economic status of women and children, should the war continue even for a year, will call for all that is best in us for every phase of social welfare work!

Emergency service, (a new committee in the federation this year), has necessarily been emphasized in this birds-eye view of future work in our district.

Another new and important feature this

year is the monthly educational conferences as announced and outlined in our district directory.

These conferences will embrace all our federation departments and will illustrate the relation of each department to our government—national, state, county and city.

Through this arrangement will be expressed the usefulness and adaptability of our federation departments to the various problems of our daily lives.

We hope to make these conferences practical, and, we hope that all club women will attend and assist in making them a success.

Each chairman will select her own speaker; and all governmental and legislative topics are to be presented in a strictly educational and non-partisan way. Queries and answers will be allowed.

The parliamentary drill, preceding each conference and conducted by our district chairman, Mrs. I. W. Gleason, promises to be quite popular among club leaders.

A presidents' council and district board meeting is called for September 13th at the Wednesday Morning Club House.

We greatly appreciate the hospitality of the club in extending to us its club house and services for this occasion.

Our district directory is out unusually early, thanks to the diligence of our corresponding secretary and promptness of clubs in sending in data.

Since it contains all names and addresses of our chairmen it is not necessary to give the list again at this time.

We are to be congratulated upon the fine personnel of our district board.

Again let me say—the year is full of promise. Opportunities are great—let us be ready!

"Men look to the East for the dawning of things

The light of a rising sun;  
But they look to the West—the crimson West—

For things that are done."

#### NORTHERN DISTRICT, C. F. W. C. Mrs. G. E. Chappell, President

At our last district convention, it was voted "To reduce the number of departments to not more than sixteen." The Incoming Board decided that thirteen could handle the needs of the district; these to conform closely to the State Departments.

The district was also sub-divided into four parts, giving each of the four Vice-Presidents a certain section for whose Federation Welfare and Extension she is held responsible. The first Vice President has charge of the Emblems, and all Vice Presidents promote their sale.

It was also decided to ask each chairman to prepare a short outline of contemplated work in their department. This outline was to follow that of this district. This "Suggestionnaire" will be sent to the clubs the first of September for its consideration by their program committee. A synopsis of the suggestions follows:



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*September Twentieth*

*Nineteen Hundred Seventeen*

**Art**—1. It is suggested that the clubs put in their application for the District Art Exhibit at an early date that the Chairman may route the exhibit economically and expeditiously. Exhibits may be used for Red Cross Benefits. 2. Colored prints of great paintings will be used this year as much as possible in order to study each Artist's type of coloring. 3. To learn to appreciate modern art, it is necessary to study the different branches of art, which is very different from studying the different schools of painting. This will also show the source of influence upon American Artists.

**Civics**—1. The study of practical citizenship, as it relates to local affairs, and possible improvements. 2. To encourage school and home gardens. 3. Personal marketing, and the practice of "Pack your own package."

**Child Welfare**—1. Clubs are urged to establish Child Welfare Departments, especially in communities having no Parent-Teacher Association. 2. Child Study Classes. 3. Children's Day and Mother's Day on club programs. 4. Special attention to school appropriations. 5. Child Welfare Sections to encourage children's work in the Red Cross. 6. Better Babies Campaigns.

**Conservation**—1. Study of State History and Preservation of Land Marks. 2. Study of proposed Forestry Legislation. 3. Educational Work and Legislation to prevent monopoly of water rights by syndicates to the detriment of agricultural development. 4. More instruction in Public Schools in the subjects of Wild Life, Birds and Flowers.

**Country Life**—1. Development of community spirit. 2. Establishment of Farm Bureaus. 3. Promoting University Extension Lecture Courses. 4. Consolidated Schools and Good Roads. 5. Patronage of Local Farmers.

**Education**—1. Americanization of Foreigners. 2. Literacy Campaign Committees: a. To ascertain local census foreign population, b. To study immigration problems, c. To promote night schools where needed, d. To encourage friendly association with foreign women for mutual benefit.

**Home Economics**—1. Rigid adherence to

Hoover Pledge. 2. Personal marketing. 3. No deliveries requested unless necessary. 4. Expenditures reduced to the lowest common denominator of absolute need. 5. Patronage of Home Producers.

**Industrial and Social Conditions**—1. To co-operate with the Civilian Relief Committees of the Red Cross. 2. Quiet surveys and tabulations made of local needs. 3. Employment secured rather than charity given.

**Legislation**—No outline formulated as yet.

**Literature**—The plan of the G. F. W. C. to devote the coming year to American Literature will be encouraged in this district. A comprehensive outline of study will be supplied upon request.

**Music**—1. To encourage artistic musical appreciation by giving series of concerts, and lectures on musical topics for Red Cross Benefits. 2. The State Chairman advises the study of American Music. The District Chairman has prepared elaborate lectures on this subject, going back to the inception of musical sounds, and giving the history of music down to the present day. 3. She will also give a list of desirable books upon music when requested.

**Press**—1. Successful club endeavor should be reported. It is an incentive to other clubs. 2. It is suggested that each club name a committee to obtain clippings, that they may know what other clubs are doing.

**Public Health**—1. Study local conditions. 2. Lectures by local authorities. 3. Cooperation with State Health Officer of your district.

#### SAN FRANCISCO DISTRICT. C. F. W. C. Mrs. Frank F. Fredericks, President

Although June, July and August are generally supposed to be vacation months this year the clubs continued their activities, doing Red Cross and other patriotic work. Such work must be continued, even increased, nevertheless at the San Francisco District Board meeting in August, the fact was emphasized, and the message sent to every club in the District, that the clubs must not be neglected, they must be upheld, for with all the stress and strain of war times, the women need diversion and relaxation. The club women must help maintain

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normal conditions, must prove the worth of Federation training. Federation is on trial, one might say, to show what kind of women result from club life, whether they are the level-headed, sane, calm, efficient ones needed now.

At the convention in Pasadena, the President, Mrs. E. D. Knight, recommended that all clubs fortunate enough to possess a home of their own, should use them as Red Cross centers and for instruction courses. We are happy to say that this has been done throughout the District.

In spite of war alarms, excitement, anxiety, fear and preparation all over this broad land, the plans for Child Welfare work goes steadily forward. The most hopeful of all reforms is the preventive, it is easier to prevent an evil condition than to correct one after it exists. That principle underlies our Child Welfare work, and Baby Week is a convincing argument in its favor. Dr. M. Bertola is already at work planning for another and if possible, better one than that of last March. Dr. Caroline Coffin, Chairman of Home Economics, is preparing a continuous course of demonstrations in practical cooking for present conditions, by expert teachers. The idea is, to have in San Francisco, as a starting place, on different days, certain articles prepared. To make the city a circle with radiations like the spokes of a wheel. To start a teacher at spoke number one this week, then pass on to the next spoke next week; a new teacher with a different subject, beginning at number one. The third week another expert starts at number one, the two preceding teachers passing on to the spoke ahead of them. So they will follow around, giving weekly demonstrations in all parts of the town.

Our Press Chairman makes this special request, that all clubs in this District, send news regarding their activities directly to her at 1871 Sacramento Street, San Francisco. She will be glad to receive and print them.

The Chairman of Extension, Mrs. J. C. Perry, reports two clubs who have already sent in their applications to join the Federation.

The nucleus for a traveling Library of Music is being gathered by the Chairman of Music. Four and eight-handed symphonies and sonatas, as well as lighter compositions, will be soon ready for circulation. In accordance with the wishes of the State Chairman of Art, our chairman, Miss M. DeNeale Morgan, is establishing in each town or center a sub-chairman of art, who will keep all the clubs in her section in touch with the latest development along those lines.

The club women of San Francisco were invited by Judge Graham, Chairman of the Men's County Council of Defense, to plant one of the model gardens. Mrs. Louis Hertz, President of the President's Assembly, planted the first potato, and was followed by representatives from the various clubs. A few days ago the "crop" was gathered and the vegetables sent to the County Hospital.

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San Francisco District holds itself in readiness to give concerts, lectures, recitals, in fact, do anything possible to entertain and care for the soldiers.

Let us make our civic work of the best and highest order—do not forget the tree planting and beautifying of your towns—and keep in mind that there never was a time when "Americanization" was more needed than now.

Let me ask again for united efforts of club women toward current issues. The advance attained by women's clubs have been through grasping opportunities, strength from numbers and perseverance.

#### SAN JOAQUIN VALLEY DISTRICT, C. F. W. C.

Mrs. W. A. Fitzgerald, President

Women's organizations of today are privileged to play a greater and more important part in the world's affairs than ever before. They have been called to the colors—to the service of their country in helping to win this greatest of all wars—the war for world democracy, for world peace.

The spirit and need of the hour should be reflected in the work and program of every club. It seems hardly necessary to point out the advisability to the clubs in the San Joaquin valley of cooperating with the Women's Council of Defense and the Red Cross in their splendid activities, for a large proportion of the officers and members of these organizations, is made up of women of the various federated clubs, and I feel there can be no question of hearty cooperation between these bodies.

Conservation, Americanization and patriotism are the watchwords of the hour in home and nation, and there is no department of our club work that cannot be planned so that it may fairly breathe the spirit embodied in these words.

Surely no more important task confronts us than that of safeguarding the lives and health of our citizens of today and of those who are to be our citizens of tomorrow. The value and necessity of making Child Welfare and Public Health a serious part of every club's work cannot be overestimated. Impressed as we are each day with the sacrifice of life about us, we should more than ever be thoroughly awake to the necessity of conserving life.

We are shocked when confronted with statistics that show that of our foreign-born population, between the ages of 21 and 31, but 16 per cent have declared intention of becoming American citizens. It is to be hoped that the shock is of sufficient force to awaken us to a realization of the duty, too long neglected. What more patriotic service can a club render to its country than educating and fitting our immigrants for useful American citizenship? And what a wonderful field of opportunity there is for the clubs of California in this work. Let every club acquaint itself with the facilities provided in its locality for classes in citizenship and try to procure provision for such classes where none has been made. If there is no

other way let the public-spirited club women take charge of such classes and thus render an important service to their country.

In the plan for the year's work, Home Economics should be recognized as a particularly important feature, and I urge every club to make a special effort this year in behalf of this department. It is a patriotic duty to serve every ounce of food that is needed for our soldiers, and by proper study and attention, this may be done with little hardship to any family. Let every woman sign the Hoover food pledge and live up to it as best she can.

The Department of Legislation has such a splendid record of past achievement that it will naturally be a strong section with every wide-awake club. With Health Insurance and Old Age Pensions topics of the day, in addition to much legislation of an emergency nature, there will be unusual interest attached to this work.

In a large agricultural district such as ours, Country Life has great possibilities. By using the school house as a social and civic center; arranging with the University of California for speakers along lines of particular interest to rural localities; asking the cooperation of your farm adviser for help in this work; and by procuring films of an educational and entertaining nature; a splendid year's program may be worked out.

Civics is such a large part of our club life that many clubs are formed especially for civic welfare. In all matters of a civic nature clubs should find ready cooperation with its city officials and civic or commercial organizations.

As a factor in the furthering of Federation Extension, good publicity is invaluable. Every club ought to have a press chairman, who should be impressed with the responsibility of her position. You will find your papers glad to use the news you furnish—but let it be news, not ancient history.

To its Art, Music and Literary Sections, every club is greatly indebted. They bring to it all that is most beautiful and inspirational in life. And by studying this year, the art of our own land, reading the literature of our own writers, particularly that of a patriotic nature, featuring the community singing of our national airs, we shall round out a year of real worth.

#### SOUTHERN DISTRICT

Mrs. Charles C. Arnold, President

The opening of the club year finds our women so engrossed in relief and emergency work that they are apt to regard the demands of the club as an interruption to their patriotic service that should not be permitted. That is a mistake, however, for we need our clubs with their relaxation and stimulus more than ever, if we are to remain normal in these days of national stress. A nation at war makes for strained and depressed conditions, mental and physical. All work and no play is bad, and all worry and no relaxation is worse. Our women will be burdened with anxiety and sorrow and will need the minis-

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try of religions, social and spiritual forces as never before. If then, there is any virtue in friendly companionship, art, music and literature, let us take up our club work with new interest. The programs should be planned with reference to the need for relaxation and cheer, and should give our tired nerves the help that comes from a complete change of thought.

Aside from these reasons, we should welcome the chance that the club offers, for cooperation in many of our national duties. Our united efforts are of value. We want many things done for the protection and comfort of our soldiers and sailors. Individually we could do little or nothing to accomplish these wishes. As a result of our united exertions we are seeing many provisions adopted by the government, for the safety of the military camps. If it has ever been worth while to belong to a club, it is so now, when the nation is counting on its organized women, to play an important part, in its defence.

If there is a woman in the district who has not responded to the appeals of patriotism to preserve as much food as possible for the coming winter. I hope that she will do so, from selfish reasons. With prices of food mounting steadily, a woman lacks something beside patriotism, who does not order her household with a new frugality. Common sense suggests that we save as much as possible from the summer abundance of our gardens and markets.

The state and district organizations have been simplified and the department work can be easily taken up. One change in our business methods was voted at Pasadena, which will lessen misunderstanding, and that is the payment of all district and state dues by the clubs to the district treasurer, at one time. The district treasurer will then remit to the state treasurer, the portion due the state. If you wish to have a well informed, interested club, connect it up with the department leaders. Your club will study and work better

if it keeps in touch with what the others are doing in the same line. They may not be handling matters as wisely as you are, and a friendly comparison of methods will be helpful.

The presence of a large body of soldiers in our district will bring new responsibilities. The health department has a special duty in safeguarding our young folks, both in and outside the camps. Get in touch with Dr. Ritter and ask her advice.

Following the resolution passed at Redlands, I have appointed a committee on Indian Welfare. It is composed of women who are well informed and interested in the problems of our disinherited fellow Californians. Get from the chairman, Mrs. H. A. Atwood, Riverside, plans for programs on Indian history and folklore, their music, arts and crafts, the problems of reservation life, and the present political status of our California Indians. Let us make this year the best of all.

## GENERAL FEDERATION OF WOMEN'S CLUBS

At the recent meeting of the Business Committee of the General Federation of Women's Clubs, held at Niagara Falls, N. Y., it was voted to co-operate with the War Service Committee of the American Library Association, which is working under the Young Men's Christian Association, in assisting in the provision of adequate reading matter for the troops in our training camps. The week of September 24, has been set aside as Library War Week.

The President of the G. F. W. C. has been appointed by the Secretary of War as a member of this War Service Committee.

The Davis Musical College Fall term opens on Tuesday, September the eleventh. Several well-known teachers have been added and the coming year gives promise of one of the most active in the history of this well-known institution.

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## DEPARTMENT COUNTRY LIFE

Mrs. M. B. Church, State Chairman

This survey of Country Life is made from the farm woman's viewpoint, preparatory to outline work.

The country has at hand an era of prosperity.

The old order of financial strain, drudgery and isolation has been replaced by one replete with opportunity.

Factors productive of permanent agriculture are already at work.

Progressive, prosperous, contented farm communities are needed to make of country life all that it is capable of becoming.

For the accomplishment of this, certain conditions are necessary:

- (a) Farm home ownership.
- (b) Efficient farm management.
- (c) The present system of Rural Credits.
- (d) A good system of roads and transportation.
- (e) Application of the principles of scientific agriculture through governmental organizations.

Congress has appropriated \$36,000,000 for agricultural work throughout the United States.

By so doing, agriculture is placed next to the army and navy in importance, and a new function in government has been recognized—that of education.

The Farm Bureau Organization and the Agricultural Extension Department of the

State University are designed for cooperation between college and farm.

Both are financed by joint action of Federal, State and County governments.

Community uplift is made possible, by the cooperation of the farmer and the county farm adviser, who is a scientifically trained expert on farm problems. He is the part of the staff of the College of Agriculture.

The Farm Bureau may act as a county chamber of commerce by taking the lead in agitation for good roads, better schools, better methods of buying and selling and last, but by no means least, it can help promote the social institutions of country life.

The Country Home gets service in the Agricultural Extension Department of the State University, through the Agricultural Extension Club.

Cooperation between producer and consumer is gained if this be a country club.

Conservation of farm products through drying, canning, preserving, pickling, jelly making and cheese-making, use of left-overs and of substitutes is of much value to the housekeeper.

An effort is being made to enlarge the range of the cultivation and use of California fruit and vegetables.

Service is rendered by the Agricultural Extension Department through: (a) Lec-



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tures, (b) Lecture Demonstrations, (c) Home Extension Lessons, (d) Club program study and discussion.

These allied branches of Country Life Service furnish the needed touch between college, home and community.

To the Farm Bureau Organization and the Agricultural Extension Department of University College, I refer the District Chairman of Country Life for an outline of service for them to adapt to their districts.

Either an organized agricultural club or an agricultural extension department in existing clubs is a necessity for best cooperative effort in this national educational work the Federal government has launched.

At this time, when success or failure in the war crisis hinges upon food production, conservation and distribution—home economics is in evidence.

Let the club outlines prove the practical patriotism of our housekeepers, in whom Herbert Hoover must find both knowledge of food conservation and support for a system of food distribution designed to serve our country and its allies.

## INTERNATIONAL RELATIONS

Mrs. C. E. CUMBERSON, State Chairman

In view of the rapidly changing international conditions it is impossible to outline or suggest a hard and fast program for clubs

to follow when considering the subject of "International Relations."

As I write these lines the whole world is in a state of chaos, but by the time this article is in print, law and order may again be in the ascendancy. In either case this subject, so vital to the welfare of humanity, should be given thoughtful consideration by all women, and a place on club programs.

The committee would suggest, however, that in all discussion of the subject emphasis should be laid upon constructive aspects and measures for the establishment of permanent friendly international relations after the war, and upon means of preventing a recurrence of the present world disaster. Care should be taken to avoid discussion of issues that might tend to arouse or create dissension.

The purpose of the Committee on "International Relations," as outlined by the G. F. W. C., in 1912, is "to further the study and promote the interests of international peace. In compliance with this suggestion the committee will endeavor to: First, Build through our clubs a strong foundation of intelligent public sentiment in favor of law as a substitute for force in the settlement of international disputes. Second, To promote the education of children in the ideals which the first premise involves. Third, Urge that the voice of woman be heard at the official peace conference after the war.

A survey of the unprecedented part woman has played in this war, even to sacri-

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ficing her own life on the field of battle, only emphasizes the importance of her value in the councils of peace. And who has a better right to be heard in the final settlement that involves the conservation of human life, than the woman who has paid the price of every human being with her blood and her life?

It is interesting to note that there is already an international committee of women representing twenty countries who have elected their delegates to attend an International Congress of Women that shall be held at the same time and place as the official conference that will frame the final terms of peace.

Women of every nation are aroused to a new sense of responsibility, not only as to war plans but also as to peace settlements, and in many places while busy fingers roll bandages or ply the needle, one is reading and bringing up for general discussion the subject of international relations from a conservative standpoint.

This idea will be encouraged by our committee who will gladly furnish lists of books and articles upon application.

There is no doubt that California women who are doing such admirable work for both state and nation during war, will find their efficiency and judgment valued in the final settlement of our international differences.

## HOME ECONOMICS DEPARTMENT

MRS. S. H. HAIN, State Chairman,  
Box F F, Coalinga, Cal.

The plans of Mr. Hoover are so nearly like our own, that it is wise, for the sake of the greatest good to be accomplished, to allow his plans to take the precedence. He will have experts for the work, paid by the government, while we have the majority of women with whom he wishes to work. "Conservation of Food" means to use food to the best advantage with the least waste. "To the Best Advantage" means that it is necessary that we have a knowledge of the composition of foods, their nutritive value, and the proper proportion of food principles in the day's dietary. If the subject is covered well in each community, reaching the greatest number of people, this department will be pleased. It is far better that this subject, the most difficult one to present interestingly, be covered by experts. Owing to the scarcity of these experts, it is best that they be used to the best advantage, reaching the greatest number of people.

To the many women who have devoted years to the Home Economics movement in the California Federation, I wish to say that while it seems that we are shelved for the time being, that we are not shelved. We are conscious that we have helped to bring this great movement about and we can still be of service to our country. It takes a bigger mind to work harmoniously in a cooperative body than to take the leadership. I hope that we can show Mr. Hoover that we are women capable of shouldering our burden

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harmoniously, and that we are willing to do everything in our power to make his work a success. "Unity is Strength," and if the other organizations will come into this great work with the same spirit of co-operation as the Home Economics Department of the California Federation of Women's Clubs, the dreams of this department will be realized.

While we are helping Mr. Hoover in his great plan in the conservation of food, we must not lose sight of the fact that there are many other things which can be emphasized by this department. At the Chicago Biennial, a resolution was passed to the effect that the women of the General Federation of Women's Clubs work for greater beauty and simplification in dress. The resolution was referred to the Home Economics Department, defining the aim of the work to be undertaken. We should also give some thought to the home budget. There is a booklet published by the Home Economics Department of the General Federation of Women's Clubs, which treats the subject of dress in detail, and gives several outlines for programs on the budget and clothing. This booklet should be in the hands of every local chairman of Home Economics, and the work embodied therein be given a place in every club year book.

A day should also be given to the discussion of Home Economics in the schools, so that the teachers may know that we, as housewives and mothers, wish this subject to be the foundation of every girl's education. We hope that every girl will ultimately become a housewife and mother. If she is trained for it, she will rear a better class of citizens than otherwise. Any subject is unappreciated so long as we are ignorant of its fundamentals. Knowledge will set us free.

## DEPARTMENT OF LEGISLATION AND POLITICAL SCIENCE

**CAROLINE R. KELLOGG, State Chairman**

Women are not naturally unfamiliar with the fundamental principles underlying political science, though we may not always recognize them by that name. Ever since the reckoning of time, society has accepted the feminine viewpoint and intellectual co-operation as eminently essential for the harmonious administration of that smallest unit of political government,—the family.

And if woman has been slow, and sometimes unwilling, to apply a broader concept of these fundamental principles (the exercise of which have distinguished a good housewife and mother the world over) to the more complex phases of government in our larger social groups of state and nation, it has not been because she lacked faith in the virtue or potency of her vision to bring a truer and more perfect expression of political order to society, but rather, because her sympathetic contact with life, together with a great eagerness for correct expression,

made her hesitant before the application of her interpretation.

Yet never before, in the history of civilization, has vocal expression of the feminine viewpoint of political government reached the volume, and come so nearly being heard, as in the present struggle of society to apprehend a fairer and more equitable organization for the government of its members. And because of longer experience with suffrage, we women of California are being looked to for a clearer and more definite delineation of feminine political principles.—of what womanhood stands for in politics, and that we may more efficiently discharge this trust, we shall need to emphasize, this coming year, the study of the basic principles underlying the democratic form of government.

Careful effort along this line will help us to determine for ourselves, in our proposed legislation, whether or not the measures we wish to introduce would be declared unconstitutional or not, if enacted; to more effectively

appreciate the laws already secured by organized effort, and lead us toward more intelligent co-operation with the work of the coming legislative body.

We should find nothing dry or abstract about the study of political science and legislation the coming year with its prophecy of world-wide democracy, for the birth throes of the world's liberty will have overshadowed every Federation home. And I suggest the principles underlying our economic and political problems, and the solution our United States have worked out on a smaller scale through painful and laborious experiences, be studied carefully that the women of our country may understand and prepare to give efficient assistance in the political and economic reconstruction after the war.

Organize study sections among your communities for the study of political science and economics, as outlined, together with the laws passed at the last legislature. Some of these measures, especially those which the

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Federation fostered as an organization, are radical departures from our heretofore political and economic status and should be thoroughly studied and understood.

We have excellent opportunity, in this off legislative year, to check up the present status of law regarding women and children in preparation of measures we wish to intro-

duce in our platform the following year. For this work, I advise each member to secure a copy, from the State Librarian, of the pamphlet and supplements entitled "California Laws of Interest to Women and Children" for individual and class study and advise you to call on your local judiciary, wherever possible, for programs on the interpretation and application of these measures.

In this connection the members of the Federation can improve the quality of public official and create a bond of greater understanding between women and the political institutions of our country, by making a practice of calling on their local officials for a direct appearance and accounting of stewardship of opinion before the club women of the state on programs pertaining to their office.

I invite every club and district to use the organization of this department to the utmost, and suggest that each club woman, if she desires to get the most out of her knowledge of political science and legislation, study seriously to distinguish correctly between the knowledge of the theory of politics and the practice of that knowledge in the community. We must keep the vision of our political service to the world and to our country so clear, and our aims so definite and high, that personal sense, of whatsoever nature, will be unable to cloud our ability to perceive the true relation of fundamental principles.

## DEPARTMENT OF LITERATURE

**FRANCES M. CARLTON-HARMON,**  
State Chairman

Much is being said of "The Present-Day Problem,"—"The Great Crisis." Stripped of all the confusion of individual interpretation and freed from the bondage of verbiage does this not simply mean for each of us: "When this terrible war is over will those things we value most emerge clean and whole?" Insofar as any department of woman's work contributes its quota to the triumphant answer to this question, it justifies itself. It will be the aim of your Department of Literature this year to rally from its own province its complete force and to bring it to the general muster.

Literature now must either complement other activities or afford a refuge and a respite from the horrors and burdens of the day. There has been an attempt in the Reading List to provide for both needs. It is hardly to be expected that any club will study or even read all that is listed, but there will be material for those who feel that it is necessary to get very close to the tragedies of the Great War, that through intimate knowledge of its suffering they may be brought to a keener realization of the need to preserve self-sacrifice, tenderness and sympathy; for those whose hope for the future is in active, constructive work; for those who can see no good thing coming out of this awfulness and who would fly

from it to trim the lamps of the old standards and old ideals that their flames may be kept bright for us through this night of bitterness. The list begins with Books About the Great War, but it ends with a life of Swinburne, and there is "A Handy Guide for Beggars" passed to us along the way.

The plan and classification of the General Federation's Chairman of Literature has been adhered to in the main, first, because this is a good time to "conform," and secondly, because the plan could not well be bettered. It is literary and complete and the elasticity of the term "Essays" permits the inclusion of almost any fine special piece of literature. It will be endeavored by issuing these lists quarterly to keep up to the latest and best that the world of books gives us.

There are two innovations, however, upon which the chairman would welcome discussion,—articles from current magazines and some translations have found themselves upon the Reading List. Some of the late periodicals have presented work so fine and so timely that there seems to be none but arbitrary reasons for excluding them from our consideration as literature. As to translations, this is a day of great ones. Translation has become an art. But apart from this, a wonderful thing has happened to us. Last year we were **Americans**, this, we are **Allies**.

In the first clash and clang of the World War some of us scurried to cover (did not our last chairman of literature beautifully express it as "the sanctuary of literature?"), and in that quiet we found ourselves, and from it we came forth bearing our very best gift, our big idea, the great white hope of our year,—**Americanization**. But may we rest? Have we not discovered that in our attempt to give our foreign citizen our American viewpoint, that we need him as sorely as he needs us? How are we to get him? Not by reading American books about him, but by reading him, in his own home tales, in his own tongue if we can, but failing that in translation. We need to feel that our allies are "people just like us,"—suffering, struggling, tragic, wonderful people. This spells "**Internationalism**". What next? Perhaps Universal Brotherhood, universal peace,—sanctuary indeed.

To those who are familiar with the unusual work of Miss Gertrude Darlow, Principal of the Department of Literary Advancement of the Los Angeles Public Library, it will be a matter of congratulations as it is to your Chairman of Literature that Miss Darlow has consented to act as Advisor to this department.

## READING LIST

September First, 1917

### BOOKS ABOUT THE GREAT WAR

Fiction—"Changing Winds," St. John Ervine; "A Soldier of Life," H. de Selincourt; "Christine," Alice Chalmers. Translations: "The Night Cometh," Paul

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Note—The last two won the Goncourt prize for 1915 and 1916.

**Short Stories (book form)**—"Michael Cassidy, Sergeant," "Sapper," "The Green Curve," "Ole Luk Oie."

**Short Story in Magazine (Scribner, August)**—"Defeat," John Galsworthy.

**Drama**—"War," Artsybashev; "Sorrows of Belgium," Andreev; "The Faithful," Masfield.

**Poetry**—"Soldier Poems," Patrick McGill; "The Present Hour," Percy Mackaye; "The Man Who Saw," William Watson; "These Times," Louis Untermeyer. Translation: "Songs of Botrel," Theodore Botrel, who was appointed "Chansonniere des Armees," August, 1914; "Belgian Poems," Emile Cammaerts.

**Essays and Letters**—"White Nights," Arthur Ruhl; "Over the Top," Empey; "Sea Warfare," Rudyard Kipling; "The Living Present," Gertrude Atherton (discusses what women can do in the war); "Toward the Goal," Mrs. Humphrey Ward; "Soldier and Dramatist," Harold Chapin's war letters; "Letters from France," Victor Chapman. The two last young Americans killed in the war.

**Essays in Magazines**—"The United States and Pan-Germanism," Atlantic (June), Andre Cheradame; "What the Council for National Defense Is and What It Has Done," Scribner (August), Grosvenor Clarkson; "A Soldier Pacifist," Scribner (August), R. Herrick.

### BOOKS THAT DISCUSS SOCIAL AND DOMESTIC RELATIONS

**Fiction**—"His Family," Ernest Poole; "Life and Gabriella," Ellen Glasgow; "The Balance," Francis Bellamy; "Edith Bonham," M. H. Foote. Translation: "The Emigrant," L. F. Dostoevskaja.

**Drama**—"The Road Together," Middleton; "The Unchastened Woman," L. Ans-pacher; "The Woman Who Wouldn't," R. Stokes; "Confessional and Other American Plays," P. Wilde.

### INDUSTRIAL CONDITIONS

**Fiction**—"Witte Arrives," L. Tobenkin; "Our Natupski Neighbors," Minter; "The Chosen People," S. Nyberg (Jewish); "His Own Country," P. Kester (negro). Translation: "Pelle, the Conqueror," Nexø.

Note—As great a book as "Jean Christophe."

**Poetry**—"Livelihood," W. Wilfrid Gibson; "Songs of the Dead," Patrick McGill, and "Songs of Labor," M. Rosenfeld; "Song of Self," J. Oppenheim; "Songs of the Fields," F. Ledwige (Irish peasant poet, killed in the war, August, 1917).

### BOOKS THAT CARRY FORWARD THE AMERICAN TRADITION OF LOCAL STUDIES

**Fiction**—"Light in the Clearing," L. Bach-eller; "Lydia of the Pines," H. Willsie; "The Ford" (California), M. Austin; "El Su-



premo" (South American historical novel by an American author), White.

**Poetry**—"Chicago Poems," Carl Sandburg; "Californians," Robinson Jeffers; "Riders of the Stars" (Western verse), H. H. Knibbs.

**Essays**—"A Handy Guide to Beggars," N. V. Lindsay.

#### BIOGRAPHY

**American**—"Life of Henry David Thoreau," (including many essays hitherto unpublished and an account of his family and friends), F. B. Sanborn; "Life and Letters of John Hay," W. R. Thayer. Very valuable for its record of past diplomatic history, as related to present events.

**Other Biography of Interest and Value**—"Memoirs of Lord Redesdale," Admirable mirror of European events, giving glimpses of men now in the center of public interest; "The Life of Swinburne," Edmund Gosse.

#### S. O. S. CALL OF DISTRICT CHAIRMAN OF PRESS

It was with great fear and trembling that I accepted Mrs. Mattison B. Jones' appointment as Press Chairman of Los Angeles District, for I knew how impossible it would be for me to attain to the high standard that Mrs. Clarence Van Graham had set in this position. I want to take this opportunity to thank Mrs. Graham for her assistance to me in getting started in this work and for her kindly encouragement.

The value of publicity to all the clubs cannot be overestimated, and one great way

of reaching the club world is through the Club Woman, so I appeal to every Press Chairman to send to me all events that happen in their clubs that may be of interest, and they will be published throughout the year, and limited only by available space.

BESSIE H. CARNIK,  
Press Chairman,  
Los Angeles District.

#### FEDERATION EXTENSION AND EMBLEM

Mrs. Harvey G. Anderson, State Chairman

Never before has there been such widespread interest in the Federation of Women's Clubs, but for a broader understanding in the work and its influence, this article is written to the District Chairman of Extension and Emblem, asking their co-operation and support.

It should be our ambition to encourage federation and to establish a federated club in each community within our jurisdiction where one does not exist. Our work is the missionary work of the Club and requires more than ordinary knowledge of all the departments.

We also conduct a miniature information bureau where all clubs may seek information. Let us be well prepared.

Our duties are to organize clubs, encourage federation, and teach the gospel of unity, in the spirit of adversity, all leading up to the birth of federation. Also to encourage social clubs to take up some line of federated work; influence suspended clubs



## The \$400,000.00 Loaf

To build and equip the Bradford Bakery cost \$400,000.00. A dough room into which only washed air enters, thus keeping the humidity perfect, is one of the exclusive features of the Bradford Bakery. Ask for Bradford's "White or Panama Cream."

to pay their dues and again affiliate with the organization; advise the individual club to keep in touch with the civic movements, such as Red Cross, Food Conservation, Chamber of Commerce, and other Municipal boards. Visit Clubs on Reciprocity days, (for by personal service we have much influence); ask clubs to subscribe for the Club Woman's Magazine. Many members will be taught the history and value of Federation, in this way, as its object is to strengthen the organization through its pages.

The Federation Emblem is something the majority of club women do not understand. We wish to create an interest by asking the Federation Secretaries to assist us by explaining its value, and influence their members to wear the pin, and recognize each other through the emblem.

Our plans are not yet complete. We hope soon to publish an official guide which will prove invaluable in the work.

During the year of 1916-17 Federation spirit was abroad in land, and many clubs were federated and the state growth in membership was encouraging. May we not be found wanting in enthusiasm and loving service for 1917-18.

Every woman in the state and district federation should feel that she is a part of this great organization and help by offering her service.

The State and District Chairman of Federation Extension and Emblem stand ready to serve. Application blanks, suggestions, and advice will be furnished upon request.

#### TAX APPRAISERS CONFERENCE

By Elizabeth L. Kenney

When Mr. John S. Chambers, State Controller of California, inaugurated the holding of a yearly conference of State Inheritance Tax Appraisers he was putting into practice two of the principles which have characterized his successful administration

of the office of State Controller, viz: Close contact of a chief with his deputies, and team work among those deputies.

The 1917 conference was held in Oakland on August 6th, 7th and 8th with nearly one hundred appraisers in attendance. Round table discussions were had, bringing out many valuable points whereby the appraiser may add to the treasury of the state in making the proper computations of taxes on estates of deceased persons, including life estates, joint tenancies, and other complicated ownerships of property, and also in the discovery of concealed assets of estates he is appraising. In fact, it was like a post-graduate course in law school, after the graduate had practiced law for a year or two and learned how much he did not know about his profession.

The amendments of the last legislature to the inheritance tax laws were carefully reviewed and discussed by the attorneys of the Inheritance Tax Department of the Controller's office. The amendment of particular interest to women is the one whereby all the community property coming to the



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wife on the death of the husband is exempt from tax, instead of only \$24,000 as was formerly the law. In spite of the fact that this change in the law means a loss of thousands of dollars annual revenue to the state, Mr. Chambers was one of its strongest advocates, because it is manifestly just and fair.

The Inheritance Tax Department of the state now has offices in Sacramento, Los Angeles and San Francisco, employing about 120 appraisers, 12 to 15 attorneys and about 20 clerks of various grades. The revenue under this department has increased from \$1,500,000 in 1913 to \$4,000,000 for the fiscal year ending June 30th, 1917, of which \$873,050.88 came from Los Angeles county. However, this department is only one branch of the State Controller's office. In addition the Controller has under him the Delinquent Tax Land Department, where a record is kept of all delinquent tax land in California and through which the redemption and sales of such lands are carried on. It is a very important department, and while no one knows the exact value of delinquent lands, it is way up in the millions.

The Controller is also a member of the State Board of Equalization, whose duty it is to tax the franchises of corporations, the gross earnings of public utility corporations, etc.; which taxes are collected by the Controller through a separate department, known as the "Corporation Franchise Tax Collection Department," which handles an-

nually about \$16,000,000.

With the Governor and the State Treasurer the Controller is also a member of the State Loan Commission which passes upon loans of State money to banks and which average, on loans, from \$10,000,000 to \$11,000,000 a month. He is also a member of the Corporation Tax Exemption Board, and of the State Board of Authorization, which latter board will have supervision over the expenditure of money by the counties.

It is the duty of the Controller to publish annually the financial transactions of the cities and counties of California. He is compelled to employ an expert to collect and arrange the data and look after the publication of it each year, and it is fast becoming a book of much value to the people interested in governmental affairs.

In fact the State Controller's office is the great auditing department of the state, where every cent received for state purposes is accounted for, and also for every cent expended, but in spite of all these demands upon Mr. Chambers' time he attended every session of the three days convention of appraisers just closed, and made each and every appraiser feel that he knew his chief and had a personal responsibility and pride in the successful conduct of the Inheritance Tax Department of the State.

**Bread Recipe**  
*A-1 Flour*

*good recipes  
 call for good  
 flour—*

**Globe A-1 Flour**

The advertisement is a black and white illustration. At the top left, a hand holds a card titled "Bread Recipe" which prominently features "A-1 Flour". To the right, a speech bubble contains the text "good recipes call for good flour—". Below this, the brand name "Globe A-1 Flour" is written in large, bold, serif capital letters. At the bottom, there is a detailed illustration of a large bowl filled with flour, a small cup, and a container of flour with a measuring scoop.



Standing—Miss Beatrice Finlayson and Miss Cecile Brooks, Two Enthusiastic Workers  
**NEEDLEWORK GUILD SEWING FOR THE SOLDIERS**

Over 6000 garments have been made for the soldiers since April 19th by the L. A. Needlework Guild which is now finishing over 1000 garments each week. This work is being done under the able direction of Mrs. Boyle Workman.

When the United States entered the war, the Needlework Guild with its extensive organization, perfected through twenty years of work, turned all its energies to the making of a complete military base hospital supply, which means 47,609 individual garments.

Included in a base hospital supply, among other things are 1500 hospital bed shirts, 960 pajamas, 480 bath robes, 1200 pairs of socks, 480 pairs of ward slippers, 3000 sheets, 2400 pillow cases and so on. This supply covers a complete equipment for 45 individual persons, and each equipment comprises forty-eight individual articles. Besides this there are the comfort kits which the guild is also supplying. Material is supplied free to the members, who in turn make them and then fill them at their own expense with buttons, needles, pins and such little things as every human needs.

The guild finances itself entirely. A ten-cent weekly sacrifice from many members and friends enables the guild to pay for all materials used, so that they supply the garments free to the members doing the sewing. Here is an opportunity where

everyone can do their bit. If you can't pay ten cents a week perhaps you can sew, and possibly you can do both. Think how easy to sacrifice some little thing each week for this soldier work.

If you like, pay for several weeks at a time. Tuck a dollar bill, a check or stamps in an envelope with your name and address and mail to .906 Wright and Callendar building. Your contribution will be acknowledged and notice sent when the time the money covers expires.

The systematic and business-like way in which the work is handled would delight the most methodical business man. Expert clerks have installed a complete bookkeeping, checking and card system. Every garment is recorded when given out and returned, and each sewer is held responsible for the garment. Under this system, not one garment has ever been lost and a report made up at the end of each week keeps the guild informed as to just how they stand.

The guild will clear its work when the supply is completed, through the Red Cross and the Navy League, so that it will be used wherever most needed.

Drop in at the sewing centers where workers are busy every Monday all day at Brownson House Catholic Settlement Association, 711 Jackson street; every Tuesday at the Y. W. C. A. and every Wednesday at the Jewish Temple. Three or four other centers are now taking a vacation.

The men can come in strong with the ten cents—one cigar a week less, etc. Telephone A4380 if you want more information, or call at the offices.

Some of the younger set interested in this work are the Misses Dorthy Lindley, Beatrice Finlayson, Eleanor Workman, Marion Wigmore, Louise Hunt, Eleanor McGowan, Amy Busch.

### STOP THIEF!

It would hardly be fair to give the name of the club woman to whom this happened. Most members of Los Angeles clubs know her and most of her friends grin maddeningly and murmur "Stop Thief!" now when they meet her out in her smart little car.

The car was the birthday gift of her husband. Knowing her failings he added to it all the safety devices the market afforded. One of them was an auto-theft signal—one of these things that looks something like a flatiron and locks around the front wheel. The manner of working of this was patiently explained to Mrs. Blank, who nodded wisely and said she understood perfectly, thank you so much.

She fared forth to shop, stopping on a side street some distance from her destination. As she had been instructed, she got out her theft signal and locked it about the front wheel.

In a bit of a hurry on her return she jumped into the car and started off. The car wobbled and bumped and wouldn't steer. Worse, every time the wheels revolved a clatter assailed the car like that of forty flat wheels rolled into one. She stopped, threw out her clutch and started the engine again. It purred as smoothly and quietly as though it had never heard of trouble. Mrs. Blank was amazed at it.

From the sidewalk a large and black-browed person was glaring at her.

"Lady, w'ere'd you get this car?" he demanded.

"M-m-my h-husband ga-gave it to me," stuttered the terrified Mrs. Blank.

"Aw, I guess he did—not!" said the intruder, rudely. "I guess you pinched it—what? Only, you didn't see that dingus on the front wheel, did you? They say the people that make that pay a hundred dollars reward for folks that try to steal cars that have 'em on."

Mrs. Blank was literally paralyzed. She  
(Continued on Page 34)

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# HOME DEPARTMENT

## PROTECTING THE PUBLIC

The advertisements of foods and foodstuffs which appear in this and coming issues of *The Clubwoman* are from firms which have in every respect conformed to the rigid requirements laid down by the Department of Health, C. F. W. C., as a part of its present campaign for the protection of the public through the elimination of impure foods and food materials. In every case, before a food advertisement is accepted for the official magazine of the Federation, the plant or establishment is thoroughly inspected by a special committee named for the purpose by the Department of Health and composed of qualified experts on the subject. The appearance of such an advertisement in *The Clubwoman* is consequently prima facie evidence of purity, reliability and patronage worth.

The work of the committee has now been extended to include the inspection of laundries and other establishments whose work affects the public health.

At the head of the department's committee of inspection in the South is Dr. Lulu H. Peters, M. D., Chairman of the Department of Health for the Los Angeles District.

At the head of the department's committee of inspection in the North is Dr. Mariana Bertola, M. D., Chairman of the Department of Health and Child Welfare of the San Francisco District.

### Short Method for Bread-Making

Scald one and one-half pints milk; dissolve one cake compressed yeast in two-thirds cupful lukewarm water; add two tablespoonfuls sugar; sift two sifters of flour in mixing bowl. When milk is lukewarm, add one large tablespoonful salt; add dissolved yeast to milk; mix well in center of flour and add milk. Stir with mixing spoon until flour is all taken up, then turn out on board and knead well for twenty minutes. Return to bowl and let raise in warm place, well covered. This will take from two to three hours. When sufficiently risen punch down and let stand for three-quarters of an hour longer (doubled in bulk). Mold into loaves or rolls, handling the dough very gently. Put in well-greased pans, let raise and bake. Rolls should raise at least one-half hour and loaves one hour. Bake rolls twenty-five minutes and loaves one hour in wood or coal range, or forty-five minutes in gas range. If desired to bake this bread overnight, use only one tablespoonful sugar and one and one-half tablespoonfuls salt. Bread made by this method can be set at seven o'clock in the morning and should be out of the oven by noon.

### DESSERTS THAT ARE QUICKLY MADE

**German Apple Cake**—Sift together one and one-half cupfuls of flour, one-fourth teaspoonful of salt and one and one-half teaspoonfuls of baking powder. Rub in two tablespoonfuls of lard, and mix with cold water or milk to a soft dough. Roll out, and lay in a long buttered baking pan. Pare, core and slice four apples and arrange the slices on the top of the dough; sprinkle with sugar and powdered cinnamon to taste. Beat up one egg with two tablespoonfuls of sugar and add four tablespoonfuls of milk. Pour this mixture over the apples and bake in a moderate oven for twenty-five minutes.

**Orange Dainties**—Put two cupfuls of water and one cupful of sugar into a saucepan and, when boiling, thicken with two tablespoonfuls of cornstarch dissolved in a little cold water; stir until clear and transparent; add one teaspoonful of vanilla extract and a pinch of salt. Cut three good-sized oranges into halves, scoop out the pulp and cut it into small pieces, then add it to the cornstarch mixture. Fill the orange shells with the mixture and set in a cool place to chill.—From "My Favorite Recipe," in the *People's Home Journal* for November.

**Chicken Pie with Oysters**—Put two cupfuls of diced boiled chicken into a saucepan; add one cupful of chicken gravy, one cupful of hot milk and one dozen small oysters. Simmer for thirty minutes, then add one tablespoonful of butter blended with one tablespoonful of flour; allow to boil up, then season to taste with salt, pepper, mushroom catchup and chopped parsley. Line a greased baking dish with biscuit dough, pour in the mixture, cover with a thin crust and bake.



## WHAT WILL YOU DO?

*Adapted from the poem  
"What Did You Do?"*

*by James W. Foley*

*Arranged by*

*Katherine B. Higgins*

### A MAN IN THE MAKING—AWAITING DEVELOPMENT

Will you give him a lift? He's a brother of man,  
And bearing about all the burden he can.  
Will you give him a smile? He is downcast and blue,  
And your smile may help him to battle it through.  
Will you give him your hand? He is slipping downhill,  
And the world, so I fancy, is using him ill.  
Will you give him a word? Will you show him the road,  
Or will you just let him go on with his load?

Will you help him along? He's human like you,  
But the grasp of your hand might carry him through.  
Will you give him good cheer? Just a word and a smile  
Is what he most needs this last weary mile.  
Do you know what he bears in that burden of cares  
That is every one's load and that sympathy shares?  
Will you try to find out what he needs most from you,  
Or will you just leave him to battle it through?

Do you know what it means to be losing the fight,  
When a lift just in time might set everything right?  
Do you know what it means—just the clasp of a hand,  
When one has borne about all that one ought to stand?  
Will you ask what it is—why the quivering lip,  
And the glistening tears down the tanned cheeks that slip?  
Will you be a brother of his when the time comes to be?  
Will you offer to help him, or will you not see?

Don't you know it's the part of a brother of man  
To find what the grief is, and help when he can?  
Will you stop when he asks you to give him a lift,  
Or will you be so busy that you'll leave him to shift?  
Oh, I know what you mean—what you say may be true,  
But the test of your manhood is, What will you do?  
Will you reach out your hand? Will you find him the road,  
Or will you just let him go on with his load?

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POWDER**

Softens the Water

**ANVIL PUMICE**Toilet  
For the Autoist  
Sufficient Assortment for any Family**LOS ANGELES SOAP COMPANY**

(Continued from Page 8)

geles Public Library, whose librarian, Everett R. Perry, will direct the campaign in Southern California and Arizona.

Mrs. Harmon plans to extend to the women in clubs throughout the state an opportunity to give toward the fund for books for soldiers and sailors. This opportunity will come through the various club organizations. This war service will take rank in popularity along with Red Cross and kindred service.

(Continued from Page 31)

had found out what was the matter with her car but only to find herself in deeper trouble. She could think of nothing but to telephone her husband to identify her as the owner of the car. The dark person who needed the reward demurred at this program.

"Yer fly, lady," said he. "How'd I know you don't tip off your game and blow 'f I let yu' 'phone? Anyhow, it's no use—the game's up. If you wasn't a thief and hadn't stole this here car you'd have the key to that there signal, see?"

This was as a gift from Heaven to poor Mrs. Blank. She snatched her shopping bag and began to burrow. Triumphantly, came forth a tiny key. She jumped out and flew to the front wheel. There was a quick twist and a snap. The theft-signal came off in Mrs. Blank's hands. She whirled in triumph on her tormentor. But he was already half-way across the street, his back eloquent of disgusted disappointment.

**A Surety of Purity**

The radiant "Good Luck" Seal is a symbol of Purity and Quality to a Million Good Housekeepers. They insist on seeing it on the ends of every package of Biscuits they buy.

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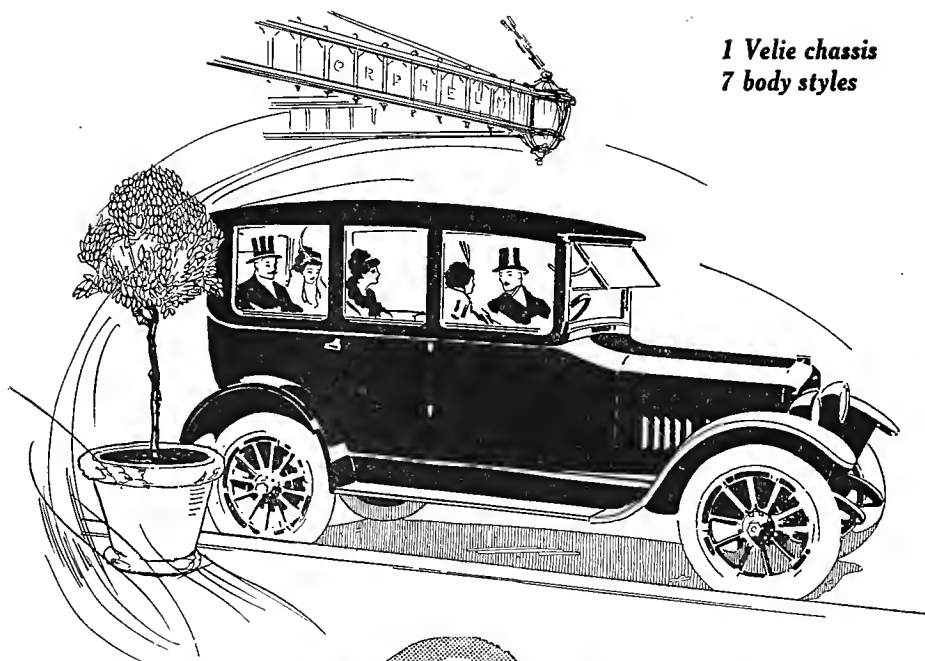
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1 Velie chassis  
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